## **Yankelovich** MONITOR **20**06/2007



## Self-Invention and Self-Care

Health Care in the Era of Consumer Empowerment

August 29, 2007



## OUTSIDE-IN ECONOMY

## INSIDE-OUT ECONOMY

Consumer as Dependent

Business as Usual

Marketers given Direction

Very Unusual Business

all business

very personal

control is corporate

control belongs to consumer

### "Let Go World"

AdAge October 6, 2006

"A.G. Lafley Tells Marketers to Cede Control to Consumers to Be 'In Touch'"

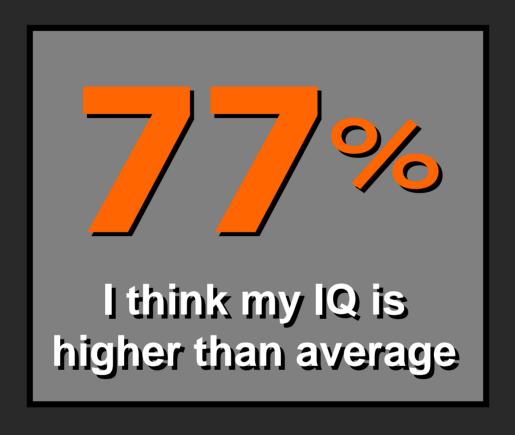
ORLANDO, Fla. (AdAge.com) -- Procter & Gamble CEO A.G. Lafley urged marketers to "let go" of their brands and bow to consumer wants and needs in his kickoff to the Association of National Advertisers conference here today.



Mr. Lafley, who last spoke at an ANA conference in 2000, hit on many of the same themes that he took up then, especially that of the consumer being boss, and he even reprised a handful of campaigns that had been shown at previous ANA meetings by his colleagues.

But his repeated refrain that we now live in a "let-go world" was refreshing. He said that thanks to 30 or so years of media fragmentation and the more recent rise of user-generated content, marketers were most likely to succeed and be "in touch" when they let consumers be in control.

"Consumers are more participative and selective and the trend from push to pull is accelerating," said Mr. Lafley, the keynote speaker to a conference that has pulled in around 1,000 attendees, including more than 400 marketers.



2005 Yankelovich Financial Services MONITOR (top 2 box)

## Life





































Ofriendster.











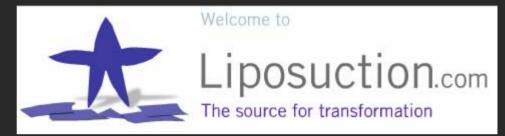






## **Self Inventing Ourselves**











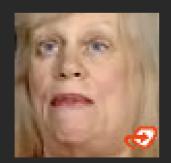


#### Hair loss won't wait.

So the sooner you join Rogaine Results, the better.

The Rogaine Results email program could be just what you need to succeed with Rogaine. It's full of good information, strong motivation, and great offers on Rogaine. Use Rogaine Results as your coach and companion and get the support that can lead to success.

Property MSD





#### 62-year-old mother 'enjoys kids'

Feb. 21: Janise Wulf, a 62-year-old great-grandmother who became one of the oldest women in the world to successfully give birth, talks to "Today" show host Campbell Brown.

### **Self-Invention**

### LOOKS LIKE









Separating anatomy from what it means to be a man or a woman, New York City is moving forward with a plan to let people alter the sex on their birth certificate even if they have not had sexchange surgery.

Under the rule being considered by the city's Board of Health, which is likely to be adopted soon, people born in the city would be able to change the documented sex on their birth certificates by providing affidavits from a doctor and a mental health professional laying out why their patients should be considered members of the opposite sex, and asserting that their proposed change would be permanent. (NYT, 11.7.06)

Important to you in your personal life today: Being as self-reliant as possible

2004 TODAY 63% 71%

Agree more with "following your own instincts" or "listening to experts"

Following own instincts

2002

61%

**TODAY** 

**76**%

Important that others see you as someone who can see through exaggeration and hype

2002

**TODAY** 

38%

58%

I always know how to get the information I need to make decisions

2002 TODAY 76%

I'm overwhelmed by all of the sources of information available today

1996 TODAY
61% 48%

44% 60% TODAY

Researching products before buying is important to me



I often know more about the products being sold in stores than the people who are selling the products

> 48% 2005

2006





## Signs & Signals









#### HANDBOOK EVENER TOOLS PROCEDURES

Endotaxic shock Entomology, forensio Ephedrine Epinephrine

Ethylenediaminetetraacetic acid (EDTA) Exothermic reaction

Fire coral

Firing-pin impression

Jimsonweed (datura stramonium)





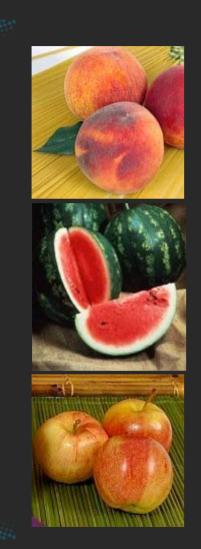
## The Power of Empowered Customers

- Get objective information from suppliers
- Initiate requests for information
- Design and configure customized offerings
- Use buying agents for sellers to compete
- Join together in buying consortiums
- Make offerings unbundled
- Pay for use in new ways
- Get peer feedback on products

