New River Gorge National River P. O. Box 246 Glen Jean, WV 25846 New River Gorge National River National Park Service

Ranger Activities



August 2006

Join a park ranger for one of our variety of programs, activities, walks, or hikes.
Ranger-led activities provide an opportunity to learn more about the natural world that surrounds us, and to discover the history that shaped our culture.

Visitor Information

Canyon Rim Visitor Center

Open Daily, 9:00 AM to 5:00 PM Telephone: (304) 574-2115

Park Headquarters – Glen Jean

Open Monday - Friday, 8:00 AM to 4:30 PM

Telephone: (304) 465-0508

Thurmond Depot

Open Daily, 10:00 AM to 5:00 PM Telephone: (304) 465-8550

Grandview Visitor Contact Station

Open Daily, 12:00 NOON to 5:00 PM

Telephone: (304) 763-3715

Sandstone Visitor Center

Open Daily, 9:00 AM to 5:00 PM Telephone: (304) 466-0417

New River Gorge National River

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Ranger Activities



Ranger on the Rock

From 6:30PM to 7:45PM nightly except Mondays, through August 27th, discuss the superb views from the rim at Grandview and the resources of the New River Gorge. A ranger has binoculars and brochures to share with those who stop by the Main Overlook for an evening visit and view.

FRIDAY, AUGUST 4

10:00 AM Living the "Wild" Life - Canyon Rim

SATURDAY, AUGUST 5

10:00 AM Bluestone River Walk - Pipestem Resort State Park
 10:00 AM That Ain't No Tall Tale! - Canyon Rim
 1:00 PM That Ain't No Tall Tale! - Fayette Station
 2:00 PM Ranger's Choice: Snakes! - Grandview

SUNDAY, AUGUST 6

WEDNESDAY, AUGUST 9

9:00 AM Bluestone Turnpike Hike -Pipestem Resort State Park 8:00 PM Nature at Night -Sandstone Visitor Center

FRIDAY, AUGUST 11

3:00 PM Riverside Rendezvous -Fayette Station Road 8:00 PM Moonlight and Meteors -Burnwood





SATURDAY, AUGUST 12

10:00 AM That Ain't No Tall Tale! -Fayette Station
1:00 PM Plum Street Stroll - Thurmond
1:00 PM Touch of Kayaking - Canyon Rim
3:00 PM Plum Street Stroll - Thurmond

Resort State Park

10:00 AM Bluestone River Walk - Pipestem

SUNDAY, AUGUST 13

I:00 PM Living the "Wild" Life -Canyon Rim
 2:00 PM Endless Wall Hike -Fern Creek

SATURDAY, AUGUST 19

10:00 AM Bluestone River Walk - Pipestem
 Resort State Park
 2:00 PM Ranger's Choice: Speed to Feed the Peregrine Falcon - Grandview
 2:00 PM Ranger's Choice: Water Safety
 -Sandstone Falls

MONDAY, AUGUST 21

8:00 PM Grandview Night Hike - Grandview

SATURDAY, AUGUST 26

9:00 AM Boardwalk Birding -Sandstone Falls
 10:00 AM Bluestone River Walk - Pipestem Resort State Park
 2:00 PM Ranger's Choice: Fishing - Sandstone Falls





Ranger Activities

For All Hikes

Bring water and wear comfortable walking or hiking shoes. Cameras and binoculars can also be handy.



Bluestone River Walk

Bluestone National Scenic River 1½ hours -2 Miles

Meet a ranger at the bottom of the tramway at Pipestem Resort State Park to walk along the Bluestone River for one mile and return. Along the way, enjoy the flora and fauna of the area and discuss regional history. Bring good walking shoes, drinking water, and \$1.75 for the tram ride.

Bluestone Turnpike Hike

4 to 5 Hours - 10 Miles

Take a walk on the wild side! Meet a ranger at the bottom of the tramway at Pipestem Resort State Park to hike through Bluestone National Scenic River. The hike ends at Bluestone State Park and a shuttle will be provided for the return trip; take advantage of this great opportunity to explore. Bring sturdy hiking shoes, a lunch, and plenty of water.

