

Front Cover Page

An “**Infection: Don’t Pass It On**” image logo leads off this page with a sub title of “**A VA Campaign for Public Health.**”

The left margin has the text label “Resource Materials” on it.

The front cover has three images of posters including one on “Health Alert”, “Vaccination Time” and “Break the Germ Cycle”. The cover also includes two example brochure images including one on “Pandemic Flu” and one Spanish brochure on “Home Care Guide for Flu”. One “Ask Me about Flu Vaccination” button image is also included on the front cover.

There is a Department of Veterans Affairs logo at the bottom right of the front cover.

Inside Front Cover Page

The page is divided into a left and right frame. On the left frame we begin with the title:
“**INFECTION: DON’T PASS IT ON**” WITH A SUBTITLE OF “*A VA CAMPAIGN FOR PUBLIC HEALTH*”

OCTOBER 2008

Infection: Don’t Pass It On (IDPIO) is an ongoing public health campaign to involve VA staff, veterans, their families and visitors in preventing the transmission of infection. The campaign develops and distributes education and communication resources for the VA community that promotes:

- hand hygiene and respiratory etiquette,
- annual seasonal influenza vaccination,
- correct and appropriate use of personal protective equipment,
- pandemic influenza preparedness and response, and
- basic public health measures to prevent transmission of infection.

The resources in this catalog are targeted toward several types of audiences and are designed to be utilized throughout the VA health care system. Hang posters in staff areas, clinic waiting areas or restrooms. Staff can wear buttons to communicate messages about hand hygiene or seasonal influenza vaccination. Use stickers to support those who got their flu shot. Use and share these resources to help prevent the spread of infection.

How to order IDPIO resource materials

1. Go to the VA Learning Management System (LMS) at www.lms.va.gov.
2. Log into LMS.
3. Search CATALOG by typing in “IDPIO” in the search catalog field at the top of page.
4. Select IDPIO: Infection Don’t Pass It On from the search results. Order form document.
5. Scroll done to RELATED DOCUMENTS and click to expand.
6. Select IDPIO: Infection Don’t Pass It On & Flu Resources Documents. This document displays all printed posters, brochures and other IDPIO educational resources available for order. Note the product titles and EES order numbers for each.

You may wish to print this document as you’ll need all this information to complete your order.

7. Return to RELATED DOCUMENTS by minimizing the resources list.
8. Select the ORDER THIS PRODUCT button to place an order.

9. Fill in all of the required IDPIO Order Form information found in the body of the Outlook e-mail message. This information will be transmitted directly to the EES Distribution team via Outlook email for processing. List all product titles, order numbers and quantities separately for each product you order.
10. After the form has been completely filled, complete your product order by clicking on the SEND BUTTON

Note: The EES Distribution team will not deliver to home addresses. The request must come from a VA e-mail address to be received and processed. Orders are shipped within 3-5 business days unless otherwise specified in the special instructions.

Intranet sites

vaww.vhaco.va.gov/phshcg/InfectionDontPassItOn/

vaww.vhaco.va.gov/phshcg/Flu/

Internet sites

www.publichealth.va.gov/InfectionDontPassItOn/

www.publichealth.va.gov/Flu/

To order free print copies of these resources visit: <http://www.lms.va.gov>

On the right frame of this page we have the table of contents. We begin by an image of the “Infection: Don’t Pass It On” logo.

CONTENTS

Page 1: HAND HYGIENE

Page 4: RESPIRATORY HYGIENE

Page 5: INFLUENZA

Page 8: PERSONAL PROTECTIVE EQUIPMENT (PPE)

Page 9: RESOURCES IN SPANISH

To order FREE print copies of these resources, follow the instructions on this page and visit www.lms.va.gov. For questions, email publichealth@va.gov.

The VA logo then follows at the bottom right on this page.

PAGE 1

The right hand margin labels this section “Hands Hygiene”.

Hands 2: F60627 Image

This poster has a hand giving the sign for the saying “live long and prosper.” Clean your hands! It’s logical! Use an alcohol-based hand cleanser. It only takes 30 seconds. It can save lives.

