

e. **A-Weighted Sound Level (dB(A))** -- A single event sound level which has been ~~filtered~~ or ~~weighted~~ to discriminate against the low and high frequency extremes to approximate the auditory sensitivity of the human ear.

f. **Octave Band** -- All of the ~~components~~, in a sound spectrum, whose frequencies are between two sine wave (pure tone) ~~components~~ whose ratio of frequencies exactly two, ~~ie.~~ separated by ~~an~~ octave,

4. **DISCUSSION.** Today's large, jet-powered, air-transport airplanes present few speech-interference ~~problems~~ for flight crews. ~~However,~~ propeller or rotor driven aircraft, regardless of the power plant ~~used,~~ have noisier cockpits for several reasons. Much of the ~~propeller~~ or rotor noise energy lies in lower frequencies, which are much more difficult to attenuate than ~~high-frequency~~ sounds. In nonpressurized aircraft, construction permits air leaks that are both sound transmitters and sound sources; propeller and rotor tips can travel at or near Mach 1, which means, in ~~some flight configurations,~~ small ~~sonic booms~~ ~~constantly bombard~~ the aircraft. In addition, techniques for minimizing sound production or sound transmission require the addition of physical mass to the system, ~~and~~ where payload determines the value or utility of the aircraft, adding enough mass to reduce noise, can cost severely in payload. Streamlining can be very costly in new design costs (to remove air leaks) and it may also require major changes in production methods. ~~Some~~ of these methods require additional weight which reduces utility.

a. Outside the aircraft, noise spectra vary greatly as a function of aircraft size and type and the variety of powerplant, ~~but~~ the **interactions** of those spectra with the sound-insulation properties of the various **airframes** generally lead to strikingly similar spectra ~~on~~ the inside. ~~Cockpit~~ noise studies ~~have~~ shown the spectral shapes of cockpit noises vary only slightly from one ~~type~~ of fixed-wing aircraft to another,

b. The primary energy in those noises lies in the low frequencies, ~~ranging mostly~~ from 100 to 300 Hz, with a rapid decrease as frequency increases. This spectral configuration may peak at different sound levels for different airplanes. The overall sound intensity varies from about 70 dB(A) to more than 100 dB(A). ~~Generally,~~ the quietest cockpits are found in jet aircraft; the noisiest are found in open cockpit airplanes such as those used for aerial application in agriculture and in ~~some small military~~ jets that use afterburners.

c. Within a general class of aircraft (for example, light, single-engine airplanes), the variations in cockpit noise level ~~among~~ airplanes of a single type may be ~~about~~ as large as the variations found among all the types within the class. Age and history seem to be ~~important~~ determinants of the cockpit noise level as much as the original design. Therefore, little is to be gained by ~~looking~~ at a single sound spectrum from a single airplane as if it were typical of its ~~type~~ and would remain typical of its type.

d. The following sections present an overview of a ~~means~~ to assess the level of cockpit speech interference due to noise and methods to measure and ~~improve cockpit communications.~~

(1) Speech Interference Level. This AC utilizes a noise interference metric known as the ~~perferred-frequency~~ speech interference level (PSIL). The PSIL is an average of the ~~unweighted~~ noise sound pressure level of three octave bands at 500, 1000 and 2000 Hz and relates to an "A" weighted decibel measurement (~~dB(A)~~). The PSIL has been accepted as a suitable predictor for a much more ~~complex~~ measure of speech intelligibility known as the ~~articulation~~ index (AI). The AI ranges from 0.0 to 1.0 with an increasing value indicating a more perfect ~~communication~~. The Armed Forces maintain that for ~~communications~~ approximately 3 feet apart, an AI between 0.2 and 0.3 represents an ~~acceptable minimum~~ intelligibility level. The ~~maximum~~ PSIL for AI=0.2 is 83 and for AI=0.3 is 78. The FAA believes that in cockpits with noise levels above 88 dB(A) (PSIL=78), efforts should be made to aid ~~communications~~ by use of one or more of the ~~methods~~ discussed in this AC. The ~~evolution~~ of speech intelligibility research and the ~~development~~ of criteria regarding speech interference is covered in sane detail in appendix 1.

(2) Cockpit Noise Measurement. A portable sound ~~level meter~~ (SIM) which indicates the sound output in "A" weighted decibels (~~dB(A)~~) is ~~recommended~~ for the measurement of cockpit noise.

(a) A quick noise survey of the cockpit can be made by observing the sound level for approximately 20 ~~seconds~~ while the aircraft is in stabilized flight. One or two repeat readings are ~~recommended~~ to average the data. Readings should be taken in the takeoff, approach, cruise and descent modes of flight so that a ~~comprehensive~~ noise picture is obtained.

