# PGY1 RESIDENCY IN PHARMACY PRACTICE ALBUQUERQUE VA MEDICAL CENTER

New Mexico VA Health Care System Tel: 505-265-1711 ext. 4243

## **ACUTE PATIENT CARE**

- Internal Medicine
- Critical Care Units
- Infectious Disease
- ✤ Sterile Products, Total Parenteral Nutrition
- Hematology/Oncology
- ✤ Surgery
- ✤ Psychiatry
- Spinal Cord Injury
- Palliative Care
- ✤ Cardiology
- ♦ Other specialty areas available, but do not have a clinical pharmacist

Activities in these areas include:

- ✤ Team rounds with physicians
- Drug information to allied health professionals
- Monitoring drug therapy
- Pharmacokinetic consultation
- Nutrition service team rounds
- ✤ Discharge counseling
- Drug regimen reviews
- ✤ Interdisciplinary care plan patient assessments
- Interdisciplinary in-service education
- ✤ And much more...



## **AMBULATORY PATIENT CARE**

Managing clinical outcomes and patient drug therapy (including prescriptive authority) can occur throughout training in:

- Pharmacy Direct Patient Care Clinics
  - Hyperlipidemia
  - Hypertension
  - Smoking Cessation
  - Diabetes
  - Thyroid
  - Medication Review
  - CHF (stable)
- Ambulatory Specialty Direct Patient Care Clinics
  - Psychiatry
  - Pain Management
  - Spinal Cord Injury
  - HIV Clinic
  - Anticoagulation Clinic
- ✤ Home Based Primary Care
- ✤ Geriatrics/Extended Care
- ✤ Telephone Care

Activities in these areas include:

- Physical assessment and patient triage
- ✤ Adjustment of patients' hypertension, hyperlipidemic, diabetic, thyroid, pain and anticoagulation medications. Prescriptive authority in other areas as well...
- Medication reviews of patient profiles for drug interactions, therapeutic duplications, contraindications, or better use of medications
- Providing drug information to patients and allied health professionals
- Patient education and medication adherence



### PRACTICE MANAGEMENT

**P**ractice management is a required training block as set by ASHP. Our practice management rotation really gets the resident involved in pharmacy and hospital administration and provides experience in the overall direction and integration of pharmacy services.

Activities in this area include:

- ✤ Administrative projects
- Continuous quality improvement
- Staff/resource justification
- ✤ Efficiency reviews
- Scheduling
- Inventory control
- Management of controlled substances
- Interdepartmental projects and correspondence
- Workload/priority management
- ✤ MUE/DUE
- ✤ Adverse drug events monitoring
- Participation in committee's (like P&T, QI/QA, etc)
- Pharmacy newsletters

# LONGITUDINAL ROTATIONS

**R**esident's longitudinal rotations (responsibilities that span the 4 month blocks or the entire year) help provide management skills development, including time management and personnel management.

Activities in these areas include:

- Formulary management
- Coordinating staff education
- ✤ Major project
- Home based primary care (long term care consulting)
- ✤ Community service



## **RESIDENCY IN PHARMACY PRACTICE**

#### PHILOSOPHY

The New Mexico VA Health Care System in Albuquerque, New Mexico offers a one-year postgraduate residency in pharmacy practice. The philosophy of the residency is to train pharmacists to provide the highest quality care in today's challenging health care environment. The resident will gain experience in direct patient care, decision-making, policy, and program development.

#### TRAINING BLOCKS

Six week training blocks provide experience and develop competence in major areas of practice. The two required training blocks include practice management and geriatrics/extended care.

Longitudinal training includes staff development, community service, and home based primary care chart reviews. Other activities include formulary management and one major research project.

Training blocks are flexible and are scheduled after assessing the individual needs of the resident and predetermined objectives for the residency program.

#### **Residency Activities**

Additional opportunities and activities that may occur throughout the residency include:

- Regional residency conference
- Teaching opportunities
- ✤ Journal club
- ✤ ASHP Midyear Clinical Meeting

#### **RESIDENCY PROJECT/RESEARCH**

Residents are required to complete a major project or research protocol. The project should be publishable material. The resident may join a project already in progress with an attending physician or pharmacist. The resident can take a rotation in research with their project preceptor. Additionally, the VA Cooperative Studies located in Albuquerque, the research arm of the VA, will take residents for 6 week rotations.

#### **BENEFITS**

Benefits provided to the resident include an annual stipend of \$38,000. Health insurance, thirteen days of both annual leave and sick leave are also available. Educational leave to attend meetings and conferences are also included as a part of the benefits package.

#### DEADLINES

Deadline for application to the New Mexico VA Health Care System pharmacy practice residency is January 15, 2007. We participate in the American Society of Health System Pharmacists (ASHP) residency-matching program. Please contact us if you have any questions, but all candidates must apply for the match directly with ASHP.