WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

Participant ID

Variable # 1

Sas Name: ID

Sas Label: Participant ID

Usage Notes: none

Categories: Study: Administration

F147 Days since enrollment

Variable # 2

Sas Name: F147DAYS

Sas Label: F147 Days since enrollment

Usage Notes: none

Categories: Study: Administration

N	Min	Max	Mean	Std Dev
70939	1433	3613	2545.1195	51.27858

F147 Current weight lbs

What is your current weight?

Variable # 3

Sas Name: WTCUR_7

Sas Label: Current weight lbs

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

N	Min	Max	Mean	Std Dev
69667	68	425	153.83901	33.11277

F147 Highest weight in past year (lbs)

In the past year, what was your highest weight?

Variable # 4

Sas Name: WTMAX_7

Sas Label: Highest weight in past year (lbs)

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

N	Min	Max	Mean	Std Dev
69323	70	440	159.28389	35.09509

F147 Lowest weight in past year (lbs)

In the past year, what was your lowest weight?

Variable # 5

Sas Name: WTMIN_7

Sas Label: Lowest weight in past year (lbs)

Usage Notes: none

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

N	Min	Max	Mean	Std Dev
69107	68	418	150.16692	32.26132

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Walk more than 10 minutes

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 6

Sas Name: WALKSWK_7

Sas Label: Walk more than 10 minutes

Usage Notes: none

Categories: Physical Activity

Values		N	%
0	Rarely or never	14,333	20.2%
1	1-3 times each month	10,789	15.2%
2	1 time each week	7,268	10.2%
3	2-3 times each week	18,858	26.6%
4	4-6 times each week	14,178	20.0%
5	7 or more times each week	5,000	7.0%
.	Missing	513	0.7%
		70,939	

F147 How many minutes walking

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 7

Sas Name: MINSWALK_7

Sas Label: How many minutes walking

Usage Notes: Sub-question of F147 V1 Q4 "Walk more than 10 min".

Categories: Physical Activity

Values		N	%
1	Less than 20 minutes	16,949	23.9%
2	20-39 minutes	26,466	37.3%
3	40-59 minutes	8,532	12.0%
4	1 hour or more	3,553	5.0%
.	Missing	15,439	21.8%
		70,939	

F147 Usual walking speed

What is your usual speed?

Variable # 8

Sas Name: WALKSPD_7

Sas Label: Usual walking speed

Usage Notes: Sub-question of F147 V1 Q4 "Walk more than 10 min".

Categories: Physical Activity

Values		N	%
2	Casual strolling or walking	12,867	18.1%
3	Average or normal	28,375	40.0%
4	Fairly fast	11,739	16.5%
5	Very fast	452	0.6%
9	Don't know	2,125	3.0%
.	Missing	15,381	21.7%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Strenuous exercise

Not including walking outside the home, how often each week (7 days) do you usually do STRENUOUS OR VERY HARD EXERCISE (you work up a sweat and your heart beats fast)? For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 9

Sas Name: HDEXFREQ_7

Sas Label: Strenuous exercise

Usage Notes: none

Categories: Physical Activity

Values		N	%
0	None	46,688	65.8%
1	1 day per week	5,320	7.5%
2	2 days per week	6,413	9.0%
3	3 days per week	7,355	10.4%
4	4 days per week	2,137	3.0%
5	5 or more days per week	2,185	3.1%
.	Missing	841	1.2%
		70,939	

F147 Strenuous/how long

How long do usually exercise like this at one time?

Variable # 10

Sas Name: HARDMINS_7

Sas Label: Strenuous/how long

Usage Notes: Sub-question of F147 V1 Q5 "Strenuous exercise".

Categories: Physical Activity

Values		N	%
1	Less than 20 minutes	3,887	5.5%
2	20-39 minutes	8,231	11.6%
3	40-59 minutes	5,581	7.9%
4	1 hour or more	5,485	7.7%
.	Missing	47,755	67.3%
		70,939	

F147 Moderate exercise

Not including walking outside the home, how often each week (7 days) do you usually do MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 11

Sas Name: MDEXFREQ_7

Sas Label: Moderate exercise

Usage Notes: none

Categories: Physical Activity

Values		N	%
0	None	35,552	50.1%
1	1 day per week	7,772	11.0%
2	2 days per week	9,090	12.8%
3	3 days per week	9,792	13.8%
4	4 days per week	3,230	4.6%
5	5 or more days per week	4,757	6.7%
.	Missing	746	1.1%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Moderate/ how long

How long do usually exercise like this at one time?

Variable # 12

Sas Name: MODMINS_7

Sas Label: Moderate/ how long

Values		N	%
1	Less than 20 minutes	8,440	11.9%
2	20-39 minutes	14,990	21.1%
3	40-59 minutes	6,179	8.7%
4	1 hour or more	4,743	6.7%
.	Missing	36,587	51.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q6 "Moderate exercise".

Categories: Physical Activity

F147 Mild exercise

Not including walking outside the home, how often each week (7 days) do you usually do MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 13

Sas Name: MLEXFREQ_7

Sas Label: Mild exercise

Values		N	%
0	None	45,902	64.7%
1	1 day per week	8,456	11.9%
2	2 days per week	6,297	8.9%
3	3 days per week	4,336	6.1%
4	4 days per week	1,611	2.3%
5	5 or more days per week	3,094	4.4%
.	Missing	1,243	1.8%
		70,939	

Usage Notes: none

Categories: Physical Activity

F147 Mild /how long

How long do usually exercise like this at one time?

Variable # 14

Sas Name: MILDMINS_7

Sas Label: Mild /how long

Values		N	%
1	Less than 20 minutes	6,236	8.8%
2	20-39 minutes	6,824	9.6%
3	40-59 minutes	2,874	4.1%
4	1 hour or more	7,383	10.4%
.	Missing	47,622	67.1%
		70,939	

Usage Notes: Sub-question of F147 V1 Q7 "Mild exercise".