(b) If the above tests indicate a noise problem or a borderline noise ~~problem~~ exists, additional noise measurements should be taken and recorded, as discussed in appendices 2 and 3. Recording noise levels is desirable as this will allow a more ~~complete~~ noise analysis to be made. In addition, a sample calculation of PSIL is shown in appendix 4.

(3) Methods to Improve/Aid Cockpit Communication. When the noise level in the cockpit, exceeds 88 dB(A) (PSIL=78), the noise will be of sufficient magnitude as to interfere with normal cockpit ~~communications~~, i.e. voice and radio. Therefore, efforts should be made to aid ~~communications~~. The following methods are suggested to ~~improve~~ the signal (voice)-to-noise ratio, which will enhance the intelligibility of cockpit ~~communications~~. Appropriate FAA approvals must be obtained for any type design changes resulting from any of the following methods ~~employed~~:

(a) Decrease the cockpit noise level.

(i) Use of door seals

(ii) Acoustical ~~insulation~~.

(b) Increase the voice signal levels or modify ~~the~~ signal-to-noise ratio.

(i) Increase the gain of intervening audio ~~amplifiers~~.  
(reference TSO-C50c, Aircraft Audio and Interphone ~~Amplifiers~~)

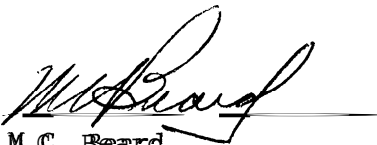
(ii) Use of electronic headsets, noise cancelling or boom microphones and intercom systems. (reference TSO-C57b, Aircraft Headsets and Speakers (for Air Carrier Aircraft) and TSO-C58a, Aircraft Microphones (for Air Carrier Aircraft))

(iii) Appropriate use of hearing protectors.

(iv) Move the flight crewmembers closer together.

e. Appendix 5 discusses in detail the advantages and disadvantages of the methods described above to improve cockpit communications. The overall objective of the modification should be to improve the intelligibility of communications. The minimum goal should be to achieve an articulation index (AI) of 0.3., identifiable by a PSIL of 78 or a measured noise level of 88 dB(A) or less.

f. Regardless of the method used to aid communications care should be taken to assure that aural warnings (i.e. overspeed, stall, and landing gear) can be heard with or without the communications aid in place.



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## APPENDIX 1

QUANTIFYING SPEECH INTERFERENCE

Several researchers have contributed landmark **studies** of the ways in which noise can interfere with the understandability or intelligibility of speech. It has been demonstrated that the frequencies necessary for **100** percent intelligibility of a speech signal cover the range **from** about **300** Hz to about **7000** Hz.

A **measure** of that portion of the speech intelligibility range that is available in a specific **communication** situation is **known** as the articulation index (**AI**). The AI was developed by French and Steinberg and is a number falling between 0 and **1.0**. \* AI accounts for the level and spectra of ambient noise, and describes the relative ease or difficulty of a particular **communication** situation. An AI of **1.0** is considered perfect, with **lower** values indicating **communications** of lesser quality.

\* French, **N.R.** and Steinberg **J.f.**, "Factors governing the intelligibility of speech sounds/' Journal of Acoustical Society of **America**, 19, 90-119, 1947.

Researchers have devised a set of relationships between AI and speech intelligibility for several sorts of speech test materials ranging from nonsense syllables, in which the content is quite unpredictable, to **sentences**, which are, comparatively, perceptually redundant--if you hear part of a sentence, you have a reasonably good chance to guess correctly what the rest of it is.

In **1947**, **Beranek** published a report that serves as a further basis for determining **how** noise interferes with speech.\* The speech interference **level** (**SIL**) is an average of the octave-band noise levels at **some** preselected set of center frequencies. In his original proposal, **Beranek** used the three octaves running **from 600-4800** Hz. Later work, primarily by Webster and by **Klumpp** and Webster, showed that the inclusion of different frequency bands in the averages leads to AI predictions that **are** accurate for different **communication conditions**.\*\* Thus, an average of the octave band levels at **500, 1000, and 2000** Hz seems well suited for predicting an AI of **0.2**; i.e. a minimal **communication environment**. An average of **500, 1000, 2000, and 4000** Hz corresponds fairly well with an AI of **0.5** and an average of **1000, 2000, and 4000** Hz seems to go with an AI of **0.8**. The **500, 1000, and 2000** Hz **SIL** has **come** to be known as the preferred-frequency **SIL (PSIL)**, and it is often closely related to a **dB(A) measurement** of the **same** noise, though the relationship is not perfect.

