### A Postdoctoral Fellowship Training Program Affiliated With:







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# VA Boston Psychology Postdoctoral Fellowship Training Program



# Training Brochure

2008 - 2009 Training Year

January 2008 Revision

# Fellowship Training Brochure | 2008 - 2009 Training Year

# Postdoctoral Fellowship Training Program

**Training Brochure** 

2008 - 2009

**WELCOME** 

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# Fellowship Training Brochure

### 2008 - 2009 Edition

### Introduction

# Welcome to the VA Boston Psychology Postdoctoral Fellowship Training Program!

You will notice that the Fellowship has a new name – we were formerly known as the Boston Consortium in Clinical Psychology Fellowship Program. During the spring and summer of 2007, the Fellowship Program held a number of discussions internally and with the American Psychological Association (APA) regarding possible confusion over our name. All of our fellowship stipends are funded by the Department of Veterans Affairs and all training is conducted within the VA Boston Healthcare System's (VABHCS) Medical Centers and Community Based Outpatient Clinics. Our name change is one that is most descriptive of our current configuration.

The structure of the VA Boston Psychology Postdoctoral Fellowship Program follows an integrated practice format as defined by APA's *Policy Statements and Implementing Regulations*. The Fellowship Program is organized into two separate areas: (1) the substantive traditional practice area of Clinical Psychology, and (2) the specialty practice area of Clinical Neuropsychology. Within the Clinical Psychology Training Program, we offer training in six areas of emphasis ("tracks"): Geropsychology, Integrated Mental Health in Primary Care and Suicide Prevention, Medical Psychology, Post Traumatic Stress Disorder, Returning Veterans and Substance Use, and Substance Abuse. The Neuropsychology Training Program is for two-years in accordance with professional standards for training in this specialty area. We offer training in two tracks - one an emphasis in Geriatric Neuropsychology and one with an emphasis in Polytrauma and Rehabilitation. Both Training Programs within the overarching structure of the Fellowship Program are accredited by APA. Our next Site Visit is scheduled for this training year.

During the 2008 - 2009 training year, the VA Boston Psychology Postdoctoral Fellowship Program anticipates it will provide training for eleven full-time Fellows. This, of course, is dependent upon funding. We are pleased to welcome you to our Medical Centers and look forward to your application for admission.

### Philosophy and Mission Statement

The overall goal of the VA Boston Psychology Postdoctoral Fellowship Training Program is to produce independently functioning clinical psychologists. Our postdoctoral program's model for training psychologists entails four broad, core components:

- (1) We work to identify, respect, and nurture the unique personal attributes that the Fellow brings to his or her work with patients, by providing an environment with support and guidance through supervision and collaboration with faculty actively working in the field;
- (2) We encourage and model a scientist-practitioner approach to professional psychology, wherein empirically-informed knowledge informs psychological assessment and intervention with children and adults and wherein questions arising from clinical practice drive research endeavors;
- (3) We provide a range of training settings and experiences that allow Fellows to develop a breadth of expertise in psychological practice, as well as options for developing more specific interests in depth;
- (4) We provide training in multidisciplinary and interdisciplinary care environments in which the Fellow develops confidence as a local mental health expert who collaborates effectively with a range of providers in the context of a large medical care system.

### **Model of Training**

The Postdoctoral Fellowship Training Program is committed to the **scientist-practitioner / evidence – based** model in the delivery of clinical care, clinical research, and professional teaching. We emphasize and demonstrate respect for the individual and diversity in the delivery of clinical care, clinical research, and professional teaching. We strive to provide Fellows with significant breadth and depth of experience working with a variety of clinical populations while simultaneously applying an approach utilizing scientific information in the conceptualization, assessment, and treatment of clinical problems. This goal is greatly facilitated by the rich and diverse clinical research setting offered by the training sites. VA Boston is home to numerous National Research Centers and Centers of Excellence, with over thirty federally funded grants in the field of Mental Health and Substance Abuse. This wealth of research resources creates an atmosphere that embodies the scientist-practitioner model and infuses the

fellowship training sites with a spirit of clinical empiricism that influences and guides both the staff and the fellows.

Within this context, members of the training staff seek, and often achieve, a balance of scientist and practitioner in their professional lives which serves as a clinical-academic model for each fellow. For example, much clinical experience offered to fellows in each training program is provided within a program of clinical research. As such, both our training setting, and training model provide a rich context within which fellows are invited and encouraged to show clinical science mastery in a content area of their choice in preparation for competitive job searches in academic, medical center, or clinical settings.

We believe that teaching fellows in clinical service, scholarly thinking, and clinical research design is best received and maintained within a "junior colleague" model of training. Our commitment to the fellows' professional growth and scholastic development is conveyed in a supportive training atmosphere emphasizing individual strengths. Fellows are challenged to think critically, and constructive criticism is offered in a non-threatening manner to encourage the fellow's full creative participation in all endeavors, scientific and clinical.

A guiding principle in all aspects of service delivery and clinical research within the program is respect and human dignity for our clients. We emphasize patients' rights, self-determination and the right to choose, including the patient's right to adequate medical, psychological, educational, recreational and other community services, the patient's right to family participation in treatment, and delivery of care with the utmost privacy in the least restrictive environment. We honor cultural, ethnic, sexual orientation and gender differences in our patients and deliver services accordingly.

Finally, we tailor our training to be consistent with the current climate of clinical practice and research. As we prepare students for professional practice of psychology, we are aware that fellows must be trained for delivery of brief, empirically defensible treatments with a broad spectrum of patients. The Fellowship Program's didactics, symposia, and seminars are utilized effectively towards this end to inform and support the current model of clinical practice. Fellowship offers a window to the realities of clinical research and practice and we believe that the training that alerts fellows to these external economic, social, and political forces is important for a successful career.

With the preceding in mind, The Fellowship Program operates utilizing the following principles:

- Emphasis on patient-centered care;
- Emphasis on goal-directed treatment and outcomes;
- Emphasis on maximizing individual strengths;
- Emphasis on self-respect and human dignity;
- Emphasis on the patient's right to adequate medical, psychological, housing, educational, recreational, and other community services;
- Emphasis on patient rights, self-determination, and right to choose;
- Emphasis on active patient and family participation in treatment and in the
- implementation of plans;
- Emphasis on culturally appropriate services;
- Emphasis on delivery of care in the least restrictive environment;
- Emphasis on the value of peer support and interaction;
- Commitment to personal growth and development.

To achieve these principles, the Fellowship Program assists fellows in the following ways:

- First, we provide a structured, coherent, and integrated training program designed to develop clinically and academically well-rounded clinical psychologists.
- Second, we provide intensive and systematic training in the application of psychological principles to human problems and expose the fellow to a variety of patients, techniques, and approaches. This provides an opportunity for fellows to develop and refine adequacy in conceptual skills, skills in interpersonal interactions such as therapeutic intervention, systematic observation of behavior, and psychological assessment; to develop values of professional responsibility and ethical behavior; and to integrate scholarly research findings in clinical practice.
- Third, we expose fellows to a diversity of approaches to help them develop critically in their assessment of mental health issues.
- Fourth, we place emphasis on the fellow's assuming increasing responsibility for setting individualized training goals and in assuming responsibility for major professional functions and patient care in their assigned tracks. We see as one of our major responsibilities to integrate the didactic learning of the university with the practical knowledge and skills of the professional psychologist. Our major resource in this endeavor is the significant investment of enthusiasm, energy, and time of many doctoral psychologists, dedicated to the supervisory/training process.
- Fifth, we provide ample supervision throughout the fellowship year.
- Sixth, formal and informal teaching (seminars, lectures, etc.) are an integral component of the training program.

### **Training Objectives**

Psychology fellowship training recognizes and values the unique skills and characteristics of doctoral level psychologists, and aims to impart these to fellows. The doctoral psychologist has advanced and distinctive skills in assessment, diagnosis, intervention, consultation, attention to issues of diversity, supervision, and scholarly inquiry. These skills are practiced in key areas including Post-Traumatic Stress Disorder, Substance Abuse, Geropsychology, Rehabilitation Psychology, Behavioral Medicine, and Neuropsychology, in specialty or outpatient settings.

The postdoctoral training program is designed to be consistent with the American Psychological Association's guidelines for six general competency areas to be addressed during Fellowship training. These training objectives provide the basis for Fellows' evaluation of their initial training needs and progress throughout the year, as well as the supervisors' evaluations of each fellow's progress. This general outline of learning objectives is adapted to the fellow's particular learning goals during formulation of a training plan at the beginning of the Fellowship year.

