

US Food and Drug Administration — Total Diet Study — Market Baskets 1991-3 through 2005-4

Moisture - Summary of Results

TDS Food Description	TDS Food No.	Number of Results	Mean (%)	Std Dev (%)	Minimum (%)	Maximum (%)	Median (%)
Overall:		12,208	65.0	28.5	0	100	76
whole milk, fluid	1	47	88.4	1.0	87	92	88
lowfat (2% fat) milk, fluid	2	47	89.0	0.7	88	91	89
chocolate milk, fluid	3	47	82.3	1.5	79	88	82
skim milk, fluid	4	47	90.5	0.7	88	92	91
plain yogurt, lowfat	6	35	85.2	0.9	83	87	85
chocolate milk shake, fast-food	7	47	70.9	3.5	59	75	72
evaporated milk, canned	8	35	77.1	2.4	75	90	77
American, processed cheese	10	47	41.4	2.0	38	50	41
cottage cheese, 4% milkfat	11	35	79.0	0.9	75	80	79
cheddar cheese	12	47	37.7	1.2	36	42	38
ground beef, pan-cooked	13	47	54.7	2.4	50	60	55
beef chuck roast, baked	14	47	52.4	5.0	30	60	53
beef steak, loin, pan-cooked	16	35	54.8	4.2	47	69	55
ham, baked	17	47	69.6	2.7	63	74	70
pork chop, pan-cooked	18	47	52.9	5.6	38	64	54
pork sausage, pan-cooked	19	47	47.6	4.7	33	56	48
pork bacon, pan-cooked	20	47	18.1	6.1	3	29	19
pork roast, baked	21	47	59.4	5.0	48	67	60
lamb chop, pan-cooked	22	47	50.8	3.2	44	58	51
chicken, fried (breast, leg, and thigh)	24	35	54.1	3.7	47	61	54
turkey breast, roasted	26	47	65.7	3.1	57	72	66
liver, beef, fried	27	47	56.9	2.3	50	61	57
frankfurters, beef, boiled	28	47	53.9	2.7	49	61	53
bologna, sliced	29	47	53.4	1.8	50	59	53
salami, sliced	30	47	52.2	6.9	37	62	52
tuna, canned in oil	32	35	68.6	3.6	62	74	68
fish sticks, frozen, heated	34	47	49.3	4.1	35	55	50
eggs, scrambled	35	47	74.6	2.0	70	78	75
eggs, fried	36	35	66.9	2.4	60	71	67

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eggs, boiled	37	47	74.8	1.4	68	77	75
pinto beans, dry, boiled	38	47	64.7	2.2	60	69	64
pork and beans, canned	39	47	74.0	1.2	71	76	74
lima beans, immature, frozen, boiled	42	47	71.2	2.9	61	77	71
green peas, fresh/frozen, boiled	46	47	81.7	2.3	78	90	82
peanut butter, smooth	47	47	1.1	0.5	0	2	1
peanuts, dry roasted	48	47	1.3	1.0	0	5	1
white rice, cooked	50	47	61.0	16.1	19	79	69
oatmeal, quick (1-3 min), cooked	51	47	75.6	11.0	45	87	81
wheat cereal, farina, quick (1-3min),	52	47	79.1	10.0	49	92	83
corngrits, regular, cooked	53	47	74.8	13.2	43	91	81
corn, fresh/frozen, boiled	54	47	76.9	4.2	53	83	77
corn, canned	55	12	79.3	5.0	65	84	80
cream style corn, canned	56	35	81.2	1.6	76	84	81
popcorn, popped in oil	57	35	3.8	1.2	1	6	4
white bread	58	47	35.1	1.2	33	38	35
white roll	59	35	29.8	2.7	24	36	30
cornbread, homemade	60	47	39.1	7.0	23	61	38
biscuit, from refrigerated dough, baked	61	47	28.2	3.4	24	44	28
whole wheat bread	62	47	36.7	1.6	32	40	37
tortilla, flour	63	47	30.6	2.0	27	37	30
rye bread	64	47	35.7	1.6	32	39	35
blueberry muffin, commercial	65	48	43.1	8.1	26	58	43
saltine crackers	66	48	3.6	1.3	0	8	4
corn chips	67	47	2.5	1.8	0	8	2
pancake from mix	68	35	47.4	5.3	36	58	47
egg noodles, boiled	69	47	64.9	11.6	28	77	69
macaroni, boiled	70	35	68.1	8.3	40	76	71
corn flakes	71	47	4.0	1.6	1	7	4
fruit-flavored, sweetened cereal	72	47	2.4	1.1	0	6	2
shredded wheat cereal	73	47	6.3	1.8	2	13	6
raisin bran cereal	74	47	14.7	6.3	3	38	15
crisped rice cereal	75	47	3.4	1.2	1	6	3

