

**Patient Management with  
Molecular Imaging:  
A New Paradigm for Cancer Imaging**

**5th National Forum on  
Biomedical Imaging in Oncology**

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# Patient Management with Molecular Imaging: Outline

- **Clinical questions**
- **Biologic targets and radiopharmaceuticals for molecular imaging**
- **Examples of clinical applications**
  - **Assess the therapeutic targets**
  - **Identify resistance factors**
  - **Measure early response to treatment**

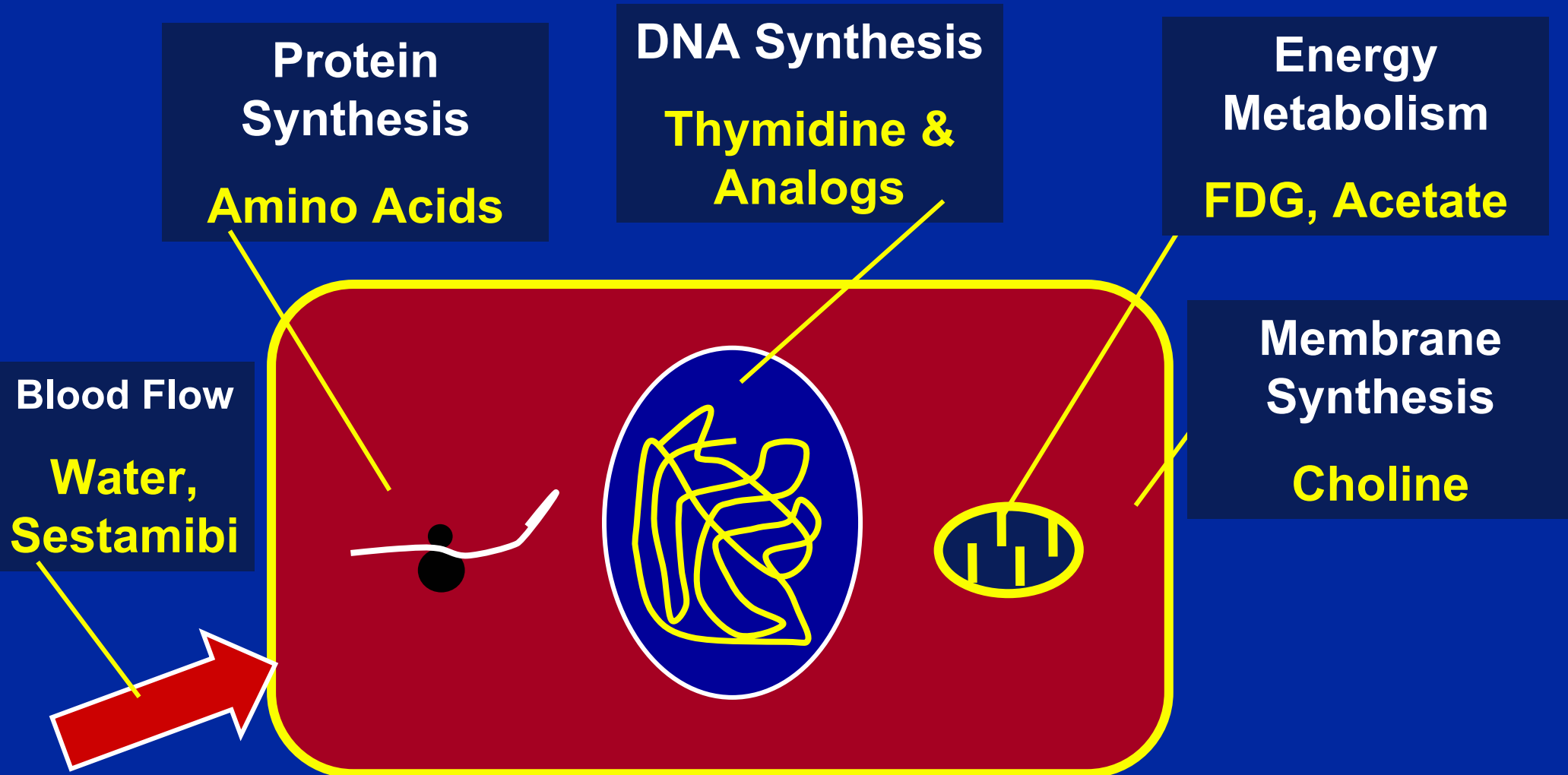
# **A New Paradigm for Cancer Imaging:** **Help Direct Cancer Treatment**

- **Established role:**
  - Detect cancer
  - Find how far cancer has spread
- **New role for imaging:**
  - Guide cancer treatment selection
  - Evaluate early treatment response