# 1. Theories and Effective Methods of Psychological Assessment, Diagnosis, and Interventions

### A. Knowledge Areas

- Life span development (including cognitive, emotional, and social processes)
- Biological and biomedical aspects
- Psychopathology
- Psychopharmacology
- Issues in assessment of children, adults, and older adults
- Issues in treatment of children, adults, and older adults
- Models of community coordination, prevention, education in mental health

### B. Skill/Practice Areas

### Assessment:

- · Clinical diagnostic interviewing, DSM, differential diagnosis
- Knowledge and use of psychological assessment devices (e.g., self-report inventories)
- Knowledge, use, interpretation, and recommendations re: psychological and neuropsychological tests
- Functional assessment, medical and legal decision making, competency, child and elder abuse
- Appreciation of and collaboration in multidisciplinary assessment

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### Treatment:

- Individual therapy (linking diagnosis, theory, intervention)
- · Group therapy, psychoeducational group
- Family therapy, psychoeducation for family caregivers
- Establishing rapport with patients; handling one's own responses
- Special applications
- Coordination of care with community-based providers

### 2. Consultation, Program Evaluation, Supervision, and/or Teaching

### A. Knowledge Areas

- Models of multidisciplinary/interdisciplinary team functioning
- Methods for evaluating therapeutic and programmatic efficacy
- Models of supervision
- Issues in staff training and education

### B. Skill/Practice Areas

- Interface with multidisciplinary team (constructive relationships, response to requests)
- Critical evaluation of therapeutic or programmatic effectiveness/unmet needs
- Prepares for and directs individual supervision hour
- Provision of feedback to interns/externs
- Supervision of an intern/extern under supervision (optional and as available)
- Provision of staff training/education in didactic and clinical settings

### 3. Strategies of Scholarly Inquiry

### A. Knowledge Areas

- Theories and methods
- · Preparing a research grant
- Writing a paper for publication

### B. Skill Areas

- Application of the scientific literature to clinical, consultation, and teaching work
- Participation in or development of a research project

# 4. Organization, Management, and Administration Issues Pertinent to Psychological Service Delivery and Practice, Training, and Research

### A. Knowledge Areas

- Administration of mental health programs
- Sustaining health care programs in today's fiscal realities

### B. Skill Areas

• Committee participation (optional, e.g., various program committees addressing systemic changes)

# 5. Professional Conduct; Ethics and Law; and Other Standards for Providers of Psychological Services

### A. Knowledge Areas

- · Professional Ethics (APA) and Federal/State Law
- Biomedical Ethics
- Ethical/Legal Issues in Psychology (e.g., informed consent, competency, guardianship)
- Professional Issues in Psychology (e.g., standards for practice)

### B. Skill Areas

- Response to and resolution of ethical problems in clinical settings
- Participation in policy/committee work related to legal/ethical issues (optional)

## 6. Issues of Cultural and Individual Diversity that are Relevant to All of the Above

### A. Knowledge Areas

- Sociocultural, ethnicity and socioeconomic factors
- Gender Differences
- Sexuality Differences

### B. Skill Areas

Understanding, sensitivity, and working effectively among issues of differences in:

- Culture/ethnicity/religion
- Gender and gender/sexual orientation issues
- Age/cohort
- Social environments and care systems
- Physical/Cognitive/Mental dysfunction

Finally, the Neuropsychology Training Program has additional criteria. The fellow must demonstrate:

- Advanced skill in the neuropsychological evaluation, treatment and consultation to patients and professionals sufficient to practice on an independent basis;
- Advanced understanding of brain-behavior relationships;
- Scholarly activity, e.g., submission of a study or literature review for publication, presentation, submission of a grant proposal or outcome assessment.

### Goals of the Fellowship

Each of the fellowship's programs (Clinical Psychology and Neuropsychology) shares the common training goals of our fellowship program. However, as some of the tracks within the Clinical Psychology Program also represent an emerging specialty area of psychology, the faculty and staff also attempt to stimulate interest and professional development in them. Sample goals of the fellowship are:

- To develop a high standard of ethical practice and patient care.
- To promote active participation in the training, clinical services, didactic instruction, administrative, and the overall activities of the Fellowship Training Program.
- To develop professional competence in psychological theory, evaluation, diagnosis, intervention, and assessment.
- To develop professional competence in the delivery of psychological services to a wide range of patients.
- To encourage the development of professional skills in working with, and providing consultation to, other health care specialists within a multidisciplinary medical setting.
- To promote an understanding of individual and cultural diversity and its impact on all components of professional practice.
- To enhance the understanding of the scientific foundations of psychology, including an appreciation of empirically validated interventions, and the ability to contribute to science through research endeavors.
- To prepare the fellow to be competitive for entry level clinical and academic positions.
- To enable the fellow to complete fellowship requirements necessary to apply for state licensure as a psychologist in most states.

### Organization of the Fellowship

All full-time Clinical Psychology Fellows and Neuropsychology Fellows are supported from September 1, 2008 through August 31, 2009. The organization of the Fellowship provides fellows access to different populations and an opportunity to assume a variety of roles. The fellowship includes clinical, research, and educational components, described below. There is a fair degree of flexibility in how each fellow might design their training experience with the Track Director's approval, consistent with their interests and training needs. Further, the fellows should benefit from opportunities for collegial learning and collaboration.

### **Clinical Training**

Fellows are required to complete clinical activities in three core areas: assessment, intervention, and consultation. The distribution of time is determined jointly by the fellow and the Training Program's faculty and will integrate the fellow's training interests and needs.

### **Research Training**

It has been our experience that fellows value and benefit from a scientist-practitioner training program which encourages skillful use of the empirical literature and opportunities for collaborative or self-directed research. However, fellows differ in their level of motivation and interest to work on research during the fellowship year. Therefore, the research requirement is flexible and designed to meet fellows' training needs, and may occupy 5% - 20% (i.e., 2 hours to 1 day) of the Fellow's time. To meet the research requirement, fellows may: write up a paper based on prior work (e.g., dissertation), collaborate with faculty on ongoing research, collaborate with faculty on a program evaluation project, or design and implement an independent research project under the mentoring of one faculty member. Fellows are encouraged to present their work in a local, regional, and/or national educational setting, or submit work for publication as appropriate.

### **Professional Development**

All Fellows attend a monthly Postdoctoral Fellow Seminar for supportive professional development, chaired by the Director of Postdoctoral Fellowship Training. Here, we develop a sense of professional community and peer support during the fellowship training year.

### **Educational Offerings**

All fellows attend a monthly Psychology Postdoctoral Fellowship Lecture Series chaired by the Director of Postdoctoral Fellowship Training. Topics focus on issues pertaining to leadership, ethics, diversity and ethnicity, and professional identity. Examples of seminars that have been offered recently include:

- Leadership: Preparing For Leadership in Your Career during the Fellowship Year: Presentation of Self, Self-Advocacy, Networking, Organizational Planning, and Life Enjoyment.
  - Presenter: Sigmund Hough, Ph.D., ABPP
- Career Development: CV Development, Interviewing Skills and Securing a Career.
  - Presenter: Sigmund Hough, Ph.D., ABPP
- ♣ Ethics: Case Studies and Professional Decision Making.
  - Presenter: Phillip M. Kleespies, Ph.D., ABPP
- Specialty Topic: The Individual, Not Just the Patient: A Returning Iraq War Veteran Shares Personal Insights.
  - Presenter: Lance Corporal James P. Crosby, U.S.M.C.
- ♣ Ethics: Ethical Issues for Research and Practice in Geropsychology.
  - Presenters: Michele Karel, Ph.D., and Jennifer Moye, Ph.D.
- ♣ Leadership in Psychology: The Role of Research Productivity.
  - Presenter: Terence M. Keane, Ph.D.
- Career Development: The Ins and Outs of the Psychology License Process.
  - Presenter: Elizabeth H. Nasser, Ph.D.
- ↓ Leadership/Politics: Massachusetts State House Field Trip.
  - Presenter: State Representative Ruth B. Balser, Ph.D.
- ♣ Career Development: Corporate Consultation and Creating the Life You Want as a Psychologist.
  - Presenter: Harry Klebanoff, Ph.D., ABPP
- Diversity-Ethnicity: Increasing our Awareness.
  - Presenter: Maxine L. Rawlins, Ph.D.
- Supervision: The Experience of Supervision: Multicultural Perspectives: A Process Discussion.
  - Presenter: Rachel Levy-Bell, Psy.D.
- Specialty Topic: Structural Equation Modeling.
  - Presenter: Dawne Vogt, Ph.D.
- Assessment-Intervention/Neuropsychology: The Heart-Brain Connection.
  - Presenter: William Milberg, Ph.D., ABPP/cn
- Mental Health Management and Research: Administration and Grant Writing.
  - Presenter: Suzy Bird Gulliver, Ph.D.

- ♣ Diversity: Cultural Competency in Treating Native American Veterans: Implications for Approach to Treatment Including Collaborative Efforts.
  - Presenter: Mose A. Herne, MPH, M.S.
- ♣ Diversity: Psychology's Role in the Care of Adults Living with HIV.
  - Presenter: Glenn R. Trezza, Ph.D.
- ♣ Career Development: The EPPP/Licensure Process and Perspectives in Career Direction.
  - Presenters: Laura Grande, Ph.D. and Margaret M. Harvey, Psy.D.

In addition to the core curriculum, each track has developed training experiences that are intended to focus on gaining knowledge and skills in the area of specialization. These training experiences, listed below, include didactic seminars, colloquia, symposia, co-therapy, role modeling, observation, case conferences, rounds, group supervision, and journal clubs. Also, fellows across the different specialty areas are given the opportunity to attend various seminars conducted in other specialty areas. For example, the PTSD symposium is open to all staff and students in training. In addition, a number of the seminars conducted through the Predoctoral Internship Program are also available to the postdoctoral students. For example, the half-day symposium on Grant Writing is open to all staff and students.

### The Training Programs

### THE CLINICAL PSYCHOLOGY TRAINING PROGRAM

Under the auspices of the Psychology Service of the VA Boston Healthcare System (VABHCS), the VA Boston Psychology Postdoctoral Fellowship offers postdoctoral training in psychology. This training is organized into two separate areas: 1. the substantive traditional practice area of Clinical Psychology, and 2. the specialty practice area of Clinical Neuropsychology. Within the General Clinical Psychology postdoctoral program, opportunities are available for training in six areas of emphasis, herein referred to as tracks. These tracks are: Geropsychology, Integrated Mental Health in Primary Care and Suicide Prevention, Medical Psychology, Posttraumatic Stress Disorder, Returning Veterans and Substance Use, and Substance Abuse Treatment. Within the Neuropsychology Training Program, opportunities for training are available in two areas of emphasis. These include an emphasis in Geriatric Neuropsychology and an emphasis in Polytrauma and Rehabilitation.

