

# REGISTRATION PACKET

## “SOONER GOLD”

# 19th National Veterans Golden Age Games



## Norman, Oklahoma

## May 21-26, 2005

Hosted by VA Medical Center  
Oklahoma City, Oklahoma



DEPARTMENT OF VETERANS AFFAIRS



VETERANS OF FOREIGN WARS  
AND LADIES AUXILIARY



VETERANS CANTEN SERVICE



January 1, 2005

Dear 2005 National Veterans Golden Age Games Participants:

As Director of the Oklahoma City VA Medical Center, it is my honor and pleasure to invite you to the 19<sup>th</sup> National Veterans Golden Age Games and *Sooner Gold*, to be held in Norman, Oklahoma, May 21-26, 2005.

This year's event, sponsored by the Department of Veterans Affairs, Veterans of Foreign Wars & Ladies Auxiliary and Veterans Canteen Service holds the promise of being one of the best Games yet for more than 500 veterans, age 55 and older. The National Veterans Golden Age Games continues to be associated with the National Senior Games Association.

Enclosed you will find the 2005 registration packet. Please take the time to complete it thoroughly. Have your Chief, Recreation Therapy Service and/or Coach assist you with the proper completion of the application.

If you have any questions or need additional information, please contact Sherilyn Fails or Susan Bishop, Coordinators for the 2005 National Veterans Golden Age Games at (405) 270-1571 or (405) 552-4313.

Whether this is your first National Veterans Golden Age Games or you are an annual competitor, we look forward to seeing you in Norman, Oklahoma this summer for the 2005 National Veterans Golden Age Games and *Sooner Gold*.

Sincerely Yours,

STEVEN J. GENTLING, FACHE  
Director  
Oklahoma City VA Medical Center

**NATIONAL VETERANS GOLDEN AGE GAMES**  
**May 21-26, 2005**  
**NORMAN, OKLAHOMA**

**WHO MUST REGISTER:** All competitors, coaches, support staff and volunteers. Each individual registering must complete a separate registration form.

**ELIGIBILITY:** All veterans, ages 55 or older, who are currently receiving Inpatient or Outpatient care from the Department of Veterans Affairs.

**REGISTRATION DEADLINE:** Completed registration forms must be postmarked on or before:

**MARCH 1, 2005**

PLEASE RETURN COMPLETED PACKAGE TO:

Tricia Dear, Registration Chair (00B)  
National Veterans Golden Age Games (NVGAG)  
Oklahoma City VA Medical Center  
921 NE 13<sup>th</sup> Street  
Oklahoma City, OK 73104

**Registration is limited to 500 competitors on a first-come first-serve basis. If your form is incomplete, you will be contacted to re-submit any missing documents, which will delay your registration. Please enlist the help of your coaches before mailing the packet.**

**NO LATE REGISTRATIONS WILL BE ACCEPTED**

**GAME EVENTS:** All competitors must enter at least two but no more than four events. Complete the "Events" section in the registration package.

Events include bicycling, bowling, checkers, croquet, dominoes, golf, horseshoes, nine ball, shot put, discus, 10-meter air rifle, shuffleboard, table tennis, and swimming.

**EVENT RULES:** Event rules are available via the Internet at <http://www.va.gov/vetevent/gag/rules/index.html>

**2005 NATIONAL VETERANS GOLDEN AGE GAMES**

**CLASSIFICATION:**

All age classifications will be determined by the competitor's age as of **May 22, 2005**. There are six age classifications:

**55-59                  60-64                  65-69**  
**70-74                  75-79                  80+**

Competitors will compete by gender in the following events:

**Bicycling              Bowling                  Horseshoes**  
**Shot Put                Swimming                Discus**

Non-ambulatory competitors will have a separate division in the following events:

**Table tennis            Swimming**  
**Nine ball                Bowling                Horseshoes**  
**Shot Put                Shuffleboard            Discus**

Visually impaired competitors will have a separate division in the following events: **Bowling    Horseshoes    Shuffleboard**

**LODGING:**

2005 National Veterans Golden Age Games and *Sooner Gold* will be conducted on the University of Oklahoma campus in Norman, Oklahoma. Competitors and coaches will be lodged primarily in Walker Tower Dormitory. Some rooms are also available at the Postal Training Center (PTC) near the campus; however, those rooms will be booked **only for overflow/excess capacity**. Participants and coaches are encouraged to make reservations at the Walker Tower. Both facilities have limited handicap bathroom access, which will necessitate sharing of handicap bathroom facilities. All lodging facilities are non-smoking. The rates are as follows:

**Walker Tower**

<b>Double Occupancy Rate</b>	<b>Single Occupancy Rate</b>
*Suite-style bathrooms \$22.00 per day	*Suite-style bathrooms \$30.00 per day
**Community –Style bathrooms \$20.00 per day	**Community-style bathrooms \$26.00 per day

\* Two rooms with an adjoining/shared bathroom.

\*\*Community bathrooms service 15 rooms

**Postal Training Center:** Single Occupancy: \$55.00/night

Due to the size of the dorm rooms, single occupancy is recommended – especially for those in wheelchairs or scooters. All lodging costs are the responsibility of the participating competitors, coaches and support staff. All reservations must be made with the Oklahoma City VAMC National Veterans Golden Age Games office at (405) 270-5113 by March 1, 2005. **DO NOT CALL THE DORM OR PTC.**

All room reservations are made by completing the registration package.

