# AMENDMENT TO H.R. 2260, AS REPORTED OFFERED BY MR. ROTHMAN OF NEW JERSEY

Strike all after the enacting clause and insert the following:

### 1 SECTION 1. SHORT TITLE; TABLE OF CONTENTS.

- 2 (a) SHORT TITLE.—This Act may be cited as the
- 3 "Conquering Pain Act of 1999".
- 4 (b) Table of Contents for
- 5 this Act is as follows:
  - Sec. 1. Short title.
  - Sec. 2. Findings and purpose.
  - Sec. 3. Definitions.

## TITLE I—EMERGENCY RESPONSE TO THE PUBLIC HEALTH CRISIS OF PAIN

- Sec. 101. Guidelines for the treatment of pain.
- Sec. 102. Quality improvement projects.
- Sec. 103. Surgeon General's report.

#### TITLE II—DEVELOPING COMMUNITY RESOURCES

Sec. 201. Family support networks in pain and symptom management.

#### TITLE III—REIMBURSEMENT BARRIERS

Sec. 301. Insurance coverage of pain and symptom management.

# TITLE IV—IMPROVING FEDERAL COORDINATION OF POLICY, RESEARCH, AND INFORMATION

- Sec. 401. Advisory Committee on Pain and Symptom Management.
- Sec. 402. Institutes of Medicine report on controlled substance regulation and the use of pain medications.
- Sec. 403. Conference on pain research and care.

#### TITLE V—DEMONSTRATION PROJECTS

Sec. 501. Provider performance standards for improvement in pain and symptom management.

### 6 SEC. 2. FINDINGS AND PURPOSE.

7 (a) FINDINGS.—Congress finds that—



1	(1) pain is often left untreated or under-treated
2	especially among older patients, African Americans,
3	and children;
4	(2) chronic pain is a public health problem af-
5	fecting at least 50,000,000 Americans through some
6	form of persisting or recurring symptom;
7	(3) 40 to 50 percent of patients experience
8	moderate to severe pain at least half the time in
9	their last days of life;
10	(4) 70 to 80 percent of cancer patients experi-
11	ence significant pain during their illness;
12	(5) despite the best intentions of physicians,
13	nurses, pharmacists, and other health care profes-
14	sionals, pain is often under-treated because of the
15	inadequate training of physicians in pain manage-
16	ment;
17	(6) despite the best intentions of physicians,
18	nurses, pharmacists, and other health care profes-
19	sionals, pain and symptom management is often
20	suboptimal because the health care system has fo-
21	cused on cure of disease rather than the manage-
22	ment of a patient's pain and other symptoms;
23	(7) the technology and scientific basis to ade-

quately manage most pain is known;



1	(8) pain should be considered the fifth vital							
2	sign; and							
3	(9) coordination of Federal efforts is needed to							
4	improve access to high quality effective pain and							
5	symptom management in order to assure the needs							
6	of chronic pain patients and those who are termi-							
7	nally ill are met.							
8	(b) Purpose.—The purpose of this Act is to enhance							
9	professional education in palliative care and reduce exces-							
10	sive regulatory scrutiny in order to mitigate the suffering,							
11	pain, and desperation many sick and dying people face at							
12	the end of their lives in order to carry out the clear opposi-							
13	tion of the Congress to physician-assisted suicide.							
14	SEC. 3. DEFINITIONS.							
15	In this Act:							
16	(1) CHRONIC PAIN.—The term "chronic pain"							
17	means a pain state that is persistent and in which							
18	the cause of the pain cannot be removed or other-							
19	wise treated. Such term includes pain that may be							
20	associated with long-term incurable or intractable							
21	medical conditions or disease.							
22	(2) Drug therapy management services.—							
23	The term "drug therapy management services"							
24	means consultations with a physician concerning a							

patient which results in the physician—



1	(A) changing the drug regimen of the pa-
2	tient to avoid an adverse drug interaction with
3	another drug or disease state;
4	(B) changing an inappropriate drug dosage
5	or dosage form with respect to the patient;
6	(C) discontinuing an unnecessary or harm-
7	ful medication with respect to the patient;
8	(D) initiating drug therapy for a medical
9	condition of the patient; or
10	(E) consulting with the patient or a care-
11	giver in a manner that results in a significant
12	improvement in drug regimen compliance.
13	Such term includes services provided by a physician,
14	pharmacist, or other health care professional who is
15	legally authorized to furnish such services under the
16	law of the State in which such services are fur-
17	nished.
18	(3) END OF LIFE CARE.—The term "end of life
19	care" means a range of services, including hospice
20	care, provided to a patient, in the final stages of his
21	or her life, who is suffering from 1 or more condi-
22	tions for which treatment toward a cure or reason-
23	able improvement is not possible, and whose focus of

care is palliative rather than curative.



