

Mr. Speaker, on behalf of my six siblings and our extended family, I rise today to send happy birthday wishes to our beloved mom, Juana Sequeira Solis. Feliz cumpleaños.

IN MEMORY OF ELINOR MUSICK  
ANDERSON

**HON. MICHAEL C. BURGESS**

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Mr. BURGESS. Mr. Speaker, I rise today to give tribute to Elinor Musick Anderson, from the 26th Congressional District of Texas, for her lifelong contributions to her community and to her fellow citizens.

Mrs. Anderson was born in Galveston, TX. She graduated from Ball High School in Galveston and attended Rice University. As the wife of a career officer, she traveled extensively both within the United States and abroad. One of her proudest achievements was when she gained her pilot's license.

When she decided to pursue her longtime goal to be a writer, Elinor Musick Anderson attended Tarrant County Junior College majoring in journalism and served as the editor of the college magazine "The Reflector." After graduation she joined the staff of "New Woman" magazine and served with that publication the entire time it was published in Fort Worth. She was also the founding editor of "Fort Worth Woman" and edited "Colonial Columns" for a number of years.

Mrs. Anderson also founded and served as the writer-editor for her own company, "Monarch Media," and was the first editor of the Woodhaven Association monthly newsletter and yearly edited the directions for that association and the Woodhaven Woman's Club.

Mrs. Anderson was an active member of the Women's Club of Fort Worth and served in numerous leadership roles with the Historical Preservation Trust Committee, the Roundtable, Sydnor Bridge Study Club and the Tuesday Sun Parlor Contract Bridge Club.

Elinor Musick Anderson passed late Saturday, May 27, 2006 at a Fort Worth hospital from complications due to a pulmonary embolism. Her husband, daughter, son, granddaughters, a grandson and numerous other family members were with her when she passed.

I join in mourning the loss of Elinor and extend my deepest sympathies to her friends and family. She will be deeply missed and her service to her community will always be greatly appreciated.

MILL RUN ELEMENTARY DARE  
PROGRAM

**HON. FRANK R. WOLF**

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Mr. WOLF. Mr. Speaker, it is an honor for me today to recognize the recent DARE graduates from Mill Run Elementary School in Centreville, VA. DARE—Drug Abuse Resistance Education—has a long history of providing children with the information and skills they need to live drug-and-violence-free lives

and I was pleased to recently visit the fifth graders at Mill Run as they completed this program.

I would like to recognize Mill Run Principal Paul Vickers and fifth grade teachers, Ms. Garofalo, Ms. Neely, Ms. Page, Ms. Sovereign, Ms. Williams, Ms. Wolff, and Mr. Wolslayer. Special acknowledgment also goes to DARE officer, Deputy Lynette Ridgley, who is specially trained to work with students, answer their questions, and establish a positive relationship between students, law enforcement, and the community. The DARE program, supported by dedicated school faculty, has helped to address the critical need to educate our youth on the consequences of involvement in drugs, gangs, and violence, and how to avoid risky behavior.

Several students at Mill Run Elementary received special awards for poster and essay submissions. Poster winners include Krista Sanders-Mason, Manik Dayal, William Kim, Ryan Orr, Rob Kramer, Renato Mazzei, Ellie Ferguson, and Brigitte Ganzer. Essay winners include Rachael Williams, Brandon Greer, Francesca Beller, T.J. Soroka, Nick Carroll, Emily Ready, and Colin Ceresa. I have inserted for the RECORD these students' essays because I feel it is important to hear from the students themselves about how much of an impact the DARE program has made.

One student, T.J. Soroka, says it plain and simple, "The information taught in the DARE program has given me the knowledge to make good decisions in my life."

(By T.J. Soroka)

When you go to school, you take many subjects, but this year I took one program unlike any other. That was DARE which stands for Drug Abuse Resistance Education. It's not taught by any ordinary teacher, in fact, DARE is taught by a Deputy Sheriff who works in Loudoun County. When we started DARE, I thought it would only be about smoking and drugs. But we also learned about inhalants, making good decisions, friendship qualities, being confident, and much more. But I gained the most knowledge in DARE while learning about tobacco and the qualities of a good friend.