\***L. L. Beranek**, "The design of speech **communication** systems," Proceedings of the Institute of Radio **Engineers**, 35, 880; 1947.

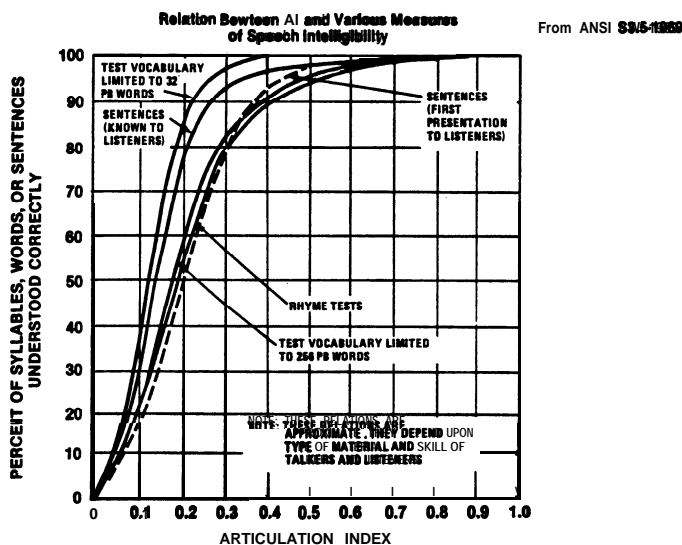
\*\***J. C. Webster**, "Relations between speech-interference contours and idealized articulation-in-x**contours**," Journal of the Acoustical Society of America, 36, 1662, 1964; **J. C. Webster**, "Noise and **Communication**," in **D. Jones** and **T. Chapman** (editors), Noise and Society, Lodon: Wiley in preparation; **R. G. Klumpp** and **J. C. Webster**, "Physical **measurements** of equal speech-interfering navy noises," Journal of the Acoustical Society of **America**, 35, 1328, 1963.

The maximum PSIL for communications approximately 3 feet apart for an AI of 0.2 is 83. The maximum for an AI of 0.3 is 78. As will be shown below, these two AI's represent the range of acceptable minimum intelligibility levels. Therefore, when a cockpit has a noise level above a PSIL level of 78, talkers and listeners can 'be expected to have some voice-communication problems. This prediction can be modified slightly by the fact that, in many cockpits, the pilot and copilot can 'be more or less than 3 feet apart. However, in the cockpits of aircraft likely to be relatively noisy, i.e. small aircraft, crewmembers would probably be seated at distances between 2 and 3 feet apart.

The messages that are expected to be transmitted in aviation communications come from a prescribed vocabulary. However, even when that vocabulary is ignored, the messages are spoken in context, which usually means that they are more intelligible. The Armed Forces have set acceptable levels of performance for communications equipment, and those performance levels can be transformed into AI values: they range from 0.25 to 0.3. The Air Force, for example, defines an 80 percent score on a rhyme test as passing and a 70 percent score as conditionally passing. In figure 1, it can 'be seen that the 80 percent criterion is almost exactly 0.3 and that the 70 percent criterion is very close to 0.25.

Navy and Army limits of acceptability are approximately the same as the Air Force's. Webster and Allen specified an 80 percent rhyme test score as (the Navy fence) the lowest acceptable value\*. They reasoned that "95 percent of standard test sentences will be understood over a system that will pass 80 percent\*\* of rhyme test words. Following identical reasoning, the FAA believes that, short of measuring human performance on rhyme tests in cockpit-noise environments, the choice of AI=0.3 is both reasonable and acceptable. This AI equates to a PSIL of approximately 78 at a distance of 3 feet.

\*J. C. Webster and C. R. Allen, "Speech intelligibility in naval aircraft radios,\*\* Naval Electronics Laboratory Center Report, TR 1830, 1972.



