WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

Participant ID

Variable # 1

Sas Name: ID

Sas Label: Participant ID

Usage Notes: none

Categories: Study: Administration

F37 Days since randomization/enrollment

Variable # 2

Sas Name: F37DAYS

Sas Label: F37 Days since randomization/enrollment

Usage Notes: none

Categories: Study: Administration

N	Min	Max	Mean	Std Dev
93668	-867	949	-25.91629	40.7704

F37 To listen to you

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk.

Variable # 3

Sas Name: LISTEN

Sas Label: Someone to listen when need to talk

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	1,541	1.6%
2	A little of the time	5,885	6.3%
3	Some of the time	12,962	13.8%
4	Most of the time	34,870	37.2%
5	All of the time	37,905	40.5%
.	Missing	505	0.5%
		93,668	

F37 Someone to give you good advice

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to give you good advice about a problem

Variable # 4

Sas Name: GOODADVC

Sas Label: Someone to give good advice

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	2,992	3.2%
2	A little of the time	7,649	8.2%
3	Some of the time	17,581	18.8%
4	Most of the time	35,337	37.7%
5	All of the time	29,418	31.4%
.	Missing	691	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Someone to take you to the doctor

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it

Variable # 5

Sas Name: TAKEDR

Sas Label: Someone can take to the doctor

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	4,041	4.3%
2	A little of the time	5,155	5.5%
3	Some of the time	7,262	7.8%
4	Most of the time	21,734	23.2%
5	All of the time	54,655	58.3%
.	Missing	821	0.9%
		93,668	

F37 Someone to have a good time with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with

Variable # 6

Sas Name: GOODTIME

Sas Label: Someone to have a good time with

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	1,372	1.5%
2	A little of the time	5,366	5.7%
3	Some of the time	16,508	17.6%
4	Most of the time	33,286	35.5%
5	All of the time	36,262	38.7%
.	Missing	874	0.9%
		93,668	

F37 Someone to help you understand problem

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help you understand a problem when you need it

Variable # 7

Sas Name: HLPPROB

Sas Label: Someone to help understand a problem

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	2,469	2.6%
2	A little of the time	6,697	7.1%
3	Some of the time	15,676	16.7%
4	Most of the time	35,669	38.1%
5	All of the time	32,375	34.6%
.	Missing	782	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Someone to help with daily chores

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick

Variable # 8   **Usage Notes:** none

Sas Name: HLPCHORS

Sas Label: Someone to help with daily chores   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None of the time	8,301	8.9%
2	A little of the time	11,441	12.2%
3	Some of the time	15,125	16.1%
4	Most of the time	23,321	24.9%
5	All of the time	34,742	37.1%
.	Missing	738	0.8%
		93,668	

F37 Someone to share your private worries

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears

Variable # 9   **Usage Notes:** none

Sas Name: SHARE

Sas Label: Someone to share private worries/fears   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None of the time	6,481	6.9%
2	A little of the time	9,974	10.6%
3	Some of the time	14,332	15.3%
4	Most of the time	27,317	29.2%
5	All of the time	34,780	37.1%
.	Missing	784	0.8%
		93,668	

F37 Someone to do something fun with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to do something fun with

Variable # 10   **Usage Notes:** none

Sas Name: FUN

Sas Label: Someone to do something fun with   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None of the time	1,606	1.7%
2	A little of the time	6,393	6.8%
3	Some of the time	17,489	18.7%
4	Most of the time	33,353	35.6%
5	All of the time	34,113	36.4%
.	Missing	714	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Someone to love you

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to love you and make you feel wanted

Variable # 11

Sas Name: LOVE

Sas Label: Someone to love you/make you feel wanted

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	3,680	3.9%
2	A little of the time	6,725	7.2%
3	Some of the time	11,282	12.0%
4	Most of the time	23,021	24.6%
5	All of the time	48,117	51.4%
.	Missing	843	0.9%
		93,668	

F37 Live alone

Who lives with you? (Mark one oval for each item.) I live alone.

Variable # 12

Sas Name: LIVALN

Sas Label: Live alone

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	57,001	60.9%
1	Yes	25,879	27.6%
.	Missing	10,788	11.5%
		93,668	

F37 Live with husband or partner

Who lives with you? (Mark one oval for each item.) I live with my husband or partner.

Variable # 13

Sas Name: LIVPRT

Sas Label: Live with husband/partner

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	27,879	29.8%
1	Yes	57,641	61.5%
.	Missing	8,148	8.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Live with children

Who lives with you? (Mark one oval for each item.) I live with my children.

Variable # 14

Sas Name: LIVCHLD

Sas Label: Live with children

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	68,177	72.8%
1	Yes	9,965	10.6%
.	Missing	15,526	16.6%
		93,668	

F37 Live with brother or sister

Who lives with you? (Mark one oval for each item.) I live with my brother and/or sister.

Variable # 15

Sas Name: LIVSIBL

Sas Label: Live with brother/sister

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	75,853	81.0%
1	Yes	968	1.0%
.	Missing	16,847	18.0%
		93,668	

F37 Live with other relative

Who lives with you? (Mark one oval for each item.) I live with other relatives.

Variable # 16

Sas Name: LIVREL

Sas Label: Live with relatives

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	74,646	79.7%
1	Yes	2,221	2.4%
.	Missing	16,801	17.9%
		93,668	

F37 Live with friends

Who lives with you? (Mark one oval for each item.) I live with friends.

Variable # 17

Sas Name: LIVFRNDS

Sas Label: Live with friends

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	75,751	80.9%
1	Yes	961	1.0%
.	Missing	16,956	18.1%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Others that live with you

Who lives with you? (Mark one oval for each item.) Other

Variable # 18

Sas Name: LIVOTH

Sas Label: Live with other than listed

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	58,516	62.5%
1	Yes	5,868	6.3%
.	Missing	29,284	31.3%
		93,668	

F37 Do you have a pet

Do you have a pet?

Variable # 19

Sas Name: PET

Sas Label: Have a pet

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	56,360	60.2%
1	Yes	36,385	38.8%
.	Missing	923	1.0%
		93,668	

F37 Dog

What kind of pet do you have? (Mark all that apply.) Dog.

Variable # 20

Sas Name: DOG

Sas Label: Dog

Usage Notes: Sub-question of F37 V6 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	15,190	16.2%
1	Yes	21,108	22.5%
.	Missing	57,370	61.2%
		93,668	

F37 Cat

What kind of pet do you have? (Mark all that apply.) Cat.

Variable # 21

Sas Name: CAT

Sas Label: Cat

Usage Notes: Sub-question of F37 V6 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	16,467	17.6%
1	Yes	19,831	21.2%
.	Missing	57,370	61.2%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Bird

What kind of pet do you have? (Mark all that apply.) Bird.

Variable # 22

Sas Name: BIRD

Sas Label: Bird

Values		N	%
0	No	33,698	36.0%
1	Yes	2,600	2.8%
.	Missing	57,370	61.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

F37 Fish

What kind of pet do you have? (Mark all that apply.) Fish.

Variable # 23

Sas Name: FISH

Sas Label: Fish

Values		N	%
0	No	33,877	36.2%
1	Yes	2,421	2.6%
.	Missing	57,370	61.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

F37 Other Pet

What kind of pet do you have? (Mark all that apply.) Other pet.

Variable # 24

Sas Name: OTHPET

Sas Label: Other pet

Values		N	%
0	No	34,788	37.1%
1	Yes	1,510	1.6%
.	Missing	57,370	61.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 How often gone to church

How often have you gone to a religious service or to church during the past month? (Mark only one oval.)

Variable # 25

Sas Name: RELGTIME

Sas Label: Times attend religious service/church

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Not at all in the past month	31,844	34.0%
2	Once in the past month	8,463	9.0%
3	2 or 3 times in the past month	11,513	12.3%
4	Once a week	28,103	30.0%
5	2 or 6 times a week	12,146	13.0%
6	Every day	1,149	1.2%
.	Missing	450	0.5%
		93,668	

F37 Religion strength and comfort

How much does religion give you strength and comfort? (Mark one oval.)

Variable # 26

Sas Name: RELSTRN

Sas Label: Religion gives strength and comfort

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	11,722	12.5%
2	A little	22,487	24.0%
3	A great deal	58,997	63.0%
.	Missing	462	0.5%
		93,668	

F37 How many meetings

How often have you gone to meetings of clubs, lodges, or parent groups in the last month? (Mark only one oval.)

Variable # 27

Sas Name: CLUB

Sas Label: Attend clubs/lodges/groups last month

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Not at all in the past month	41,117	43.9%
2	Once in the past month	17,292	18.5%
3	2 or 3 times in the past month	21,033	22.5%
4	Once a week	7,572	8.1%
5	2 or 6 times a week	5,291	5.6%
6	Every day	97	0.1%
.	Missing	1,266	1.4%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Helping sick friend

Are you now helping at least one sick, limited, or frail family member or friend on a regular basis?

Variable # 28

Sas Name: HLPSICK

Sas Label: Helping sick family/friend

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	55,669	59.4%
1	Yes	37,300	39.8%
.	Missing	699	0.7%
		93,668	

F37 How often helped sick family/friend

In the past 4 weeks, how often have you helped this friend or family member?

Variable # 29

Sas Name: HLPSICKT

Sas Label: Times helped sick family/friend

Usage Notes: Sub-question of F37 V6 Q15 "Helping sick friend".

Categories: Psychosocial/Behavioral

Values		N	%
1	Less than once a week	9,051	9.7%
2	1-2 times a week	14,294	15.3%
3	3-4 times a week	5,303	5.7%
4	5 or more times a week	8,548	9.1%
.	Missing	56,472	60.3%
		93,668	

F37 Get on your nerves

Of the people who are important to you, how many... Get on your nerves?

Variable # 30

Sas Name: NERVES

Sas Label: Number of people who get on nerves

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	36,909	39.4%
2	One	23,724	25.3%
3	Some	30,272	32.3%
4	Most	1,300	1.4%
5	All	707	0.8%
.	Missing	756	0.8%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Ask too much of you

Of the people who are important to you, how many... Ask too much of you?

Variable # 31   **Usage Notes:** none

Sas Name: TOOMUCH

Sas Label: Number of people who ask too much   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None	60,283	64.4%
2	One	14,952	16.0%
3	Some	14,772	15.8%
4	Most	1,990	2.1%
5	All	637	0.7%
.	Missing	1,034	1.1%
		93,668	

F37 Do not include you

Of the people who are important to you, how many... Do not include you?