Hands 8: F60626 Image

This poster’s heading is, clean your hands. Also, the poster says, clean hands often with alcohol-based hand cleaner. Rub hands well until completely dry. Or, use antimicrobial soap and warm water when hands are visibly dirty, lather over hands fingers, and nails, rinse hands completely, dry hands with paper towel or air dryer, turn off water with a paper towel, not bare hands.

Hands 11: F60625 Image

This poster has an alcohol-based hand rub dispenser, dispensing a drop of soap onto a pair of hands. It’s easy to use an alcohol-based hand rub to kill the pathogens on your hands. Alcohol-based hand rubs also cause less irritation than

soap and are quicker to use.

Hands 12: F60624 Image

There are four pairs of hands formed into a square on this poster. Three out of the four pairs of hands are a solid color; the pair of hands on the top of the square is white. In bold letters, the heading says, break the germ cycle. Below the hands says, stop the spread of germs from patients, staff, family, and others.....Clean your hands!

Hands 13: F60623 Image

This poster has a hand holding a stop watch. The text says, stop spreading germs in seconds! Clean your hands!

Hands 19: F60622 Image

On this poster there are five different horizontal stripes. The first stripe says things we have a hard time telling people but they'd want to know anyway... The second one has a picture of a man yelling, and next to him says, your fly is open. The third one has a picture of broccoli, and next to the image says, you have broccoli on your teeth. The fourth one has a picture of socks, and next to the picture says, I like how you used two different color socks today. And the last stripe says, I think you forgot to clean your hands, would you please use the alcohol rub?

Hands 21: F60621 Image

In the center of this poster is a picture of a glass of orange juice with a sliced orange next to it. Above the picture is text which says, the juice is worth the squeeze. Below the picture is text saying, the extra effort you put forth to always decontaminate your hands before and after touching a patient is worthwhile. Decontaminate your hands!

Hands 27: F60620 Image

This poster looks like a multiple choice question on a test. The heading in bold letters says a quick test. The question below says, a colleague or a patient asks, "Did you clean your hands?" The best response is: A) "Thank you! I did." B) "I forgot-but thanks for reminding me!" C) "Who are you-the JCAHO inspector?" D) Just look at the person like he/she is a total moron. Below the choices it states that the correct answers are A or B. At the bottom of the poster is a picture of a hand, and in the palm of the hand it says, remember, clean hands save lives.

Hands 29: F60619 Image

This poster talks about the CDC guidelines on hand decontamination for patient care. In the first paragraph it talks about how to use an alcohol hand rub. It says to apply the alcohol hand rub to your palm and rub your hands together, until your hands are dry. The second paragraph talks about how to use antimicrobial soap. It says to, wet your hands first, apply the soap to your hands and rub for at least 15 seconds. Rinse hands with water, and dry thoroughly. Avoid the use of hot water; exposure to hot water can increase the risk of dermatitis. Also, on the poster there are two pictures demonstrating these actions.

This ends page 1 with a note to order free print copies of these resources visit <http://www.lms.va.gov/>.

PAGE 2

The left hand margin labels this section "Hand Hygiene".

Hands 30: F60618 Image

This poster asks the question, what are the top ten carriers of infectious agents? Below the question is a pair of hands with its thumbs pointing in toward each other. Each finger tip has a number, the number one is on the pinky finger of the left hand, and each finger after that goes up by one, which leaves the pinky finger of the right hand with the number ten. Below the hands says, use an alcohol hand rub or antimicrobial soap to decontaminate your hands.

Hands 32: F60617 Image

This poster is entitled "When Should You Clean Your Hands?" It has two embedded images within it. The first

image shows someone getting soap for their dirty hands and the second image showing someone washing their hands. It then has text that describes when to clean your hands before you touch a patient, don sterile gloves and before eating. It also tells you to clean your hands after you touch a patient, remove your gloves, hands become visibly soiled or after using the restroom.

Restroom 1: F60604 Image

This poster is about bathroom rules which include two phrases entitled “Always Flush” and “Always Wash Your Hands”.

Restroom 2: F60603 Image

This poster has the first part of text in blue stating “After Using the Bathroom” and then in red “Wash Your Hands”. It also shows someone watching their hands.

Restroom 4: F60602 Image

This poster has a picture of a toilet with words in blue of “What’s the Rush?” and “Remember to Flush!” at the top. In red text at the bottom is the text “And, Wash Your Hands!”