The following table also corroborates the relationship between the various test results and Articulation Index:

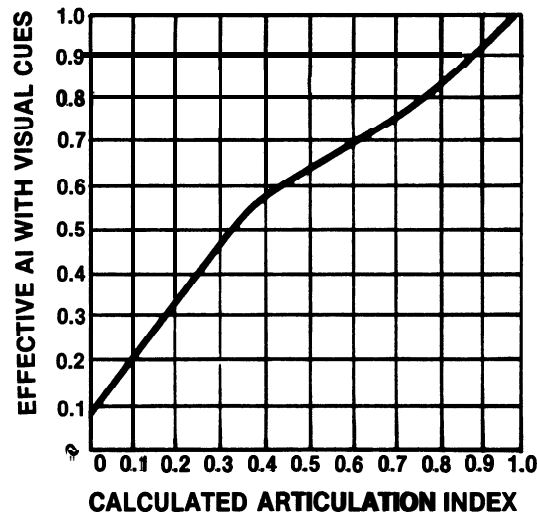
Table 1. Expected Word or Sentence Scores for Various Articulation Indices (AI)

Articulation Index	PERCENT INTELLIGIBILITY		
	Phonetically* Balanced Test	Modified** Rhyme Tests	Sentence* Test
0.32	22	54	77
0.3	41	72	92
0.35	50	78	95
0.40	62	86	96
0.50	77	91	98
0.60	85	94	98
0.80	92	98	99

\*From Kryter and Whitman (1963)

\*\*From Webster and Allen (1972)

Assuming that pilots can communicate visually with each other, an AI of 0.3 actually can be elevated to 0.47 as indicated by the following chart (figure 2).



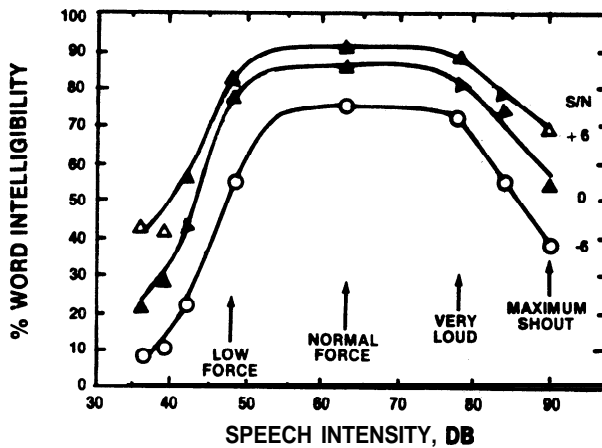
Relation between calculated AI and effective AI for a communication system wherein the listener can see the lips and face of the talker (Sumbly and Pollack, 1954).

FIGURE 2

Thus, an AI of 0.3, if aided by visual cues, can raise the intelligibility level to approximately 98 percent (as shown figures 1 & 2). However, visual communication, while it can improve intelligibility, requires the persons to look directly at each other. This full-face orientation in the cockpit between the pilot and copilot is an unusual occurrence. Cockpit noise levels in many rotorcraft and propeller-driven airplanes, especially the piston-engine types, can possibly exceed the maximum practical PSIL values noted above.

If one considers the distance between the heads of a pilot and copilot to be 3 feet, then in a noise field whose intensity exceeds a PSIL of about 90 (about 97 dB(A)), vocal effort cannot overcome the intelligibility problem created by the noise. First, shouted speech is not as intelligible as speech produced with less effort (see figure 3). Second, in that much noise, human vocal systems are, on the average, just about at the limit of their loudness. (Reflexively, talkers raise their voices in order to be heard above the background noise. In this instance, though, where noise levels are quite high, the reflex cannot lead to more intense speaking levels: the vocal system has already reached its physiological end point.) When PSIL = 90, AI approaches zero as does intelligibility--that PSIL condition is unacceptable at a 3-foot distance.

FROM: Pickett, J.M.: Limits of Direct Speech Communication in Noise. J. Acoust. Soc. America, vol. 30, no. 4, Apr. 1958, pp. 278-281.



Relations between speech intelligibility in noise and vocal force. Vocal force measured as speech intensity one m from lips in a free field. Parameter, over-all signal-to-noise ratio, db. Noise, 70 db, flat spectrum.

FIGURE 3

APPENDIX 2COCKPIT NOISE MEASUREMENTTESTS SETUP

Measurement in the cockpit should be made at the typical head location of each flight crewmember. The microphone should be placed at the representative ear position on the side where speech communication is normally received and moved around slightly to obtain a spatial average of noise at the head position. Whenever possible, the measurement shall be made with the crewmember absent from his location so as to minimize interference and shielding effects. During the measurements care should be taken not to hold the microphone close to a sound-reflecting or sound-refracting surface. A common recommendation is to stay at least one foot away; in practical use, a 6-inch distance is probably adequate,

TEST CONDITIONS

The aircraft interior should be in a fully furnished configuration for its intended use (passenger, cargo, other) with tie downs, carpets, seats, curtains, interior trim panels, etc., installed. Systems used for providing conditioned air (i.e., pressurization, cooling, heating, ) should be operational. Cabin pressure should be noted so that adjustments for differences in air pressure may be made, if necessary. Cabin pressure can affect noise measurements taken on the ground or inflight. The difference between these measurements is about 0.25 dB(A). On some aircraft, windows can be open during flight and could adversely affect the noise level in the cockpit. If this case exists this condition should also be tested.