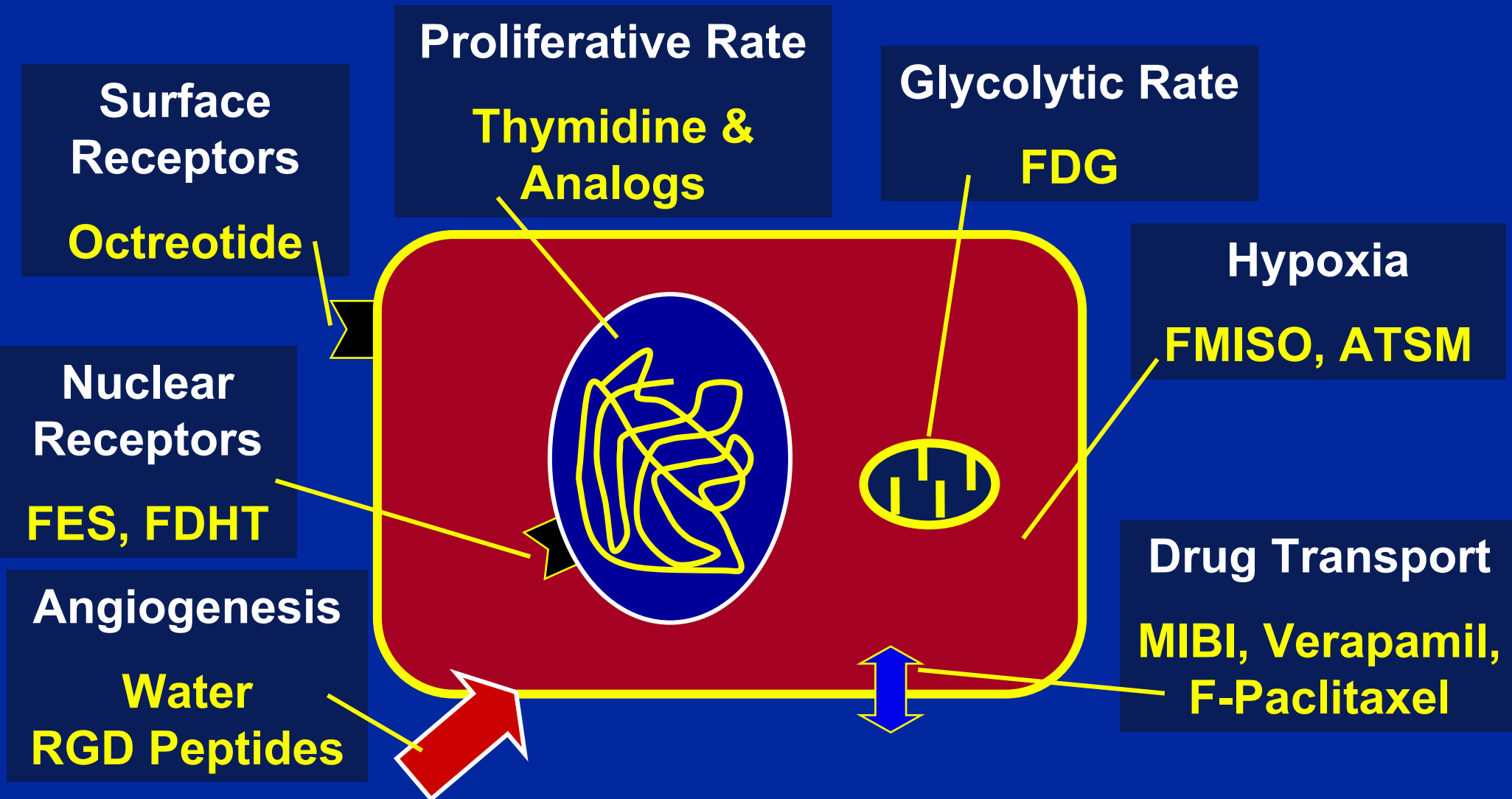
# **A New Paradigm for Cancer Imaging:** Help Match Therapy to Tumor Biology

- **Emerging trends in cancer treatment**
  - Characterize tumor biology pre-Rx
  - Individualized, specific therapy
  - Static response may be OK in some cases
- **The implied needs for cancer imaging**
  - Characterize in vivo tumor biology
  - Identify targets, predict response
  - Measure tumor response (early!)

# Existing Cancer Imaging Paradigm: Targets for Detecting Tumor Cells Higher in Tumor than Normal Tissue



# Emerging Cancer Imaging Paradigm: Measure Factors Affecting Response Variable Levels in Tumor



# **New Cancer Imaging Agents: Desirable Properties for Clinical Use**

- **Fills a clinical need in cancer care**
- **Uptake based upon specific tumor biology**
- **Can be regionally distributed**
- **Clinically practical**
  - **Clinically-feasible imaging protocols**
  - **Qualitative and quantitative interpretation**
    - **Robust, automated image analysis**

# Why Radioisotope Imaging?

Answer: To achieve tracer conditions

- Example: Estrogen Receptor Imaging
  - Tracer specific activity **1000 mCi/ $\mu$ mol**
  - Injected activity dose: **5 mCi**
  - Injected molar dose: **5 nmol**
  - Peak blood concentration: **1 nM**

(Typical estradiol blood concentration is  $\mu$ M)
- Can image biochemical processes without disturbing them
- Radiographic, MR, or optical agents require **~mM**



# PET Imaging Agents: Isotope Choices

- $^{18}\text{F}$  (110 min) - model for clinical use from FDG
- $^{11}\text{C}$  (20 min) - important for science and development
  - $T_{1/2}$  too short for distribution
  - Clinical use at centers with cyclotrons
- Other choices:
  - $^{124}\text{I}$  (~4 days) - longer half life, high rad dose
  - Cu isotopes ( $^{60}\text{Cu}$ ,  $^{62}\text{Cu}$ ) - ATSM, eg.
  - $^{94\text{m}}\text{Tc}$  (~50 min) - wealth of experience from SPECT
  - $^{68}\text{Ga}$  (68 min) - convenient generator

# Specific Examples of Molecular Imaging to Direct Cancer Therapy

- **Assess the therapeutic target**
- **Identify resistance factors**
- **Measure early response**

# Identifying Therapeutic Targets using Molecular Imaging: Why?

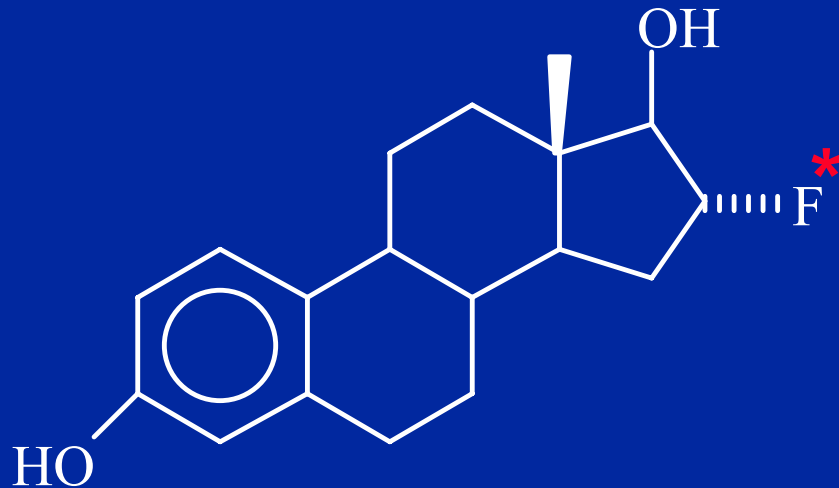
- Imaging can measure the level of expression
  - Heterogeneity of target expression
  - Especially for advanced disease
- Imaging can measure the *in vivo* effect of drug therapy on the target. Examples:
  - Receptor antagonism
  - Change in target expression