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granola cereal	76	47	8.2	4.4	0	26	8
oat ring cereal	77	47	3.0	1.1	0	5	3
apple, red, raw	78	47	84.6	2.8	71	88	85
orange, raw	79	47	86.3	1.5	80	89	86
banana, raw	80	47	76.1	1.5	73	80	76
watermelon, raw	81	47	90.6	1.3	86	94	91
peach, raw	83	47	87.3	1.3	85	90	87
applesauce, bottled	84	47	83.9	2.5	81	95	84
pear, raw	85	47	85.0	1.5	80	87	85
strawberries, raw	86	46	88.6	3.5	77	93	90
fruit cocktail, canned in heavy syrup	87	47	82.8	2.0	79	88	82
grapes, red/green, seedless, raw	88	47	81.7	1.8	79	88	82
cantaloupe, raw	89	47	89.9	1.3	85	93	90
plums, raw	91	34	86.0	2.9	76	89	87
grapefruit, raw	92	47	87.6	2.8	74	90	88
pineapple, canned in juice	93	47	84.6	1.3	81	88	85
sweet cherries, raw	94	29	82.7	1.6	78	86	83
raisins, dried	95	47	16.4	4.5	8	27	15
prunes, dried	96	35	51.8	7.5	32	69	52
avocado, raw	97	47	74.0	4.0	66	86	73
orange juice, from frozen concentrate	98	47	87.9	1.6	87	97	88
apple juice, bottled	99	47	88.3	0.9	87	93	88
grapefruit juice, from frozen	100	47	88.8	0.7	87	90	89
prune juice, bottled	103	47	82.6	1.1	79	88	82
lemonade, from frozen concentrate	105	47	85.1	2.1	80	90	85
spinach, fresh/frozen, boiled	107	47	92.3	1.1	89	95	92
collards, fresh/frozen, boiled	108	47	90.6	2.1	83	94	91
iceberg lettuce, raw	109	47	94.6	1.1	92	96	95
cabbage, fresh, boiled	110	47	93.0	2.1	85	95	94
coleslaw with dressing, homemade	111	35	72.6	4.8	63	83	73
sauerkraut, canned	112	35	90.6	1.7	86	93	91
broccoli, fresh/frozen, boiled	113	47	92.0	1.1	89	94	92
celery, raw	114	47	93.8	2.2	84	96	94

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asparagus, fresh/frozen, boiled	115	47	93.1	0.8	91	94	93
cauliflower, fresh/frozen, boiled	116	47	93.6	0.9	90	95	94
tomato, red, raw	117	47	94.0	0.8	92	95	94
tomato sauce, plain, bottled	119	47	89.8	1.4	82	92	90
green beans, fresh/frozen, boiled	121	47	91.1	1.5	88	94	91
beans, snap green, canned	122	12	92.6	0.7	91	93	93
cucumber, raw	123	47	95.2	1.9	88	97	96
summer squash, fresh/frozen, boiled	124	47	92.8	7.0	47	96	94
green pepper, raw	125	47	89.6	5.5	74	94	93
winter squash, fresh/frozen, baked, mashed	126	47	87.9	2.9	78	93	88
onion, mature, raw	128	47	88.7	2.1	81	92	89
beets, canned	131	12	89.2	1.9	86	92	90
radish, raw	132	35	93.6	4.6	69	96	95
French fries, frozen, heated	134	35	63.3	4.4	51	69	64
mashed potatoes, from flakes	135	35	77.7	2.4	74	85	78
white potato, boiled without skin	136	47	81.6	2.3	69	84	82
white potato, baked with skin	137	47	77.3	2.1	72	83	78
potato chips	138	47	2.7	2.4	0	12	2
scalloped potatoes, homemade	139	35	77.6	1.9	72	81	78
sweet potato, fresh, baked	140	35	75.3	4.0	67	81	76
spaghetti with tomato sauce and meatballs, homemade	142	47	73.3	3.5	66	82	74
beef stew with potatoes, carrots, and onion, homemade	143	35	75.3	3.6	69	82	75
chili con carne, beef and beans, canned	145	12	73.7	2.1	71	77	73
macaroni and cheese, from box mix	146	47	65.8	3.5	54	74	67
quarter-pound hamburger on bun, fast-food	147	47	50.9	2.5	46	56	51
meatloaf, homemade	148	47	56.8	4.2	41	62	58
spaghetti with tomato sauce, canned	149	35	80.2	0.7	79	81	80
lasagna with meat, homemade	151	35	68.9	2.0	64	72	69
chicken potpie, frozen, heated	152	47	59.6	3.2	52	67	60