Categories: Physical Activity

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 15

Sas Name: SMOKENW_7

Sas Label: Smoke cigarettes now

Usage Notes: none

Categories: Lifestyle: Smoking

Values		N	%
0	No	67,797	95.6%
1	Yes	2,500	3.5%
.	Missing	642	0.9%
		70,939	

F147 How many cigarette per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 16

Sas Name: CIGSDAY_7

Sas Label: How many cigarette per day

Usage Notes: Sub-question of F147 V1 Q8 "Smoke cigarettes now".

Categories: Lifestyle: Smoking

Values		N	%
1	Less than 5	526	0.7%
2	5-14	988	1.4%
3	15-24	738	1.0%
4	25-34	158	0.2%
5	35-44	47	0.1%
6	45 or more	30	0.0%
.	Missing	68,452	96.5%
		70,939	

F147 Meridia (Sibutramine)

Meridia (Sibutramine)

Variable # 17

Sas Name: WTLMERID_7

Sas Label: Meridia (Sibutramine)

Usage Notes: none

Categories: Medical History: Medications

Values		N	%
0	No	66,927	94.3%
1	Yes	86	0.1%
.	Missing	3,926	5.5%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Xenical (Orlistat)

Xenical (Orlistat)

Variable # 18

Sas Name: WTLXENCL_7

Sas Label: Xenical (Orlistat)

Values		N	%
0	No	66,800	94.2%
1	Yes	182	0.3%
.	Missing	3,957	5.6%
		70,939	

Usage Notes: none

Categories: Medical History: Medications

F147 Phentermine (Fastin)

Phentermine (Fastin)

Variable # 19

Sas Name: WTLPHENT_7

Sas Label: Phentermine (Fastin)

Values		N	%
0	No	66,737	94.1%
1	Yes	134	0.2%
.	Missing	4,068	5.7%
		70,939	

Usage Notes: none

Categories: Medical History: Medications

F147 Other prescription weight loss meds

Other prescription weight loss medication

Variable # 20

Sas Name: WTLOTHER_7

Sas Label: Other prescription weight loss meds

Values		N	%
0	No	66,701	94.0%
1	Yes	237	0.3%
.	Missing	4,001	5.6%
		70,939	

Usage Notes: none

Categories: Medical History: Medications

F147 Natural hormones in past year

In the past year, did you use any "natural" hormones that you can get without a doctor's prescription? These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppository, skin cream or soy-enriched foods.

Variable # 21

Sas Name: NATHOR_7

Sas Label: Natural hormones in past year

Values		N	%
0	No	64,031	90.3%
1	Yes	5,445	7.7%
9	Don't know	643	0.9%
.	Missing	820	1.2%
		70,939	

Usage Notes: none

Categories: Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Natural/wild yam cream

Wild yam cream

Variable # 22

Sas Name: YAMCRM_7

Sas Label: Natural/wild yam cream

Values		N	%
0	No	4,902	6.9%
1	Yes	339	0.5%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Wild yam pills

Wild yam pills

Variable # 23

Sas Name: YAMPLS_7

Sas Label: Natural/Wild yam pills

Values		N	%
0	No	5,112	7.2%
1	Yes	129	0.2%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Progesterone cream

Progesterone cream

Variable # 24

Sas Name: PRGCRM_7

Sas Label: Natural/Progesterone cream

Values		N	%
0	No	4,455	6.3%
1	Yes	786	1.1%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Progest suppositories

Progesterone suppositories

Variable # 25

Sas Name: PRGSUP_7

Sas Label: Natural/Progest suppositories

Values		N	%
0	No	5,222	7.4%
1	Yes	19	0.0%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Natural/DHEA pills

DHEA (dehydroepiandosterone pills)

Variable # 26

Sas Name: DHEAPL_7

Sas Label: Natural/DHEA pills

Values		N	%
0	No	4,787	6.7%
1	Yes	454	0.6%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Phytoest pills/powder

Phytoestrogen pills or powder (soy or flax)

Variable # 27

Sas Name: PHYPLS_7

Sas Label: Natural/Phytoest pills/powder

Values		N	%
0	No	4,028	5.7%
1	Yes	1,213	1.7%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Phytoestrogen creams

Phytoestrogen creams (soy or flax)

Variable # 28

Sas Name: PHYCRM_7

Sas Label: Natural/Phytoestrogen creams

Values		N	%
0	No	5,120	7.2%
1	Yes	121	0.2%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F147 Natural/Phytoestrogen foods

Phytoestrogen enriched foods (tofu, soybeans)

Variable # 29

Sas Name: PHYFDS_7

Sas Label: Natural/Phytoestrogen foods

Values		N	%
0	No	2,777	3.9%
1	Yes	2,464	3.5%
.	Missing	65,698	92.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Natural/Other

Other (Specify)

Variable # 30

Sas Name: NTOTHR_7

Sas Label: Natural/Other

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	3,841	5.4%
1	Yes	1,400	2.0%
.	Missing	65,698	92.6%
		70,939	

F147 Natural/Don't know

Don't know

Variable # 31

Sas Name: NTDNTK_7

Sas Label: Natural/Don't know

Usage Notes: Sub-question of F147 V1 Q10 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	5,145	7.3%
1	Yes	96	0.1%
.	Missing	65,698	92.6%
		70,939	

F147 Use non-estrogen prescription?

In the past year, did you use any non-estrogen prescription treatments for hormone replacement? These may be prescribed to prevent osteoporosis and breast cancer and are sometimes called "designer estrogens" or selective estrogen receptor modulators (SERMs). Examples are Evista (Raloxifene) and Nolvadex (Tamoxifen).

Variable # 32

Sas Name: SRM_7

Sas Label: Use non-estrogen prescription?

