

# Awareness of Stroke Warning Signs and Risk factors in Cascade County Residents

- Baseline survey of Cascade residents
- Characteristics of respondents
- Knowledge of warning signs
- Knowledge of risk factors
- Call 911?
- Risk awareness & counseling on stroke

# Baseline Survey - 2004

- Telephone survey of random sample of Cascade County residents aged 45+ years (N =400)
- Survey assessed:
  - Demographic characteristics
  - Knowledge of warning signs
  - Knowledge of risk factors
  - Call 911?
  - Risk awareness & counseling on stroke

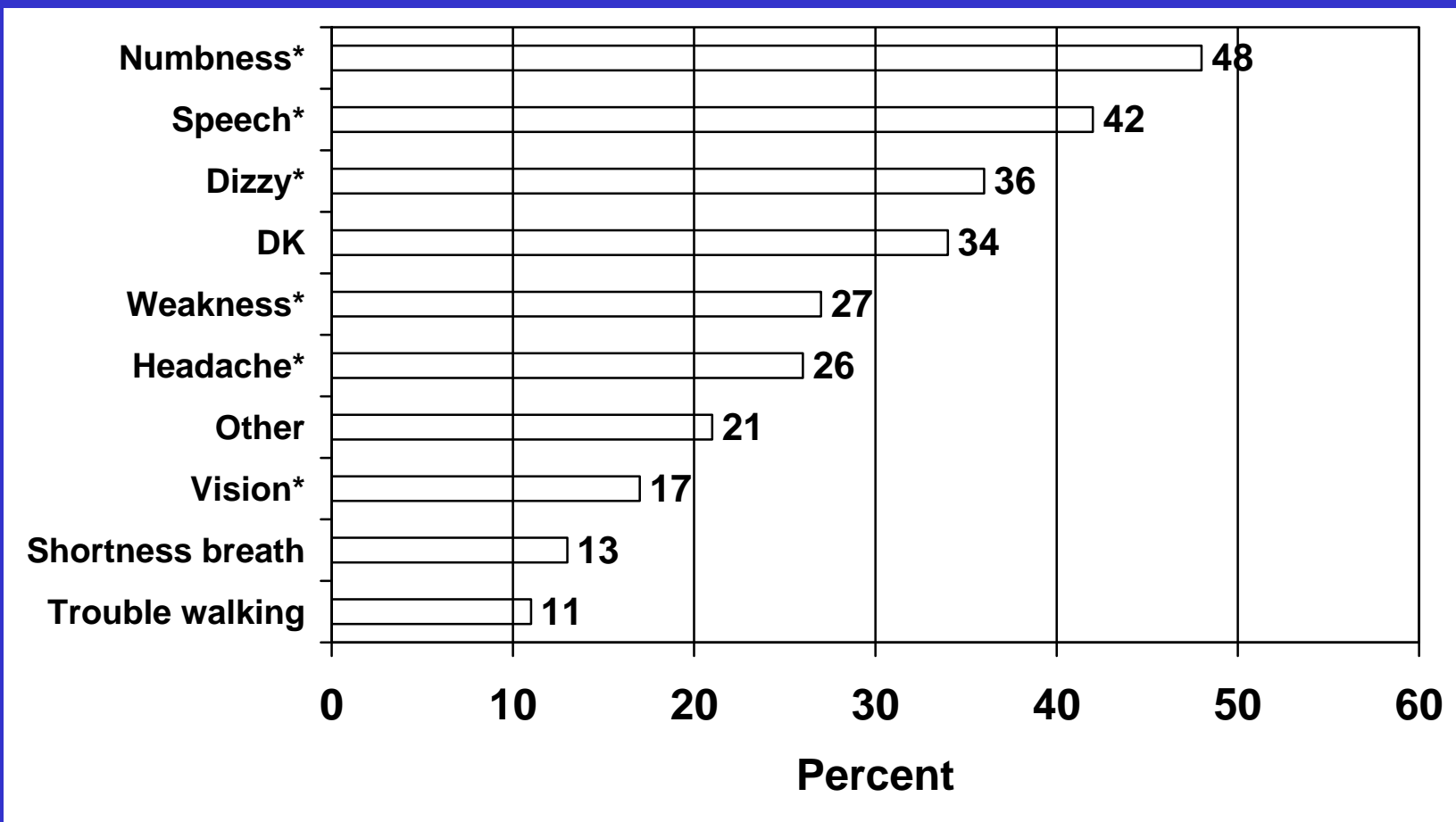
# Characteristics of Cascade County Respondents