Hands 37: F60616 and F60687 (24 x 31 inch size)

This poster has a heading written in red, which says patients and visitors. In the background, there is a picture of doctor’s hands holding a stethoscope. Below the picture there is text which says, it’s okay to ask health care providers if they have cleaned their hands.

The last image on this page begins the Brochure section.

GEN AUD 7: F60754 Image

This brochure is entitled “VA Wants You to Clean Your Hands” with an image embedded on this brochure of someone washing their hands.

This ends page 2 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Page 3

On the right margin we have a small image of the “Infection: Don’t Pass It On” logo and the label Hands Hygiene.

Wash 1: F60608 Image

This poster has a picture of a hand, with five different arrows pointing at different places on the hand, telling you where to wash thoroughly. One points to the fingers, one points to between the fingers, one points to the palms, one points to the wrists and the last one points to the back of the hands.

Wash 6: F60607 Image

This poster goes through the steps to washing your hands. The first is to make lather with soap and water. The second is to rub palms, back of hands, and between fingers. The third is to rub for 15 seconds. And the fourth is to rinse and dry well. Also, each step has a picture to show you what the text means.

Wash 9: F60606 Image

This poster is for patients and visitors. It says to wash your hands before eating or preparing food and, before caring for someone sick. Then it says to wash your hands after going to the bathroom, caring for someone sick, blowing your nose, coughing or sneezing, touching garbage, handling raw meat and, touching an animal.

Wash 10: F60605 Image

This poster is for patients and visitors; it has a big picture in the center with 6 pairs of hands washing their hands.

At the top it says, wash your hands before eating or preparing food or caring for someone sick. At the bottom it says, after, going to the bathroom, caring for someone sick, blowing your nose, coughing or sneezing, touching garbage, handling raw meat and, touching an animal.

Wash 11: F60691 Image

This poster has pictures of couples, families and friends, and it says, we're counting on you to clean your hands.

Prevent 14: F60609 Image

At the top of this poster it says, keep veterans healthy. In the center there is the symbol for the department of veteran's affairs. And at the bottom of the poster it says, clean your hands, cover your coughs and sneezes.

Prevent 16: F60689 Image

This poster talks about germs, how you can slow the spread of germs and, it gives examples of surfaces to keep clean. Germs are in the air and on surfaces we touch. Germs most often get into our bodies through the air or from our hands. You can slow the spread of germs by staying home when sick, cover your coughs and sneezes and, clean your hands. Surfaces you need to keep clean include, phones, countertops, TV remotes, door handles, computer keyboard and mouse and, light switches. This poster also includes pictures of a person making a face like he/she is in pain, a hand grabbing a tissue and, a hand about to grab a door knob.

Resident 2: F60601 Image

This poster has text at the top entitled "Residents and Visitors:" followed by text at the bottom which says "It's okay to ask health care providers if they have cleaned their hands." A picture of a resident is washing their hands in the center of the poster.

Resident 3: F60600 Image

This poster has small cartoon images of germs on it with the bold blue text targeted at "RESIDENTS" to stop germs, cover coughs and sneezes and wash hands often.

This ends page 3 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Page 4

On the left margin we have a small image of the "Infection: Don't Pass It On" logo and the label Respiratory Hygiene.

Prevent 7: F60546 Image

This poster which is entitled "Cover Your Coughs and Sneezes" has several cartoon characters does just that with the text to clean your hands often and when needed wear a mask to protect yourself and others from germs.

Prevent 8: F60611 Image

This poster has the word stop written in big, bold letters at the top. The poster says, don't spread germs, cover your coughs and sneezes and, clean your hands often. The poster also has pictures of animated germs.

Prevent 14: F60609

At the top of this poster it says, keep veterans healthy. In the center there is the symbol for the department of veteran's affairs. And at the bottom of the poster it says, clean your hands, cover your coughs and sneezes.

Prevent 16: F60689 Image

This poster talks about germs, how you can slow the spread of germs and, examples of surfaces to keep clean. Germs are in the air and on surfaces we touch. Germs most often get into our bodies through the air or from our hands. You can slow the spread of germs by, staying home when sick, cover your coughs and sneezes and, clean your hands. Surfaces you need to keep clean include, phones, countertops, TV remotes, door handles, computer keyboard and mouse and, light switches. This poster also includes pictures of a person making a face like he/she is in pain, a hand grabbing a

tissue and, a hand about to grab a door knob.

