



Taking Children Outdoors

Do you have a significant relationship with a child? Maybe you are a parent, grandparent, or other family member. Maybe you are a scout leader, friend, or neighbor. Whatever your role, as an adult you are responsible for creating a safe environment in which a child can play, learn, and grow.

Sadly, our desire to protect has had unintended consequences. Fears about strangers and germs, as well as the lure of electronic entertainment, have driven our children indoors. Their lives are more sedentary and removed from nature than those of past generations. When they are outside, it tends to be for group activities directed by adults. Rare is the child who explores the outdoors at his or her own pace, following a stream or flight of imagination. The days of "come back home when it gets dark" are long gone.

Ironically, this overprotectiveness is actually harmful to children's physical and mental health. New research indicates that nature experiences are linked to positive gains in cognitive development, self-discipline, creative expression, motor and language skills, and social inter-

actions. Children who regularly play in nature generally demonstrate greater self esteem, are better able to deal with stress, and are often healthier. Many believe that outdoor experiences are critical to the development of a sense of wonder that, in turn, is an important motivator for lifelong learning.

Although Cuyahoga Valley National Park has a long-standing commitment to youth programming, staff and partners are exploring ways to provide children with more choices and chances for self-direction in our programs and to better assist visiting adults and children with their own adventures. The Take Your Child Outside Weekend on page 13 includes outdoor games, fishing, off-trail hiking, questing, and wildlife fun. Our new Junior Ranger, Jr. activity cards will debut. These feature simple, imaginative ways to make outdoor experiences richer and more engaging for 3- to 6-year-olds. Children ages 7 to 12 can pick up the Junior Ranger Handbook at park visitor centers. Thanks to special funding, both are free.

So what are you waiting for? Take that special child outside.

6 - 7 Music & Arts

Enjoy a wide variety of arts including concerts, contra dancing, and photography presentations.

10 - 11 Hiking & Recreation

Explore CVNP's recreational offerings including Healthful Hikes, night orienteering, and backpacking.

12 - 13 For Kids

Become a Junior Ranger, ride The Polar Express™, and join the Take Your Child Outside Weekend.



Valley Highlights



National Park Service
U.S. Department of the Interior

Cuyahoga Valley National Park (CVNP) encompasses 33,000 acres along the Cuyahoga River between Cleveland and Akron, Ohio. Managed by the National Park Service, CVNP combines cultural, historical, recreational, and natural activities in one setting.

Cuyahoga Valley National Park

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www.dayinthevalley.com

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.

EXPERIENCE YOUR AMERICA™

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Protect Yourself

Be sure to wear weather-appropriate clothing and drink water for varied activities in the park.

Do not leave valuables in your vehicles.

Keep your dog on a six-foot leash at all times for the protection of wildlife, other visitors, and your pet.

Park Place in Peninsula

Cuyahoga Valley National Park
Association (CVNPA) has embarked on
a new venture by opening a gift store/
welcome center in the heart of the
Cuyahoga Valley. The store, Park Place
in Peninsula, is located where the Blue
Heron Bookstore once was. It features
park-related items including gifts,
apparel, books, and a special selection
for train enthusiasts from Cuyahoga
Valley Scenic Railroad. The children's
section includes activity games, books,

and clothing, plus a wonderful "heron's nest" that hosts a variety of family activities such as the Ranger Robin Reads programs on page 13. Park Place will also serve as a welcome center for CVNP with park information and programs.

Park Place is located in downtown Peninsula at 1593 Main Street. For more information, including hours and drop-in programs, please visit www.cvnpa.org.



NPS Volunteers Needed for CVNPA Stores

Volunteer Park Ambassadors are needed to assist at both Trail Mix and Park Place stores. Duties include greeting customers, answering questions, and promoting ways to support the national park. Must be an easy conversationalist and able to stand for extended periods of time. If being a Park Ambassador sounds like something you would enjoy, contact Pamela Good at (330) 657-2909 ext. 120 or pgood@cvnpa.org.

Cuyahoga Valley National Park is a part of the larger Ohio & Erie Canalway. The Ohio & Erie Canalway celebrates the regional and national contributions of the 19th-century Ohio & Erie Canal. By connecting the Ohio frontier with New York and New Orleans, the Ohio & Erie Canal helped people and products flow across America, fueling westward expansion, a national market economy, and regional industrial strength. Today the Ohio & Erie Canalway is a national heritage area: a place to experience trails, trains, scenic byways, canal towns, ethnic neighborhoods, working rivers, great lakes, industrial landscapes, and green spaces, as you explore our past, present, and future. For more information visit www.ohioanderiecanalway.com.

Monthly Lyceums Return

The word "lyceum" has roots in ancient Greek, and became the name of the school where Aristotle taught. At CVNP, we use it to describe our lecture series featuring national speakers who stimulate the heart and mind with compelling stories of our natural and cultural world. Admission: \$10 adults, \$8 CVNPA members, and \$5 children ages 3 - 12. Attend any three for the subscription price of \$25 adults, \$20 CVNPA members. General seating. Advance sales are available by calling (330) 657-2909. Happy Days Lodge, 7 - 9 p.m. Doors open at 6:30 p.m.

Joanne Hanley: Flight 93 **National Memorial**

Thursday, September 4

The events of September II, 2001, have had a profound impact on the nation and the world. Flight 93 was the only hijacked plane that failed to hit its intended target.

Only 20 minutes from Washington, D.C., the crash of Flight 93 was the direct result of the extraordinary bravery of the passengers and crew who gave their lives to

prevent a larger disaster

in the nation's capital. The crash site in

Pennsylvania has since been designated as a national memorial administered by the National Park Service. Superintendent Joanne Hanley and a victim's family member will discuss plans for the memorial. This lecture is the first of several local commemoration events, offered in partnership with Kent State University.

Kevin Zippel: The Year of the Frog

Thursday, October 2 Amphibians are

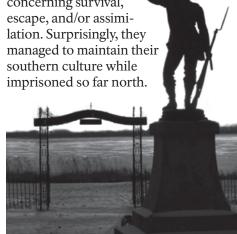
important components of ecosystems worldwide and are useful to people as indicators of environmental health and contributors to human health. Amphibians survived the rise and fall of the dinosaurs, but today almost half of them are threatened with extinction. Join Amphibian Ark's Program Director to learn about amphibians,

the Year of the Frog campaign, and other efforts to reverse the negative trend. Amphibian Ark is an international partnership between the World Association of Zoos and Aquariums, amphibian specialists, and conservation and breeding experts. Proceeds from this evening's program will benefit

amphibian conservation.

David Bush: Ohio's Civil War POWs Thursday, November 6

For 20 years, Heidelberg College Professor David Bush has immersed himself in investigating the Johnson's Island Prisoner of War Depot, a Civil War prison located in Lake Erie at Sandusky Bay. Here the Union Army confined over 10,000 Confederate officers throughout the Civil War. In this presentation, Bush explores how historical and archeological evidence reveals the lives of POWs. Newly confined Confederate officers had to cope with choices concerning survival,



National Public Lands Day

Saturday, September 27

Experience the beauty of CVNP while putting your hands to work on projects that enhance our national public lands. CVNP invites you to learn how to maintain a safe and well-groomed trail by trimming branches, cleaning culverts and water bars, and removing roots.

Wear sturdy shoes or boots; dress for the weather; and bring a small pack with work gloves, water, and lunch. Meet at Howe Meadow at 8 a.m. for registration. Ending times vary.

To register contact Travis White in the CVNP volunteer office at (440) 546-5996 or cuva_vip_coordinator@nps.gov. Pre-registration is required for groups of five or more.

Cuyahoga Valley Scenic Railroad

Experience the adventure, romance, and nostalgia of a vintage train ride through the heart of Cuyahoga Valley National Park. Choose from several excursions available throughout the year. Days and departures vary. Special events occur on additional dates. Unless otherwise noted, tickets are \$15 adults and \$10 children ages 3-12. For details and to register call (800) 468-4070.

September and October Excursions

These four excursions run Saturdays and Sundays, September 6 - 28; and Wednesdays through Sundays, October 1 - 31. They do not run in November.

Akron Explorer

Combine your train ride with a visit to one of Akron's attractions: Akron Zoo, Akron Art Museum, Spaghetti Warehouse, Hale Farm & Village (weekends only in October), or Stan Hywet Hall & Gardens (9 a.m. departure only). Bus transportation is included, but not attraction admission. Rockside Station, 9 a.m. and 12:25 p.m. Peninsula Depot, 9:40 a.m. and 1:10 p.m.

Independence Explorer

Combine your train ride with a visit to The RainForest at Cleveland Metroparks Zoo or the Ohio & Erie Canal Reservation. Bus transportation is included, but not zoo admission. Akron Northside Station, 10:30 a.m.

Mustill Store Explorer

Ride to Akron to visit Cascade Locks Park and the historic Mustill Store. Rockside Station, 9 a.m. Peninsula Depot, 9:40 a.m.

