WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Participant ID

Variable # 1
Sas Name: ID
Sas Label: Participant ID

Usage Notes: none

Categories: Study: Administration

F37 Days since randomization/enrollment

Variable # 2
Sas Name: F37DAYS
Sas Label: F37 Days since randomization/enrollment

Usage Notes: none

Categories: Study: Administration

N	Min	Max	Mean	Std Dev
16607	-462	0	-50.12621	35.51009

F37 To listen to you

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone you can count on to listen to you when you need to talk.

Variable # 3
Sas Name: LISTEN
Sas Label: Someone to listen when need to talk

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	273	1.6%
2	A little of the time	1,036	6.2%
3	Some of the time	2,341	14.1%
4	Most of the time	6,304	38.0%
5	All of the time	6,573	39.6%
.	Missing	80	0.5%
		16,607	

F37 Someone to give you good advice

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to give you good advice about a problem

Variable # 4
Sas Name: GOODADVC
Sas Label: Someone to give good advice

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	557	3.4%
2	A little of the time	1,306	7.9%
3	Some of the time	3,243	19.5%
4	Most of the time	6,414	38.6%
5	All of the time	4,969	29.9%
.	Missing	118	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub   **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 Someone to take you to the doctor

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to take you to the doctor if you need it

Variable # 5   **Usage Notes:** none

Sas Name: TAKEDR

Sas Label: Someone can take to the doctor   **Categories:**   Psychosocial/Behavioral

Values		N	%
1	None of the time	684	4.1%
2	A little of the time	854	5.1%
3	Some of the time	1,327	8.0%
4	Most of the time	3,824	23.0%
5	All of the time	9,767	58.8%
.	Missing	151	0.9%
		16,607	

F37 Someone to have a good time with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to have a good time with
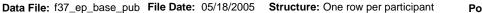
Variable # 6   **Usage Notes:** none

Sas Name: GOODTIME

Sas Label: Someone to have a good time with   **Categories:**   Psychosocial/Behavioral

Values		N	%
1	None of the time	201	1.2%
2	A little of the time	904	5.4%
3	Some of the time	2,949	17.8%
4	Most of the time	6,039	36.4%
5	All of the time	6,359	38.3%
.	Missing	155	0.9%
		16,607	

F37 Someone to help you understand problem

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help you understand a problem when you need it

Variable # 7   **Usage Notes:** none

Sas Name: HLPPROB

Sas Label: Someone to help understand a problem   **Categories:**   Psychosocial/Behavioral

Values		N	%
1	None of the time	428	2.6%
2	A little of the time	1,208	7.3%
3	Some of the time	2,834	17.1%
4	Most of the time	6,541	39.4%
5	All of the time	5,456	32.9%
.	Missing	140	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Someone to help with daily chores

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to help with daily chores if you are sick

Variable # 8

Sas Name: HLPCHORS

Sas Label: Someone to help with daily chores

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	1,421	8.6%
2	A little of the time	2,028	12.2%
3	Some of the time	2,739	16.5%
4	Most of the time	4,178	25.2%
5	All of the time	6,099	36.7%
.	Missing	142	0.9%
		16,607	

F37 Someone to share your private worries

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears

Variable # 9

Sas Name: SHARE

Sas Label: Someone to share private worries/fears

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	1,168	7.0%
2	A little of the time	1,774	10.7%
3	Some of the time	2,583	15.6%
4	Most of the time	5,060	30.5%
5	All of the time	5,874	35.4%
.	Missing	148	0.9%
		16,607	

F37 Someone to do something fun with

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to do something fun with

Variable # 10

Sas Name: FUN

Sas Label: Someone to do something fun with

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	260	1.6%
2	A little of the time	1,108	6.7%
3	Some of the time	3,079	18.5%
4	Most of the time	6,111	36.8%
5	All of the time	5,928	35.7%
.	Missing	121	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Someone to love you

People sometimes look to to others for help, friendship, or other types of support. Next are some questions about the support that you have. How often is each of the following kinds of support available to you if you need it? Someone to love you and make you feel wanted

Variable # 11

Sas Name: LOVE

Sas Label: Someone to love you/make you feel wanted

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None of the time	591	3.6%
2	A little of the time	1,067	6.4%
3	Some of the time	1,961	11.8%
4	Most of the time	4,325	26.0%
5	All of the time	8,498	51.2%
.	Missing	165	1.0%
		16,607	

F37 Live alone

Who lives with you? (Mark one oval for each item.) I live alone.

Variable # 12

Sas Name: LIVALN

Sas Label: Live alone

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	10,519	63.3%
1	Yes	4,317	26.0%
.	Missing	1,771	10.7%
		16,607	

F37 Live with husband or partner

Who lives with you? (Mark one oval for each item.) I live with my husband or partner.

Variable # 13

Sas Name: LIVPRT

Sas Label: Live with husband/partner

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	5,206	31.3%
1	Yes	9,924	59.8%
.	Missing	1,477	8.9%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub   **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 Live with children

Who lives with you? (Mark one oval for each item.) I live with my children.

Variable # 14

Sas Name: LIVCHLD

Sas Label: Live with children

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	11,673	70.3%
1	Yes	2,502	15.1%
.	Missing	2,432	14.6%
		16,607	

F37 Live with brother or sister

Who lives with you? (Mark one oval for each item.) I live with my brother and/or sister.

Variable # 15

Sas Name: LIVSIBL

Sas Label: Live with brother/sister

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	13,598	81.9%
1	Yes	238	1.4%
.	Missing	2,771	16.7%
		16,607	

F37 Live with other relative

Who lives with you? (Mark one oval for each item.) I live with other relatives.

Variable # 16

Sas Name: LIVREL

Sas Label: Live with relatives

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	13,282	80.0%
1	Yes	565	3.4%
.	Missing	2,760	16.6%
		16,607	

F37 Live with friends

Who lives with you? (Mark one oval for each item.) I live with friends.

Variable # 17

Sas Name: LIVFRNDS

Sas Label: Live with friends

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	13,603	81.9%
1	Yes	211	1.3%
.	Missing	2,793	16.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Others that live with you

Who lives with you? (Mark one oval for each item.) Other

Variable # 18

Sas Name: LIVOTH

Sas Label: Live with other than listed

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	10,579	63.7%
1	Yes	1,294	7.8%
.	Missing	4,734	28.5%
		16,607	

F37 Do you have a pet

Do you have a pet?

Variable # 19

Sas Name: PET

Sas Label: Have a pet

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	8,971	54.0%
1	Yes	7,430	44.7%
.	Missing	206	1.2%
		16,607	

F37 Dog

What kind of pet do you have? (Mark all that apply.) Dog.

Variable # 20

Sas Name: DOG

Sas Label: Dog

Usage Notes: Sub-question of F37 V5 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	3,041	18.3%
1	Yes	4,377	26.4%
.	Missing	9,189	55.3%
		16,607	

F37 Cat

What kind of pet do you have? (Mark all that apply.) Cat.

Variable # 21

Sas Name: CAT

Sas Label: Cat

Usage Notes: Sub-question of F37 V5 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	3,247	19.6%
1	Yes	4,171	25.1%
.	Missing	9,189	55.3%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Bird

What kind of pet do you have? (Mark all that apply.) Bird.

Variable # 22
Sas Name: BIRD
Sas Label: Bird

Usage Notes: Sub-question of F37 V5 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	6,770	40.8%
1	Yes	648	3.9%
.	Missing	9,189	55.3%
		16,607	

F37 Fish

What kind of pet do you have? (Mark all that apply.) Fish.

Variable # 23
Sas Name: FISH
Sas Label: Fish

Usage Notes: Sub-question of F37 V5 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	6,866	41.3%
1	Yes	552	3.3%
.	Missing	9,189	55.3%
		16,607	

F37 Other Pet

What kind of pet do you have? (Mark all that apply.) Other pet.

Variable # 24
Sas Name: OTHPET
Sas Label: Other pet

Usage Notes: Sub-question of F37 V5 Q11 "Do you have a pet".

Categories: Psychosocial/Behavioral

Values		N	%
0	No	7,074	42.6%
1	Yes	344	2.1%
.	Missing	9,189	55.3%
		16,607	

WHI Baseline Dataset

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Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 How often gone to church

How often have you gone to a religious service or to church during the past month? (Mark only one oval.)

Variable # 25

Sas Name: RELGTIME

Sas Label: Times attend religious service/church

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Not at all in the past month	5,613	33.8%
2	Once in the past month	1,453	8.7%
3	2 or 3 times in the past month	1,927	11.6%
4	Once a week	5,076	30.6%
5	2 or 6 times a week	2,258	13.6%
6	Every day	220	1.3%
.	Missing	60	0.4%
		16,607	

F37 Religion strength and comfort

How much does religion give you strength and comfort? (Mark one oval.)

Variable # 26

Sas Name: RELSTRN

Sas Label: Religion gives strength and comfort

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	1,741	10.5%
2	A little	3,980	24.0%
3	A great deal	10,819	65.1%
.	Missing	67	0.4%
		16,607	

F37 How many meetings

How often have you gone to meetings of clubs, lodges, or parent groups in the last month? (Mark only one oval.)

Variable # 27

Sas Name: CLUB

Sas Label: Attend clubs/lodges/groups last month

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Not at all in the past month	6,916	41.6%
2	Once in the past month	2,684	16.2%
3	2 or 3 times in the past month	3,433	20.7%
4	Once a week	1,258	7.6%
5	2 or 6 times a week	884	5.3%
6	Every day	18	0.1%
.	Missing	1,414	8.5%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub   **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 Helping sick friend

Are you now helping at least one sick, limited, or frail family member or friend on a regular basis?

Variable # 28

Sas Name: HLPSICK

Sas Label: Helping sick family/friend

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	9,803	59.0%
1	Yes	6,682	40.2%
.	Missing	122	0.7%
		16,607	

F37 How often helped sick family/friend

In the past 4 weeks, how often have you helped this friend or family member?