**A valid credit card is REQUIRED to reserve your room.**

If you do not have a credit card, please notify your coach.

The deadline for full payment is March 31, 2005.

**MEALS:**

**Breakfast, lunch and dinner** will be served at Couch Cafeteria (or specified venues) on OU Campus. Tickets are required for all meals. Meals will be available beginning with dinner on arrival day, Friday, **May 20, 2005** and concluding with breakfast on departure day, Friday, **May 27, 2005**. The menus will accommodate special diets including diabetic, vegetarian, etc. **Other special diet requests are to be in writing and are to accompany the registration forms.**

Meal tickets will be issued along with keys to the dorm rooms upon arrival. Coaches, support staff and family members may purchase a meal ticket for \$24 per day or \$158.00 for the week.

**METHODS OF PAYMENT:**

During the registration period of January through March 2005, payment may be by VISA or MasterCard credit cards or by personal check.

Payments may also be made by transferring funds from one VA Fiscal Service to the Fiscal Department at the Oklahoma City VAMC. The funds are to be transmitted via TDA to General Post Fund 8835. Transmitted funds must be received by **May 13, 2005**.

**TRAVEL:**

The primary airline service is at the Will Rogers International Airport in Oklahoma City, Oklahoma air terminal (OKC).

The Will Rogers Airport is approximately 20 minutes from the OU Campus.

**TRANSPORTATION:**

The Games' organizers will provide transportation for arrivals on **Friday, May 20, 2005** between the airport and dormitory/PTC. Representatives of the Games will greet you at the airport. Transportation for all National Veterans Golden Age Games sponsored events and activities will also be provided from the dormitory and the Postal Training Center.

Transportation will be provided to the airport for departures on Friday, **May 27, 2005**.

**WEATHER:**

Norman's weather in May is usually mild, sunny with occasional storms. The dorm rooms and areas for indoor events are all air-conditioned.

Items to consider bringing include a hat, swimsuit, sunscreen, sunglasses, and appropriate clothing for moderate to warm temperatures.

**MEDICAL:**

Each competitor **must** complete the enclosed "General Medical Information" forms. **In addition to the General Medical Information Form G, a 10-10EZ form must be included with your application.**

Medical assistance will be provided 24 hours a day as part of the 2005 National Veterans Golden Age Games and *Sooner Gold*. Sick call and emergency medical treatment will be coordinated at Walker Tower. First aid and patient stabilization will be provided at the events, activities and alternate hotel sites. Ambulances will be called if Emergency Care is needed.

**AS A REMINDER, MEDICAL ASSISTANCE IS NOT INTENDED FOR PRE-EXISTING CONDITIONS.**

Competitors must bring with them enough medication and medical supplies to last throughout the Games. There are no provisions for providing replacement medications and medical supplies.

**INSURANCE INFORMATION:** It is recommended that you include all of your health insurance papers as part of your travel papers

**CONFIRMATION OF REGISTRATION:** Once your completed application has been received and accepted by the 2005 Games office, a letter of confirmation will be sent to you. Included with the confirmation letter will be a form for you to complete regarding your travel itinerary. The travel itinerary form plus full payment for any meals and alternate activities must be returned by April 15, 2005. All lodging will be reserved with the credit card provided.

**GENERAL INFORMATION:** Upon arrival, you will need to check in with the Games representatives at the dormitory on OU Campus for room registration. Arrival date is Friday, May 20, 2005. Dinner will be provided followed by entertainment. Registration for the Games and events will be on Saturday, May 21, from 8AM to 4PM. Opening Ceremonies is at 7:00 pm on Saturday, May 21, 2004.

**For further information, contact the 19<sup>th</sup> NATIONAL VETERANS GOLDEN AGE GAMES Office:**

**Oklahoma City VA Medical Center**  
**National Veterans Golden Age Games**  
Sherilyn Fails or Susan Bishop, Coordinators  
Telephone: (405) 270-1571 or (405) 552-4313  
Email: [Sherilyn.Fails@med.va.gov](mailto:Sherilyn.Fails@med.va.gov) or [Susan.Bishop2@med.va.gov](mailto:Susan.Bishop2@med.va.gov)

**PLEASE FEEL FREE TO MAKE ADDITIONAL COPIES OF THIS REGISTRATION PACKET, ESPECIALLY FOR NEW PARTICIPANTS OR THOSE WHO DID NOT PARTICIPATE IN THE 2004 FRESNO NATIONAL VETERANS GOLDEN AGE GAMES.**

# REGISTRATION CHECKLIST

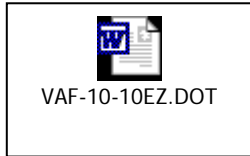
Please ask your coach or Medical Center staff to review this checklist with your attached forms prior to mailing.

**REGISTRATION DEADLINE IS March 1, 2005**

Name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

## COMPETITOR FORMS

- [Competitor Application](#) (Form A)
- [Lodging Reservations with valid credit card number](#) (Form B)
- [Event Selection](#) (Form D)
- [Hometown News Release Questionnaire](#) (Form E)
- [Waiver and Release of Liability / Publicity Release](#) (Form F)
- [General Medical Information](#) (Form G)
  - Current EKG Report
  - Current Medication Profile
  - Recent 10-10 EZ
- [Alternate Activities Checklist](#)



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## FORMS FOR COACHES / SUPPORT STAFF / FAMILY & OTHERS

- [Lodging Reservations with valid credit card number](#) (Form B)
- [Non-competitor Registration](#) (Form C)
- [Alternate Activities Checklist](#)

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## COST BREAKDOWN

		AMOUNT
LODGING (on credit card)	Select from Page 2	= \$ _____
MEALS (Coach, staff, family only)	Cost per day \$ 24	= \$ _____
	OR Cost per week \$158	
ALTERNATE ACTIVITIES		= \$ _____

**Make Checks / Money Orders Payable to: 2005 NVGAG ACCOUNT GPF 8835**

Postmark deadline is March 1, 2005.