Track Director	Michele Karel, Ph.D. Psychology Service, 3-5-C 940 Belmont Street Brockton, MA 02301 Telephone: (774) 826-3725 Email: michele.karel@va.gov
Location	VA Boston Healthcare System Brockton and Jamaica Plain Campuses
Overview	The program aims to train fellows for specialized practice in Geropsychology, that is, to become independently practicing psychologists with expertise in assessment, intervention, consultation, and research with older adults, their families, and related care systems. Geropsychology is an emerging specialty area within professional psychology. Our program is designed to be consistent with the American Psychological Association's <i>Guidelines for Psychological Practice with Older Adults</i> and the <i>Pikes Peak Model</i> developed at the <i>2006 National Conference on Training in Professional Geropsychology</i> .
Number of Fellows	Three full-time fellows are admitted each year.
Length of Training	One year.
Goals	The goal of the Geropsychology Postdoctoral Fellowship track is to produce independently functioning professional psychologists who achieve a firm sense of competence in the majority of attitude, knowledge and skill competency areas deemed important for geropsychology practice by experts in the field. The Geropsychology program embraces the four core components of the fellowship's postdoctoral training model (nurturing unique personal attributes of each Fellow; modeling a scientist-practitioner model of training; providing a range of training settings to allow both breadth and depth of training; and encouraging Fellows to develop confidence in collaborating and consulting with other disciplines in

Geropsychology

multidisciplinary and interdisciplinary care environments). Further, Geropsychology training emphasizes: the diversity of experience of older adults; the complex ethical dilemmas that can arise in geriatric care; the importance of advocacy for clients' needs; and the consolidation of the fellow's professional identity as a geropsychologist.

Training objectives include development of clinical competencies in the following areas:

- psychodiagnostic interviews and differential diagnosis with older adults with complex medical, psychiatric, cognitive, and social comorbidities;
- neuropsychological evaluations and recommendations to teams;
- evaluations of decision making and other functional capacities;
- psychotherapy with older adults in individual, group, couple, and family modalities;
- collaboration and communication with multi- and interdisciplinary health care teams;
- collaboration with psychiatrists in psychopharmacological interventions;
- consultation and staff education on psychological/behavioral issues;
- comprehension, application, and dissemination of clinical geropsychology research base;
- geropsychology program development, evaluation, and/or research.

### Teaching Methods

Fellows develop advanced skills in professional Geropsychology through closely supervised and increasingly autonomous clinical practice across a continuum of geriatric care and in four core areas: assessment, intervention, consultation, and research.

### Clinical Settings

Fellows design a program that includes clinical experience in two or three of the following four settings, working part-time in each rotation over the course of the entire year:

(1) **Nursing Home Care Unit:** Based at the Brockton campus, the 120-bed nursing home and 40-bed transitional care units serve a broad mix of mostly

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elderly, medically frail, and psychiatrically and/or cognitively impaired residents. The Fellow participates as a member of the treatment team for one 40-bed unit, and provides assessment, therapy, consultation, and staff education services. Opportunities for specialized work in palliative care are available. Clinical Supervisor: Jennifer Moye, Ph.D.

- (2) **Geriatric Neuropsychology:** Based at the Jamaica Plain campus but serving all of VA Boston, the Geriatric Research, Education, and Clinical Center (GRECC) oversees a Geriatric Consultation Service and Neuropsychology Research Laboratory, among other programs. The Fellow contributes to interdisciplinary outpatient geriatric assessments by providing neuropsychological testing and relevant feedback and recommendations to the team, veteran, and family.
  - Clinical Supervisors: William Milberg, Ph.D., ABPP/cn, Laura Grande, Ph.D., and Betsy Leritz, Ph.D.
- (3) Acute Inpatient Geropsychiatry: Based at the Brockton campus, two acute inpatient psychiatry units serve many veterans over the age of 60. Consulting to the interdisciplinary teams on the two units, Fellows provide neuropsychological assessment, interviews to assess suicide and violence risk, evaluations focused on questions of decision-making capacity (e.g., re: safety to return home to independent living or to make medical care decisions), as well as family consultations and short-term psychotherapeutic interventions.

  Clinical Supervisors: John Pepple, Ph.D., and Benjamin Presskreischer, Psy.D., ABPP
- (4) Geriatric Mental Health Outpatient Clinic: Based at the Brockton campus, this outpatient clinic provides assessment, psychotherapy (individual, group, family), case management, and psychopharmacology services to older veterans with a wide range of medical and psychological/psychiatric difficulties. The Fellow provides intake evaluation and

psychotherapy services, often collaborating with primary care, social work, and psychiatry providers. Fellows may lead or co-lead psychotherapy groups, including a family caregiver group.

Clinical Supervisor: Michele Karel, Ph.D.

The amount of time spent weekly in each setting is determined by an initial needs assessment and training contract process, integrating the fellow's training interests and needs. Time on each rotation includes at least one hour of individual supervision weekly and, in the Nursing Home Care Unit rotation, an additional hour of group supervision weekly. Facilities for videotaping clinical work are available.

### **Research Experience**

Fellows typically spend one day per week devoted to research, writing, and/or program development activities. As part of the initial training contract, fellows define academic/research goals for the year and choose a faculty advisor for these activities. To meet the research requirement, fellows may: write up a paper based on prior work (e.g., dissertation), collaborate with faculty on ongoing research, collaborate with faculty on a program evaluation project, design and implement an independent research project under the mentoring of one faculty member, write a grant proposal. Fellows are encouraged to present their work in local, regional, and/or national educational settings, and to submit work for publication according to interest.

There are a variety of ongoing research activities on which the fellow may collaborate, including:

(A) Decisional capacity evaluation in older adults: identifying key neuropsychological and clinical markers of capacity loss within diagnostic groups, improving performance-based measurement of capacity, and translating this research into practical tools for clinicians, attorneys, and judges. Also, stress related symptomatology, stress related growth, and adaption following treatment for cancer.

Dr. Jennifer Moye

(B) Neuropsychological and neuroanatomical changes in individuals at risk for cerebrovascular disease; Relating cortical function to dementia risk and cerebrovascular disease; Associative Learning in individuals with memory disorders; Development of cognitive screening measures for the early identification of cognitive problems in the primary care setting; Cognitive neuropsychology of vision and visual search in healthy and brain injured individuals.

Drs. William Milberg, Laura Grande, & Betsy Leritz

(C) Communication about advance and end-of-life health care planning, including: assessing values relevant to advance care planning; incorporating values assessment into capacity evaluations; palliative care program development; Geropsychology training models and professional competency assessment.

There are many additional research programs at VA Boston and affiliated institutions through which Fellows may identify mentors in specific areas of interest.

### Didactics and Supervision

### Required:

 Individual supervision for each rotation -Approximately three hours per week

Dr. Michele Karel

- Team meetings for clinical rotations Varies by rotation
- Geropsychology seminar One hour biweekly
- Geropsychology Fellow meeting One hour monthly
- Nursing Home group supervision One hour weekly (Nursing Home)
- Nursing Home case conference Monthly (Nursing Home)
- GRECC multidisciplinary conference One hour biweekly (GRECC)
- Neurobehavioral Aphasia rounds Two hours biweekly (GRECC)

### Available:

- GRECC Lab meetings One hour biweekly
- Psychiatry Grand Rounds -One and one-half hours

biweekly

- Beth Israel Deaconess Medical Center/Harvard Medical School Interdisciplinary Center on Aging Grand Rounds
   One hour monthly, at Beth Israel Deaconess Medical Center
- Memory Disorders Rounds One hour monthly, at Beth Israel Deaconess Medical Center
- Multiple educational offerings at affiliated institutions

Integrate	ed Mental Health in Primary Care and Suicide Prevention
Track Director	Sandra Morissette, Ph.D. (Primary Care Behavioral Health [PCBH])  Telephone: (857) 203-5377  Email: sandra.morissette@va.gov  Melanie Vielhauer, Ph.D. (General Mental Health [GMH] / Mood Disorders Clinic [MDC])  Telephone: (857) 364-4043  Email: melanie.vielhauer@va.gov
	Barbara Kamholz, Ph.D. (MDC/GMH) Telephone: (857) 364-4106 Email: barbara.kamholz2@va.gov  VA Psychology Service 150 South Huntington Avenue Boston, MA 02130
Location	VA Boston Healthcare System West Roxbury Campus (PCBH) Jamaica Plain Campus (GMH, MDC, PCBH)
Overview	The postdoctoral fellow will deliver services through several clinics affiliated with the VABHS General Mental Health (GMH) Program, including the Primary Care Behavioral Health Clinic (PCBH) at the West Roxbury and Jamaica Plain campuses, and the Mood Disorders Clinic (MDC) and Urgent Care Clinic (UCC) at the Jamaica Plain campus. These clinics provide services to large numbers of veterans (e.g., PCBH –serves a population of approximately 6000 primary care patients at each campus, over 40% of whom are thought to be in need of mental health services (Hankins et al., 1999); MDC – approximately 300 referrals per year). The postdoctoral fellow will devote three days per week to the GMH/MDC and two days per week to the PCBH.
Number of Fellows	One fellow.
Length of Training	One year.