If a tape recorder is used, the acoustic sensitivity calibration can be recorded during flight to establish the reference acoustic level for subsequent data processing and for comparison with the preflight recording of acoustic-sensitivity signals. Recorded noise levels should be measured on the ground and inflight to establish the proper gain to be used for recording above the background noise levels. At least one reel of tape used during the test should have a recording of acoustic-sensitivity calibration signals.

Where possible measurements should be made when all aircraft operating conditions (such as altitude, airspeed and engine power settings) are stabilized. The aircraft cockpit noise should be tested in take-off, approach, landing, cruise, and descent at high speed.

On multi-engine aircraft the use of engine synchronization is optional depending on the test objectives. Installation and operation of engine synchronizers or propeller synchrophasers is frequently desirable for increased passenger comfort. Operation of such devices during acoustical testing is advisable if the test objective is to measure the optimum cabin environment. However, imperfect synchronizer operation may introduce very low frequency beats which compromise



the data, so that intentional operation out of sync may be necessary. In such cases, the engines should be set to produce a **known** beat frequency high enough **to allow** reasonable length data records and minimize **amplitude** effects.

The following flight data should be observed and noted while the acoustic data is being obtained:

- a. Flight Regime - takeoff, cruise, approach, landing, descent etc.
- b. Airplane pressure altitude.
- c. Airplane indicated airspeed and/or Mach number.
- d. Propeller RPM (if applicable).
- e. Engine power settings.
- f. Synchronizer or **synchrophaser** operation.
- g. External ambient air **temperature**.
- h. Cabin pressure and **temperature**.
- i. Cabin system operation modes.

#### DATA ACQUISITION

If tape recording is used, the record length at each location should be at least **2 1/2 times** the data reduction integration period, **but** in no case **less than 20** seconds. **If** audible beats are present the record shall **include** at least **3 complete** beats. Sufficient **precautions** should be taken to ensure the data signals are not **compromised** by inappropriate tape recorded gain settings. Data should be recorded with the sound level **meter** in the flat **mode (unweighted)**.

**When** portable sound level **meters** are used for direct **measurement** of sound pressure levels, (use the A-weighting network with **SLOW** response setting) the data to be reported shall be the maximum reading **noted** on the **meter**. **When** audible beats are present the **meter** should be **observed** for a period of time long enough to include at least three beats, and the maximum meter reading noted shall be reported. If the sound level meter has integrating capability where the time period is **operator-controlled**, the **time** period used shall be at least **10-20 seconds**. If audible beats are present, the time period shall be sufficient to include at least **3 complete** beats, but not less than **20** seconds.

#### DATA REDUCTION

Data reduction, from the recording, when employed, should be **performed** by time averaging data **samples** of at least **8 seconds** duration. When audible beats are present, the integration period should be extended to **include** at least a three-beat period.

Sound pressure levels should be obtained for the eight-octave bands center frequencies from 63 Hz to 8 KHz. Overall sound pressures should be obtained by summing antilogarithmically the octave band data. Preferred speech interference level (PSIL) should be calculated by algebraically averaging the unweighted levels in the 500, 1,000, and 2,000 Hz octave bands.

Frequency weighting may be added to octave band sound pressure level data. The weighting function should correspond to that referenced in International Electromechanical Commission (IEC) 651. Frequency weighted overall sound pressure levels are obtained by antilogarithmically summing the octave-band data after weighting is applied.

Presentation of the acoustical data should include at least the following information:

1. Overall A-weighted sound pressure levels at each measurement location.
2. Preferred speech interference levels at each measurement location.



APPENDIX 3MEASUREMENT SYSTEM

A portable sound level meter (SLM) and a portable battery-powered FM recorder are recommended to measure cockpit noise. The SLM includes the microphone, amplifier, rectifier and a meter which gives a sound output directly in decibels. A connecting jack is provided so the amplifier output can also be recorded on a magnetic recorder for further study.

Most sound level meters also include weighting networks selected by a panel switch. The "flat" position sums all frequencies evenly. The "C" position is almost the same as "flat" and one or the other may be omitted on cheaper instruments. The "A" and "B" weightings are designed to approximate the ear's response and to give a truer approach to loudness of complex sounds. (The "B" scale is little used today, while the "A" weighting is used extensively. The designation "dB(A)" or, less properly, "dBA", indicates the reading with the "A" weighting.)