Social Security #: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  Male  Female Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Day Phone: ( ) \_\_\_\_\_

Work Phone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_

Are you service connected?  Yes  No If Yes, what percentage? \_\_\_\_\_Are you a member of a Veterans Service Organization (VSO)?  Yes  No

If Yes, which Veterans Service Organization? \_\_\_\_\_

## STATUS AND DIVISION

Age Division (as of 5/22/05):  55-59  60-64  65-69  70-74  75-79  80+Division Classification:  Ambulatory  Wheelchair  Visually Impaired (Legally Blind)Are you a member of a team?  Yes  No If Yes, what team name: \_\_\_\_\_

Team Coach(es): \_\_\_\_\_

Telephone number of Team Coach(es): \_\_\_\_\_

Primary VA Medical Center: \_\_\_\_\_

**WHEELCHAIR/SCOOTER INFORMATION** (Please provide the following information about your wheelchair and/or scooter. This information can be obtained from your Prosthetics Department.)

Manufacturer: \_\_\_\_\_ Model: \_\_\_\_\_ Weight: \_\_\_\_\_

 Power  Manual Caster Size: \_\_\_\_\_ Tire Size: \_\_\_\_\_

Overall Width: \_\_\_\_\_ Seat Width: \_\_\_\_\_ Seat Depth: \_\_\_\_\_

Wheelchair/cart Inspected by: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Are you able to board a bus/van without using a wheelchair/scooter?  Yes  No *It is your responsibility to have your wheelchair/scooter inspected by a VA prosthetic specialist and/or designee before arrival at the Games to insure that your equipment is in good working order.*

## ASSISTIVE EQUIPMENT

All participants are encouraged to bring their own assistive equipment (shower benches, commode chairs, etc.). A limited amount of such equipment will be available on a first-come, first-served basis during the Games. Please indicate the items needed along with style, model numbers, etc., and we will try to accommodate you. \_\_\_\_\_

**You must plan to bring any medications you take and any assistive equipment you use.**



**19<sup>th</sup> National Veterans Golden Age Games Lodging/Itinerary Information: Form B**  
**Lodging Information: Norman, Oklahoma**

Name \_\_\_\_\_ Social Security #: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Arrival date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Departure date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

NOTE: Transportation is provided only from the official 19<sup>th</sup> National Veterans Golden Age Games Accommodations.

If you are not using the 19<sup>th</sup> National Veterans Golden Age Games Accommodations, indicate where you will be staying: \_\_\_\_\_

If selecting double occupancy, please indicate your roommate(s): First and Last name: \_\_\_\_\_

Roommate is: Competitor Coach Other None

For accessibility reasons, priority for accessible rooms will be given to requests by non-ambulatory competitors.

**Walker Tower**

Double Occupancy Rate	Single Occupancy Rate
*Suite-style bathrooms \$22.00 per day	*Suite-style bathrooms \$30.00 per day
**Community –Style bathrooms \$20.00 per day	**Community-style bathrooms \$26.00 per day

\* Two rooms with an adjoining/shared bathroom.

\*\*Community bathrooms service 15 rooms

**Postal Training Center (PTC):** Single Occupancy: \$55.00/night

**Rooms are available on a first-come, first-serve basis. A valid credit card is REQUIRED to hold your room. Your names will be turned over to the lodging facilities upon receipt of your completed registration packet. After April 15, you must contact PTC for any changes (cancellations, names changes, substitutions, etc). After April 15, no changes for dorm accommodations will be accepted.**

Meals are furnished for all competitors. Coaches, support staff, family members, and others may purchase meal tickets at a cost of \$24 per day per person or \$158 per person for the week.

If you are a non-competitor, will you need a meal ticket? Yes \_\_\_\_ No \_\_\_\_  
 \$24 per person/day for \_\_\_\_\_ days OR \$158 per week \_\_\_\_\_ Total \$ \_\_\_\_\_

**All room reservations must be made with the local National Veterans Golden Age Games office at (405) 270-5113.**

**Payment Required**

Method of payment: Check Money Order

Credit Card Type of Card: \_\_\_\_\_

Credit Card No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Make Check/Money Order payable to: 2005 NVGAG Acct GPF 8835
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INTER-AGENCY TRANSFER OF FUNDS

Postmark deadline is March 1, 2005

Please check only one:  Coach  Support Staff  Family/Significant Other

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: ( ) \_\_\_\_\_ Evening Phone: ( ) \_\_\_\_\_

What VA do you and/or your competitors represent? \_\_\_\_\_

Does your team have a name?  Yes  No If Yes, what name: \_\_\_\_\_

Please provide a list of your team member's names:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

FOR COACHES AND SUPPORT STAFF:

Please indicate your T-Shirt size:  Medium  Large  X Large  XX Large  XXX Large

IN CASE OF EMERGENCY, NOTIFY:

