

Follow these easy steps!

To get VGLI, just complete the attached application and mail it with your first premium payment in the postage paid envelope. We'll send you a *Certificate of Coverage* as confirmation.

1. Complete Your Personal Information

Complete all personal information fields on the application form.

2. Choose Your Coverage Amount

You can elect VGLI coverage in \$10,000 increments—up to the amount of SGLI you had at separation. You'll find premium rates for the most frequently requested coverage amounts on the next page. Your premium is determined by your coverage amount and your age on the 121st day after your separation OR your age on the date coverage is approved, whichever is later. Premiums will change when you move into the next age bracket.

Please note—If you elect less coverage than your SGLI amount, you will only have one year and 120 days from your separation date to apply for a coverage increase up to your SGLI amount.

3. Choose When and How to Pay Premiums

With VGLI, you can choose the payment frequency that's best for you—monthly, quarterly, semi-annually, or annually. You can save by making payments less frequently—save 5% by paying premiums once a year! You can choose from the payment options in the chart below.

Payment Frequency	Your Savings	Payment Method
Monthly	Not applicable	 Deduction from military retirement pay Deduction from VA compensation Mail
Quarterly	2.5%	• Mail
Semi-Annually	3.75%	• Mail
Annually	5%	• Mail

If you choose payment by monthly deduction, you'll never have to worry about getting a statement or writing a check on time. Deductions should begin by your third month's premium.

After the initial premium is paid, notices will be sent until your monthly deduction begins or if you choose the "mail" payment method.

4. Complete Health Statement When Applying Late

Only complete this section if you are applying more than 120 days after you were discharged from the service.

5. Choose Your Beneficiary & Benefit Payment Option

You can choose any beneficiary you wish. If you need more room to designate beneficiaries, attach a separate sheet and include your name, Social Security Number, signature, and the date. To be valid, your beneficiary designation must be signed, dated, and received by the Office of Servicemembers' Group Life Insurance (OSGLI) prior to your death. If you do not name a beneficiary, your insurance benefits will be paid to your survivors under the provisions of Federal Law. See the VA Insurance Website for details.

6. Be Sure to Include

Proof of your SGLI coverage (e.g., Your DD214, or orders and most recent leave and earnings statement) AND first premium payment check or money order payable to "OSGLI." Include the last 4 digits of your Social Security Number on the front of your payment. We suggest you make a copy of your application for your records.

Questions? Visit the VA Insurance Website or call us.

Website address: www.insurance.va.gov Toll-free phone: 1-800-419-1473 (Monday to Friday 8:00 a.m. to 5:00 p.m. Eastern time)

Premium Amounts

Here are the premium amounts for the most frequently requested coverage amounts. You can save up to 5% by paying premiums less frequently!

Contact us or visit our website if you're interested in premiums for other cover-age amounts. Rates are subject to change. Amounts shown here include discounts.

	Age 0-29			
Coverage Amount	Monthly	Quarterly	Semi-Annually	Annually
\$ 400,000	\$32.00	\$93.60	\$184.80	\$ 364.80
\$350,000	\$28.00	\$81.90	\$161.70	\$ 319.20
\$ 300,000	\$24.00	\$70.20	\$138.60	\$ 273.60
\$ 250,000	\$20.00	\$58.50	\$115.50	\$ 228.00
\$ 200,000	\$16.00	\$46.80	\$ 92.40	\$ 182.40
\$ 150,000	\$12.00	\$35.10	\$ 69.30	\$ 136.80
\$ 100,000	\$ 8.00	\$23.40	\$ 46.20	\$ 91.20
\$ 50,000	\$ 4.00	\$11.70	\$ 23.10	\$ 45.60