Variable # 32   **Usage Notes:** none

Sas Name: EXCLUDE

Sas Label: Number of people who exclude you   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None	67,522	72.1%
2	One	9,313	9.9%
3	Some	12,775	13.6%
4	Most	1,450	1.5%
5	All	726	0.8%
.	Missing	1,882	2.0%
		93,668	

F37 Try to get you to do things

Of the people who are important to you, how many... Try to get you to do things you don't want to?

Variable # 33   **Usage Notes:** none

Sas Name: COERCE

Sas Label: Number of people who try to coerce   **Categories:** Psychosocial/Behavioral

Values		N	%
1	None	61,291	65.4%
2	One	17,847	19.1%
3	Some	12,228	13.1%
4	Most	861	0.9%
5	All	393	0.4%
.	Missing	1,048	1.1%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 In unclear times, expect best

In unclear times, I usually expect the best.

Variable # 34

Sas Name: EXPCTBST

Sas Label: Usually expect the best

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	1,305	1.4%
2	Disagree	7,843	8.4%
3	Neutral (In-between)	34,651	37.0%
4	Agree	40,335	43.1%
5	Strongly agree	8,233	8.8%
.	Missing	1,301	1.4%
		93,668	

F37 If something can go wrong

If something can go wrong for me, it will.

Variable # 35

Sas Name: WRONG

Sas Label: Expect something that can will go wrong

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	18,011	19.2%
2	Disagree	43,046	46.0%
3	Neutral (In-between)	22,341	23.9%
4	Agree	7,905	8.4%
5	Strongly agree	1,103	1.2%
.	Missing	1,262	1.3%
		93,668	

F37 Always hopeful about future

I'm always hopeful about my future.

Variable # 36

Sas Name: HOPEFUL

Sas Label: Always hopeful about future

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	937	1.0%
2	Disagree	3,363	3.6%
3	Neutral (In-between)	13,799	14.7%
4	Agree	50,476	53.9%
5	Strongly agree	24,307	26.0%
.	Missing	786	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Hardly ever expect things to go my way

I hardly ever expect things to go my way.

Variable # 37

Sas Name: NOTMYWAY

Sas Label: Hardly ever expect things to go my way

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	23,721	25.3%
2	Disagree	45,924	49.0%
3	Neutral (In-between)	17,118	18.3%
4	Agree	5,139	5.5%
5	Strongly agree	979	1.0%
.	Missing	787	0.8%
		93,668	

F37 Rarely count on good things

I rarely count on good things happening to me.

Variable # 38

Sas Name: COUNTGD

Sas Label: Rarely count on good things happening

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	29,454	31.4%
2	Disagree	43,196	46.1%
3	Neutral (In-between)	12,550	13.4%
4	Agree	5,986	6.4%
5	Strongly agree	1,752	1.9%
.	Missing	730	0.8%
		93,668	

F37 Expect more good things

Overall, I expect more good things to happen to me than bad.

Variable # 39

Sas Name: MOREGOOD

Sas Label: Expect more good things than bad

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	1,837	2.0%
2	Disagree	3,441	3.7%
3	Neutral (In-between)	8,998	9.6%
4	Agree	51,965	55.5%
5	Strongly agree	26,742	28.5%
.	Missing	685	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 When I am angry, people know

When I am angry, people around me usually know.

Variable # 40

Sas Name: KNWANGRY

Sas Label: Usually people around know when angry

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	2,850	3.0%
2	Disagree	14,471	15.4%
3	Neutral (In-between)	21,141	22.6%
4	Agree	45,264	48.3%
5	Strongly agree	9,216	9.8%
.	Missing	726	0.8%
		93,668	

F37 People can tell from face

People can tell from my facial expressions how I am feeling.

Variable # 41

Sas Name: TELLFEEL

Sas Label: Tell from facial expressions how feeling

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	2,085	2.2%
2	Disagree	12,091	12.9%
3	Neutral (In-between)	23,155	24.7%
4	Agree	46,511	49.7%
5	Strongly agree	9,143	9.8%
.	Missing	683	0.7%
		93,668	

F37 Always express disappointment

I always express disappointment when things don't go as I'd like them to.

Variable # 42

Sas Name: DISAPPNT

Sas Label: Express disappointment

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	5,833	6.2%
2	Disagree	37,510	40.0%
3	Neutral (In-between)	30,556	32.6%
4	Agree	17,307	18.5%
5	Strongly agree	1,800	1.9%
.	Missing	662	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 If angry I will "cause scene"

If someone makes me angry in a public place, I will "cause a scene."

Variable # 43

Sas Name: SCENEPUB

Sas Label: If angered, cause scene in public place

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	48,576	51.9%
2	Disagree	34,714	37.1%
3	Neutral (In-between)	7,596	8.1%
4	Agree	1,339	1.4%
5	Strongly agree	837	0.9%
.	Missing	606	0.6%
		93,668	

F37 After I express anger

After I express anger at someone, it bothers me for a long time.

Variable # 44

Sas Name: BOTHER

Sas Label: After anger bothered for a long time

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	5,165	5.5%
2	Disagree	22,364	23.9%
3	Neutral (In-between)	24,247	25.9%
4	Agree	34,948	37.3%
5	Strongly agree	6,307	6.7%
.	Missing	637	0.7%
		93,668	

F37 Try to suppress my anger

I try to suppress my anger, but I would like other people to know how I feel.

Variable # 45

Sas Name: SUPPRESS

Sas Label: Usually suppress anger

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	2,939	3.1%
2	Disagree	15,005	16.0%
3	Neutral (In-between)	24,262	25.9%
4	Agree	47,032	50.2%
5	Strongly agree	3,741	4.0%
.	Missing	689	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 I worry about expressing neg emotions

I worry that if I express negative emotions such as fear and anger, other people will not approve of me.

Variable # 46

Sas Name: APPRVNEG

Sas Label: Fear others will not approve if negative

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	13,967	14.9%
2	Disagree	41,228	44.0%
3	Neutral (In-between)	19,709	21.0%
4	Agree	15,684	16.7%
5	Strongly agree	2,393	2.6%
.	Missing	687	0.7%
		93,668	

F37 Often have to take orders

I have often had to take orders from someone who did not know as much as I did.

Variable # 47

Sas Name: ORDERS

Sas Label: Take orders from someone who knew less

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	60,681	64.8%
1	True	32,393	34.6%
.	Missing	594	0.6%
		93,668	

F37 People make bad luck

I think a great many people make a lot of their bad luck in order to gain the sympathy and help of others.

Variable # 48

Sas Name: BADLUCK

Sas Label: Think people make bad luck for sympathy

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	58,738	62.7%
1	True	34,226	36.5%
.	Missing	704	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Takes argument to convince truth

It takes a lot of argument to convince most people of the truth.

Variable #	49		**Usage Notes:** none
Sas Name:	TRUTH		
Sas Label:	Argue to convince people of truth		**Categories:** Psychosocial/Behavioral

Values		**N**	**%**
0	False	69,414	74.1%
1	True	23,330	24.9%
.	Missing	924	1.0%
		93,668	

F37 People would lie to get ahead

I think most people would lie to get ahead.

Variable #	50		**Usage Notes:** none
Sas Name:	LIE		
Sas Label:	Most people would lie to get ahead		**Categories:** Psychosocial/Behavioral

Values		**N**	**%**
0	False	71,367	76.2%
1	True	21,535	23.0%
.	Missing	766	0.8%
		93,668	

F37 People are mainly honest due to fear

Most people are honest mainly through fear of being caught.

Variable #	51		**Usage Notes:** none
Sas Name:	HONEST		
Sas Label:	Most people are honest due to fear		**Categories:** Psychosocial/Behavioral

Values		**N**	**%**
0	False	65,741	70.2%
1	True	27,103	28.9%
.	Missing	824	0.9%
		93,668	

F37 People unfair to profit

Most people will use somewhat unfair means to gain profit or an advantage rather than to lose it

Variable #	52		**Usage Notes:** none
Sas Name:	UNFAIR		
Sas Label:	Most people are unfair to gain profit		**Categories:** Psychosocial/Behavioral

Values		**N**	**%**
0	False	62,550	66.8%
1	True	30,030	32.1%
.	Missing	1,088	1.2%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 No one cares much what happens to you

No one cares much what happens to you.

Variable # 53   **Usage Notes:** none

Sas Name: NOCARE

Sas Label: No one cares what happens to you   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	85,257	91.0%
1	True	7,764	8.3%
.	Missing	647	0.7%
		93,668	

F37 It is safer to trust nobody

It is safer to trust nobody.

Variable # 54   **Usage Notes:** none

Sas Name: TRUSTNO

Sas Label: Safer to trust nobody   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	82,905	88.5%
1	True	9,987	10.7%
.	Missing	776	0.8%
		93,668	

F37 People make friends because useful

Most people make friends because friends are likely to be useful to them.

Variable # 55   **Usage Notes:** none

Sas Name: FRNDSUSE

Sas Label: Make friends because friends are useful   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	81,596	87.1%
1	True	11,318	12.1%
.	Missing	754	0.8%
		93,668	

F37 Do not put themselves out

Most people inwardly do not like putting themselves out to help other people.

Variable # 56   **Usage Notes:** none

Sas Name: NOHELP

Sas Label: People inwardly don't like to help   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	75,008	80.1%
1	True	17,781	19.0%
.	Missing	879	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Experts no better than I

I have often met people who were supposed to be experts who were no better than I.

Variable # 57
Sas Name: EXPERTS

Sas Label: Experts often no better than I

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	45,339	48.4%
1	True	47,431	50.6%
.	Missing	898	1.0%
		93,668	

F37 People more for own rights

People often demand more respect for their own rights than they are willing to allow for others.

Variable # 58
Sas Name: RESPECT

Sas Label: People demand more respect than give

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	38,298	40.9%
1	True	54,500	58.2%
.	Missing	870	0.9%
		93,668	

F37 Bad sexual behavior

A large number of people are guilty of bad sexual behavior.

Variable # 59
Sas Name: BADSEX

Sas Label: People guilty of bad sexual behavior

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	63,471	67.8%
1	True	28,505	30.4%
.	Missing	1,692	1.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Rate quality of life

Overall, how you would rate your quality of life? (Mark one oval in the box below.)

Variable # 60   **Usage Notes:** none

Sas Name: LIFEQUAL

Sas Label: Rate quality of life   **Categories:** Psychosocial/Behavioral

Values		N	%
0	Worst	47	0.1%
1	1	57	0.1%
2	2	157	0.2%
3	3	408	0.4%
4	4	680	0.7%
5	Halfway	6,227	6.6%
6	6	3,138	3.4%
7	7	9,761	10.4%
8	8	27,935	29.8%
9	9	24,424	26.1%
10	Best	20,118	21.5%
.	Missing	716	0.8%
		93,668	

F37 Satisfied with quality of life

How satisfied are you with your current quality of life? (Mark one oval in the box below.)