Variable # 29

Sas Name: HLPSICKT

Sas Label: Times helped sick family/friend

Usage Notes: Sub-question of F37 V5 Q15 "Helping sick friend".

Categories: Psychosocial/Behavioral

Values		N	%
1	Less than once a week	1,445	8.7%
2	1-2 times a week	2,583	15.6%
3	3-4 times a week	885	5.3%
4	5 or more times a week	1,751	10.5%
.	Missing	9,943	59.9%
		16,607	

F37 Get on your nerves

Of the people who are important to you, how many... Get on your nerves?

Variable # 30

Sas Name: NERVES

Sas Label: Number of people who get on nerves

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	6,851	41.3%
2	One	4,058	24.4%
3	Some	5,240	31.6%
4	Most	204	1.2%
5	All	126	0.8%
.	Missing	128	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Ask too much of you

Of the people who are important to you, how many... Ask too much of you?

Variable # 31

Sas Name: TOOMUCH

Sas Label: Number of people who ask too much

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	10,699	64.4%
2	One	2,527	15.2%
3	Some	2,686	16.2%
4	Most	393	2.4%
5	All	126	0.8%
.	Missing	176	1.1%
		16,607	

F37 Do not include you

Of the people who are important to you, how many... Do not include you?

Variable # 32

Sas Name: EXCLUDE

Sas Label: Number of people who exclude you

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	12,244	73.7%
2	One	1,527	9.2%
3	Some	2,148	12.9%
4	Most	251	1.5%
5	All	105	0.6%
.	Missing	332	2.0%
		16,607	

F37 Try to get you to do things

Of the people who are important to you, how many... Try to get you to do things you don't want to?

Variable # 33

Sas Name: COERCE

Sas Label: Number of people who try to coerce

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	None	11,032	66.4%
2	One	3,023	18.2%
3	Some	2,152	13.0%
4	Most	146	0.9%
5	All	75	0.5%
.	Missing	179	1.1%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 In unclear times, expect best

In unclear times, I usually expect the best.

Variable # 34

Sas Name: EXPCTBST

Sas Label: Usually expect the best

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	238	1.4%
2	Disagree	1,251	7.5%
3	Neutral (In-between)	5,860	35.3%
4	Agree	7,593	45.7%
5	Strongly agree	1,469	8.8%
.	Missing	196	1.2%
		16,607	

F37 If something can go wrong

If something can go wrong for me, it will.

Variable # 35

Sas Name: WRONG

Sas Label: Expect something that can will go wrong

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	2,942	17.7%
2	Disagree	7,858	47.3%
3	Neutral (In-between)	4,022	24.2%
4	Agree	1,411	8.5%
5	Strongly agree	196	1.2%
.	Missing	178	1.1%
		16,607	

F37 Always hopeful about future

I'm always hopeful about my future.

Variable # 36

Sas Name: HOPEFUL

Sas Label: Always hopeful about future

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	152	0.9%
2	Disagree	457	2.8%
3	Neutral (In-between)	2,267	13.7%
4	Agree	9,314	56.1%
5	Strongly agree	4,299	25.9%
.	Missing	118	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Hardly ever expect things to go my way

I hardly ever expect things to go my way.

Variable # 37

Sas Name: NOTMYWAY

Sas Label: Hardly ever expect things to go my way

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	3,793	22.8%
2	Disagree	8,377	50.4%
3	Neutral (In-between)	3,193	19.2%
4	Agree	953	5.7%
5	Strongly agree	174	1.0%
.	Missing	117	0.7%
		16,607	

F37 Rarely count on good things

I rarely count on good things happening to me.

Variable # 38

Sas Name: COUNTGD

Sas Label: Rarely count on good things happening

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	4,724	28.4%
2	Disagree	8,088	48.7%
3	Neutral (In-between)	2,289	13.8%
4	Agree	1,113	6.7%
5	Strongly agree	282	1.7%
.	Missing	111	0.7%
		16,607	

F37 Expect more good things

Overall, I expect more good things to happen to me than bad.

Variable # 39

Sas Name: MOREGOOD

Sas Label: Expect more good things than bad

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	341	2.1%
2	Disagree	519	3.1%
3	Neutral (In-between)	1,530	9.2%
4	Agree	9,632	58.0%
5	Strongly agree	4,478	27.0%
.	Missing	107	0.6%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 When I am angry, people know

When I am angry, people around me usually know.

Variable # 40

Sas Name: KNWANGRY

Sas Label: Usually people around know when angry

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	472	2.8%
2	Disagree	2,539	15.3%
3	Neutral (In-between)	3,746	22.6%
4	Agree	8,099	48.8%
5	Strongly agree	1,619	9.7%
.	Missing	132	0.8%
		16,607	

F37 People can tell from face

People can tell from my facial expressions how I am feeling.

Variable # 41

Sas Name: TELLFEEL

Sas Label: Tell from facial expressions how feeling

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	349	2.1%
2	Disagree	2,273	13.7%
3	Neutral (In-between)	4,438	26.7%
4	Agree	8,010	48.2%
5	Strongly agree	1,433	8.6%
.	Missing	104	0.6%
		16,607	

F37 Always express disappointment

I always express disappointment when things don't go as I'd like them to.

Variable # 42

Sas Name: DISAPPNT

Sas Label: Express disappointment

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	1,040	6.3%
2	Disagree	7,040	42.4%
3	Neutral (In-between)	5,322	32.0%
4	Agree	2,774	16.7%
5	Strongly agree	322	1.9%
.	Missing	109	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 If angry I will "cause scene"

If someone makes me angry in a public place, I will "cause a scene."

Variable # 43   **Usage Notes:** none

Sas Name: SCENEPUB

Sas Label: If angered, cause scene in public place   **Categories:** Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	8,476	51.0%
2	Disagree	6,356	38.3%
3	Neutral (In-between)	1,292	7.8%
4	Agree	220	1.3%
5	Strongly agree	159	1.0%
.	Missing	104	0.6%
		16,607	

F37 After I express anger

After I express anger at someone, it bothers me for a long time.

Variable # 44   **Usage Notes:** none

Sas Name: BOTHER

Sas Label: After anger bothered for a long time   **Categories:** Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	944	5.7%
2	Disagree	4,091	24.6%
3	Neutral (In-between)	4,298	25.9%
4	Agree	6,090	36.7%
5	Strongly agree	1,068	6.4%
.	Missing	116	0.7%
		16,607	

F37 Try to suppress my anger

I try to suppress my anger, but I would like other people to know how I feel.

Variable # 45   **Usage Notes:** none

Sas Name: SUPPRESS

Sas Label: Usually suppress anger   **Categories:** Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	502	3.0%
2	Disagree	2,562	15.4%
3	Neutral (In-between)	4,398	26.5%
4	Agree	8,421	50.7%
5	Strongly agree	608	3.7%
.	Missing	116	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 I worry about expressing neg emotions

I worry that if I express negative emotions such as fear and anger, other people will not approve of me.

Variable # 46

Sas Name: APPRVNEG

Sas Label: Fear others will not approve if negative

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Strongly disagree	2,423	14.6%
2	Disagree	7,740	46.6%
3	Neutral (In-between)	3,518	21.2%
4	Agree	2,443	14.7%
5	Strongly agree	365	2.2%
.	Missing	118	0.7%
		16,607	

F37 Often have to take orders

I have often had to take orders from someone who did not know as much as I did.

Variable # 47

Sas Name: ORDERS

Sas Label: Take orders from someone who knew less

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	10,784	64.9%
1	True	5,730	34.5%
.	Missing	93	0.6%
		16,607	

F37 People make bad luck

I think a great many people make a lot of their bad luck in order to gain the sympathy and help of others.

Variable # 48

Sas Name: BADLUCK

Sas Label: Think people make bad luck for sympathy

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	10,357	62.4%
1	True	6,140	37.0%
.	Missing	110	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Takes argument to convince truth

It takes a lot of argument to convince most people of the truth.

Variable # 49

Sas Name: TRUTH

Sas Label: Argue to convince people of truth

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	12,504	75.3%
1	True	3,947	23.8%
.	Missing	156	0.9%
		16,607	

F37 People would lie to get ahead

I think most people would lie to get ahead.

Variable # 50

Sas Name: LIE

Sas Label: Most people would lie to get ahead

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	12,817	77.2%
1	True	3,664	22.1%
.	Missing	126	0.8%
		16,607	

F37 People are mainly honest due to fear

Most people are honest mainly through fear of being caught.

Variable # 51

Sas Name: HONEST

Sas Label: Most people are honest due to fear

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	11,761	70.8%
1	True	4,714	28.4%
.	Missing	132	0.8%
		16,607	

F37 People unfair to profit

Most people will use somewhat unfair means to gain profit or an advantage rather than to lose it

Variable # 52

Sas Name: UNFAIR

Sas Label: Most people are unfair to gain profit

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	11,237	67.7%
1	True	5,187	31.2%
.	Missing	183	1.1%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 No one cares much what happens to you

No one cares much what happens to you.

Variable # 53

Sas Name: NOCARE

Sas Label: No one cares what happens to you

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	15,176	91.4%
1	True	1,323	8.0%
.	Missing	108	0.7%
		16,607	

F37 It is safer to trust nobody

It is safer to trust nobody.

Variable # 54

Sas Name: TRUSTNO

Sas Label: Safer to trust nobody

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	14,779	89.0%
1	True	1,709	10.3%
.	Missing	119	0.7%
		16,607	

F37 People make friends because useful

Most people make friends because friends are likely to be useful to them.

Variable # 55

Sas Name: FRNDSUSE

Sas Label: Make friends because friends are useful

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	14,530	87.5%
1	True	1,955	11.8%
.	Missing	122	0.7%
		16,607	

F37 Do not put themselves out

Most people inwardly do not like putting themselves out to help other people.