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	Age 30-34				Age 35-39	9		
Coverage Amount	Monthly	Quarterly	Semi-Annually	Annually	Monthly	Quarterly	Semi-Annually	Annually
\$400,000	\$40.00	\$117.00	\$231.00	\$ 456.00	\$ 52.00	\$152.10	\$ 300.30	\$ 592.80
\$350,000	\$35.00	\$102.38	\$202.13	\$ 399.00	\$45.50	\$133.09	\$ 262.76	\$ 518.70
\$300,000	\$30.00	\$ 87.75	\$173.25	\$ 342.00	\$ 39.00	\$114.08	\$ 225.23	\$ 444.60
\$250,000	\$25.00	\$ 73.13	\$144.38	\$ 285.00	\$32.50	\$ 95.06	\$ 187.69	\$ 370.50
\$200,000	\$20.00	\$ 58.50	\$115.50	\$ 228.00	\$26.00	\$ 76.05	\$ 150.15	\$ 296.40
\$150,000	\$15.00	\$ 43.88	\$ 86.63	\$ 171.00	\$19.50	\$ 57.04	\$ 112.61	\$ 222.30
\$ 100,000	\$10.00	\$ 29.25	\$ 57.75	\$ 114.00	\$13.00	\$ 38.03	\$ 75.08	\$ 148.20
\$ 50,000	\$ 5.00	\$ 14.63	\$ 28.88	\$ 57.00	\$ 6.50	\$ 19.01	\$ 37.54	\$ 74.10

	Age 40-	44			Age 45-4	19		
Coverage Amount	Monthly	Quarterly	Semi-Annually	Annually	Monthly	Quarterly	Semi-Annually	Annually
\$ 400,000	\$68.00	\$198.90	\$392.70	\$ 775.20	\$88.00	\$257.40	\$ 508.20	\$1,003.20
\$350,000	\$ 59.50	\$174.04	\$343.61	\$ 678.30	\$77.00	\$225.23	\$ 444.68	\$ 877.80
\$ 300,000	\$51.00	\$149.18	\$294.53	\$ 581.40	\$66.00	\$193.05	\$ 381.15	\$ 752.40
\$ 250,000	\$42.50	\$124.31	\$245.44	\$ 484.50	\$ 55.00	\$160.88	\$ 317.63	\$ 627.00
\$ 200,000	\$34.00	\$ 99.45	\$196.35	\$ 387.60	\$44.00	\$128.70	\$ 254.10	\$ 501.60
\$ 150,000	\$25.50	\$ 74.59	\$147.26	\$ 290.70	\$33.00	\$ 96.53	\$ 190.58	\$ 376.20
\$ 100,000	\$17.00	\$ 49.73	\$ 98.18	\$ 193.80	\$22.00	\$ 64.35	\$ 127.05	\$ 250.80
\$ 50,000	\$ 8.50	\$ 24.86	\$ 49.09	\$ 96.90	\$11.00	\$ 32.18	\$ 63.53	\$ 125.40

	Age 50-5	4			Age 55-5	9		
Coverage Amount	Monthly	Quarterly	Semi-Annually	Annually	Monthly	Quarterly	Semi-Annually	Annually
\$ 400,000	\$144.00	\$ 421.20	\$831.60	\$1,641.60	\$ 268.00	\$ 783.90	\$1,547.70	\$3,055.20
\$350,000	\$126.00	\$ 368.55	\$ 727.65	\$1,436.40	\$ 234.50	\$ 685.91	\$1,354.24	\$2,673.30
\$ 300,000	\$108.00	\$315.90	\$ 623.70	\$1,231.20	\$ 201.00	\$ 587.93	\$1,160.78	\$2,291.40
\$ 250,000	\$90.00	\$ 263.25	\$ 519.75	\$1,026.00	\$ 167.50	\$ 489.94	\$ 967.31	\$1,909.50
\$ 200,000	\$72.00	\$210.60	\$ 415.80	\$ 820.80	\$ 134.00	\$ 391.95	\$ 773.85	\$1,527.60
\$ 150,000	\$54.00	\$ 157.95	\$ 311.85	\$ 615.60	\$ 100.50	\$ 293.96	\$ 580.39	\$1,145.70
\$ 100,000	\$36.00	\$ 105.30	\$ 207.90	\$ 410.40	\$ 67.00	\$ 195.98	\$ 386.93	\$ 763.80
\$ 50,000	\$18.00	\$ 52.65	\$ 103.95	\$ 205.20	\$ 33.50	\$ 97.99	\$ 193.46	\$ 381.90