# Agents for Measuring Therapeutic Targets

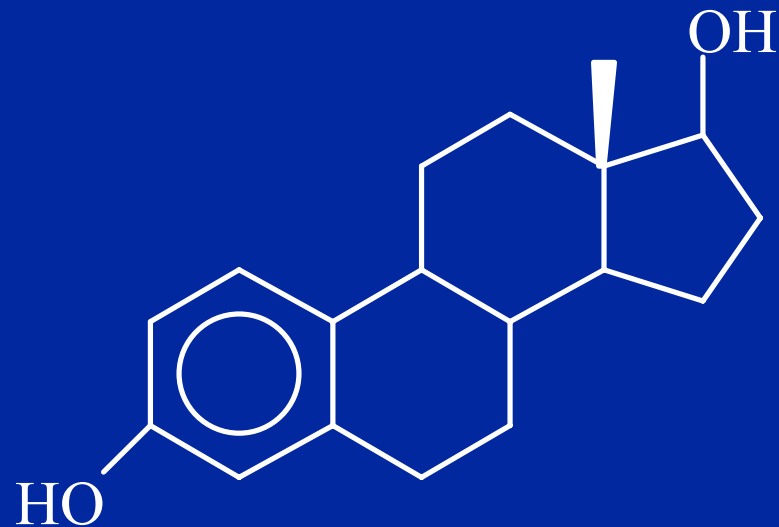
- Tumor Receptors
  - ER -  $^{18}\text{FES}$
  - AR -  $^{18}\text{FDHT}$
  - Others - SSR receptors, endocrine agents
- Oncogenes
  - MoAbs, Labeled tyrosine kinases
- Angiogenesis
  - Specific -  $^{18}\text{F-RGD}$  peptides
  - Blood flow -  $\text{H}_2^{15}\text{O}$

# [F-18]-Fluoroestradiol (FES): A Tracer for Estrogen Receptor Imaging

## FES



## Estradiol



(Kieswetter, J Nucl Med, 1984)

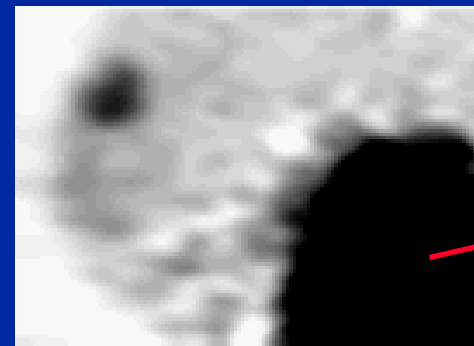
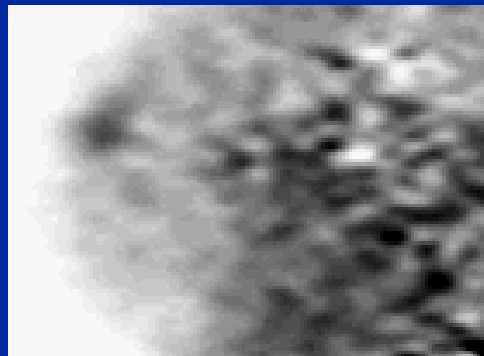
# [F-18] FES Measures ER Expression in Breast Cancer

(thick sagittal planes)

**FDG**

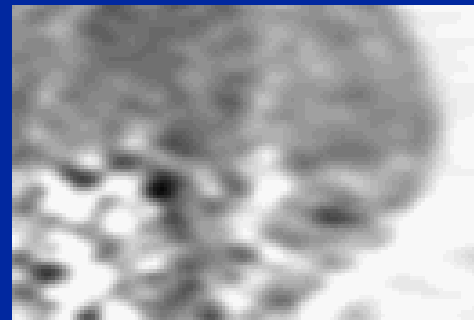
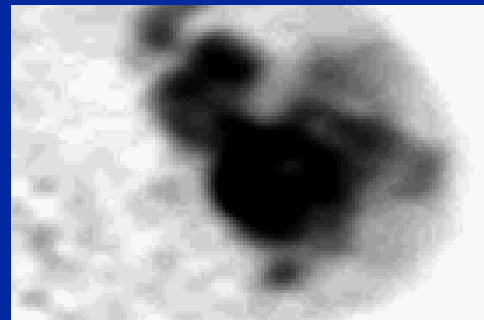
**FES**