Variable # 56

Sas Name: NOHELP

Sas Label: People inwardly don't like to help

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	False	13,488	81.2%
1	True	2,984	18.0%
.	Missing	135	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant   **Population:** E+P participants

F37 Experts no better than I

I have often met people who were supposed to be experts who were no better than I.

Variable # 57   **Usage Notes:** none

Sas Name: EXPERTS

Sas Label: Experts often no better than I   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	8,345	50.2%
1	True	8,115	48.9%
.	Missing	147	0.9%
		16,607	

F37 People more for own rights

People often demand more respect for their own rights than they are willing to allow for others.

Variable # 58   **Usage Notes:** none

Sas Name: RESPECT

Sas Label: People demand more respect than give   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	6,883	41.4%
1	True	9,576	57.7%
.	Missing	148	0.9%
		16,607	

F37 Bad sexual behavior

A large number of people are guilty of bad sexual behavior.

Variable # 59   **Usage Notes:** none

Sas Name: BADSEX

Sas Label: People guilty of bad sexual behavior   **Categories:** Psychosocial/Behavioral

Values		N	%
0	False	11,496	69.2%
1	True	4,807	28.9%
.	Missing	304	1.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Rate quality of life

Overall, how you would rate your quality of life? (Mark one oval in the box below.)

Variable # 60

Sas Name: LIFEQUAL

Sas Label: Rate quality of life

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Worst	9	0.1%
1	1	6	0.0%
2	2	29	0.2%
3	3	91	0.5%
4	4	144	0.9%
5	Halfway	1,167	7.0%
6	6	607	3.7%
7	7	1,925	11.6%
8	8	5,193	31.3%
9	9	4,109	24.7%
10	Best	3,209	19.3%
.	Missing	118	0.7%
		16,607	

F37 Satisfied with quality of life

How satisfied are you with your current quality of life? (Mark one oval in the box below.)

Variable # 61

Sas Name: SATLIFE

Sas Label: Satisfied with quality of life

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Dissatisfied	77	0.5%
1	1	57	0.3%
2	2	130	0.8%
3	3	250	1.5%
4	4	341	2.1%
5	Halfway	1,473	8.9%
6	6	745	4.5%
7	7	1,639	9.9%
8	8	3,912	23.6%
9	9	3,687	22.2%
10	Satisfied	4,183	25.2%
.	Missing	113	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 In general, health is

In general, would you say your health is (Mark one oval.)

Variable # 62

Sas Name: GENHEL

Sas Label: In general, health is

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Excellent	3,106	18.7%
2	Very good	7,217	43.5%
3	Good	5,097	30.7%
4	Fair	1,025	6.2%
5	Poor	61	0.4%
.	Missing	101	0.6%
		16,607	

F37 Compare health to 1 year ago

Compared to one year ago, how would you rate your health in general now? (Mark one oval.)

Variable # 63

Sas Name: HLTHC1Y

Sas Label: Compare health to 1 year ago

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	Much better now than 1 year ago	1,134	6.8%
2	Somewhat better now than 1 year ago	1,721	10.4%
3	About the same time	11,983	72.2%
4	Somewhat worse now than 1 year ago	1,596	9.6%
5	Much worse than 1 year ago	62	0.4%
.	Missing	111	0.7%
		16,607	

F37 Vigorous activities

The following are questions about a typical (or usual) day's activties. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Vigorous activities, such as running, lifting heavy objects, or strenuous sports

Variable # 64

Sas Name: VIGACT

Sas Label: Vigorous activities

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	4,413	26.6%
2	Yes, limited a little	7,923	47.7%
3	No, not limited at all	4,128	24.9%
.	Missing	143	0.9%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Moderate activities

The following are questions about a typical (or usual) day's activties. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Moderate activities, such as moving a table, vacuuming, bowling, or golfing

Variable # 65

Sas Name: MODACT

Sas Label: Moderate activities

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	660	4.0%
2	Yes, limited a little	3,533	21.3%
3	No, not limited at all	12,294	74.0%
.	Missing	120	0.7%
		16,607	

F37 Lifting or carrying groceries

The following are questions about a typical (or usual) day's activties. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Lifting or carrying groceries

Variable # 66

Sas Name: LIFTGROC

Sas Label: Lifting or carrying groceries

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	389	2.3%
2	Yes, limited a little	2,564	15.4%
3	No, not limited at all	13,523	81.4%
.	Missing	131	0.8%
		16,607	

F37 Climbing several flights

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing several flights of stairs

Variable # 67

Sas Name: STAIRS

Sas Label: Climbing several flights

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	1,500	9.0%
2	Yes, limited a little	5,297	31.9%
3	No, not limited at all	9,676	58.3%
.	Missing	134	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Climbing one flight of stairs

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Climbing one flight of stairs

Variable # 68

Sas Name: STAIR

Sas Label: Climbing one flight of stairs

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	362	2.2%
2	Yes, limited a little	2,056	12.4%
3	No, not limited at all	14,053	84.6%
.	Missing	136	0.8%
		16,607	

F37 Bending, kneeling, stooping

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bending, kneeling, stooping

Variable # 69

Sas Name: BENDING

Sas Label: Bending, kneeling, stooping

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	1,294	7.8%
2	Yes, limited a little	5,834	35.1%
3	No, not limited at all	9,343	56.3%
.	Missing	136	0.8%
		16,607	

F37 Walking more than one mile

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking more than a mile

Variable # 70

Sas Name: WALK1M

Sas Label: Walking more than one mile

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	1,538	9.3%
2	Yes, limited a little	3,537	21.3%
3	No, not limited at all	11,392	68.6%
.	Missing	140	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Walking several blocks

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking several blocks

Variable # 71

Sas Name: WALKBLKS

Sas Label: Walking several blocks

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	759	4.6%
2	Yes, limited a little	2,103	12.7%
3	No, not limited at all	13,604	81.9%
.	Missing	141	0.8%
		16,607	

F37 Walking one block

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Walking one block

Variable # 72

Sas Name: WALK1BLK

Sas Label: Walking one block

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	229	1.4%
2	Yes, limited a little	898	5.4%
3	No, not limited at all	15,332	92.3%
.	Missing	148	0.9%
		16,607	

F37 Bathing or dressing yourself

The following are questions about a typical (or usual) day's activities. Does your health now limit you in these activities and, if so, how much? (Mark one oval for each question.) Bathing or dressing yourself

Variable # 73

Sas Name: BATHING

Sas Label: Bathing or dressing yourself

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Yes, limited a lot	112	0.7%
2	Yes, limited a little	405	2.4%
3	No, not limited at all	15,970	96.2%
.	Missing	120	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Phys or emotional probs interfere

During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends and relatives)?

Variable # 74

Sas Name: INTSOC

Sas Label: Phys or emotional probs interfere

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
1	Not at all	12,960	78.0%
2	Slightly	2,154	13.0%
3	Moderately	871	5.2%
4	Quite a bit	402	2.4%
5	Extremely	107	0.6%
.	Missing	113	0.7%
		16,607	

F37 How much body pain

During the past four weeks, how much bodily pain have you had? (Mark one oval.)

Variable # 75

Sas Name: BODPAIN

Sas Label: How much body pain

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
0	None	4,136	24.9%
2	Very mild	6,296	37.9%
3	Mild	3,333	20.1%
4	Moderate	2,353	14.2%
5	Severe	371	2.2%
.	Missing	118	0.7%
		16,607	

F37 How much did pain interfere

During the past four weeks, how much did pain interfere with your normal work (both outside your home and at home)? (Mark one oval.)

Variable # 76

Sas Name: PAININT

Sas Label: How much did pain interfere

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
1	Not at all	10,850	65.3%
2	A little bit	3,603	21.7%
3	Moderately	1,353	8.1%
4	Quite a bit	581	3.5%
5	Extremely	111	0.7%
.	Missing	109	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Phys/cut down on time spent

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You cut down on the amount of time you spent on work or other activities

Variable # 77

Sas Name: LESSWRKP

Sas Label: Phys/cut down on time spent

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
0	No	14,484	87.2%
1	Yes	2,014	12.1%
.	Missing	109	0.7%
		16,607	

F37 Phys/Accomplished less

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You accomplished less than you would have liked

Variable # 78

Sas Name: LESSACCP

Sas Label: Phys/Accomplished less

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
0	No	10,677	64.3%
1	Yes	5,816	35.0%
.	Missing	114	0.7%
		16,607	

F37 Phys/limited kind of work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You were limited in the kind of work or other activities you did

Variable # 79

Sas Name: LESSKNDP

Sas Label: Phys/limited kind of work

Usage Notes: none

Categories: Lifestyle
Medical History

Values		N	%
0	No	13,305	80.1%
1	Yes	3,174	19.1%
.	Missing	128	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Phys/difficulty perform work

The next questions are about your regular daily activities like work, child care, or community activities. As a result of you physical health, have any of the following problems occurred during the past 4 weeks? You had difficulty performing work or other activities (it took extra effort)

Variable # 80

Sas Name: WRKDIFFP

Sas Label: Phys/difficulty perform work

Values		N	%
0	No	12,907	77.7%
1	Yes	3,566	21.5%
.	Missing	134	0.8%
		16,607	

Usage Notes: none

Categories: Lifestyle
Medical History

F37 Emot/cut down on time spent

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You cut down on the amount of time spent on work or other activities

Variable # 81

Sas Name: LESSWRKE

Sas Label: Emot/cut down on time spent

Values		N	%
0	No	14,865	89.5%
1	Yes	1,634	9.8%
.	Missing	108	0.7%
		16,607	

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

F37 Emot/Accomplished less

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You accomplished less than you would have liked

Variable # 82

Sas Name: LESSACCE

Sas Label: Emot/Accomplished less

Values		N	%
0	No	12,576	75.7%
1	Yes	3,909	23.5%
.	Missing	122	0.7%
		16,607	

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Emot/Worked less careful

In the past four weeks, as a result of any emotional problem (feeling depressed or anxious), have any of the following occurred? You did work or other things less carefully than usual.

