a platform/landing to the top of the next higher tread or platform/landing.
Side-step fixed ladder. See "Fixed ladder."

Single-cleat ladder means a ladder consisting of a pair of side rails, connected together by cleats, rungs, or steps.

Single-rail ladder means a portable ladder with rungs, cleats, or steps mounted on a single rail instead of the normal two rails used on most other ladders.

Spiral stairway means a series of steps attached to a vertical pole and progressing upward in a winding fashion within a cylindrical space.
Stairrail system means a vertical barrier erected along the unprotected sides and edges of a stariway to prevent employees from falling to lower levels. The top surface of a stairrail system may also be a "handrail."

Step stool (ladder type) means a selfsupporting, foldable, portable ladder, nonadjustable in length, 32 inches or less in overall size, with flat steps and without a pail shelf, designed to be climbed on the ladder top cap as well as all steps. The side rails may continue above the top cap.

Through fixed ladder. See "Fixed ladder."

Tread depth means the horizontal distance from front to back of a tread (excluding nosing, if any).

Unprotected sides and edges means any side or edge (except at entrances to points of access) of a stairway where there is no stairrail system or wall 36 inches (. 9 m ) or more in height, and any side or edge (except at entrances to points of access) of a stairway landing, or ladder platform where there is no wall or guardrail system 39 inches ( 1 m ) or more in height.
[55 FR 47687, Nov. 14, 1990; 56 FR 2585, Jan. 23, 1991, as amended at 58 FR 35184, June 30, 1993]

## § 1926.1051 General requirements.

(a) A stairway or ladder shall be provided at all personnel points of access where there is a break in elevation of 19 inches ( 48 cm ) or more, and no ramp, runway, sloped embankment, or personnel hoist is provided.
(1) Employees shall not use any spiral stairways that will not be a perma-
nent part of the structure on which construction work is being performed.
(2) A double-cleated ladder or two or more separate ladders shall be provided when ladders are the only mean of access or exit from a working area for 25 or more employees, or when a ladder is to serve simultaneous two-way traffic.
(3) When a building or structure has only one point of access between levels, that point of access shall be kept clear to permit free passage of employees. When work must be performed or equipment must be used such that free passage at that point of access is restricted, a second point of access shall be provided and used.
(4) When a building or structure has two or more points of access between levels, at least one point of access shall be kept clear to permit free passage of employees.
(b) Employers shall provide and install all stairway and ladder fall protection systems required by this subpart and shall comply with all other pertinent requirements of this subpart before employees begin the work that necessitates the installation and use of stairways, ladders, and their respective fall protection systems.

## § 1926.1052 Stairways.

(a) General. The following requirements apply to all stairways as indicated:
(1) Stairways that will not be a permanent part of the structure on which construction work is being performed shall have landings of not less than 30 inches ( 76 cm ) in the direction of travel and extend at least 22 inches ( 56 cm ) in width at every 12 feet ( 3.7 m ) or less of vertical rise.
(2) Stairs shall be installed between $30^{\circ}$ and $50^{\circ}$ from horizontal.
(3) Riser height and tread depth shall be uniform within each flight of stairs, including any foundation structure used as one or more treads of the stairs. Variations in riser height or tread depth shall not be over $1 / 4$-inch $(0.6 \mathrm{~cm})$ in any stairway system.
(4) Where doors or gates open directly on a stairway, a platform shall be provided, and the swing of the door shall not reduce the effective width of the platform to less than 20 inches ( 51 cm ).