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Relationship: \_\_\_\_\_

PUBLICITY RELEASE / RELEASE OF INFORMATION

I voluntarily and without compensation authorize pictures and/or voice recording(s) to be made of me by or on behalf of VA, VFW & Auxiliary, Veterans Canteen Service, US military publications, and other magazines, veterans' publications, newspapers, and broadcast media, etc., while I am attending the 19<sup>th</sup> National Veterans Golden Age Games. I authorize any or all of the above to publicize and/or display such photographs and recordings, or to provide such photographs and recordings to others of their choosing for display, without notice or payment of any royalty, fee, or other compensation of any character to me for the use of my picture and/or voice. I understand that the said picture(s) and/or voice recording(s) are intended to publicize and give recognition to the National Veterans Golden Age Games. Also, I authorize storage of my registration and event data in the electronic media.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please make sure that you fill out Form B "Lodging/Itinerary Information" prior to submitting your registration form

**Event Selection:****Form D**Name \_\_\_\_\_  Male  FemaleAge (as of May 22, 2005):  55-59  60-64  65-69  70-74  75-79  80+**Check at least two, but not more than four events.** When competitors are scheduled for two events with conflicting times, attend the bracketed events first. Otherwise, the competitor will be disqualified for failure to report for the event on time. Bracketed events are designated with an \*. DO NOT schedule conflicting events!**Division Classification- I will be competing in the following Division (Check only one):**

- Ambulatory  
 Wheelchair  
 Visually Impaired (Legally Blind)

When you register in one division, you must register for all events in that division.

**SUNDAY, MAY 22****Shot Put:**

Ambulatory &amp; Wheelchair Division

 8:00 AM – 11:00 AM**Discus:**

Ambulatory &amp; Wheelchair Division

 8:00 AM – 11:00 AM**Air Rifle:**

All Divisions

 8:00 AM – 11:00 AM**Dominoes:**

All Divisions

 8:00 AM 55-59 & 75-79 10:00 AM 80+ 1:00 PM 60-64 & 70-74 2:30 PM 65-69**Swimming:**

Ambulatory &amp; Wheelchair Division

 2:00 PM All Age Groups

You may select no more than two swimming events which will count toward 2 of the total of 4 events that you may compete in.

- Freestyle 25 yard  
 Freestyle 50 yard  
 Freestyle 100 yard  
 Backstroke 25 yard  
 Backstroke 50 yard

**MONDAY, MAY 23****Golf:** Ambulatory Division 8:00 AM – 12 NoonAll Golfers must bring their own clubs.**MONDAY, MAY 23 (Cont.)****Croquet:**

Ambulatory Division

 8:00 AM 65-69 9:00 AM 75-79 10:00 AM 80+ 1:00 PM 55-59 2:00 PM 60-64 3:00 PM 70-74**Bowling:**

All Divisions

Starts at 8:00 AM; Ends at 5:00 PM

- Ambulatory  
 Wheelchair  
 Wheelchair Adaptive  
 Visually Impaired

**TUESDAY, MAY 24****Horseshoes:** All Divisions 8:00 AM 70-74 9:30 AM 65-69 10:30 AM 75-79 1:00 PM 55-59 2:00 PM 80+ 3:00 PM 60-64**Checkers:** All Divisions 8:00 AM 55-59 & 65-69 10:00 AM 80+ 1:00 PM 60-64 & 75-79 3:00 PM 70-74**TUESDAY, MAY 24 (Cont.)****Shuffleboard:**

All Divisions

 8:00 AM 70-74 9:30 AM 65-69 10:30 AM 75-79 1:00 PM 55-59 2:00 PM 80+ 3:00 PM 60-64Note- You may **not** compete in both Shuffleboard and Horseshoes.**WEDNESDAY, MAY 25****Nine Ball:**

Ambulatory &amp; Wheelchair Division

 8:00 AM 55-59 10:00 AM 60-64 & 75-79 1:00 PM 55-59 & 80+ 3:00 PM 70-74**Table Tennis:**

Ambulatory &amp; Wheelchair Division

 8:00 AM 70-74 10:00 AM 65-69 & 80+ 1:00 PM 60-64 & 75-79 2:30 PM 55-59**THURSDAY, MAY 26****Bicycling:**

Ambulatory Division

 8:00 AM ¼ Mile 10:00 AM ½ Mile

(Appropriate foot attire must be worn)

*Because of the growing numbers of competitors, we cannot prepare a news release on your participation in the Games if you do not fill out this form completely. This form gives us the specific information we need to prepare a news release to distribute to media outlets where you live. We have simplified it as much as possible, so it is very easy to fill out. If you have any questions, please call Jenny Tankersley (757) 728-3450.*

1. Your Name: \_\_\_\_\_ Social Sec #: \_\_\_\_\_

2. Date of Birth: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

3. Home Address: \_\_\_\_\_

4. Do you want a news release made available to local media where you live?  Yes  No

a. If you answered "No," sign name here and skip questions 5-8:

(Signature) \_\_\_\_\_

b. If your answer is "Yes," you MUST fill out questions 5-8. If the form is not completely filled out and returned, we cannot produce a news release.

5. What are the nearest daily and weekly newspapers to your home? (If you don't know the name, please give the closest large city, or the county that you live in.) \_\_\_\_\_

6. Please indicate your branch of service:  Army  Army Air Corps  Navy  Marine Corps  Air Force  
 Coast Guard  National Guard  Other \_\_\_\_\_

7. a. Did you ever serve in combat?:  Yes  No

b. Where did you serve in combat?