**ER+**



Liver

**ER-**

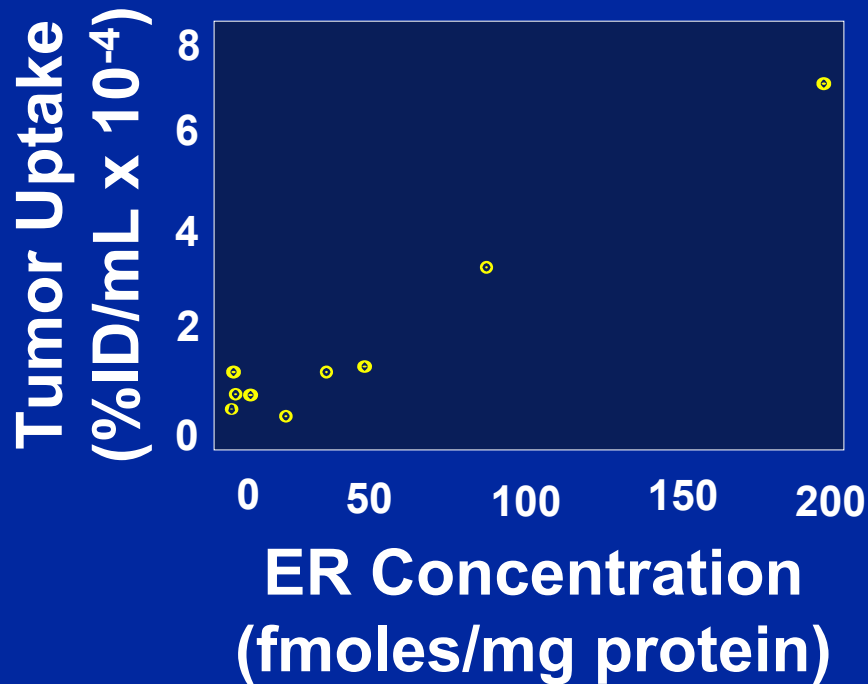


Glucose Metabolism

ER Expression

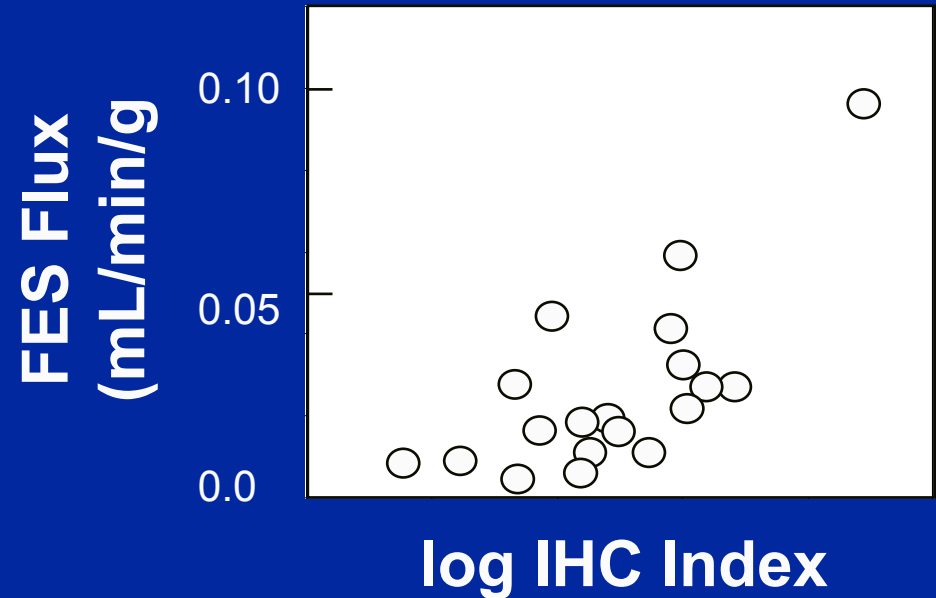
# FES PET Provides a Quantitative Estimate of ER Expression

vs Radioligand Binding



(Mintun, Radiology 169:45, 1988)

vs Immunohistochemistry



(Mankoff, J Nucl Med 43: 287P, 2002)

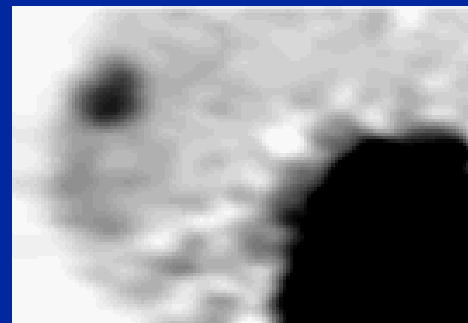
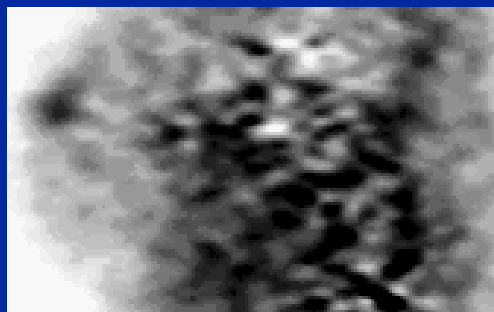
# FES Imaging Measures Estrogen Binding Antagonism by Tamoxifen

(thick sagittal planes)

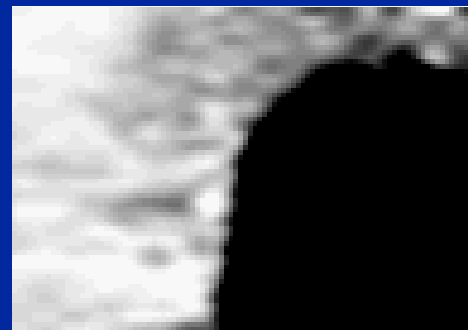
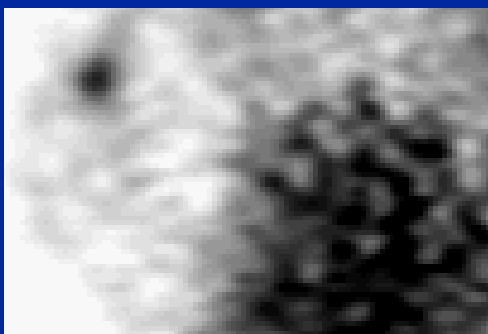
**FDG**

**FES**

**Baseline**



**2 months  
Tamoxifen**



**Glucose Metabolism**

**Estradiol Binding**



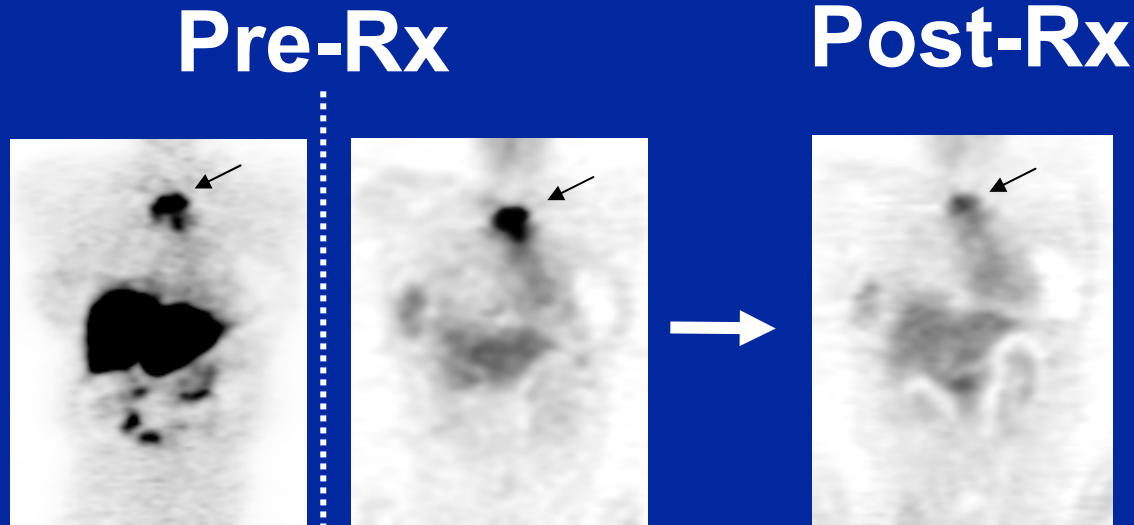
# How Can ER Imaging Help?

