

## Federal Interagency Annual Medical History and Rating Form Wildland Firefighters (Arduous Duty)

**Servicing Human Resources Officer (SHRO) or Fire Management Officer (FMO) :** On a computer generated label or typewriter, enter the SHRO's and FMO's name, street address, city, state, zip code, telephone number and e-mail address in the space provided below:

**Servicing Human Resources Officer (SHRO):**

Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Telephone Number: \_\_\_\_\_  
E-mail: \_\_\_\_\_

**Fire Management Officer (FMO):**

Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Telephone Number: \_\_\_\_\_  
E-mail: \_\_\_\_\_

**Firefighter:**

- Complete ALL medical history questions on pages 2 through 6 of this form and attach the medical exam.
- All "Yes" answers on the medical history section must be explained, including dates, treatments and current status.
- Your signature is required on page 2. Failure to sign will result in a delay of rating determination.
- Return the "Arduous Duty Wildland Firefighter Rating Form" (page 9) to your FMO. (If the FMO does not receive the "Arduous Duty Wildland Firefighter Rating Form" you will not be allowed to perform arduous firefighter duties. In addition, you will be unable to take the Pack Test until you are cleared for arduous firefighter duties.)

**Local Health Care Professional:**

- Review the requirements for an arduous duty wildland firefighter (pages 7 and 10).
- Review the firefighter's medical history responses on pages 2 through 6 and provide comments regarding all "yes" answers. These comments should include dates and current status.
- Complete the "Medical Screening" exam and the "Exam Summary" on page 8 and the "Arduous Duty Wildland Firefighter Rating Form" on page 9.
- Fax pages 1 through 9 of this form to CHS (Fax 703-288-5482) and retain the original exam form for your records.
- Give the completed "Arduous Duty Wildland Firefighter Rating Form" (page 9) to the firefighter.
- All significant abnormal findings are to be discussed with the firefighter.
- Additional testing will NOT be covered under this program and must be paid for by the firefighter.

### PRIVACY ACT INFORMATION

The information contained in this form will be used to determine whether an individual considered for arduous level wildland firefighting can safely and efficiently perform those duties in a manner that will not unduly risk aggravation, acceleration, exaggeration, or permanent worsening of a pre-existing medical condition. Its collection and use are consistent with the provisions of the 5 CFR 339 (Medical Qualification Determinations), 5 USC 552a (Privacy Act of 1974), 5 USC 3301 (Examination, Certification, and Appointment), and Executive Orders 12107 (Merit Systems Protection Board) and 12564 (Drug Free Federal Workplace). The information will be placed in your official Employee Medical File, and is to be used only for official purposes as explained and published annually in the Federal Register under OPM/GOVT-10, the OPM system of records notice.



# Federal Interagency Annual Medical History and Rating Form Wildland Firefighters (Arduous Duty)

Firefighter's Name: <b>User Test</b>		SSN: <b>***_**-0071</b>
Name of Employing Agency:		Date of Birth: <b>02/20/1970</b>
Position/Job Title:		Gender: <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female
Home Address: <b>123 Main St</b>		Date of Last Physical Exam:
City, State, Zip: <b>Vienna, VA 22182</b>		
Home Phone: <b>(301) 555-1212</b>	Work Phone:	Cell Phone:

Incomplete forms or missing information will result in a delay clearing you for arduous firefighter duties. Submitting information that is misleading or untruthful may result in termination, criminal sanctions, or failure to be cleared as a firefighter.

I understand that this history form and review do not substitute for routine health care or a periodic health examination conducted by my physician and that it is being conducted for occupational purposes only. I certify that all of the information I have provided on this form is complete and accurate to the best of my knowledge. I authorize release of information within this form to the Interagency Medical Standards Program Manager or their representatives for the purpose of medical clearance as an arduous duty wildland firefighter.