World War II (European Theater)  Korean War  Gulf War  
 World War II (Pacific Theater)  Vietnam

c. Were you injured in combat?  Yes  No

d. Were you ever held as a POW?  Yes  No If yes, where? \_\_\_\_\_

8. Are you a member of a Veterans Service Organization (VSO)?  Yes  No

If Yes, which Veterans Service Organization? \_\_\_\_\_

9. What VA Medical facility do you represent (city and state)? \_\_\_\_\_

10. Quote for your news release: What has participating in the National Veterans Golden Age Games done for your life? If this is your first year, what have you been looking forward to? Why is it important to you? Why is staying active important? Have you trained? What's your best event? [Remember, without a quote, we will not be able to produce a release!]

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you!**

**RELEASE OF LIABILITY (Read before Signing)**

In consideration of being allowed to participate in the 2005 National Veterans Golden Age Games, related events, and activities, I, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in these Games is significant, including the potential for serious bodily injury, including death, and property damage. I KNOWINGLY AND VOLUNTARILY ASSUME ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, and assume full responsibility for my participation.
2. I willingly agree to comply with the stated and customary terms and conditions for my participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
3. I, for myself and on behalf of my guardians, executors, heirs, assigns, personal representatives, and administrators, HEREBY RELEASE, HOLD HARMLESS, COVENANT NOT TO SUE, AND FOREVER DISCHARGE, the United States Government; the Veterans of Foreign Wars; their officers, directors, officials, members, agents, and employees; and any and all sponsoring agencies, sponsors, advertisers, owners, and lessors of premises used to conduct the Games, related events, and activities; and, officials, volunteers, and other participants of the 19<sup>th</sup> National Veterans Golden Age Games, from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any and all injury, disability, death, or loss or damage to person or property.
4. I consent to medical treatment in the case of emergency. I agree to assume full responsibility for payment of any and all fees incurred as a result of such medical treatment.

I HAVE READ THIS ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name (Please print): \_\_\_\_\_

**IN CASE OF EMERGENCY, NOTIFY:**

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Relationship: \_\_\_\_\_

**PUBLICITY RELEASE/RELEASE OF INFORMATION**

I voluntarily and without compensation authorize pictures and/or voice recording(s) to be made of me by or on behalf of VA, VFW & Auxiliary, Veterans Canteen Service, US military publications, and other magazines, veterans' publications, newspapers, and broadcast media, etc., while I am a participant in the 19<sup>th</sup> National Veterans Golden Age Games. I authorize any or all of the above to publicize and/or display such photographs and recordings, or to provide such photographs and recordings to others of their choosing for display, without notice or payment of any royalty, fee, or other compensation of any character to me for the use of my picture and/or voice. I understand that the said picture(s) and/or voice recording(s) are intended to publicize and give recognition to the National Veterans Golden Age Games. Also, I authorize storage of my registration and event data in the electronic media.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I also authorize contact information (i.e., my telephone number) to be published on the National Veterans Golden Age Games website.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**GENERAL MEDICAL INFORMATION**

A physician, nurse practitioner, or physician assistant **MUST** fill out and sign this form.

Dear Provider: Your patient is planning on participating (provided you agree) in various athletic events and/or games, which may be strenuous and/or dangerous depending on his/her condition. We ask you to take this into consideration when reviewing the participant's history and exam.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Last First Middle Initial  
Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

MEDICAL HISTORY: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Last Hospitalization: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Is the veteran visually impaired (**legally blind**)? Yes \_\_\_\_\_ No \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood pressure \_\_\_\_\_

Tetanus Toxoid date: \_\_\_\_\_ PPD date: \_\_\_\_\_ Results: \_\_\_\_\_  
(current within 10 years) (within 12 months) (if positive, send current x-ray report)

Significant Physical Findings (non-ambulatory, dementia, hemiplegia, diabetes, severe arthritis, etc.)

\_\_\_\_\_  
\_\_\_\_\_

If veteran uses a wheelchair, can he/she transfer without assistance? Yes \_\_\_\_\_ No \_\_\_\_\_

Diagnoses: \_\_\_\_\_  
\_\_\_\_\_

Current Medications: A copy of current Active Medication Profile from the Health Summary is required. Without this, the Veteran will not be able to participate.

Can he/she control his/her own meds? Yes \_\_\_\_\_ No: \_\_\_\_\_  
Primacy Care Physician: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Extension: \_\_\_\_\_

**Please advise patient of their responsibility for bringing enough medication for the trip and the week. The cost of any medical expenses and/or medications will be charged back to the veteran's originating facility.**  
Continued on next page

## GENERAL MEDICAL INFORMATION (CONT.)

(A physician, nurse practitioner, or physician assistant must fill out and sign this form.)

Patient Name: \_\_\_\_\_  
Last First Middle Initial Social Security Number

Allergies: \_\_\_\_\_

Is the veteran on portable oxygen? Yes \_\_\_\_\_ No \_\_\_\_\_

List special needs (e.g. feeding tube, tracheotomy, catheter, mobility, bowel and bladder care, etc.)