National Park Scenic

Enjoy a narrated excursion through CVNP to view wildlife and scenery. Akron Northside Station, 10:30 a.m. and 2 p.m. Rockside Station, 9 a.m., 12:25 p.m., and 3:35 p.m.

November Excursions

The following three excursions run Saturdays and Sundays from November 8 - December 14.

Canal Explorer

Ride to Canal Visitor Center to explore exhibits on the Ohio & Erie Canal. Following a 40-minute layover, climb back aboard for the return trip. Peninsula Depot, II:15 a.m.

Peninsula Explorer

Ride the rails, take a hike along the Towpath Trail, explore the Village of Peninsula, and enjoy lunch or shopping. Rockside Station, 10:15 a.m.

Scenic Limited

Enjoy a 1-3/4-hour excursion through CVNP. Rockside Station, 10:15 a.m. and 1 p.m.

Total Track Tour

Saturday, September 13

Ride the rails on a very special roundtrip excursion over the entire 51-mile length of CVSR track between Independence and Canton. The first option allows you to visit one of the exciting Canton attractions and enjoy lunch at the McKinley Grand Hotel. Fee: \$65 (coach), \$90 (lounge), \$130 (luxury) includes lunch but not attraction admission. The second option is to travel by bus from Canton to the Warther's Train Museum in Dover for a guided tour and hobo lunch in their beautiful gazebo. Fee: \$101 (coach), \$126 (lounge), \$166 (luxury) includes bus ride, museum tour, and lunch. Rockside Station, 8:30 a.m. - 7 p.m. To register call (800) 468-4070.

Festival of Steam

Wednesday and Thursday, September 24 - 25

Come see one of the last steam locomotives ever made when the "OC 1293" returns to the Cuyahoga Valley! Enjoy a model railroad display, photos with the engineer and conductor, rail building, costumed characters, gift shop, photo run-bys, food, and activities for the entire family. Get a chance to be inside the engine. 45-minute train rides at 4 p.m. and 6:30 p.m. Festival only: \$10 adults, \$8 children ages 3 -12. Train and festival: \$25 adults, \$20 children ages 3 - 12. Call (800) 468-4070 for advance tickets. Howe Meadow, 3 - 8 p.m.

Steam Through the Valley

Saturday, and Sunday, September 27 - 28

Take a rare steam locomotive excursion through the Cuyahoga Valley. Fees vary. Rockside Station, 9:30 a.m. - 1 p.m. and 2 - 5 p.m.

35th Anniversary Run

Sunday, September 28

Celebrate CVSR's 35th anniversary with a special steam locomotive ride and a boxed lunch. Fees vary. Rockside Station, 2 - 5 p.m.

Use of the OC 1293 was donated by Ohio Central Railroad System, and delivery was donated by Wheeling & Lake Erie Railway.

Cuyahoga Valley Scenic Railroad

"Grape Escape" Wine-Tasting Express

Enjoy a Friday evening presentation of choice wines with a selection of appetizers while experiencing the beauty of fall by rail. Ages 21 and older. Reservations required. Fee: \$45 per person coach. To register call (800) 468-4070.

Friday, September 19

Canton Lincoln Highway Station, 7 - 9 p.m.

Friday, October 10

Rockside Station, 7 - 9 p.m.

Friday, November 7

Boston Mill Station, 7 - 9 p.m.

Campfire Train

Saturday, October 4

Aboard CVSR we'll share ghost stories on our way to the Botzum Farm. From the train we'll walk a short distance to the farm where we'll enjoy havrides, campfire stories, and family activities. Fee: \$20 per person ages 3 and up. Akron Northside Station, 5:30 - 8 p.m. and 7 - 9:30 p.m. To register call (800) 468-4070.

Ghost Train

Friday, October 17

Plunge into darkness aboard our haunted locomotive. Journey through the national park, hearing stories of the macabre. We'll then disembark and walk to Park Place in Peninsula to share hot cocoa and cookies around a roaring fire. Fee: \$10 per person ages 3 and up. Brecksville Station, 6:30 - 8:30 and 7:30 - 9:30 p.m. To register call (800) 468-4070.

The Great Pumpkin **Express**

Saturday and Sunday, October 25 and 26

Ride the train to the Village of Peninsula and visit Heritage Farms for a special Halloween experience. Fee: \$25 adults, \$20 seniors 65 and over, \$12 children ages 3 - 12. Rockside Station, 12:25 p.m., Akron Northside at 10:30 a.m. To register call (800) 468-4070.

Bike Aboard!

Bike the Trail, Ride the Rail

Bike the Towpath Trail, then hop on the train for a relaxing ride back to your car—or do it in reverse! The train can be flagged down at boarding stations by waving both arms. Please arrive 10 minutes prior to the train's scheduled arrival. Pay your fare when you board. One way: \$2 per person ages 3 and up with your bike. No guaranteed seats. This fee only applies to bicyclists. See below for the train timetable. Bike Aboard! operates Saturdays and Sundays, September 6 - 28; and Wednesdays through Sundays, October 1 - 31. Sections of the Towpath Trail are closed Sunday, October 12 for the Towpath Marathon (see page 18).

Station	Departures					
	South	North	South	North	South	North
Rockside	9:00	12:00	12:25	3:25	3:35	6:35
Canal Visitor Center	9:05	11:50	12:30	3:20	3:40	6:30
Brecksville	9:20	11:35	12:45	3:05	3:55	6:15
Boston Mill	9:30	11:25	12:55	2:55	4:05	6:05
Peninsula	9:40	11:15	1:10	2:45	4:20	5:55
Indigo Lake	9:50	11:00	1:20	2:30	4:30	5:40
Botzum	10:00	10:50	1:30	2:20	4:40	5:30
Akron Northside	10:20	10:30	1:50	2:00	5:00	5:10

Towpath Mileage Between Boarding Stations

Rockside - Canal Visitor Center	1.75 r
Canal Visitor Center - Brecksville	4.5 m
Brecksville - Boston Mill	4.25 r
Boston Mill - Peninsula	2.5 m
Peninsula - Indigo Lake	4 mile
Indigo Lake - Botzum	3 mile
Botzum - Akron Northside	6 mile

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Experience the **Underground Railroad**

Saturdays, November 8 and 15

Place yourself in the role of an escaping slave and experience the danger and triumph of the Underground Railroad on this nationally recognized program. Join the NPS and CVSR as you journey on a 1.5-mile lantern hike and board a train for your return trip. For ages 14 and over. Fee: \$10. Hikes depart every 30 minutes. Howe Meadow, 6 - 8 p.m. To register, call (800) 468-4070.

Christmas Tree Adventure

Saturdays and Sundays, November 29 and 30 and December 6 and 13

Ride the train to the Village of Peninsula and visit Heritage Farms to select and cut your own Christmas tree. Fee: \$25 adults, \$20 seniors 65 and over, and \$12 children ages 3 - 12. Rockside Station, 10:15 a.m. - 3 p.m. To register call (800) 468-4070.

The Polar Express™. Bike Aboard! With Your Family, Mr. Jingeling's Holiday

See pages 12 - 13 for details about these great programs for kids of all ages.

Music & Arts

Cuyahoga Valley Heritage Series Concerts

The Cuyahoga Valley Heritage Series, presented by the National Park Service and Cuyahoga Valley National Park Association (CVNPA), celebrates the cultural legacy of the Cuyahoga Valley. The series is supported by the Ohio Arts Council with promotional support from WKSU 89.7 FM and Windstream Yellow Pages.

Admission unless otherwise noted: \$15 adults, \$10 CVNPA members, and \$5 children ages 3 - 12. General seating. Advance sales are available by calling (330) 657-2909 or by stopping in at Park Place in Peninsula and Trail Mix stores. For more information about CVNPA and its membership program, visit www.cvnpa.org or call (330) 657-2909.

You can create your own subscription series—enjoy three great Cuyahoga Valley Heritage Series concerts for one low price! No cash refunds, but tickets may be exchanged up to 10 days before the concert. Series prices: \$40 adults, \$25 CVNPA members, \$15 children ages 3 - 12. All concerts are held at Happy Days Lodge and begin at 8 p.m. unless otherwise stated. Doors open at 7 p.m.

Friday, September 5

Eilen Jewell Band

Boston-based artist Eilen Jewell puts her own beautiful stamp on old country, folk, and blues. Reaction to Eilen's music was swift following her debut in 2005. Many compared her talents to those of Lucinda Williams, Gillian Welch, and June Carter Cash. Eilen has a heartachingly hushed style and intimate

> grasp of roots music's wild graces. She and her band adeptly evoke the classic feel of old-style genres without overdosing on nostalgia. Come early and celebrate

WKSU's FolkAlley.com 5th Birthday! The party starts at 6:30 p.m. with refreshments, cake, prizes, and live entertainment.