Firefighter's Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_

**Your signature is REQUIRED. Failure to sign will result in a delay of rating determination.**

**Answer all questions below. If you answer "yes" to any question(s), please provide all the requested information asked for in the "yes" box. Note: Missing information will result in a delay clearing you for arduous wildland firefighter duties.**

## MEDICAL HISTORY

1. Do you currently take any medications (prescribed and/or over-the-counter, including herbal)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes (list all medications, prescribed and over-the-counter, including herbal) <div style="display: flex; justify-content: space-between;"> <span><u>Name</u></span> <span><u>Reason For Taking</u></span> </div>
2. Are you allergic to bee/wasp/hornet/ fire ant/yellow jacket stings?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Check any of the reactions you have had: <input type="checkbox"/> large amount of swelling at sting site only <input type="checkbox"/> swelling or itching at site(s) other than site of sting, i.e. if stung on arm, swelling or itching has occurred somewhere other than on arm <input type="checkbox"/> hives <input type="checkbox"/> anaphylactic shock <input type="checkbox"/> blood pressure problems <input type="checkbox"/> difficulty breathing Explain <u>in detail</u> any positive response marked above: _____ _____ Have you ever been advised by a physician to carry an EpiPen for yourself? <div style="text-align: right;"> <input type="checkbox"/> No    <input type="checkbox"/> Yes         </div> Do you carry an EpiPen for yourself? <div style="text-align: right;"> <input type="checkbox"/> No    <input type="checkbox"/> Yes         </div>
3. Do you have any other allergies?	<input type="checkbox"/> No	<input type="checkbox"/> Yes List and describe reaction(s): _____ _____



4. Have you undergone <u>treatment</u> by doctors, healers, or other practitioners for any problem or illness within the past year?	<input type="checkbox"/> No	<input type="checkbox"/> Yes <u>Reason</u> _____ <u>Date</u> _____ <u>Current Status</u> _____ 1. _____ 2. _____ 3. _____
5. Have you had <u>surgery</u> or been advised to have surgery within the past year?	<input type="checkbox"/> No	<input type="checkbox"/> Yes <u>Reason</u> _____ <u>Date</u> _____ <u>Current Status</u> _____ 1. _____ 2. _____
6. Treatment for a mental or emotional condition?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Is this a current problem? <input type="checkbox"/> No <input type="checkbox"/> Yes Details: _____
7. Diagnosed with or treated for alcoholism or alcohol dependence?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Have you ever been in rehabilitation? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, when? _____ Details: _____
8. Diagnosed or treated for drug dependence or abuse?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Have you ever been in rehabilitation? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, when? _____ Details: _____
9. Have you ever had any type of eye disease (cataracts, glaucoma, retinopathy, macular degeneration, detached retina, eye muscle surgery, etc)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Is this a current problem? <input type="checkbox"/> No <input type="checkbox"/> Yes Details: _____
10. Do you wear corrective lenses?	<input type="checkbox"/> No	<input type="checkbox"/> Yes <u>Type used during firefighting:</u> <input type="checkbox"/> Glasses <input type="checkbox"/> Soft Contacts <input type="checkbox"/> Hard Contacts <input type="checkbox"/> Other _____ <u>Reason:</u> <input type="checkbox"/> For seeing far <input type="checkbox"/> For seeing close up <input type="checkbox"/> Both
11. Have you had surgery to correct your vision (LASIK, PRK, RK, etc.)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date: _____
12. Do you have any type of ear disease or hearing loss?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Do you have difficulty hearing? <input type="checkbox"/> No <input type="checkbox"/> Yes Do you wear a hearing aid(s)? <input type="checkbox"/> No <input type="checkbox"/> Yes Details: _____
13. Do you have any type of skin disease (other than acne)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Details: _____
14. Have you ever had a blood clot in a vein or in your lungs?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis and location of clot: _____ Date: _____
15. Do you currently have anemia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes What type of anemia? _____ Any treatment? <input type="checkbox"/> No <input type="checkbox"/> Yes Type of treatment: _____
16. Do you have high blood pressure?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
17. Have you ever had a stroke or TIA?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date: _____