Variable # 61   **Usage Notes:** none

Sas Name: SATLIFE

Sas Label: Satisfied with quality of life   **Categories:** Psychosocial/Behavioral

Values		N	%
0	Dissatisfied	510	0.5%
1	1	369	0.4%
2	2	713	0.8%
3	3	1,393	1.5%
4	4	1,701	1.8%
5	Halfway	7,453	8.0%
6	6	3,881	4.1%
7	7	8,919	9.5%
8	8	21,019	22.4%
9	9	21,159	22.6%
10	Satisfied	25,847	27.6%
.	Missing	704	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Rate current sense of well-being

How would you rate your current sense of well-being? (Mark one oval in the box below.)

Variable # 62

Sas Name: WELBEING

Sas Label: Rate current sense of well-being

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Worst	0	0.0%
1	1	0	0.0%
2	2	0	0.0%
3	3	0	0.0%
4	4	0	0.0%
5	Halfway	0	0.0%
6	6	0	0.0%
7	7	0	0.0%
8	8	0	0.0%
9	9	0	0.0%
10	Best	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 In general, health is

In general, would you say your health is (Mark one oval.)

Variable # 63

Sas Name: GENHEL

Sas Label: In general, health is

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Excellent	16,576	17.7%
2	Very good	37,684	40.2%
3	Good	29,669	31.7%
4	Fair	8,210	8.8%
5	Poor	882	0.9%
.	Missing	647	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Compare health to 1 year ago

Compared to one year ago, how would you rate your health in general now? (Mark one oval.)

Variable # 64

Sas Name: HLTHC1Y

Sas Label: Compare health to 1 year ago

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Much better now than 1 year ago	8,696	9.3%
2	Somewhat better now than 1 year ago	11,982	12.8%
3	About the same time	60,939	65.1%
4	Somewhat worse now than 1 year ago	10,660	11.4%
5	Much worse than 1 year ago	734	0.8%
.	Missing	657	0.7%
		93,668	

F37 Vigorous activities

The following are questions about a typical (or usual) day's activties. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Vigorous activities, such as running, lifting heavy objects, or strenuous sports

Variable # 65

Sas Name: VIGACT

Sas Label: Vigorous activities

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	30,022	32.1%
2	Yes, limited a little	41,367	44.2%
3	No, not limited at all	21,475	22.9%
.	Missing	804	0.9%
		93,668	

F37 Moderate activities

The following are questions about a typical (or usual) day's activties. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Moderate activities, such as moving a table, vacuuming, bowling, or golfing

Variable # 66

Sas Name: MODACT

Sas Label: Moderate activities

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	6,263	6.7%
2	Yes, limited a little	23,110	24.7%
3	No, not limited at all	63,577	67.9%
.	Missing	718	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Lifting or carrying groceries

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Lifting or carrying groceries

Variable # 67

Sas Name: LIFTGROC

Sas Label: Lifting or carrying groceries

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	3,610	3.9%
2	Yes, limited a little	18,486	19.7%
3	No, not limited at all	70,816	75.6%
.	Missing	756	0.8%
		93,668	

F37 Climbing several flights

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing several flights of stairs

Variable # 68

Sas Name: STAIRS

Sas Label: Climbing several flights

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	10,125	10.8%
2	Yes, limited a little	28,406	30.3%
3	No, not limited at all	54,368	58.0%
.	Missing	769	0.8%
		93,668	

F37 Climbing one flight of stairs

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing one flight of stairs

Variable # 69

Sas Name: STAIR

Sas Label: Climbing one flight of stairs

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	2,870	3.1%
2	Yes, limited a little	12,289	13.1%
3	No, not limited at all	77,692	82.9%
.	Missing	817	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Bending, kneeling, stooping

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bending, kneeling, stooping

Variable # 70   **Usage Notes:** none

Sas Name: BENDING

Sas Label: Bending, kneeling, stooping   **Categories:**   Physical Activity

Values		N	%
1	Yes, limited a lot	8,466	9.0%
2	Yes, limited a little	32,022	34.2%
3	No, not limited at all	52,418	56.0%
.	Missing	762	0.8%
		93,668	

F37 Walking more than one mile

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking more than a mile

Variable # 71   **Usage Notes:** none

Sas Name: WALK1M

Sas Label: Walking more than one mile   **Categories:**   Physical Activity

Values		N	%
1	Yes, limited a lot	9,908	10.6%
2	Yes, limited a little	18,771	20.0%
3	No, not limited at all	64,205	68.5%
.	Missing	784	0.8%
		93,668	

F37 Walking several blocks

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking several blocks

Variable # 72   **Usage Notes:** none

Sas Name: WALKBLKS

Sas Label: Walking several blocks   **Categories:**   Physical Activity

Values		N	%
1	Yes, limited a lot	5,564	5.9%
2	Yes, limited a little	11,709	12.5%
3	No, not limited at all	75,572	80.7%
.	Missing	823	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Walking one block

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking one block

Variable # 73

Sas Name: WALK1BLK

Sas Label: Walking one block

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	1,799	1.9%
2	Yes, limited a little	5,956	6.4%
3	No, not limited at all	85,036	90.8%
.	Missing	877	0.9%
		93,668	

F37 Bathing or dressing yourself

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bathing or dressing yourself

Variable # 74

Sas Name: BATHING

Sas Label: Bathing or dressing yourself

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	645	0.7%
2	Yes, limited a little	2,654	2.8%
3	No, not limited at all	89,613	95.7%
.	Missing	756	0.8%
		93,668	

F37 Phys or emotional probs interfere

During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, neighbors, friends or groups? (Mark one oval.)

Variable # 75

Sas Name: INTSOC

Sas Label: Phys or emotional probs interfere

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
1	Not at all	68,565	73.2%
2	Slightly	14,249	15.2%
3	Moderately	6,121	6.5%
4	Quite a bit	3,217	3.4%
5	Extremely	777	0.8%
.	Missing	739	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 How much body pain

During the past four weeks, how much bodily pain have you had? (Mark one oval.)

Variable # 76

Sas Name: BODPAIN

Sas Label: How much body pain

Values		N	%
0	None	20,598	22.0%
2	Very mild	34,435	36.8%
3	Mild	18,828	20.1%
4	Moderate	15,800	16.9%
5	Severe	3,296	3.5%
.	Missing	711	0.8%
		93,668	

Usage Notes: none

Categories: Lifestyle
Medical History

F37 How much did pain interfere

During the past four weeks, how much did pain interfere with your normal work (both outside your home and at home)? (Mark one oval.)

Variable # 77

Sas Name: PAININT

Sas Label: How much did pain interfere

Values		N	%
1	Not at all	55,881	59.7%
2	A little bit	21,907	23.4%
3	Moderately	9,402	10.0%
4	Quite a bit	4,623	4.9%
5	Extremely	1,166	1.2%
.	Missing	689	0.7%
		93,668	

Usage Notes: none

Categories: Lifestyle
Medical History

F37 Phys/cut down on time spent

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You cut down on the amount of time you spent on work or other activities

Variable # 78

Sas Name: LESSWRKP

Sas Label: Phys/cut down on time spent

Values		N	%
0	No	76,740	81.9%
1	Yes	16,305	17.4%
.	Missing	623	0.7%
		93,668	

Usage Notes: none

Categories: Lifestyle
Medical History

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Phys/Accomplished less

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You accomplished less than you would have liked

Variable # 79			**Usage Notes:** none
Sas Name: LESSACCP			
Sas Label: Phys/Accomplished less			**Categories:** Lifestyle
			Medical History

Values		**N**	**%**
0	No	56,777	60.6%
1	Yes	36,169	38.6%
.	Missing	722	0.8%
		93,668	

F37 Phys/limited kind of work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You were limited in the kind of work or other activities you did

Variable # 80			**Usage Notes:** none
Sas Name: LESSKNDP			
Sas Label: Phys/limited kind of work			**Categories:** Lifestyle
			Medical History

Values		**N**	**%**
0	No	68,949	73.6%
1	Yes	23,937	25.6%
.	Missing	782	0.8%
		93,668	

F37 Phys/difficulty perform work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You had difficulty performing work or other activities (it took extra effort)

Variable # 81			**Usage Notes:** none
Sas Name: WRKDIFFP			
Sas Label: Phys/difficulty perform work			**Categories:** Lifestyle
			Medical History

Values		**N**	**%**
0	No	67,689	72.3%
1	Yes	25,198	26.9%
.	Missing	781	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Emot/cut down on time spent

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You cut down on the amount of time spent on work or other activities

Variable # 82

Sas Name: LESSWRKE

Sas Label: Emot/cut down on time spent

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

Values		N	%
0	No	81,470	87.0%
1	Yes	11,494	12.3%
.	Missing	704	0.8%
		93,668	

F37 Emot/Accomplished less

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You accomplished less than you would have liked

Variable # 83

Sas Name: LESSACCE

Sas Label: Emot/Accomplished less

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

Values		N	%
0	No	69,437	74.1%
1	Yes	23,495	25.1%
.	Missing	736	0.8%
		93,668	

F37 Emot/Worked less careful

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You did work or other things less carefully than usual.

Variable # 84

Sas Name: LESSCARE

Sas Label: Emot/Worked less carefully

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

Values		N	%
0	No	81,882	87.4%
1	Yes	10,961	11.7%
.	Missing	825	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 I get sick easier

Of these statements, how true or false is each for you? I seem to get sick a little easier than other people.

Variable # 85

Sas Name: SICKEASY

Sas Label: I get sick easier

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	972	1.0%
2	Mostly true	3,107	3.3%
3	Not sure	7,635	8.2%
4	Mostly false	22,236	23.7%
5	Definitely false	59,045	63.0%
.	Missing	673	0.7%
		93,668	

F37 I am as healthy as anybody

Of these statements, how true or false is each for you? I am as healthy as anybody I know.

Variable # 86

Sas Name: HLTHYANY

Sas Label: I am as healthy as anybody

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	33,596	35.9%
2	Mostly true	37,684	40.2%
3	Not sure	11,174	11.9%
4	Mostly false	5,958	6.4%
5	Definitely false	4,536	4.8%
.	Missing	720	0.8%
		93,668	

F37 I expect health to get worse

Of these statements, how true or false is each for you? I expect my health to get worse.