More expensive meters include, either as an attachment or internally, a series of band pass filters, usually of one octave width. Eight such bands will cover the usual measurement range of 50 to 10,000 Hz. Such filters provide a convenient means for a quick evaluation of the frequency structure of a complex sound.

In order that sound level meters made by different manufacturers will agree adequately when measuring various sources, their characteristics are specified by the International Standards Organization (ISO) and American National Standards Institute (ANSI). This includes the characteristics of the weighting networks and the meter damping, as well as the overall accuracy. Sound level meters are divided by ANSI standards into several groups: Type 1 or "Precision" meters; Type 2, or "General Purpose," Type 3, or "Survey,\*" and Type S or "Special Purpose." Type 1 meters meet the rigid tolerances for Precision meters and provide filtering and impulse measuring options. A Type 1 meter is recommended for evaluating cockpit noise.

A high quality FM tape recorder should be used to record the noise in the cockpit. Good results can be obtained from a portable battery-powered system. Several manufacturers now advertise high quality cassette recorders for instrumentation use.

The sound level meter or the recording system, if recordings are made should be calibrated using a PISTON-PHONE, or other calibration instruments, before and after the test data is recorded. These calibration devices are available from manufacturers of sound level meters and measurement microphones. It is designed to fit tightly on the microphone, with adapters for various microphone sizes, and it produces a tone of accurately known sound pressure at the microphone diaphragm at one or more standard frequencies. A set-screw is usually provided in the sound level meter to standardize its output.

A calibration signal is particularly necessary when the microphone is used with amplifiers other than a standard sound level meter or when a recorder is used. This "end-to-end" calibration should be made both at the beginning and end of a test run, and at any other time where there is a possibility that the system gain may have been changed.

It is important in all test operations to maintain an accurate log of all conditions: microphone placement; weather conditions if outdoors, system channel connections (if more than one channel), all attenuator and calibrated amplifier gain settings, time of day and date, source and distance from source to microphone, etc. When a tape recorder is used, the log information should be recorded vocally on the tape.

While the PISTON-PHONE calibrator is an essential part of any acoustic measurement program, it does not give an adequate check of microphone, amplifier and recorder frequency characteristics. The instrumentation and procedures required for full calibration are beyond the scope of this discussion, but some provision should be made for periodic recalibration of system components by the manufacturer or by a reliable and well-equipped standardization laboratory.

#### CALIBRATION

A preflight sensitivity check should be used to adjust the gain of the sound level meter to match the output of the acoustic calibrator as adjusted for atmospheric pressure. A "warm-up" time of at least 1 minute should be allowed before checking the sensitivity of the sound level meter. If a tape recorder is used, the sensitivity checks shall also be recorded.

If an in-flight acoustic sensitivity check is used, it should be taken when the aircraft has reached the desired cruise altitude and the aircraft's internal pressure is at the desired value. The indicated sound pressure level of the output of the acoustic calibrator should be noted; the gain of the sound level meter should not be adjusted in flight if the indicated level is not the same as the acoustic calibration level obtained before takeoff. If necessary, cabin pressure should be noted so that adjustments for differences in air pressure may be made.

APPENDIX 4

EXAMPLE CALCULATION OF PSIL

$$PSIL = \frac{L_{500} + L_{1000} + L_{2000}}{3} *$$

Octave Band Ctr. Freq.	T.O. Power	Normal Cruise Power	Approach Power
	Avg. Meas. Data	Avg. Meas. Data	Avg. Meas. Data
63	106.2	103.0	102.8
125	114.5	111.6	110.0
250	110.0	109.2	100.5
500	99.1	95.8	86.5
1000	84.6	80.1	73.9
2000	81.2	78.4	73.2
4000	76.9	73.8	74.8
8000	76.1	74.1	73.7
db(C)	116.2	113.8	110.9
db(A)	104.3	102.7	96.6
PSIL	88.3	84.7	77.9

From the above it can be seen that the takeoff and normal cruise power noise levels exceed a PSIL of 78 and speech interference can be expected in the cockpit in those flight regimes.- The db(A) in all three flight regimes also exceed the recommended level of 88.

\* L is the noise level (flat) at the specified octave band center frequency.



APPENDIX 5MODIFICATIONS OF SIGNAL-TO-NOISE RATIOS

An easy speech intelligibility ~~concept~~ to grasp is that the louder the speech is in comparison to the background noise, the easier it is to understand. obviously, there are practical limits to the concept, ~~but~~ through ~~most~~ of the range of audible sound ~~pressures~~, this statement about the speech-to-noise or the signal-to-noise ratio (S/N) is true. Where both speech and noise are ~~extremely~~ quiet or ~~extremely~~ intense, ~~nonlinearities~~ arise. For the cockpit-noise situation, ~~one~~ may confront a degree of high-intensity nonlinearity.)