Friday, September 19

Bodega

Bodega is a young five-piece band drawn from the highlands and islands of Scotland. The band formed in 2005 while all five members were attending The National Centre of Excellence in Traditional Music. After winning the BBC Radio2 Young Folk Band award for their debut CD, the band has been quickly garnering acclaim and fans. The band includes Gillian Chalmers (pipes, fiddle, and whistle), Ross Couper (fiddle), Tia Files (guitar), Norrie MacIver (vocal, accordion, guitar, and djembe), and June Naylor (clarsach and piano).

Friday, October 10

April Verch Band

Canadian performer April Verch is widely known for the pure energy that infuses both her fiddling and step dancing and also for more subtle things – her confident, winsome singing, the finely detailed elegance of her fiddle phrasing, and the depth of her repertoire. April and her band range through material from Americana mainstays Buddy and Julie Miller to simple country songs and rollicking tunes from her native Ottawa Valley to sparkling original instrumentals.

Saturday, October 25

John Jorgenson Quintet

The John Jorgenson Quintet features guitarist John Jorgenson, whose past groups include the *Desert Rose Band*, the *Hellecasters*, and Elton John's band.

Audiences are dazzled by John's mastery of guitar, clarinet, and voice. Whether playing his own accessible compositions or classic standards, John and his band make music that is romantic and ecstatic, played with virtuosity and soul. John is one of the pioneers of the American gypsy jazz movement, sought by artists ranging from Barbra Streisand to Bonnie Raitt to Earl Scruggs for his guitar playing. Recently John Jorgenson was chosen to portray Django Reinhardt in the feature film *Head in the Clouds*.



Saturday, November 1

The Lovell Sisters

The Lovell Sisters weave tight harmonies with an innovative fusion of country, folk, and contemporary acoustic music. All classically trained on piano and violin, sisters Jessica, Megan, and Rebecca strayed from their classical roots to pursue the instrumentation and improvisation of traditional music. The Lovell Sisters' classic and original tunes feature a youthful vigor, vast creativity, and a wide variety of musical influences employing dobro, guitar, and mandolin.

Cuyahoga Valley Photographic Society

As an activity of Cuyahoga Valley National Park Association (CVNPA) in cooperation with the National Park Service, CVPS promotes CVNP through the photographic arts by providing educational opportunities such as workshops, presentations, photo walks, and an annual photo contest. For more information contact CVPS at info@cvps.org or CVNPA at

(330) 657-2909.

CVPS sponsors monthly presentations by local, regional, and national photographers at Happy Days Lodge.

All presentations start at 7 p.m. Free.

Thursday, September 18

Tom Jones: Treasures of the Towpath, from Cleveland to Dover This presentation with music features five years of photographing our historic Ohio trail.

Thursday, October 16

Andy Webb: Bright Ideas for the Digital Darkroom – Essential Techniques and Gear

Andy works on nature images using advanced digital techniques. He shares some digital secrets and a few homemade concoctions to make your digital darkroom really shine.

Thursday, November 20

Andrew Borowiec: Cleveland – The Flats, the Mill, and the Hills Andrew discusses his latest book project of black and white photography in Cleveland's industrial areas and surrounding neighborhoods. Also includes some of his newer color work.

Note that the first place winners of the 2008 Cuyahoga Valley Photo Contest will be on display at Park Place in Peninsula from Monday, August 18 through Sunday, September 21.

Saturday, November 22

Mountain Rose: Eric Noden and Ann & Phil Case

Deeply rooted in the music of 1920s and 1930s blues pioneers, Eric Noden's percussive guitar work, timeless songwriting, and well-traveled blues vocals have earned the respect of audiences, critics, and musicians worldwide. Ann & Phil Case specialize in old-time Appalachian duets, parlor songs, Depression-era tunes, early country blues, and ragtime. For more information and tickets, visit www. mountainroseconcerts.org or call (330) 733-8845, or contact CVNPA at (330) 657-2909. Admission: \$15 (door), \$12 (advance), and \$7.50 children ages 3 - 12.

Save the Dates!

Friday, December 12

Tina Bergmann and Bryan Thomas

Thursday, December 18 Cherish the Ladies

Art @ MD Garage

Art@ M.D. Garage is a series of free art exhibitions organized and coordi-

nated by the Crooked River Gang, a volunteer group that promotes art in the Cuyahoga Valley. The M.D. Garage is a 1940s gas station located in the village of Boston. Note that the exhibit is closed October 11 - 12 for the Towpath Marathon. 10 a.m. - 4 p.m.

Weekends in September Nature's Bounty

Weekends in October (except 11 - 12) Autumn Glory

Cuyahoga Valley Contra Dance

Thursdays, September 11 and 25, October 9 and 23, and November 13

Become part of a living tradition in the Cuyahoga Valley—contra dancing. Caller Carol Kopp leads dancers through each dance while the band *Strings and Things* plays lively jigs, reels, and tunes. Come for the music or for the dance, but wear comfortable clothing and shoes. Fee: \$6. Boston Township School House, 7 p.m. instruction, 8 - 10:30 p.m. dancing.

Wood Carving Workshop

Saturdays, September 13 and 20

Spend the afternoon at Sarah's Vineyard carving a bowl or spoon with traditional hand tools. Afterward, sample wines in a beautiful 19th-century barn turned tasting room. Tools and materials provided. No woodworking experience necessary. The workshop is conducted by cabinetmaker and woodworking instructor Frank Vargo. Sarah's Vineyard, I - 5 p.m. Fee: \$45 one day, \$75 both days. To register call (330) 658-6002.



Peninsula Jazz Festival

Sunday, October 12

Featuring New Orleans jazz musicians from around the region. Presented by the Peninsula Library and Historical Society. Free. Happy Days Lodge, 2 - 5 p.m.

Nature & History

Bird Watching

Venture outdoors with expert and novice birders to discover for yourself why CVNP has been designated as an Important Bird Area by the Audubon Society of Ohio.

Saturday, September 6

Migrating Nighthawks

Each year hundreds of insect-feeding nighthawks pass through on their journey southward. Join Park Volunteers Dwight and Ann Chasar to search for these evening travelers. Bring a lawn chair, insect repellent, and binoculars. Canal Visitor Center, 7 - 8:30 p.m.

Saturday, September 13

Southbound Migration

This is the peak time to observe warblers and other songbirds heading south. Venture out with Park Volunteer Dwight Chasar to discover which songbirds are at Terra Vista, a prime spot for fall birding. Come prepared to carpool. Canal Visitor Center, 8 - 10:30 a.m.

Saturday, September 20

Fall Bird Census

The diversity of habitats in CVNP attracts many migrating songbirds, making the fall census exciting. All are welcome. NPS Park Headquarters, 7:30 a.m. - 2:30 p.m.

Saturday, October 11

Lowland Floodplain Birds

Come along with Park Volunteer Dwight Chasar to see which southbound late-migrating birds and early arriving winter birds are in the lowland forests along the Cuyahoga River floodplain. Red Lock Trailhead, 8 - 10:30 a.m.

Saturday, October 25

Migrating Waterfowl

Migrating ducks accurately fly from Canada to the southern areas of North America each fall. Park Ranger Paul Motts leads the search for migrating birds in a beaver wetland. Ira Trailhead, 8:30 - 10 a.m.

Saturday, November 1

Searching for Snipe

Every fall the Wilson's snipe returns to wet meadows with high grasses. Park Volunteer Dwight Chasar leads the search for snipe in the restored grasslands at the old Coliseum site. Come prepared to carpool and for hiking in very wet, tall grasses. Lock 29 Trailhead, 8:30 - 10:30 a.m.

Saturday, November 15

November Birds

Birds in winter plumage, often showing very subtle field marks, provide a stimulating challenge to even the most experienced birders. Park Ranger Paul Motts will help you master the important winter field marks used to identify late-autumn birds. Kendall Lake Shelter, 8:30 - 11 a.m.





Sunset Series

Enjoy this natural history series as the sun sets over the Cuyahoga Valley.

Tuesday, September 16

To the Beaver Marsh

Wetlands are an essential part of the landscape that is often threatened by human activity. Why are wetlands important? What are the different types of wetlands? Explore with a park ranger on this easy 2.25-mile walk to the Beaver Marsh. Hunt Farm Visitor Information Center, 6:30 - 8 p.m.

Tuesday, October 21

To the Ledges Overlook

Bedrock is the foundation of the landscape we see. What can we learn from studying the rock layers exposed and hidden under our feet? View interesting shapes and hidden places at the Ritchie Ledges. A park ranger leads this moderate 2.5-mile walk on uneven terrain. Ledges Shelter, 5 - 7 p.m.

Nature & History



Tuesday, November 18

To Indigo Lake

Water is constantly on the move. Where does it come from? What determines its level in a pond, marsh, or stream? Join a park ranger for an easy 2.75-mile walk along the Towpath and Hale Farm Connector trails past the Beaver Marsh and Indigo Lake. Ira Trailhead, 4 - 5:45 p.m.