Adapted from Mohan Sawhney, McCormick Tribune Professor of Technology, Kellogg School of Management, Northwestern University, "Rethinking Marketing in a Connected World," January 2003



## RUNNINGWITHIT



A University of Arizona professor has invented a sticker that can tell consumers if a fruit or vegetable is ripe. With no simple way to tell whether fruit that looks good on the outside will taste good on the inside, consumers often buy peaches, pears and melons they can't eat because they're under-ripe or overripe... A marker on the stickers detects a chemical called ethylene gas, which is released by fruit or vegetables as they ripen. As that happens, the sticker turns from white to blue. (AP, 7.26.06)

## RUNNINGWITHIT





## RUNNINGWITHIT



Philips Kitten Scan, is a miniature CT scanner that is an educational resource for children. Children select a toy, place it on a miniature exam table and slide it into the Kitten Scan to learn why the toy is 'sick.' Animation appears on a screen that shows children what doctors are looking for inside the toys and tells them a story about each one.

From patients as health care consumers...To patients as health care collaborators

### Yankelovich Health Practice

- Global Health & Wellness (GHW)
  - 2007 survey of attitudes and habits across 17 countries
  - Tracking for U.S. versus 2005
- PULSE Health Segmentation
  - Attitudinal micro-segmentation of health care orientation
  - 25 consumer segments
  - Can be scored onto patient and consumer databases (without attitudinal data collection)
  - Individually targetable messages and marketing strategies based on GHW insights

## Medical Information-Seeking Activities

Selected activities done 1+ times in past 12 months

<ul> <li>Talked to pharmacist about a drug</li> <li>Visited company Web site for product info</li> <li>Talked to doctor about drug heard about</li> </ul>	52% 50% 49%
<ul> <li>Participated in online forum/chat</li> <li>Stopped using product based on friend</li> <li>Called toll-free number for product info</li> <li>Posted comment on blog about product</li> </ul>	19% 18% 16% 11%

## Interest in Medical Information

Selected reasons cited top 2 box

<ul> <li>Inforn</li> </ul>	nation about drug safety	71%
• Comp	arisons of drugs for same illness	63%
• vvhat	health care providers think of a drug	49%
• Kind o	research conducted on a drug	47%
• Discus	ssion of science of how a drug works	46%
• Article	es from scholarly articles	40%
<ul> <li>Inforn</li> </ul>	nation from company making a drug	37%
• Testin	nonials from users of a medication	36%

## Reasons for Using Internet as Health Information Source

Selected reasons cited

<ul> <li>To research specific disease</li> <li>To diagnose symptoms am having</li> <li>To stay current on new developments</li> </ul>	71% 48% 42%
<ul> <li>To compare information across several sources</li> </ul>	27%
<ul> <li>To get information to take in to health care professional</li> </ul>	22%
<ul> <li>Saw health story and wanted to get more information</li> </ul>	22%

## Understanding of Medical Information

Selected mentions cited top 2 box

<ul> <li>Understand medical information well enough to make smart decisions</li> </ul>	<b>57</b> %
<ul> <li>Understand medical information well enough to know what is and is not accurate</li> </ul>	46%
<ul> <li>Understand medication well enough to explain it to others</li> </ul>	43%
<ul> <li>Understand technical terms in information read or hear</li> </ul>	36%
<ul> <li>Take information to health care professional to get him or her to explain it to me</li> </ul>	25%

## Quality

Intangibles

Time

Signs of success:	<b>'91</b>	<b>602</b>	
Satisfied with life	63%	80%	0
In control of life	<b>57</b>	76	
Good marriage	<b>62</b>	<b>75</b> *	
Travel for pleasure	<b>52</b>	41	
Expensive car	38	18	
Prestige stores	20	8	
<b>Expensive jewelry</b>	18	8	
			*'01 Data

According to the International Spa Association, there were 8,734 day spas in the US in 2004, up from 4,389 in 2002, accounting for \$5.4 billion.



According to a 2003 survey by the Sporting Goods Manufacturers Association, 13.4 million Americans practice yoga or other mind-body exercises such as tai chi



## Top 10 ways to maintain health

1	Maintaining personal hygiene and cleanliness	68%
2	Maintaining a positive attitude	62
3	Maintaining/cultivating good family relationships	57
4	Staying active	50
5	Keeping stress at a manageable level	50
6	Not overindulging in alcohol	49
7	Getting enough sleep	48
8	Keeping things in perspective	45
9	Getting regular medical check-ups or annual exams	45
10	Socializing and spending time with friends and family	44

The Yankelovich Preventive Health Care and Wellness in America Report 2005

# What does "living well" mean?

## Make consumers smarter:

Innovations that empower people to enhance their lives through meaningful and rewarding experiences.

## THANKYOU

www.yankelovich.com