Variable # 87

Sas Name: HLTHWORS

Sas Label: I expect health to get worse

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	1,863	2.0%
2	Mostly true	8,466	9.0%
3	Not sure	26,591	28.4%
4	Mostly false	25,013	26.7%
5	Definitely false	30,954	33.0%
.	Missing	781	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 My health is excellent

Of these statements, how true or false is each for you? My health is excellent.

Variable # 88

Sas Name: HLTHEXCL

Sas Label: My health is excellent

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	25,090	26.8%
2	Mostly true	46,383	49.5%
3	Not sure	9,662	10.3%
4	Mostly false	7,067	7.5%
5	Definitely false	4,743	5.1%
.	Missing	723	0.8%
		93,668	

F37 Physical or emotional prob

During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends and relatives)?

Variable # 89

Sas Name: INTSOC2

Sas Label: Physical or emotional problem

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	All of the time	790	0.8%
2	Most of the time	1,920	2.0%
3	Some of the time	8,750	9.3%
4	A little bit of the time	14,304	15.3%
5	None of the time	67,297	71.8%
.	Missing	607	0.6%
		93,668	

F37 Did you feel full of pep

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel full of pep?

Variable # 90

Sas Name: FULLPEP

Sas Label: Did you feel full of pep

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	3,294	3.5%
2	Most of the time	34,521	36.9%
3	A good bit of the time	23,325	24.9%
4	Some of the time	20,078	21.4%
5	A little bit of the time	8,501	9.1%
6	None of the time	3,278	3.5%
.	Missing	671	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Have you been a very nervous person

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closest to the way you have been feeling. Have you been a very nervous person?

Variable # 91

Sas Name: NERVOUS

Sas Label: Have you been a very nervous person

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	618	0.7%
2	Most of the time	1,918	2.0%
3	A good bit of the time	3,814	4.1%
4	Some of the time	13,843	14.8%
5	A little bit of the time	32,229	34.4%
6	None of the time	40,590	43.3%
.	Missing	656	0.7%
		93,668	

F37 Felt down in dumps

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt so down in the dumps that nothing could cheer you up?

Variable # 92

Sas Name: DWNDUMPS

Sas Label: Felt down in dumps

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	213	0.2%
2	Most of the time	632	0.7%
3	A good bit of the time	1,589	1.7%
4	Some of the time	6,767	7.2%
5	A little bit of the time	17,131	18.3%
6	None of the time	66,657	71.2%
.	Missing	679	0.7%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Felt calm and peaceful

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt calm and peaceful?

Variable # 93

Sas Name: CALM

Sas Label: Felt calm and peaceful

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	5,117	5.5%
2	Most of the time	44,269	47.3%
3	A good bit of the time	21,028	22.4%
4	Some of the time	15,457	16.5%
5	A little bit of the time	5,578	6.0%
6	None of the time	1,399	1.5%
.	Missing	820	0.9%
		93,668	

F37 Had lots of energy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you have a lot of energy?

Variable # 94

Sas Name: ENERGY

Sas Label: Had lots of energy

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	4,740	5.1%
2	Most of the time	33,633	35.9%
3	A good bit of the time	20,668	22.1%
4	Some of the time	19,397	20.7%
5	A little bit of the time	9,956	10.6%
6	None of the time	4,510	4.8%
.	Missing	764	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Felt downhearted and blue

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt downhearted and blue?

Variable # 95

Sas Name: FELTBLUE

Sas Label: Felt downhearted and blue

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	297	0.3%
2	Most of the time	1,143	1.2%
3	A good bit of the time	2,904	3.1%
4	Some of the time	13,985	14.9%
5	A little bit of the time	37,436	40.0%
6	None of the time	37,122	39.6%
.	Missing	781	0.8%
		93,668	

F37 Did you feel worn out

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel worn out?

Variable # 96

Sas Name: WORNOUT

Sas Label: Did you feel worn out

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	856	0.9%
2	Most of the time	3,163	3.4%
3	A good bit of the time	6,812	7.3%
4	Some of the time	24,568	26.2%
5	A little bit of the time	39,275	41.9%
6	None of the time	18,137	19.4%
.	Missing	857	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Have you been happy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you been happy?

Variable # 97   **Usage Notes:** none

Sas Name: HAPPY

Sas Label: Have you been happy   **Categories:** Psychosocial/Behavioral

Values		N	%
1	All of the time	9,494	10.1%
2	Most of the time	53,075	56.7%
3	A good bit of the time	14,694	15.7%
4	Some of the time	11,172	11.9%
5	A little bit of the time	3,594	3.8%
6	None of the time	989	1.1%
.	Missing	650	0.7%
		93,668	

F37 Did you feel tired

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel tired?

Variable # 98   **Usage Notes:** none

Sas Name: TIRED

Sas Label: Did you feel tired   **Categories:** Psychosocial/Behavioral

Values		N	%
1	All of the time	1,699	1.8%
2	Most of the time	5,152	5.5%
3	A good bit of the time	9,868	10.5%
4	Some of the time	33,416	35.7%
5	A little bit of the time	37,816	40.4%
6	None of the time	5,099	5.4%
.	Missing	618	0.7%
		93,668	

F37 Can you eat

Can you eat:

Variable # 99   **Usage Notes:** none

Sas Name: EAT

Sas Label: Can you eat   **Categories:** Physical Activity

Values		N	%
1	Without help (can feed self completely)	89,916	96.0%
2	With some help (help cutting, etc.)	140	0.1%
3	Completely unable to feed self	444	0.5%
.	Missing	3,168	3.4%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Can you dress and undress

Can you dress and undress yourself:

Variable # 100

Sas Name: DRESS

Sas Label: Can you dress and undress self

Values		N	%
1	Without help (can pick clothes, dress)	90,043	96.1%
2	With some help	295	0.3%
3	Unable to dress and undress self	167	0.2%
.	Missing	3,163	3.4%
		93,668	

Usage Notes: none

Categories: Physical Activity

F37 Can you get in and out of bed

Can you get in and out of bed:

Variable # 101

Sas Name: INOUTBED

Sas Label: Can you get in and out of bed

Values		N	%
1	Without any help or aids	90,164	96.3%
2	With some help (from a person or device)	291	0.3%
3	Totally dependent to person to lift self	39	0.0%
.	Missing	3,174	3.4%
		93,668	

Usage Notes: none

Categories: Physical Activity

F37 Can you take a bath or shower

Can you take a bath or shower:

Variable # 102

Sas Name: SHOWER

Sas Label: Can you take a bath or shower

Values		N	%
1	Without help	89,650	95.7%
2	With some help (help in/out, tub attach)	779	0.8%
3	Completely unable to bathe self	66	0.1%
.	Missing	3,173	3.4%
		93,668	

Usage Notes: none

Categories: Physical Activity

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Bloating or gas

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Bloating or gas

Variable # 103			**Usage Notes:** none

Sas Name: BLOATING

Sas Label: Bloating or gas

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	29,875	31.9%
1	Symptom was mild	46,061	49.2%
2	Symptom was moderate	14,169	15.1%
3	Symptom was severe	2,649	2.8%
.	Missing	914	1.0%
		93,668	

F37 Constipation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Constipation (difficulty having bowel movements)

Variable # 104

Usage Notes: none

Sas Name: CONSTIP

Sas Label: Constipation

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	60,060	64.1%
1	Symptom was mild	23,964	25.6%
2	Symptom was moderate	7,174	7.7%
3	Symptom was severe	1,713	1.8%
.	Missing	757	0.8%
		93,668	

F37 Night sweats

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Night sweats

Variable # 105

Usage Notes: none

Sas Name: NIGHTSWT

Sas Label: Night sweats

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	70,373	75.1%
1	Symptom was mild	16,373	17.5%
2	Symptom was moderate	4,823	5.1%
3	Symptom was severe	1,169	1.2%
.	Missing	930	1.0%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 General aches and pains

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. General aches or pains

Variable # 106

Sas Name: ACHES

Sas Label: General aches and pains

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	20,010	21.4%
1	Symptom was mild	49,915	53.3%
2	Symptom was moderate	19,225	20.5%
3	Symptom was severe	3,594	3.8%
.	Missing	924	1.0%
		93,668	

F37 Breast tenderness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Breast tenderness

Variable # 107

Sas Name: BRSTTEN

Sas Label: Breast tenderness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	74,413	79.4%
1	Symptom was mild	15,234	16.3%
2	Symptom was moderate	2,833	3.0%
3	Symptom was severe	464	0.5%
.	Missing	724	0.8%
		93,668	

F37 Hot flashes

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hot flashes

Variable # 108

Sas Name: HOTFLASH

Sas Label: Hot flashes

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	71,925	76.8%
1	Symptom was mild	15,158	16.2%
2	Symptom was moderate	4,593	4.9%
3	Symptom was severe	1,267	1.4%
.	Missing	725	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Diarrhea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Diarrhea

Variable # 109

Sas Name: DIARRHEA

Sas Label: Diarrhea

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	70,828	75.6%
1	Symptom was mild	16,897	18.0%
2	Symptom was moderate	4,012	4.3%
3	Symptom was severe	1,193	1.3%
.	Missing	738	0.8%
		93,668	

F37 Mood swings

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Mood swings

Variable # 110

Sas Name: MOODSWNG

Sas Label: Mood swings

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	60,261	64.3%
1	Symptom was mild	26,554	28.3%
2	Symptom was moderate	5,359	5.7%
3	Symptom was severe	660	0.7%
.	Missing	834	0.9%
		93,668	

F37 Nausea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Nausea

Variable # 111

Sas Name: NAUSEA

Sas Label: Nausea

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	82,408	88.0%
1	Symptom was mild	8,639	9.2%
2	Symptom was moderate	1,418	1.5%
3	Symptom was severe	470	0.5%
.	Missing	733	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Dizziness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Dizziness

Variable # 112			**Usage Notes:** none
Sas Name: DIZZY			
Sas Label: Dizziness			**Categories:** Medical History: Other Disease/Condition

Values		**N**	**%**
0	Symptom did not occur	75,722	80.8%
1	Symptom was mild	14,275	15.2%
2	Symptom was moderate	2,414	2.6%
3	Symptom was severe	496	0.5%
.	Missing	761	0.8%
		93,668	

F37 Feeling tired

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Feeling tired

Variable # 113			**Usage Notes:** none
Sas Name: TIRED2			
Sas Label: Feeling tired			**Categories:** Medical History: Other Disease/Condition

Values		**N**	**%**
0	Symptom did not occur	12,177	13.0%
1	Symptom was mild	57,840	61.8%
2	Symptom was moderate	19,491	20.8%
3	Symptom was severe	3,431	3.7%
.	Missing	729	0.8%
		93,668	

