

➤ University Children's Hospital (Bērnu Klīniskā Universitātes Slimnīca)

Address: Vienības gatve 45
Rīga, LV-1004
Telephone: +371 6761-2277
Fax: +371 6762-1568
Emergency: +371 6762-2267
Intensive Care: +371 6762-2927
Outpatient: +371 6761-1242

E-mail: amlbs@junik.lv
Website: <http://www.bkus.lv/> (Latvian only)

Personnel:

<u>Position</u>	<u>Name</u>
Director / Pediatric Surgeon	Dzintars Mozgis
Physician in Charge / Pediatric Surgeon	James Rozitis
Anesthesiology	Edgars Putka
Anesthesiology	Aleksejs Mihejevs
Dermatologist	Ludmila Cigorevska
Electrocardiography	Juris Lejas-Sauss
Endoscopy	Inese Riksa
Gastroenterology	Iveta Dzivite
Gastroenterology	Ieva Eglite
Haematology	Zanna Kovajova
Haematology	Irena Voitovica
Haematology	Anita Andrejeva
Infectology	Prof. Dace Gardovska
Infectology	Dzintra Celmina
Infectology	Ilza Grope
Infectology	Girts Breicis
Intensive Care	Vilnis Grinbergs
Intensive Care	Ivars Jegers
Intensive Care	Jekabs Krastins
Intensive Care	Arta Barzdina
Micology	Sandra Vaivode
Neonatology	Doc. Daiga Kviluna
Neonatology	Dace Tropa
Neonatology	Irisa Vilcina
Neonatology	Dina Sviridova
Neonatology	Ilona Jakubovska
Neonatology	Jelena Ambalova
Nephrology	Vladimirs Strazdins
Nephrology	Ineta Sosare
Neurology	Aleksandrs Kovaldins

Neurology	Guntis Rozentals
Ophtalmology	Sandra Valeina
Ophtalmology	Antra Treija
Ophtalmology	Ildze Hercoga
Ophtalmology	Aiga Zorgevica
Ophtalmology	Arita Danilane
Otorhinolaryngology	Askolds Akers
Pediatric	Vija Rimsa
Pediatric	Maris Svare
Pediatric Surgeon	Prof. Aigars Petersons
Pediatric Surgeon	Arnis Engelis
Pediatric Surgeon	Olafs Volrats
Pulmonology / Alergology	Ieva Cirule
Pulmonology / Alergology	Doc. Vija Svabe
Rheumalogy	Andrejs Scegojevs
Traumatology / Ortheptic	Prof. Aleksandrs Zakis
Traumatology / Ortheptic	Ernestis Stekels
Urology	Ilona Alova

☛ **Childrens Clinic “Gailezers”**

Address: Juglas street 20
Rīga, LV-1079
Telephone: +371 6753-6869
Fax: +371 6753-6515

E-mail: bsg@bsg.lv

Personnel:

<u>Position</u>	<u>Name</u>	<u>Contact info</u>
Medical Director, General Pediatrics	Lauma Cipele	6753-5833, 6753-6869, 2945-9668
Cardio Surgery	Prof. Aris Lacis	6753-6187
Cardiologist	Vita Zidere	6753-6987, 6753-6187
Endocrinologist	Irena Rinkuza	6753-6405
General Pediatrics	Ina Freidenfelde	6753-6459
General Pediatrics / Psychiatrist	Ilona Brivmane	6753-6912
Neonatalogist	Jevgenija Livdane	2644-3274
Neonatalogist	Anda Kimene	6753-6664
Neonatalogist, Cardiologist, General Pediatrics	Inguna Lubaua	6753-6987
Psychiatrist	Dr. Kisuro	6753-9660
Psychiatrist	Dr. Setins	6753-9660

📍 Diplomatic Service Medical Centre (Diplomātiskā Servisa Medicīnas Centrs)