List those needs that the patient requires assistance with: \_\_\_\_\_

Is the patient incontinent of urine? Never \_\_\_\_\_ Seldom \_\_\_\_\_ Frequently \_\_\_\_\_  
Is the patient incontinent of bowel? Never \_\_\_\_\_ Seldom \_\_\_\_\_ Frequently \_\_\_\_\_

What activity restrictions exist? \_\_\_\_\_

Please place a check mark by the events that the patient **CAN** participate in:

Bicycling \_\_\_\_\_ Bowling \_\_\_\_\_ Checkers \_\_\_\_\_ Croquet \_\_\_\_\_ Dominoes \_\_\_\_\_  
Golf \_\_\_\_\_ Horseshoes \_\_\_\_\_ Nine Ball \_\_\_\_\_ Swimming \_\_\_\_\_ Table Tennis \_\_\_\_\_  
Shot put \_\_\_\_\_ Discus \_\_\_\_\_ Air rifle \_\_\_\_\_ Shuffleboard \_\_\_\_\_

In your opinion, can the patient make the trip and participate in the National Veterans Golden Age Games?

Yes \_\_\_\_\_ No \_\_\_\_\_

Provider's Name (PRINTED): \_\_\_\_\_

Provider's Signature: \_\_\_\_\_

VAMC: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**NOTE: PLEASE ATTACH A COPY OF THE CURRENT EKG  
PLEASE ATTACH A COPY OF THE CURRENT MEDICATION PROFILE**

# 2005 NATIONAL VETERANS GOLDEN AGE GAMES SOONER GOLD

## *ALTERNATE ACTIVITIES*

Name: \_\_\_\_\_

Please make your selection by checking the appropriate activity box.

Selection of alternate activities is not to be in conflict with your event schedule.

Payment for alternate activity is to be received by April 15, 2005 in order to assure your reservations.

\*\*Payment for field trips is non-refundable.

\*\*\* A \$3.00 transportation fee has been added to all off-site filed trips.

### **FRIDAY, MAY 20, 2005**

1:00PM to 4:30PM	<input type="checkbox"/> Sam Noble Museum of Natural History	\$3.00
9:00PM to 12:00AM	Sooner Shindig	Free

### **SATURADY, MAY 21, 2005**

10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
9:00PM to 12:00AM	Sooner Shindig	Free

### **SUNDAY, MAY 22, 2005**

10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
12:30PM to 4:30PM	<input type="checkbox"/> Oklahoma Redhawks Baseball Game	\$8.00
1:00PM to 4:30PM	<input type="checkbox"/> Thunderbird Wild Wild West Casino	Free
12:15PM to 4:30PM	<input type="checkbox"/> Remington Park	\$4.50
7:00PM to 9:00PM	Concert: Harvey and the Wallbangers	Free
9:00PM to 12:00AM	Sooner Shindig	Free

### **MONDAY, MAY 23, 2005**

8:00AM to 11:30AM	<input type="checkbox"/> Oklahoma City Zoological Park	\$9.00
10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
1:00PM to 4:30PM	<input type="checkbox"/> National Cowboy and Western Heritage Museum	\$9.00
1:00PM to 4:30PM	<input type="checkbox"/> University of Oklahoma Football Tour	Free



# 2005 NATIONAL VETERANS GOLDEN AGE GAMES SOONER GOLD

## ALTERNATE ACTIVITIES (Continued)

### MONDAY, MAY 23, 2005 (Continued)

7:00PM to 9:00PM	Traditional Native American Pow-Wow	Free
9:00PM to 12:00AM	Sooner Shindig	Free

### TUESDAY, MAY 24, 2005

8:00AM to 11:30AM	<input type="checkbox"/> Oklahoma City National Memorial and Museum	\$8.00
9:00AM to 11:30AM	<input type="checkbox"/> Oklahoma City Cowtown Stockyards	\$3.00
10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
1:00PM to 4:30PM	<input type="checkbox"/> The 45 <sup>th</sup> Infantry Division Museum	\$3.00
1:30PM to 4:30PM	<input type="checkbox"/> Tres Suenos Vineyards and Winery	\$8.00
7:00PM to 9:00PM	Concert: Sisters of Swing	Free
9:00PM to 12:00AM	Sooner Shindig	Free

### WEDNESDAY, MAY 25, 2005

9:00AM to 11:30AM	<input type="checkbox"/> National Cowboy and Western Heritage Museum	\$9.00
9:30AM to 11:30AM	<input type="checkbox"/> Trail Ride at Thunderbird Stables	\$15.00
10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
1:00PM to 4:30PM	<input type="checkbox"/> Thunderbird Wild Wild West Casino	Free
7:00PM to 9:00PM	VCS Sponsored Bingo Blowout	Free
9:00PM to 12:00AM	Sooner Shindig	Free

### THURSDAY, MAY 26, 2005

8:00AM to 11:30AM	<input type="checkbox"/> Omniplex	\$10.00
8:30AM to 11:30AM	<input type="checkbox"/> Oklahoma City National Memorial and Museum	\$8.00
10:00AM to 12:00PM	<input type="checkbox"/> Shopping Shuttle	Free
1:00PM to 4:00PM	<input type="checkbox"/> Sam Noble Natural History Museum	\$3.00
1:30PM to 4:00PM	<input type="checkbox"/> Bass Pro Shop	\$3.00
9:00PM to 12:00AM	Sooner Shindig	Free

# 2005 NATIONAL VETERANS GOLDEN AGE GAMES

## SOONER GOLD

### *ALTERNATE ACTIVITIES DESCRIPTION*

FRIDAY, MAY 20 & THURSDAY MAY 26: Sam Noble Museum of Natural History.