F37 Forgetfulness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Forgetfulness

Variable # 114			**Usage Notes:** none
Sas Name: FORGET			
Sas Label: Forgetfulness			**Categories:** Medical History: Other Disease/Condition

Values		**N**	**%**
0	Symptom did not occur	37,603	40.1%
1	Symptom was mild	45,526	48.6%
2	Symptom was moderate	8,688	9.3%
3	Symptom was severe	1,080	1.2%
.	Missing	771	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Increased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Increased appetite

Variable # 115

Sas Name: HUNGRY

Sas Label: Increased appetite

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	63,971	68.3%
1	Symptom was mild	20,891	22.3%
2	Symptom was moderate	6,663	7.1%
3	Symptom was severe	1,324	1.4%
.	Missing	819	0.9%
		93,668	

F37 Heart racing or skipping

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Heart racing or skipping beats

Variable # 116

Sas Name: HEARTRAC

Sas Label: Heart racing or skipping beats

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	72,702	77.6%
1	Symptom was mild	16,249	17.3%
2	Symptom was moderate	3,362	3.6%
3	Symptom was severe	581	0.6%
.	Missing	774	0.8%
		93,668	

F37 Tremors

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Tremors (shakes)

Variable # 117

Sas Name: TREMORS

Sas Label: Tremors

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	86,865	92.7%
1	Symptom was mild	4,708	5.0%
2	Symptom was moderate	1,076	1.1%
3	Symptom was severe	239	0.3%
.	Missing	780	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Heartburn

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Heartburn

Variable # 118

Sas Name: HEARTBRN

Sas Label: Heartburn

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	61,199	65.3%
1	Symptom was mild	23,376	25.0%
2	Symptom was moderate	6,498	6.9%
3	Symptom was severe	1,745	1.9%
.	Missing	850	0.9%
		93,668	

F37 Restless and fidgety

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Restless or fidgety

Variable # 119

Sas Name: RESTLESS

Sas Label: Restless and fidgety

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	60,944	65.1%
1	Symptom was mild	26,045	27.8%
2	Symptom was moderate	5,077	5.4%
3	Symptom was severe	672	0.7%
.	Missing	930	1.0%
		93,668	

F37 Low back pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Low back pain

Variable # 120

Sas Name: LOWBACKP

Sas Label: Low back pain

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	42,314	45.2%
1	Symptom was mild	31,489	33.6%
2	Symptom was moderate	14,222	15.2%
3	Symptom was severe	4,871	5.2%
.	Missing	772	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Neck pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Neck pain

Variable # 121

Sas Name: NECKPAIN

Sas Label: Neck pain

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	52,834	56.4%
1	Symptom was mild	26,544	28.3%
2	Symptom was moderate	10,516	11.2%
3	Symptom was severe	2,924	3.1%
.	Missing	850	0.9%
		93,668	

F37 Skin dryness or scaling

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Skin dryness or scaling

Variable # 122

Sas Name: SKINDRY

Sas Label: Skin dryness or scaling

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	43,269	46.2%
1	Symptom was mild	35,793	38.2%
2	Symptom was moderate	11,084	11.8%
3	Symptom was severe	2,871	3.1%
.	Missing	651	0.7%
		93,668	

F37 Headaches or migraines

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Headaches or migraines

Variable # 123

Sas Name: HEADACHE

Sas Label: Headaches or migraines

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	51,745	55.2%
1	Symptom was mild	31,202	33.3%
2	Symptom was moderate	7,957	8.5%
3	Symptom was severe	2,145	2.3%
.	Missing	619	0.7%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Clumsiness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Clumsiness

Variable # 124

Sas Name: CLUMSY

Sas Label: Clumsiness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	68,950	73.6%
1	Symptom was mild	20,541	21.9%
2	Symptom was moderate	2,864	3.1%
3	Symptom was severe	303	0.3%
.	Missing	1,010	1.1%
		93,668	

F37 Trouble with vision

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Any trouble seeing that is uncorrected by lenses

Variable # 125

Sas Name: TRBSEE

Sas Label: Trouble with vision

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	75,002	80.1%
1	Symptom was mild	12,676	13.5%
2	Symptom was moderate	3,906	4.2%
3	Symptom was severe	1,053	1.1%
.	Missing	1,031	1.1%
		93,668	

F37 Vaginal or genital irritation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital irritation or itching

Variable # 126

Sas Name: VAGITCH

Sas Label: Vaginal or genital irritation

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	75,397	80.5%
1	Symptom was mild	14,051	15.0%
2	Symptom was moderate	2,747	2.9%
3	Symptom was severe	703	0.8%
.	Missing	770	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Difficulty concentrating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Difficulty concentrating

Variable # 127

Sas Name: CONCEN

Sas Label: Difficulty concentrating

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	62,387	66.6%
1	Symptom was mild	25,640	27.4%
2	Symptom was moderate	4,065	4.3%
3	Symptom was severe	653	0.7%
.	Missing	923	1.0%
		93,668	

F37 Joint pain or stiffness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Joint pain or stiffness

Variable # 128

Sas Name: JNTPAIN

Sas Label: Joint pain or stiffness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	26,806	28.6%
1	Symptom was mild	42,347	45.2%
2	Symptom was moderate	18,140	19.4%
3	Symptom was severe	5,633	6.0%
.	Missing	742	0.8%
		93,668	

F37 Decreased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Decreased appetite

Variable # 129

Sas Name: NOHUNGER

Sas Label: Decreased appetite

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	85,388	91.2%
1	Symptom was mild	6,046	6.5%
2	Symptom was moderate	1,166	1.2%
3	Symptom was severe	266	0.3%
.	Missing	802	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Hearing loss

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hearing loss

Variable # 130

Sas Name: HEARLOSS

Sas Label: Hearing loss

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	72,303	77.2%
1	Symptom was mild	15,107	16.1%
2	Symptom was moderate	4,287	4.6%
3	Symptom was severe	1,066	1.1%
.	Missing	905	1.0%
		93,668	

F37 Swelling of hands or feet

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Swelling of hands or feet

Variable # 131

Sas Name: SWELLHND

Sas Label: Swelling of hands or feet

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	64,039	68.4%
1	Symptom was mild	22,112	23.6%
2	Symptom was moderate	5,474	5.8%
3	Symptom was severe	1,263	1.3%
.	Missing	780	0.8%
		93,668	

F37 Vaginal or genital dryness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital dryness

Variable # 132

Sas Name: VAGDRY

Sas Label: Vaginal or genital dryness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	67,438	72.0%
1	Symptom was mild	18,223	19.5%
2	Symptom was moderate	5,555	5.9%
3	Symptom was severe	1,585	1.7%
.	Missing	867	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Upset stomach or belly pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Upset stomach or belly pain or discomfort

Variable # 133   **Usage Notes:** none

Sas Name: UPSTOM

Sas Label: Upset stomach or belly pain   **Categories:**   Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	64,155	68.5%
1	Symptom was mild	21,805	23.3%
2	Symptom was moderate	5,468	5.8%
3	Symptom was severe	1,439	1.5%
.	Missing	801	0.9%
		93,668	

F37 Pain/burning while urinating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Pain or burning while urinating

Variable # 134   **Usage Notes:** none

Sas Name: URINPAIN

Sas Label: Pain/burning while urinating   **Categories:**   Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	87,886	93.8%
1	Symptom was mild	3,838	4.1%
2	Symptom was moderate	883	0.9%
3	Symptom was severe	315	0.3%
.	Missing	746	0.8%
		93,668	

F37 Coughing or wheezing

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Cough or wheezing

Variable # 135   **Usage Notes:** none

Sas Name: COUGH

Sas Label: Coughing or wheezing   **Categories:**   Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	65,171	69.6%
1	Symptom was mild	20,151	21.5%
2	Symptom was moderate	5,928	6.3%
3	Symptom was severe	1,616	1.7%
.	Missing	802	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Vaginal or genital discharge

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital discharge

Variable # 136

Sas Name: VAGDIS

Sas Label: Vaginal or genital discharge

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	82,517	88.1%
1	Symptom was mild	9,177	9.8%
2	Symptom was moderate	1,085	1.2%
3	Symptom was severe	168	0.2%
.	Missing	721	0.8%
		93,668	

F37 Feeling nervous, anxious, on edge

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling nervous, anxious, on edge, or worrying a lot about different things

Variable # 137

Sas Name: ANXIOUS

Sas Label: Feeling nervous, anxious, on edge

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 Feeling restless so hard to sit still

During the last 4 weeks, how often have you been bothered by any of the following problems? Feeling restless so that it is hard to sit still

Variable # 138

Sas Name: RESTLSIT

Sas Label: Feeling restless so hard to sit still

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Getting tired very easily

During the last 4 weeks, how often have you been bothered by any of the following problems? Getting tired very easily

Variable # 139

Sas Name: TIREEASY

Sas Label: Getting tired very easily

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 Muscle tension aches or soreness

During the last 4 weeks, how often have you been bothered by any of the following problems? Muscle tension aches or soreness

Variable # 140

Sas Name: MSCLACHE

Sas Label: Muscle tension aches or soreness

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 Trouble falling asleep or staying asleep

During the last 4 weeks, how often have you been bothered by any of the following problems? Trouble falling asleep or staying asleep

Variable # 141

Sas Name: STAYSLP

Sas Label: Trouble falling asleep or staying asleep

Usage Notes: Not collected on all versions of Form 37.

Categories: Lifestyle: Sleep
Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Trouble concentrating on things, reading

During the last 4 weeks, how often have you been bothered by any of the following problems? Trouble concentrating on things, such as reading a book or watching TV

Variable # 142

Sas Name: NOCONCEN

Sas Label: Trouble concentrating on things, reading

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 Becoming easily annoyed or irritable

During the last 4 weeks, how often have you been bothered by any of the following problems? Becoming easily annoyed or irritable

Variable # 143

Sas Name: ANNOYED

Sas Label: Becoming easily annoyed or irritable

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

F37 Having an anxiety attack -- feel fear or panic

During the last 4 weeks, how often have you been bothered by any of the following problems? Having an anxiety attack - suddenly feeling fear or panic

Variable # 144

Sas Name: PANIC

Sas Label: Having an anxiety attack -- feel fear or panic

Usage Notes: Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	Not at all	0	0.0%
1	Several days	0	0.0%
2	More than half the days	0	0.0%
.	Missing	93,668	100.0%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Did your spouse die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner die?