18. Have you ever seen a doctor for poor circulation in your hands or feet?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date(s): _____
19. Have you ever had a heart attack, angioplasty or heart bypass surgery?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Which of the three have you had? _____ Date(s): _____
20. Have you had chest pain or angina during the past year?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date(s): _____ Did you see a doctor about the pain? <input type="checkbox"/> No <input type="checkbox"/> Yes What tests were done? (Give results) _____ Diagnosis: _____ Treatment: _____
21. Have you ever had an irregular heart beat, skipped beats, or palpitations?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date(s): _____ How many times over the past year has this occurred? _____ Have you seen a doctor about them? <input type="checkbox"/> No <input type="checkbox"/> Yes Type of palpitations: _____ Test(s) done: _____ Treatment: _____ Have you ever passed out due to an irregular heart beat? <input type="checkbox"/> No <input type="checkbox"/> Yes
22. Do you have a heart murmur?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date diagnosed: _____ Cause of the murmur: _____
23. Have you ever passed out, fainted, or been unconscious?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date(s): _____ Details: _____
24. Do you now, or have you ever had, any type of heart problem not mentioned above (heart valve problem, heart block, pacemaker, implanted defibrillator, Wolf-Parkinson-White syndrome, heart surgery, etc.)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Is this a current problem? <input type="checkbox"/> No <input type="checkbox"/> Yes Details: _____
25. Have you ever had asthma?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Date diagnosed: _____ Date of last asthma attack: _____ Do you use an inhaler? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, list name(s) of inhaler(s) AND how many times per week you use each inhaler: _____ Have you ever been hospitalized or been to the emergency room or doctor's office because of an asthma attack? <input type="checkbox"/> No <input type="checkbox"/> Yes (give dates) _____ Does smoke, dust, or exercise trigger your asthma? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____
26. Do you have any type of lung disease other than asthma (reactive airway disease, emphysema, COPD, sleep apnea, etc.)?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Current status: _____ Have you ever used an inhaler within the past 2 years? <input type="checkbox"/> No <input type="checkbox"/> Yes (give dates, name(s) of inhalers and frequency of use) _____



27. Have you ever had a positive PPD (TB) skin test or tuberculosis?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Specify <input type="checkbox"/> Positive PPD <u>only</u> <input type="checkbox"/> Diagnosed with tuberculosis Date: _____ Did you receive any treatment? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain with dates) _____ Was a chest x-ray done? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain with dates) _____
28. Do you have any problems with dizziness or balance?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date(s): _____
29. Do you have a tremor or shakiness?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date(s): _____
30. Do you have any numbness in your hands or feet?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date(s): _____
31. Do you have migraines or severe headaches?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Number of headaches/migraines per month: _____ When you have a headache, does it limit your work activities? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____
32. Have you ever had a seizure?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Type of seizure: _____ Date of last seizure: _____
33. Do you have diabetes?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Do you take insulin? <input type="checkbox"/> No <input type="checkbox"/> Yes Do you take pills for diabetes? <input type="checkbox"/> No <input type="checkbox"/> Yes Average blood sugar reading: _____ Most recent Hgb A1c result and test date: _____ Any episodes of low blood sugar in the last 2 years? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain with dates) _____ Any heart disease, kidney disease, eye disease, or neuropathy due to diabetes? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain with dates) _____
34. Do you have any thyroid disease?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Type of thyroid disease: _____ Current status: _____
35. Have you ever had any type of stomach or intestinal disease?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Current status: _____
36. Do you <u>currently</u> have a hernia?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Type of hernia: <input type="checkbox"/> Inguinal (groin) <input type="checkbox"/> Umbilical <input type="checkbox"/> Other _____ Is surgery planned or recommended? <input type="checkbox"/> No <input type="checkbox"/> Yes



37. Have you ever had hepatitis?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Type of hepatitis: <input type="checkbox"/> Type A <input type="checkbox"/> Type B <input type="checkbox"/> Type C <input type="checkbox"/> Other (explain) _____ Date: _____ Current status: _____
38. Have you ever had any other type of liver disease?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Current status: _____
39. Have you ever had any blood in the stool or vomited blood?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date(s): _____
40. Do you have any type of kidney or bladder disease?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Diagnosis: _____ Date(s): _____ Current status: _____
41. Do you get back or neck pain?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Location: <input type="checkbox"/> lower back <input type="checkbox"/> upper back <input type="checkbox"/> neck Number of episodes over the last year: _____ Date of last episode: _____ Current status: _____ Any numbness or weakness in legs or arms? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____ When you get pain, does it limit your work activities? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____
42. Do you get joint pain?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Which joint(s)? _____ Diagnosis: _____ Frequency of pain: _____ Current status: _____ Does the pain limit your work activities? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____
43. Do you have any amputations or are you unable to use any arm, leg, finger or toe?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain and give date: _____ Does this loss limit your work activities? <input type="checkbox"/> No <input type="checkbox"/> Yes (explain) _____
44. Do you have any medical condition not listed elsewhere on this questionnaire?	<input type="checkbox"/> No	<input type="checkbox"/> Yes Explain with date(s) and current status: _____