1	(4) Family support network.—The term
2	"family support network" means an association of 2
3	or more individuals or entities in a collaborative ef-
4	fort to develop multi-disciplinary integrated patient
5	care approaches that involve medical staff and ancil-
6	lary services to provide support to chronic pain pa-
7	tients and patients at the end of life and their care-
8	givers across a broad range of settings in which pain
9	management might be delivered.
10	(5) Hospice.—The term ''hospice care'' has
11	the meaning given such term in section 1861(dd)(1)
12	of the Social Security Act (42 U.S.C. 1395x(dd)(1)).
13	(6) Pain and symptom management.—The
14	term "pain and symptom management" means serv-
15	ices provided to relieve physical or psychological pain
16	or suffering, including any 1 or more of the fol-
17	lowing physical complaints—
18	(A) weakness and fatigue;
19	(B) shortness of breath;
20	(C) nausea and vomiting;
21	(D) diminished appetite;
22	(E) wasting of muscle mass;
23	(F) difficulty in swallowing;
24	(G) bowel problems;
25	(H) dry mouth;



1	(I) failure of lymph drainage resulting ir
2	tissue swelling;
3	(J) confusion;
4	(K) dementia;
5	(L) anxiety; and
6	(M) depression.
7	(7) PALLIATIVE CARE.—The term ''palliative
8	care" means the total care of patients whose disease
9	is not responsive to curative treatment, the goal of
10	which is to provide the best quality of life for such
11	patients and their families. Such care—
12	(A) may include the control of pain and of
13	other symptoms, including psychological, social
14	and spiritual problems;
15	(B) affirms life and regards dying as a
16	normal process;
17	(C) provides relief from pain and other dis-
18	tressing symptoms;
19	(D) integrates the psychological and spir-
20	itual aspects of patient care;
21	(E) offers a support system to help pa-
22	tients live as actively as possible until death
23	and



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1	(F) offers a support system to help the
2	family cope during the patient's illness and in
3	their own bereavement.
4	(8) Secretary.—The term "Secretary" means
5	the Secretary of Health and Human Services.
6	TITLE I—EMERGENCY RE-
7	SPONSE TO THE PUBLIC
8	<b>HEALTH CRISIS OF PAIN</b>
9	SEC. 101. GUIDELINES FOR THE TREATMENT OF PAIN.
10	(a) DEVELOPMENT OF WEBSITE.—Not later than 2
11	months after the date of enactment of this Act, the Sec-
12	retary, acting through the Agency for Health Care Policy
13	Research, shall develop and maintain an Internet website
14	to provide information to individuals, health care practi-
15	tioners, and health facilities concerning evidence-based
16	practice guidelines developed for the treatment of pain.
17	(b) REQUIREMENTS.—The website established under
18	subsection (a) shall—
19	(1) be designed to be quickly referenced by
20	health care practitioners; and
21	(2) provide for the updating of guidelines as
22	scientific data warrants.
23	(c) Provider Access to Guidelines.—
24	(1) In general.—In establishing the website

under subsection (a), the Secretary shall ensure that



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1	health care facilities have made the website known
2	to health care practitioners and that the website is
3	easily available to all health care personnel providing
4	care or services at a health care facility.
5	(2) Use of certain equipment.—In making
6	the information described in paragraph (1) available
7	to health care personnel, the facility involved shall
8	ensure that such personnel have access to the
9	website through the computer equipment of the facil-
10	ity and shall carry out efforts to inform personnel at
11	the facility of the location of such equipment.
12	(3) Rural areas.—
13	(A) IN GENERAL.—A health care facility,
14	particularly a facility located in a rural or un-
15	derserved area, without access to the Internet
16	shall provide an alternative means of providing
17	practice guideline information to health care
18	personnel.
19	(B) ALTERNATIVE MEANS.—The Secretary
20	shall determine appropriate alternative means
21	by which a health care facility may make avail-
22	able practice guideline information on a 24-hour
23	basis, 7 days a week if the facility does not
24	have Internet access. The criteria for adopting

such alternative means should be clear in per-



1	mitting facilities to develop alternative means
2	without placing a significant financial burden
3	on the facility and in permitting flexibility for
4	facilities to develop alternative means of making
5	guidelines available. Such criteria shall be pub-
6	lished in the Federal Register.