Usage Notes: none

Categories: Medical History: Medications

Values		N	%
0	No	63,570	89.6%
1	Yes	5,806	8.2%
9	Don't know	671	0.9%
.	Missing	892	1.3%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Evista (Raloxifene)

Evista (Raloxifene)

Variable # 33

Sas Name: SRMEVST_7

Sas Label: Evista (Raloxifene)

Values		N	%
0	No	1,974	2.8%
1	Yes	3,547	5.0%
.	Missing	65,418	92.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q11 "Use non-estrogen prescription?".

Categories: Medical History: Medications

F147 Nolvadex (Tamoxifen)

Nolvadex (Tamoxifen)

Variable # 34

Sas Name: SRMNOLU_7

Sas Label: Nolvadex (Tamoxifen)

Values		N	%
0	No	4,492	6.3%
1	Yes	1,029	1.5%
.	Missing	65,418	92.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q11 "Use non-estrogen prescription?".

Categories: Medical History: Medications

F147 Other/ non-estrogen

Other (Specify)

Variable # 35

Sas Name: SRMOTHR_7

Sas Label: Other/ non-estrogen

Values		N	%
0	No	4,492	6.3%
1	Yes	1,029	1.5%
.	Missing	65,418	92.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q11 "Use non-estrogen prescription?".

Categories: Medical History: Medications

F147 Don't know/non-estrogen

Don't know

Variable # 36

Sas Name: SRMDNTK_7

Sas Label: Don't know/non-estrogen

Values		N	%
0	No	5,419	7.6%
1	Yes	102	0.1%
.	Missing	65,418	92.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q11 "Use non-estrogen prescription?".

Categories: Medical History: Medications

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Used female hormones/past year

In the past year, did you use any female hormones (ESTROGEN or PROGESTERONE [also called PROGESTIN] that were prescribed by a doctor?
(This may have been in the form of a pill, skin patch, shots, or vaginal cream or suppository.)

Variable # 37

Sas Name: HRPST1YR_7

Sas Label: Used female hormones/past year

Values		N	%
0	No	46,989	66.2%
1	Yes	22,941	32.3%
9	Don't know	414	0.6%
.	Missing	595	0.8%
		70,939	

Usage Notes: none

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Comb estr/progest pills/patch

In the past year, did you use female hormone PILLS or PATCHES prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill, patch, or package (for example, Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 38

Sas Name: EPPLPA_7

Sas Label: Comb estr/progest pills/patch

Values		N	%
0	No	18,285	25.8%
1	Yes	4,006	5.6%
9	Don't know	451	0.6%
.	Missing	48,197	67.9%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Months comb estr/progesterone

In the past year, how many months did you use COMBINED female hormone PILLS or PATCH which contained both ESTROGEN and PROGESTIN?

Variable # 39

Sas Name: EPDUR_7

Sas Label: Months comb estr/progesterone

Values		N	%
1	Less than 1 month	95	0.1%
2	1-6 months	991	1.4%
3	7-10 months	692	1.0%
4	11-12 months	2,095	3.0%
.	Missing	67,066	94.5%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q13 "Comb estr/progest pills/patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Which estr/progest combination

Which combination did you use the longest?

Variable # 40

Sas Name: EPTYPE_7

Sas Label: Which estr/progest combination

Values		N	%
1	Prempro	2,957	4.2%
2	CombiPatch	140	0.2%
3	Premphase	57	0.1%
8	Other (Specify):	555	0.8%
.	Missing	67,230	94.8%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q13 "Comb estr/progest pills/patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Combined estr/testost pills

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 41

Sas Name: ETPL_7

Sas Label: Combined estr/testost pills

Values		N	%
0	No	21,389	30.2%
1	Yes	855	1.2%
9	Don't know	502	0.7%
.	Missing	48,193	67.9%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Months used estr/testost pills

In the past year, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and TESTOSTERONE?

Variable # 42

Sas Name: ETDUR_7

Sas Label: Months used estr/testost pills

Values		N	%
1	Less than 1 month	44	0.1%
2	1-6 months	160	0.2%
3	7-10 months	111	0.2%
4	11-12 months	509	0.7%
.	Missing	70,115	98.8%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q14 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Estr/testost pill used longest

In the past year, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 43

Sas Name: ETTYPE_7

Sas Label: Estr/testost pill used longest

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q14 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Estratest	356	0.5%
2	Estratest HS	269	0.4%
8	Other (Specify):	109	0.2%
9	Don't know	52	0.1%
.	Missing	70,153	98.9%
		70,939	

F147 Estrogen pill,patch,cream,shot

In the past year, did you use any ESTROGEN pill, patch, cream or shots (other than the combination described in Qxs 13 and 14)?

Variable # 44

Sas Name: E_7

Sas Label: Estrogen pill,patch,cream,shot

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	5,192	7.3%
1	Yes	17,375	24.5%
9	Don't know	123	0.2%
.	Missing	48,249	68.0%
		70,939	

F147 Did you use any Estrogen pill

Did you use an estrogen pill?

Variable # 45

Sas Name: EPL_7

Sas Label: Did you use any Estrogen pill

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	3,362	4.7%
1	Yes	13,273	18.7%
.	Missing	54,304	76.6%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Months used estrogen pills

For how many months did you use the Estrogen pills?

Variable # 46

Sas Name: EPLDUR_7

Sas Label: Months used estrogen pills

Values		N	%
1	Less than 1 month	151	0.2%
2	1-6 months	1,663	2.3%
3	7-10 months	1,364	1.9%
4	11-12 months	9,777	13.8%
.	Missing	57,984	81.7%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
Sub-question of F147 V1 Q15.1 "Did you use any Estrogen pill".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Kind of estrogen pills

What kind did you take? (Mark the one used the longest if you used more than one kind.)

Variable # 47

Sas Name: EPLTYPE_7

Sas Label: Kind of estrogen pills

Values		N	%
1	Premarin or conjugated equine estrogens	9,660	13.6%
2	Estrace or estradiol	2,002	2.8%
3	Ogen or estropripate	598	0.8%
4	Estratab or esterified estrogens	120	0.2%
8	Other (Specify):	557	0.8%
9	Don't know	85	0.1%
.	Missing	57,917	81.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
Sub-question of F147 V1 Q15.1 "Did you use any Estrogen pill".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Did you use an estrogen patch?