- Mean age 60 yrs (range 45-92)
- 57% female, 96% white, 93% +12 yrs ed
- 9% AF, 6% DM, 36% HTN, 27% high chol, 20% smoke
- 7% hx CVD, 5% hx stroke or TIA
- 65% +1 risk factors for stroke (35% 1, 30% +2)

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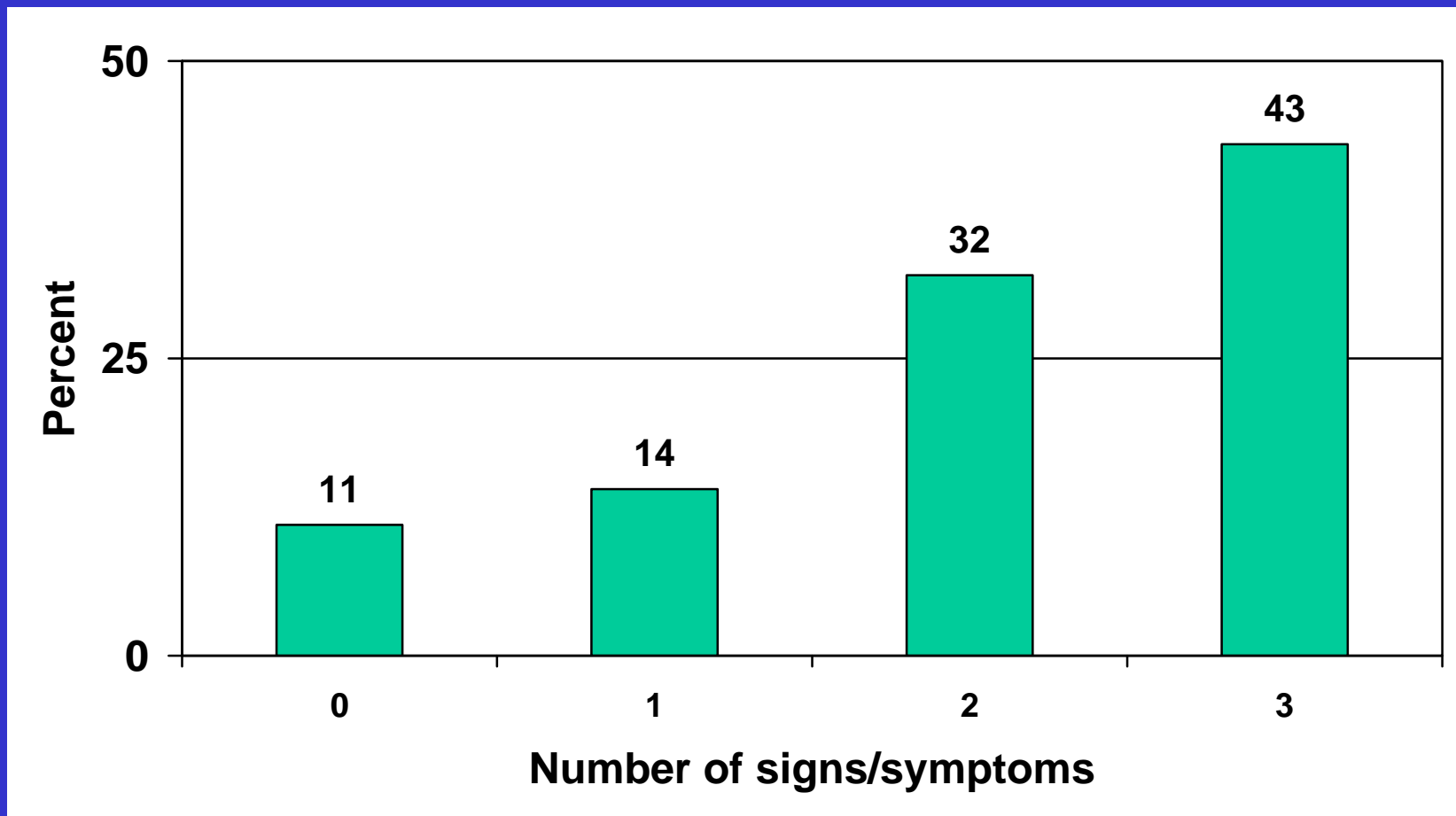
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Figure. Knowledge of warning signs for stroke.