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chicken noodle soup, canned, condensed, prepared with water	155	47	92.0	2.4	82	96	92
tomato soup, canned, condensed, prepared with water	156	47	89.3	1.3	85	92	89
vegetable beef soup, canned, condensed, prepared with water	157	47	90.6	1.9	85	95	91
white sauce, homemade	160	35	73.0	4.0	66	79	74
dill cucumber pickles	161	47	93.6	0.9	90	95	94
margarine, stick, regular (salted)	162	47	20.4	4.8	15	34	18
butter, regular (salted)	164	47	17.0	0.7	16	19	17
mayonnaise, regular, bottled	166	47	17.0	2.5	15	31	17
half & half cream	167	47	80.7	2.3	69	83	81
cream substitute, frozen	168	47	76.3	4.6	63	85	77
white sugar, granulated	169	47	0.2	0.4	0	1	0
pancake syrup	170	47	37.0	5.4	27	56	37
honey	172	47	25.4	10.6	14	55	21
tomato catsup	173	47	71.1	3.3	66	77	71
chocolate pudding, from instant mix	175	35	71.2	1.9	68	75	71
vanilla flavored light ice cream	177	47	64.9	2.0	60	73	65
chocolate cake with chocolate icing, commercial	178	47	29.8	7.9	18	50	29
yellow cake with white icing, prepared from cake and icing mixes	179	35	38.1	6.2	24	49	38
sweet roll/Danish, commercial	182	47	37.6	9.4	20	63	35
chocolate chip cookies, commercial	183	47	6.6	5.0	0	30	5
sandwich cookies with creme filling, commercial	184	47	2.4	2.4	0	11	2
apple pie, fresh/frozen, commercial	185	47	50.7	7.0	13	65	50
pumpkin pie, fresh/frozen, commercial	186	47	53.4	3.3	48	63	53
milk chocolate candy bar, plain	187	47	0.8	2.3	0	16	0
caramel candy	188	35	0.8	1.5	0	6	0
gelatin dessert, any flavor	190	47	83.5	2.4	73	87	84
cola carbonated beverage	191	47	88.9	2.0	80	99	89

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fruit drink, from powder	193	47	89.7	2.1	84	99	90
low-calorie cola carbonated beverage	194	47	99.7	1.5	90	100	100
coffee, decaffeinated, from instant	196	35	98.8	0.8	96	100	99
tea, from tea bag	197	47	99.9	0.3	99	100	100
beer	198	47	96.4	0.6	96	98	96
dry table wine	199	47	96.4	1.1	93	100	96
whiskey	200	35	100.0	0.2	99	100	100
tap water	201	28	100.0	0	100	100	100
milk-based infant formula, high iron, ready-to-feed	202	47	86.9	1.6	79	90	87
milk-based infant formula, low iron, ready-to-feed	203	47	86.9	1.3	82	89	87
beef, strained/junior	205	47	80.0	2.0	71	84	80
chicken, strained/junior, with/without broth or gravy	207	47	79.0	2.0	75	84	79
chicken/turkey with vegetables, high/lean meat, strained/junior	208	2	86.5	0.7	86	87	86.5
beef with vegetables, high/lean meat, strained/junior	209	2	84.5	0.7	84	85	84.5
ham with vegetables, high/lean meat, strained/junior	210	2	83.0	0	83	83	83
vegetables and beef, strained/junior	211	47	85.6	1.1	82	88	86
vegetables and chicken, strained/junior	212	47	87.1	0.9	84	89	87
vegetables and ham, strained/junior	213	46	86.7	1.2	84	90	87
chicken noodle dinner, strained/junior	214	47	85.9	2.9	68	89	86
macaroni, tomatoes, and beef, strained/junior	215	47	84.2	3.1	67	87	85
turkey and rice, strained/junior	216	47	86.4	2.5	73	90	87
carrots, strained/junior	218	47	91.6	1.3	86	94	92
green beans, strained/junior	219	47	91.6	1.5	84	94	92
mixed vegetables, strained/junior	220	47	89.9	1.0	87	92	90
sweet potatoes, strained/junior	221	47	84.6	1.0	82	86	85
creamed corn, strained/junior	222	29	85.2	0.8	84	87	85