Did you use an estrogen patch?

Variable # 48

Sas Name: EPCH_7

Sas Label: Did you use an estrogen patch?

Values		N	%
0	No	15,124	21.3%
1	Yes	1,499	2.1%
.	Missing	54,316	76.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
On forms 143-145 this variable reflects estrogen use with or without progesterone.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 How many months used patch?

For how many months did you use the patch?

Variable # 49

Sas Name: EPCHDUR_7

Sas Label: How many months used patch?

Values		N	%
1	Less than 1 month	59	0.1%
2	1-6 months	264	0.4%
3	7-10 months	150	0.2%
4	11-12 months	999	1.4%
.	Missing	69,467	97.9%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
Sub-question of F147 V1 Q15.4 "Did you use an estrogen patch?".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Did you use an estrogen cream?

Did you use an estrogen cream?

Variable # 50

Sas Name: ECRM_7

Sas Label: Did you use an estrogen cream?

Values		N	%
0	No	13,399	18.9%
1	Yes	3,253	4.6%
.	Missing	54,287	76.5%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 How many months used cream?

For how many months did you use the cream?

Variable # 51

Sas Name: ECRMDUR_7

Sas Label: How many months used cream?

Values		N	%
1	Less than 1 month	571	0.8%
2	1-6 months	892	1.3%
3	7-10 months	321	0.5%
4	11-12 months	1,431	2.0%
.	Missing	67,724	95.5%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
Sub-question of F147 V1 Q15.6 "Did you use an estrogen cream?".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Estrogen shots

Did you have estrogen shots?

Variable #	52
Sas Name:	ESHT_7
Sas Label:	Estrogen shots

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	16,489	23.2%
1	Yes	70	0.1%
.	Missing	54,380	76.7%
		70,939	

F147 Months took estrogen shots

For how many months did you have the shots?

Variable #	53
Sas Name:	ESHTDUR_7
Sas Label:	Months took estrogen shots

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q15 "Estrogen pill,patch,cream,shot".
Sub-question of F147 V1 Q15.8 "Estrogen shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	6	0.0%
2	1-6 months	13	0.0%
3	7-10 months	6	0.0%
4	11-12 months	40	0.1%
.	Missing	70,874	99.9%
		70,939	

F147 Progesterone pill, cream shot

In the past year, did you use any PROGESTERONE or PROGESTIN pill, cream, or shots (other than the combinations described in Quextion 13)?

Variable #	54
Sas Name:	P_7
Sas Label:	Progesterone pill, cream shot

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	18,190	25.6%
1	Yes	4,133	5.8%
9	Don't know	317	0.4%
.	Missing	48,299	68.1%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Progesterone pill or capsule

Did you use a progesterone or progestin pill or capsule?

Variable # 55

Sas Name: PPL_7

Sas Label: Progesterone pill or capsule

Values		N	%
0	No	386	0.5%
1	Yes	3,489	4.9%
.	Missing	67,064	94.5%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Months progesterone pill/ caps

For how many months did you use the pill or capsule?

Variable # 56

Sas Name: PPLDUR_7

Sas Label: Months progesterone pill/ caps

Values		N	%
1	Less than 1 month	74	0.1%
2	1-6 months	744	1.0%
3	7-10 months	529	0.7%
4	11-12 months	2,046	2.9%
.	Missing	67,546	95.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".
Sub-question of F147 V1 Q16.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Kind of progesterone

What kind did you take (Mark the one used the longest if you used more than one kind)?

Variable # 57

Sas Name: PPLTYPE_7

Sas Label: Kind of progesterone

Values		N	%
1	Provera,Cycrin,Amen,Medroxyprog estrone	2,651	3.7%
3	Prometrium	541	0.8%
8	Other (Specify):	131	0.2%
9	Don't know	65	0.1%
.	Missing	67,551	95.2%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".
Sub-question of F147 V1 Q16.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Progest pills days per month

How many days per month did you use it?

Variable # 58

Sas Name: PPLDAY_7

Sas Label: Progest pills days per month

Values		N	%
1	Less than 1 day	11	0.0%
2	1-9 days	158	0.2%
3	10-12 days	465	0.7%
4	13-18 days	204	0.3%
5	19-27 days	214	0.3%
6	28 or more days	2,047	2.9%
.	Missing	67,840	95.6%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".
Sub-question of F147 V1 Q16.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Progesterone/Progestin cream

Did you use a progesterone or progestin cream?

Variable # 59

Sas Name: PCRM_7

Sas Label: Progesterone/Progestin cream

Values		N	%
0	No	3,521	5.0%
1	Yes	425	0.6%
.	Missing	66,993	94.4%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Months used progesterone cream

For how many months did you use progesterone or progestin cream?

Variable # 60

Sas Name: PCRMDUR_7

Sas Label: Months used progesterone cream

Values		N	%
1	Less than 1 month	69	0.1%
2	1-6 months	148	0.2%
3	7-10 months	37	0.1%
4	11-12 months	168	0.2%
.	Missing	70,517	99.4%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".
Sub-question of F147 V1 Q16.5 "Progesterone/Progestin cream".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Have progesterone shots

Did you have progesterone or progestin shots?

