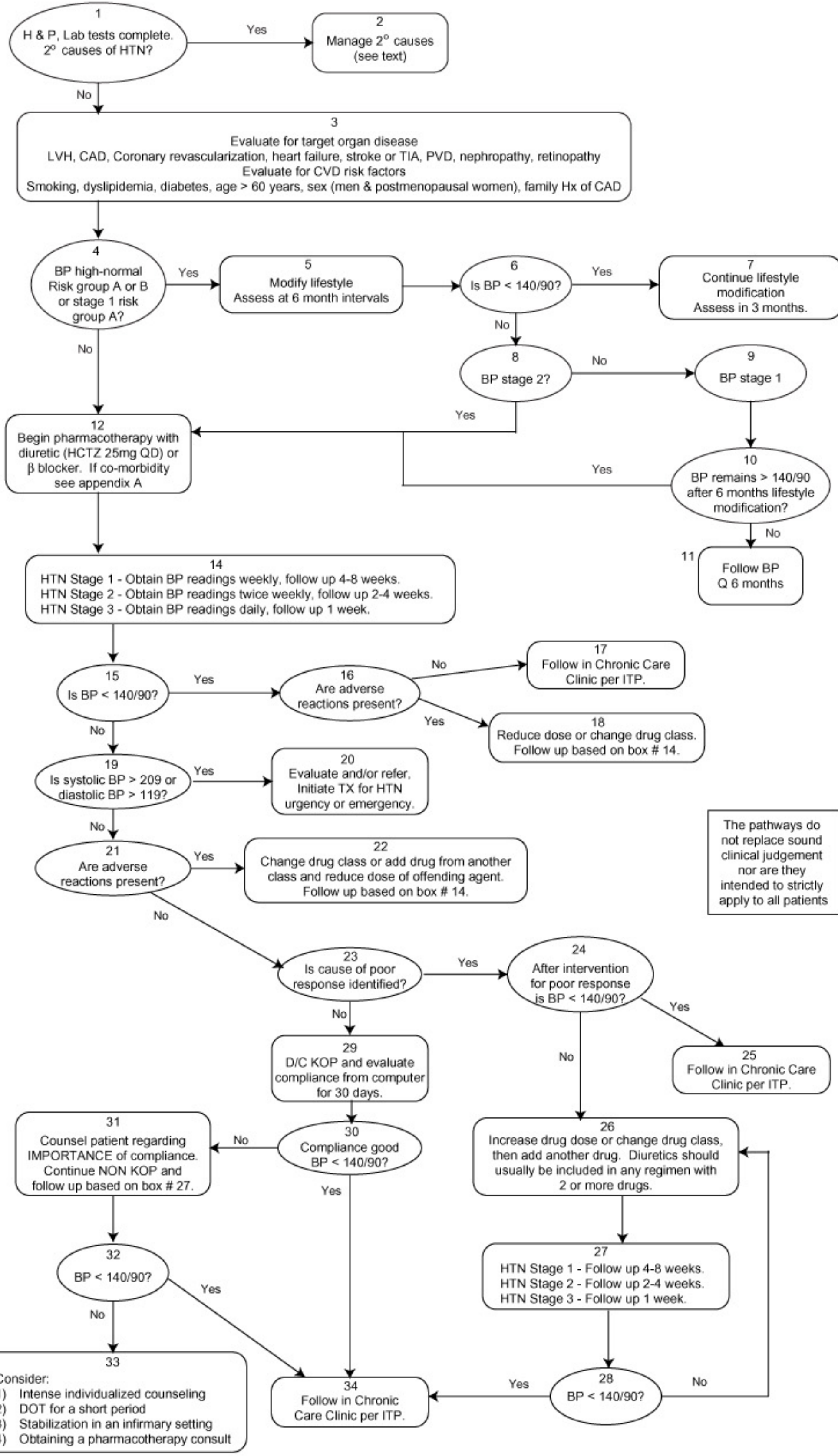


HYPERTENSION (See JNC-VI RISK STRATIFICATION AND TREATMENT) (1)

JNC-VI RISK STRATIFICATION AND TREATMENT*			
BP STAGE	RISK GROUP A (No risk factors No TOD/CCD)**	RISK GROUP B (At least 1 risk factor, not including diabetes; No TOD/CCD)	RISK GROUP C (TOD/CCD and/or diabetes, with or without other risk factors)
High-normal 130-139/85-89	Lifestyle modifications	Lifestyle modifications	Drug therapy****
Stage 1 140-159/90-99	Lifestyle modification (up to 12 mos.)	Lifestyle modification (up to 6 mos.)***	Drug therapy
Stage 2 & 3 ≥160/ ≥100	Drug therapy	Drug therapy	Drug therapy

* Lifestyle modification should be adjunctive therapy for all patients recommended for pharmacologic therapy.
 ** TOD/CCD indicates target organ disease / clinical cardiovascular disease.
 *** For patients with multiple risk factors, clinicians should consider drugs as initial therapy plus lifestyle modifications.
 **** For those with heart failure, renal insufficiency, or diabetes.



The pathways do not replace sound clinical judgement nor are they intended to strictly apply to all patients