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peas, strained/junior	223	47	87.8	1.0	84	89	88
creamed spinach, strained/junior	224	35	87.9	0.7	86	89	88
applesauce, strained/junior	225	47	87.4	0.7	86	89	87
peaches, strained/junior	226	47	84.3	1.2	82	87	84
pears, strained/junior	227	47	85.1	1.7	79	87	86
apple juice, strained	230	47	88.0	0.8	86	89	88
orange juice, strained	231	46	87.6	0.5	86	88	88
custard pudding, strained/junior	232	47	79.1	0.9	77	81	79
fruit dessert/pudding, strained/junior	233	47	81.8	1.8	78	85	82
fruit-flavored yogurt, lowfat (fruit	235	47	77.3	2.4	73	86	77
Swiss cheese	236	47	38.1	1.1	36	42	38
cream cheese	237	47	55.2	1.7	53	62	55
veal cutlet, pan-cooked	238	35	54.0	4.3	46	64	54
ham luncheon meat, sliced	239	47	71.9	2.2	66	76	72
chicken breast, roasted	240	47	61.2	4.2	50	70	62
chicken nuggets, fast-food	241	47	45.4	3.0	35	53	45
chicken, fried (breast, leg, and thigh), fast-food	242	35	50.5	2.7	46	57	50
haddock, pan-cooked	243	17	64.1	4.3	58	72	64
shrimp, boiled	244	47	77.6	2.7	72	84	77
kidney beans, dry, boiled	245	35	66.3	3.7	54	72	67
peas, mature, dry, boiled	246	35	65.7	3.1	59	72	66
mixed nuts, no peanuts, dry roasted	247	35	2.8	1.6	0	8	3
cracked wheat bread	248	47	33.9	1.4	32	37	34
bagel, plain	249	47	31.0	2.3	26	36	32
English muffin, plain, toasted	250	47	33.8	4.0	27	43	34
graham crackers	251	47	2.9	1.8	0	7	3
butter-type crackers	252	47	2.7	1.1	0	5	3
apricot, raw	253	30	87.4	2.2	77	89	88
peach, canned in light/medium syrup	254	47	86.3	1.7	82	89	86
pear, canned in light syrup	255	47	86.3	1.3	84	89	86
pineapple juice, from frozen	256	47	86.6	0.8	85	89	87
grape juice, from frozen concentrate	257	47	84.6	1.4	81	88	85

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French fries, fast-food	258	47	36.1	6.7	25	69	35
carrot, fresh, boiled	259	47	89.5	1.1	87	92	90
tomato, stewed, canned	260	35	90.1	3.4	71	92	91
tomato juice, bottled	261	47	93.3	0.7	90	95	93
beets, fresh/frozen, boiled	262	35	88.1	2.2	83	91	89
Brussels sprouts, fresh/frozen, boiled	263	47	87.0	1.6	84	94	87
mushrooms, raw	264	47	93.7	0.9	91	96	94
eggplant, fresh, boiled	265	47	93.8	1.5	87	96	94
turnip, fresh/frozen, boiled	266	47	92.0	1.2	88	94	92
okra, fresh/frozen, boiled	267	47	88.3	5.2	65	93	90
mixed vegetables, frozen, boiled	268	47	83.3	2.1	73	86	83
beef stroganoff, homemade	269	47	70.2	2.8	62	75	70
green peppers stuffed with beef and rice, homemade	270	35	78.7	3.9	67	92	79
chili con carne with beans, homemade	271	35	73.9	4.0	67	81	73
tuna noodle casserole, homemade	272	47	70.5	2.2	65	77	70
Salisbury steak with gravy, potatoes, and vegetable, frozen meal, heated	273	35	72.7	1.9	69	78	73
turkey with gravy, dressing, potatoes, and vegetable, frozen meal, heated	274	35	74.3	1.6	71	77	74
quarter-pound cheeseburger on bun, fast-food	275	47	49.5	2.4	44	55	49
fish sandwich on bun, fast-food	276	47	49.1	4.0	41	61	49
frankfurter on bun, fast-food	277	35	46.0	4.7	35	56	46
egg, cheese, and ham on English muffin, fast-food	278	47	54.1	2.3	50	62	54
taco/tostada, from Mexican carry-out	279	47	56.6	3.1	50	63	56
cheese pizza, regular crust, from pizza carry-out	280	35	41.9	5.5	34	60	41
cheese and pepperoni pizza, regular crust, from pizza carry-out	281	47	41.8	4.8	32	59	41
beef chow mein, from Chinese carry-	282	35	76.5	5.6	67	87	75