\*Established warning sign for stroke

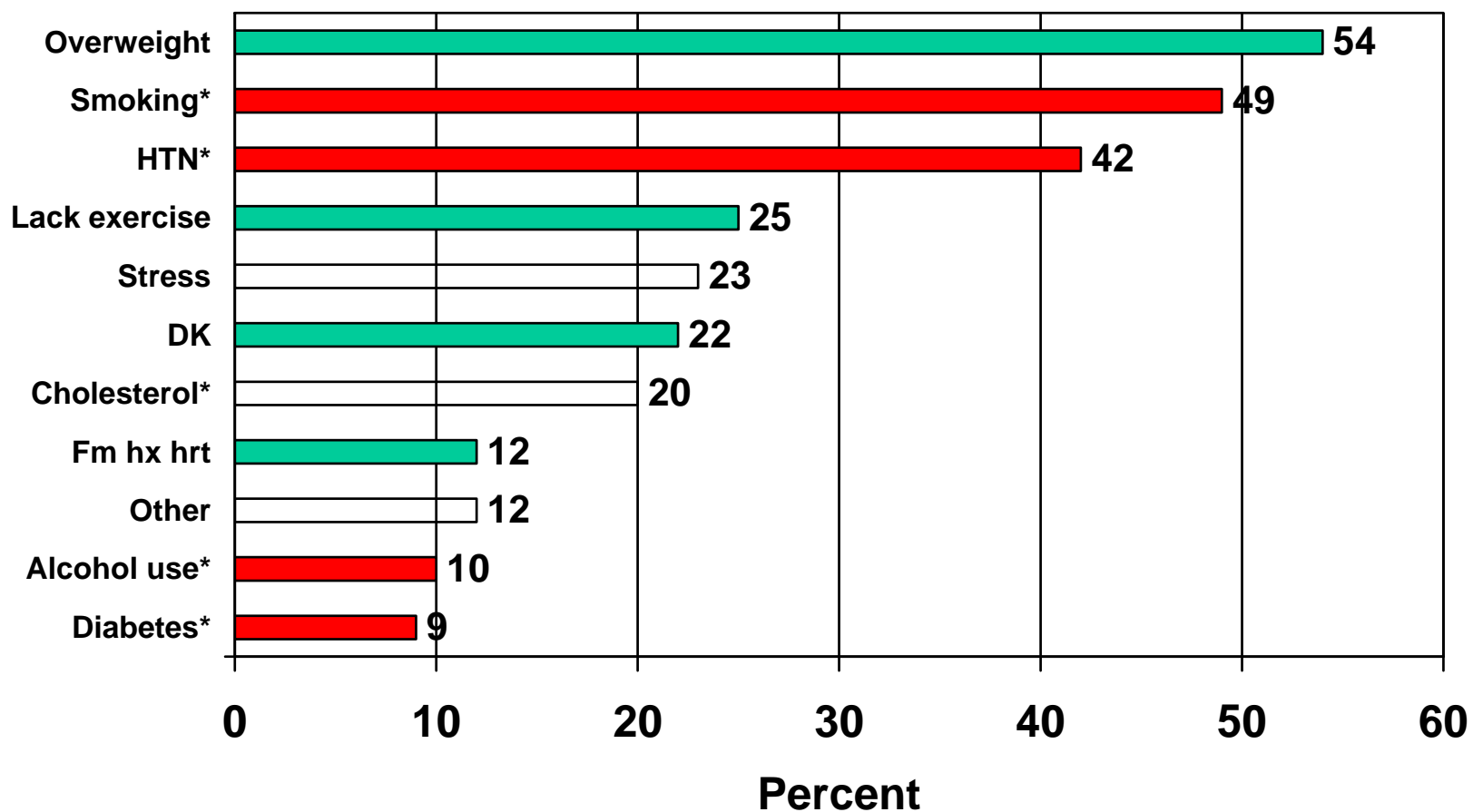
Figure. Knowledge of warning signs for stroke.



