

**Table 11.2: Percent Prevalence of Self-Reported Pulmonary Symptoms<sup>1,2</sup>**

Symptom	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>3</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Do you <u>usually</u> cough . . . ?							
On getting up, first thing in the morning							
Yes	19.7	21.3	20.3	13.8	18.9	21.0	17.8
During the rest of the day or during the night							
Yes	21.6	22.5	23.3	14.5	22.0	19.7	26.2
Duration of cough <sup>4</sup>							
Less than 1 month	4.8	5.2	4.5	4.6	4.3	4.1	7.9
1-12 months	9.5	10.7	9.2	6.9	8.1	9.5	12.3
Over 12 months	15.8	16.0	17.1	11.7	18.2	16.2	9.9
Do you <u>usually</u> bring up phlegm . . . ?							
On getting up, first thing in the morning							
Yes	23.6	24.3	24.1	20.3	22.6	22.7	28.3
During the rest of the day or during the night							
Yes	18.0	19.9	17.6	13.7	19.6	17.1	17.3
Duration of phlegm production <sup>4</sup>							
Less than 1 month	4.4	5.7	3.0	4.3	3.9	3.7	7.3
1-12 months	8.4	8.5	8.4	8.3	8.8	6.9	11.8
Over 12 months	18.2	18.0	19.7	14.5	18.5	18.7	16.0
Does your chest ever sound wheezy or whistling . . . ?							
When you have a cold							
Yes	42.6	51.7	40.1	22.5	46.2	42.0	36.7
Apart from when you have a cold							
Yes	16.4	21.3	14.5	6.7	16.7	14.6	20.7
Most days or nights <sup>5</sup>							
Yes	7.6	10.0	6.5	3.5	8.0	5.9	11.4
Duration of wheezing <sup>4,5</sup>							
Less than 1 month	2.0	3.3	0.9	1.0	2.3	1.3	3.0
1-12 months	5.2	6.6	4.5	2.7	5.1	5.2	5.1
Over 12 months	9.0	11.1	9.1	3.0	8.7	8.0	12.6
Attack of wheezing resulting in shortness of breath <sup>6</sup>							
One episode only	5.4	6.2	4.9	4.2	6.2	4.6	5.8
Two or more episodes	14.6	19.0	13.8	4.1	12.6	14.4	19.2
Have you ever required medicine or treatment for the(se) attack(s)?							
Yes	15.2	19.5	14.2	5.7	15.7	15.0	14.9

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 3% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> The question is in the form "Have you had this . . . for . . . ?"

<sup>5</sup> Asked of participants who reported that the chest sounded wheezy or whistling apart from when they had a cold.

<sup>6</sup> Have you ever had an attack of wheezing that has made you feel short of breath? Have you had two or more such episodes?