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bean with bacon/pork soup, canned, condensed, prepared with water	283	47	82.8	2.3	79	89	83
mushroom soup, canned, condensed, prepared with whole milk	284	35	86.1	2.1	78	91	86
clam chowder, New England, canned, condensed, prepared with whole milk	285	47	85.2	1.1	83	87	85
vanilla ice cream	286	47	61.7	1.5	58	65	62
fruit flavor sherbet	287	47	67.0	1.6	64	71	67
popsicle, any flavor	288	47	80.8	1.4	77	84	81
chocolate snack cake with chocolate	289	35	31.6	7.4	19	49	32
cake doughnuts with icing, any flavor, from doughnut store	290	48	30.0	8.1	17	54	28.5
brownies, commercial	291	47	27.8	11.8	8	51	25
sugar cookies, commercial	292	47	6.4	3.3	0	20	6
suckers, any flavor	293	47	5.3	6.8	0	28	3
pretzels, hard, salted, any shape	294	47	3.9	1.2	0	7	4
chocolate syrup dessert topping	295	47	38.1	7.1	23	55	37
jelly, any flavor	296	47	39.6	5.4	28	52	39
sweet cucumber pickles	297	35	74.4	2.5	70	80	74
yellow mustard	298	47	82.5	0.7	81	84	82
black olives	299	47	82.7	2.2	70	86	83
sour cream	300	47	73.3	1.2	70	77	73
brown gravy, homemade	301	34	79.6	8.3	51	90	80.5
French salad dressing, regular	302	35	43.1	4.3	33	50	44
Italian salad dressing, low-calorie	303	35	83.0	5.8	62	90	85
olive/safflower oil	304	36	0.5	0.8	0	4	0
coffee, from ground	305	47	99.6	0.5	99	100	100
fruit-flavored carbonated beverage	306	47	87.5	1.3	86	93	87
fruit drink, canned	307	47	87.3	1.5	78	88	88
martini	308	25	99.7	0.5	99	100	100
soy-based infant formula, ready-to-	309	47	86.9	1.0	83	90	87
egg yolk, strained/junior	310	9	71.6	0.7	71	73	71

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rice infant cereal, instant, prepared with whole milk	311	35	72.3	3.7	66	82	72
rice cereal, strained/junior	312	17	80.9	1.2	78	83	81
bananas with tapioca, strained/junior	313	47	80.6	1.7	77	86	81
beets, strained/junior	314	12	87.8	2.2	81	90	88
split peas with vegetables and ham/bacon, strained/junior	316	23	85.9	1.0	84	87	86
teething biscuits	317	47	6.6	3.0	0	17	7
salmon, steaks or filets, fresh or frozen, baked	318	30	62.9	3.0	58	70	62.5
rice cereal with apple, strained/junior	319	16	80.6	1.9	78	84	80.5
squash, strained/junior	320	46	90.8	1.1	88	93	91
BF, cereal, oatmeal, dry, prep w/ water	323	12	77.4	4.3	66	83	79
BF, cereal, rice, dry, prep w/ water	324	12	72.8	5.1	66	82	72
BF, cereal, rice w/apples, dry, prep w/ water	325	12	73.3	8.9	50	81	77
BF, veal and broth/gravy	326	11	82.4	2.5	79	88	83
BF, lamb and broth/gravy	327	12	80.5	1.8	78	84	80
BF, turkey and broth/gravy	328	12	80.2	1.3	78	83	80
Meal replacement, liquid RTD, any	331	12	76.0	2.4	72	81	76.5
Cottage cheese, creamed, lowfat (2% milk fat)	332	12	80.9	0.9	79	82	81
Sour cream dip, any flavor	333	12	69.1	4.4	59	73	70.5
Beef steak, loin/sirloin, broiled	334	12	56.9	2.9	53	63	56.5
Luncheon meat (chicken/turkey)	335	12	72.1	4.2	61	76	73
Chicken breast, fried, fast-food (w/ skin removed)	336	12	56.6	1.5	54	58	57
Chicken thigh, oven-roasted (skin removed)	337	12	61.8	3.5	55	67	61.5
Chicken leg, fried, fast-food (w/ skin)	338	12	56.1	2.6	52	60	56.5
Catfish, pan-cooked w/ oil	339	12	69.4	1.9	66	74	69
Tuna, canned in water, drained	340	12	76.9	1.9	74	80	76.5
Refried beans, canned	341	12	75.4	1.4	73	77	75.5
White beans, dry, boiled	342	12	62.3	2.6	59	67	62