Variable # 145   **Usage Notes:** none

Sas Name: SPOUSDIE

Sas Label: Did your spouse die   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	89,979	96.1%
1	Yes and upset me: Not too much	276	0.3%
2	Yes and upset me: Moderately	634	0.7%
3	Yes and upset me: Very much	2,167	2.3%
.	Missing	612	0.7%
		93,668	

F37 Did your spouse have a serious illness

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner have a serious illness?

Variable # 146   **Usage Notes:** none

Sas Name: SPOUSILL

Sas Label: Did your spouse have a serious illness   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	9,947	10.6%
1	Yes and upset me: Not too much	348	0.4%
2	Yes and upset me: Moderately	761	0.8%
3	Yes and upset me: Very much	1,032	1.1%
.	Missing	81,580	87.1%
		93,668	

F37 Did a close friend die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Over the past year: Did a close friend or family member die or have a serious illness (other than your spouse or partner)?

Variable # 147   **Usage Notes:** none

Sas Name: FRIENDIE

Sas Label: Did a close friend die   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	48,556	51.8%
1	Yes and upset me: Not too much	8,449	9.0%
2	Yes and upset me: Moderately	19,286	20.6%
3	Yes and upset me: Very much	16,732	17.9%
.	Missing	645	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Major problems with money

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have any major problems with money?

Variable # 148

Sas Name: MONPROB

Sas Label: Major problems with money

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	68,435	73.1%
1	Yes and upset me: Not too much	11,474	12.2%
2	Yes and upset me: Moderately	8,383	8.9%
3	Yes and upset me: Very much	4,766	5.1%
.	Missing	610	0.7%
		93,668	

F37 Have a divorce or break-up

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a divorce or break-up with a spouse or partner?

Variable # 149

Sas Name: DIVORCE

Sas Label: Have a divorce or break-up

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	90,200	96.3%
1	Yes and upset me: Not too much	620	0.7%
2	Yes and upset me: Moderately	805	0.9%
3	Yes and upset me: Very much	1,373	1.5%
.	Missing	670	0.7%
		93,668	

F37 Close friend had a divorce

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend have a divorce or break-up?

Variable # 150

Sas Name: FRNDIV

Sas Label: Close friend had a divorce

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	78,713	84.0%
1	Yes and upset me: Not too much	4,779	5.1%
2	Yes and upset me: Moderately	5,345	5.7%
3	Yes and upset me: Very much	4,139	4.4%
.	Missing	692	0.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Major conflict with children

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a major conflict with children or grandchildren?

Variable # 151   **Usage Notes:** none

Sas Name: CHILCON

Sas Label: Major conflict with children   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	74,816	79.9%
1	Yes and upset me: Not too much	7,081	7.6%
2	Yes and upset me: Moderately	6,293	6.7%
3	Yes and upset me: Very much	4,877	5.2%
.	Missing	601	0.6%
		93,668	

F37 Major accident or disaster

Below are some hard things that sometimes happen to people. Pls try to think back over the past yr to remember if any of these things happened. Over the past year: Did you have any major accidents, disasters, muggings, unwanted sexual experiences, robberies or similar events?

Variable # 152   **Usage Notes:** none

Sas Name: MAJACC

Sas Label: Major accident or disaster   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	86,711	92.6%
1	Yes and upset me: Not too much	1,762	1.9%
2	Yes and upset me: Moderately	2,302	2.5%
3	Yes and upset me: Very much	2,370	2.5%
.	Missing	523	0.6%
		93,668	

F37 Close friend lost job

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend lose their job or retire?

Variable # 153   **Usage Notes:** none

Sas Name: FRNJOB

Sas Label: Close friend lost job   **Categories:** Psychosocial/Behavioral

Values		N	%
0	No	71,482	76.3%
1	Yes and upset me: Not too much	10,424	11.1%
2	Yes and upset me: Moderately	6,753	7.2%
3	Yes and upset me: Very much	4,464	4.8%
.	Missing	545	0.6%
		93,668	

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 You were physically abused

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Were you physically abused by being hit, slapped, pushed, shoved, punched or threatened with a weapon by a family member or close friend?

Variable # 154

Sas Name: PHYAB

Sas Label: You were physically abused

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	92,023	98.2%
1	Yes and upset me: Not too much	334	0.4%
2	Yes and upset me: Moderately	329	0.4%
3	Yes and upset me: Very much	497	0.5%
.	Missing	485	0.5%
		93,668	

F37 You were verbally abused

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: . Were you verbally abused by being made fun of, severely criticized, told you were a stupid or worthless person, or threatened with harm to yourself, your possessions, or your pets, by a family member or close friend?

Variable # 155

Sas Name: VERBAB

Sas Label: You were verbally abused

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	82,913	88.5%
1	Yes and upset me: Not too much	4,064	4.3%
2	Yes and upset me: Moderately	3,272	3.5%
3	Yes and upset me: Very much	2,856	3.0%
.	Missing	563	0.6%
		93,668	

F37 Did a pet die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a pet die?

Variable # 156

Sas Name: PETDIE

Sas Label: Did a pet die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	85,196	91.0%
1	Yes and upset me: Not too much	1,544	1.6%
2	Yes and upset me: Moderately	2,884	3.1%
3	Yes and upset me: Very much	3,447	3.7%
.	Missing	597	0.6%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 You felt depressed

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt depressed (blue or down)

Variable # 157

Sas Name: FELTDEP

Sas Label: You felt depressed

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	68,015	72.6%
1	Some or a little of the time	17,916	19.1%
2	Occasionally or a moderate amount	5,344	5.7%
3	Most or all of the time	1,583	1.7%
.	Missing	810	0.9%
		93,668	

F37 Your sleep was restless

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. Your sleep was restless

Variable # 158

Sas Name: RESTSLP

Sas Label: Your sleep was restless

Usage Notes: none

Categories: Lifestyle: Sleep
Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	40,887	43.7%
1	Some or a little of the time	33,569	35.8%
2	Occasionally or a moderate amount	12,451	13.3%
3	Most or all of the time	5,995	6.4%
.	Missing	766	0.8%
		93,668	

F37 You enjoyed life

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You enjoyed life

Variable # 159

Sas Name: ENJLIF

Sas Label: You enjoyed life

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	6,251	6.7%
1	Some or a little of the time	6,373	6.8%
2	Occasionally or a moderate amount	13,257	14.2%
3	Most or all of the time	66,838	71.4%
.	Missing	949	1.0%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 You had crying spells

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You had crying spells

Variable # 160

Sas Name: CRYSPELL

Sas Label: You had crying spells

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	84,591	90.3%
1	Some or a little of the time	5,965	6.4%
2	Occasionally or a moderate amount	1,775	1.9%
3	Most or all of the time	508	0.5%
.	Missing	829	0.9%
		93,668	

F37 You felt sad

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt sad

Variable # 161

Sas Name: FELTSAD

Sas Label: You felt sad

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	59,171	63.2%
1	Some or a little of the time	26,686	28.5%
2	Occasionally or a moderate amount	5,386	5.8%
3	Most or all of the time	1,625	1.7%
.	Missing	800	0.9%
		93,668	

F37 You felt people disliked you

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt that people disliked you

Variable # 162

Sas Name: PEOPDIS

Sas Label: You felt people disliked you

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	82,917	88.5%
1	Some or a little of the time	7,969	8.5%
2	Occasionally or a moderate amount	1,403	1.5%
3	Most or all of the time	588	0.6%
.	Missing	791	0.8%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Felt sad for two weeks

In the past year, have you had two weeks or more during which you felt sad, blue, or depressed, or lost pleasure in things that you usually cared about or enjoyed?

Variable # 163

Sas Name: SAD2WK

Sas Label: Felt sad for two weeks

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	70,692	75.5%
1	Yes	22,033	23.5%
.	Missing	943	1.0%
		93,668	

F37 Felt sad two or more years

Have you had two years or more in your life when you felt depressed or sad on most days, even if you felt okay sometimes?

Variable # 164

Sas Name: SAD2YRS

Sas Label: Felt sad two or more years

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	67,289	71.8%
1	Yes	25,486	27.2%
.	Missing	893	1.0%
		93,668	

F37 Felt sad much of past year

Have you felt depressed or sad much of the time in the past year?

Variable # 165

Sas Name: SADMUCH

Sas Label: Felt sad much of past year

Usage Notes: Sub-question of F37 V6 Q110 "Felt sad two or more years". Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	No	18,197	19.4%
1	Yes	7,084	7.6%
.	Missing	68,387	73.0%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 take medication for sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you take any kind of medication or alcohol at bedtime to help you sleep?

Variable # 166		**Usage Notes:** none
Sas Name: MEDSLEEP		
Sas Label: take medication for sleep		**Categories:** Lifestyle: Sleep

Values		**N**	**%**
1	No, not in past 4 weeks	70,146	74.9%
2	Yes, less than once a week	8,675	9.3%
3	Yes 1 or 2 times a week	5,197	5.5%
4	Yes, 3 or 4 times a week	2,626	2.8%
5	Yes, 5 or more times a week	6,343	6.8%
.	Missing	681	0.7%
		93,668	

F37 fall asleep during quiet activity

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you fall asleep during quiet activities like reading, watching TV, or riding in a car?

Variable # 167		**Usage Notes:** none
Sas Name: FALLSLP		
Sas Label: fall asleep during quiet activ		**Categories:** Lifestyle: Sleep

Values		**N**	**%**
1	No, not in past 4 weeks	23,712	25.3%
2	Yes, less than once a week	21,142	22.6%
3	Yes 1 or 2 times a week	23,875	25.5%
4	Yes, 3 or 4 times a week	14,859	15.9%
5	Yes, 5 or more times a week	9,368	10.0%
.	Missing	712	0.8%
		93,668	

F37 Did you nap during the day

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you nap during the day?

Variable # 168		**Usage Notes:** none
Sas Name: NAP		
Sas Label: Did you nap during the day		**Categories:** Lifestyle: Sleep

Values		**N**	**%**
1	No, not in past 4 weeks	43,474	46.4%
2	Yes, less than once a week	20,487	21.9%
3	Yes 1 or 2 times a week	16,142	17.2%
4	Yes, 3 or 4 times a week	8,182	8.7%
5	Yes, 5 or more times a week	4,565	4.9%
.	Missing	818	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Did you have trouble sleeping

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble falling asleep?

Variable # 169

Sas Name: TRBSLEEP

Sas Label: Did you have trouble sleeping

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	54,982	58.7%
2	Yes, less than once a week	17,127	18.3%
3	Yes 1 or 2 times a week	11,628	12.4%
4	Yes, 3 or 4 times a week	5,308	5.7%
5	Yes, 5 or more times a week	3,769	4.0%
.	Missing	854	0.9%
		93,668	

F37 Did you wake up several times

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up several times at night?