Variable # 83

Sas Name: LESSCARE

Sas Label: Emot/Worked less carefully

Usage Notes: none

Categories: Physical Activity
Psychosocial/Behavioral

Values		N	%
0	No	14,803	89.1%
1	Yes	1,673	10.1%
.	Missing	131	0.8%
		16,607	

F37 I get sick easier

Of these statements, how true or false is each for you? I seem to get sick a little easier than other people.

Variable # 84

Sas Name: SICKEASY

Sas Label: I get sick easier

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	123	0.7%
2	Mostly true	220	1.3%
3	Not sure	985	5.9%
4	Mostly false	3,424	20.6%
5	Definitely false	11,751	70.8%
.	Missing	104	0.6%
		16,607	

F37 I am as healthy as anybody

Of these statements, how true or false is each for you? I am as healthy as anybody I know.

Variable # 85

Sas Name: HLTHYANY

Sas Label: I am as healthy as anybody

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	6,663	40.1%
2	Mostly true	6,679	40.2%
3	Not sure	1,778	10.7%
4	Mostly false	738	4.4%
5	Definitely false	653	3.9%
.	Missing	96	0.6%
		16,607	

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 I expect health to get worse

Of these statements, how true or false is each for you? I expect my health to get worse.

Variable # 86

Sas Name: HLTHWORS

Sas Label: I expect health to get worse

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	279	1.7%
2	Mostly true	1,329	8.0%
3	Not sure	4,509	27.2%
4	Mostly false	4,343	26.2%
5	Definitely false	6,016	36.2%
.	Missing	131	0.8%
		16,607	

F37 My health is excellent

Of these statements, how true or false is each for you? My health is excellent.

Variable # 87

Sas Name: HLTHEXCL

Sas Label: My health is excellent

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	Definitely true	5,164	31.1%
2	Mostly true	8,253	49.7%
3	Not sure	1,679	10.1%
4	Mostly false	874	5.3%
5	Definitely false	528	3.2%
.	Missing	109	0.7%
		16,607	

F37 Physical or emotional prob

During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends and relatives)?

Variable # 88

Sas Name: INTSOC2

Sas Label: Physical or emotional problem

Usage Notes: none

Categories: Medical History
Psychosocial/Behavioral

Values		N	%
1	All of the time	115	0.7%
2	Most of the time	222	1.3%
3	Some of the time	1,177	7.1%
4	A little bit of the time	2,204	13.3%
5	None of the time	12,796	77.1%
.	Missing	93	0.6%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Did you feel full of pep

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel full of pep?

Variable # 89

Sas Name: FULLPEP

Sas Label: Did you feel full of pep

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	628	3.8%
2	Most of the time	6,324	38.1%
3	A good bit of the time	4,254	25.6%
4	Some of the time	3,465	20.9%
5	A little bit of the time	1,331	8.0%
6	None of the time	494	3.0%
.	Missing	111	0.7%
		16,607	

F37 Have you been very nervous

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you been a very nervous person?

Variable # 90

Sas Name: NERVOUS

Sas Label: Have you been very nervous

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	82	0.5%
2	Most of the time	273	1.6%
3	A good bit of the time	526	3.2%
4	Some of the time	2,230	13.4%
5	A little bit of the time	5,786	34.8%
6	None of the time	7,613	45.8%
.	Missing	97	0.6%
		16,607	

F37 Felt down in dumps

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt so down in the dumps that nothing could cheer you up?

Variable # 91

Sas Name: DWNDUMPS

Sas Label: Felt down in dumps

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	31	0.2%
2	Most of the time	93	0.6%
3	A good bit of the time	218	1.3%
4	Some of the time	1,048	6.3%
5	A little bit of the time	2,853	17.2%
6	None of the time	12,252	73.8%
.	Missing	112	0.7%
		16,607	

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Felt calm and peaceful

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt calm and peaceful?

Variable # 92

Sas Name: CALM

Sas Label: Felt calm and peaceful

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	991	6.0%
2	Most of the time	8,449	50.9%
3	A good bit of the time	3,596	21.7%
4	Some of the time	2,375	14.3%
5	A little bit of the time	840	5.1%
6	None of the time	230	1.4%
.	Missing	126	0.8%
		16,607	

F37 Had lots of energy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you have a lot of energy?

Variable # 93

Sas Name: ENERGY

Sas Label: Had lots of energy

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	885	5.3%
2	Most of the time	6,109	36.8%
3	A good bit of the time	3,755	22.6%
4	Some of the time	3,474	20.9%
5	A little bit of the time	1,582	9.5%
6	None of the time	691	4.2%
.	Missing	111	0.7%
		16,607	

F37 Felt downhearted and blue

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you felt downhearted and blue?

Variable # 94

Sas Name: FELTBLUE

Sas Label: Felt downhearted and blue

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	50	0.3%
2	Most of the time	171	1.0%
3	A good bit of the time	438	2.6%
4	Some of the time	2,273	13.7%
5	A little bit of the time	6,708	40.4%
6	None of the time	6,841	41.2%
.	Missing	126	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Did you feel worn out

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel worn out?

Variable # 95

Sas Name: WORNOUT

Sas Label: Did you feel worn out

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	133	0.8%
2	Most of the time	486	2.9%
3	A good bit of the time	1,031	6.2%
4	Some of the time	4,291	25.8%
5	A little bit of the time	7,168	43.2%
6	None of the time	3,357	20.2%
.	Missing	141	0.8%
		16,607	

F37 Have you been happy

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Have you been happy?

Variable # 96

Sas Name: HAPPY

Sas Label: Have you been happy

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	1,775	10.7%
2	Most of the time	9,730	58.6%
3	A good bit of the time	2,505	15.1%
4	Some of the time	1,762	10.6%
5	A little bit of the time	587	3.5%
6	None of the time	149	0.9%
.	Missing	99	0.6%
		16,607	

F37 Did you feel tired

These questions are about how you feel and how things have been during the past 4 weeks. Give the one answer that comes closet to the way you have been feeling. Did you feel tired?

Variable # 97

Sas Name: TIRED

Sas Label: Did you feel tired

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
1	All of the time	257	1.5%
2	Most of the time	796	4.8%
3	A good bit of the time	1,551	9.3%
4	Some of the time	5,805	35.0%
5	A little bit of the time	7,084	42.7%
6	None of the time	1,012	6.1%
.	Missing	102	0.6%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant   **Population:** E+P participants

F37 Can you eat

Can you eat:

Variable # 98

Sas Name: EAT

Sas Label: Can you eat

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Without help (can feed self completely)	14,575	87.8%
2	With some help (help cutting, etc.)	15	0.1%
3	Completely unable to feed self	71	0.4%
.	Missing	1,946	11.7%
		16,607	

F37 Can you dress and undress

Can you dress and undress yourself:

Variable # 99

Sas Name: DRESS

Sas Label: Can you dress and undress self

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Without help (can pick clothes, dress)	14,598	87.9%
2	With some help	26	0.2%
3	Unable to dress and undress self	32	0.2%
.	Missing	1,951	11.7%
		16,607	

F37 Can you get in and out of bed

Can you get in and out of bed:

Variable # 100

Sas Name: INOUTBED

Sas Label: Can you get in and out of bed

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Without any help or aids	14,623	88.1%
2	With some help (from a person or device)	25	0.2%
3	Totally dependent to person to lift self	7	0.0%
.	Missing	1,952	11.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 Can you take a bath or shower

Can you take a bath or shower:

Variable # 101

Sas Name: SHOWER

Sas Label: Can you take a bath or shower

Usage Notes: none

Categories: Physical Activity

Values		N	%
1	Without help	14,560	87.7%
2	With some help (help in/out, tub attach)	94	0.6%
3	Completely unable to bathe self	10	0.1%
.	Missing	1,943	11.7%
		16,607	

F37 Bloating or gas

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Bloating or gas

Variable # 102

Sas Name: BLOATING

Sas Label: Bloating or gas

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	6,058	36.5%
1	Symptom was mild	7,710	46.4%
2	Symptom was moderate	2,019	12.2%
3	Symptom was severe	293	1.8%
.	Missing	527	3.2%
		16,607	

F37 Constipation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Constipation (difficulty having bowel movements)
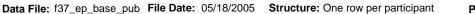
Variable # 103

Sas Name: CONSTIP

Sas Label: Constipation

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,191	67.4%
1	Symptom was mild	4,048	24.4%
2	Symptom was moderate	1,018	6.1%
3	Symptom was severe	225	1.4%
.	Missing	125	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Night sweats

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Night sweats

Variable # 104

Sas Name: NIGHTSWT

Sas Label: Night sweats

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,382	68.5%
1	Symptom was mild	3,534	21.3%
2	Symptom was moderate	1,268	7.6%
3	Symptom was severe	259	1.6%
.	Missing	164	1.0%
		16,607	

F37 General aches and pains

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. General aches or pains

Variable # 105

Sas Name: ACHES

Sas Label: General aches and pains

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	3,742	22.5%
1	Symptom was mild	9,278	55.9%
2	Symptom was moderate	2,960	17.8%
3	Symptom was severe	458	2.8%
.	Missing	169	1.0%
		16,607	

F37 Breast tenderness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Breast tenderness

Variable # 106

Sas Name: BRSTTEN

Sas Label: Breast tenderness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	14,538	87.5%
1	Symptom was mild	1,667	10.0%
2	Symptom was moderate	246	1.5%
3	Symptom was severe	29	0.2%
.	Missing	127	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Hot flashes