- **Specific identification of breast cancer metastases**
- **Directly measure the effect of hormonal therapy**
- **Assess heterogeneity of ER**
  - **Spatial: Expression at each Dz site**
  - **Temporal: Changes in expression with Rx**
  - **Goal: Predict likelihood of response to hormonal Rx**

# FES Uptake Predicts Breast Cancer Response to Hormonal Therapy

## Example 1

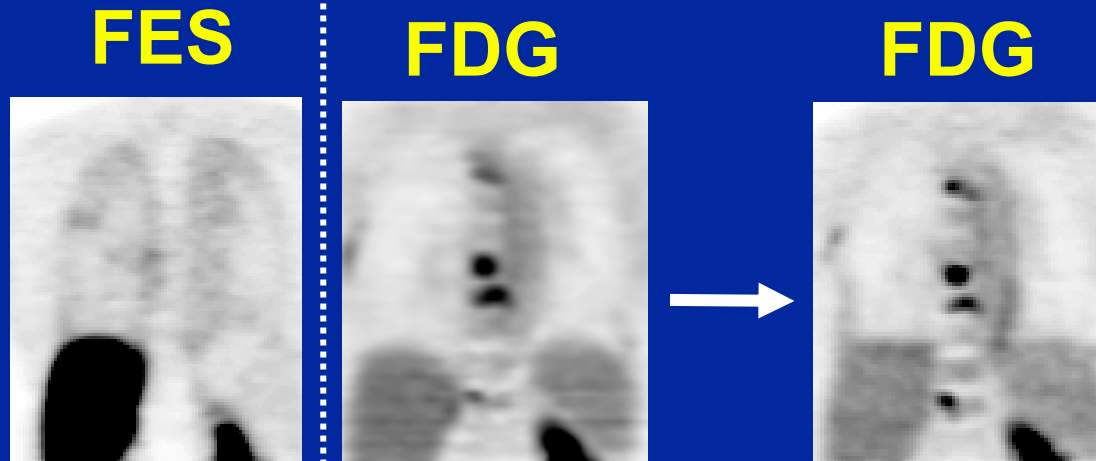
- Recurrent sternal lesion
- ER+ primary
- Recurrent Dz strongly FES+



Excellent response  
after 6 wks  
Letrozole

## Example 2

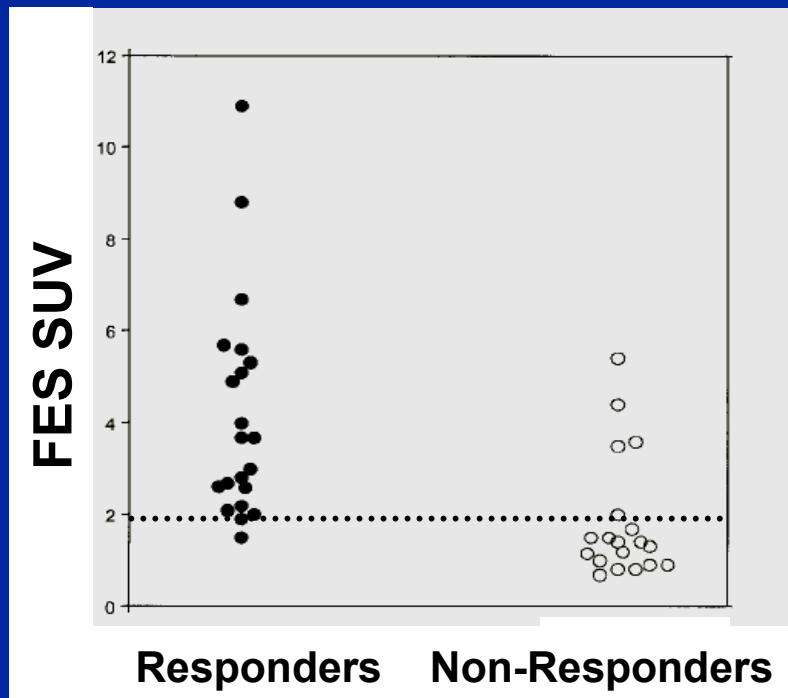
- Newly Dx'd met breast CA
- ER+ primary
- FES-negative bone mets