Variable # 61

Sas Name: PSHT_7

Sas Label: Have progesterone shots

Values		N	%
0	No	3,908	5.5%
1	Yes	17	0.0%
.	Missing	67,014	94.5%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Months used progesterone shots

For how many months did you have progesterone or progestin shots

Variable # 62

Sas Name: PSHTDUR_7

Sas Label: Months used progesterone shots

Values		N	%
1	Less than 1 month	0	0.0%
2	1-6 months	5	0.0%
3	7-10 months	2	0.0%
4	11-12 months	9	0.0%
.	Missing	70,923	100.0%
		70,939	

Usage Notes: Sub-question of F147 V1 Q12 "Used female hormones/past year".
Sub-question of F147 V1 Q16 "Progesterone pill, cream shot".
Sub-question of F147 V1 Q16.7 "Have progesterone shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F147 Cataract(s)

Cataracts(s)

Variable # 63

Sas Name: CATARACT_7

Sas Label: Cataract(s)

Values		N	%
0	No	52,288	73.7%
1	Yes	17,163	24.2%
.	Missing	1,488	2.1%
		70,939	

Usage Notes: none

Categories: Medical History: Other Disease/Condition

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Macular degeneration of retina

Macular degeneration of the retina

Variable # 64

Sas Name: MACDEGNR_7

Sas Label: Macular degeneration of retina

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	64,966	91.6%
1	Yes	3,424	4.8%
.	Missing	2,549	3.6%
		70,939	

F147 Asthma

Asthma

Variable # 65

Sas Name: ASTHMA_7

Sas Label: Asthma

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	64,225	90.5%
1	Yes	4,012	5.7%
.	Missing	2,702	3.8%
		70,939	

F147 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 66

Sas Name: EMPHYSEM_7

Sas Label: Emphysema / chronic bronchitis

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	65,817	92.8%
1	Yes	2,378	3.4%
.	Missing	2,744	3.9%
		70,939	

F147 Heart Failure

Heart failure or congestive heart failure

Variable # 67

Sas Name: CHF_7

Sas Label: Heart Failure

Usage Notes: none

Categories: Medical History: Cardiovascular

Values		N	%
0	No	66,730	94.1%
1	Yes	1,405	2.0%
.	Missing	2,804	4.0%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Angina

Angina (chest pains from the heart)

Variable # 68

Sas Name: ANGINA_7

Sas Label: Angina

Values		N	%
0	No	66,149	93.2%
1	Yes	2,018	2.8%
.	Missing	2,772	3.9%
		70,939	

Usage Notes: none

Categories: Medical History: Cardiovascular

F147 Atrial fibrillation

Atrial fibrillation

Variable # 69

Sas Name: ATRIALFB_7

Sas Label: Atrial fibrillation

Values		N	%
0	No	65,286	92.0%
1	Yes	2,798	3.9%
.	Missing	2,855	4.0%
		70,939	

Usage Notes: none

Categories: Medical History: Cardiovascular

F147 Kidney or bladder stones

Kidney or bladder stones (renal or urinary calculi)

Variable # 70

Sas Name: KIDNEYST_7

Sas Label: Kidney or bladder stones

Values		N	%
0	No	67,424	95.0%
1	Yes	700	1.0%
.	Missing	2,815	4.0%
		70,939	

Usage Notes: none

Categories: Medical History: Other Disease/Condition

F147 Dialysis for kidney failure

Dialysis for kidney or renal failure

Variable # 71

Sas Name: KIDDIALY_7

Sas Label: Dialysis for kidney failure

Values		N	%
0	No	67,946	95.8%
1	Yes	131	0.2%
.	Missing	2,862	4.0%
		70,939	

Usage Notes: none

Categories: Medical History: Other Disease/Condition

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Stomach or duodenal ulcer

Stomach or duodenal ulcer

Variable #	72
Sas Name:	STOMULCR_7
Sas Label:	Stomach or duodenal ulcer

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	67,211	94.7%
1	Yes	888	1.3%
.	Missing	2,840	4.0%
		70,939	

F147 Diverticulitis

Diverticulitis

Variable #	73
Sas Name:	DIVERTIC_7
Sas Label:	Diverticulitis

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	63,799	89.9%
1	Yes	4,420	6.2%
.	Missing	2,720	3.8%
		70,939	

F147 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable #	74
Sas Name:	PANCREAT_7
Sas Label:	Pancreatitis

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	67,739	95.5%
1	Yes	253	0.4%
.	Missing	2,947	4.2%
		70,939	

F147 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable #	75
Sas Name:	LIVRDIS_7
Sas Label:	Liver disease

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	67,680	95.4%
1	Yes	304	0.4%
.	Missing	2,955	4.2%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Overactive thyroid

Overactive thyroid

Variable #	76			**Usage Notes:** none
Sas Name:	OVRTHY_7			
Sas Label:	Overactive thyroid			**Categories:** Medical History: Thyroid

Values		**N**	**%**
0	No	66,971	94.4%
1	Yes	903	1.3%
.	Missing	3,065	4.3%
		70,939	

F147 Underactive thyroid

Underactive thyroid

Variable #	77			**Usage Notes:** none
Sas Name:	UNDTHY_7			
Sas Label:	Underactive thyroid			**Categories:** Medical History: Thyroid

Values		**N**	**%**
0	No	60,991	86.0%
1	Yes	7,187	10.1%
.	Missing	2,761	3.9%
		70,939	

F147 Alzheimer's disease

Alzheimer's disease

Variable #	78			**Usage Notes:** none
Sas Name:	ALZHEIM_7			
Sas Label:	Alzheimer's disease			**Categories:** Medical History: Other Disease/Condition

Values		**N**	**%**
0	No	67,738	95.5%
1	Yes	322	0.5%
.	Missing	2,879	4.1%
		70,939	

F147 Multiple sclerosis

Multiple sclerosis

Variable #	79			**Usage Notes:** none
Sas Name:	MS_7			
Sas Label:	Multiple sclerosis			**Categories:** Medical History: Other Disease/Condition

Values		**N**	**%**
0	No	67,860	95.7%
1	Yes	166	0.2%
.	Missing	2,913	4.1%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Parkinson's disease

Parkinson's disease

Variable # 80

Sas Name: PARKINS_7

Sas Label: Parkinson's disease

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	67,642	95.4%
1	Yes	356	0.5%
.	Missing	2,941	4.1%
		70,939	

F147 ALS/Lou gehrig's disease

Amyotropic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

Variable # 81

Sas Name: ALS_7

Sas Label: ALS/Lou gehrig's disease

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	67,642	95.4%
1	Yes	76	0.1%
.	Missing	3,221	4.5%
		70,939	

F147 Ever diagnosed with breast cancer

Have you ever been diagnosed with breast cancer?