Calling All Coyotes

Friday, November 14

For nearly 15 years, sightings of the elusive coyote have elicited reactions ranging from fear to curiosity and excitement. CVNP now has a stable coyote population and uses many research techniques to study their range, travel and hunting patterns, and interactions with other animals. Join Park Ranger Karen Kopchak to learn more about this fascinating and controversial animal. Happy Days Lodge, 7 - 8:30 p.m.

Saturday in the Park

Join park rangers every other Saturday to enjoy history, nature, and recreation in the Cuyahoga Valley.

Saturday, September 6

Bald Eagles Return

Why would eagles and blue heron choose the Pinery Narrows as a nesting area? During this 1.5-mile walk, park rangers share stories to help us explore this interesting area for both transportation and wildlife. Station Road Bridge Trailhead, 9:30 - 11 a.m.

Saturday, September 20

Bats in Our Old Buildings

CVNP is home to seven bat species. Bats remain active in September but will seek places to hibernate by late October. Join a park ranger for an easy 1.75-mile walk to better understand these fascinating flying mammals. Boston Store Visitor Center, 6:30 - 8:30 p.m.

Saturday, October 4

Autumn in the Valley

Crisp air, the scurry of animals, and changing leaf colors all hint that autumn is upon us. Bring the family for an easy 1.5-mile hike with Park Ranger Margaret Adams as we explore autumn's awesomeness. Oak Hill Trailhead, 1 - 3 p.m.

Saturday, October 18

Your Carbon Footprint

How big is your carbon footprint? Perhaps you are wondering what a carbon footprint looks like or what it means to the environment. Explore the topic with Park Ranger Rebecca Jones. We will be inside and outside a "green" building. Cuyahoga Valley Environmental Education Center/ November Lodge, 10 - 11 a.m.

Lantern Hikes

Explore the landscape and stories of the Cuyahoga Valley during these monthly ranger-led experiences complete with a campfire.

Saturday, September 27

Dress for the weather and wear sturdy footwear for this moderate, 1.5-mile hike. Octagon Shelter, 7:30 - 9:30 p.m.

Saturday, October 18

Join Park Ranger Paul Motts and CVNP volunteers for an evening of autumn storytelling followed by a Year of the Frog activity. Octagon Shelter, 7 - 8 p.m.

Saturday, November 22

Take a 1-mile walk on the shores of Kendall Lake and the surrounding trails. Kendall Lake Shelter, 7 - 9 p.m.

Hiking & Recreation

Off the Beaten Path

Explore off trail with a park ranger. For ages 12 and older. All children must be accompanied by an adult. Be prepared for all types of terrain. Space is limited. To register call (800) 445-9667.

Sunday, September 28

Stream Ramble

It is always exciting to discover what lives in a stream! The types of animals present are an important indicator of water quality. Join Park Ranger Paul Motts on this 0.75-mile venture along and in Haskell Run, one of our healthiest freshwater streams. Happy Days Lodge, 2 - 3:30 p.m.

Sunday, October 26

Terra Vista

Terra Vista was once home to a quarrying operation and is today identified as a Natural Resource Study Area. Join Park Ranger Rebecca Jones to learn these stories and more as we explore 2 miles of this hidden part of our valley. Carpooling required. Canal Visitor Center, 2 - 4 p.m.





Sunday, November 9

Farm Footprints

Follow old roadbeds and explore old footprints to "read" the stories of the land with Park Ranger Rebecca Jones on this off-trail, 4-mile trek. Carpooling required. NPS Park Headquarters, 2 - 5 p.m.

Sunday, November 23

Created Wetlands

Discover CVNP's newest wetland on this 1.5-mile adventure with Park Ranger Rebecca Jones. Wear shoes that can get wet. Carpooling required. Canal Visitor Center, 2 - 4 p.m.

Healthful Hikes

CVNP and CVNPA encourage you to participate in healthful activities. Join us for this Sunday hiking series that tackles the challenging Buckeye Trail. Hikers participating in at least four hikes will earn a CVNP mug filled with Chef Michael's trail mix.

Sunday, September 7

7-mile hike. NPS Park Headquarters, 9 a.m. - noon.

Sunday, September 21

7.5-mile hike. NPS Park Headquarters, 9 a.m. - 1 p.m.

Sunday, October 5

6-mile hike. Ira Trailhead, 9 a.m. - noon.

Sunday, October 19

7-mile hike. Station Road Bridge Trailhead, 9 a.m. - noon.

Sunday, November 2

7-mile hike. Pine Lane Trailhead, 9 a.m. - noon.

Horsing-Around Hikes

CVNP has miles of bridle trails that are suited for more than hooves. Come hike a few with Park Ranger Pamela Machuga.

Sunday, November 16

7-mile hike. Perkins and Riding Run trails, Everett Road Covered Bridge, 9 a.m. - noon.

Sunday, November 30

6-mile hike. Wetmore trail system. Wetmore Trailhead, 9 a.m. - noon.

Night Orienteering

Saturday, October 11

Challenge your map and compass skills as we navigate through the woods under cover of darkness with the North-Eastern Ohio Orienteering Club. Bring a flashlight and extra batteries. Whistles required (available for \$1). Free compass

Hiking & Recreation

loan. Fee: \$8 non-members, \$5 members. Kendall Lake Shelter, registration 6 - 7 p.m., event starts at dusk. For more information call (866) 812-8316 or visit http://neooc.home.att.net.

Boomerangs

Join Dave Boehm from the Cleveland Boomerang School to try your hand at this aboriginal flying device. All skill levels are welcome. Boomerangs provided or you can bring your own.

Sunday, September 28

Fun with Boomerangs Howe Meadow, 2 - 4 p.m.

Saturday, October 18

Fall Fling with Boomerangs Howe Meadow, 2 - 4 p.m.

Sunday, November 16

Boomerang Construction Workshop Fee: \$5 per boomerang. Happy Days Lodge, 2 - 4 p.m.

Rush-Hour Hikes

Fridays, September 12 and October 10

Tired of sitting in gridlock after a long workday? Relax and avoid the traffic on this leisurely towpath stroll with a park ranger. Lock 39 Trailhead, 5:30 - 6:30 p.m.

Early Evening Hikes

Do you have a favorite place where you enjoy scenery, wildlife, or history? Join park rangers to explore fall on these moderately paced hikes. Dress for the weather and wear sturdy shoes.

Wednesday, September 10

5 miles along the Ledges area trails. Happy Days Lodge, 6 - 8:30 p.m.

Wednesday, September 24

1.5 miles to the Beaver Marsh for wildlife watching. Ira Trailhead, 6 - 7:30 p.m.

Wednesday, October 8

3 miles along the Boston Run Trail. Happy Days Lodge (north parking lot), 6 - 7:30 p.m.

Wednesday, October 22

1.5 miles along the Oak Hill Trail. Oak Hill Trailhead, 5:30 - 7 p.m.

Full Moon Hikes

Explore your national park by the light of a full moon! Listen to night sounds, look for night animals, and experience the darkness without a flashlight.

Monday, September 15

1.5-mile hike on the Oak Hill loop. Oak Hill Trailhead, 7 - 9 p.m.

Tuesday, October 14

3.25-mile hike in the Kendall Lake area. Pine Hollow Trailhead, 7:30 - 9:30 p.m.

Wednesday, November 12

2.25-mile walk to the Beaver Marsh along the Towpath Trail. Hunt Farm Visitor Information Center, 6:30 - 8:30 p.m.

IGO Backpacking the **Buckeye Trail**

Backpack 20 miles of the Buckeye Trail in two days! Enjoy scenic ravines, waterfalls, and hemlock forests as you venture along sections of the Buckeye Trail with staff from Cleveland Metroparks' Institute of the Great Outdoors (IGO) and CVNP. Relax on the return journey aboard the Cuyahoga Valley Scenic Railroad. This program is designed for those with previous backpacking experience. Registration begins August 18. CVNP and IGO can provide most necessary camping equipment.

Moderate to advanced strenuousness. For ages 18 and older. Fee: \$85. For details and to register call (216) 341-1704.

Pre-Trip Meetings (required) Wednesdays, September 3, 17, and 24 Brecksville Nature Center, 6:30 - 9 p.m.

IGO Backpacking Weekend

Friday through Sunday, September 26 - 28 Meet with equipment at Brecksville Reservation/Oak Grove Picnic Area, 6 p.m.

Introduction to **Backpacking**

Friday and Saturday, October 24 and 25

The Adventure Center at Kent State University leads an overnight backpacking trip into CVNP's backcountry. Topics include proper packing, navigation, and wilderness safety. Fee: \$100, \$75 students and CVNPA members (includes transportation, food, and equipment). Cuyahoga Valley Environmental Education Center, Friday noon - Saturday noon. To register call (330) 672-4732 or visit www.recservices.kent.edu.

Volunteer Trail Workers Needed

Join Adopt-a-Trail on monthly trail sweeps or Cuyahoga Valley Trails Council on monthly trail maintenance projects. See schedules at www.cvtrailscouncil.org, or contact Travis White at (440) 546-5996 or travis_white@nps.gov. National Public Lands Day is listed on page 3.