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hot flashes

Variable #	107	**Usage Notes:** none	
Sas Name:	HOTFLASH		
Sas Label:	Hot flashes	**Categories:**	Medical History: Other Disease/Condition

Values		**N**	**%**
0	Symptom did not occur	11,540	69.5%
1	Symptom was mild	3,394	20.4%
2	Symptom was moderate	1,263	7.6%
3	Symptom was severe	281	1.7%
.	Missing	129	0.8%
		16,607	

F37 Diarrhea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Diarrhea

Variable #	108	**Usage Notes:** none	
Sas Name:	DIARRHEA		
Sas Label:	Diarrhea	**Categories:**	Medical History: Other Disease/Condition

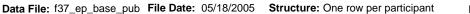| **Values**		**N**	**%**
0	Symptom did not occur	12,825	77.2%
1	Symptom was mild	2,888	17.4%
2	Symptom was moderate	624	3.8%
3	Symptom was severe	143	0.9%
.	Missing	127	0.8%
		16,607	

F37 Mood swings

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Mood swings
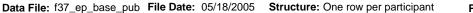
Variable #	109	**Usage Notes:** none	
Sas Name:	MOODSWNG		
Sas Label:	Mood swings	**Categories:**	Medical History: Other Disease/Condition

Values		**N**	**%**
0	Symptom did not occur	10,893	65.6%
1	Symptom was mild	4,572	27.5%
2	Symptom was moderate	893	5.4%
3	Symptom was severe	106	0.6%
.	Missing	143	0.9%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Nausea

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Nausea

Variable # 110
Sas Name: NAUSEA
Sas Label: Nausea

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	14,908	89.8%
1	Symptom was mild	1,304	7.9%
2	Symptom was moderate	195	1.2%
3	Symptom was severe	58	0.3%
.	Missing	142	0.9%
		16,607	

F37 Dizziness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Dizziness

Variable # 111
Sas Name: DIZZY
Sas Label: Dizziness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	13,831	83.3%
1	Symptom was mild	2,298	13.8%
2	Symptom was moderate	283	1.7%
3	Symptom was severe	57	0.3%
.	Missing	138	0.8%
		16,607	

F37 Feeling tired

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Feeling tired

Variable # 112
Sas Name: TIRED2
Sas Label: Feeling tired

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	2,369	14.3%
1	Symptom was mild	10,497	63.2%
2	Symptom was moderate	3,130	18.8%
3	Symptom was severe	478	2.9%
.	Missing	133	0.8%
		16,607	

WHI Baseline Dataset

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Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants
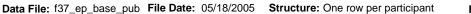
F37 Forgetfulness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Forgetfulness

Variable # 113

Sas Name: FORGET

Sas Label: Forgetfulness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	6,753	40.7%
1	Symptom was mild	8,082	48.7%
2	Symptom was moderate	1,444	8.7%
3	Symptom was severe	192	1.2%
.	Missing	136	0.8%
		16,607	

F37 Increased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Increased appetite

Variable # 114

Sas Name: HUNGRY

Sas Label: Increased appetite

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,437	68.9%
1	Symptom was mild	3,646	22.0%
2	Symptom was moderate	1,143	6.9%
3	Symptom was severe	232	1.4%
.	Missing	149	0.9%
		16,607	

F37 Heart racing or skipping

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Heart racing or skipping beats
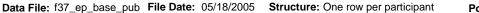
Variable # 115

Sas Name: HEARTRAC

Sas Label: Heart racing or skipping beats

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	13,630	82.1%
1	Symptom was mild	2,344	14.1%
2	Symptom was moderate	426	2.6%
3	Symptom was severe	56	0.3%
.	Missing	151	0.9%
		16,607	

WHI Baseline Dataset

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Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Tremors

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Tremors (shakes)

Variable # 116

Sas Name: TREMORS

Sas Label: Tremors

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	15,512	93.4%
1	Symptom was mild	760	4.6%
2	Symptom was moderate	147	0.9%
3	Symptom was severe	39	0.2%
.	Missing	149	0.9%
		16,607	

F37 Heartburn

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Heartburn

Variable # 117

Sas Name: HEARTBRN

Sas Label: Heartburn

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	10,684	64.3%
1	Symptom was mild	4,304	25.9%
2	Symptom was moderate	1,168	7.0%
3	Symptom was severe	302	1.8%
.	Missing	149	0.9%
		16,607	

F37 Restless and fidgety

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Restless or fidgety

Variable # 118

Sas Name: RESTLESS

Sas Label: Restless and fidgety

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	10,634	64.0%
1	Symptom was mild	4,820	29.0%
2	Symptom was moderate	876	5.3%
3	Symptom was severe	109	0.7%
.	Missing	168	1.0%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Low back pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Low back pain

Variable # 119

Sas Name: LOWBACKP

Sas Label: Low back pain

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	7,833	47.2%
1	Symptom was mild	5,654	34.0%
2	Symptom was moderate	2,313	13.9%
3	Symptom was severe	664	4.0%
.	Missing	143	0.9%
		16,607	

F37 Neck pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Neck pain

Variable # 120

Sas Name: NECKPAIN

Sas Label: Neck pain

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	10,046	60.5%
1	Symptom was mild	4,465	26.9%
2	Symptom was moderate	1,575	9.5%
3	Symptom was severe	362	2.2%
.	Missing	159	1.0%
		16,607	

F37 Skin dryness or scaling

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Skin dryness or scaling

Variable # 121

Sas Name: SKINDRY

Sas Label: Skin dryness or scaling

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	7,830	47.1%
1	Symptom was mild	6,408	38.6%
2	Symptom was moderate	1,834	11.0%
3	Symptom was severe	417	2.5%
.	Missing	118	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Headaches or migraines

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Headaches or migraines

Variable # 122		**Usage Notes:** none	
Sas Name: HEADACHE			
Sas Label: Headaches or migraines		**Categories:** Medical History: Other Disease/Condition	

Values		N	%
0	Symptom did not occur	9,294	56.0%
1	Symptom was mild	5,677	34.2%
2	Symptom was moderate	1,253	7.5%
3	Symptom was severe	282	1.7%
.	Missing	101	0.6%
		16,607	

F37 Clumsiness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Clumsiness

Variable # 123		**Usage Notes:** none	
Sas Name: CLUMSY			
Sas Label: Clumsiness		**Categories:** Medical History: Other Disease/Condition	

Values		N	%
0	Symptom did not occur	12,201	73.5%
1	Symptom was mild	3,722	22.4%
2	Symptom was moderate	462	2.8%
3	Symptom was severe	47	0.3%
.	Missing	175	1.1%
		16,607	

F37 Trouble with vision

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Any trouble seeing that is uncorrected by lenses

Variable # 124		**Usage Notes:** none	
Sas Name: TRBSEE			
Sas Label: Trouble with vision		**Categories:** Medical History: Other Disease/Condition	

Values		N	%
0	Symptom did not occur	13,448	81.0%
1	Symptom was mild	2,120	12.8%
2	Symptom was moderate	675	4.1%
3	Symptom was severe	173	1.0%
.	Missing	191	1.2%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Vaginal or genital irritation

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital irritation or itching

Variable # 125

Sas Name: VAGITCH

Sas Label: Vaginal or genital irritation

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	13,593	81.9%
1	Symptom was mild	2,325	14.0%
2	Symptom was moderate	436	2.6%
3	Symptom was severe	113	0.7%
.	Missing	140	0.8%
		16,607	

F37 Difficulty concentrating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Difficulty concentrating

Variable # 126

Sas Name: CONCEN

Sas Label: Difficulty concentrating

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,329	68.2%
1	Symptom was mild	4,412	26.6%
2	Symptom was moderate	601	3.6%
3	Symptom was severe	107	0.6%
.	Missing	158	1.0%
		16,607	

F37 Joint pain or stiffness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you... Be sure to mark one box on each line. Joint pain or stiffness

Variable # 127

Sas Name: JNTPAIN

Sas Label: Joint pain or stiffness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	4,898	29.5%
1	Symptom was mild	7,844	47.2%
2	Symptom was moderate	2,946	17.7%
3	Symptom was severe	778	4.7%
.	Missing	141	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Decreased appetite

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Decreased appetite

Variable # 128

Sas Name: NOHUNGER

Sas Label: Decreased appetite

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	15,370	92.6%
1	Symptom was mild	904	5.4%
2	Symptom was moderate	151	0.9%
3	Symptom was severe	35	0.2%
.	Missing	147	0.9%
		16,607	

F37 Hearing loss

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Hearing loss

Variable # 129

Sas Name: HEARLOSS

Sas Label: Hearing loss

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	12,922	77.8%
1	Symptom was mild	2,623	15.8%
2	Symptom was moderate	694	4.2%
3	Symptom was severe	192	1.2%
.	Missing	176	1.1%
		16,607	

F37 Swelling of hands or feet

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Swelling of hands or feet

Variable # 130

Sas Name: SWELLHND

Sas Label: Swelling of hands or feet

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,550	69.5%
1	Symptom was mild	3,919	23.6%
2	Symptom was moderate	849	5.1%
3	Symptom was severe	148	0.9%
.	Missing	141	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Vaginal or genital dryness

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital dryness

Variable # 131

Sas Name: VAGDRY

Sas Label: Vaginal or genital dryness

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,556	69.6%
1	Symptom was mild	3,436	20.7%
2	Symptom was moderate	1,128	6.8%
3	Symptom was severe	336	2.0%
.	Missing	151	0.9%
		16,607	

F37 Upset stomach or belly pain

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Upset stomach or belly pain or discomfort

Variable # 132

Sas Name: UPSTOM

Sas Label: Upset stomach or belly pain

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	10,959	66.0%
1	Symptom was mild	3,346	20.1%
2	Symptom was moderate	672	4.0%
3	Symptom was severe	157	0.9%
.	Missing	1,473	8.9%
		16,607	

F37 Pain/burning while urinating

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Pain or burning while urinating

Variable # 133

Sas Name: URINPAIN

Sas Label: Pain/burning while urinating

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	15,633	94.1%
1	Symptom was mild	681	4.1%
2	Symptom was moderate	110	0.7%
3	Symptom was severe	47	0.3%
.	Missing	136	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Coughing or wheezing

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Cough or wheezing

Variable # 134

Sas Name: COUGH

Sas Label: Coughing or wheezing

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	11,268	67.9%
1	Symptom was mild	3,842	23.1%
2	Symptom was moderate	1,115	6.7%
3	Symptom was severe	251	1.5%
.	Missing	131	0.8%
		16,607	

F37 Vaginal or genital discharge

Below is a list of symptoms people sometimes have. For each item, mark the one oval that best describes how bothersome the symptom was during the past 4 weeks for you. Be sure to mark one oval on each line. Vaginal or genital discharge

Variable # 135

Sas Name: VAGDIS

Sas Label: Vaginal or genital discharge

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	Symptom did not occur	14,926	89.9%
1	Symptom was mild	1,398	8.4%
2	Symptom was moderate	134	0.8%
3	Symptom was severe	24	0.1%
.	Missing	125	0.8%
		16,607	

F37 Did your spouse die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner die?