### 7 SEC. 102. QUALITY IMPROVEMENT EDUCATION PROJECTS.

The Secretary shall provide funds for the implemen-9 tation of special education projects, in as many States as 10 is practicable, to be carried out by peer review organiza-11 tions of the type described in section 1152 of the Social 12 Security Act (42 U.S.C. 1320c-1) to improve the quality 13 of pain and symptom management. Such projects shall 14 place an emphasis on improving pain and symptom man-15 agement at the end of life, and may also include efforts 16 to increase the quality of services delivered to chronic pain

#### $18\,\,$ SEC. 103. SURGEON GENERAL'S REPORT.

patients.

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Not later than October 1, 2000, the Surgeon General shall prepare and submit to the appropriate committees of Congress and the public, a report concerning the state of pain and symptom management in the United States. The report shall include—

(1) a description of the legal and regulatorybarriers that may exist at the Federal and State lev-



1	els to providing adequate pain and symptom man-
2	agement;
3	(2) an evaluation of provider competency in
4	providing pain and symptom management;
5	(3) an identification of vulnerable populations,
6	including children, advanced elderly, non-English
7	speakers, and minorities, who may be likely to be
8	underserved or may face barriers to access to pain
9	management and recommendations to improve ac-
10	cess to pain management for these populations;
11	(4) an identification of barriers that may exist
12	in providing pain and symptom management in
13	health care settings, including assisted living facili-
14	ties;
15	(5) and identification of patient and family atti-
16	tudes that may exist which pose barriers in access-
17	ing pain and symptom management or in the proper
18	use of pain medications;
19	(6) an evaluation of medical school training and
20	residency training for pain and symptom manage-
21	ment; and
22	(7) a review of continuing medical education

programs in pain and symptom management.



# 1 TITLE II—DEVELOPING 2 COMMUNITY RESOURCES

3	SEC. 201.	<b>FAMILY</b>	SUPPORT	NETWORKS	IN PAIN	AND	SYMP-
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4	TOM MANAGEMENT

5	(a)	Esta	BLISHM	ENT.—	-The	Secre	tary,	acting
6	through t	he Pub	lic Heal	lth Ser	vice, sh	all aw	ard gra	ants for
7	the establ	ishmen	t of 6 N	Vationa	l Fami	ly Sup	port N	etworks
8	in Pain a	and Syi	mptom	Manag	gement	(in th	nis sect	tion re-
9	ferred to	as the	''Netwo	orks'')	to serv	e as na	ational	models
10	for impro	ving the	e access	and q	uality o	of pain	and sy	mptom
11	managem	ent to	chronic	pain	patient	s and	those	individ-
12	uals in ne	ed of p	ain and	sympt	om ma	nagem	ent at	the end
13	of life an	d to pr	ovide a	ssistar	ice to f	amily	memb	ers and
14	caregivers	S.						

## (b) ELIGIBILITY AND DISTRIBUTION.—

- (1) ELIGIBILITY.—To be eligible to receive a grant under subsection (a), an entity shall—
  - (A) be an academic facility or other entity that has demonstrated an effective approach to training health care providers concerning pain and symptom management and palliative care services; and
  - (B) prepare and submit to the Secretary an application (to be peer reviewed by a committee established by the Secretary), at such



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1	time, in such manner, and containing such in-
2	formation as the Secretary may require.
3	(2) DISTRIBUTION.—In providing for the estab-
4	lishment of Networks under subsection (a), the Sec-
5	retary shall ensure that—
6	(A) the geographic distribution of such
7	Networks reflects a balance between rural and
8	urban needs; and
9	(B) at least 3 Networks are established at
10	academic facilities.
11	(c) Activities of Networks.—A Network that is
12	established under this section shall—
13	(1) provide for an integrated interdisciplinary
14	approach to the delivery of pain and symptom man-
15	agement;
16	(2) provide community leadership in estab-
17	lishing and expanding public access to appropriate
18	pain care, including pain care at the end of life;
19	(3) provide assistance through caregiver and be-
20	reavement supportive services;
21	(4) develop a research agenda to promote effec-
22	tive pain and symptom management for the broad
23	spectrum of patients in need of access to such care
24	that can be implemented by the Network;