For Kids

Become a Junior Ranger!

Are you 7 to 12 years old? Join park rangers and Cuyahoga Valley National

Park Association (CVNPA) staff for fall fun and exploration. Once children attend three Junior Ranger programs in this year-round



CVNP Junior Ranger badge—attending six earns the national Junior Ranger patch. Pre-registration and advance payment are required, as space is limited. Program locations are given upon registration. Fee: \$8 per child, \$5 CVNPA members. A parent or guardian is required to attend with participating children at no charge. To register call Cuyahoga Valley Environmental Education Center at (800) 642-3297 ext. 100.

Saturday, September 13

Fish Sticks

Would you like to go on a fishing trip to the past? Discover how people fished before those modern "new-fangled" poles. We will make our own fishing poles and then try our luck at catching some fish the old-fashioned way! 9:30 - II:30 a.m.

Saturday, October 25

Birds of Prev

What makes birds of prey so special? Which ones live in CVNP? Find out the answers when special guests from the Medina Raptor Center come to visit. io a.m. - noon.

Saturday, November 1

The Scoop on Scat

Despite the yuck factor, animal droppings are pretty interesting. Hike around looking for "treasures" and find out how scientists study them. Who would have thought that a closer look at waste could teach us so much about the Cuyahoga Valley? 9:30 - 11:30 a.m.

Mr. Jingeling's **Holiday Express**

Saturdays and Sundays, November 22 -December 14

Young and old alike will enjoy this holiday trip as a special and beloved holiday character joins CVSR for a train ride. Fee: \$20 adults, \$18 seniors 65 and over, and \$13 children ages 3 - 12. Rockside Station, 10:15 - 11:45 a.m. or I - 2:45 p.m. To register call (800) 468-4070.



Junior Ranger, Jr.

You're never too young to love the outdoors! This series for children ages 4 to 6 is offered year round. Children attending three programs earn a CVNP Junior Ranger badge—attending five earns a patch. Registration fees and policies are the same as for the Junior Ranger program.

Saturday, September 6

Little Sprouts All Grown Up!

If you participated in the Little Sprouts program in June (or even if you didn't), return to the farm to see how our seeds sprouted, grew, and produced delicious food. Enjoy a game or two and then help prepare and taste harvest goodies. 1:30 - 3:30 p.m.

Saturday, October 11

Fall Forest Frolic

Come explore the wonders of the changing woods through art, story, and nature play. Dance among the giants of the forest and be prepared to meet them up close! 10 a.m. - noon.

Saturday, November 15

Wily Coyotes

Would you be frightened if you heard a coyote howling in the dark? Howl like a coyote yourself after hearing what they really sound like. See a stuffed one up close and hear coyote stories that have been told for many years. 10 - 11:30 a.m.

The Polar Express™

Mondays through Fridays, November 17 - December 19; Saturdays and Sundays, December 6, 7, 13, 14, and 20

Join CVSR, CVNP, and Carriage Trade for one of our most popular trips. Enjoy hearing The Polar Express™ read as we journey to the North Pole. Children are encouraged to wear their pajamas. Cookies and hot chocolate are served. All tickets are sold by mail-in lottery. Order forms are available online at www.cvsr.com. Deadline is September 15.

Take Your Child Outside Weekend

Celebrate nature with the young ones in your life! This weekend we are offering a variety of programs for children and the grownup of their choice to explore the park with a park ranger or on your own. This is also a great excuse to work on a Junior Ranger handbook and the new Junior Ranger, Jr. activity cards, both available at visitor centers and at weekend programs.

Saturday, September 13

Off the Beaten Path for Kids

Trek on and off trail with Park Ranger Mike Kosmos to safely explore Ledges rocks and ravines. Wear sturdy shoes or boots, dress for the weather, and bring drinking water. Ledges Shelter, 9 - 11 a.m.

Fish Sticks

See Junior Ranger listing on page 12 for description and fee. 9:30-II:30 a.m.

What's for Lunch?

See Ranger Robin Reads description on the right. Park Place in Peninsula, 10 - 11 a.m.

Secret of the Sandy Rock Quest

Do you like to hike, explore, and solve mysteries? If so, a special kind of treasure hunt called "questing" is for you! Meet a park ranger to get your clues and then head out on the trail to find a hidden box. It's a fun adventure for family and friends. Happy Days Lodge (north parking lot), anytime from 10 a.m. - noon and 2 - 4 p.m.

Sunday, September 14

A Day of Play

Come out to the park and play! We'll remind you how fun it is to be outside. There will be activities for you and your children to enjoy on your own, or you can venture deeper down a trail to explore the forest and stream with a park ranger. Bring a snack or a lunch and make a day of it! Happy Days Lodge, continuous activities, 10 a.m. - 3 p.m.



Bike Aboard! With Your Family

Remember those carefree childhood days of biking in the fall as the autumn leaves crunch under your tires? Share that experience with your children. Start with stories and memories at Park Place in Peninsula and then put your bikes aboard the train for a one-way journey north. Choose the length of your ride and cycle back at your leisure. Fee: \$2 per person. Park Place in Peninsula, 10:30 a.m.

Children's Concert with Foster Brown

CVNP invites kids and their families to ioin Foster Brown for a free afternoon of original nature songs and stories. Foster plays guitar, banjo, fiddle, dulcimer, and various percussion instruments and encourages listeners to participate with hand motions, calland-response, and sing-alongs. Park Place in Peninsula, 2 - 3:30 p.m.



Ranger Robin Reads

Saturday, September 13

What's for Lunch?

What did you nibble on for lunch yesterday? The animals of CVNP made some interesting food choices. Join Park Ranger Robin Kirk to explore what's on the menu for wildlife and then enjoy a snack provided by Ranger Robin's friends. Enjoy books, crafts, and an outdoor hike. Park Place in Peninsula, 10 - п а.т. Space is limited. To register call (800) 445-9667.

Saturday, September 27

Do You Hear What I Hear?

Did you hear that "chick-a-de-dede-de-de" sound? That's just one of many songs the birds of CVNP sing. Enjoy books, crafts, and an outdoor hike with Park Ranger Robin Kirk. Park Place in Peninsula, 10 - 11 a.m. Space is limited. To register call (800) 445-9667.

Questing Volunteers Needed

Help CVNP create unique treasure hunts called quests. Must be able to write in rhyme, do background research, hike, dream up fun puzzles, and keep a secret. Guidelines provided. Great opportunity for families to volunteer together. Contact Arrye Rosser at (440) 546-5992 or arrye_rosser@nps.gov.

Cuyahoga Valley National Park Association

Bids for Kids Online Auction

Friday, November 21 at 9 a.m. through Sunday, December 7 at 8 p.m.

Join us for the 4th Annual Bids for Kids Online Auction to benefit scholarships and educational programs for urban school children attending the Cuyahoga Valley Environmental Education Center (CVEEC). This is a great opportunity to do your holiday shopping while supporting environmental education. The CVEEC provides children with an experience that is fun, educational, and lasts a lifetime. Last year we raised over \$29,000 through the generous support of CVNPA members, park users, and local businesses. You can make a difference in the lives of our youth by getting involved this year—donate an item, ask local businesses to donate items, become an auction sponsor, and bid high and often. To learn more about how you can help with this exciting event, please contact Lisa Meranti at (330) 657-2909 ext. 136 or lmeranti@cvnpa.org. The auction is at www.cvnpa.cmarket.com.



Cub Scout Webelos Weekend

Fridays through Sundays, October 10 - 12 or November 7 - 9

Give your scouts the opportunity to learn about their environment, make new friends, and explore CVNP. Webelos will fulfill all requirements for the Geologist activity badge and some for Outdoorsmen and Naturalist. Evening activities include a bird migration program, a staff-led night hike, and campfire. Fees: \$85 scout,

\$45 chaperone: includes programs, lodging, meals, and snacks. Pre-registration required. All troops must meet requirements for the adult-to-scout ratio and chaperone overnight training. Cuyahoga Valley Environmental Education Center, Friday 6 p.m. to Sunday 1 p.m. For more information and to register call (330) 657-2796 ext. 100 or visit www.cvnpa.org.

Festival of Lights

Friday, December 19

Come light up the darkest day of the year in CVNP. Learn why many cultures observe seasonal days of celebration during December. Enjoy a warm feast followed by a winter walk through woods filled with fun, history, and lights. Reservations required. Fee: \$16 per person ages 12 and older, \$13 CVNPA members, \$10 children ages 5 - 11. Cuyahoga Valley Environmental Education Center, 6 - 9:30 p.m. Meals will be served at 6 and 7:30 p.m. For more information and to register call (330) 657-2796 ext. 100.