Located on the University of Oklahoma campus, this facility is the nation's largest university-based museum. Exhibit space covers 50,000 sq. ft. and includes five galleries and exhibits that give visitors an in-depth tour of more than 300 million years of Oklahoma's fascinating natural history. The Hall of Ancient Life takes visitors through the Age of Dinosaurs where you will find, among other dinosaurs, the Pentaceratops, whose ten and one-half foot skull is the largest in the world. A glass elevator takes you up 26 feet to meet the world's largest Apatosaurus eye-to-eye. The Hall of the People of Oklahoma shows visitors how the first people of Oklahoma lived and worked thousands of years ago. The Hall of Natural Wonders surrounds you with the sights and sounds of Oklahoma's native landscapes in a series of realistic dioramas. The Gallery of World Cultures features cultural rarities from all over the world, including a collection of classical antiquities, the armor of a Samurai warrior, a Tibetan Shaman's shawl and many others. The Discovery Room features museum specimens, a dinosaur dig, live animals and hands-on activities for the whole family. The museum also features the Redbud Cafe and Excavations museum store.

Admission: \$3.00

Trip Length: 3 Hours

SUNDAY, MAY 22 & WEDNESDAY, MAY 25: Thunderbird Wild Wild West Casino.

Thunderbird Wild Wild West Casino features VEGAS Blackjack, traditional and electronic Bingo, Oklahoma's premiere off-track betting club and sports bar and hundreds of video games in the area's largest 45,000 square foot gaming facility. The Casino's decor recreates a western town seemingly plucked from the 1800's. Casino goers can stroll down the boardwalk amid faux storefronts including the Little Axe Hotel, White Turkey Saloon, Big Jim's Barber Shop and others. Your table is waiting!

Admission: Free

Trip Length: 3.5 Hours

SUNDAY, MAY 22: Remington Park.

Remington Park is Oklahoma's horse racing showplace, offering live Thoroughbred and Quarter Horse racing along with full card simulcasting. The spectacular stadium is fully enclosed, climate controlled and every floor features a panoramic view of both the track and Paddock Gardens. Spectator options range from free bench seating to cushioned, theater-style seats to restaurant tables.

Admission: \$4.50

Trip Length: 4.25 Hours

SUNDAY, MAY 22 Oklahoma Redhawks Baseball.

Spend an afternoon at the "Brick" and watch the excitement as the Redhawks take on the Salt Lake Stingers. The SBC Bricktown Ballpark was built in 1998 with state of the art amenities, while retaining the old fashioned feel of the ballpark. Participants will enjoy the game and special recognition. One lucky individual will even get to throw out the first pitch.

Admission: \$8.00

Trip Length: 4 Hours

SUNDAY, MAY 22: Harvey and the Wallbangers / Bike Show.

It's an evening for the senses as you listen to the music that makes you want to dance and you see the bikes that make you want to ride. Harvey and his band of Wallbangers bring the perfect blend of old time rock and roll, classic rock, Motown and the most diverse mix of the music you grew up listening to, as you stroll around and admire the craftsmanship of these one of a kind motorcycles.

Admission: Free

Length: 2 Hours

MONDAY, MAY 23: Oklahoma City Zoological Park.

The Oklahoma City Zoo and Botanical Garden - 100 years and still driving you wild! Experience the wonder of the Zoo as you encounter creatures from all over the world in their naturalistic environments. The Zoo is home to over 1,500 of the world's most exotic animals, including over 50 endangered or threatened species. Children and adults will enjoy dramatic views of the world's most exotic animals like endangered gorillas at Great EscApe, large and small cats at Cat Forest/Lion Overlook and marine life from throughout the world at The Noble Aquatic Center. The ExpLorikeet Adventure is an interactive, free flight aviary for lorikeets, a medium-sized parrot from Australia. Another exciting attraction is the addition of two bear cubs, named Will and Wiley. Also check out our butterfly exhibit featuring 12 species of butterflies native to the US in a lush indoor habitat. The Zoo is a fully accredited member of the American Zoo and Aquarium Association (AZA) and the American Association of Museums (AAM) as both a living museum and a botanical garden. The Zoo offers picnic areas, attractions for kids of all ages including our new Jungle Gym Playground, The Canopy Food Court, Safari Gifts and services including wheelchair, stroller and courtesy cart rental.

Admission: \$9.00

Trip Length: 3.5 Hours

MONDAY, MAY 23 & WEDNESDAY, MAY 25: National Cowboy and Western Heritage Museum.

Formerly known as the National Cowboy Hall of Fame, this museum has tripled in size since 1995. It features art from Prix de West Award winners, the finest contemporary artists in the nation, as well as significant works by master artists Charles Russell, Frederic Remington, and Albert Bierstadt, among others. Outside, the stunning landscape boasts both botanical and natural gardens. Of the numerous heroic-sized works on display, visitors are awed by James Earle Fraser's famous 18-foot sculpture, The End of the Trail; Colorado sculptor, Gerald Balcia's 16,000-pound white marble cougar, aptly named Canyon Princess; and Windows to the West, five breathtaking Western landscapes by Albuquerque artist Wilson Hurley. The complex also contains Prosperity Junction, a 14,000 square foot turn-of-the-century Western town, and such major exhibition galleries as The American Cowboy Gallery, The American Rodeo Gallery, and The Western Performers Gallery. The Joe Grandee Museum of the Frontier West Gallery features displays on the contributions of the Buffalo Soldier and the development of the West. Also on site, a unique children's building, museum store and restaurant.

Admission: \$9.00

Trip Length: 3.5 Hours

MONDAY, MAY 23: University of Oklahoma Football Tour.

