

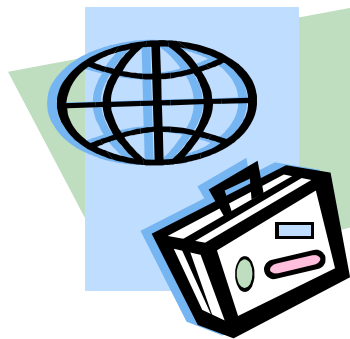
THE MEDIEVAL TIMES

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ARE YOU A GOOD WORLD CITIZEN? A LITTLE ADVICE FOR AMERICANS WHO TRAVEL ABROAD

FOX News recently published a story on its website, www.foxnews.com, about a pamphlet put out by a group called “Business for Diplomatic Action” which gives advice to Americans who travel overseas. The “World Citizens Guide” states that the 55-60 million Americans who travel abroad each year have an opportunity to change some of the so-called Ugly American impressions that far too many people in countries around the world have of us. The guide gives 25 simple suggestions which aim to both enrich your travel experience and change negative feelings about our countrymen into positives.



What are some of these tips? The very first sets a good tone for educating globetrotters from the U.S. “Look. Listen. Learn. New places mean new cultures and experiences. Don’t just shop. See the sights, hear the sounds, and try to understand the lives people live.”

Here is a little more of the collected wisdom:

- **Smile. Genuinely.** It’s a universal equalizer.
- **Think big. Act small.** Be humble. In many countries, boasting is considered very rude.
- **Be patient.**

- **Celebrate our diversity.**
- **Become a student again.**
- **Try the language.**
- **Refrain from lecturing.**
- **Be proud, not arrogant.**
- **Be quiet.**

- **Talk about something besides politics.**
- **Be safety-conscious, not fearful.**
- **Dress for respect.**
- **Keep your word.**

As we head into the summer travel season, whether you are heading back to the States or taking vacation time here in Estonia or other parts of Europe, keep the lessons learned in both your own journeys and in this little guide in mind. Also, teach your children the importance of being respectful while on the road. Your actions can and do make a difference in how people perceive our country.

You can download the full “World Citizens Guide” at www.worldcitizensguide.org.

COMPUTER Corner

Recovering from Viruses, Worms and Trojan Horses



Unfortunately, many users are victims of viruses, worms, or Trojan horses. If your computer gets infected with malicious code, there are steps you can take to recover.

How do you know your computer is infected?

Unfortunately, there is no particular way to identify that your computer has been infected with malicious code. Some infections may completely destroy files and shut down your computer, while others may only subtly affect your computer's normal operations. Be aware of any unusual or unexpected behaviors. If you are running anti-virus software, it may alert you that it has found malicious code on your computer. The anti-virus software may be able to clean the malicious code automatically, but if it can't, you will need to take additional steps.

What can you do if you are infected?

1. Minimize the damage - If you are at work contact the IRM section immediately. The sooner they can investigate and clean your computer, the less damage to your computer and other computers on the network. If you are on your home computer or a laptop, disconnect your computer from the internet. By removing the internet connection, you prevent an attacker or virus from being able to access your computer and perform tasks such as locating personal data, manipulating or deleting files, or using your computer to attack other computers.

2. Remove the mali-



icious code - If you have anti-virus software installed on your computer, update the virus definitions (if possible), and perform a manual scan of your entire system. If you do not have anti-virus software, you can purchase it at a local computer store or contact the IRM section for a Home Use version of Norton which includes a firewall. If the software can't locate and remove the infection, you may need to reinstall your operating system, usually with a system restore disk that is often supplied with a new computer. Note that reinstalling or restoring the operating system typically erases all of your files and any additional software that you have installed on your computer. After reinstalling the operating system and any other software, install all of the appropriate patches to fix known vulnerabilities.

How can you reduce the risk of another infection?

Dealing with the presence of malicious code on your computer can be a frustrating experience that can cost you time, money, and data. The following recommendations will build your defense against future infections:

1. Use and maintain anti-virus software -

Anti-virus software recognizes and

protects your computer against most known viruses. However, attackers are continually writing new viruses, so it is important to keep your anti-virus software current.

2. Change your passwords -

Your original passwords may have been compromised during the infection, so you should change them. This includes passwords for web sites that may have been cached in your browser. Make the passwords difficult for attackers to guess.

3. Keep software up to date - Install software patches so that attackers can't take advantage of known problems or vulnerabilities. Many operating systems offer automatic updates. If this option is available, you should enable it.

4. Install or enable a firewall - Firewalls may be able to prevent some types of infection by blocking malicious traffic before it can enter your. Some operating systems actually include a firewall, but you need to make sure it is enabled.

5. Use anti-spyware tools - Spyware is a common source of viruses, but you can minimize the number of infections by using a legitimate program that identifies and removes spyware.

6. Follow good security practices - Take appropriate precautions when using email and web browsers so that you reduce the risk that your actions will trigger an infection. As a precaution, maintain backups of your files on CDs or DVDs so that you have saved copies if you do get infected again.

You're invited to an evening of MURDER!

"The Last Gasp- A Victorian Murder Mystery Evening:" A Charity Event hosted by the Tallinn International Women's Club.

The International Women's Club of Tallinn will be hosting a "Mystery Dinner" on Friday 18 April at Sisalik Restaurant. Cost is 500 kr per person.