Variable # 136

Sas Name: SPOUSDIE

Sas Label: Did your spouse die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	15,943	96.0%
1	Yes and upset me: Not too much	47	0.3%
2	Yes and upset me: Moderately	133	0.8%
3	Yes and upset me: Very much	369	2.2%
.	Missing	115	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub   **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 Did your spouse have a serious illness

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did your spouse or partner have a serious illness?

Variable # 137

Sas Name: SPOUSILL

Sas Label: Did your spouse have a serious illness

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	462	2.8%
1	Yes and upset me: Not too much	17	0.1%
2	Yes and upset me: Moderately	37	0.2%
3	Yes and upset me: Very much	55	0.3%
.	Missing	16,036	96.6%
		16,607	

F37 Did a close friend die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Over the past year: Did a close friend or family member die or have a serious illness (other than your spouse or partner)?

Variable # 138

Sas Name: FRIENDIE

Sas Label: Did a close friend die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	8,831	53.2%
1	Yes and upset me: Not too much	1,434	8.6%
2	Yes and upset me: Moderately	3,438	20.7%
3	Yes and upset me: Very much	2,775	16.7%
.	Missing	129	0.8%
		16,607	

F37 Major problems with money

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have any major problems with money?

Variable # 139

Sas Name: MONPROB

Sas Label: Major problems with money

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	11,513	69.3%
1	Yes and upset me: Not too much	2,218	13.4%
2	Yes and upset me: Moderately	1,822	11.0%
3	Yes and upset me: Very much	945	5.7%
.	Missing	109	0.7%
		16,607	

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Have a divorce or break-up

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a divorce or break-up with a spouse or partner?

Variable # 140

Sas Name: DIVORCE

Sas Label: Have a divorce or break-up

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	15,940	96.0%
1	Yes and upset me: Not too much	129	0.8%
2	Yes and upset me: Moderately	140	0.8%
3	Yes and upset me: Very much	262	1.6%
.	Missing	136	0.8%
		16,607	

F37 Close friend had a divorce

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend have a divorce or break-up?

Variable # 141

Sas Name: FRNDIV

Sas Label: Close friend had a divorce

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	13,847	83.4%
1	Yes and upset me: Not too much	890	5.4%
2	Yes and upset me: Moderately	1,002	6.0%
3	Yes and upset me: Very much	717	4.3%
.	Missing	151	0.9%
		16,607	

F37 Major conflict with children

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did you have a major conflict with children or grandchildren?

Variable # 142

Sas Name: CHILCON

Sas Label: Major conflict with children

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	13,271	79.9%
1	Yes and upset me: Not too much	1,277	7.7%
2	Yes and upset me: Moderately	1,165	7.0%
3	Yes and upset me: Very much	791	4.8%
.	Missing	103	0.6%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Major accident or disaster

Below are some hard things that sometimes happen to people. Pls try to think back over the past yr to remember if any of these things happened.
Over the past year: Did you have any major accidents,disasters, muggings, unwanted sexual experiences, robberies or similar events?

Variable # 143

Sas Name: MAJACC

Sas Label: Major accident or disaster

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	15,336	92.3%
1	Yes and upset me: Not too much	314	1.9%
2	Yes and upset me: Moderately	481	2.9%
3	Yes and upset me: Very much	379	2.3%
.	Missing	97	0.6%
		16,607	

F37 Close friend lost job

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a family member or close friend lose their job or retire?

Variable # 144

Sas Name: FRNJOB

Sas Label: Close friend lost job

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	12,513	75.3%
1	Yes and upset me: Not too much	1,932	11.6%
2	Yes and upset me: Moderately	1,283	7.7%
3	Yes and upset me: Very much	771	4.6%
.	Missing	108	0.7%
		16,607	

F37 Did a pet die

Below are some hard things that sometimes happen to people. Please try to think back over the past year to remember if any of these things happened. Mark the answer that seems best. Over the past year: Did a pet die?

Variable # 145

Sas Name: PETDIE

Sas Label: Did a pet die

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	14,954	90.0%
1	Yes and upset me: Not too much	349	2.1%
2	Yes and upset me: Moderately	619	3.7%
3	Yes and upset me: Very much	564	3.4%
.	Missing	121	0.7%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 You felt depressed

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt depressed (blue or down)

Variable # 146   **Usage Notes:** none

Sas Name: FELTDEP

Sas Label: You felt depressed   **Categories:** Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	12,370	74.5%
1	Some or a little of the time	2,935	17.7%
2	Occasionally or a moderate amount	863	5.2%
3	Most or all of the time	239	1.4%
.	Missing	200	1.2%
		16,607	

F37 Your sleep was restless

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. Your sleep was restless

Variable # 147   **Usage Notes:** none

Sas Name: RESTSLP

Sas Label: Your sleep was restless   **Categories:** Lifestyle: Sleep
                                                                         Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	6,966	41.9%
1	Some or a little of the time	6,092	36.7%
2	Occasionally or a moderate amount	2,245	13.5%
3	Most or all of the time	1,101	6.6%
.	Missing	203	1.2%
		16,607	

F37 You enjoyed life

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You enjoyed life

Variable # 148   **Usage Notes:** none

Sas Name: ENJLIF

Sas Label: You enjoyed life   **Categories:** Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	1,100	6.6%
1	Some or a little of the time	985	5.9%
2	Occasionally or a moderate amount	2,144	12.9%
3	Most or all of the time	12,137	73.1%
.	Missing	241	1.5%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 You had crying spells

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You had crying spells

Variable # 149

Sas Name: CRYSPELL

Sas Label: You had crying spells

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	15,048	90.6%
1	Some or a little of the time	999	6.0%
2	Occasionally or a moderate amount	263	1.6%
3	Most or all of the time	91	0.5%
.	Missing	206	1.2%
		16,607	

F37 You felt sad

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt sad

Variable # 150

Sas Name: FELTSAD

Sas Label: You felt sad

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	10,745	64.7%
1	Some or a little of the time	4,478	27.0%
2	Occasionally or a moderate amount	900	5.4%
3	Most or all of the time	264	1.6%
.	Missing	220	1.3%
		16,607	

F37 You felt people disliked you

These are questions about your feelings during the past week. For each of the statements, please indicate the choice that tells how often you felt that way. You felt that people disliked you

Variable # 151

Sas Name: PEOPDIS

Sas Label: You felt people disliked you

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	Rarely or none of the time	14,788	89.0%
1	Some or a little of the time	1,310	7.9%
2	Occasionally or a moderate amount	226	1.4%
3	Most or all of the time	76	0.5%
.	Missing	207	1.2%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant   **Population:** E+P participants

F37 Felt sad for two weeks

In the past year, have you had two weeks or more during which you felt sad, blue, or depressed, or lost pleasure in things that you usually cared about or enjoyed?

Variable # 152

Sas Name: SAD2WK

Sas Label: Felt sad for two weeks

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	12,907	77.7%
1	Yes	3,459	20.8%
.	Missing	241	1.5%
		16,607	

F37 Felt sad two or more years

Have you had two years or more in your life when you felt depressed or sad on most days, even if you felt okay sometimes?

Variable # 153

Sas Name: SAD2YRS

Sas Label: Felt sad two or more years

Usage Notes: none

Categories: Psychosocial/Behavioral

Values		N	%
0	No	12,549	75.6%
1	Yes	3,835	23.1%
.	Missing	223	1.3%
		16,607	

F37 Felt sad much of past year

Have you felt depressed or sad much of the time in the past year?

Variable # 154

Sas Name: SADMUCH

Sas Label: Felt sad much of past year

Usage Notes: Sub-question of F37 V5 Q102 "Felt sad two or more years". Not collected on all versions of Form 37.

Categories: Psychosocial/Behavioral

Values		N	%
0	No	2,745	16.5%
1	Yes	1,057	6.4%
.	Missing	12,805	77.1%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 take medication for sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you take any kind of medication or alcohol at bedtime to help you sleep?

Variable # 155

Sas Name: MEDSLEEP

Sas Label: take medication for sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	12,856	77.4%
2	Yes, less than once a week	1,468	8.8%
3	Yes 1 or 2 times a week	910	5.5%
4	Yes, 3 or 4 times a week	474	2.9%
5	Yes, 5 or more times a week	773	4.7%
.	Missing	126	0.8%
		16,607	

F37 fall asleep during quiet activity

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you fall asleep during quiet activities like reading, watching TV, or riding in a car?