Oklahoma and football go together like boots and hats. Join us as Coach Merv Johnson, Director of Football Operations, takes us on an inside look at Sooner Football. Includes a tour of the Barry Switzer Center, Legends Lobby, Dressing Rooms, Sky Suites, and Everest Indoor Training Center.

Admission: Free

Trip Length: 3.5 Hours

MONDAY, MAY 23: Traditional Native American Pow-Wow.

Experience why Oklahoma is called "Native America." Let us entertain you with the pomp and pageantry that is a common thread in the Oklahoma tapestry. Watch as dancers perform the time-honored traditions of their ancestors. Come experience a part of Oklahoma heritage.

Admission: Free

Length: 2 Hours

TUESDAY, MAY 24 & THURSDAY, MAY 26: Oklahoma City National Memorial and Museum.

The Memorial grounds include the Field of Empty Chairs with each chair honoring one of the 168 people who were killed; the monumental bronze-clad Gates of Time; a shallow 318 foot long reflecting pool; the promontory and Survivor Tree; Rescuers Orchard and a special area for children. The 24,000 square foot interactive learning museum tells the story of the April 19, 1995 bombing of the Alfred P. Murrah Federal Building. Visitors to the museum hear the only known recording of the explosion, see the chaos and devastation immediately following the bombing and learn from family members of those killed, survivors and rescuers, in their own words, about recovery and rebuilding. Powerful video programs, moving oral histories, bomb-damaged artifacts and touching stories all combine to create a powerful and unforgettable experience.

Admission: \$8.00

Trip Length: 3.5 Hours

TUESDAY, MAY 24: Oklahoma City Cowtown Stockyards.

Oklahoma City's stockyards are the largest stock/feeder cattle market in the world. Here you find Oklahoma cowboys working the livestock and a working auction. Cowtown offers a variety of shops from old time general stores and tack shops to western duds, jewelry and a 24-hour beef restaurant. Visitors may choose to attend a livestock auction and observe the workings of the Oklahoma beef industry or just spend the morning exploring the shops for the perfect western wear.

Admission: \$3.00

Trip Length: 2 Hours

TUESDAY, MAY 24: The 45<sup>th</sup> Infantry Division Museum.

Explore the nation's largest military history museum depicting the military history of Oklahoma. The museum includes a fascinating display of memorabilia collected from Hitler's apartment when it was captured by the 45th. There is a collection of over 200 original "Willie and Joe" cartoons, displays from 1541 through WWII, the Korean War and Desert Storm, original uniforms, firearms, dioramas, and an outdoor military park with over 60 military vehicles, aircraft and artillery.

Admission: \$3.00

Trip Length: 3.5 Hours

TUESDAY, MAY 24: Tres Suenos Vineyards and Winery

Nestled just northeast of Oklahoma City you will find one of Oklahoma's little known treasures. Tour the facility and taste the award winning wines produced by the Tres Suenos Vineyard owned by Richard and Rose Kennedy. Spend the afternoon in the four-acre vineyard, take a hike in the eighty-acre woods, or relax on the tasting room balcony overlooking the grounds.

Admission: \$8.00

Trip Length: 3 Hours

TUESDAY, MAY 24: Sisters of Swing

Spend an evening under the stars and let your ears hear the smooth sound of the harmonious ladies as they perform their special blend of swing.

Admission: Free

Length: 2 Hours

WEDNESDAY, MAY 25: Trail Ride at Thunderbird Stables.

Thunderbird Riding Stables is located adjacent to beautiful Lake Thunderbird in central Oklahoma amidst rolling hills and 500 acres of riding trails. We are located in the Clear Bay area of Lake Thunderbird State Park. We offer horseback riding and hayrides for those folks who wish to step back in time to the old frontier days. Reservations required.

Admission: \$15.00

Trip Length: 2 Hours

WEDNESDAY, MAY 25: Bingo Blowout Sponsored by VCS.

The fun and excitement continues this year as the Veterans Canteen Service (VCS) sponsors what is to be the best bingo night ever. The stakes are even higher as the prizes are better than ever. All items are donated by VCS. Come join us for your chance to take home some of these extraordinary prizes.

Admission: Free

Length: 2 Hours

THURSDAY, MAY 26: Omniplex.

Oklahoma's "amusement park for the mind," Omniplex has something for everyone. From hands-on science exhibits to aviation and space artifacts, art and cultural galleries, botanical gardens and greenhouse, Oklahoma's premier public-access planetarium and Oklahoma's only giant, dome-screen theater. (Additional charge for admission) The Omniplex is also home to the International Photography Hall of Fame, showcasing works from across the globe.

Admission: \$10.00

Trip Length: 3 Hours

THURSDAY, MAY 26: Bass Pro Shop.

Enjoy an afternoon browsing the aisles of Bass Pro Shop Outdoor World. Specializing in all things outdoors, Bass Pro has everything you need from camping gear, fishing supplies, clothing, sporting goods and general outdoor accessories. See the new boat displays, observe the aquarium or take a turn in the virtual hunter arcade.

Admission: \$3.00

Trip Length: 2.5 Hours

Daily: Shopping Shuttle.

Shuttle service will run a loop, including both Wal-Mart and Sooner Mall.

Shuttle: Free

Daily: Houston Huffman.

Keep your body in shape. The Houston Huffman Center is a state of the art facility with an indoor walking track, fitness equipment, climbing wall, and racquetball courts. Daily passes will be available.

Admission: \$5.00