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Sunflower seeds (shelled), roasted,	343	12	1.0	0	1	1	1
Pancakes, frozen, heated	344	12	41.8	7.6	35	62	40.5
Breakfast tart/toaster pastry	345	12	14.5	2.5	11	20	14.5
Macaroni salad, from grocery/deli	346	12	60.9	2.5	56	65	61
Spaghetti, enriched, boiled	347	12	54.7	7.8	38	64	56
Apricots, canned in heavy/light syrup	348	12	80.8	1.1	79	83	80.5
Fruit juice blend (100% juice), canned/bottled	350	12	86.2	0.7	85	87	86
Cranberry juice cocktail,	351	12	86.3	0.9	86	89	86
Orange juice, bottled/carton	352	12	88.2	0.6	88	90	88
Potato salad, mayonnaise-type, from grocery/deli	353	12	71.0	1.5	69	74	71
Potato, mashed, prepared from fresh	354	12	77.5	1.1	75	79	77.5
Coleslaw, mayonnaise-type, from grocery/deli	355	12	73.7	3.4	67	80	73
Carrot, baby, raw	356	12	81.5	3.7	74	87	83
Lettuce, leaf, raw	357	12	91.9	1.2	90	94	92
Sweet potatoes, canned	358	12	77.6	1.2	76	81	77
Tomato salsa, bottled	359	12	88.4	1.3	85	90	89
Beef and vegetable stew, canned	360	12	82.8	1.7	79	85	83
Lasagna w/ meat, frozen, heated	361	12	71.0	1.8	67	73	71.5
Beef w/ vegetables in sauce, from Chinese carry-out	362	12	76.8	3.4	70	83	78
Chicken w/ vegetables in sauce, from Chinese carry-out	363	12	77.3	4.0	69	83	78.5
Fried rice, meatless, from Chinese carry-out	364	12	61.8	4.5	54	69	62
Burrito w/ beef, beans and cheese, from Mexican carry-out	365	12	56.0	2.1	54	60	55.5
Chicken filet (broiled) sandwich on bun, fast-food	366	12	57.9	2.0	55	61	58
Soup, Oriental noodles (ramen noodles), prep w/ water	367	12	83.3	1.6	81	86	84

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Pudding, ready-to-eat, flavor other than chocolate	368	12	75.1	2.3	72	81	75
Cake, yellow w/ icing	369	12	41.7	4.2	31	47	42
Granola bar, w/ raisins	370	12	39.2	14.9	18	68	41.5
Candy bar, chocolate, nougat, and nuts	371	12	18.3	12.2	6	36	12.5
Popcorn, microwave, butter-flavored	372	12	4.3	1.1	3	6	4
Sweet & sour sauce	373	12	70.8	3.5	64	75	72
Brown gravy, canned or bottled	374	12	89.3	0.6	88	90	89
Salad dressing, creamy/buttermilk type, regular	375	12	42.8	4.1	36	50	43.5
Salad dressing, creamy/buttermilk type, low-calorie	376	12	63.3	3.8	56	68	63
Salad dressing, Italian, regular	377	12	41.2	23.8	6	63	53
Olive oil	378	12	2.6	5.8	0	21	1
Vegetable oil	379	12	1.0	0.5	0	2	1
Bottled drinking water (mineral/spring), not carbonated or	380	12	98.5	4.6	84	100	100
Decaffeinated coffee, from ground	381	12	99.8	0.389	99	100	100
Decaffeinated tea, from tea bag	382	12	99.9	0.289	99	100	100

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Moisture - Summary of Results (Add-On)

