



Executive Summary of FOH Capabilities

Background

Federal Occupational Health (FOH) is a non-appropriated service agency that provides occupational health and wellness services exclusively to federal employees. FOH was created by Congress in 1946 by an amendment to the Public Health Service Act (42 USC), and is a service unit within the Department of Health and Human Services (HHS), Program Support Center. Our **mission** is to improve the health, safety, and productivity of the federal workforce.

Our workforce is composed primarily of commissioned Corps officers of the US Public Health Service (USPHS) and federal employees. In order to accomplish our mission, FOH acquires services through full and open competition in accordance with the Federal acquisition regulation. We then make the services available to other government agencies through interagency partnerships.

A Name You Can Trust

Serving more than 360 federal government departments and agencies reaching 1.5 million federal employees, FOH is the occupational health provider of choice for the federal government. FOH provides these services in cities and towns all across the country including some of the most remote corners of the United States. In addition, the organization's EAP and Work/Life Services are available to federal employees and their families stationed in more than 100 countries around the globe.

We offer a full range of occupational health services, including Clinical, Wellness/Fitness, Employee Assistance Program (EAP), Work/Life, and Environmental Health and Safety programs. This comprehensive array of services helps agencies promote workplace health, wellness, and safety, as well as maintain compliance with Occupational Safety and Health Administration (OSHA) and other federally mandated standards.

FOH is uniquely positioned within the federal government to seamlessly coordinate, and deliver multifaceted programs to our federal partners. Participating agencies receive best value, high quality occupational health services without expending precious resources to manage the complex acquisition process.

FOH programs and services meet the highest standards through its ongoing quality improvement program that includes frequent and routine quality assurance checks and reviews. In accordance with applicable laws, we also ensure that client confidentiality and security of records are strictly maintained to protect both the employee and the employer.

Below is a brief summary of the services FOH provides:

Clinical Health Services

Occupational Health Centers. FOH currently manages and operates 300 Occupational Health Centers across the country, serving half a million federal employees. More than 700 qualified FOH health care professionals provide medical services including emergency response, physical exams, immunizations, vision and health screenings, and health risk appraisals.

Private Provider Network. In addition to our own Occupational Health Centers, FOH provides access to a network of over 2300 affiliated clinics in large cities and rural towns across the country.

Medical Standards. FOH works with 35 different federal law enforcement agencies providing pre-placement, fitness-for-duty, and incumbent medical exams; covering more than 70,000 job applicants and employees. FOH also develops, reviews, and validates medical standards for federal law enforcement agents. Last year alone, FOH processed more than 33,000 medical records for law enforcement agency personnel.

Medical Surveillance. FOH develops and implements customized Medical Surveillance Programs that incorporate both systematic and on-going assessments of employees exposed to occupational hazards such as noise, asbestos, and lead.

Special Services. FOH has developed a number of other special clinical programs including:

- Automated External Defibrillator (AED) Program development and management services
- Smoking cessation programs
- Reasonable accommodation, medical employability, and fitness for duty medical consultation

Wellness/Fitness. FOH manages, equips, and staffs 40 Wellness/Fitness Centers for federal agencies across the country. Services include specialized exercise classes, pilates, yoga, general wellness, nutrition, and weight management.

Immunizations. Each year FOH provides over 200,000 immunizations for influenza, tetanus, hepatitis, and other vaccinations required for travel.

Employee Assistance Program

Counseling Services. FOH manages one of the largest federal EAPs in the country covering over 700,000 federal employees and family members. Services are provided by licensed counselors located in more than 125 offices in federal facilities. FOH also provides services through its vast network of affiliate counselors in approximately 17,000 locations in the U.S. and abroad. Our EAP offers face-to-face initial assessments, short-term counseling, referral and follow-up services for family and relationship issues; workplace concerns; alcohol and drug problems; personal and emotional difficulties; and health and behavioral issues.