Address: Elizabethes street 57, Floor 4
Rīga LV-1050
Telephone: +371 6722-9942, +371 6728-0352
Fax: +371 6762-1568
Emergency: +371 6752-0930, +371 6752-0152 (night time or holidays)

E-mail: dsmc@navigators.lv
Website: <http://www.dsmc.lv/eng/index.htm>

Hours: Mon-Fri 8:00am - 8:00pm; Sat 9:00am - 3:00pm
Summertime (June 1 - August 30): Mon-Fri 8:00am - 7:00pm

Personnel:

<u>Position</u>	<u>Name</u>
Cardiologist	Viktors Jolkins
Chiropractician	Aleksandrs Markovskis
Dental Hygienist	Iveta Krapane
Dentist	Dina Ginzburga
Dentist	Airisa Zidere
Dermatologist	Astrida Krakope
Dietologist	Andis Bremanis
Family Physician	Andra Ergle
Family Physician	Pauls Vaivods
Family Physician	Silvija Lejniece
Family Physician	Inese Legzdina
Gynecologist	Aija Tula Rijukure
Gynecologist	Gunta Grinberga
Gynecologist	Dita Baumane
Gynecologist	Melanija Orleana
Massage Therapist	Laila Roga
Massage Therapist	Nellijs Millere
Massage Therapist	Launa Krontale
Neurologist	Iveta Zeberga
Osteoreflexo Therapist	Baiba Livina
Pediatrician	Prof. Ingrida Rumba
Traumatology and Orthopedics	Juris Jukonis
Urologist	Dainis Gilis
Nurse, Vaccination	Gundega Kardele
Nurse, Vaccination	Ilze Bolsteina
Nurse, Vaccination	Edite Lazdane

➤ Private clinic

Address: Stabu street 52a - 3

Rīga, LV-1011

Telephone: +371 6729-9896

Fax: +371 6784-2815

E-mail: mmkl@one.lv

Personnel:

<u>Position</u>	<u>Name</u>
Gynaecologist / Infertility	Ilze Ligere
Gynaecologist / Surgeon	Dace Melka
Gynaecologist / Ultrasonography	Dace Matule
Gynaecologist / Ultrasonography	Inese Zalamane
OB/Gyn	Natalya Kalashnikova

➤ Dr. Viesturs Liguts

Address: Elizabetes street 2
1st floor (Dr. Livija Caune's office)

Rīga

Telephone: +371 6913-2468

Intensive therapist / Anesthetist

➤ I.Katlapa's private clinic (I.Katlapas privātp prakse)

Address: Brīvības street 73
Rīga
(Entrance from Bruninieku street)

Telephone: +371 6731-6362

Personnel:

<u>Position</u>	<u>Name</u>
Child Gynaecologist	Ilona Auzina
Dermatoveneral Disease Specialist	Inara Ancupane
General Practitioner / Pulmonologist	Ilga Krievina
Gynaecologist	Ilze Katlapa
Gynaecologist / Ultrasonography	Inara Kalke
Psychiatrist	Biruta Kupca
Surgeon / Oncologist	Sarmite Baltkaja
Surgeon / Oncologist	Maija Busmane
Surgeon / Proctologist	Aija Kusmane

☛ **Paula Stradiņa University Hospital (Paula Stradiņa Klīniskā Universitātes Slimnīca)**

Address: Pilsõnu street 13
Rīga, LV-1002
Telephone: +371 6706-9602, +371 6706-9617
Fax: +371 6706-9616

Website: <http://www.stradini.lv/lat/par.php?id=jaunumi> (Latvian only)

One of the biggest hospitals in Rīga. Many doctors who speak English.