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Figure. Knowledge of risk factors for stroke.



\*Established risk factor for stroke



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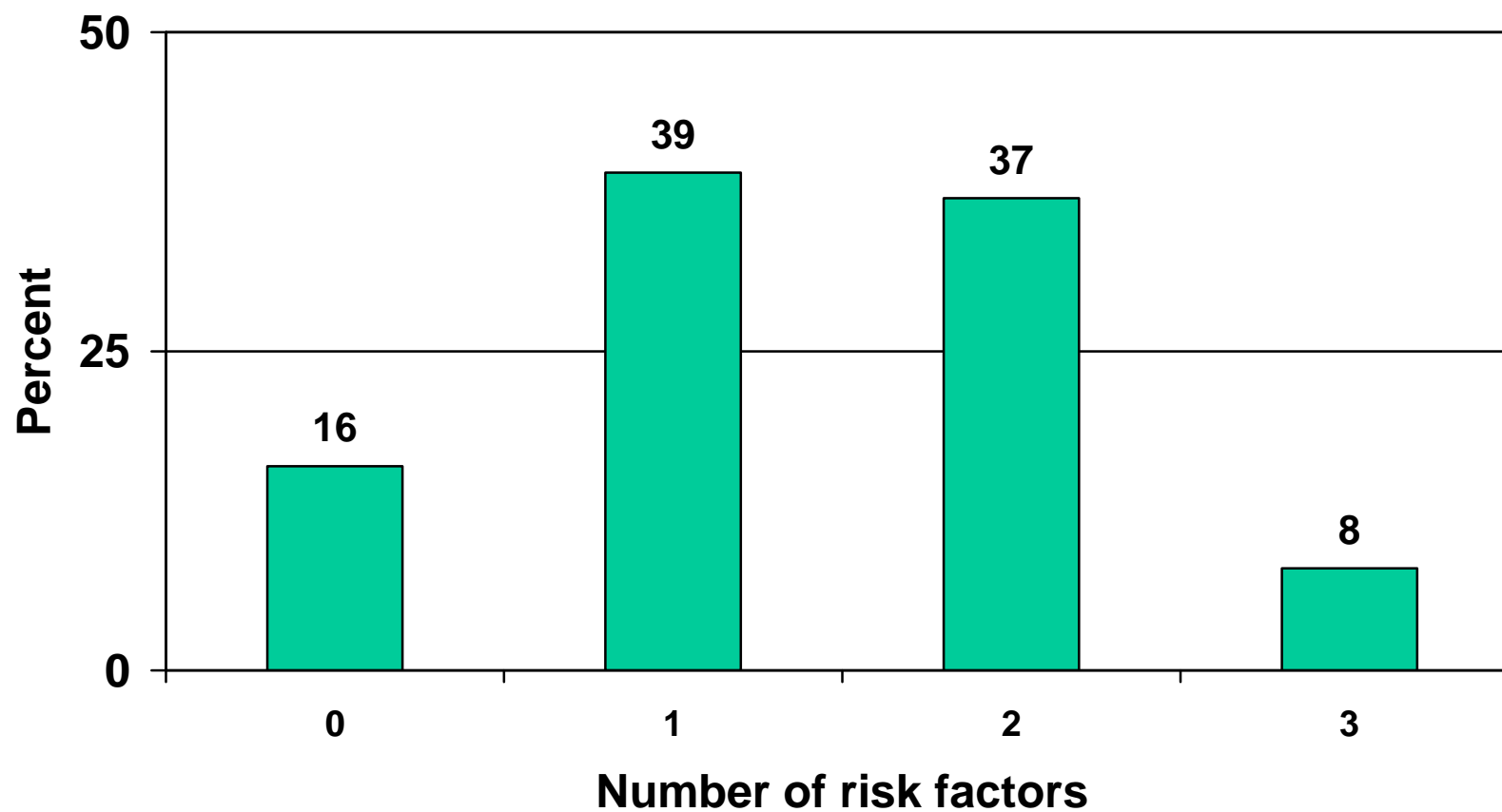
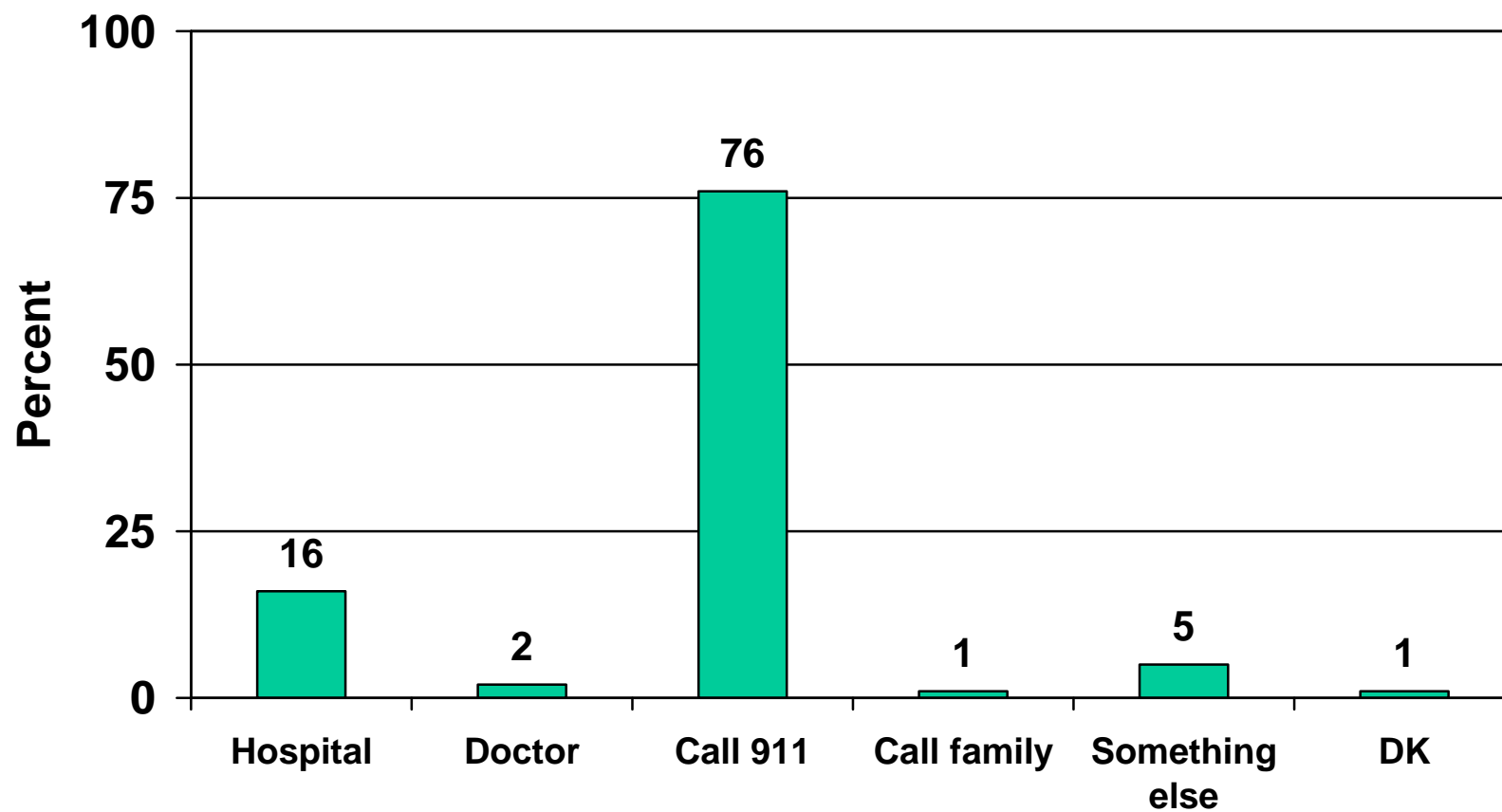