### Goals

Training will foster the development of assessment, treatment and consultation skills. The fellowship position is structured to enhance communication across primary care, urgent care and specialty mental health services. The fellow will develop skill as a liaison between these services to coordinate care, identify and manage patients at high risk for suicide or other violence, and reduce stigma associated with mental health treatment. The fellow will gain experience in administrative oversight of a mental health clinic, supervision, program development, evaluation of outcomes, and clinical research.

Integrated Primary Care Behavioral Health: The PCBH offers co-located, immediate, collaborative mental healthcare within the primary care context. The fellow will receive training in psychological assessment and brief treatments of veterans with a broad range of clinical conditions who present to primary care (e.g., depression, anxiety, trauma, substance use disorders). Evaluation and treatment in the PCBH is necessarily brief, with a focus on identifying key issues of concern to the primary care patient. Standardized self-report measures inform the clinical assessment. The fellow will learn to develop and carry out short-term, evidence-based behavioral treatment plans (e.g., cognitive behavioral treatment, motivational enhancement). Mental health care is integrated into existing primary care treatment, and thus communication and liaison with the Primary Care team is essential. Fellows will develop proficiency in providing individual consultation to primary care staff on mental health issues and management of suicide risk.

Mood Disorders Clinic and Urgent Care Clinic – Suicide Prevention: Through the MDC and UCC, the fellow will gain experience in evaluating and treating mood disorders (unipolar and bipolar) and in assessing and managing suicidal risk. The fellow will complete diagnostic and suicide risk assessments. Assessments include structured clinical interviews (e.g. SCID) and standardized self-report assessments. Treatments are primarily evidence-based (e.g., short-term cognitive-behavioral approaches) and involve both individual and group modalities. The fellow will

have the opportunity to work collaboratively with the Suicide Prevention Coordinator, a member of the GMH/MDC team, to manage patients deemed to be at risk for self-harm. The fellow will also conduct evaluations in the UCC, which provides a unique opportunity for training in risk assessment and stabilization of acute psychiatric crises. While in the UCC the fellow will gain additional experience in consultation, as well as navigation of complex systems issues (e.g., coordinating voluntary or involuntary hospitalization, mandatory reporting).

# Teaching Methods

Fellows will receive training using multiple modalities, including individual and group supervision, didactic trainings (clinic-specific and fellowship-wide), case conferences and rounds. Live supervision is provided in the UCC. The fellow will participate in multidisciplinary PCBH and MDC/UCC team meetings that may include psychologists, psychiatrists, social workers, clinical nurse specialists, primary care providers, and other trainees (psychology interns, practicum students, and a psychiatry resident).

### Supervision

Dr. Sandra Morissette is the Clinical Director of the Primary Care Behavioral Health Service and serves as the primary advisor and training supervisor. Dr. Melanie Vielhauer is the Director of the General Mental Health Clinic. Dr. Vielhauer and Dr. Barbara Kamholz co-direct the Mood Disorders Clinic. Together, Drs. Morissette, Kamholz and Vielhauer provide the leadership for the postdoctoral training program. Drs. Phillip Kleespies and Stephen Lancey will provide additional supervision to the post-doctoral fellow. Dr. Phillip Kleespies is a senior psychologist and risk assessment expert affiliated with the UCC and Dr. Stephen Lancey is a senior psychologist on the GMH/MDC team. Interaction with multiple supervisors allows the fellow to work closely with professionals with different areas of expertise.

The fellow will work closely with staff psychologists in PCBH and GMH/MDC Services and meet regularly for individual supervision. GMH/MDC and PCBH teams meet weekly to discuss clinical cases, administrative issues, and current issues in mental health care. Fellows receive both individual

and group supervision during which clinical, career development and research issues are addressed.

### Research

Fellows may collaborate with staff on any number of funded and unfunded clinical research projects, which will provide opportunities for involvement in professional presentations and preparation of empirical and review manuscripts. Fellows are encouraged to identify research activities that would expand their current skill set. Fellowship supervisors are involved in several areas of ongoing research. Dr. Morissette is the PI on a NIDA-funded grant examining the effects of transdermal nicotine in smokers with and without anxiety disorders. She is actively developing a clinical research program within the PCBH. Drs. Morissette and Kamholz serve as Co-Investigators on two NIH-funded studies, including a longitudinal study of risk and resilience factors for PTSD and substance use disorders in firefighter recruits (NIMH; PI: Suzy Gulliver) and a clinical trial evaluating venlafaxine and CBT for anxiety and alcohol use disorders (NIAAA; PI: Domenic Ciraulo). In addition, Dr. Kamholz is the PI for a NIDA-funded grant examining the phenomenology psychiatric smokers and a recentlycompleted VA-funded clinical trial for mood-based smoking cessation treatments. Finally, Dr. Vielhauer serves a Co-Invedstigator on two studies evaluating mindfulness telehealth interventions for PTSD (Samueli Institute/VA; PI: Barbara Niles) and moderators of health literacy in diabetes management (NIH; PI: Amy Silberbogen).

	Medical Psychology
Track Director	Bortina Morri III.B.
Location	VA Boston Healthcare System Jamaica Plain Campus
Overview	The Medical Psychology Service provides a broad range of services to medical populations throughout the VA Boston Healthcare System. In addition to participating in specific groups and clinics, postdoctoral fellows will work with individual patients on a broad range of behavioral medicine issues. Treatment is typically geared toward helping patients cope effectively with major medical illnesses and invasive treatments, promoting healthy lifestyles, encouraging treatment compliance, and enhancing overall quality of life. Much of the treatment provided on Medical Psychology is short term, cognitive-behavioral, and problem-focused, although there is also the opportunity to do less structured, longer-term treatment.
Number of Fellows	One fellow.
Length of Training	One year.
Goals	The primary responsibility of the postdoctoral fellow will be to provide clinical services for men and women who are coping with chronic medical conditions and to facilitate lifestyle change in those patients who are at risk for chronic disease. Fellows will conduct individual, couples, and group psychotherapy with a wide range of populations including those with medical conditions and those seeking healthy lifestyle assistance. The fellow will learn to develop and carry out evidence-based behavioral medicine treatment plans. Fellows will conduct psychological assessments and complete

evaluations for pre-surgical and pre-treatment candidates, and will also have the opportunity to conduct chronic pain, sexual dysfunction, and intake evaluations. Fellows will provide consultation-liaison services to multidisciplinary treatment teams throughout the healthcare system and will develop expertise and confidence in presenting cases at team meetings. To develop administrative skills, fellows will be given the responsibility to manage both the Renal and Medical Psychology consult service during their training year. Finally, fellows will gain experience in supervising interns and practicum students.

Fellows will have the opportunity to work with the following clinical programs or populations, in addition to other Medical Psychology patients whose needs do not fall under one of the specific clinics/programs:

- End Stage Renal Disease Program
- Psychology Pain Management
- Cardiac Rehabilitation Program
- Hepatitis C Clinic
- Weight Management Program
- Diabetes Clinic
- Andrology Clinic
- Healthy Lifestyle Programs (e.g. Stress Management)
- HIV Clinic
- Smoking Cessation

### Teaching Methods

There are several methods of training for the clinical fellow. The fellow will work closely with staff psychologists on the Medical Psychology Service and meet regularly for individual supervision. All of the psychotherapy groups are co-led and the fellow will participate in group supervision with his/her co-leaders. In some cases, more senior staff will co-lead a group with the fellow, providing further opportunity for training. Fellows will also participate in multidisciplinary treatment team meetings throughout the hospital, and have the opportunity to learn about chronic conditions from different disciplines (e.g., nurses, psychiatrists, physicians, nutritionists, social workers, etc.) Fellows will also learn how to supervise other trainees under the guidance of licensed, clinical staff.

Involvement in behavioral health research is an integral part of the fellow's training. Most of the supervisors on the Medical Psychology Service are funded investigators who are actively involved in clinical research. Fellows are encouraged to identify research activities that would expand their current skill set. There are a wide range of opportunities available to fellows that include: grant writing, running studies, data analysis, preparing papers and presentations, interfacing with the local IRB board, etc. Areas of ongoing research include: telehealth, diabetes, hepatitis C, exercise and healthy lifestyle promotion, PTSD and comorbid chronic medical conditions, medical adherence, pain, health literacy, and mindfulness.

# Didactics and Supervision

Dr. DeAnna Mori is the Director of the Medical Psychology Service and provides leadership for the postdoctoral training program. There are a number of licensed supervisors who may also provide supervision: Amy K. Silberbogen, Ph.D., Allison Collins, Ph.D., John Otis, Ph.D., Glenn Trezza, Ph.D., Stephen Lancey, Ph.D., and Deborah Brief, Ph.D.

Dr. Mori serves as the primary advisor and training supervisor, with other staff psychologists serving as supervisors and consultants to the program. As a result, fellows are offered the opportunity to work closely with professionals with different areas of expertise. Fellows receive both individual and group supervision during which clinical, career development and research issues are addressed. In addition, the entire Medical Psychology team meets weekly to discuss clinical cases, research interests, and current issues in behavioral medicine.