**45. Tobacco History:** This information is needed since tobacco use increases your risk for many diseases including cancer, lung disease and heart disease. Please mark the appropriate box:  
  

☐ Currently use tobacco:  
     # cigarettes/day \_\_\_\_\_  
     # other tobacco products/day \_\_\_\_\_  
     Total years of tobacco use \_\_\_\_\_

☐ Formerly used tobacco:  
     # cigarettes/day \_\_\_\_\_  
     # other tobacco products/day \_\_\_\_\_  
     Total years of tobacco use \_\_\_\_\_

☐ Never used tobacco

**46. Physical Activity**  
 Intensity:    ☐ Low (walking, etc)    ☐ Moderate (jogging, cycling, etc)    ☐ High (strenuous exercise such as running, etc)  
 Duration in Minutes per Session: \_\_\_\_\_    Frequency in Days per Week: \_\_\_\_\_

**47. Tetanus Booster**  
**Date of Last Tetanus (Td) Booster:**    ☐ Within 10 Years    ☐ More than 10 years    ☐ I don't remember  
 (NOTE: Tetanus booster is recommended every 10 years. Should you elect to have this updated at the time of your exam, you are responsible for the payment.)



EXAMINER MUST PROVIDE COMMENTS REGARDING ALL “YES” ANSWERS FOR MEDICAL HISTORY QUESTIONS 1-44.  
Please be sure that date(s) and current status are documented.

<u>Question #</u>	<u>Comments</u>
-------------------	-----------------

[illegible]

DO NOT COPY

Time/Work Volume	Physical Requirements	Environment	Physical Exposures
May Include			
<ul style="list-style-type: none"> <li>Long hours (minimum of 12-hour shifts)</li> <li>Irregular hours</li> <li>Shift work</li> <li>Time zone changes</li> <li>Multiple and consecutive assignments</li> <li>Pace of work typically set by emergency situations</li> <li>Ability to meet “arduous” level performance testing (the Pack Test), which includes carrying a 45 lb pack 3 miles in 45 minutes, approximating an oxygen consumption (VO2 max) of 45 mL/kg-minute</li> <li>Typically 14-day assignments but may extend up to 21-day assignments</li> </ul>	<ul style="list-style-type: none"> <li>Use shovel, Pulaski and other hand tools to construct fire lines</li> <li>Lift and carry more than 50 pounds</li> <li>Lifting or loading boxes and equipment</li> <li>Drive or ride for many hours</li> <li>Fly in helicopters and fixed wing airplanes</li> <li>Work independently, and on small and large teams</li> <li>Use PPE (includes hard hat, boots, eyewear, and other equipment)</li> <li>Arduous exertion</li> <li>Extensive walking, climbing, kneeling, stooping, pulling hoses, running, jumping, twisting and bending</li> <li>Rapid pull-out to safety zones</li> <li>Provide rescue or evacuation assistance</li> <li>Use of a fire shelter</li> </ul>	<ul style="list-style-type: none"> <li>Very steep terrain</li> <li>Rocky, loose or muddy ground surfaces</li> <li>Thick vegetation</li> <li>Down/standing trees</li> <li>Wet leaves/grasses</li> <li>Varied climates (cold/ hot/ wet/ dry/ humid/ snow/ rain)</li> <li>Varied light conditions, including dim light or darkness</li> <li>High altitudes</li> <li>Heights</li> <li>Holes and drop-offs</li> <li>Very rough roads</li> <li>Open bodies of water</li> <li>Isolated/ remote sites</li> <li>No ready access to medical help</li> </ul>	<ul style="list-style-type: none"> <li>Light (bright sunshine/UV)</li> <li>Burning materials</li> <li>Extreme heat</li> <li>Airborne particulates</li> <li>Fumes, gases</li> <li>Falling rocks and trees</li> <li>Allergens</li> <li>Loud noises</li> <li>Snakes</li> <li>Insects/ticks</li> <li>Poisonous plants</li> <li>Trucks and other large equipment</li> <li>Close quarters, large number of other workers</li> <li>Limited/disrupted sleep</li> <li>Hunger/irregular meals</li> <li>Dehydration</li> </ul>