☛ **Hospital "Gaiļezers"**

Address: Hipokrāta street 2
Rīga, LV-1038
Telephone: +371 6704-2424, +371 6704-2444
Fax: +371 6753-9524

Website: <http://www.gailles.lv/engmain.htm>

Personnel:

<u>Position</u>	<u>Name</u>
Roberts Stasinskis	Anaesthetist
Viktors Jolkins	Cardiologist
Renate Renemane	Gynaecologist
Andrejs Spandegs	Internist
Andra Kapeniece	Internist
Dzintra Krastina	Nephrologist
Liene Jacevica	Nephrologist
Evija Miglane	Neurologist
Ieva Paegle	Neurologist
Inta Gotliba	Neurologist
Ilga Kikule	Neurologist
Guntis Karelis	Neurologist
Janis Ozolins	Neurosurgeon
Karlis Bicans	Neurosurgeon
Aina Putnina	Neurosurgeon
Valdis Keris	Neurosurgeon
Juris Dzelzitis	Neurosurgeon
Raimonds Bricis	Neurosurgeon
Henrijs Ozolins	Neurosurgeon
Ingus Garsa	Neurosurgeon
Daina Apskalne	Oncologist

Ieva Trezina	Ophthalmologist
Gaida Krumina	Radiologist
Aigars Kiecis	Radiologist
Andris Norko	Radiologist
Janis Upmalis	Radiologist
Tatjana Ozola	Radiologist
Ardis Platkajis	Radiologist
Valdis Akuraters	Radiologist
Daina Rozkalne	Reanimatologist
Irena Leite	Reanimatologist
Indulis Brutans	Reanimatologist
Vija Raudzena	Reanimatologist
Janis Katlaps	Surgeon
Peteris Gerke	Surgeon
Maris Ligers	Surgeon
Vitalijs Zvirgzdins	Surgeon
Vineta Liepa	Surgeon
Ints Udrs	Surgeon
Kaspars Straudzs	Surgeon
Edmunds Jansons	Therapist
Ruta Stana	Transfusiologist

➤ **ARS Clinic**

Address: Skolas street 5
Rīga, LV-1050
Telephone: +371 6720-1028
Website: <http://www.ars-med.lv/start.php?lang=en>

➤ **Sirowa Dental Clinic**

Address: 16 Katrīnas dambis
Rīga, LV-1045
Telephone: +371 6709-8269
Website: <http://www.sirowaclinic.lv/>

➤ **State Disaster Medicine Center (Katastrofu Medicīnas Centrs)**

Address: Pilsonu street 13 (Rīgas P. Stradiņa Slimnīca)
Rīga, LV-1012
Telephone: +371 6761-1045, +371 6761-1056
Paid consultations: +371 9000-2626
Fax: +371 6761-5719

Website: <http://www.kmc.gov.lv/en/>

☛ **Latvian Red Cross**

Address: Skolas street 1
Rīga, LV-1050
Telephone: +371 67633-6651, +371 6733-6652
Fax: +371 6733-6651

Website: <http://www.redcross.lv/aktualitates.php?lang=lv> (Latvian only)

☛ **World Health Organization**

Address: UN House, Pils street 21
Rīga, LV-1050
Telephone: +371 6750-3619
Fax: +371 6750-3603

E-mail: who@undp.riga.lv

Website: http://ano.deac.lv/html_e/index_02_12.htm

☛ **Resource Center for Women "Marta"**

Address: Brīvības street 183/2-30
Rīga, LV-1012
Telephone: +371 6737-8539

Website: <http://www.marta.lv/new.php?lang=en>

☛ **Center against abuse "Dardedze"**

Address: Cieceres street 3a
Rīga, LV-1002
Telephone: +371 6760-0686
Fax: +371 6761-2614

Website: <http://www.centrsdardedze.lv/>

☛ **Crisis Centre "Skalbes"**

Address: Kungu street 34
Rīga, LV-1050
Telephone: +371 6722-2922

Website: <http://www.skalbes.lv/?lp=&lang=en>

 **Gaia Center**

Address: Skolas street 1a
Rīga

Website: <http://gialatvia.com>

Personel:

<u>Position</u>	<u>Name</u>	<u>Contact info</u>
Psychotherapist	Ivars Ozolins	+ 371 2669-7333
Psychotherapist	Maija Ozolina	+371 2820-6721