Resident 3: F60600 Image

This poster has small cartoon images of germs on it with the bold blue text targeted at “RESIDENTS” to stop germs, cover coughs and sneezes and wash hands often.

Respiratory 1: F60612 Image

At the top of this poster it says, don’t kiss me if you have a cold, flu, or fever. In the center there is an animated picture of a person in bed. Below the picture it says to cover your mouth when you cough or sneeze, dispose of tissue in the trash, clean hands often with alcohol-based cleaners or soap and water, avoid close contact with others and, stay home if you can.

Prevent 13: F60610 Image

This poster says health alert in large letters at the top. Beneath that, it says, coughing spreads germs. Protect yourself and others. There are also three different pictures. The first one is a woman covering her cough, the second one is of a woman putting on a face mask and the third one is of a pair of hands dispensing soap.

This ends page 4 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

PAGE 5

On the right margin we have a small image of the “Infection: Don’t Pass It On” logo and the label Influenza.

Flu 1: F60535 Image

This poster has a picture of a man and his baby. He is saying that staying healthy is important to him. He goes on to say that his doctor said that he should get a flu shot to protect himself and the ones that he loves, so he did!

Flu 2: F60536 Image

This poster shows a woman saying, at 65 I’m healthy, active and feel good. I want to stay that way. I get my flu shot every year.

Flu 3: F60537 Image

This poster shows a doctor saying, if you’re 65 or older, you should be among the first to get a flu shot every year. The poster gives the fact that the flu kills 36,000 people each year, most are 65 and over. At the bottom of the poster it says to stay healthy and strong. Get a flu shot.

Flu 4: F60538 and F60547 (24 x 31 inch size) Image

This poster says get the flu shot, all along the outside of the poster are pictures of people doing different activities. In the center of the poster it says, the reasons are all around you.

Flu 5: F60539 Image

This poster talks about the flu. The flu is still spreading, flu season can last into springtime. In the center of the poster it says, flu shots are available here. Below that it says, protect yourself and your loved ones from flu and other germs by, keeping your hands clean, covering your sneezes and coughs and, getting a flu shot. There are also animated pictures to go along with this poster.

Flu 6: F60540 Image

This poster has four symbols for the Department of Veterans Affairs on the left hand side. On the right it says, keep veterans healthy. Clean your hands, cover your coughs and sneezes and, get your flu shot.

Flu 7: F60541 Image

This poster has a large picture of Uncle Sam in the center. Above him it says, do your part to keep veterans

healthy. Cover your coughs and sneezes, clean your hands. Below him it says, ask about your flu shot.

Flu 8: F60542 Image

This poster has a picture of five doctors. There is a question at the top saying are you ready? The poster talks about how an annual flu shot can protect you, and prevent you from giving the flu to your patients, colleagues and your family. The flu vaccine is the best way to prevent influenza hospitalizations and deaths. The poster also says to promote the flu vaccine throughout the influenza season. October and November are the best months to be vaccinated.

Flu 9: F60615 Image

This poster shows a doctor wearing a mask. When you are caring for a patient with suspected or confirmed influenza, remember to: Place the patient in a private room, if one is not available, contact your facility's control professional. Wear a mask before entering a patient's room. Remove the mask when leaving the room and dispose of the mask in a regular trash container. Have the patient wear a mask when being transported.

This ends page 5 with a note to order free print copies of these resources visit <http://www.lms.va.gov/>.

Page 6

On the left margin we have a small image of the "Infection: Don't Pass It On" logo and the label Influenza.

Flu 10: F60614 Image

The heading on this poster says, infection control management of patients with suspected or confirmed influenza. Symptoms of influenza are having a fever of equal to or greater than 100 degrees F, cough, muscle aches, headache, or sore throat. The poster goes on to say that outpatients should, post signs reminding everyone to practice hand hygiene, provide alcohol-based hand rubs, offer a mask and tissues to patients with coughs, segregate patients with cough or fever. Inpatients should, place patient in a private room, post a droplet precaution sign outside the door, follow droplet precaution sign instructions.

Flu 11: F60613 Image

This poster shows rows of animated people all holding hands. The heading says, we're all in this together, stop flu from spreading. The bottom of the poster says, cover your cough or sneeze, clean your hands.