Variable # 82

Sas Name: BRCA_7

Sas Label: Ever diagnosed with breast cancer

Usage Notes: none

Categories: Medical History: Breast

Values		N	%
0	No	64,006	90.2%
1	Yes	6,294	8.9%
9	Don't know	113	0.2%
.	Missing	526	0.7%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Age decade at breast cancer diagnosis

At what age were you diagnosed?

Variable # 83

Sas Name: BRCAAGE_7

Sas Label: Age decade at breast cancer diagnosis

Usage Notes: Sub-question of F147 V1 Q18 "Ever diagnosed w/breast cancer".

Categories: Medical History: Breast

Values		N	%
0	1 to 9 years of age	0	0.0%
10	10 to 19 years of age	2	0.0%
20	20 to 29 years of age	20	0.0%
30	30 to 39 years of age	189	0.3%
40	40 to 49 years of age	811	1.1%
50	50 to 59 years of age	1,705	2.4%
60	60 to 69 years of age	2,005	2.8%
70	70 to 79 years of age	1,250	1.8%
80	80 to 89 years of age	148	0.2%
90	90 to 99 years of age	0	0.0%
.	Missing	64,809	91.4%
		70,939	

F147 Spouse/partner die

Did your spouse or partner die?

Variable # 84

Sas Name: SPOUSDIE_7

Sas Label: Spouse/partner die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	67,463	95.1%
1	Not too much	169	0.2%
2	Moderate/Medium	567	0.8%
3	Very much	1,611	2.3%
.	Missing	1,129	1.6%
		70,939	

F147 Spouse/partner ill

Did your spouse or partner have a serious illness?

Variable # 85

Sas Name: SPOUSILL_7

Sas Label: Spouse/partner ill

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	57,763	81.4%
1	Not too much	1,317	1.9%
2	Moderate/Medium	4,402	6.2%
3	Very much	5,523	7.8%
.	Missing	1,934	2.7%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Close friend/family die

Did a close friend or family member die or have a serious illness (other than your spouse or partner)?

Variable # 86

Sas Name: FRIENDIE_7

Sas Label: Close friend/family die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	41,776	58.9%
1	Not too much	4,192	5.9%
2	Moderate/Medium	12,554	17.7%
3	Very much	11,049	15.6%
.	Missing	1,368	1.9%
		70,939	

F147 Money problems

Did you have any major problems with money?

Variable # 87

Sas Name: MONPROB_7

Sas Label: Money problems

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	58,525	82.5%
1	Not too much	4,529	6.4%
2	Moderate/Medium	4,496	6.3%
3	Very much	2,412	3.4%
.	Missing	977	1.4%
		70,939	

F147 Divorce/break-up

Did you have a divorce or break-up with a spouse or partner?

Variable # 88

Sas Name: DIVORCE_7

Sas Label: Divorce/break-up

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	68,825	97.0%
1	Not too much	189	0.3%
2	Moderate/Medium	305	0.4%
3	Very much	471	0.7%
.	Missing	1,149	1.6%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Close friend/family divorce

Did a family member or close friend have a divorce or break-up?

Variable # 89

Sas Name: FRNDIV_7

Sas Label: Close friend/family divorce

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	62,255	87.8%
1	Not too much	2,247	3.2%
2	Moderate/Medium	2,932	4.1%
3	Very much	2,469	3.5%
.	Missing	1,036	1.5%
		70,939	

F147 Conflict with children

Did you have a major conflict with children or grandchildren?

Variable # 90

Sas Name: CHILCON_7

Sas Label: Conflict with children

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	61,043	86.0%
1	Not too much	2,338	3.3%
2	Moderate/Medium	3,279	4.6%
3	Very much	3,266	4.6%
.	Missing	1,013	1.4%
		70,939	

F147 Accident, disaster, etc.

Do you have any major accident, disasters, muggings, unwanted sexual experiences, robberies, or similar events?

Variable # 91

Sas Name: MAJACC_7

Sas Label: Accident, disaster, etc.

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	67,019	94.5%
1	Not too much	619	0.9%
2	Moderate/Medium	1,119	1.6%
3	Very much	1,246	1.8%
.	Missing	936	1.3%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Friend or family lose job/retire

Did you or a family member or close friend lose their job or retire?

Variable # 92

Sas Name: FRNJOB_7

Sas Label: Friend/family lose job/retire

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	56,229	79.3%
1	Not too much	5,917	8.3%
2	Moderate/Medium	4,679	6.6%
3	Very much	3,002	4.2%
.	Missing	1,112	1.6%
		70,939	

F147 Physically abused

Were you physically abused by being hit, slapped, pushed, shoved, punched, or threatened with a weapon by a family member or close friend?

Variable # 93

Sas Name: PHYAB_7

Sas Label: Physically abused

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	69,602	98.1%
1	Not too much	123	0.2%
2	Moderate/Medium	112	0.2%
3	Very much	184	0.3%
.	Missing	918	1.3%
		70,939	

F147 Verbally abused

Were you verbally abused by being made fun of, severely criticized, told you were a stupid or worthless person, or threatened with harm to yourself, you possessions, or your pets, by a family member or close friend?

Variable # 94

Sas Name: VERBAB_7

Sas Label: Verbally abused

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	65,653	92.5%
1	Not too much	1,326	1.9%
2	Moderate/Medium	1,452	2.0%
3	Very much	1,512	2.1%
.	Missing	996	1.4%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Pet die

Did a pet die?

Variable # 95

Sas Name: PETDIE_7

Sas Label: Pet die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	64,181	90.5%
1	Not too much	813	1.1%
2	Moderate/Medium	2,051	2.9%
3	Very much	2,638	3.7%
.	Missing	1,256	1.8%
		70,939	

F147 Helping sick/frail family

Are you now helping at least one sick, limited, or frail family member or friend on a regular basis?