24-hour Access. Through FOH's EAP service center, employees have access to trained and fully-credentialed counselors 24 hours a day, 365 days a year via a toll-free number. This service is accessible to employees across the U.S. and overseas.

Law Enforcement EAP. FOH's Law Enforcement EAP provides specialized counseling services to members of the federal law enforcement community.

Other Services. Other EAP services include supervisor training, wellness education, Critical Incident Stress Management (CISM) services, Alternate Dispute Resolution (ADR), as well as employee risk management.

Work/Life Services

Balancing Work and Life. FOH offers one of the most comprehensive federal Work/Life Programs in the country. Providing access to trained Work/Life counselors both on-line and via a 24-hour call center, the program helps employees and their families balance personal and workplace responsibilities at every life stage. Services include:

- Adoption
- Becoming a Parent
- Newborn and Child Care
- College and Technical Schools
- Relocation
- Career Development
- Legal and Financial Assistance
- Retirement Planning
- Elder Care

Organizational Development

Improving the Workforce. FOH has designed Organizational Development services to help managers and employees improve group dynamics, organizational communication, and organizational culture. Our services include:

- Management retreats
- Strategic planning
- Executive coaching
- Team leadership and team building
- Skills development
- Training programs
- Organizational change management
- Violence prevention consultations

Environmental Health/Industrial Hygiene Services

OSHA Compliance. FOH conducts assessments to determine whether workplace conditions comply with OSHA standards. Our professionals then provide consultation, as well as resources, to help agencies develop and implement job safety and health standards that ensure full compliance.

Environmental Health and Safety services include:

- Indoor air and water quality assessments
- Hazard assessments
- Asbestos and lead detection and monitoring and abatement consultation
- Safety assessments and training
- Environmental surveys
- Personal Protective Equipment Program development and implementation
- Hearing conservation consultations and assessments
- Hazard Communication Program development and implementation
- Emergency Response Training
- Food service inspections
- Ergonomics assessments and program development

Reference Laboratories. FOH also manages three fully-equipped and accredited reference laboratories. These state-of-the art laboratories offer both sampling and analytical support services and specialize in industrial hygiene, environmental, microbiological, as well as asbestos and other fine particle analyses. These laboratories conduct more than 35,000 environmental analyses each year for heavy metals, regulated chemicals, fungi, indoor allergens, water-borne contaminants, asbestos, and other fine particles.

The FOH Advantage: Federal Partnership

FOH provides its services through interagency agreements (IAGs) in accordance with the provisions of the Federal Acquisition Regulation, 48 CFR, Part 17.5 (FAR), Public Law 79-658 (5 USC. 7901), and the Economy Act of 1932, as amended (31 USC 1535), which authorizes an agency to place orders for goods and services with another government agency when it is in the best interest of the government.

FOH acquires essential occupational health services and makes these services available to our sister agencies through interagency partnerships. This way, agencies are spared the operating costs of preparing, awarding, and administering multiple individual contracts.

All FAR requirements are met via full and open competition when FOH contracts are awarded. FOH conducts a rigorous evaluation of all bidders to ensure our customers get the best value provider.

Participating in an IAG with FOH offers these distinct advantages:

- IAGs are a fast, simple method of acquisition
- Electronic billing and payment is easy with On-line Payment and Collection (OPAC) or government purchase card
- Services can be customized, modified, or terminated at any time

We offer flexibility, convenience, quick-turnaround, and one-stop shopping for a multitude of occupational health needs.

FOH, the Occupational Health Provider of Choice for the Federal Government

The mission of FOH is to improve the health, safety, and productivity of the federal workforce. Created by Congress in 1946, FOH is a non-appropriated service agency within the Department of Health and Human Services (HHS), Program Support Center.

Federal agencies throughout the U.S. and overseas can access FOH services. FOH provides worksite health services, Wellness/Fitness, Employee Assistance Programs (EAP), Work/Life, Environmental Health and Safety, Organizational and Professional Development, and Training and Education.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.