1	(5) provide for coordination and linkages be-
2	tween clinical services in academic centers and sur-
3	rounding communities to assist in the widespread
4	dissemination of provider and patient information
5	concerning how to access options for pain manage-
6	ment;
7	(6) establish telemedicine links to provide edu-
8	cation and for the delivery of services in pain and
9	symptom management; and
10	(7) develop effective means of providing assist-
11	ance to providers and families for the management
12	of a patient's pain 24 hours a day, 7 days a week
13	(d) Provider Pain and Symptom Management
14	Communications Projects.—
15	(1) IN GENERAL.—Each Network shall estab-
16	lish a process to provide health care personnel with
17	information 24 hours a day, 7 days a week, con-
18	cerning pain and symptom management. Such proc-
19	ess shall be designed to test the effectiveness of spe-
20	cific forms of communications with health care per-
21	sonnel so that such personnel may obtain informa-
22	tion to ensure that all appropriate patients are pro-
23	vided with pain and symptom management.
24	(2) TERMINATION.—The requirement of para-

graph (1) shall terminate with respect to a Network



1	on the day that is 2 years after the date on which
2	the Network has established the communications
3	method.

- (3) EVALUATION.—Not later than 60 days after the expiration of the 2-year period referred to in paragraph (2), a Network shall conduct an evaluation and prepare and submit to the Secretary a report concerning the costs of operation and whether the form of communication can be shown to have had a positive impact on the care of patients in chronic pain or on patients with pain at the end of life.
  - (4) RULE OF CONSTRUCTION.—Nothing in this subsection shall be construed as limiting a Network from developing other ways in which to provide support to families and providers, 24 hours a day, 7 days a week.
- 18 (e) AUTHORIZATION OF APPROPRIATIONS.—There is 19 authorized to be appropriated to carry out this section, 20 \$18,000,000 for fiscal years 2000 through 2002.



# 1 TITLE III—REIMBURSEMENT 2 BARRIERS

- 3 SEC. 301. INSURANCE COVERAGE OF PAIN AND SYMPTOM
- 4 MANAGEMENT.
- 5 (a) IN GENERAL.—The General Accounting Office
- 6 shall conduct a survey of public and private health insur-
- 7 ance providers, including managed care entities, to deter-
- 8 mine whether the reimbursement policies of such insurers
- 9 inhibit the access of chronic pain patients to pain and
- 10 symptom management and pain and symptom manage-
- 11 ment for those in need of end-of-life care. The survey shall
- 12 include a review of formularies for pain medication and
- 13 the effect of such formularies on pain and symptom man-
- 14 agement.
- 15 (b) Report.—Not later than 1 year after the date
- 16 of enactment of this Act, the General Accounting Office
- 17 shall prepare and submit to the appropriate committees
- 18 of Congress a report concerning the survey conducted
- 19 under subsection (a).



1	IIILE IV—IMPROVING FEDERAL
2	COORDINATION OF POLICY,
3	RESEARCH, AND INFORMA-
4	TION
5	SEC. 401. ADVISORY COMMITTEE ON PAIN AND SYMPTOM
6	MANAGEMENT.
7	(a) ESTABLISHMENT.—The Secretary shall establish
8	an advisory committee, to be known as the Advisory Com-
9	mittee on Pain and Symptom Management, to make rec-
10	ommendations to the Secretary concerning a coordinated
11	Federal agenda on pain and symptom management.
12	(b) Membership.—The Advisory Committee estab-
13	lished under subsection (a) shall be comprised of 11 indi-
14	viduals to be appointed by the Secretary, of which at least
15	1 member shall be a representative of—
16	(1) physicians (medical doctors or doctors of os-
17	teopathy) who treat chronic pain patients or the ter-
18	minally ill;
19	(2) nurses who treat chronic pain patients or
20	the terminally ill;
21	(3) pharmacists who treat chronic pain patients
22	or the terminally ill;
23	(4) hospice;
24	(5) pain researchers;
25	(6) patient advocates:



1	(7) caregivers; and
2	(8) health insurance issuers (as such term is
3	defined in section 2791(b) of the Public Health
4	Service Act (42 U.S.C. 300gg-91(b))).
5	The members of the Committee shall designate 1 member
6	to serve as the chairperson of the Committee.
7	(c) MEETINGS.—The Advisory Committee shall meet
8	at the call of the chairperson of the Committee.
9	(d) AGENDA.—The agenda of the Advisory Com-
10	mittee established under subsection (a) shall include—
11	(1) the development of recommendations to cre-
12	ate a coordinated Federal agenda on pain and symp-
13	tom management;
14	(2) the development of proposals to ensure that
15	pain is considered as the fifth vital sign for all pa-
16	tients;
17	(3) the identification of research needs in pain
18	and symptom management, including gaps in pain
19	and symptom management guidelines;
20	(4) the identification and dissemination of pain
21	and symptom management practice guidelines, re-
22	search information, and best practices;
23	(5) proposals for patient education concerning
24	how to access pain and symptom management across

health care settings;