Variable # 170

Sas Name: WAKENGHT

Sas Label: Did you wake up several times

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	20,535	21.9%
2	Yes, less than once a week	15,831	16.9%
3	Yes 1 or 2 times a week	19,481	20.8%
4	Yes, 3 or 4 times a week	16,525	17.6%
5	Yes, 5 or more times a week	20,416	21.8%
.	Missing	880	0.9%
		93,668	

F37 wake up earlier than planned

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up earlier than you planned

Variable # 171

Sas Name: UPEARLY

Sas Label: wake up earlier than planned

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	37,955	40.5%
2	Yes, less than once a week	20,054	21.4%
3	Yes 1 or 2 times a week	17,830	19.0%
4	Yes, 3 or 4 times a week	10,204	10.9%
5	Yes, 5 or more times a week	6,813	7.3%
.	Missing	812	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 trouble getting back to sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble getting back to sleep after you woke up too early?

Variable # 172

Sas Name: BACKSLP

Sas Label: trouble getting back to sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	44,008	47.0%
2	Yes, less than once a week	19,101	20.4%
3	Yes 1 or 2 times a week	15,801	16.9%
4	Yes, 3 or 4 times a week	8,386	9.0%
5	Yes, 5 or more times a week	5,546	5.9%
.	Missing	826	0.9%
		93,668	

F37 Did you snore

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you snore?

Variable # 173

Sas Name: SNORE

Sas Label: Did you snore

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	21,087	22.5%
2	Yes, less than once a week	4,483	4.8%
3	Yes 1 or 2 times a week	5,582	6.0%
4	Yes, 3 or 4 times a week	4,625	4.9%
5	Yes, 5 or more times a week	9,535	10.2%
9	Don't know	47,584	50.8%
.	Missing	772	0.8%
		93,668	

F37 Typical nights sleep

Overall, was your typical night's sleep during the past 4 weeks:

Variable # 174

Sas Name: QUALSLP

Sas Label: Typical night's sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	Very restless	2,078	2.2%
2	Restless	13,033	13.9%
3	Average quality	38,743	41.4%
4	Sound or restful	26,894	28.7%
5	Very sound or restful	12,370	13.2%
.	Missing	550	0.6%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 How many hours of sleep

About how many hours of sleep did you get on a typical night during the past 4 weeks?

Variable # 175   **Usage Notes:** none

Sas Name: HRSSLP

Sas Label: How many hours of sleep   **Categories:**   Lifestyle: Sleep

Values		N	%
1	5 or less hours	7,738	8.3%
2	6 hours	25,076	26.8%
3	7 hours	34,902	37.3%
4	8 hours	21,158	22.6%
5	9 hours	3,758	4.0%
6	10 or more hours	542	0.6%
.	Missing	494	0.5%
		93,668	

F37 Ever leaked urine

Have you ever leaked even a very small amount of urine involuntarily and you couldn't control it?

Variable # 176   **Usage Notes:** none

Sas Name: INCONT

Sas Label: Ever leaked urine   **Categories:**   Medical History: Incontinence

Values		N	%
0	No	25,422	27.1%
1	Yes	67,730	72.3%
.	Missing	516	0.6%
		93,668	

F37 How often leaked urine

How often does this leaking urine occur? (Mark one oval.)

Variable # 177   **Usage Notes:** Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern

Sas Name: FRQINCON   rule not applied).
                                                                     Not collected on all versions of Form 37.

Sas Label: How often leaked urine   **Categories:**   Medical History: Incontinence

Values		N	%
1	Not once during past year	6,109	6.5%
2	Less than once a month	21,684	23.1%
3	More than once a month	16,260	17.4%
4	One or more times a week	16,647	17.8%
5	Daily	8,914	9.5%
.	Missing	24,054	25.7%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 No longer leak urine

When do you usually leak urine? (Mark all that apply.) No longer leak urine

Variable # 178

Sas Name: NOINCON

Sas Label: No longer leak urine

Values		N	%
0	No	63,404	67.7%
1	Yes	4,816	5.1%
.	Missing	25,448	27.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak urine when cough, laugh

When do you usually leak urine? (Mark all that apply.) When I cough, laugh, sneeze, lift, stand up. Or exercise

Variable # 179

Sas Name: CGHINCON

Sas Label: Leak urine when cough, laugh

Values		N	%
0	No	28,930	30.9%
1	Yes	39,290	41.9%
.	Missing	25,448	27.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak when can't get to toilet

When do you usually leak urine? (Mark all that apply.) When I feel the need to urinate and can't get to a toilet fast enough

Variable # 180

Sas Name: TOINCON

Sas Label: Leak when can't get to toilet

Values		N	%
0	No	33,129	35.4%
1	Yes	35,091	37.5%
.	Missing	25,448	27.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak when I am sleeping

When do you usually leak urine? (Mark all that apply.) When I sleep

Variable # 181

Sas Name: SLPINCON

Sas Label: Leak when I am sleeping

Values		N	%
0	No	66,548	71.0%
1	Yes	1,672	1.8%
.	Missing	25,448	27.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 When leak urine, Other

When do you usually leak urine? (Mark all that apply.) Other

Variable # 182

Sas Name: OTHINCON

Sas Label: When leak urine, Other

Values		N	%
0	No	66,162	70.6%
1	Yes	2,058	2.2%
.	Missing	25,448	27.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 How much urine do you lose

How much urine do you usually lose when it leaks? (Mark one oval.)

Variable # 183

Sas Name: LEAKAMT

Sas Label: How much urine do you lose

Values		N	%
1	None	815	0.9%
2	Barely noticeable on underpants	50,353	53.8%
3	Soaked underpants	11,404	12.2%
4	Soaked through to outer clothing	1,748	1.9%
.	Missing	29,348	31.3%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak Protect/No protection

What protection do you wear in case you leak urine? (Mark all that apply.) None

Variable # 184

Sas Name: NOPRTCT

Sas Label: Leak Protect/No protection

Values		N	%
0	No	26,652	28.5%
1	Yes	37,750	40.3%
.	Missing	29,266	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

F37 Leak Protect/Mini-pad, tissue

What protection do you wear in case you leak urine? (Mark all that apply.) Mini-pad, tissue or towel

Variable # 185

Sas Name: MINIPAD

Sas Label: Leak Protect/Mini-pad, tissue

Values		N	%
0	No	43,888	46.9%
1	Yes	20,514	21.9%
.	Missing	29,266	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak Protection/Menstrual pad

What protection do you wear in case you leak urine? (Mark all that apply.) Menstrual pad or shield

Variable # 186

Sas Name: MENSPAD

Sas Label: Leak Protection/Menstrual pad

Values		N	%
0	No	58,722	62.7%
1	Yes	5,680	6.1%
.	Missing	29,266	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak protect/Diaper, Attends

What protection do you wear in case you leak urine? (Mark all that apply.) Diaper, towel, Attends, Depends

Variable # 187

Sas Name: DIAPER

Sas Label: Leak protect/Diaper, Attends

Values		N	%
0	No	62,431	66.7%
1	Yes	1,971	2.1%
.	Missing	29,266	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leaking urine protection other

What protection do you wear in case you leak urine? (Mark all that apply.) Other

Variable # 188

Sas Name: OTHPRTCT

Sas Label: Leaking urine protection, Other

Values		N	%
0	No	63,670	68.0%
1	Yes	732	0.8%
.	Missing	29,266	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 leak limit activities

How often does the leakage of urine limit your daily activities? (Mark one oval.)

Variable # 189

Sas Name: INCONLMT

Sas Label: leak limit activities

Values		N	%
1	Never	50,044	53.4%
2	Almost never	10,277	11.0%
3	Sometimes	3,149	3.4%
4	Fairly often	692	0.7%
5	Very often	278	0.3%
.	Missing	29,228	31.2%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 How much does leakage bother you

How much does the leakage of urine bother or disturb you? (Mark one oval.)

Variable # 190

Sas Name: INCONDIS

Sas Label: How much does leakage bother

Values		N	%
1	Not at all disturbing	16,407	17.5%
2	A little disturbing	29,840	31.9%
3	Somewhat disturbing	11,129	11.9%
4	Very disturbing	5,075	5.4%
5	Extremely disturbing	1,930	2.1%
.	Missing	29,287	31.3%
		93,668	

Usage Notes: Sub-question of F37 V6 Q121 "Ever leaked urine" (skip pattern rule not applied).
Sub-question of F37 V6 Q123 "No longer leak urine" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Currently married or intimate

Are you currently married or in an intimate relationship with at least one person?

Variable # 191

Sas Name: MARRIED

Sas Label: Currently married or intimate

Values		N	%
0	No	31,189	33.3%
1	Yes	61,854	66.0%
.	Missing	625	0.7%
		93,668	

Usage Notes: none

Categories: Lifestyle: Sexual Activity

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Sexual activity in last year

Did you have any sexual activity with a partner in the last year?

Variable # 192

Sas Name: SEXACTIV

Sas Label: Sexual activity in last year

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values		N	%
0	No	41,207	44.0%
1	Yes	48,396	51.7%
9	Don't want to answer	3,406	3.6%
.	Missing	659	0.7%
		93,668	

F37 How satisfied sexually

How satisfied are you with your current sexual activities, either with a partner or alone? (Mark one oval.)

Variable # 193

Sas Name: SATSEX

Sas Label: How satisfied sexually

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values		N	%
1	Very unsatisfied	11,343	12.1%
2	A little unsatisfied	12,793	13.7%
3	Somewhat satisfied	21,482	22.9%
4	Very satisfied	30,768	32.8%
9	Don't want to answer	14,820	15.8%
.	Missing	2,462	2.6%
		93,668	

F37 Satisfied with sex frequency

Are you satisfied with the frequency of your sexual activity, or would you like to have sex more or less often? (Mark one oval.)

Variable # 194

Sas Name: SATFRQSX

Sas Label: Satisfied with sex frequency

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values		N	%
1	Less often	3,559	3.8%
2	Satisfied with current frequency	43,240	46.2%
3	More often	24,843	26.5%
9	Don't want to answer	18,959	20.2%
.	Missing	3,067	3.3%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

F37 Sexual activity affects health

Are you worried that sexual activities will affect your health?

Variable # 195

Sas Name: SEXWORRY

Sas Label: Sexual activity affect healh

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values		N	%
1	Not at all worried	79,000	84.3%
2	A little worried	3,193	3.4%
3	Somewhat worried	1,661	1.8%
4	Very worried	871	0.9%
9	Don't want to answer	7,111	7.6%
.	Missing	1,832	2.0%
		93,668	

F37 Who you have had sex with

Regardless of whether you are currently sexually active, which response best describes who you have had sex with over your adult lifetime?