**MEDICAL SCREENING (To Be Completed By The Exam Facility)****VITAL SIGNS**

1. Height: \_\_\_\_\_ inches Weight: \_\_\_\_\_ pounds

2. Blood Pressure: \_\_\_\_\_/\_\_\_\_\_

Repeat after 5-10 minutes if first blood pressure is greater than 140/90: \_\_\_\_\_/\_\_\_\_\_

3. Pulse: \_\_\_\_\_ beats/minute ☐ Regular ☐ Irregular

Repeat after 5-10 minutes if first pulse is greater than 100 or less than 50: \_\_\_\_\_ beats/minute

**HEARING**

4. Heard? Yes No

Right whisper ☐ ☐Left whisper ☐ ☐Right spoken ☐ ☐Left spoken ☐ ☐☐ If the examinee wears hearing aids, please check here to verify that hearing test was done without hearing aid(s)

Note: Hearing tests are done at 1 foot from ear (opposite ear should be covered)

**VISION**5. **Uncorrected** Distance Vision (This must be done on all examinees except those who wear soft contacts.)

Right: 20/\_\_\_\_\_ Left: 20/\_\_\_\_\_

6. **Corrected** Distance Vision (This must be done on all examinees who wear glasses or contacts for distance vision.)

Right: 20/\_\_\_\_\_ Left: 20/\_\_\_\_\_

7. Color Vision: Yes No

Can see: Red ☐ ☐Green ☐ ☐Yellow ☐ ☐**EXAM SUMMARY (This Must Be Completed By Examiner)**

1. Was blood pressure greater than 140/90? (If two blood pressures were taken, was both greater than 140/90?) ☐ YES ☐ NO
2. Did the examinee fail the whisper test in either ear? ☐ YES ☐ NO
3. Did the examinee fail to distinguish red/green/yellow? ☐ YES ☐ NO
4. Was distance visual acuity (uncorrected distance vision for those who do not wear corrective lenses and corrected distance vision for those who wear corrective lenses) worse than 20/40 in either eye? ☐ YES ☐ NO
5. Are any of the medical history questions 1-44 not answered? ☐ YES ☐ NO
6. Are there any medical history questions 1-44 which were answered "yes", that do not have an explanation, including a date(s) and current status? ☐ YES ☐ NO
7. Is the firefighter's signature missing from page 2 or the examiner's signature missing from pages 8 or 9? ☐ YES ☐ NO
- Does the examinee have any of the following?
8. Coronary artery disease or other cardiac disease ☐ YES ☐ NO
9. Diabetes ☐ YES ☐ NO
10. Asthma requiring the use of 2 medications OR requiring the use of rescue inhalers more frequently than once a week OR for which he/she has ever been hospitalized as an adult OR which is triggered by smoke, dust or exercise ☐ YES ☐ NO
11. Stinging insect allergy which requires carrying EpiPen OR with any systemic reaction or hives ☐ YES ☐ NO
12. History of seizures ☐ YES ☐ NO
13. Any limitations or restrictions due to a musculoskeletal condition ☐ YES ☐ NO
14. Has the examinee had LASIK eye surgery within the last 3 months OR RK eye surgery within the past 6 months? ☐ YES ☐ NO
15. Does the examinee have any condition that might prevent him/her from safely being able to perform the essential functions of an arduous duty wildland firefighter (see functional requirements on page 7)? ☐ YES ☐ NO
16. Does the examinee have any medical condition for which further information is needed before a decision can be made regarding whether or not he/she can safely perform the essential functions of an arduous duty wildland firefighter? ☐ YES ☐ NO
17. Does the examinee wear glasses or hard contacts AND have uncorrected distance vision worse than 20/100 in either eye? ☐ YES ☐ NO

**EXAMINER CONCLUSIONS:**

Based on the Exam Summary above, the rating for this examinee is:

- ☐ A. Answers to all 17 questions above are "NO" (Cleared)
- ☐ B. Answers to 1-16 are "NO" AND answer to 17 is "YES" (Cleared but needs to carry a second pair of glasses)
- ☐ FE Answer is "YES" to any of questions 1-16 (Further Evaluation Needed)

Examiner Printed Name

Signature

Date

Street Address (print)

City, State, ZIP (print)

Telephone Number





## ARDUOUS DUTY WILDLAND FIREFIGHTER RATING FORM

Rating may be changed after review by Interagency CMC. SHRO/FMO will be notified if any change occurs.