	Posttraumatic Stress Disorder
Track Co-Directors	Denise Sloan, Ph.D. Behavioral Science Division 150 South Huntington Avenue Boston, MA 02130 Email: denise.sloan@va.gov
	Eve H. Davison, Ph.D.  Women's Health Sciences Division  150 South Huntington Avenue  Boston, MA 02130  Telephone: (857) 364-4012  E-mail: eve.davison@va.gov
Location	VA Boston Healthcare System Jamaica Plain Campus
Overview	Clinical postdoctoral training in PTSD is conducted within the two Divisions of the National Center for PTSD located at VA Boston: the Behavioral Sciences Division (BSD) and the Women's Health Sciences Division (WHSD; see preceding Overview for details on these Divisions). The clinical postdoctoral fellowship lasts for one year, and consists of intensive clinical training in the provision of empirically supported treatments to male and female veterans suffering from PTSD and other trauma-related disorders. In addition to the direct provision of clinical services, fellows will serve as members of interdisciplinary treatment teams that collaborate with, and consult to, other mental health and medical care providers in order to address the high rates of medical comorbidities among trauma survivors. We have found this collaborative and consultative model to be highly effective in coordinating the care of complex clinical cases, and believe that it constitutes a best-practice model of care that is becoming an integral part of the future of VA healthcare. PTSD fellows also have the opportunity to participate in research in the two Divisions.
Number of Fellows	Two Fellows.

Length of Training	One year.
Goals	Both fellows split their time between the Behavioral Sciences Division (BSD) and the Women's Health Sciences Division (WHSD). The primary responsibility of clinical fellows in BSD will be the provision of PTSD-related clinical services to male veterans. BSD also provides special training in conceptualizing cases ideographically, and in identifying and prioritizing targets for intervention. The primary responsibility of clinical fellows in WHSD will be the provision of psychological services to female veterans with PTSD and other trauma-related disorders, and consultation to other treatment providers through their work in WHSD's Women's Stress Disorder Treatment Team (WSDTT). WSDTT patients present with a range of comorbid Axis I, Axis II, and medical disorders as well as PTSD. Additionally, fellows will provide services in VA Boston's primary care mental health screening clinic (PRIME Clinic). The fellow will provide approximately 20 hours per week of direct clinical service. The clinical services fellows will provide to veterans include:  (1) Comprehensive psychological assessments  (2) Brief, problem-focused assessments and consultations  (3) Short-term interventions and psychotherapy (individual and group)  (4) Long-term psychotherapy (individual and group)  By the end of the training year, fellows will have gained mastery of multi-method comprehensive psychological evaluation and treatment of lifespan trauma, sexual trauma, war-zone trauma, PTSD, and comorbid psychopathology.
Teaching Methods	Clinical fellows will be assigned a primary supervisor within both BSD and WHSD; these two primary supervisors will coordinate the overall training experience to meet the specific needs of the fellows, and will provide clinical supervision. Fellows will work with at least one additional clinical supervisor in each Division, including group co-
	therapists. In addition to supervision of clinical cases, supervision will also be provided on methods of effective consultation within a medical center. Clinical consultation

with other faculty is also readily available, both formally through regular clinical team meetings and informally.

In addition to individual supervision, fellows will attend group consultation for Cognitive Processing Therapy (CPT) for PTSD, and may have the opportunity to attend group supervision for Seeking Safety therapy for comorbid PTSD and substance use disorders.

At the beginning of the training year, fellows will learn about the various ongoing research activities at NC-PTSD. Staff conduct research on diverse aspects of trauma, health, and PTSD, addressing basic questions of etiology, mechanisms of action, and course, as well as applied questions related to assessment, prevention, and treatment outcome. Fellows may have the opportunity to join a research laboratory or to participate in ongoing research with one or more staff members of NC-PTSD, and they will have four hours of protected research time per week.

### Didactics and Supervision

PTSD fellows participate in the following didactics at the start of the training year:

- NC-PTSD resources
- Introduction to BSD and working with male veterans
- Clinical issues related to PTSD assessment
- Use of the Clinician-Administered PTSD Scale (CAPS)
- Introduction to WHSD and military sexual trauma
- Introduction to Dialectical Behavior Therapy (DBT)
- 2-day training in Cognitive Processing Therapy for PTSD
- Psychometrics
- Psychophysiological assessment
- Introduction to Women's Stress Disorder Treatment Team
- Lethality assessment
- The Boston Trauma Interview

	Returning Veterans and Substance Use
Track Director	Deborah Brief, Ph.D. 150 South Huntington Avenue Boston, MA 02130 Telephone: (857) 364-4689 Email: deborah.brief@va.gov
Location	VA Boston Healthcare System Jamaica Plain Campus
Overview	This one-year clinical postdoctoral fellowship is designed to train psychologists to provide specialized clinical services for returning veterans with both alcohol and drug use problems as well as co-occurring psychiatric disorders including PTSD. As this is a new area of training, the fellow will have an excellent opportunity to be involved in the development and evaluation of new treatment programs for returning veterans with substance use problems and co-occurring psychiatric disorders. The fellow will also have an opportunity to participate in research focused on the evaluation of new methods of treatment for returning veterans with substance use disorders and PTSD and to develop independent ideas for research.
Number of Fellows	One fellow
Length of Training	One year.
Goals	The fellow will learn how to assess the full range of alcohol and drug problems in returning veterans including problem drinking, alcohol and drug abuse, and dependence. In addition, the fellow will learn state-of-the-art methods of assessment for PTSD as well as other co-occurring psychiatric disorders. The fellow will also learn how to effectively utilize evidence-based treatments for alcohol and drug use problems such as motivational interviewing, cognitive-behavioral therapy, and behavioral self-control strategies with the returning veteran population. In addition, the fellow will receive specialized training in established treatments for co-occurring substance use disorders and

PTSD such as Seeking Safety and learn how to treat PTSD symptoms and other problems with emotional regulation in the context of a substance use problems using techniques such as Cognitive Processing Therapy and Dialectical Behavior Therapy. The fellow will have an opportunity to learn to provide intensive rehabilitation services within the context of a residential treatment program and both brief and long-term therapy in an outpatient setting. Other training activities include learning how to supervise trainees, assistance with program evaluation and performance improvement activities, and clinical research.

At the completion of their fellowship, fellows will be able to:

- Conduct a comprehensive assessment of alcohol and drug use as well as co-occurring psychiatric problems including PTSD
- 2. Provide treatment for returning veterans with alcohol and drug problems in both a group and individual format depending on the veteran's needs
- 3. Provide treatment for a wide range of co-occurring psychiatric disorders including PTSD

# Teaching Methods

Trainees will receive their clinical training in the Substance Abuse Treatment Program (SATP), Center for Returning Veterans (CRV), and in the National Center for PTSD (NC-PTSD) across the Jamaica Plain and Brockton campuses. Supervision will be provided individually and in a group format with faculty from each of these programs. The fellow will also participate in didactic training through NC-PTSD through attendance at workshops in Seeking Safety and Cognitive Processing Therapy and lectures on assessment of trauma and trauma-related symptoms, war history, interviewing processes, lethality, and treatment for returning veterans. These programs include an opportunity to interact with numerous staff from psychology, social work and psychiatry.

### Research

The fellow will have the opportunity to join a research team that includes faculty in the SATP, NC-PTSD, and Medical Informatics Unit at Boston University School of Medicine.

Fellowship Training Brochure | 2008 - 2009 Training Year

This research group is currently working on projects related to the application of new technologies (web-based and computer-automated telephone interventions) to treat problem drinking and other substance use problems in returning veterans. Through this collaboration the fellow will have an opportunity to participate in the grant application process and to work on the implementation of any projects that are funded in this area. The fellow will also have an opportunity to develop new ideas for research and work on independent projects related to returning veterans.

	Substance Abuse Treatment Program
Track Director	Deborah Brief, Ph.D. 150 South Huntington Avenue Boston, MA 02130 Telephone: (857) 364-4689 Email: deborah.brief@va.gov
Location	VA Boston Healthcare System Jamaica Plain Campus
Overview	The one-year clinical postdoctoral fellowship year in the Substance Abuse Treatment Program (SATP) is designed to provide fellows with a comprehensive understanding of the current assessment and treatment approaches for individuals with alcohol and drug problems as well as common co-occurring psychiatric disorders. The fellow will work in both residential and outpatient settings and learn to conduct both group and individual interventions and provide consultation. There is also an opportunity to receive training in the provision of supervision, to work on program development and performance improvement activities, and to become involved in clinical research. The fellow works as part of a multidisciplinary treatment team and has a high level of input to clinical decision making
Number of Fellows	One fellow.
Length of Training	One year.
Goals	The fellow will work in the Substance Abuse Treatment Program (SATP) on the Jamaica Plain campus and provide clinical services to male veterans in the Substance Abuse Residential Rehabilitation Program (SARRTP) and to both male and female veterans in the Outpatient Alcohol and Drug Treatment Program (ADTP). The SATP provides specialized training in cognitive-behavioral approaches to treatment of alcohol and drug problems including motivational enhancement and relapse prevention techniques. Training is also provided in treatment techniques for co-occurring

disorders including Seeking Safety, Cognitive Processing Therapy, Mindfulness techniques, and Dialectical Behavior Therapy.

The primary responsibilities of the clinical fellow in the residential program will be:

- (1) Comprehensive assessment;
- (2) Co-leading a variety of groups (e.g., relapse prevention, DBT)
- (3) Brief, problem-focused individual therapy

The primary responsibilities of the fellow in the outpatient clinic will be:

- (1) Comprehensive Intake Assessments
- (2) Long-term individual psychotherapy

Other training activities include:

- (1) Learning how to supervise trainees
- (2) Assistance with program evaluation and performance improvement activities
- (3) Clinical research

At the completion of their fellowship, fellows will be able to:

- Conduct a comprehensive biopsychosocial assessment of patients in treatment for alcohol or drug use problems;
- (2) Provide group and individual (both short- and longterm) therapy for individuals with alcohol and drug problems who are being seen in a residential program and an outpatient clinic;
- (3) Provide treatment for co-occurring psychiatric disorders in individuals with an alcohol or drug problem;
- (4) Provide consultation for treatment providers in multidisciplinary settings on patients with alcohol and drug problems.