Flu 12: F60544 Image

This poster has a photo of four doctors. The heading says, vaccination time. The poster goes on to talk about how influenza season is here and that you should get your influenza vaccination, doctors should vaccinate their patients, to protect their community.

Flu 13: F60690 Image

This poster talks about the differences between seasonal flu and Pandemic flu. With seasonal flu, outbreaks occur mostly during the winter, not everyone that gets sick will have to go to the hospital, healthy adults usually don't have to go to the hospital, a flu vaccine is made each year that works well to stop the virus, it takes about 2 days to get sick after contact with the seasonal flu virus. You can slow the spread of germs by staying home when sick, covering your coughs and sneezes and by cleaning your hands. Pandemic flu does not happen often, it is a new virus so many people are likely to get sick after being exposed, people of any age can get very ill, a vaccine may not be available when pandemic flu first breaks out, and no one knows how long it takes for someone to get sick after being in contact with it.

Flu 14: F60692 Image

This poster talks about the differences between a cold and the flu. The differences are that you will not get a fever with a cold, it is uncommon to get the chills with a cold, it is uncommon or mild to get muscle aches or pain with a cold, it is uncommon to get a headache with a cold, you will sometimes get tired and weak with a cold, it is common to get a cough with a cold, it is common to sneeze with a cold and sometimes common with the flu, it is common to have a stuffy

nose with a cold, and sometimes common with the flu, it is common to have a sore throat with a cold, and sometime with the flu, it is sometimes common to have chest discomfort with a cold, and is common with the flu. This poster also talks about how to prevent the spreading of colds or the flu. You have to keep your hands clean, cover your coughs and sneezes, keep surfaces clean, stay home when sick and get vaccinated for the flu.

Flu 15: F60725 Image

This poster shows four pregnant women standing next to one another. Above them it says, doctors recommend that you get a flu shot. Being pregnant increases your risk of getting very sick from the flu. Stay healthy during your pregnancy. Get vaccinated. Below the women states that studies have proven that getting the flu shot is safe for pregnant women.

Flu 16: F60728 Image

This poster has a picture of a doctor on it. The doctor is saying that, if you have a chronic health condition, you should be among the first to get a flu shot every year. This poster also says that on average, the flu kills 36,00 people each year in the U.S. Chronic health conditions include asthma, kidney disease, diabetes, heart disease, lung disease, chronic bronchitis, a weakened immune system, and HIV.

Flu 17: FF60727 Image

This poster shows a mother and daughter hugging one another. The text states, staying healthy is important to me. I got a flu shot to protect myself and the ones I love.

Flu 19: F60723 Image

This poster has a picture of a father and his baby. Next to them it says, I'll protect my baby, I'll get a flu vaccine. The poster also says that no matter how healthy you are, and if you live with or care for someone who is of high risk of influenza, you should vaccinate.

This ends page 6 with a note to order free print copies of these resources visit <http://www.lms.va.gov/>.

Page 7

On the right margin we have a small image of the "Infection: Don't Pass It On" logo and the label Influenza.

Flu 21: F60726 Image

This poster has a picture of a father and his daughter. Next to them it says, my little girl has diabetes, we'll both get a flu vaccine. This poster also says that no matter how healthy you are, and if you live with or care for someone who is of high risk of influenza, you should get vaccinated.

Flu 22: F60724 Image

This poster begins with a picture of a woman. Next to her it says, my dad lives with me, I'll get a flu vaccine. This poster also says that no matter how healthy you are, and you live with or care for someone who is of high risk of influenza, you should get vaccinated.

Prevent 17: F60693 Image

This poster is entitled "Isolation vs. Quarantine: Know the Difference". It then provides more details on isolation followed by more details on quarantine. It follows up with a small section on "Social Distancing".

Prevent 18: F60694 Image

This poster is entitled "Be Prepared for Pandemic Flu".

A new section begins on this page for "INFLUENZA BROCHURES". There are 10 per pack.

Gen AUD 1: F60643 Image

This brochure contains general information about pandemic flu. This brochure also has a picture of the world on it.

GEN AUD 3: F60640 Image

This brochure has information about how to help control the spread of flu. It also contains a picture of a woman holding a tissue to her nose.