	Age 60-0	64			Age 65-6	59		
Coverage Amoun	t Monthly	Quarterly	Semi-Annually	Annually	Monthly	Quarterly	Semi-Annually	Annually
\$400,000	\$432.00	\$1,263.60	\$2,494.80	\$ 4,924.80	\$600.00	\$1,755.00	\$3,465.00	\$6,840.00
\$350,000	\$378.00	\$1,105.65	\$2,182.95	\$ 4,309.20	\$525.00	\$1,535.63	\$3,031.88	\$5,985.00
\$300,000	\$324.00	\$ 947.70	\$1,871.10	\$ 3,693.60	\$450.00	\$1,316.25	\$2,598.75	\$5,130.00
\$250,000	\$270.00	\$ 789.75	\$1,559.25	\$ 3,078.00	\$375.00	\$1,096.88	\$2,165.63	\$4,275.00
\$200,000	\$216.00	\$ 631.80	\$1,247.40	\$ 2,462.40	\$300.00	\$ 877.50	\$1,732.50	\$3,420.00
\$150,000	\$162.00	\$ 473.85	\$ 935.55	\$ 1,846.80	\$225.00	\$ 658.13	\$1,299.38	\$2,565.00
\$100,000	\$108.00	\$ 315.90	\$ 623.70	\$ 1,231.20	\$150.00	\$ 438.75	\$ 866.25	\$1,710.00
\$ 50,000	\$ 54.00	\$ 157.95	\$ 311.85	\$ 615.60	\$ 75.00	\$ 219.38	\$ 433.13	\$ 855.00

	Age 70-7	4			Age 75 a	nd over		
Coverage Amount	Monthly	Quarterly	Semi-Annually	Annually	Monthly	Quarterly	Semi-Annually	Annually
\$400,000	\$ 900.00	\$2,632.50	\$5,197.50	\$10,260.00	\$1,800.00	\$5,265.00	\$10,395.00	\$20,520.00
\$350,000	\$ 787.50	\$2,303.44	\$4,547.81	\$ 8,977.50	\$1,575.00	\$4,606.88	\$ 9,095.63	\$17,955.00
\$ 300,000	\$ 675.00	\$1,974.38	\$3,898.13	\$ 7,695.00	\$1,350.00	\$3,948.75	\$ 7,796.25	\$15,390.00
\$ 250,000	\$ 562.50	\$1,645.31	\$3,248.44	\$ 6,412.50	\$1,125.00	\$3,290.63	\$ 6,496.88	\$12,825.00
\$ 200,000	\$450.00	\$1,316.25	\$2,598.75	\$ 5,130.00	\$ 900.00	\$2,632.50	\$ 5,197.50	\$10,260.00
\$150,000	\$ 337.50	\$ 987.19	\$1,949.06	\$ 3,847.50	\$ 675.00	\$1,974.38	\$ 3,898.13	\$ 7,695.00
\$ 100,000	\$ 225.00	\$ 658.13	\$1,299.38	\$ 2,565.00	\$ 450.00	\$1,316.25	\$ 2,598.75	\$ 5,130.00
\$ 50,000	\$ 112.50	\$ 329.06	\$ 649.69	\$ 1,282.50	\$ 225.00	\$ 658.13	\$ 1,299.38	\$ 2,565.00

APPLICATION FOR Veterans' Group Life Insurance

IMPORTANT: No insurance may be granted unless a completed application has been received (38 U.S.C. 1977). See "Follow these easy steps!" before completing this application. Please complete all fields.