# Teaching Methods

There are several methods of training for the clinical fellow in the Substance Abuse Treatment Program. The fellow will work closely with at least two mentors and meet on a regular basis for individual supervision. All of the groups are co-led and the fellow will participate in group supervision with his or her co-leaders. The fellow will also meet with the clinical staff in daily rounds for the residential treatment program and in weekly outpatient meetings. Fellows will have an opportunity to learn how to supervise other trainees under the guidance of licensed clinical staff. Specialized readings are provided to supplement a fellow's training depending on his or her interests and needs.

# Didactics and Supervision

- Individual supervision
- Group supervision
- Daily rounds and meetings with multidisciplinary staff.

# THE NEUROPSYCHOLOGY TRAINING PROGRAM

The Neuropsychology Training Program is independently accredited by APA but functions within the structure and administration of the VA Boston Psychology Postdoctoral Fellowship program. There are two training tracks within the Neuropsychology Training Program - one offering an emphasis in Geriatric Neuropsychology and one with an emphasis in Polytrauma and Rehabilitation

Geriatric Neuropsychology				
Track Director	77			
	Laura Grande, Ph.D. 150 South Huntington Avenue Boston, MA 02130 E-mail: laura.grande@va.gov			
Location	VA Boston Healthcare System Jamaica Plain Campus			
Overview	The mission of the training program is to prepare fellows to function as independent scientists/clinicians in the field of neuropsychology.			
Number of Fellows	One fellow.			
Length of Training	Two years. We will be recruiting for this program for the 2008 - 2010 training years.			
Goals	Postdoctoral education and training is designed to provide clinical, didactic, and academic training that will result in an advanced level of competence in the specialty of clinical neuropsychology as well as the education and training necessary for independent practice in the specialty. The postdoctoral fellowship program is a required component in specialty education in clinical neuropsychology.			

The fellowship includes professional activities within the seven core domains delineated in the Petition for the Recognition of a Specialty in Professional Psychology submitted by Division 40 of the APA to the Commission for the Recognition of Specialties and Proficiencies in Professional Psychology. These seven core domains are: assessment, intervention, consultation, supervision, research and inquiry, consumer protection and professional development. The fellow, whose professional activities involve working with diverse cultural, ethnic, and linguistic populations, will gain the knowledge and skills to perform those activities competently and ethically.

At the completion of the fellowship, fellows are expected to demonstrate the following:

- Development of advanced skill in the neuropsychological evaluation, treatment and consultation with patients and professionals sufficient to practice on an independent basis;
- 2. Development of advanced understanding of brainbehavior relationships;
- 3. Scholarly activity, e.g., submission of a study or literature review for publication, presentation, submission of a grant proposal or outcome assessment:
- 4. A formal evaluation of competency in Criteria 1 through 3;
- 5. Fulfillment of eligibility for state or provincial licensure or certification for the independent practice of psychology;
- 6. Fulfillment of eligibility requirements for board certification in clinical neuropsychology by the American Board of Professional Psychology; and
- 7. Development of skills required for submission of research grant applications.

# Teaching Methods

The fellow will be affiliated with the Neuropsychological Consult Service and the Geriatric Neuropsychology

Laboratory Service that functions within the Geriatric Research, Education, and Clinical Center (GRECC). The fellow will also be associated with the Boston Polytrauma Network Site, the Aphasia Research Center, Spinal Cord Injury Clinic, Center for Returning Veterans, the Acute Palliative Care Team and the National Center for PTSD.

The first year of the fellowship program will focus on general training in advanced skills needed for professional practice in Clinical Neuropsychology. In the second year, the fellow will have the opportunity to develop more specialized clinical skills and knowledge related to the assessment and treatment of elderly patients, and will have more time to conduct and complete a research project. The fellow will function as part of the interdisciplinary Polytrauma Team and the GRECC team across both fellowship years

## Didactics and Supervision

## Required:

- Psychology Service Colloquia One to two hours per month
- Staff Clinical Meeting One hour per week
- Neurobehavior Team Meeting One hour per week
- Fellowship Seminar Three hours per month
- Postdoctoral Psychology Lecture Series Two hours per month
- Neurobehavioral Grand Rounds Four hours per month
- GRECC Multidisciplinary Seminar Two hours per month

#### **Optional:**

- Memory Disorders Research Center Rounds Two hours per month
- Behavioral Neuroscience Seminar Two hours per week
- Geriatric Grand Rounds Two hours per month
- Rehabilitation Psychology Journal Club One hour per week
- Spinal Cord Injury Grand Rounds monthly
- Neuroanatomy / Brain Cutting Seminar monthly
- Traumatic Brain Injury Patient Rounds Braintree Hospital – Two hours per month.

## Research

Fellows typically spend one day per week devoted to writing and research activities during the first year of fellowship. During the second year, more time may be dedicated to focused research activities. There are a variety of ongoing research projects on which the fellow may collaborate.

Polytrauma and Rehabilitation				
Track Director	7711114111 111112 01 97 1 1112 1 7 121 1 7 011			
	Jennifer Vasterling, Ph.D. / Maxine Krengel, Ph.D. 150 South Huntington Avenue Boston, MA 02130 E-mail: jennifer.vasterling@va.gov / maxine.krengel@va.gov			
Location	VA Boston Healthcare System Jamaica Plain Campus and West Roxbury Campus			
Overview	The mission of the training program is to prepare fellows to function as independent scientists/clinicians in the field of neuropsychology and rehabilitation psychology. This unique fellowship provides training consistent with both Division 40 (Neuropsychology) and Division 22 (Rehabilitation Psychology) guidelines.			
Number of Fellows	One fellow.			
Length of Training				
Goals	Postdoctoral education and training is designed to provide clinical, didactic, and academic training that will result in an advanced level of competence in the specialty of clinical neuropsychology and rehabilitation psychology, as well as the education and training necessary for independent practice in these two specialty areas.			
	Postdoctoral education and training is designed to be consistent with the fellowship's training mission and guidelines delineated in the Petition for the Recognition of a Specialty in Professional Psychology submitted by Division 40 of the APA to the Commission for the Recognition of Specialties and Proficiencies in Professional Psychology.			

These seven core domains are: assessment, intervention, consultation, supervision, research and inquiry, consumer protection and professional development

At the completion of the fellowship, fellows are expected to demonstrate the following:

- Development of advanced skill in the neuropsychological evaluation, treatment and consultation with patients and professionals sufficient to practice on an independent basis;
- 2. Development of advanced understanding of brainbehavior relationships;
- Scholarly activity, e.g., submission of a study or literature review for publication, presentation, submission of a grant proposal or outcome assessment;
- 4. A formal evaluation of competency in Criteria 1 through 3;
- 5. Fulfillment of eligibility for state or provincial licensure or certification for the independent practice of psychology;
- 6. Fulfillment of eligibility requirements for board certification in clinical neuropsychology by the American Board of Professional Psychology; and
- 7. Development of skills required for submission of research grant applications.

Additionally, the fellowship will also include activities that meet the training specifications delineated in the Petition for the Recognition of a Specialty in Professional Psychology submitted by Division 22 of the APA to the Commission for the Recognition of Specialties and Proficiencies in Professional Psychology. These six core domains are:

- 1. Theories and effective methods of psychological assessment, diagnosis, and interventions.
- 2. Consultation, program evaluation, supervision, and/or teaching;
- 3. Strategies of scholarly inquiry;
- 4. Organization, management, and administration issues pertinent to psychological service;

- 5. Professional conduct; ethics and law; and other standards for providers of psychological services;
- 6. Issues of cultural and individual diversity.

# Teaching Methods

The fellow will be affiliated with the Neuropsychological Consult Service and the Geriatric Neuropsychology Laboratory Service that functions within the Geriatric Research, Education, and Clinical Center (GRECC). The fellow will also be associated with the Boston Polytrauma Network Site, the Aphasia Research Center, Spinal Cord Injury Service, Center for Returning Veterans, and the National Center for PTSD.

The first year of the fellowship program will focus on general training in advanced skills needed for professional practice in Clinical Neuropsychology with a brief introduction to Rehabilitation Psychology. In the second year, the fellow will have the opportunity to develop more specialized clinical skills and knowledge related to neuropsychology, rehabilitation, and the assessment and treatment of traumatic brain injury, spinal cord injury, polytrauma and PTSD. The rehabilitation focus offers the unique opportunity to translate intervention recommendations into practice and to provide services in an inpatient setting. Psychological interventions will include cognitive rehabilitation and education for the patient and families regarding head injury, PTSD, spinal cord injury, and readjustment. The fellow will function as part of the interdisciplinary Polytrauma Team and the GRECC team across both fellowship years. During the second year, the fellow will serve on the Spinal Cord Injury Team.

# Didactics and Supervision

# Required:

- Psychology Service Colloquia One to two hours per month
- Staff Clinical Meeting One hour per week
- Neurobehavior Team Meeting One hour per week
- Fellowship Seminar Three hours per month
- Postdoctoral Psychology Lecture Series Two hours per month
- Neurobehavioral Grand Rounds Four hours per month

GRECC multidisciplinary Seminar – Two hours per month

# **Optional:**

- Memory Disorders Research Center Rounds Two hours per month
- Behavioral Neuroscience Seminar Two hours per week
- Geriatric Grand Rounds Two hours per month
- Rehabilitation Psychology Journal Club One hour per week
- Neuroanatomy/Brain Cutting Seminar monthly
- Traumatic Brain Injury Patient Rounds Braintree Hospital – Two hours per month.