GEN AUD 4: F60642 Image

This is a home care guide for the flu brochure. On the front cover it has a picture of a little girl in bed, with an adult taking her temperature.

GEN AUD 5: F60679 Image

This brochure contains information on how to be prepared for pandemic flu. On the front cover there is a picture of an older couple.

GEN AUD 6: F60678 Image

This brochure contains information on when you should return to your workplace or to school. It also has a picture on the front of a woman holding a thermometer.

Gen AUD 2: F60641 Image

This brochure contains information about the symptoms of flu and when to seek medical care. The symptoms of the flu are a fever, headache, tiredness, cough, sore throat, runny or stuffy nose, body aches, nausea, vomiting, and diarrhea. If someone has the symptoms of the flu they should, rest, drink liquids, stay home and, take fever reducers. You should go straight to get medical care if you are short of breathe, cough up blood, have pain in the chest, have heart disease or are unable to walk or sit up.

A new section begins on Buttons and Stickers.

Button 1: (10 per pack) F60681 Image

This button is entitled “Protect Us All. Get Your Flu Shot”. This is a square button. The top half of the button says, protect us all. The bottom half of the button says, get your flu shot.

Sticker 1: (100 per roll) F60550 Image

This sticker is 1.5 inch round and red. It is entitled “I got my flu shot”. This is a round red sticker. It says I got my flu shot in the center.

Button 2: (10 per pack) F60682 Image

This button is entitled “Ask Me About Flu Vaccination”. This button is a circle. Written in the center of the button are the words, ask me. Written around the circle are the words, about flu vaccination.

Sticker 2: (100 per roll) F60680 Image

This is a 1.5 inch round green sticker that has a line through the center of it and entitled “I got my flu shot. Did you?” In the top half of the circle there is a little box that is checked off. Next to the box it says, I got my flu shot. In the bottom half of the sticker it says, did you?

This ends page 7 with a note to order free print copies of these resources visit <http://www.lms.va.gov/>.

Page 8

On the left margin we have a small image of the “Infection: Don’t Pass It On” logo and the label Personal Protective Equipment”.

PPE 1: F60599 Image

This poster is about airborne infection isolation and contact precautions. Below the heading it says that visitors must report to nursing station before entering. To enter you must wear protective equipment. Approved protective equipment includes a gown, respirator, face shield or goggles, hair cover and, gloves. At the bottom the poster there are two pairs of hands being washed. It says to clean your hands before putting on PPE, after removing PPE and, before leaving the room.

PPE 2: F60598 Image

This poster is about personal protective equipment (PPE.) There are six steps for donning PPE. They include, decontaminating hands, putting on gown, putting on respirator, putting on face shield or goggles, putting on hair cover, and, putting on gloves. This poster also talks about the eight procedures for removing PPE. They are, remove gloves by peeling off one glove by turning it inside out. Removing gown, decontaminate hands, put on clean pair of gloves, remove face shield or goggles, remove head cover, remove respirator, and, remove gloves and decontaminate hands.

PPE 3: F60597 Image

This poster has a heading that says airborne infection isolation and contact precautions. The poster goes on to say that visitors must report to nursing station before entering. To enter you must wear personal protective equipment, which includes, gown, respirator, face shield or goggles, hair cover and, gloves. The bottom of the poster says to clean your hands before putting on PPE, after removing PPE and before leaving the room.

Flu 9: F60615 Image

This poster shows a doctor wearing a mask. When you are caring for a patient with suspected or confirmed influenza, remember to: Place the patient in a private room, if one is not available, contact your facility’s control professional. Wear a mask before entering a patient’s room. Remove the mask when leaving the room and dispose of the mask in a regular trash container. Have the patient wear a mask when being transported.

PPE 1SP: F60591 Image

This Spanish poster is about airborne infection isolation and contact precautions. Below the heading it says that visitors must report to nursing station before entering. To enter you must wear protective equipment. Approved protective equipment includes a gown, respirator, face shield or goggles, hair cover and, gloves. At the bottom the poster there are two pairs of hands being washed. It says to clean your hands before putting on PPE, after removing PPE and, before leaving the room.