~~An improvement~~ in S/N, then, will serve to improve the intelligibility of speech.

The most direct approaches call for an increase in absolute signal level or a decrease in absolute noise level. One may also try to create relative differences between the signal and the noise levels.

The difficulty with trying to decrease cockpit noise levels at the source has already been discussed. However, it should be noted that noise ~~attenuation~~ materials are available for light aircraft. The use of inflatable door seals and acoustic blankets can reduce interior noise levels. Nevertheless, the most effective option may be to increase signal levels ~~or~~ modify the relationship between signal and noise.

Signal levels can be increased by increasing the gain of an intervening amplifier (for electronically transmitted ~~communications~~), or by moving ~~the~~ talker and listener closer together. Research has shown a deterioration of intelligibility with an ~~extremely~~ weak or strong vocal force.

Hearing protectors for aviators can provide protection against hearing loss that results ~~from~~ noise ~~exposure~~ and improves speech intelligibility. They perform the intelligibility ~~improvement~~ task in two ways. The lesser of these is that they ~~lower~~ the overall intensity of the sound that enters the human auditory system into a middle range of sound pressures where the system operates optimally. (Note that hearing protectors do not ~~remove~~ sound; they only decrease its intensity). The other way is selective filtering which can be ~~effective~~ in some noise ~~environments~~.

Sane precautions are necessary, though, before ~~one~~ elects to use hearing protectors for the purpose of improving voice ~~communication~~. First, a ~~well-sealed, well-fitted~~ protector is necessary. Second, ~~some~~ auditory functions are changed by the introduction of hearing protectors into the transmission system. For example, ~~some people~~ report a decrease in the ability to make fine pitch discriminations, many people report a decrease in the ability to judge the azimuth of a sound source, ~~However~~, the human ~~auditory~~ system rapidly ~~accommodates~~ itself to environmental change of all sorts, so one can ~~assume~~ that with a bit of practice these functions can be brought back into the ~~normal~~ range. Third, because one adjusts ~~one's~~ vocal effort to ~~overcome~~ the







U.S. Department  
of Transportation  
**Federal Aviation  
Administration**

# Advisory Circular

**Subject:** COCKPIT NOISE AND SPEECH  
INTERFERENCE BETWEEN CREWMEMBERS

**Date:** 3/22/89  
**Initiated by:** AIR-120

**AC No:** 20-133  
**Change:**

1. PURPOSE. This advisory circular (AC) provides information about the relationship between flight crew cockpit voice communication and cockpit noise levels. Guidance on speech interference levels, noise measurement and measurement systems, and methods to improve cockpit communication, is provided for those manufacturers, Owners or operators who believe cockpit noise may be a problem on their aircraft. This guidance material is relevant to the operation of all types of civil aircraft.

## 2. BACKGROUND.

a. Many modern aircraft provide comfort, convenience, and excellent performance. At the same time that the manufacturers have developed more powerful engines, they have tried to give the occupants better noise protection and control, so that many of today's aircraft are more powerful, yet quieter than ever. Still, the levels of sound associated with powered flight are high enough in some aircraft to raise concern about the effect these noise levels may have on direct voice communication between flight crew members.

b. The National Transportation Safety Board (NTSB) investigation of an accident involving a twin-engine, small airplane, concluded that the cockpit noise levels of that particular airplane were loud enough to interfere with direct voice communication. In the opinion of the NTSB, this communication interference could have affected crew coordination and contributed to the accident. The NTSB also believes that poor crew communication, because of high cockpit noise levels, may have contributed to other accidents.

## 3. DEFINITIONS.

a. Noise -- Any sound which is undesirable because it interferes with speech and hearing.

b. Noise Spectra -- The description of noise sound waves by resolution of their components, each of different frequency and (usually) different amplitude and phase.

c. Frequency (Hz) -- The number of oscillations per second of a sine-wave of sound.

d. Decibel (dB) -- The unit in which the relative levels of intensity of acoustical quantities, such as sound pressure levels, noise levels and power levels, are expressed on a scale from zero for the average least perceptible level to about 130 for the average pain level.

noise one hears, ~~hearing-protector wearers~~ (since they hear less noise) usually ~~don't~~ speak loudly enough. Persons who ~~wear~~ hearing-protectors must train themselves to speak more ~~loudly~~.

