SHUTTLE MENU STS-122

REX WALHEIM, MS-2 (GREEN)

Meal	Days 1* & 12**	Day 2	Day 3	Day 4	Day 5
Α	Rice & Chicken (R)	Applesauce (T)	Sausage Pattie (R)	Dried Beef (FF) x2	Sausage Pattie (R)
	Beef Stroganoff (R)	Sausage Pattie (R)	Crackers (NF)	Rice & Chicken (R)	Cornflakes (R)
	Almonds (NF)	Bran Chex (R)	Almonds (NF)	Butter Cookies (NF)	Almonds (NF)
	Butter Cookies (NF)	Almonds (NF)	Vanilla Breakfast Drink (B)	Strawberry Breakfast Drink (B)	Beef Stroganoff (R)
	Apple Cider (B)	Apple Cider (B)	Apple Cider (B)	Apple Cider (B)	Apple Cider (B)
		Peach-Apricot Drink (B)			Grape Drink (B)
В		Cream of Mushroom Soup (R)	Tomato Basil Soup (I)	Cream of Mushroom Soup (R)	Tomato Basil Soup (T
		Dried Beef (FF)	Shrimp Cocktail (R)	Dried Beef (FF) x2	Chicken Salad Spread
		Rice & Chicken (R)	Noodles & Chicken (R)	Beef Steak (I)	Tortilla (FF)
		Vanilla Pudding (T)	Candy Coated Peanuts (NF)	Shortbread Cookies (NF)	Macadamia Nuts (NF)
		Strawberry Drink (B)	Beef Stroganoff (R)	Candy Coated Almonds (NF)	Banana Pudding (T)
		Peach-Apricot Drink (B)	Grape Drink (B)	Grape Drink (B)	Grape Drink (B)
					Strawberry Drink (B)
С	Chicken Noodle Soup (T)	Mashed Potatoes (R)	Chicken Noodle Soup (I)	Shrimp Cocktail (R)	Chicken Noodle Soup
	Beef Steak (I)	Teriyaki Beef Steak (I)	Teriyaki Beef Steak (I)	Vegetarian Vegetable Soup (T)	Spicy Chicken & Vege
	Shortbread Cookies (NF)	Shortbread Cookies (NF)	Mashed Potatoes (R)	Vegetarian Chili (R)	Mashed Potatoes (R)
	Tortillas (FF) x2	Candy Coated Chocolates (NF)	Peanuts (NF)	Potatoes au Gratin (R)	Strawberries (R)
	Grape Drink (B)	Tortillas (FF) x2	Brownie (NF)	Candy Coated Peanuts (NF)	Vanilla Pudding (I)
	Orange-Mango Drink (B)	Orange-Grapefruit Drink (B)	Tortillas (FF) x2	Grape Drink (B)	Candy Coated Almond
		Grape Drink (B)	Peach-Apricot Drink (B)	Pineapple Drink (B)	Peach-Apricot Drink (
			Tropical Punch (B)	Peach-Apricot Drink (B)	Pineapple Drink (B)

*Day 1 consists of Meal C only

**Day 12 consists of Meal A only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized

SHUTTLE MENU STS-122

REX WALHEIM, MS-2 (GREEN)

Day 6	Day 7	Day 8	Day 9	Day 10
Noodles & Chicken (R)	Sausage Pattie (R)	Rice & Chicken (R)	Sausage Pattie (R)	Peach Ambrosia (R)
Dried Beef (FF) x2	Rice & Chicken (R)	Dried Beef (FF) x2	Cornflakes (R)	Spicy Chicken & Vegetables (R)
Strawberry Breakfast Drink (B)	Bran Chex (R)	Strawberry Breakfast Drink (B)	Almonds (NF)	Bran Chex (R)
Apple Cider (B)	Butter Cookies (NF)	Orange-Mango Drink (B)	Apple Cider (B)	Apple Cider (B)
Grape Drink (B)	Vanilla Breakfast Drink (B)	Peach-Apricot Drink (B)	Strawberry Drink (B)	Grape Drink (B)
	Apple Cider (B)			Strawberry Breakfast Drink (B)
Minestrone Soup (T)	Cream of Mushroom Soup (R)	Tomato Basil Soup (I)	Cream of Mushroom Soup (R)	Vegetarian Chili (R)
Chicken Strips & Salsa (T)	Shrimp Cocktail (R)	Beef Stroganoff (R)	Shrimp Cocktail (R)	Beef Pattie (R)
Tomatoes & Eggplant (T)	Almonds (NF)	Vegetarian Chili (R)	Strawberries (R)	Tomatoes & Eggplant (T)
Butter Cookies (NF)	Shortbread Cookies (NF)	Red Beans & Rice (T)	Vanilla Pudding (T)	Almonds (NF)
Peach-Apricot Drink (B)	Grape Drink (B)	Butter Cookies (NF)	Grape Drink (B)	Orange-Mango Drink (B)
Pineapple Drink (B)	Apple Cider (B)	Grape Drink (B)	Orange Drink (B)	Strawberry Drink (B)
		Orange-Pineapple Drink (B)		
Cream of Mushroom Soup (R)	Tortillas (FF) x2	Spicy Chicken & Vegetables (R)	Minestrone Soup (I)	Vegetarian Vegetable Soup (I)
Teriyaki Beef Steak (I)	Beef Steak (I)	Broccoli au Gratin (R)	BBQ Beef Brisket (I)	Chicken Strips & Salsa (T)
Peanuts (NF)	Vegetarian Vegetable Soup (T)	Candy Coated Chocolates (NF)	Beef Stroganoff (R)	Tortillas (FF) x2
Candy Coated Chocolates (NF)	Potatoes au Gratin (R)	Pineapple Drink (B)	Mashed Potatoes (R)	Strawberries (R)
Tortillas (FF) x2	Candy Coated Peanuts (NF)	Peach-Apricot Drink (B)	Applesauce (T)	Vanilla Pudding (T)
Orange-Grapefruit Drink (B)	Vanilla Pudding (T)		Candy Coated Chocolates (NF)	Candy Coated Chocolates (NF)
Grape Drink (B)	Strawberries (R)		Tropical Punch (B)	Peach-Apricot Drink (B)
	Grape Drink (B)		Orange-Grapefruit Drink (B)	Orange-Pineapple Drink (B)
	Orange-Mango Drink (B)			

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized

Day 11

Rice Krispies (R) Peach Ambrosia (R) Beef Stroganoff (R) Apple Cider (B) Peach-Apricot Drink (B)

Cream of Mushroom Soup (R) Chicken Salad Spread (T) Tortillas (FF) x2 Peanuts (NF) Vanilla Pudding (T) Grape Drink (B) Orange-Mango Drink (B)

Vegetarian Vegetable Soup (I) Spicy Chicken & Vegetables (R) Mashed Potatoes (R) Butter Cookies (NF) Candy Coated Chocolates (NF) Strawberry Drink (B) Orange-Pineapple Drink (B)