Variable # 96

Sas Name: HLPSICK_7

Sas Label: Helping sick/frail family

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	50,456	71.1%
1	Yes	19,475	27.5%
.	Missing	1,008	1.4%
		70,939	

F147 How often helped friend/family

In the past 4 weeks, how often have you helped this friend or family member?

Variable # 97

Sas Name: HLPSICKT_7

Sas Label: How often helped friend/family

Usage Notes: Sub-question of F147 V1 Q20 "Helping sick/frail family".

Categories: Psychosocial/Behavioral

Values		N	%
1	Less than once a week	3,857	5.4%
2	1-2 times a week	6,220	8.8%
3	3-4 times a week	2,688	3.8%
4	5 or more times a week	6,558	9.2%
.	Missing	51,616	72.8%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Mother born in US

Was your mother born in the United States or outside of the United States?

Variable # 98

Sas Name: MOMUSBRN_7

Sas Label: Mother born in US

Usage Notes: none

Categories: Family

Values		N	%
1	In the US	54,028	76.2%
2	Outside the US	14,028	19.8%
.	Missing	2,883	4.1%
		70,939	

F147 Mother US birth region

What region?

Variable # 99

Sas Name: MOMUSREG_7

Sas Label: Mother US birth region

Usage Notes: Sub-question of F147 V1 Q21 "Mother born in US" (skip pattern rule not applied).

Categories: Family

Values		N	%
1	Northeast	17,316	24.4%
2	South	11,921	16.8%
3	Midwest	21,382	30.1%
4	West	5,051	7.1%
.	Missing	15,269	21.5%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Mother international birth region

Which area?

Variable # 100

Sas Name: MOMWORLD_7

Sas Label: Mother international birth region

Values		N	%
1	Canada	1,370	1.9%
2	Europe	6,958	9.8%
3	Eastern Europe	2,544	3.6%
4	Mid East/N. Africa	170	0.2%
5	Africa (not N. Africa)	24	0.0%
6	Caribbean/W. Indies	248	0.3%
7	Mexico	855	1.2%
8	Central/South America	353	0.5%
9	Cuba	119	0.2%
10	Puerto Rico	233	0.3%
11	China	300	0.4%
12	Japan	679	1.0%
13	SE Asia	198	0.3%
14	Australia/Oceania	70	0.1%
88	Other	586	0.8%
.	Missing	56,232	79.3%
		70,939	

Usage Notes: Sub-question of F147 V1 Q21.1 "US birth region" (skip pattern rule not applied).

Categories: Family

F147 Biological mother

Was this your biological (birth) mother?

Variable # 101

Sas Name: BIRTHMOM_7

Sas Label: Biological mother

Values		N	%
0	No	1,070	1.5%
1	Yes	68,955	97.2%
.	Missing	914	1.3%
		70,939	

Usage Notes: none

Categories: Family

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Father born in US

Was your father born in the United States or outside of the United States?

Variable # 102

Sas Name: DADUSBRN_7

Sas Label: Father born in US

Usage Notes: none

Categories: Family

Values		N	%
1	In the US	50,470	71.1%
2	Outside the US	16,227	22.9%
.	Missing	4,242	6.0%
		70,939	

F147 Father US birth region

Which region?

Variable # 103

Sas Name: DADUSREG_7

Sas Label: Father US birth region

Usage Notes: Sub-question of F147 V1 Q22 "Father born in US" (skip pattern rule not applied).

Categories: Family

Values		N	%
1	Northeast	16,086	22.7%
2	South	11,982	16.9%
3	Midwest	21,030	29.6%
4	West	4,171	5.9%
.	Missing	17,670	24.9%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

F147 Father international birth region

Which area?

Variable # 104

Sas Name: DADWORLD_7

Sas Label: Father international birth region

Usage Notes: Sub-question of F147 V1 Q22.1 "US birth region" (skip pattern rule not applied).

Categories: Family

Values		N	%
1	Canada	1,268	1.8%
2	Europe	8,537	12.0%
3	Eastern Europe	3,164	4.5%
4	Mid East or N. Africa	215	0.3%
5	Africa (not N. Africa)	31	0.0%
6	Caribbean or W. Indies	270	0.4%
7	Mexico	904	1.3%
8	Central/S America	325	0.5%
9	Cuba	101	0.1%
10	Puerto Rico	234	0.3%
11	China	344	0.5%
12	Japan	803	1.1%
13	SE Asia	218	0.3%
14	Australia/Oceania	59	0.1%
88	Other	679	1.0%
.	Missing	53,787	75.8%
		70,939	

F147 Biological father

Was this your biological (birth) father?

Variable # 105

Sas Name: BIRTHDAD_7

Sas Label: Biological father

Usage Notes: none

Categories: Family

Values		N	%
0	No	1,415	2.0%
1	Yes	69,032	97.3%
.	Missing	492	0.7%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

F147 Current marital status

What is your current marital status? (Mark the one that best describes you.)

Variable # 106

Sas Name: MARITAL_7

Sas Label: Current marital status

Usage Notes: none

Categories: Demographic

Values		N	%
1	Never married	3,135	4.4%
2	Divorced or separated	9,797	13.8%
3	Widowed	17,232	24.3%
4	Presently married	38,754	54.6%
5	Living in a marriage like relationship	1,661	2.3%
.	Missing	360	0.5%
		70,939	

Recreational phys activity per week

Computed from Form 147, questions 4, 5, 6, and 7. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 107

Sas Name: TEPIWK_7

Sas Label: Recreational phys activity per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	25	5.33395	4.25403

Recr. phys activity per week >= 20 Min

Computed from Form 147, questions 4, 4.1, 5, 5.1, 6, 6.1, 7, 7.1 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

Variable # 108

Sas Name: LEPITOT_7

Sas Label: Recr. phys activity per week >= 20 Min

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	25	4.23771	4.05687

Mod. to strenuous phys activity per week

Computed from Form 147, questions 6.2, 7.1, and 7.3. Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 109

Sas Name: MSEPIWK_7

Sas Label: Mod. to strenuous phys activity per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	19	2.87983	3.22465

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

Mod-stren activity > 20 min/week

Computed from Form 147, questions 4, 4.1, 4.2, 5.1, 5.2, 5.3 and 5.4. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 110   **Usage Notes:** none

Sas Name: XLMSEPI_7

Sas Label: Mod-stren activity > 20 min/week   **Categories:** Computed Variables
                                                                                   Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	19	2.41016	3.07773

Mod-stren activity >20 min/week (categ)

Computed from Form 147, questions 4, 4.1, 4.2, 5.1, 5.2, 5.3, and 5.4. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity). Computed from XLMSEPI and TEPIWK.