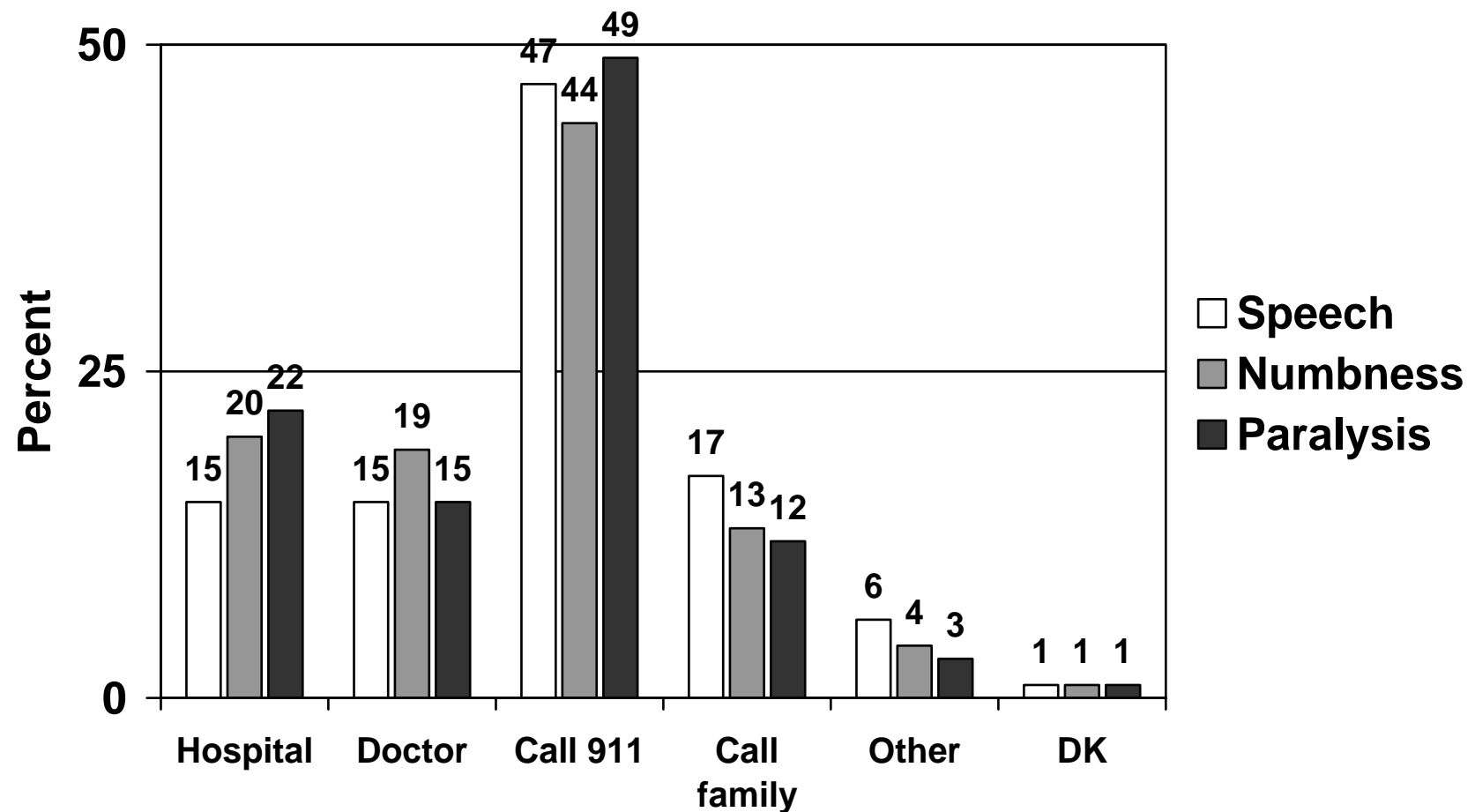
Figure. If you thought someone was having a stroke, what is the first thing you would do?



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Figure. If you experienced sudden ... that would not go away, what is the first thing you would do?



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Figure. Awareness of risk and advice from a health care professional regarding stroke risk, by number of risk factors and overall.