No response  
to several  
different  
hormonal Rx's

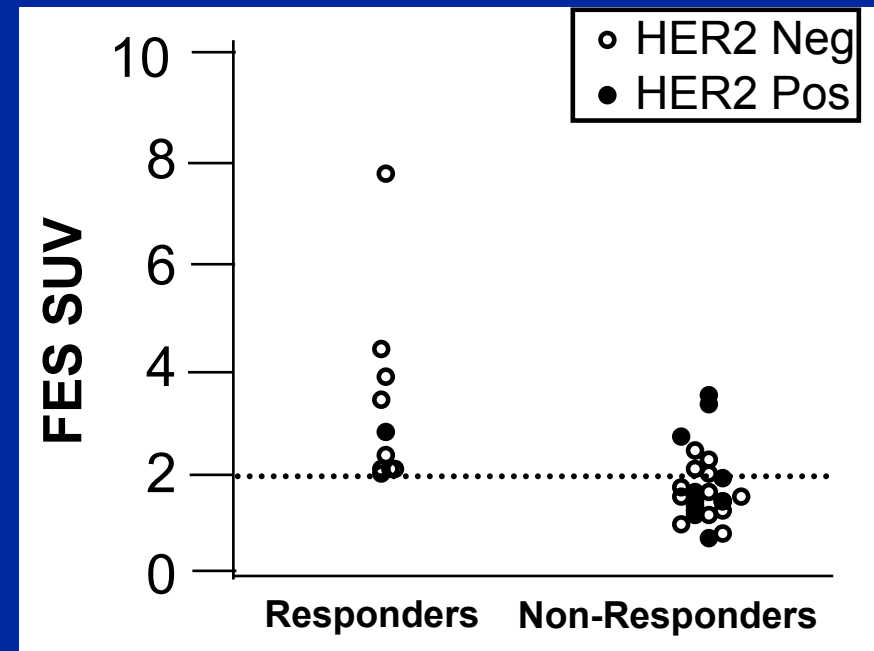
# FES Uptake Predicts Response of Advanced Breast Cancer to Hormonal Therapy

LABC or Metastatic Br CA  
Primary Tamoxifen Rx



(Mortimer, J Clin Onc, 19: 2797, 2001)

Recurrent or Metastatic Br CA  
Aromatase Inhibitor Rx



(Mankoff, J Nucl Med, 44: 126P, 2003)

(P < .01 for both)

# Specific Examples of Molecular Imaging to Direct Cancer Therapy

- **Assess the therapeutic target**
- **Identify resistance factors**
- **Measure early response**

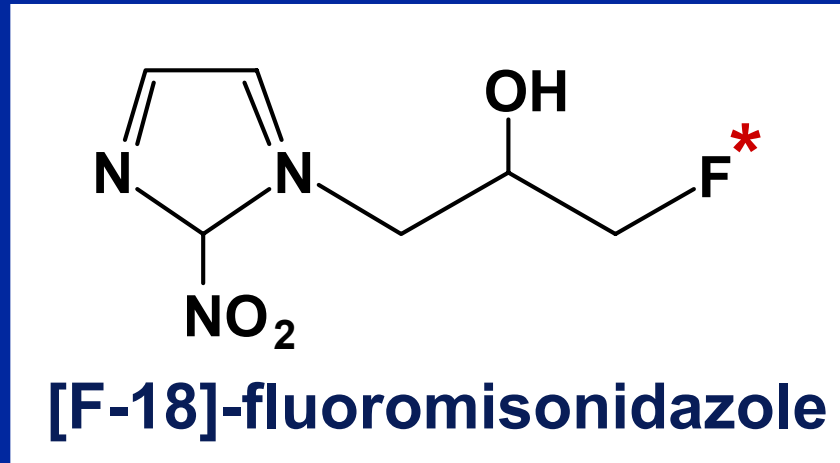
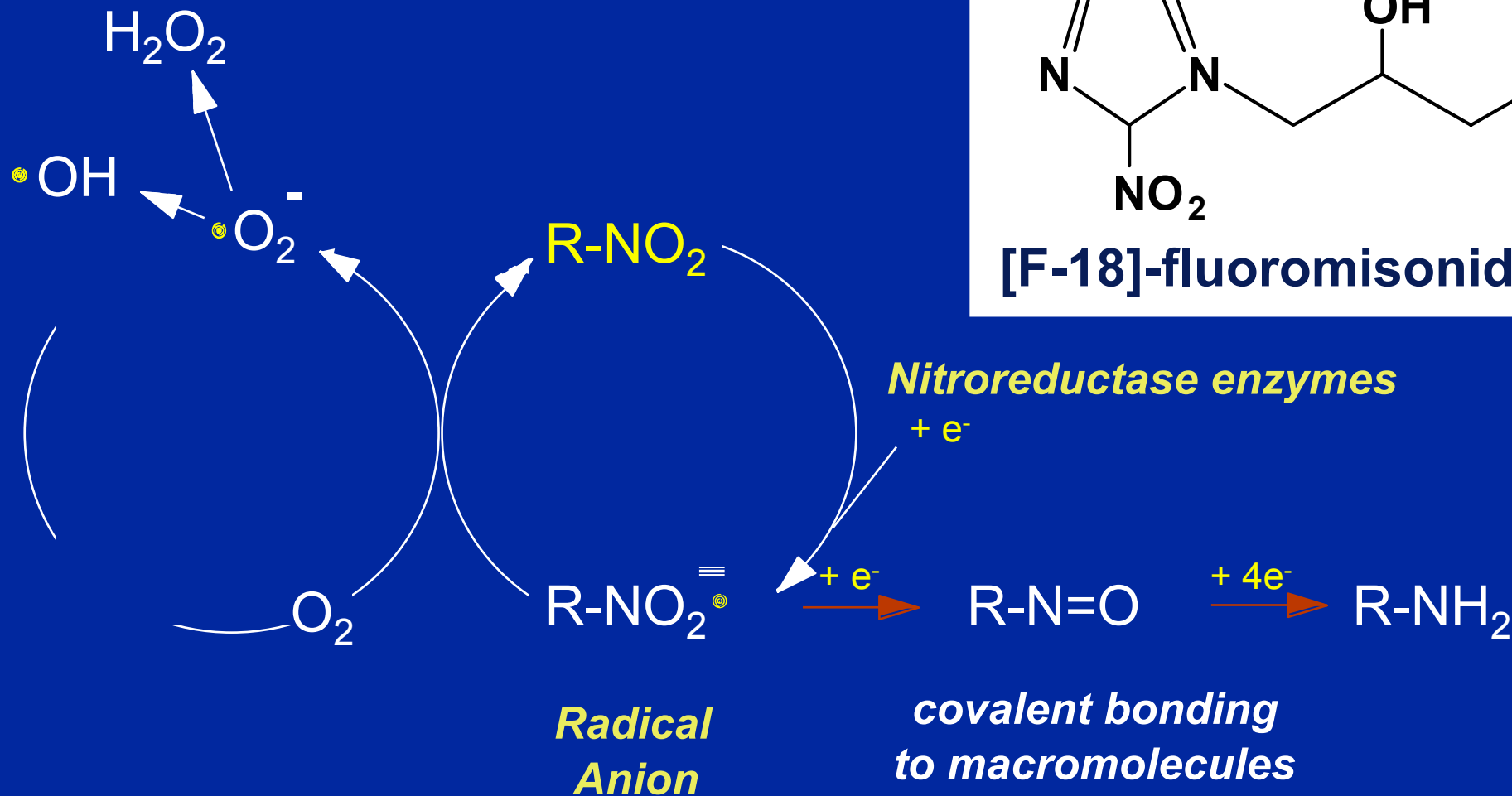
# Agents for Identifying Tumor Resistance Factors