PPE 3SP: F60590 Image

This Spanish poster has a heading that says airborne infection isolation and contact precautions. The poster goes on to say that visitors must report to nursing station before entering. To enter you must wear personal protective equipment, which includes, gown, respirator, face shield or goggles, hair cover and, gloves. The bottom of the poster says to clean your hands before putting on PPE, after removing PPE and before leaving the room.

Flu 10: F60614 Image

The heading on this poster says, infection control management of patients with suspected or confirmed influenza. Symptoms of influenza are having a fever of equal to or greater than 100 degrees F, cough, muscle aches, headache, or sore throat. The poster goes on to say that outpatients should, post signs reminding everyone to practice hand hygiene, provide alcohol-based hand rubs, offer a mask and tissues to patients with coughs, segregate patients with cough or fever. Inpatients should, place patient in a private room, post a droplet precaution sign outside the door, follow droplet

precaution sign instructions.

This ends page 8 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Page 9

On the right margin we have a small image of the “Infection: Don’t Pass It On” logo and the label “Spanish Resources”.

Flu 16SP: F60732 Image

This Spanish poster has a picture of a women doctor on it. This poster says that if you have a condition of chronic health, you must be one of the first to get a flu vaccine every year. Every year 36,000 people die from influenza every year.

Flu 18SP: F60729 Image

This Spanish poster has a picture of a woman and a child on it. The poster says “My doctor said to be vaccinated against influenza to protect my health and my family.”

Flu 19SP: F60731 Image

This Spanish poster has a picture of a father and his baby. Next to them it says, I’ll protect my baby, I’ll get a flu vaccine. The brochure also says that no matter how healthy you are, and you live with or care for someone who is of high risk of influenza, you should vaccinate.

Flu 20SP: F60730 Image

This Spanish poster has a picture of a family in the center. Above the family it says I will protect my family. Below the family it says I will vaccinate against the influenza.

Hands 8SP: F60593 Image

This Spanish poster’s heading is, clean your hands. Also, the poster says, clean hands often with alcohol-based hand cleaner. Rub hands well until completely dry. Or, use antimicrobial soap and warm water when hands are visibly dirty, lather over hands fingers, and nails, rinse hands completely, dry hands with paper towel or air dryer, turn off water with a paper towel, not bare hands.

Hands 34SP: F60592 Image

This Spanish poster has the American flag in the background. This poster is for patients and visitors. It says to feel free to ask your doctor if he/she had washed there hands.

PPE 1SP: F60591 Image

This Spanish poster is about airborne infection isolation and contact precautions. Below the heading it says that visitors must report to the nursing station before entering. To enter you must wear protective equipment. Approved protective equipment includes a gown, respirator, face shield or goggles, hair cover and, gloves. At the bottom the poster there are two pairs of hands being washed. It says to clean your hands before putting on PPE, after removing PPE and, before leaving the room.

This ends page 9 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Page 10

On the left margin we have a small image of the “Infection: Don’t Pass It On” logo and the label “Spanish Resources”.

PPE 3SP: F60590 Image

This Spanish poster has a heading that says airborne infection isolation and contact precautions. The poster goes on to say that visitors must report to nursing station before entering. To enter you must wear personal protective

equipment, which includes, gown, respirator, face shield or goggles, hair cover and, gloves. The bottom of the poster says to clean your hands before putting on PPE, after removing PPE and before leaving the room.

Prevent 6SP: F60596 Image

This Spanish poster has a heading that says do not allow yourself to be conquered by germs. In the center of the poster there is an animated picture of a girl on the phone with an ice pack on her head. The poster goes on to say that you need to wash your hands often, and make sure that you use a tissue over your mouth and nose when sneezing.

Prevent 8SP: F60595 Image

This Spanish poster has the word stop written in big bold letters at the top. The poster says, don't spread germs, cover your coughs and sneezes and, clean your hands often. The poster also has pictures of animated germs.

Prevent 11SP: F60594 Image

This Spanish poster has a heading that says stop the spread of germs. In the center of the poster there is a crossed out animated picture of a guy sneezing. Below him it says use tissues to cover your mouth when sneezing, wash your hands and, wash your hands with alcohol-base or with water and soap.