#### Research

Fellows typically spend one day per week devoted to writing and research activities during the first year of fellowship. During the second year, more time may be dedicated to focused research activities. There are a variety of ongoing research projects on which the fellow may collaborate.

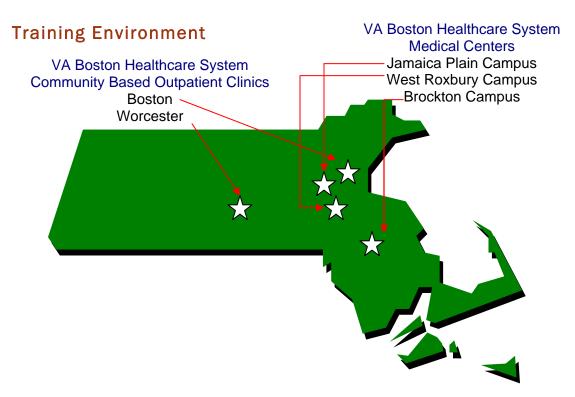
## **Review and Remediation Procedures**

#### **Evaluation Methods**

Postdoctoral Fellows receive formal written evaluation of their progress by each supervisor on a semi-annual basis at the least. Fellows provide written evaluations of the Training Program on a semi-annual basis. Evaluation methods are explained in detail in the Postdoctoral Training Manual that fellows receive upon arrival.

# **Due Process Policy**

In the event of a grievance around the evaluation process, the Fellowship Program has a due process policy that outlines both remediation procedures and procedures for fellows to follow if they have a concern about the review process. The Due Process Policy is incorporated within "Remediation Procedures" that are detailed in the Postdoctoral Training Manual.



The VA Boston Healthcare System encompasses nine campuses within a 40-mile radius of the greater Boston area. The consolidated facility consists of the Jamaica Plain campus, located in the heart of Boston's Longwood Medical Community; the West Roxbury campus, located on the Dedham line; and the Brockton campus, located 20 miles south of Boston in the City of Brockton. In addition to the three

main medical centers, six Community Based Outpatient Clinics (CBOCs) located in Worcester, Framingham, Lowell, Quincy, Dorchester, and Causeway Street (Boston) make up the VA Boston Healthcare System (VA BHCS).

## Jamaica Plain Campus

The Jamaica Plain Campus offers state-of-the-art ambulatory care and primary care services. The Ambulatory Care Center serves as a hub for tertiary ambulatory services. This center's specialized services include state-of-the-art audiology services, ambulatory day surgery, CAT scanning, MRI, specialized aphasia treatment, an eye center providing argon laser therapy of retino-vascular diseases, CO2 and YAG laser treatment of cancer and Argon and YAG laser treatment of eye diseases, and vitrectomy. A model Veterans Industries/Transitional Living program for patients with Substance Abuse problems has recently been approved by the Committee for Accreditation of Rehabilitation Facilities (CARF). Medical services located at this campus also include substance abuse (a Center of Excellence in Substance Abuse Treatment), nuclear medicine, and a Center for Excellence for oncology/hematology, which includes high voltage radiation therapy/linear accelerator. Two National Centers for Post Traumatic Stress Disorder (also named Centers for Excellence) include the Behavioral Science Division and the Women's Health Sciences Division. Additional programs available at Jamaica Plain are a Comprehensive Women's Health Center and mammography, an Operation Enduring Freedom/Operation Iraqi Freedom program, and many other special programs to meet gender specific needs as well as other special needs of veterans due to environmental causes such as radiation, Persian Gulf, or Agent Orange exposure.

### **West Roxbury Campus**

The West Roxbury Campus serves as the tertiary inpatient medical center for the VA Boston Health care System and the other VA medical centers in the region. Recently named a Center for Excellence in Cardiac Surgery this facility offers cardiac catheterization, CCU, and a renowned Open Heart Surgery Program. The West Roxbury campus also has a nationally recognized acute Spinal Cord Injury program, and is one of few VA facilities that have a CARF-accredited acute medical rehabilitation program and spinal cord injury program, supported by a swimming pool that is located in the hospital proper. This campus supports an interventional cardiology program with electrophysiology. In addition, West Roxbury serves as the referral center for intensive inpatient surgery and provides such unique and high-risk surgeries as, vascular surgery, specialized general and cancer related surgery, orthopedics, hand and joint replacement surgery, neurosurgery, plastic surgery, and urology. The spinal cord injury program operates within a "hub and

spokes" model for the Northeast VA region to provide consistent care excellence. West Roxbury maintains a 24-hour emergency department.

# **Brockton Campus**

The Brockton Campus offers veterans a wide range of health care options including long term care, which includes a chronic Spinal Cord Injury (SCI) unit, mental health services, and comprehensive primary care. A Center for Excellence in Health Care for Homeless Veterans, this campus houses a 60 bed Domiciliary for Homeless Veterans. Also available in Brockton is an inpatient psychiatric unit for women, one of only four such units available in the entire VA system. This unit, in conjunction with a recently opened outpatient Women's Health Center, offers women veterans a complete spectrum of health care services. Both the Homeless Veterans program and the Women's Program are regional referral centers for veterans throughout New England. The Chronic Spinal Cord Injury Unit offers specialized programs and respite care for veterans with spinal cord injuries and disabilities. The Nursing Home Care Unit similarly offers respite care programs to veterans throughout New England. The Mental Health services offered at the Brockton Campus are extensive in both the inpatient and outpatient arenas. Offering both chronic and acute inpatient psychiatric programs, and programs in substance abuse, this service was recently named a Center for Excellence for Seriously Mentally III veterans.

## **Support Services**

There are a wide variety of support services available to the fellow. The Medical Center's excellent Medical Library has branches in two of the campuses. In addition to extensive journal and reference collections, the library provides the capacity for computer generated literature searches and is able to obtain materials from regional university libraries, the Harvard Medical School Library and other VA Medical Centers. The Medical Library is also able to locate and borrow video training materials.

The fellow has access to personal computers at all three Divisions. There are videotaping facilities, including four studios with observation windows, which allow the Fellow to make use of videotaped supervision.

If needed, childcare is available at the Tyke Site at the Brockton Division, the Tot Spot at the West Roxbury Division, and Small World at the Jamaica Plain Division. These are nondiscriminatory, nonprofit, on-site childcare facilities licensed to serve children between the ages of 15 months to 6 years of age. The goal of the centers is to encourage the social, emotional, physical, and intellectual development of each child in an informal setting. Children are allowed to learn at their own pace through

experience with a variety of concepts and materials. The centers also promote the growth of each child by placing emphasis on activity and a positive self-image.

### **Research Activities**

Research is an integral part of the overall VA Boston Healthcare System's mission and plays a key role in enhancing the healthcare services provided to our veteran population. The total Research and Development Program for the three campuses, Brockton, West Roxbury and Jamaica Plain, is one of the largest and most active in the VA system. In recent years, total intramural VA funding has been in the range of \$15 million. Extramural research funding from other federal agencies, such as NIH and DOD, private proprietary companies, voluntary agencies and foundations have added another \$10 - 12 million per year. As a referral center for neuropsychiatric disorders, the Brockton campus has major research efforts in the neurophysiology of mental illnesses, problems in alcoholism and sleep problems associated with many mental disorders. The research interests at the West Roxbury campus, as the acute tertiary care division, spans several fields, with a strong focus on gastrointestinal disorders, cardiology and cardiovascular diseases, hematology, pulmonary medicine, urology, neurology, and spinal cord injury. At the Jamaica Plain campus in conjunction with the Boston Outpatient Clinic, there are significant research projects on substance abuse, hemostasis, aphasia, language and memory disorders, PTSD, and infectious diseases, among others. Investigators at both the Brockton campus and the Jamaica Plain campus have been participating in a major VA cooperative studies trial on the National Health Survey of Persian Gulf War Veterans and their families. There are several special emphasis programs and research centers at the VA Boston Healthcare System, including the Massachusetts Epidemiology Research and Information Center, the Normative Aging Study, the Dental Longitudinal Study, NIDA/VA Medication Development Center, and two National Centers for PTSD. There are also several programs in the area of Rehabilitation Research and Development and Health Services Research and Development, with the VA's HSR&D Management Decision and Research Center, located at the Jamaica Plain Campus. There is very active participation on all campuses in many of the VA's Cooperative Studies Program multi-center clinical trials.

# Living Environment

The nature of the Greater Boston area and the location of the different Medical Centers provide the Fellow the opportunity to choose a variety of lifestyles and housing. The West Roxbury and Jamaica Plain divisions, several miles apart from one another, are within the city of Boston. The Brockton division is south of Boston along Route 24, a major highway connecting with routes to Cape Cod and other southeastern Massachusetts population centers, such as Fall River and New Bedford. The city of Providence, located less than an hour's drive, is accessible via major highways from either division. There is a shuttle service between the three Divisions that operates throughout the working day. It is possible for the Fellow to live in or close to Boston and be part of an urban lifestyle; housing costs in or near Boston are quite high. Moving out from Boston, the Fellow will encounter more affordable housing and a choice of city, small town, or rural settings.