- **Hypoxia**
  - **$^{18}\text{F}$ FMISO**,  $^{60}\text{Cu}$ -ATSM,  $^{18}\text{F}$ FIAZA,  $^{18}\text{F}$ -EF5
- **Drug transport/efflux**
  - **$^{11}\text{C}$ -verapamil**,  $^{11}\text{C}$  -colchicine,  
 $^{11}\text{C}$  - or  $^{18}\text{F}$  -paclitaxel,  $^{94\text{m}}\text{Tc}$  -sestamibi
- **Resistance to Apoptosis**
  - ??  $^{18}\text{F}$ FDG

# Biologic Consequences of Tumor Hypoxia

- Mediated through HIF-1 and other factors
- Associated with tumor aggressiveness:
  - Promotes angiogenesis
  - Increases transcription of glycolytic enzymes
- Leads to resistance
  - Alters cell cycle kinetics
  - May select cells resistant to apoptosis
  - Key factor in XRT, also in ChemoRx

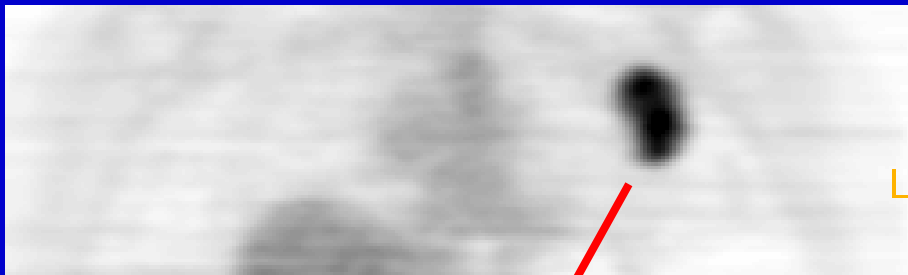
# Imaging Hypoxia as the Accumulation of a Radiopharmaceutical



# Tissue Hypoxia in Advanced Axillary Breast Cancer

**[F-18]-FDG**

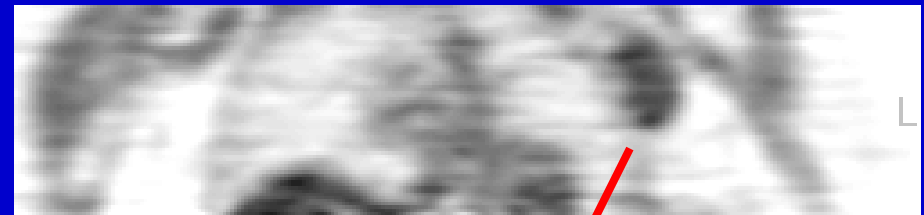
Glucose Metabolism



SUV max = 10.2

**[F-18]-Fluoromisonidazole  
(FMISO)**

Hypoxia



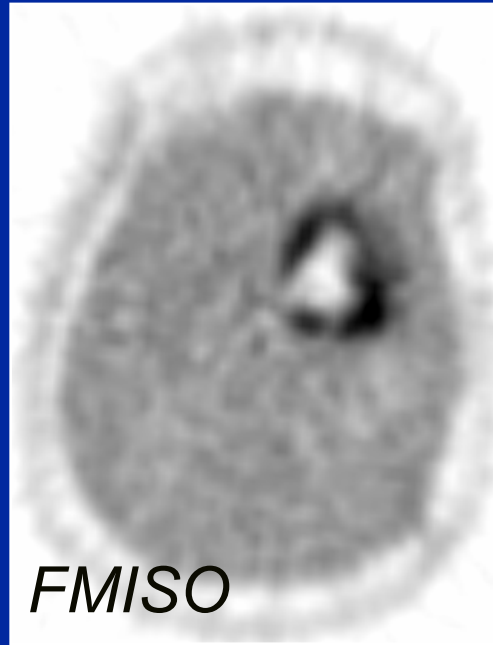
Tumor/Blood max = 1.8

**Significant FMISO uptake seen in  
~ 30% of large breast cancers**

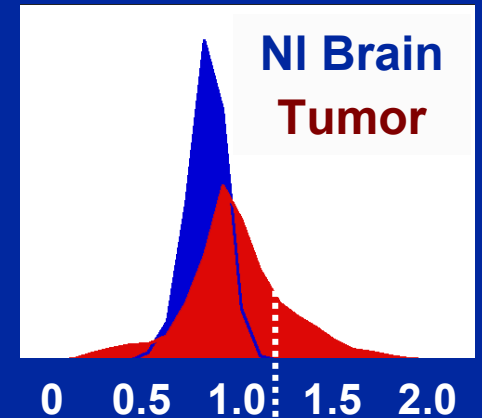
(Rajendran, Clin CA Res, in press)