**Local Health Care Professional:** Complete the information required below, then detach and provide this page to the firefighter at the end of the medical screening. The rating on this page must be the same as the rating you have listed on page 8.

**Firefighter:** You must return this page to the Fire Management Officer.

Firefighter Name: User Test

Agency, Unit and Location: BLM NVSTL

**EXAMINER CONCLUSIONS** (The rating on this page must be the same as the rating on the previous page):  
Based on the Exam Summary, the rating for this examinee is:

- ☐ **A. Cleared** (Employee is cleared for arduous duty wildland firefighting and the Pack Test.)
- ☐ **B. Cleared, but needs to carry a second pair of glasses**
- ☐ **Further Evaluation Needed** (Comprehensive Health Services, Inc. will contact the firefighter for further information before a determination for arduous duty wildland firefighting is provided.)

\_\_\_\_\_  
**Examiner Printed Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Address (Print Only)**

\_\_\_\_\_  
**License/Certification Number**

\_\_\_\_\_  
**License/Certification State**

\_\_\_\_\_  
**City, State, and Zip (Print Only)**

\_\_\_\_\_  
**Telephone Number**



## Medical Standards for Wildland Firefighter Arduous Duty

System	Standard
Psychiatric	Must have judgement, mental functioning and social interaction that will provide for the safe and efficient conduct of the job requirements.
Vision	Uncorrected far visual acuity at least 20/100 in each eye for those who wear hard contacts or glasses; far visual acuity of at least 20/40 each eye corrected (if necessary) with contact lenses or glasses; color vision sufficient to distinguish red, green and amber (yellow); no ophthalmologic condition that would increase ophthalmic sensitivity to bright light, fumes, airborne particles, or susceptibility to sudden incapacitation. Note: Successful users of soft contact lenses are not required to meet the "uncorrected" vision guideline.
Hearing	Whisper at about 30 dB must be heard in each ear.
HEENT	Normal conversational speech. No evidence by medical history of head, nose, mouth, throat, or neck conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Dermatology	No evidence by medical history of dermatologic conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Vascular	No current evidence of phlebitis, thrombosis, venous stasis or arterial insufficiency. No evidence by medical history of peripheral vasculature conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Cardiac	No evidence by medical history that the cardiovascular system is outside the range of normal. Blood pressure must be less than or equal to 140 mmHg systolic and 90 mmHg diastolic.
Gastrointestinal	No evidence by medical history of gastrointestinal conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Genitourinary	No evidence by medical history of genitourinary conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Endocrine	No evidence by medical history of endocrine conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Nervous and Vestibular	Normal mental status. No evidence by medical history of nervous, cerebellar, or vestibular system conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Chest/Respiratory	No evidence by medical history of respiratory conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job. Note: The requirement to use an inhaler (such as for asthma) requires agency review.
Immune/Allergic	No evidence by medical history of infectious disease, immune system disorder, or allergic conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Hematopoietic	No evidence by medical history of hematopoietic conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Musculoskeletal	No medical history or obvious evidence of decreased strength, flexibility or range of motion, or joint instability. No musculoskeletal conditions likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job.
Prosthetics; Transplants; Implants	No evidence by medical history that the transplant, prosthesis, implant, or conditions that led to the need for these treatments are likely to present a safety risk or to worsen as a result of carrying out the essential functions of the job. Note: For individuals with transplants, prosthetics or implanted pumps or electrical devices, the firefighter will need to provide documentation that the individual (and, if applicable, his/her prosthetic or implanted device) is considered fully cleared for the specified functional requirements of wildland firefighting.
Medication	The need for and use of prescribed or over-the-counter medications are not of themselves disqualifying. However, there must be no medical history of any impairment of body function, mental function or attention due to medications that are likely to present a safety risk or worsen as a result of carrying out the specified functional requirements.

Further information regarding the Medical Standards for Wildland Firefighter Arduous Duty can be found at:

[http://www.nifc.gov/medical\\_standards/resources/medstand\\_review-criteria.pdf](http://www.nifc.gov/medical_standards/resources/medstand_review-criteria.pdf)