Variable # 156

Sas Name: FALLSLP

Sas Label: fall asleep during quiet activ

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	3,906	23.5%
2	Yes, less than once a week	3,797	22.9%
3	Yes 1 or 2 times a week	4,417	26.6%
4	Yes, 3 or 4 times a week	2,667	16.1%
5	Yes, 5 or more times a week	1,675	10.1%
.	Missing	145	0.9%
		16,607	

F37 Did you nap during the day

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you nap during the day?

Variable # 157

Sas Name: NAP

Sas Label: Did you nap during the day

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	8,540	51.4%
2	Yes, less than once a week	3,493	21.0%
3	Yes 1 or 2 times a week	2,556	15.4%
4	Yes, 3 or 4 times a week	1,204	7.2%
5	Yes, 5 or more times a week	670	4.0%
.	Missing	144	0.9%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Did you have trouble sleeping

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble falling asleep?

Variable # 158

Sas Name: TRBSLEEP

Sas Label: Did you have trouble sleeping

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	8,989	54.1%
2	Yes, less than once a week	3,299	19.9%
3	Yes 1 or 2 times a week	2,430	14.6%
4	Yes, 3 or 4 times a week	1,067	6.4%
5	Yes, 5 or more times a week	655	3.9%
.	Missing	167	1.0%
		16,607	

F37 Did you wake up several times

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up several times at night?

Variable # 159

Sas Name: WAKENGHT

Sas Label: Did you wake up several times

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	3,606	21.7%
2	Yes, less than once a week	2,804	16.9%
3	Yes 1 or 2 times a week	3,586	21.6%
4	Yes, 3 or 4 times a week	3,006	18.1%
5	Yes, 5 or more times a week	3,443	20.7%
.	Missing	162	1.0%
		16,607	

F37 wake up earlier than planned

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you wake up earlier than you planned

Variable # 160

Sas Name: UPEARLY

Sas Label: wake up earlier than planned

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	7,054	42.5%
2	Yes, less than once a week	3,536	21.3%
3	Yes 1 or 2 times a week	3,059	18.4%
4	Yes, 3 or 4 times a week	1,695	10.2%
5	Yes, 5 or more times a week	1,106	6.7%
.	Missing	157	0.9%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 trouble getting back to sleep

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you have trouble getting back to sleep after you woke up too early?

Variable # 161

Sas Name: BACKSLP

Sas Label: trouble getting back to sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	8,300	50.0%
2	Yes, less than once a week	3,259	19.6%
3	Yes 1 or 2 times a week	2,620	15.8%
4	Yes, 3 or 4 times a week	1,393	8.4%
5	Yes, 5 or more times a week	871	5.2%
.	Missing	164	1.0%
		16,607	

F37 Did you snore

These next questions are about your sleep habits. Please mark one of the answers for each of the following questions. Pick the answer that best describes how often you experienced the situation in the past 4 weeks. Did you snore?

Variable # 162

Sas Name: SNORE

Sas Label: Did you snore

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	No, not in past 4 weeks	2,812	16.9%
2	Yes, less than once a week	688	4.1%
3	Yes 1 or 2 times a week	1,093	6.6%
4	Yes, 3 or 4 times a week	902	5.4%
5	Yes, 5 or more times a week	2,161	13.0%
9	Don't know	8,806	53.0%
.	Missing	145	0.9%
		16,607	

F37 Typical nights sleep

Overall, was your typical night's sleep during the past 4 weeks:

Variable # 163

Sas Name: QUALSLP

Sas Label: Typical night's sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	Very restless	357	2.1%
2	Restless	2,322	14.0%
3	Average quality	7,081	42.6%
4	Sound or restful	4,734	28.5%
5	Very sound or restful	2,006	12.1%
.	Missing	107	0.6%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub   **File Date:** 05/18/2005   **Structure:** One row per participant   **Population:** E+P participants

F37 How many hours of sleep

About how many hours of sleep did you get on a typical night during the past 4 weeks?

Variable # 164

Sas Name: HRSSLP

Sas Label: How many hours of sleep

Usage Notes: none

Categories: Lifestyle: Sleep

Values		N	%
1	5 or less hours	1,352	8.1%
2	6 hours	4,757	28.6%
3	7 hours	6,166	37.1%
4	8 hours	3,578	21.5%
5	9 hours	584	3.5%
6	10 or more hours	69	0.4%
.	Missing	101	0.6%
		16,607	

F37 Ever leaked urine

Have you ever leaked even a very small amount of urine involuntarily and you couldn't control it?

Variable # 165

Sas Name: INCONT

Sas Label: Ever leaked urine

Usage Notes: none

Categories: Medical History: Incontinence

Values		N	%
0	No	4,901	29.5%
1	Yes	11,602	69.9%
.	Missing	104	0.6%
		16,607	

F37 How often leaked urine

How often does this leaking urine occur? (Mark one oval.)

Variable # 166

Sas Name: FRQINCON

Sas Label: How often leaked urine

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

Values		N	%
1	Not once during past year	970	5.8%
2	Less than once a month	3,794	22.8%
3	More than once a month	2,961	17.8%
4	One or more times a week	2,900	17.5%
5	Daily	1,321	8.0%
.	Missing	4,661	28.1%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 No longer leak urine

When do you usually leak urine? (Mark all that apply.) No longer leak urine

Variable # 167

Sas Name: NOINCON

Sas Label: No longer leak urine

Values		N	%
0	No	10,267	61.8%
1	Yes	646	3.9%
.	Missing	5,694	34.3%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak urine when cough, laugh

When do you usually leak urine? (Mark all that apply.) When I cough, laugh, sneeze, lift, stand up. Or exercise

Variable # 168

Sas Name: CGHINCON

Sas Label: Leak urine when cough, laugh

Values		N	%
0	No	4,540	27.3%
1	Yes	6,373	38.4%
.	Missing	5,694	34.3%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak when can't get to toilet

When do you usually leak urine? (Mark all that apply.) When I feel the need to urinate and can't get to a toilet fast enough

Variable # 169

Sas Name: TOINCON

Sas Label: Leak when can't get to toilet

Values		N	%
0	No	5,224	31.5%
1	Yes	5,689	34.3%
.	Missing	5,694	34.3%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak when I am sleeping

When do you usually leak urine? (Mark all that apply.) When I sleep

Variable # 170

Sas Name: SLPINCON

Sas Label: Leak when I am sleeping

Values		N	%
0	No	10,656	64.2%
1	Yes	257	1.5%
.	Missing	5,694	34.3%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 When leak urine, Other

When do you usually leak urine? (Mark all that apply.) Other

Variable # 171

Sas Name: OTHINCON

Sas Label: When leak urine, Other

Values		N	%
0	No	10,597	63.8%
1	Yes	316	1.9%
.	Missing	5,694	34.3%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 How much urine do you lose

How much urine do you usually lose when it leaks? (Mark one oval.)

Variable # 172

Sas Name: LEAKAMT

Sas Label: How much urine do you lose

Values		N	%
1	None	135	0.8%
2	Barely noticeable on underpants	8,923	53.7%
3	Soaked underpants	1,881	11.3%
4	Soaked through to outer clothing	256	1.5%
.	Missing	5,412	32.6%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak Protect/No protection

What protection do you wear in case you leak urine? (Mark all that apply.) None

Variable # 173

Sas Name: NOPRTCT

Sas Label: Leak Protect/No protection

Values		N	%
0	No	4,255	25.6%
1	Yes	6,949	41.8%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak Protect/Mini-pad, tissue

What protection do you wear in case you leak urine? (Mark all that apply.) Mini-pad, tissue or towel

Variable # 174

Sas Name: MINIPAD

Sas Label: Leak Protect/Mini-pad, tissue

Values		N	%
0	No	7,857	47.3%
1	Yes	3,347	20.2%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 Leak Protection/Menstrual pad

What protection do you wear in case you leak urine? (Mark all that apply.) Menstrual pad or shield

Variable # 175

Sas Name: MENSPAD

Sas Label: Leak Protection/Menstrual pad

Values		N	%
0	No	10,257	61.8%
1	Yes	947	5.7%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leak protect/Diaper, Attends

What protection do you wear in case you leak urine? (Mark all that apply.) Diaper, towel, Attends, Depends

Variable # 176

Sas Name: DIAPER

Sas Label: Leak protect/Diaper, Attends

Values		N	%
0	No	10,915	65.7%
1	Yes	289	1.7%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Leaking urine protection other

What protection do you wear in case you leak urine? (Mark all that apply.) Other

Variable # 177

Sas Name: OTHPRTCT

Sas Label: Leaking urine protection, Other

Values		N	%
0	No	11,105	66.9%
1	Yes	99	0.6%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

F37 leak limit activities

How often does the leakage of urine limit your daily activities? (Mark one oval.)

Variable # 178

Sas Name: INCONLMT

Sas Label: leak limit activities

Values		N	%
1	Never	9,004	54.2%
2	Almost never	1,673	10.1%
3	Sometimes	426	2.6%
4	Fairly often	80	0.5%
5	Very often	32	0.2%
.	Missing	5,392	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 How much does leakage bother you

How much does the leakage of urine bother or disturb you? (Mark one oval.)

Variable # 179

Sas Name: INCONDIS

Sas Label: How much does leakage bother

Values		N	%
1	Not at all disturbing	2,984	18.0%
2	A little disturbing	5,324	32.1%
3	Somewhat disturbing	1,832	11.0%
4	Very disturbing	772	4.6%
5	Extremely disturbing	292	1.8%
.	Missing	5,403	32.5%
		16,607	

Usage Notes: Sub-question of F37 V5 Q113 "Ever leaked urine".
Sub-question of F37 V5 Q115 "No longer leak urine".
Not collected on all versions of Form 37.

Categories: Medical History: Incontinence

F37 Currently married or intimate

Are you currently married or in an intimate relationship with at least one person?