No matter which setting the fellow chooses, the cultural, educational and recreational activities of Boston and New England are easily accessible. Boston, known for its arts, history and educational institutions, is little more than a half-hour from Brockton by car at non-peak hours. There are also many forms of public transportation available into the city. Commuter rail from Brockton to South Station in Boston started operation in September of 1998. It is easy to get in and out of Boston to see a play, visit a museum or experience the flavor of the city's diverse ethnic groups. The New England region is attractive, varied and readily accessible by car. The Berkshires, Cape Cod, Rhode Island, southern Maine, New Hampshire and Vermont are all easily visited as day trips. A trip to the beach, the mountains, Gillette Stadium (New England Revolution and New England Patriots), Fenway Park (Boston Red Sox), the Fleet Center (Boston Celtics and Boston Bruins), or Boston's many museums offers the Fellow an opportunity for a change of pace while staying close to home.

The fellowship year often means relocation not only for the Fellow but also for a partner. A wide range of educational opportunities are available at the many colleges and universities in the Greater Boston area, including Harvard University, Boston University, M.I.T., College of the Holy Cross, Boston College, Northeastern University, Clark University, Brown University, University of Rhode Island, and University of Massachusetts Boston. In addition to full-time study at the main campuses, there are many satellite, evening or part-time programs available. The job market is relatively good for significant others who may be looking for employment during the fellowship year.

# Hours, Stipend, and Benefits

Post-doctoral fellows must have graduated from a doctoral program in Clinical or Counseling Psychology that is accredited by the American Psychological Association. In addition, each fellow must have completed an internship that was accredited by the American Psychological Association. Those applying who have not yet completed their internship, or who do not possess their doctorate will not be admitted to the fellowship program.

- ♣ All fellows receive a full stipend no fellow is accepted on a Without Compensation (WOC) status.
- ♣ All fellows are admitted into the full-time training programs (September 1 through August 31).
- ♣ The Postdoctoral Fellowship requires 2080 hours for satisfactory completion of the program. This requirement meets both APA accreditation requirements, as well as fulfills the Commonwealth of Massachusetts' licensure requirements for supervised postdoctoral practice hours.
- ♣ The stipend, for one full year of training, is \$43,796 before taxes.
- Fellows are eligible for health insurance at a reduced cost.
- No funds are available for relocation.
- Faculty appointments at *Boston University School of Medicine and at Harvard Medical School* are anticipated by the end of the training year.
- ♣ Benefits include 10 paid holidays, 13 days of annual leave and, if needed, 13 days of sick leave. Finally, fellows are given up to 40 hours of paid educational leave to attend conferences, major professional meetings and symposia. Upon completion of the year of training, fellows are eligible to enter Federal Service at the grade of GS-12.
- ♣ The Federal Tort Claims Act applies to fellows regarding the practice of psychological services and their own personal injuries that occur while on the job at the VA.

## **APA Accreditation**

Continued VA funding of this Fellowship depends upon successful APA accreditation review. The VA Boston Psychology Postdoctoral Fellowship Training Program is accredited by APA, having received its accreditation in 2002. The next Site Visit is scheduled for 2008. The American Psychological Association is located at

750 First Street, NE, Washington, DC 20002-4242 Telephone: 800-374-2721; 202-336-5500 TDD/TTY: 202-336-6123

The Office of Program Consultation and Accreditation of the American Psychological Association can be reached at: Telephone: 202-336-5979 or Fax: 202-336-5978

The office of Program Consultation and Accreditation can be reached online at: <a href="https://www.apa.org/ed/accreditation">www.apa.org/ed/accreditation</a>.

# **Application Procedure**

To be considered for the Fellowship, the applicant must hold a doctoral degree \* in Clinical Psychology or Counseling Psychology from an APA approved graduate program and have completed an APA approved pre-doctoral internship. In addition, US citizenship is required.

Prospective applicants can apply to as many of the Fellowship training programs and tracks as they wish. The application procedure begins with a letter of interest. Your letter should describe:

- 1. the history of your interest in the specific area(s) of interest
- 2. any educational, clinical and research experiences relevant to the specific area(s) of interest
- 3. a self-assessment of your training needs
- 4. your personal goals for the fellowship
- 5. a statement of your career goals

If you are applying to more than one program or track, you should explain your reasons for each.

For *each* fellowship program in which you wish to be considered for admission, please submit the following materials:

- 1. The letter described above
- 2. Curriculum Vitae
- 3. Transcript of graduate work (indicating awarding date of doctoral-degree)
- 4. Three letters of recommendation one from a faculty member personally familiar with your graduate school performance and at least one from a primary clinical supervisor during the pre-doctoral internship.
- 5. Postdoctoral Fellowship Information Form Available on-line at <a href="http://www.va.gov/BostonPsychologyFellowship">http://www.va.gov/BostonPsychologyFellowship</a>.
- 6. A self-addressed, stamped postcard. This will be mailed back to you upon our entering your information in our database. Please note that it may take a few days after our receipt before your application is processed and the postcard mailed. Any questions about the *receipt* of your application should be directed to Dr. Lancey (<a href="mailto:stephen.lancey@va.gov">stephen.lancey@va.gov</a>) rather than the program or track directors.
- 7. We <u>strongly suggest</u> that interested applicants plan to have their materials arrive by January 15, 2008. However, we will continue to accept applications until each position is filled. We will be updating a table, like the one below, weekly indicating whether a track or program is still accepting applications. This table can be found on our website.

The materials should be sent to:

VA Boston Psychology Fellowship Program Psychology Service (116B) VA Boston Healthcare System 150 South Huntington Avenue Boston, MA 02130

Email: <u>stephen.lancey@va.gov</u>

Phone: (857) 364-5038 Fax: (857) 364-4408

Should applicants have any questions about psychology training at the postdoctoral level in general, or within VA Boston, you are encouraged to contact the track directors and/or program administrators. Names and email-addresses of these faculty can be found on the page immediately following the cover and on the table below.

Finally, applicants are reminded that they should feel free and are welcomed to contact the Fellowship Director to discuss any issue of relevance. Please contact Dr. Amy Silberbogen at <a href="mailto:amy.silberbogen@va.gov">amy.silberbogen@va.gov</a> or by phone at (857) 364-4707.

Applications will be reviewed by the training faculty, and selected applicants will be invited to visit the Medical Center for a personal interview. Interviews typically do not take place before February, but may in certain circumstances. Invitations for a personal interview will be made by the appropriate track or program director. The Fellowship Program will also notify candidates when a decision is made that we are unable to extend an interview offer. Until the Fellowship Program notifies an applicant of an interview offer or informs them that an offer will not be forthcoming, applicants should consider their candidacy to be active.

The Fellowship begins on September 1, 2008 and ends on August 31, 2009.

• Doctoral Degree Requirement: All offers of acceptance for a postdoctoral position within the VA Boston Psychology Postdoctoral Fellowship Program are strictly contingent upon an applicants' having completed all requirements (clinical, academic, and administrative) for the doctoral degree. Evidence that the degree has been awarded must be provided no later than July 1, 2008 in the form of a copy of the diploma or a written attestation of such from the Department Chair. If this requirement is not met, the applicant may request a 30-day extension. The Fellowship may or may not agree to the extension. If, at the end of the 30-day extension the applicant has not received the doctoral degree,

or if the Fellowship does not initially agree to the extension, the offer of acceptance is withdrawn and considered null and void. At such time, the search process is re-opened and the applicant may re-apply without prejudice. The search will continue until such time as the position is filled or is cancelled.

- One exception to this policy is in the case of an applicant who has completed all the requirements (academic and administrative, including dissertation) for the doctoral degree with the exception of an internship ending between July 1 and September 1. In such case, an extension will be granted.
- Fellows have raised the issue of a graduation date that occurs after the start of the fellowship year. Our policy has been that the completion of all academic (including acceptance of dissertation), clinical (including internship), and administrative (departmental chair approval) qualifies the candidate to begin the fellowship year.

Please review the following table carefully for important training program and contact information.

Clinical Psychology Training Program						
Track Name	Application Date	Applications Being Accepted	Questions? Contact:			
Geropsychology	January 15, 2008 or until positions are filled	Yes	Michele Karel, Ph.D. michele.karel@va.gov			
PTSD	January 15, 2008 or until positions are filled	Yes	Denise Sloan, Ph.D.  denise.sloan@va.gov  Eve Davison, Ph.D.  eve.davison@va.gov			
Substance Abuse	January 15, 2008 or until positions are filled	Yes	Deborah Brief, Ph.D. deborah.brief@va.gov			
Integrated Mental Health in Primary Care and Suicide Prevention	January 15, 2008 or until positions are filled	Yes	Sandra Morissette, Ph.D. sandra.morissette@va.gov			
Medical Psychology	January 15, 2008 or until positions are filled	Yes	DeAnna Mori, Ph.D. deanna.mori@va.gov			
Returning Veterans and Substance Use	January 15, 2008 or until positions are filled	Yes	Deborah Brief, Ph.D. deborah.brief@va.gov			

Neuropsychology Training Program							
Neuropsychology: Geriatric Emphasis	January 15, 2008 or until positions are filled	Yes	William Milberg, Ph.D., ABPP/cn wpm@bu.edu  Laura Grande, Ph.D. laura.grande@va.gov				
Neuropsychology: Polytrauma and Rehabilitation	January 15, 2008 or until positions are filled	Yes	William Milberg, Ph.D., ABPP/cn wpm@bu.edu  Laura Grande, Ph.D. laura.grande@va.gov				

Thanks for your interest in the VA Boston Psychology Fellowship Training Program!