Variable # 111   **Usage Notes:** none

Sas Name: LMSEPI_7

Sas Label: Mod-stren activity >20 min/week (categ)   **Categories:** Computed Variables
                                                                                   Physical Activity

Values		N	%
1	No activity	11,256	15.9%
2	Some activity of limited duration	25,371	35.8%
3	2 to <4 episodes per week	14,251	20.1%
4	4 episodes per week	19,994	28.2%
.	Missing	67	0.1%
		70,939	

Strenuous activity episodes per week

Computed from Form 147, question 7.1. Episodes per week of strenuous recreational physical activity.

Variable # 112   **Usage Notes:** none

Sas Name: SEPIWK_7

Sas Label: Strenuous activity episodes per week   **Categories:** Computed Variables
                                                                                   Physical Activity

Values		N	%
0	0	47,462	66.9%
1	1	5,320	7.5%
2	2	6,413	9.0%
3	3	7,355	10.4%
4	4	2,137	3.0%
6	5 or more	2,185	3.1%
.	Missing	67	0.1%
		70,939	

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007   **Structure:** One row per participant   **Population:** OS participants

Minutes of recr. phys activity per week

Computed from Form 147, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 113

Sas Name: TMINWK_7

Sas Label: Minutes of recr. phys activity per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	1750	194.53797	189.62907

Minutes of mod-stren activity per week

Computed from Form 147, questions 6, 6.2, 7.1, and 7.3. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 114

Sas Name: MSMINWK_7

Sas Label: Minutes of mod-stren activity per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	1330	110.209	145.92848

Minutes of stren. phys activity per week

Computed from Form 147, questions 7.1 and 7.2. Minutes per week of strenuous recreational physical activity.

Variable # 115

Sas Name: SMINWK_7

Sas Label: Minutes of stren. phys activity per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	420	37.27043	73.78662

Total MET-hours per week

Computed from Form 147, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

Variable # 116

Sas Name: TEXPWK_7

Sas Label: Total MET-hours per week

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	142.33333	13.67694	14.57357

MET-hours per week from walking

Computed from Form 147, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 117

Sas Name: WALKEXP_7

Sas Label: MET-hours per week from walking

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	40.83333	4.16052	5.58945

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

Energy expend from avg walking

Computed from Form 147, questions 4, 4.1 and 4.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as ¿don¿t know¿ or was missing, the speed was assumed to be 2-3 mph.

Variable # 118   **Usage Notes:** none

Sas Name: AVWKEXP_7

Sas Label: Energy expend from avg walking   **Categories:**   Computed Variables
                                                                        Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	24.5	2.10146	3.91616

Energy expend from walking fairly fast

Computed from Form 147, questions 4, 4.1 and 4.2. Energy expenditure form walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 119   **Usage Notes:** none

Sas Name: FFWKEXP_7

Sas Label: Energy expend fr walking fairly fast   **Categories:**   Computed Variables
                                                                        Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	32.66667	1.61917	4.69075

Energy expend from walking very fast

Computed from Form 147, questions 4, 4.1, and 4.2. Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 120   **Usage Notes:** none

Sas Name: VFWKEXP_7

Sas Label: Energy expend from walking very fast   **Categories:**   Computed Variables
                                                                        Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	40.83333	.10705	1.58497

Energy expenditure from hard exercise

Computed from Form 147, questions 5.1 and 5.2. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 121   **Usage Notes:** none

Sas Name: HARDEXP_7

Sas Label: Energy expenditure from hard exercise **Categories:**   Computed Variables
                                                                        Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	49	4.34822	8.60844

Energy expenditure from mod. exercise

Computed from Form 147, questions 5.3 and 5.4. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 122   **Usage Notes:** none

Sas Name: MODEXP_7

Sas Label: Energy expend from moderate exercise   **Categories:**   Computed Variables
                                                                        Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	31.5	3.55249	5.58185

WHI Follow-Up Dataset

Form 147 - OS Questionnaire Year 7

Data File: f147_av7_os_pub   **File Date:** 07/26/2007 **Structure:** One row per participant   **Population:** OS participants

Energy expenditure from mild exercise

Computed from Form 147, questions 5.5 and 5.6. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

Variable # 123

Sas Name: MILDEXP_7

Sas Label: Energy expenditure from mild exercise

Usage Notes: none

Categories: Computed Variables
Physical Activity

N	Min	Max	Mean	Std Dev
70872	0	21	1.61572	3.42075

Estrogen use last year

Variable # 124

Sas Name: EST_7

Sas Label: Estrogen use last year

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	50,109	70.6%
1	Yes	18,702	26.4%
.	Missing	2,128	3.0%
		70,939	

Progesterone use last year

Variable # 125

Sas Name: PRG_7

Sas Label: Progesterone use last year

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	61,505	86.7%
1	Yes	7,276	10.3%
.	Missing	2,158	3.0%
		70,939	

Hormone use last year (estrog. or progest.)

Variable # 126

Sas Name: HRT_7

Sas Label: Hormone use last year (estrogen or progesterone)

Usage Notes: none

Categories: Computed Variables
Reproductive: Hormones

Values		N	%
0	No	49,813	70.2%
1	Yes	19,034	26.8%
.	Missing	2,092	2.9%
		70,939	