Fall Running Series Returns

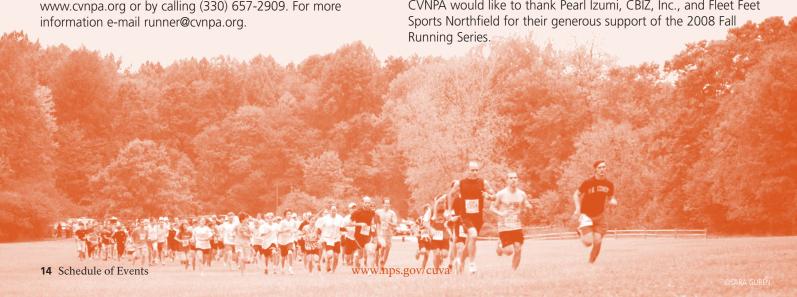
Fall is the perfect time to get out in CVNP to enjoy the changing leaves, cool air, and trail runs filled with fun and surprises.

These competitive, cross-country-style runs begin at a different location each date and are between 3 and 6 miles long. Runners and walkers of all levels are welcome. To add to the fun, details remain a secret until that evening. Runs take place regardless of conditions including rain, sleet, and snow. Awards are based on series points (not always for the fastest person) by 10-year age groups. Fee. Register online at www.cvnpa.org or by calling (330) 657-2909. For more information e-mail runner@cvnpa.org.

2008 Fall Running Series

Tuesday, October 7 Tuesday, October 14 Friday, October 17 Tuesday, October 21 Tuesday, October 28 Station Road Bridge Trailhead, 6 p.m. Octagon Shelter, 6 p.m. Kendall Lake Shelter, 9 p.m. Oak Hill Trailhead, 6 p.m. Boston Store Visitor Center, 6 p.m.

The first 150 participants who take advantage of our special series package will receive registration for all of the runs, a commemorative Pearl Izumi pullover, and CVNPA membership. CVNPA would like to thank Pearl Izumi, CBIZ, Inc., and Fleet Feet Sports Northfield for their generous support of the 2008 Fall Running Series.



SEPTEMBER 2008

Saturday	CVSR regular excursions, p. 4 Canal and Little Cuyahoga Cleanup, 8:30 a.m 12:30 p.m., p. 18 Countryside Farmers' Market, 9 a.m noon, p. 18 Saturday in the Park, 9:30 - 11 a.m., p. 9 Art @ N.I.D. Garage, 10 a.m 4 p.m., p. 7 Junior Ranger, Jr., 1:30 - 3:30 p.m., p. 12 Farmhouse Supper, 6 - 9 p.m., p. 18 Bird Watching, 7 - 8:30 p.m., p. 8	CVSR regular excursions, p. 4 CVSR regular excursions, p. 4 Take Your Child Outside Weekend, p. 13 Bird Watching, 8 - 10:30 a.m., p. 8 CVSR Total Track Tour, 8: 30 a.m 7 p.m., p. 4 Countryside Farmers' Market, 9 a.m noon, p. 18 Lunior Ranger, 9:30 - 11:30 a.m., p. 12 Ranger Robin Reads, 10 - 11 a.m., p. 13 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 Wood Carving Workshop, 1 - 5 p.m., p. 7 Farmhouse Supper, 6 - 9 p.m., p. 18 Moonlight Bike Ride, 7 p.m., p. 18	CVSR regular excursions, p. 4 CVSR regular excursions, p. 4 Bird Watching, 7:30 a.m 2:30 p.m., p. 8 Countryside Farmers' Market, 9 a.m noon, p. 18 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 Wood Carving Workshop, 1 - 5 p.m., p. 7 Farmhouse Supper, 6 - 9 p.m., p. 18 Saturday in the Park, 6:30 - 8:30 p.m., p. 9	CVSR regular excursions, p. 4 National Public Lands Day, 8 a.m., p. 3 Countryside Famers' Market, 9 a.m noon, p. 18 CVSR Steam Through the Valley, 9:30 a.m 1 p.m. and 2 - 5 p.m., p. 4 Ranger Robin Reads, 10 - 11 a.m., p. 13 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 Cavorting on the Canal, 5:30 p.m., p. 18 Famrhouse Supper, 6 - 9 p.m., p. 18 Lantern Hikes, 7:30 - 9:30 p.m., 9	
Friday	5 Farmhouse Supper, 6 - 9 p.m., p. 18 Heritage Series concert, Eilen Jewell Band, 8 p.m., p. 6	12 Rush-Hour Hike, 5:30 - 6:30 p.m., p. 11 Farmhouse Supper, 6 - 9 p.m., p. 18	Farmhouse Supper, 6-9 p.m., p. 18 CVSR Wine-Tasting Express, 7-9 p.m., p. 5 Heritage Series concert, Bodega, 8 p.m., p. 6	26 IGO Backpacking Weekend begins, p. 11 Famhouse Supper, 6 - 9 p.m., p. 18	
Thursday	4 Countryside Farmers' Market, 4 - 7 p.m., p. 18 Lyceum Series lecture, Joanne Hanley: Flight 93 National Memorial, 7 - 9 p.m., p. 3	11 Countryside Farmers' Market, 4 - 7 p.m., p. 18 Cuyahoga Valley Contra Dance, 7 - 10:30 p.m., p. 7	18 Countryside Farmers' Market, 4 - 7 p.m., p. 18 CVPS Tom Jones, 7 p.m., p. 7	CVSR Festival of Steam, 3 - 8 p.m., p. 4 Countyside Farmers' Market, 4 - 7 p.m., p. 18 Cuyahoga Valley Contra Dance, 7 - 10:30 p.m., p. 7	
Wednesday	3 IGO Backpacking pre-trip meeting, 6:30 - 9 p.m., p. 11	10 Early Evening Hike, 6 - 8:30 p.m., p. 11	17 IGO Backpacking pre-trip meeting, 6:30 - 9 p.m., p. 11	24 CVSR Festival of Steam, 3 - 8 p.m., p. 4 Early Evening Hike, 6 - 7:30 p.m., p. 11 IGO Backpacking pre-trip meeting, 6:30 - 9 p.m., p. 11	
Tuesday	2	6	16 Sunset Series, 6:30 - 8 p.m., p. 8	23	30
Monday	1 45th Annual Fall Hiking Spree begins, p. 18	&	15 Full Moon Hike, 7 - 9 p.m., p. 11	22	29
Sunday		7 CVSR regular excursions, p. 4 Healthful Hike, 9 a.m noon, p. 10 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7	14 CVSR regular excursions, p. 4 Take Your Child Outside Weekend, p. 13 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7	21 CVSR regular excursions, p. 4 Healthful Hike, 9 a.m 1 p.m., p. 10 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7	CVSR regular excursions, p. 4 IGO Backpacking Weekend ends, p. 11 CVSR Steam Through the Valley, 9:30 a.m 1 p.m. and 2 - 5 p.m., p. 4 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 18th-Century Festival, 11 a.m 5 p.m., p. 18 Guided Walk, 1 p.m., p. 18 CVSR 35th Anniversary Run, 2 - 5 p.m., p. 4 Off the Beaten Path hike, 2 - 3:30 p.m., p. 10 Boomerangs, 2 - 4 p.m., p. 11