			For VA Use Only	1
1. Service Member Information			VGLI Approval	
Last First		MI	- Demly Dy	
			Reply By	
No. Street				
City State		ZIP	-	
E-mail Address			_	
	al Security Numb	er	Date of Separation	
		_	/ /	
Date of Birth Gen	der	Age	Branch of Service	
2. Coverage Amount				
I elect the following VGLI coverage am	ount:			
□ \$400,000 □ \$350,000 □ \$300,000		□ \$200,000 □	\$150,000 🗆 \$100,000 🗆 \$5	50,000
□ Other				
3. Coverage Election and Payment Metho	d	Automatic M	onthly Deductions from military reti	rement
5. Goverage Liection and Fayment Metho	u	pay (or from \	VA compensation if switched from i VA compensation)	
I agree to make future payments by:		□ Automatic M	onthly Deductions from VA compen	isation.
			e number is	
☐ Mail Please select frequency: ☐ Monthly ☐ Quarterly ☐ Semi-Annually ☐	Annually	Have you been □ Yes □ No	able to work since leaving the serv	ice?
Please submit the payment for the frequency sele	ected.		e to a disability incurred while in the	
l am enclosing my first premium payme	ent of: \$	□ Yes □ No	Military Disability Rating (NOT your VA compensation ra	% ting)
4. Health Statement				
(Only complete this section if you are applying m	,	,	ged from the service.	
Attach separate sheet with complete details for a	any question answ	ered (es.)		
Height Weight Have you had or been treated for or ha	d YN	Have you within	the past five years:	ΥN
known indications of:		nave you within	i ille past live years.	
A. Heart trouble or abnormal pulse?			have a surgical procedure?	
B. High blood pressure?C. Mental health conditions?			or been advised to enter alth care facility?	
D. Diabetes or sugar in urine?			n attended, or examined by a	
E. Cancer or tumors? F. Lung or respiratory disorders?		doctor or other annual or period	practitioner exclusive of	
G. Disorder of kidney, bladder, or urinary syste H. Liver or gallbladder disorder?	m?		es, heroin, opiates, or other	
I. Stomach or intestinal disorders?			en treated for alcoholism?	
J. Arthritis? K. Have you ever been declined or postponed			een diagnosed as having acquired cy syndrome (AIDS) or AIDS-related	
any form of life or health insurance or offer policy with a higher premium because of he	ealth	R. Do you have an	y known physical impairments,	
reasons only?			ill health not covered above?	
L. Have you been absent from work because sickness or injury during the last six months			service-connected disability? he VA claim file number?	

5. Beneficiary(ies) and Benefit Payment Options

I designate the following beneficiary(ies) to receive my insurance proceeds. I understand that the principal beneficiary(ies) will receive payment upon my death. The share of any principal beneficiary who dies before me will be distributed equally among the remaining principal beneficiaries. If all principal beneficiaries die before me, the insurance will be paid to the contingent beneficiaries. I understand that unless I have named a beneficiary(ies) below, my insurance will be paid under the provisions of the law (38 U.S.C. 1970). The designation below cancels any prior SGLI or VGLI beneficiary designation or payment instruction.

Princi	ipal Benefici	ary		- . -	Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 ec monthly installment
Last Na	ame	First Name	MI	Social Security Number (if known)		of indetionsy	monuny motaline
No.	Street	City		State ZIP			
Princi	ipal Benefici	ary			Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 e monthly installme
Last Na	ame	First Name	MI	Social Security Number (if known)		or fractions)	
No.	Street	City		State ZIP			
	ingent Benef	iciary			Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 monthly installmo
Last Na	ame	First Name	MI	Social Security Number (if known)			montany motorina
No.	Street	City		State ZIP			
Conti	ingent Benef	iciary			Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 of monthly installme
Last Na	ame	First Name	MI	Social Security Number (if known)		of fractions)	
No.	Street	City		State ZIP			
Conti	ingent Benef	iciary			Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 e monthly installme
Last Na	ame	First Name	MI	Social Security Number (if known)			inertaily notes in
No.	Street	City		State ZIP			
Conti	ingent Benef	iciary		- -	Relationship To You	Share to Beneficiary* (Use %, \$ amount, or fractions)	Payment Option (Lump sum or 36 monthly installmo
Last Na	ame	First Name	MI	Social Security Number (if known)		J. Houding	
No.	Street	City		State ZIP			

*If more than one principal or contingent beneficiary is designated, the total shares must equal 100% of your death benefit.

Applicant Signature

I understand that I cannot have combined SGLI and VGLI coverage for more than \$400,000. I understand that unless I have named a beneficiary(ies) above, my insurance will be paid under provisions of Federal Law.

Print Name of Applicant

Signature of Applicant (Do not print. Sign in ink.)

Social Security Number of Applicant

Signature of Applicant (Do not print. Sign in ink.)

Date

PENALTY: The law provides that whoever makes any statement of a material fact knowing it to be false shall be punished by fine, imprisonment, or both.