What is a murder mystery, you ask? A murder mystery is a fun-filled evening! We basically "act out" an Agatha Christie type of murder mystery trying to figure out who did it. Everyone is assigned a role- some are more involved, others require no acting at all. You don't have to stand up in front of everyone and say your lines (well- a few of us will have such roles, but most of you won't), all of the sleuthing is done by having conversations with others (during the welcome cocktail, during dinner, etc). How much you dress up and how much you act is all up to you. (But the sillier you get- the more fun you will have.)

So- don't be afraid- come join us for a fun-filled evening!
Please e-mail for more details or to register, board@iwct.ee .



UPCOMING Events in Tallinn

HIGHLIGHTS OF UPCOMING EVENTS IN TALLINN

From Now - May 31, 2008



Estonian National Opera; Estonia Avenue 4; Phone: 683 1201, website: www.opera.ee (please check the website for a complete listing)

Apr 04: "My Fair Lady" (Musical by F. Loewe)

Apr 10: "Swan Lake" (Ballet by P. Tchaikovsky/T. Härm)

May 17, 24, and 31: June 7 Opera Premiere: "Tristan and Isolde." This performance will only be shown on four weekends.

All events will begin at 7:00 pm unless otherwise noted.

Estonian Concert Hall; Estonia Avenue 4; Phone: 6 147 760, website: www.concert.ee (please check the website for a complete listing)

Apr 3: Estonian Music Days present: Youth Music Gala.

Various venues throughout Tallinn

Apr 3–10: Estonian Music Days 2008. Festival at various venues in Tallinn, Viljandi, and Narva. See www.helilooja.ee for details.

Apr 12–13: Antiques Fair. Recognized antiques dealers will attend, featuring paintings, coins, military antiques, etc. Tallinn Flower Pavilion (where the Marine Ball is held).

Apr 18 - 19: St. George's Day Fair in Old Town.

Apr 21 - 27: 19th Tallinn International Festival Jazzkaar 2008. For locations, artists, and times, visit www.jazzkaar.ee.

April 22: "Family," a drama at the Estonian National Puppet Theatre, Lai 1, 6:00 p.m. www.nukuteater.ee.

- International School of Estonia:
www.ise.edu.ee

- ISE's PTA Welcome Information:
www.ise.edu.ee/pta/info_packet_wholeframe.html

- For local movie listings:
www.superkinod.ee

- For local restaurant information, including online menus and ordering:
www.toit.ee

- For a listing of local concerts:
www.concert.ee

- For tourism info:

USEFUL TALLINN-RELATED WEB SITES

www.tourism.tallinn.ee

- For a schedule of fairs at the Convention Center complex:

www.fair.ee

- Local Golf Course:

www.egcc.ee

- Local businesses and other listings:

www.inyourpocket.com/estonia/tallinn/en

www.1182.ee

- International Women's Club:

www.iwct.ee

- Hash House Harriers Running Club:

www.hot.ee/harriers

- For local bus, tram, & trolley schedules:

www.tak.ee

- American Chamber of Commerce:

www.acce.ee

COMMUNITY Activities: Body, Soul, & Spirit



Places of Worship

- **Eesti Baptist**, Kentmanni 3a, in the lecture room. Services in English and Estonian on Sundays at 11:00 a.m. Additional events throughout the week, including youth activities on Friday nights. Call 5 373 7569 for more information. www.estonianbaptist.net.
- **Eleva Vee Kogudus (Living Waters Church)**, Merivalja tee 3 (Pirita). Tel.: 645-7677. Services Sunday mornings at 11:00 in English with Estonian translation. Classes for children and youth are offered. www.EVK.ee.
- **Estonian Jewish Center, Chief Rabbi Shmuel Kot**, 16 Karu Street, Tallinn, 10124 Estonia. Ph: 372-662-30-50, Fax: 372-662-30-01.
- **International Baptist Church of Tallinn**, Lai 50, in the vestry of the Oleviste Church. English services on Sunday at 17:00. Rev. Andrew Bunnell, 51 908 129 or andrewbunnell@att.net or Rev. Thomas Thompson, 5 348 9805 or Thomas.thompson@mail.ee.
- **International Community Church of Estonia**, Ravala Pst. 3, Radisson SAS, 24th Floor (Kesklinn). Services in English every Sunday at 11 a.m. www.churchofestonia.org. Classes for children are offered. Home cell groups are also available.
- **Mustamae Linnakogudus (Mustamae City Church)**, **NEW LOCATION!** Ravala Pst. 3, Radisson SAS, 2nd Floor (Kesklinn). Services Sunday evenings at 16:00 in English with Estonian translation. Classes for children are offered. www.mmlk.org.
- **Pühavaimu Kirik (The Holy Ghost Church)**, 2 Pühavaimu (Old Town). Tel.: 644-1487. Lutheran. Anglican services in English every Sunday at 15:00.
- **Religious Society of Friends (Quakers) Tallinn Worship Group**. Meetings for Worship in a member's home, every other week, usually on Sunday at 14:00. Contact: Anna-Leena Vierumäki at anna-leena@vierumaki.com. Everyone welcome!
- **Rooma-Katoliku Kirik (Peter and Paul Roman Catholic Church)**, 16 Vene. Tel.: 644-6367. Roman Catholic services available in Estonian, Polish, and Lithuanian. An English service is held every Saturday 18:00.
- **The Tallinn United Methodist Church**, Narva mnt. 51. Estonian service, Sunday 10:00; Russian service, Sunday 13:00. Tel.: 668-8477. <http://www.bmk.ee/tumc/index.htm>.
- **United Pentecostal Church**, Tulika Poik 4-228. Services are on Sundays at 3:00 p.m. Call Pastor Rick Reynolds at 5