Before you smoke a cigarette, think of all the bad things you're doing, such as putting 200 poisons in your body. Also, you aren't just hurting yourself, you're hurting the environment and the people around you. If you're under 18, it's against the law to smoke. I hope you don't smoke a cigarette, now knowing the affects of it.

Do you think your friends have good traits? Do they treat you like a friend? True friends have these qualities. They are loyal to you and you can trust them. Also, they have a bright personality so they can cheer you up. Last, if your friend asks you to smoke, you should have a second thought about them being your friend, after making a bad decision.

The information taught in the DARE program has given me knowledge to make good decisions. DARE also teaches you how to say no to drugs and other substances. Next, DARE has taught me affects of drugs and everything else. DARE has gave me the knowledge to make good decisions in my life.

(By Francesca Beller)

What exactly is D.A.R.E.? D.A.R.E. means Drug Abuse Resistance Education. It teaches kids to make smart decisions and teaches them about drugs and alcohol. Our teacher was Deputy Ridgley. She taught us several interesting facts about tobacco, marijuana, peer pressure, and other things that may or may not scare you.

Tobacco, the killer of over 400,000 peoples a year. It is illegal to anyone under the age of 18, but even though it is, children still do it! Tobacco affects your body development, so it really affects kids! There are also many diseases that tobacco can cause, such as heart disease, lung cancer, and mouth cancer. So, tobacco is very dangerous to people young and old with its 200 known poisons.

Inhalants, something that can cause sudden death is not what anyone wants. Inhalants have become a big problem now. Teens are using inhalants a lot. They use super glue, paint thinner, and other things. Inhalants can suffocate you and cause diarrhea. They also starve the body of oxygen and force the heart to beat irregularly. Some chronic users may have reduced muscle tone of strength. So if inhalants are so bad, why do it?

Advertisements, they trick people into buying bad products. Some tobacco commercials or advertisements may have you knocking on the wrong door. If tobacco turns your teeth yellow, then why do people in the ads have such white teeth? Beer ads do the same thing. They do not tell you the consequences most of the time. All they care about is you buying the product! Also, a tobacco company gave a ton of money to a charity, then spent more money than what they gave to charity telling people about it! Don't be fooled by advertisements, it may cut your life short.

I think D.A.R.E. has really made an impact on my life. Now I know everything I need to know about things from drugs to alcohol to peer pressure. I really think that everyone should take D.A.R.E., because it will probably lead most people down the right path for their lives. D.A.R.E. is very fun and is just a great program!

(By Brandon Greer)

"Click, click." The teenager was just handcuffed for smoking marijuana in a bathroom. I will never make this decision because of D.A.R.E. D.A.R.E. is a program that teaches you about drugs, the D.A.R.E. decision, making model, advertising, friendship qualities, peer pressure, personal pressure, ways to say no, and being confident. Our D.A.R.E. teacher was Deputy Ridgley. She was truly kind and comical. She told our class interesting stories in relation to her experiences about drugs.

One main drug we talked about was tobacco. Tobacco is found in cigarettes and in chewing tobacco. Tobacco is responsible for more than 400,000 deaths in America each year. Tobacco shoots your body right in the foot because it causes some major health problems. One is you could suffer shortness of breath and dizziness. It also hurts the people around you, because approximately 3,000 nonsmokers die each year from lung cancer. If you want to be beautiful, don't smoke. The 200 known poisons in the cigarette's smoke can affect your appearance. One way smoking affects your appearance is it dries your skin out and causes wrinkles. Smoking also causes yellow teeth and gives you terrible breath. Yuck!

Another major issue we spoke about was being confident. You need to be confident when a friend asks you a question, such as "Do you want to smoke?" Do not speak in a weak voice or have poor posture while you tell your friend you are not interested. Your friend will just keep nagging at you to smoke because he knows that you are unsure. To show your confidence, you must have excellent posture by standing up straight with shoulders back and chin up. Look your friend right in the eye and maintain eye contact. You then must speak clearly and respectfully. Remember to stay calm