OCTOBER 2008 day Wednesday Thursday

Saturday	4 CVSR regular excursions, p. 4 Countryside Farmers' Market, 9 a.m noon, p. 18 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 Saturday in the Park, 1 - 3 p.m., p. 9 CVSR Campfire Train, 5:30 - 8 p.m., 7 - 9:30 p.m., p. 5 Farmhouse Supper, 6 - 9 p.m., p. 18	CVSR regular excursions, p. 4 True-Trail 5K, p. 18 Bird Watching, 8 - 10:30 a.m., p. 8 Junior Ranger, Jr., 10 a.m noon, p. 12 Youth Outdoor Odyssey, noon - 4 p.m., p. 18 Night Orienteering, 6 p.m., p. 11 Moonlight Bike Ride, 7 p.m., p. 18	CVSR regular excursions, p. 4 CVSR regular excursions, p. 4 Saturday in the Park, 10 - 11 a.m., p. 9 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 Boomerangs, 2 - 4 p.m., p. 11 Lantern Hikes, 7 - 8 p.m., p. 9	CVSR regular excursions, p. 4 Introduction to Backpacking ends, p. 11 Bird Watching, 8:30 - 10 a.m., p. 8 Junior Ranger, 10 a.m noon, p. 12 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 CVSR Great Pumpkin Express, 10:30 a.m., 12:25 p.m., p. 5 Famrhouse Supper, 6 - 9 p.m., p. 18 Heritage Series concert, John Jorgenson Quintet, 8 p.m., p. 6	
Friday	3 CVSR regular excursions, p. 4, Farmhouse Supper, 6 - 9 p.m., p. 18	TO CVSR regular excursions, p. 4 Rush-Hour Hike, 5:30 - 6:30 p.m., p. 11 Cub Scout Webelos Weekend begins, p. 14 CVSR Wine-Tasting Express, 7 - 9 p.m., p. 5 Heritage Series concert, April Verch Band, 8 p.m., p. 6	CVSR regular excursions, p. 4 Earmhouse Supper, 6 - 9 p.m., p. 18 CVSR Ghost Train, 6:30 - 8:30, 7:30 - 9:30 p.m., p. 5 Fall Running Series (Full	24 CVSR regular excursions, p. 4 Introduction to Backpacking begins, p. 11 Farmhouse Supper, 6 - 9 p.m., p. 18	31 CVSR regular excursions, p. 4
Thursday	CVSR regular excursions, p. 4 CVSR regular excurs Countryside Farmers' Market, Farmhouse Supper, 4-7 p.m., p. 18 Lyceum Series lecture, Kewin Zippel: The Year of the Frog, 7-9 p.m., p. 3	CVSR regular excursions, p. 4 C Countryside Farmers' Market, R 4 - 7 p.m., p. 18 Cuyahoga Valley Contra Dance, 7 - 10:30 p.m., p. 7 V	16 CVSR regular excursions, p. 4 Countryside Farmers' Market, 4 - 7 p.m., p. 18 CVPS Andy Webb, 7 p.m., p. 7	23 CVSR regular excursions, p. 4 Cuyahoga Valley Contra Dance, 7 - 10:30 p.m., p. 7	30 CVSR regular excursions, p. 4
Wednesday	CVSR regular excursions, p. 4	8 CVSR regular excursions, p. 4 Early Evening Hike, 6 - 7:30 p.m., p. 11	15 CVSR regular excursions, p. 4	22 CVSR regular excursions, p. 4 Early Evening Hike, 5:30 - 7 p.m., p. 11	CVSR regular excursions, p. 4
Tuesday		7 Fall Running Series, 6 p.m., p. 14	14 Fall Running Series, 6 p.m., p. 14 Full Moon Hike, 7:30 - 9:30 p.m., p. 11	21 Sunset Series, 5 - 7 p.m., p. 8 Fall Running Series, 6 p.m., p. 14	28 Fall Running Series, 6 p.m., p. 14
Monday		o		20	27
Sunday		5 CVSR regular excursions, p. 4 Healthful Hike, 9 a.m noon, p. 10 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7	CVSR regular excursions, p. 4 Cub Scout Webelos Weekend ends, p. 14 Towpath Marathon, 8 a.m., p. 18 (sections of the Towpath Trail dosed for event) Peninsula Jazz Festival, 2 - 5 p.m., p. 7	19 CVSR regular excursions, p. 4 Healthful Hike, 9 a.m noon, p. 10 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7	CVSR regular excursions, p. 4 Art @ M.D. Garage, 10 a.m 4 p.m., p. 7 CVSR Great Pumpkin Express, 10:30 a.m., 12:25 p.m., p. 5 Guided Walk, 1 p.m., p. 18 Off the Beaten Path hike, 2 - 4 p.m., p. 10

NOVEMBER 2008 Tuesday Wednesday Thursday

Saturday	Bird Watching, 8:30 - 10:30 a.m., p. 8 Junior Ranger, 9:30 - 11:30 a.m., p. 12 Farmhouse Supper, 6 - 9 p.m., p. 18 Heritage Series concert, <i>The Lovell Sisters</i> , 8 p.m., p. 6	8 CVSR regular excursions, p. 4 CVSR Experience the Underground Railroad, 6 - 8 p.m., p. 5	USR regular excursions, p. 4 CVSR regular excursions, p. 4 Bird Watching, 8:30 - 11 a.m., p. 8 Countyside Holiday Market, 9 a.m noon, p. 18 Junior Ranger, Jr., 10 a.m 11:30, p. 12 CVSR Experience the Underground Railroad, 6 - 8 p.m., p. 5	CVSR regular excursions, p. 4 Countryside Holiday Market, 9 a.m noon, p. 18 CVSR Mr. Jingeling's Holiday Express, 10:15 - 11:45 a.m. or 1 - 2:45 p.m., p. 12 Lantern Hike, 7 - 9 p.m., p. 9 Heritage Concert series, Mountain Rose: Eric Noden and <i>Ann & Phil</i> Case, 8 p.m., P. 7	CVSR regular excursions, p. 4 CVSR Mr. Jingeling's Holiday Express, 10:15 - 11:45 a.m. or 1 - 2:45 p.m., p. 12 CVSR Christmas Tree Adventure, 10:15 a.m 3 p.m., p. 5
Friday		7 Cub Scout Webelos Weekend begins, p. 14 CVSR Wine-Tasting Express, 7 - 9 p.m., p. 5	14 Calling All Coyotes, 7 - 8:30 p.m., p. 9	21 CVSR The Polar Express™, p. 12 Bids for Kids Online Auction begins, 9 a.m., p. 14	CVSR The Polar Express TM , p. 12
Thursday		6 Lyceum Series lecture, David Bush: Ohio's Civil War POWs, 7 - 9 p.m., p. 3	13 Cuyahoga Valley Contra Dance, 7 - 10:30 p.m., p. 7	CVSR The Polar Express TM , p. 12 CVPS Andrew Borowiec, 7 p.m., p. 7	27 CVSR The Polar Express™, p. 12
Wednesday		ī.	12 Full Moon Hike, 6:30 - 8:30 p.m., p. 11	19 CVSR The Polar Express™, p. 12	26 CVSR The Polar Express™, p. 12
Tuesday		4	=	18 CVSR The Polar Express TM , p. 12 Sunset Series, 4 - 5:45 p.m., p. 9	CVSR The Polar Express TM , p. 12
Monday		8	10	17 CVSR The Polar Express™, p. 12	24 CVSR The Polar Express TM , p. 12
Sunday		2 Healthful Hike, 9 a.m noon, p. 10	CVSR regular excursions, p. 4 Cub Scout Webelos Weekend ends, p. 14 Off the Beaten Path hike, 2 - 5 p.m., p. 10	16 CVSR regular excursions, p. 4 Horsing-Around Hike, 9 a.m noon, p. 10 Boomerangs, 2 - 4 p.m., p. 11	23 CVSR regular excursions, p. 4 CVSR Mr. Jingeling's Holiday Express, 10:15 - 11:45 a.m. or 1 - 2:45 p.m., p. 12 Off the Beaten Path hike, 2 - 4 p.m., p. 10 30 CVSR regular excursions, p. 4 45th Annual Hiking Spree ends, p. 18 Horsing-Around Hike, 9 a.m noon, p. 10 CVSR Mr. Jingeling's Holiday Express, 10:15 - 11:45 a.m. or 1 - 2:45 p.m., p. 12 Peaks and Valleys Hike, 1 p.m., p. 18 CVSR Christmas Tree Adventure, p. 5

Day in the Valley

Opportunities for exploring the park and its neighbors in the Cuyahoga Valley are numerous. The calendar on www.dayinthevalley.com includes a comprehensive listing of events offered by CVNP and many neighboring organizations. Use it to see what's happening today or to plan next month's adventure.

45th Annual Fall Hiking Spree

Monday, September 1 - Sunday, November 30

Hike eight or more Metro Parks trails to experience breathtaking fall foliage. Free reward to Summit County residents; others pay a fee. For more information call (330) 865-8065 or visit www.summitmetroparks.org.

Canal and Little Cuyahoga Cleanup

Saturday, September 6

Help us "take out the trash." Food, gloves, and bags provided. Rain date is September 20. Mustill Store, 8:30 a.m. - 12:30 p.m. For more information call (330) 374-5625 or visit www.cascadelocks.org.

Moonlight Bike Ride

Saturdays, September 13 and October 11 Ride the Towpath Trail about 15 miles under the Harvest Moon and then enjoy a campfire. Bring your own bike, helmet, light, camp chair, marshmallows, and hot dogs. Deep Lock Quarry Metro Park, 7 p.m. For more information call (330) 865-8065.

Cavorting on the Canal

Saturday, September 27

Annual fundraising dinner with silent auction, wine tasting in the garden, and recognition of sponsors and partners. Zoar Village, 5:30 p.m. For exact location and to register, call (330) 434-5657 or visit www.ohioeriecanal.org.

18th-Century Festival

Sunday, September 28

Enjoy quilting, candle dipping, pioneer games, old-fashioned cooking,

and music, and an American Revolution encampment. Free. Brecksville Reservation/Meadows Picnic Area, 11 a.m. - 5 p.m. For more information call (440) 526-1012 or visit www.clemetparks.com.

Guided Walks

Sundays, September 28 and October 26 Free walk with a canal expert. Mustill Store, I p.m. For more information call (330) 374-5625 or visit www.cascadelocks.org.

True-Trail 5K

Saturday, October 11

Come run or watch the Towpath Marathon's sister event. Fee for runners. For details visit www.towpathmarathon.net.

Youth Outdoor Odyssey

Saturday, October 11

Explore the world of outdoor recreation along the Ohio & Erie Canal. Kids can try fishing, golf, outdoor adventure activities, interactive games, plant and animal discovery, and nature crafts. Free. Ohio & Erie Canal Reservation/ CanalWay Center, noon - 4 p.m. For more information call (216) 206-1000 or visit www.clemetparks.com.