In most cockpits where noise is a problem, ~~the~~ noise spectrum tends to have the ~~same~~ shape as the average speech spectrum. As a result, one cannot count on selective filtering to improve speech intelligibility. Whatever changes are made in one spectrum will be made similarly in ~~the~~ other. ~~The S/N stays about the same.~~ Thus, in cockpits with similar noise and speech ~~spectrums,~~ the improvement in speech intelligibility for pilots and copilots who ~~-wear~~ hearing protectors is probably limited to the small ~~amount~~ that arises from bringing signal intensities into the linear, middle frequency range where the ~~auditory~~ system works better.

A microphone may help ~~SOE,~~ because if it is held close to the mouth, it is ~~somewhat~~ like reducing the distance to the ear. Considerably more ~~improvement~~ in S/N can be obtained by using noise ~~cancelling~~ microphones in ~~communication~~ systems. The ~~noise-cancelling microphone~~ is built to accept sound from the front, the back, or the top. In a fairly ~~homogeneous~~ sound field, approximately the same ambient-noise wave form enters from both sides, serving to cancel much of the effect of the noise on the microphone diaphragm. A talker, though, directs his or her speech to one side only, so the ~~cancellation~~ effect for speech is far less than for noise--if the user understands the proper way to use the ~~microphone~~. Covering the rear vents with the hand diminishes the cancellation effect. Holding the front of the microphone more than a few inches ~~from~~ the lips of the talker permits the speech to enter the back with nearly as much intensity as ~~enters~~ the front, thus cancelling ~~speech~~ as ~~well~~ as noise. Another potential loss of ~~S/N improvement~~ results from the reflex that ~~leads~~ a talker to speak with enough effort to be heard ~~above~~ the noise: if the talker expects to ~~be~~ heard (by the microphone) at a distance of 3 inches rather than 3 feet, ~~he~~ or she is likely to reduce vocal effort accordingly.

Miniature headsets have ~~come~~ into use ~~among~~ pilots in recent years. The headsets, which are worn over the ear, conduct sound to the microphone diaphragm via a hard, plastic tube that is hinged so that it can be ~~moved~~ about at will. Although these headsets are not noise-cancelling devices in the usual sense, the tip of the plastic tube can ~~be moved~~ so close to the ~~talker's~~ lips as to make a significant ~~improvement~~ in S/N over face-to-face ~~communications~~ in the ~~same~~ noise ~~environment~~. Again, the likelihood of ~~improvement~~ is a direct function of how much vocal effort is exerted and of ~~how~~ close the tube is to the ~~mouth;~~ if the tube has been moved out of the way (as it needs to be for eating or drinking), any ~~S/N improvement~~ will be markedly diminished.

~~Some~~ headsets are equip@ with ~~circumaural~~ muffs which attenuate the cockpit noise and enhance the S/N for electronic ~~communications~~. This type of ear muff furnishes ~~some~~ hearing protection and acts ~~somewhat~~ like an ear plug in normal cockpit voice ~~communications~~. Headsets ~~equipped~~ with the better designed ~~circumaural~~ muffs may attenuate cockpit noise ~~more~~ than 20 dB. These headsets used with noise ~~cancelling~~ or ~~beam~~ microphones and an ~~intercom~~ system can substantially enhance the S/N and markedly improve crew ~~communications~~.

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Appendix 5

Proper use requires holding the noise-cancelling microphone so that the vents are not blocked, holding it close to the mouth, and speaking as loudly as if the listener were a few feet away. ~~When~~ the microphone is used properly, it can make a significant difference in S/N.

It should be noted that increasing the gain of an amplifier or trying to do selective electronic filtering will make no useful change in the S/N; it will stay the ~~same~~ as it was at the face of the microphone whose sounds are being amplified or filtered. If the S/N is poor to begin with, ~~amplifying~~ both the speech and ~~the~~ noise cannot make the situation any better. Also, electronic filtering is no different in its effect than the acoustic filtering that a hearing protector does: if the spectrum of the noise and the spectrum of the speech are similar, selective filtering will not help.

~~Additional~~ information ~~on~~ aircraft ~~audio~~ system characteristics and standards can be ~~found~~ in Radio Technical ~~Commission~~ for ~~Aeronautics~~ (RTCA), Document No. ~~Do-170~~, "Audio Systems Characteristics and Minimum Performance Standards, Aircraft Microphones (~~Except~~ Carbon), Aircraft Headsets and Speakers, Aircraft ~~Audio~~ Selector Panels and ~~Amplifiers~~," January, 1980.