TDS Food Description	TDS Food No.	Number of Results	Mean (%)	Std Dev (%)	Minimum (%)	Maximum (%)	Median (%)
Overall:		1,190	77.4	22.3	0	98	84
cereal, dry, barley	700	47	79.8	4.5	63	92	81
cereal, dry, mixed	701	47	78.1	7.0	61	92	81
juice, apple-banana, st	703	47	87.0	0.7	85	88	87
juice, apple-cherry, st	704	47	87.6	0.6	86	89	88
juice, apple-grape, st	705	47	87.6	0.6	86	88	88
juice, apple-peach, st/jr	706	16	88.4	0.7	87	89	88.5
juice, apple-plum	708	12	87.8	0.4	87	88	88
juice, apple-prune, st	709	28	86.6	1.7	78	88	87
juice, mixed fruit, st	710	47	87.2	1.0	84	88	87
juice, pear, st	711	47	87.7	0.6	86	89	88
juice, grape, st	712	47	84.1	0.8	82	86	84
fruits, pears & pineapple, st/jr	713	47	86.0	0.8	85	88	86
fruits, plums,	714	46	83.0	2.3	79	88	82.5
fruits, bananas & pineapple, st/jr	715	44	83.0	2.9	78	88	83
fruits, apples/applesauce w/apricots, st/j	716	37	86.8	0.9	85	89	87
fruits, apricots w/tapioca, st/jr	717	47	81.6	2.4	77	87	82
squash, strained/junior (changed to #320)	718	16	90.4	1.3	89	93	90.5
dessert, banana, apple, st/jr	719	47	82.2	5.2	62	91	83
dessert, peach cobbler, st/jr	720	47	81.6	2.5	67	84	82
dessert, yogurt w/fruit, st/jr	721	47	80.4	1.7	75	83	81
Dutch apple/apple betty, st/jr	722	47	81.3	1.5	75	84	81
arrowroot cookies	723	47	3.0	1.9	0	8	3
zwieback toast	724	47	5.5	2.1	0	9	6
BF, cereal, oatmeal w/ fruit, prep w/ wa	725	12	79.0	5.7	67	85	81.5
BF, chicken w/ rice	726	12	85.8	1.0	84	87	86
BF, beef and noodles/beef stroganoff	727	12	82.9	2.2	78	85	83.5
BF, vegetables and turkey	728	12	86.2	0.9	84	87	86
BF, macaroni and cheese	729	12	85.6	1.0	83	87	86
BF. apples with berries	730	12	86.7	0.7	86	88	87

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BF, apples w/fruit other than berries	731	11	83.9	7.4	62	87	86
peas, green, canned	800	6	82.7	0.8	82	84	82.5
apple juice, canned	801	6	87.0	4.5	78	90	88.5
spinach, canned	802	6	91.8	1.0	90	93	92
tomatoes, canned	803	6	93.3	0.8	92	94	93.5
mushrooms, canned	804	6	92.2	0.8	91	93	92
beef bouillon, canned	805	6	96.7	1.0	95	98	97
corn, canned	806	6	79.5	1.0	78	81	79.5
grape juice, canned	807	6	84.2	0.8	83	85	84
tomato juice, canned	808	6	93.7	0.5	93	94	94
beans, snap green, canned	809	6	93.2	0.4	93	94	93
beets, canned	810	6	90.2	1.0	89	92	90
applesauce, canned	811	6	83.3	1.0	82	85	83
pineapple juice, canned	812	6	87.0	0.6	86	88	87
tomato sauce, canned	813	6	89.5	0.5	89	90	89.5
vegetables, mixed, canned	814	6	88.0	0.6	87	89	88
chile con carne, beef & bean, canned	815	6	71.2	1.9	68	73	71.5
milk-based infant formula, low iron, rea	816	6	87.3	0.5	87	88	87
milk-based infant formula, low iron, cor	817	6	80.2	5.0	76	87	78
soy-based infant formula, ready-to-feed	818	6	87.2	0.8	86	88	87
soy-based infant formula, concentrate, c	819	6	79.8	5.3	75	87	77.5
ham spread, canned	820	6	53.3	1.5	52	56	53
chocolate syrup, canned	821	6	40.8	3.9	35	47	40.5
baked beans, canned	822	6	68.8	1.3	67	71	69
sloppy joes & beef, canned	823	6	79.2	5.2	70	83	82
Vienna sausage, canned	824	6	64.3	2.0	61	66	65
sardines, canned	825	6	62.5	7.0	54	72	63