Towpath Marathon

Sunday, October 12

Many consider this a unique specialty race due to the national park setting, fall foliage, and crushed limestone surface. Fee for runners. Half marathon and 10K options. Boston Mills Ski Resort, 8 a.m. For more information visit www.towpathmarathon.net.

Farmhouse Suppers

Fridays and Saturdays,
September 5, 6, 12, 13, 19, 20, 26, and 27;
October 3, 4, 17, 24, and 25; November 1

Step back to 1863 to help prepare and enjoy a home-cooked meal amid lively Civil War era conversation. Fee. Hale Farm & Village, 6 - 9 p.m. To register call (330) 666-37II.

Peaks and Valleys Hike

Sunday, November 30

Join Naturalist Mike Greene for a 1.8-mile hike on the rugged Deer Run Trail. O'Neil Woods Metro Park (Trail Lot), 1 p.m. For more information call (330) 865-8065.

Countryside Farmers' Markets

Experience both country and city farmers' markets presented by the Countryside Conservancy. For more information contact (330) 657-2178 or farmersmarket@cvcountryside.org.

Countryside Farmers' Market at Heritage Farms Saturdays, September 6 - October 4, 9 a.m. - noon

Countryside Farmers' Market at Stan Hywet Hall & Gardens

Thursdays, September 4 - October 16, 4 - 7 p.m.

Countryside Holiday Markets

Saturdays, November 15 and 22 and December 20, 9 a.m. - noon Call for location in Peninsula.



Program Locations

Akron Northside Station - 27 Ridge Street, off Howard Street in downtown Akron

Basket of Life Farm - 4965 Quick Road, Peninsula, parking at Armington Pond

Boston Mill Station - intersection of Boston Mills and Riverview roads, Peninsula

Boston Mills Ski Resort - 7100 Riverview Road, Peninsula

Boston Store Visitor Center - 1548 Boston Mills Road, east of Riverview Road, Peninsula

Boston Township School House -

1775 Main Street, northeast corner of SR 303 and Riverview Road, Peninsula

Botzum Trailhead /Station - 2928 Riverview Road, south of Bath Road, Cuyahoga Falls

Brecksville Nature Center - Chippewa Creek Drive, south of SR 82, Brecksville

Brecksville Reservation/Meadows Picnic Area - off Meadows Drive or off Chippewa
Creek Drive, Brecksville

Brecksville Reservation/Oak Grove Picnic Area - off Valley Parkway, between Chippewa Creek and Meadows drives, Brecksville.

Brecksville Station - at Station Road Bridge Trailhead

Canal Visitor Center - 7104 Canal Road, intersection of Canal and Hillside roads, Valley View

Canton Lincoln Highway Station -

1315 Tuscarawas Street W., 0.5 mile east of I-77 off Brown Avenue, Canton

Cuyahoga Valley Environmental Education Center - 3675 Oak Hill Road, south of Major Road, Peninsula

Deep Lock Quarry Metro Park -

5779 Riverview Road, south of SR 303, Peninsula

Everett Road Covered Bridge -

2370 Everett Road, 0.5 mile west of Riverview Road. Peninsula

Hale Farm & Village - 2686 Oak Hill Road, north of Ira Road, Bath Township

Happy Days Lodge - 500 West Streetsboro Road (SR 303), 1 mile west of SR 8, Peninsula

Heritage Farms - 6050 Riverview Road, south of SR 303, Peninsula



Horseshoe Pond - 2075 Major Road, 1 mile west of Riverview Road, Peninsula

Howe Meadow - 4040 Riverview Road, 4 miles south of SR 303, Peninsula

Hunt Farm Visitor Information Center -

2054 Bolanz Road, between Riverview and Akron Peninsula roads, Peninsula

Indigo Lake Trailhead /Station -

4300 Riverview Road, south of Bolanz Road, Cuyahoga Falls

Ira Trailhead - 3801 Riverview Road, north of Ira Road, Cuyahoga Falls

Kendall Lake Shelter - 1000 Truxell Road, 2 miles west of Akron Cleveland Road, Peninsula

Ledges Shelter - 701 Truxell Road, 1 mile west of Akron Cleveland Road, Peninsula

Lock 29 Trailhead - 1650 Mill Street, off Akron Peninsula Road, north of SR 303, Peninsula

Lock 39 Trailhead - 8000 Rockside Road, Independence

M.D. Garage - beside Boston Store Visitor Center

Mustill Store - 248 Ferndale Street, Akron

NPS Park Headquarters - 15610 Vaughn Road, intersection of Vaughn and Riverview roads, Brecksville

Oak Hill Trailhead - 3901 Oak Hill Road, 1.3 miles south of Major Road, Peninsula

Octagon Shelter - 801 Truxell Road, 1.5 miles west of Akron Cleveland Road, Peninsula

Ohio & Erie Canal Reservation/CanalWay Center - 4524 E. 49th Street, Cuyahoga Heights **O'Neil Woods Metro Park** - 975 Treaty Line Road, Akron

Park Place in Peninsula - 1593 Main Street (SR 303), Peninsula

Peninsula Depot Visitor Center -

1630 Mill Street, off Akron Peninsula Road, north of SR 303, Peninsula

Pine Hollow Trailhead - 5465 Quick Road, 1 mile east of Akron Peninsula Road, Peninsula

Pine Lane Trailhead - 1281 Pine Lane, off SR 303 between Akron Peninsula Road and SR 8, Peninsula

Red Lock Trailhead - 1175 Highland Road, across from Brandywine Ski Resort, Sagamore Hills Township

Rockside Station - 7900 Old Rockside Road, one block north of Rockside Road off Canal Road, Independence

Sarah's Vineyard - 1204 W. Steels Corners Road, Cuyahoga Falls

Stan Hywet Hall & Gardens - 714 N. Portage Path, Akron

Station Road Bridge Trailhead -

13513 Riverview Road, 1/8 mile south of SR 82, Brecksville

Trail Mix - 1565 Boston Mills Road, Peninsula

Wetmore Trailhead - 4653 Wetmore Road, 2 miles east of Akron Peninsula Road, Peninsula

Most park facilities and the Towpath Trail are wheelchair accessible. For specific information on program accessibility, call (216) 524-1497.



EXPERIENCE YOUR AMERICA™

Visitor Centers

All visitor centers are closed Thanksgiving Day.

Canal Visitor Center focuses on life along the canal and human history in the valley. Daily, 10 a.m. - 4 p.m.

Boston Store Visitor Center exhibits tell the story of canal boat building in the valley. Wednesdays through Sundays, 10 a.m. - 4 p.m.

Hunt Farm Visitor Information Center has exhibits highlighting agricultural history and recreational opportunities in the valley. Saturdays and Sundays, 10 a.m. - 4 p.m.

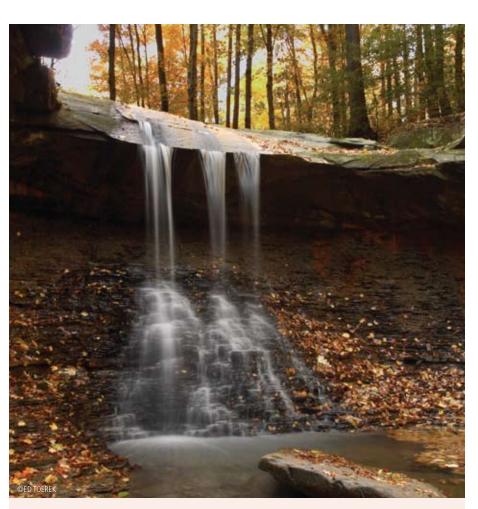
Peninsula Depot Visitor Center is an information/orientation facility developed to help visitors explore CVNP, Cuyahoga Valley Scenic Railroad, the Village of Peninsula, and the Ohio & Erie Canalway. Saturdays and Sundays in September and November, 9 a.m. - 6 p.m. Wednesdays through Sundays in October, 9 a.m. - 6 p.m.

Program Information

(216) 524-1497 or (800) 445-9667 www.nps.gov/cuva www.dayinthevalley.com

Comments

We are interested in your thoughts, comments, and suggestions on our programs, publications, and visitor services. We are always looking for ways to better serve your needs. Please call (440) 546-5991 or send any feedback to cuva_info@nps.gov.



How Can I Receive a Free Schedule of Events?

Members of Cuyahoga Valley National Park Association, the park's friends group, receive the *Schedule of Events* in the mail as a service provided by CVNPA. Membership in CVNPA directly supports the activities and events of the park. For information on becoming a member, visit www.cvnpa.org or call (330) 657-2909.

The *Schedule of Events* is published quarterly by the National Park Service and is available online at www.nps.gov/cuva and at all CVNP visitor centers.

For a large-type version of this schedule, call (440) 546-5991 or (800) 433-1986, ext. 5991.