1	(6) the manner in which to measure improve-
2	ment in access to pain and symptom management
3	and improvement in the delivery of care; and
4	(7) the development of an ongoing mechanism
5	to identify barriers or potential barriers to pain and
6	symptom management created by Federal policies.
7	(e) RECOMMENDATION.—Not later than 2 years after
8	the date of enactment of this Act, the Advisory Committee
9	established under subsection (a) shall prepare and submit
10	to the Secretary recommendations concerning a
11	prioritization of the need for a Federal agenda on pain,
12	and ways in which to better coordinate the activities of
13	entities within the Department of Health and Human
14	Services, and other Federal entities charged with the re-
15	sponsibility for the delivery of health care services or re-
16	search on pain, with respect to pain management.
17	(f) Consultation.—In carrying out this section, the
18	Advisory Committee shall consult with all Federal agen-
19	cies that are responsible for providing health care services
20	or access to health services to determine the best means
21	to ensure that all Federal activities are coordinated with
22	respect to research and access to pain and symptom man-
23	agement.



1	(g) Administrative Support; Terms of Service;
2	OTHER PROVISIONS.—The following shall apply with re-
3	spect to the Advisory Committee:
4	(1) The Committee shall receive necessary and
5	appropriate administrative support, including appro-
6	priate funding, from the Department of Health and
7	Human Services.
8	(2) The Committee shall hold open meetings
9	and meet not less than 4 times per year.
10	(3) Members of the Committee shall not receive
11	additional compensation for their service. Such
12	members may receive reimbursement for appropriate
13	and additional expenses that are incurred through
14	service on the Committee which would not have in-
15	curred had they not been a member of the Com-
16	mittee.
17	(4) The requirements of appendix 2 of title 5,
18	United States Code.
19	SEC. 402. INSTITUTES OF MEDICINE REPORT ON CON-
20	TROLLED SUBSTANCE REGULATION AND THE
21	USE OF PAIN MEDICATIONS.
22	(a) In General.—The Secretary, acting through a
23	contract entered into with the Institute of Medicine, shall
24	review findings that have been developed through research
25	conducted concerning—



1	(1) the effects of controlled substance regula-
2	tion on patient access to effective care;
3	(2) factors, if any, that may contribute to the
4	underuse of pain medications, including opioids; and
5	(3) the identification of State legal and regu-
6	latory barriers, if any, that may impact patient ac-
7	cess to medications used for pain and symptom man-
8	agement.
9	(b) REPORT.—Not later than 18 months after the
10	date of enactment of this Act, the Secretary shall prepare
11	and submit to the appropriate committees of Congress a
12	report concerning the findings described in subsection (a).
13	SEC. 403. CONFERENCE ON PAIN RESEARCH AND CARE.
14	Not later than December 31, 2003, the Secretary,
15	acting through the National Institutes of Health, shall
16	convene a national conference to discuss the translation
17	of pain research into the delivery of health services to
18	chronic pain patients and those needing end-of-life care.
19	The Secretary shall use unobligated amounts appropriated
20	for the Department of Health and Human Services to



21 carry out this section.

## TITLE V—DEMONSTRATION 1 **PROJECTS** 2 SEC. 501. PROVIDER PERFORMANCE STANDARDS FOR IM-4 PROVEMENT IN PAIN AND SYMPTOM MAN-5 AGEMENT. 6 (a) IN GENERAL.—The Secretary, acting through the Public Health Service, shall award grants for the establishment of not less than 5 demonstration projects to determine effective methods to measure improvement in the skills and knowledge of health care personnel in pain and symptom management as such skill and knowledge applies 12 to providing services to chronic pain patients and those patients requiring pain and symptom management at the 14 end of life. 15 (b) EVALUATION.—Projects established under sub-16 section (a) shall be evaluated to determine patient and caregiver knowledge and attitudes toward pain and symp-18 tom management. 19 (c) Application.—To be eligible to receive a grant under subsection (a), an entity shall prepare and submit to the Secretary an application at such time, in such manner and containing such information as the Secretary may 23 require. 24 (d) TERMINATION.—A project established under sub-



25 section (a) shall terminate after the expiration of the 2-

- 1 year period beginning on the date on which such project
- 2 was established.
- 3 (d) AUTHORIZATION OF APPROPRIATIONS.—There is
- 4 authorized to be appropriated such sums as may be nec-
- 5 essary to carry out this section.