Variable # 196

Sas Name: SEX

Sas Label: Who you have had sex with

Usage Notes: none

Categories: Lifestyle: Sexual Activity

Values		N	%
1	Have never had sex	1,483	1.6%
2	Sex with a woman or with women	266	0.3%
3	Sex with a man or with men	86,651	92.5%
4	Sex with both men and women	965	1.0%
9	Prefer not to answer	3,082	3.3%
.	Missing	1,221	1.3%
		93,668	

F37 Who had sex with after 45

Which response best describes who you have had sex with after 45 years of age?

Variable # 197

Sas Name: SEX45

Sas Label: Description of adult sexual orientation

Usage Notes: Sub-question of F37 V6 Q133 "Who you have had sex with" (skip pattern rule not applied).
Not collected on all versions of Form 37.

Categories: Lifestyle: Sexual Activity

Values		N	%
0	Never had sex	655	0.7%
1	Sex with a women or with women	294	0.3%
2	Sex with a man or with men	9,647	10.3%
3	Sex with both men and women	199	0.2%
.	Missing	82,873	88.5%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

Activities of daily living construct

Computed from Forms 36/37, questions 85-88. Source: WHI BAC. Four items describing basic activities (whether can eat, dress, get in and out of bed, and take a bath) each of which has three possible values (1=without help, 2=some help, 3=completely unable) are summed. A lower score indicates greater ability to cope with daily living activities. Missing if any of the four items are missing.

Variable # 198   **Usage Notes:** none

Sas Name: ACTDLY

Sas Label: Activities of Daily Living Construct   **Categories:** Computed Variables

N	Min	Max	Mean	Std Dev
90317	4	12	4.03218	.28921

Ambivalence over emotional expressiveness

Computed from Form 36/37, questions 30, 31 and 32. Reference: King L, Emmons R (1990). Average of three components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the three components is missing.

Variable # 199   **Usage Notes:** none

Sas Name: AMBEMOT

Sas Label: Ambivalence over Emotional Expressivenes   **Categories:** Computed Variables

N	Min	Max	Mean	Std Dev
92789	1	5	2.99959	.72842

Care giving construct #1 (0,1 scoring)

Computed from Form 36/37, question 15. Source: Cardiovascular Health Study. CAREGIV1 is an indicator of whether the participant is currently helping a sick, limited or frail family member on a regular basis. (See also CAREGIV2.)

Variable # 200   **Usage Notes:** none

Sas Name: CAREGIV1

Sas Label: Care Giving Construct #1 (0,1 scoring)   **Categories:** Computed Variables

Values		N	%
0	No	55,669	59.4%
1	Yes	37,300	39.8%
.	Missing	699	0.7%
		93,668	

Care giving construct #2 (0-5+ scoring)

Computed from Form 36/37, question 15 and 15.1. Source: Cardiovascular Health Study. CAREGIV2 combines questions 15 and 15.1 to give the number of times per week a participant currently helps a friend or family member. (See also CAREGIV1.)

Variable # 201   **Usage Notes:** none

Sas Name: CAREGIV2

Sas Label: Care Giving Construct #2 (0-5+ scoring)   **Categories:** Computed Variables

Values		N	%
0	No	55,669	59.4%
1	Less than once a week	9,051	9.7%
2	1-2 times a week	14,294	15.3%
3	3-4 times a week	5,303	5.7%
4	5 or more times a week	8,548	9.1%
.	Missing	803	0.9%
		93,668	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

Role limitations due to emotional problems

Computed from Form 36/37, questions 68, 69, and 70. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to emotional problems. EMOLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 202   **Usage Notes:** none

Sas Name: EMOLIMIT

Sas Label: Role Limitations Due to Emotional Proble   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
92689	0	100	83.56044	30.18497

Emotional well-being

Computed from Form 36/37, questions 77, 78, 79, 81, and 83. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on emotional well-being. EMOWELL ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 203   **Usage Notes:** none

Sas Name: EMOWELL

Sas Label: Emotional Well-being   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
92208	0	100	78.56923	14.71018

Energy/fatigue

Computed from Form 36/37, questions 76, 80, 82, and 84. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on energy/fatigue. ENERFAT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 204   **Usage Notes:** none

Sas Name: ENERFAT

Sas Label: Energy/Fatigue   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
92341	0	100	63.62548	19.42092

Hostility construct

Computed from Form 36/37, questions 33-45. Source: Cynicism Subscale of Cooke-Medley Questionnaire. Sum of thirteen True/False items resulting in a possible range from 0 to 13 where a higher score indicates greater hostility. Missing if any of the thirteen items are missing.

Variable # 205   **Usage Notes:** none

Sas Name: HOSTIL

Sas Label: Hostility Construct   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
89773	0	13	3.70555	2.83931

General health construct

Computed from Form 36/37, questions 49, 71, 72, 73, and 74. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on general health. GENHLTH ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 206   **Usage Notes:** none

Sas Name: GENHLTH

Sas Label: General Health Construct   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
92294	0	100	73.74223	18.37731

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

Life event construct #1 (0,1 scoring)

Computed from Form 36/37, questions 91, and 93-102. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. The eleven items are recoded, setting original responses from 1-3 equal to 1, and then summed. The construct has a range from 0 to 11 with a higher score indicating a greater number of life events. Missing if any of the eleven items are missing.

Variable # 207   **Usage Notes:** none

Sas Name: LFEVENT1

Sas Label: Life Event Construct #1 (0,1 scoring)   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
91570	0	11	1.65544	1.42963

Life event construct #2 (0-3 scoring)

Computed from Form 36/37, question questions 91, and 93-102.   Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. This construct is a sum of the eleven items that are coded from 0-3 resulting in a range from 0 to 33 with a higher score indicating a greater number of life events. If any of the eleven items are missing, LFEVENT2 is set to missing.

Variable # 208   **Usage Notes:** none

Sas Name: LFEVENT2

Sas Label: Life Event Construct #2 (0-3 scoring)   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
91570	0	33	3.27434	3.20883

Living alone

Computed from Form 36/37, questions 10.1-10.7. Indicator of whether the participant lives alone.

Variable # 209   **Usage Notes:** none

Sas Name: LIVALOR

Sas Label: Living Alone   **Categories:**   Computed Variables

Values		N	%
0	No	68,306	72.9%
1	Yes	24,603	26.3%
.	Missing	759	0.8%
		93,668	

Negative emotional expressiveness (NEE)

Computed from Form 36/37, questions 26-29. Reference: King L, Emmons R (1990). Average of four components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the four components is missing.

Variable # 210   **Usage Notes:** none

Sas Name: NEGEMOT

Sas Label: Negative Emotional Expressiveness (NEE)   **Categories:**   Computed Variables

N	Min	Max	Mean	Std Dev
92635	1	5	2.82538	.61958

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007   **Structure:** One row per participant   **Population:** OS participants

Optimism construct

Computed from Form 36/37, questions 20-25. Source: Life Orientation Test-Revised (LOT-R). Sum of six components coded from 1=strongly disagree to 5=strongly agree. Questions 21, 23 and 24 are reverse coded before summing. The summary score ranges from 6 to 30 where a higher score indicates greater optimisim. Missing if any of the six components is missing.

Variable # 211

Sas Name: OPTIMISM

Sas Label: Optimism Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91096	6	30	23.2594	3.48416

Pain construct

Computed from Form 36/37, questions 62 and 63. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on pain. PAIN ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 212

Sas Name: PAIN

Sas Label: Pain Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
92914	0	100	74.19805	23.72686

Role limitations due to physical health

Computed from Form 36/37, questions 64-67. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to physical health. PHYLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 213

Sas Name: PHYLIMIT

Sas Label: Role Limitations Due to Physical Health

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
92588	0	100	72.71596	36.3545

Physical functioning construct

Computed from Form 36/37, questions 51-60. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on physical functioning. PHYSFUN ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 214

Sas Name: PHYSFUN

Sas Label: Physical Functioning Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91818	0	100	81.06128	20.43358

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

Shortened CES-D/DIS screening instrument

Computed from Form 36/37, questions 103-108, 109, and 110. Source: Center for Epidemiological Studies; depression scale (CES-D, short form). PSHTDEP ranges from 0 to 1 with a higher score indicating a greater likelihood of depression. Cutoff values of .06 and .009 have been used to indicate depression.

Variable # 215

Sas Name: PSHTDEP

Sas Label: Shortened CES-D/DIS Screening Instrument

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91122	.00028	.95938	.04248	.13195

Sleep disturbance construct

Computed from Form 36/37, questions 114-117 and 119. Sum of five components. Questions 106-109 range from 1-5 and question 111 is recoded and reverse coded resulting in a range from 0-4 before summing. The summary score ranges from 0 to 20 where a higher score indicates greater sleep disturbance. Missing if any of the five components is missing.

Variable # 216

Sas Name: SLPDSTRB

Sas Label: Sleep Disturbance Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91628	0	20	6.68072	4.48616

Social functioning

Computed from Form 36/37, questions 61 and 75. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on social functioning. SOCFUNC ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 217

Sas Name: SOCFUNC

Sas Label: Social Functioning

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
92688	0	100	89.26695	18.48698

Social strain construct

Computed from Form 36/37, questions 16-19. Source: Antonucci TA, Kahn RC, Akiyama H (1989). Scale measuring negative aspects of social relations. Sum of four components coded from 1=none to 5=all. The summary score ranges from 4 to 20 where a higher score indicates more social strain. Missing if any of the four components is missing.

Variable # 218

Sas Name: SOCSTRN

Sas Label: Social Strain Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91437	4	20	6.49804	2.52964

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_os_pub   **File Date:** 08/08/2007 **Structure:** One row per participant   **Population:** OS participants

Social support construct

Computed from Form 36/37, questions 1-9. Source: Medical Outcomes Study. Sum of nine components coded from 1=none of the time to 5=all of the time. The summary score ranges from 9 to 45 where a higher score indicates more social support. Missing if any of the nine components is missing.

Variable # 219

Sas Name: SOCSUPP

Sas Label: Social Support Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
91078	9	45	35.9164	7.85768

Symptom construct

Computed from Form 36/37, questions 89.1-89.34. Source: PEPI, national and other surveys. Average of 34 items measuring occurrence and severity of symptoms. The summary score ranges from 0 to 3 where a higher score indicates more numerous and/or more severe symptoms. Missing if any of the 34 items is missing.

Variable # 220

Sas Name: SYMPTOM

Sas Label: Symptom Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
85971	0	2.55882	.43027	.27363