Flu 13SP: F60706 Image

This Spanish poster talks about the differences between seasonal flu and Pandemic flu. With seasonal flu, outbreaks occur mostly during the winter, not everyone that gets sick will have to go to the hospital, healthy adults usually don't have to go to the hospital, a flu vaccine is made each year that works well to stop the virus, it takes about 2 days to get sick after contact with the seasonal flu virus. You can slow the spread of germs by staying home when sick, covering your coughs and sneezes and by cleaning your hands. Pandemic flu does not happen often, it is a new virus so many people are likely to get sick after being exposed, people of any age can get very ill, a vaccine may not be available when pandemic flu first breaks out, and no one knows how long it takes for someone to get sick after being in contact with it.

Flu 14SP: F60698 Image

This Spanish poster talks about the differences between a cold and the flu. The differences are that you will not get a fever with a cold, it is uncommon to get the chills with a cold, it is uncommon or mild to get muscle aches or pain with a cold, it is uncommon to get a headache with a cold, you will sometimes get tired and weak with a cold, it is common to get a cough with a cold, it is common to sneeze with a cold and sometimes common with the flu, it is common to have a stuffy nose with a cold, and sometimes common with the flu, it is common to have a sore throat with a cold, and sometime with the flu, it is sometimes common to have chest discomfort with a cold, and is common with the flu. This poster also talks about how to prevent the spreading of colds or the flu. You have to keep your hands clean, cover your coughs and sneezes, keep surfaces clean, stay home when sick and get vaccinated for the flu.

Prevent 16SP: F60709 Image

This Spanish poster talks about germs, how you can slow the spread of germs and, it gives examples of surfaces to keep clean. Germs are in the air and on surfaces we touch. Germs most often get into our bodies through the air or from our hands. You can slow the spread of germs by staying home when sick, cover your coughs and sneezes and, clean your hands. Surfaces you need to keep clean include, phones, countertops, TV remotes, door handles, computer keyboard and mouse and, light switches. This poster also includes pictures of a person making a face like he/she is in pain, a hand grabbing a tissue and, a hand about to grab a door knob.

Gen Aud 2SP: F60707

This Spanish brochure contains information about the symptoms of flu and when to seek medical care. The symptoms of the flu are a fever, headache, tiredness, cough, sore throat, runny or stuffy nose, body aches, nausea, vomiting, and diarrhea. If someone has the symptoms of the flu they should, rest, drink liquids, stay home and, take fever reducers. You should go straight to get medical care if you are short of breathe, cough up blood, have pain in the chest, have heart disease or are unable to walk or sit up.

This ends page 10 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Page 11

On the right margin we have a small image of the “Infection: Don’t Pass It On” logo and the label “Spanish Resources”.

2004 SPANISH POSTERS (10 different posters in one set): F60405 Image

This image shows a collage of Spanish posters all bundled together.

There is a page divider which splits the page horizontally with a new label entitled “BROCHURES (10 per pack)”.

Gen Aud 1SP: F60683 Image

This brochure contains general information about pandemic flu. This brochure also has a picture of the world on it.

Gen Aud 3SP: F60684 Image

This brochure has information about how to help control the spread of flu. It also contains a picture of a woman holding a tissue to her nose.

Gen Aud 4SP: F60685 Image

This is a home care guide for the flu brochure. On the front cover it has a picture of a little girl in bed, with an adult taking her temperature.

Gen Aud 5SP: F60686 Image

This brochure contains information on how to be prepared for pandemic flu. On the front cover there is a picture of an older couple.

Gen Aud 6SP: F60703 Image

This brochure contains information on when you should return to your workplace or to school. It also has a picture on the front of a woman holding a thermometer.

This ends page 11 with a note to order free print copies of these resources visit <http://www.lms.va.gov/> .

Back Cover

At the top of the page is the “Infection: Don’t Pass It On” logo.

***Infection: Don’t Pass It On* (IDPIO)**

The IDPIO campaign is coordinated by the Public Health Strategic Health Care Group in collaboration with the programs and offices listed below.

Office of Public Health & Environmental Hazards

- Public Health Strategic Health Care Group
- Occupational Health, Safety, and Prevention Strategic Health Care Group

Employee Education System

Office of Patient Care Services

- VA Infection Control Professionals
- National Center for Health Promotion

and Disease Prevention

- Infectious Diseases Program Office

National Center for Patient Safety

Near the bottom of the page is the VA Logo.

Public Health Strategic Health Care Group (13b)

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