Boardwalk Birding

1 I/2 Hours - 1 Mile

Join a ranger and friends for a stroll on the Sandstone Falls boardwalk looking and listening to the birds of the special Appalachian Flatrock Community. Bring binoculars and a field guide if you have them (some will be available).

Endless Wall Hike

2 Hours -2 Miles

Join a moderate hike along the Endless Wall Trail to Diamond Point overlook. Along the









way, learn about local history and resource issues, and then enjoy a spectacular view of the New River Gorge. Meet at the Fern Creek Trailhead for the Endless Wall Trail, located on Lansing-Edmond Road.

Grandview Night Hike

2 I/2 Hours - I Mile

Look and listen as you travel along a trail at night! The forest is a wondrous place in the dark! Meet at Grandview Contact Station.

Living the "Wild" Life

Stay as little or as long as you like

Stop by a hands-on exhibit at Canyon Rim Visitor Center to learn more about the animals that live in the gorge. Touch their pelts, see an owl pellet, and identify special characteristics that help animals to survive in the "wild."

Moonlight and Meteors

2 Hours -1 Mile

Experience the wonders of the New River Gorge at night. Join in an easy night hike, then kick back and relax as we scan the sky for a glimpse of the Perseid meteor shower. Wear good walking shoes; bring a blanket, flashlight, and your sense of adventure. Meet at Burnwood Day Use Area, across US 19 from Canyon Rim Visitor Center.

Nature at Night

2 Hours -½ mile

There are many wonders of nature to see at night, especially by the light of a full moon! Take a closer look at nature's night cycles- from animals and insects on Earth to the phases of the moon in the sky. Meet at Sandstone Visitor Center for a short walk and some sky gazing.









Plum Street Stroll

1/2 Hour - 1/2 Mile

Take a stroll through downtown Thurmond to learn more about this legendary railroad town. Meet at Thurmond Depot.

Quilting: An Appalachian Art

Anytime between 10:00 and 11:30 am Come spend some time at Canyon Rim Visitor Center and learn about the history and importance of Appalachian-style quilting. A ranger will demonstrate old and new quilting techniques.

Ranger's Choice

Anytime between 2:00 and 4:00pm

Stop by the Main Overlook at Grandview or the Sandstone Falls boardwalk to see displays and discuss topics ranging from fishing and water safety to birds or snakes. At this informal program, stay as little or as long as you like.

Riverside Rendezvous

Anytime between 3:00 and 4:30pm

Are you planning a trip down Fayette Station Road? If so, stop at the bottom of the gorge to learn more about the park while enjoying the sights and sounds of the river. Cross Fayette Station Bridge, pull into the first parking lot on the right, and join the ranger down by the river.

That Ain't No Tall Tale! - Canyon Rim

Anytime between 10:00 and 11:30am

One ranger has the real story of the New River Gorge in the bag and that ain't no lie. Stop by Canyon Rim Visitor Center to hear some amazing stories.

That Ain't No Tall Tale! - Favette Station

Stay as little or as long as you like One ranger has the real story of the New





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River Gorge in the bag and that ain't no lie. Stop by Fayette Station to hear some amazing stories. Drive down Favette Station Road, cross the bridge, pull into the first parking lot on the right, and join the ranger down by the river.

Touch of Kayaking

Anytime between 1:00 and 3:00pm

If playing on the river is your thing or not, stop by Canyon Rim Visitor Center for a handson exhibit about kayaking. A ranger will help you to learn about kayaking equipment, river safety, and places to kayak.

Who's Taking a Walk in New River Gorge?

Anytime between 1:00 and 3:00 pm

See if you can match an animal to its track to learn what creatures walk in the gorge. Stop by this hands-on exhibit at Canyon Rim Visitor Center to learn more about the animals that live in the gorge.

Principles of Leave No Trace

Each of us has different reasons for visiting parks. More and more of us are taking the opportunity to explore these areas and the land often shows the results of this use. You can help minimize the impact of your visit by following the basic *Leave No Trace* principles below.

- ◆ Plan ahead and prepare
- ◆ Camp and travel on durable surfaces
- ◆ Dispose of waste properly
- ◆ Leave what you find
- ◆ Minimize campfire impacts
- ◆ Respect wildlife
- ◆ Be considerate of other visitors

For more information, visit: http://www.lnt.org