Variable # 180

Sas Name: MARRIED

Sas Label: Currently married or intimate

Values		N	%
0	No	5,984	36.0%
1	Yes	10,501	63.2%
.	Missing	122	0.7%
		16,607	

Usage Notes: none

Categories: Lifestyle: Sexual Activity

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Activities of daily living construct

Computed from Forms 36/37, questions 84-87. Source: WHI BAC. Four items describing basic activities (whether can eat, dress, get in and out of bed, and take a bath) each of which has three possible values (1=without help, 2=some help, 3=completely unable) are summed. A lower score indicates greater ability to cope with daily living activities. Missing if any of the four items are missing.

Variable # 181

Sas Name: ACTDLY

Sas Label: Activities of Daily Living Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
14633	4	12	4.02734	.28722

Ambivalence over emotional expressiveness

Computed from Form 36/37, questions 30, 31 and 32. Reference: King L, Emmons R (1990). Average of three components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the three components is missing.

Variable # 182

Sas Name: AMBEMOT

Sas Label: Ambivalence over Emotional Expressivenes

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16451	1	5	2.9781	.70338

Care giving construct #1 (0,1 scoring)

Computed from Form 36/37, question 15. Source: Cardiovascular Health Study. CAREGIV1 is an indicator of whether the participant is currently helping a sick, limited or frail family member on a regular basis. (See also CAREGIV2.)

Variable # 183

Sas Name: CAREGIV1

Sas Label: Care Giving Construct #1 (0,1 scoring)

Usage Notes: none

Categories: Computed Variables

Values		N	%
0	No	9,803	59.0%
1	Yes	6,682	40.2%
.	Missing	122	0.7%
		16,607	

Care giving construct #2 (0-5+ scoring)

Computed from Form 36/37, question 15 and 15.1. Source: Cardiovascular Health Study. CAREGIV2 combines questions 15 and 15.1 to give the number of times per week a participant currently helps a friend or family member. (See also CAREGIV1.)

Variable # 184

Sas Name: CAREGIV2

Sas Label: Care Giving Construct #2 (0-5+ scoring)

Usage Notes: none

Categories: Computed Variables

Values		N	%
0	No	9,803	59.0%
1	Less than once a week	1,445	8.7%
2	1-2 times a week	2,583	15.6%
3	3-4 times a week	885	5.3%
4	5 or more times a week	1,751	10.5%
.	Missing	140	0.8%
		16,607	

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Role limitations due to emotional problems

Computed from Form 36/37, questions 67, 68, and 69. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to emotional problems. EMOLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 185

Sas Name: EMOLIMIT

Sas Label: Role Limitations Due to Emotional Proble

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16440	0	100	85.43593	27.96042

Emotional well-being

Computed from Form 36/37, questions 76, 77, 78, 80, and 82. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on emotional well-being. EMOWELL ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 186

Sas Name: EMOWELL

Sas Label: Emotional Well-being

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16373	0	100	79.81628	14.01125

Energy/fatigue

Computed from Form 36/37, questions 75, 79, 81, and 83. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on energy/fatigue. ENERFAT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 187

Sas Name: ENERFAT

Sas Label: Energy/Fatigue

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16384	0	100	64.78851	18.76065

Hostility construct

Computed from Form 36/37, questions 33-45. Source: Cynicism Subscale of Cooke-Medley Questionnaire. Sum of thirteen True/False items resulting in a possible range from 0 to 13 where a higher score indicates greater hostility. Missing if any of the thirteen items are missing.

Variable # 188

Sas Name: HOSTIL

Sas Label: Hostility Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
15947	0	13	3.61861	2.80011

General health construct

Computed from Form 36/37, questions 48, 70, 71, 72, and 73. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on general health. GENHLTH ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 189

Sas Name: GENHLTH

Sas Label: General Health Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16403	0	100	76.64391	16.28784

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Life event construct #1 (0,1 scoring)

Computed from Form 36/37, questions 89.1, and 90-99. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. The eleven items are recoded, setting original responses from 1-3 equal to 1, and then summed. The construct has a range from 0 to 11 with a higher score indicating a greater number of life events. Missing if any of the eleven items are missing.

Variable # 190   **Usage Notes:** none

Sas Name: LFEVENT1

Sas Label: Life Event Construct #1 (0,1 scoring)   **Categories:** Computed Variables

N	Min	Max	Mean	Std Dev
16216	0	11	1.70474	1.45115

Life event construct #2 (0-3 scoring)

Computed from Form 36/37, question questions 89.1, and 90-99. Source: WHI BAC; based on measures used in the Alameda County Study and BHAT. This construct is a sum of the eleven items that are coded from 0-3 resulting in a range from 0 to 33 with a higher score indicating a greater number of life events. If any of the eleven items are missing, LFEVENT2 is set to missing.

Variable # 191   **Usage Notes:** none

Sas Name: LFEVENT2

Sas Label: Life Event Construct #2 (0-3 scoring)   **Categories:** Computed Variables

N	Min	Max	Mean	Std Dev
16216	0	28	3.33233	3.21493

Living alone

Computed from Form 36/37, questions 10.1-10.7. Indicator of whether the participant lives alone.

Variable # 192   **Usage Notes:** none

Sas Name: LIVALOR

Sas Label: Living Alone   **Categories:** Computed Variables

Values		N	%
0	No	12,359	74.4%
1	Yes	4,115	24.8%
.	Missing	133	0.8%
		16,607	

Negative emotional expressiveness (NEE)

Computed from Form 36/37, questions 26-29. Reference: King L, Emmons R (1990). Average of four components coded from 1=strongly disagree to 5=strongly agree. The summary score ranges from 1 to 5 where a higher score indicates greater ambivalence in expressing negative emotions. Missing if any of the four components is missing.

Variable # 193   **Usage Notes:** none

Sas Name: NEGEMOT

Sas Label: Negative Emotional Expressiveness (NEE)   **Categories:** Computed Variables

N	Min	Max	Mean	Std Dev
16416	1	5	2.80746	.61242

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Optimism construct

Computed from Form 36/37, questions 20-25. Source: Life Orientation Test-Revised (LOT-R). Sum of six components coded from 1=strongly disagree to 5=strongly agree. Questions 21, 23 and 24 are reverse coded before summing. The summary score ranges from 6 to 30 where a higher score indicates greater optimisim. Missing if any of the six components is missing.

Variable # 194

Sas Name: OPTIMISM

Sas Label: Optimism Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16228	6	30	23.22104	3.35772

Pain construct

Computed from Form 36/37, questions 61 and 62. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on pain. PAIN ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 195

Sas Name: PAIN

Sas Label: Pain Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16482	0	100	77.25777	21.84903

Role limitations due to physical health

Computed from Form 36/37, questions 63-66. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on role limitations due to physical health. PHYLIMIT ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 196

Sas Name: PHYLIMIT

Sas Label: Role Limitations Due to Physical Health

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16419	0	100	77.97369	32.62525

Physical functioning construct

Computed from Form 36/37, questions 50-59. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on physical functioning. PHYSFUN ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 197

Sas Name: PHYSFUN

Sas Label: Physical Functioning Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16267	0	100	82.85025	18.74419

WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Shortened CES-D/DIS screening instrument

Computed from Form 36/37, questions 100.1-100.6, 101, and 102. Source: Center for Epidemiological Studies; depression scale (CES-D, short form). PSHTDEP ranges from 0 to 1 with a higher score indicating a greater likelihood of depression. Cutoff values of .06 and .009 have been used to indicate depression.

Variable # 198

Sas Name: PSHTDEP

Sas Label: Shortened CES-D/DIS Screening Instrument

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16081	.00037	.94599	.03542	.11762

Sleep disturbance construct

Computed from Form 36/37, questions 106-109 and 111. Sum of five components. Questions 106-109 range from 1-5 and question 111 is recoded and reverse coded resulting in a range from 0-4 before summing. The summary score ranges from 4 to 24 where a higher score indicates greater sleep disturbance. Missing if any of the five components is missing.

Variable # 199

Sas Name: SLPDSTRB

Sas Label: Sleep Disturbance Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16229	0	20	13.35997	4.45847

Social functioning

Computed from Form 36/37, questions 60 and 74. Source: Rand 36-Item Health Survey (SF-36). Quality of life subscale on social functioning. SOCFUNC ranges from 0 to 100 with a higher score indicating a more favorable health state.

Variable # 200

Sas Name: SOCFUNC

Sas Label: Social Functioning

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16459	0	100	91.52212	16.44048

Social strain construct

Computed from Form 36/37, questions 16-19. Source: Antonucci TA, Kahn RC, Akiyama H (1989). Scale measuring negative aspects of social relations. Sum of four components coded from 1=none to 5=all. The summary score ranges from 4 to 20 where a higher score indicates more social strain. Missing if any of the four components is missing.

Variable # 201

Sas Name: SOCSTRN

Sas Label: Social Strain Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16215	4	20	6.44274	2.524

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WHI Baseline Dataset

Form 37 - Thoughts and Feelings

Data File: f37_ep_base_pub **File Date:** 05/18/2005 **Structure:** One row per participant **Population:** E+P participants

Social support construct

Computed from Form 36/37, questions 1-9. Source: Medical Outcomes Study. Sum of nine components coded from 1=none of the time to 5=all of the time. The summary score ranges from 9 to 45 where a higher score indicates more social support. Missing if any of the nine components is missing.

Variable # 202

Sas Name: SOCSUPP

Sas Label: Social Support Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
16135	9	45	35.8784	7.72512

Symptom construct

Computed from Form 36/37, questions 88.1-88.34. Source: PEPI, national and other surveys. Average of 34 items measuring occurrence and severity of symptoms. The summary score ranges from 0 to 3 where a higher score indicates more numerous and/or more severe symptoms. Missing if any of the 34 items is missing.

Variable # 203

Sas Name: SYMPTOM

Sas Label: Symptom Construct

Usage Notes: none

Categories: Computed Variables

N	Min	Max	Mean	Std Dev
14011	0	2.20588	.40905	.25821