



Reliable Resources on Head/Brain Injury

A head or brain injury can be caused by any blow or jolt to your head that is hard enough to upset the way your brain usually works. Not every blow causes damage. You do not need to be knocked out to get a head injury. The resources listed below can help you find quality information on the topic. And remember that your VA Librarians can help you find the health information you need.



Books

Mason, Michael Paul. **Head cases: stories of brain injury and its aftermath.** Farrar, Straus and Giroux, 2008. ISBN 0374134529.

Crimmins, C.E. **Where is the mango princess?** Vintage Books, 2000. ISBN 0375704426

Camp, Dora. **Brainstorming: life after acquired brain injury.** Cypress House, 2005. ISBN: 1879384639.

Mason, Douglas J. **The mild traumatic brain injury workbook: your program for regaining cognitive function & overcoming emotional pain.** New Harbinger Publications, 2004. ISBN: 1572243619.

Calderwood, Lynsey. **Cracked: recovering after traumatic brain injury.** Jessica Kingsley Pub., 2003. ISBN: 1843100657

Bach, Laura. **Pook the Hamster Wants to Know What Happened to Ben And Lucy's Dad.** Virginia Commonwealth University, PO Box 980542, Richmond VA 23298. 804-828-9055 (<http://www.neuro.pmr.vcu.edu>). **For ages 8 through 11.** Item # POOK. \$15.00

Brain Injury Association of America. **Why Did It Happen On A School Day? My Family's Experience with Brain Injury.** **Reading level: For children.** Brain Injury Association of America, 8201 Greensboro Dr., Suite 611, McLean, VA 22102. 703-761-0750 (<http://www.biausa.org/>).

Denton, Gail L. **Brainlash: Maximize Your Recovery from Mild Brain Injury (Paperback).** 392 pages. Demos Medical Publishing, 2008. ISBN 1932603409

Johnson, Glen. **Traumatic Brain Injury Survival Guide.** Online at <http://www.tbiguide.com/>.



Videos

To Iraq and back: Bob Woodruff reports. ABC News, 2007. (DVD); also may be seen online at <http://abcnews.go.com/WNT/WoodruffReports/>.

Traumatic Brain Injury Video

<http://www.craighospital.org/Video/TBI.asp>

Pictures

Interactive Tutorial of the Brain

http://www.brainumor.org/patient_info/Surviving/brain_anatomy/index.html



Brain Maps

http://www.biausa.org/Pages/brain_maps.html



Web Information

National Center for Injury Prevention and Control: Traumatic Brain Injury (TBI)

<http://www.cdc.gov/ncipc/tbi/TBI.htm>

Mayo Clinic: Concussion

<http://www.mayoclinic.com/print/concussion/DS00320/DSECTION=all&METHOD=print>

National Institute of Deafness & Other Communication Disorders: Traumatic Brain Injury: Cognitive and Communication Disorders

<http://www.nidcd.nih.gov/health/voice/tbrain.asp>

MedlinePlus: Head and Brain Injuries

<http://www.nlm.nih.gov/medlineplus/headandbraininjuries.html>

Preventing Traumatic Brain Injury in Older Adults

http://www.cdc.gov/braininjuryinseniors/images/pdfs/PreventingBrainInjury_Booklet_508_080227.pdf



Associations

Brain Injury Association of America

<http://www.biausa.org/>

Defense and Veterans Brain Injury Center

www.dvbic.org

North American Brain Injury Society

www.nabis.org

Craig Hospital

<http://www.craighospital.org/TBI/>

Defense and Veterans Brain Injury Center

<http://www.dvbic.org/>

National Resource Center for Traumatic Brain Injury

<http://www.neuro.pmr.vcu.edu/>

The Perspectives Network

<http://www.tbi.org/>

The Consumer Health Library Panel (CHLP), a group of professional librarians from the VA Library Network, works to promote the role of librarians and knowledge based information in consumer health education, resulting in improved health outcomes. The use of available, accessible knowledge based information and services enable patients and/or family members to participate actively in their self-care and in the shared decision making process. You can find other information from the CHLP on the web at <http://www1.va.gov/VALNET/page.cfm?pg=19>.