# Tissue Hypoxia in Glioblastoma



Tissue:Blood  
Ratio  
Histogram

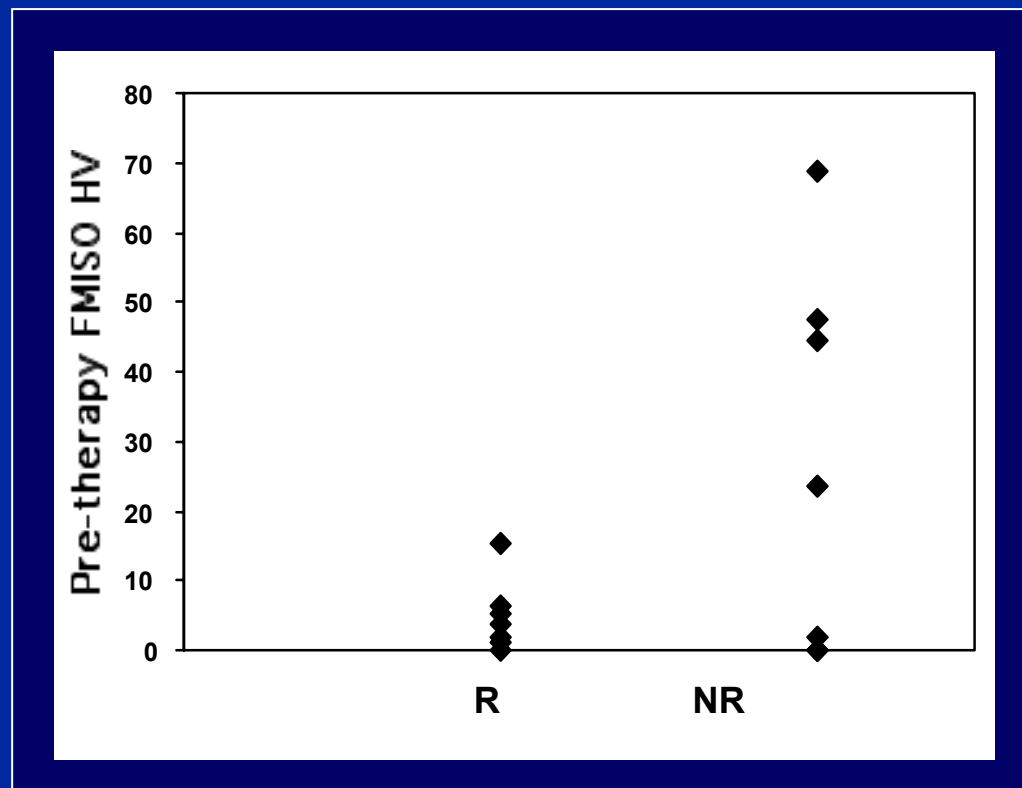


**Normal Tissue:**  
95% < 1.12  
99.9% < 1.2

(Spence, UW)

# FMISO Uptake in Head and Neck CA Predicts Response to XRT

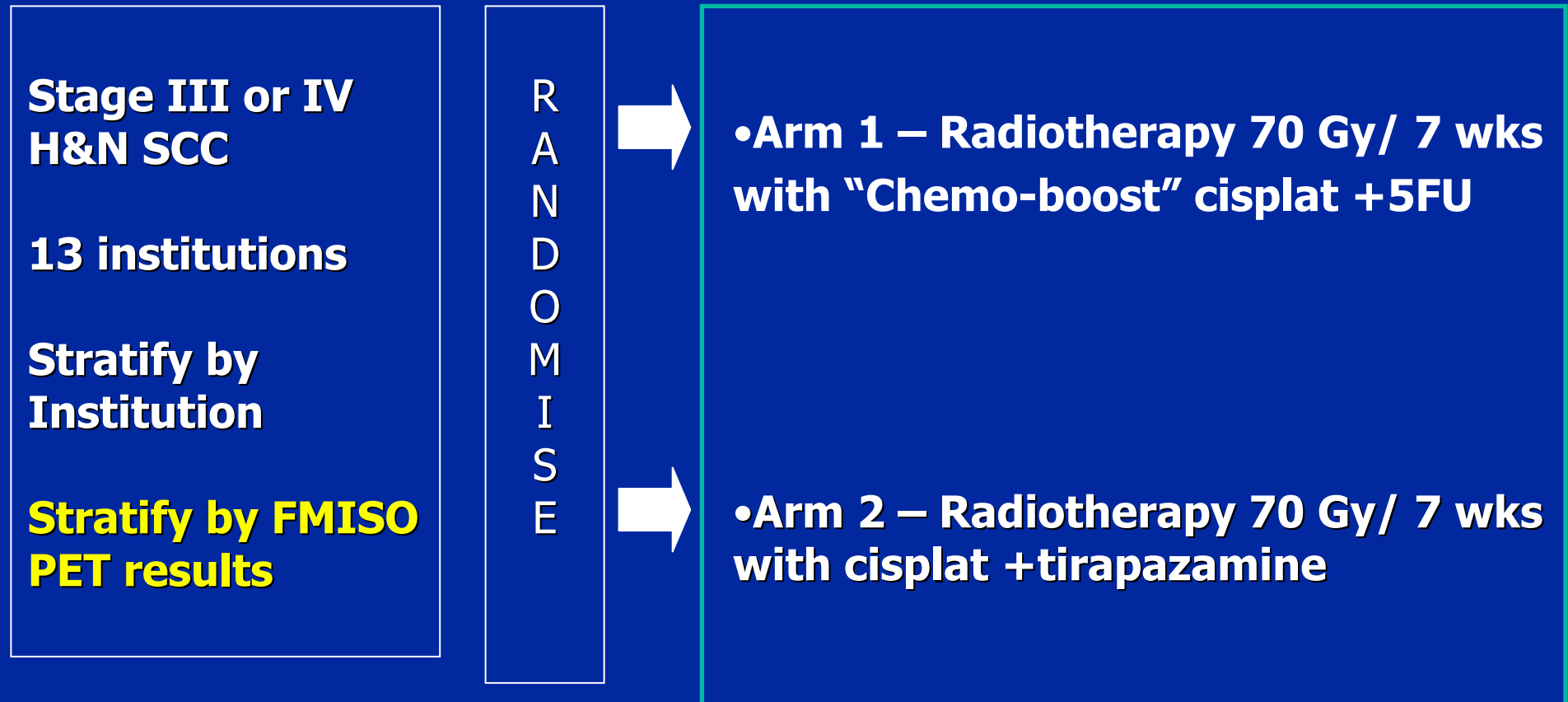
Hypoxic volume (HV) from FMISO PET showed a significant correlation with response (p value = 0.05)



(Rajendran, SNM 2003, UW)

# TROG 98.02

An International Trial Partnered by Academics and Industry

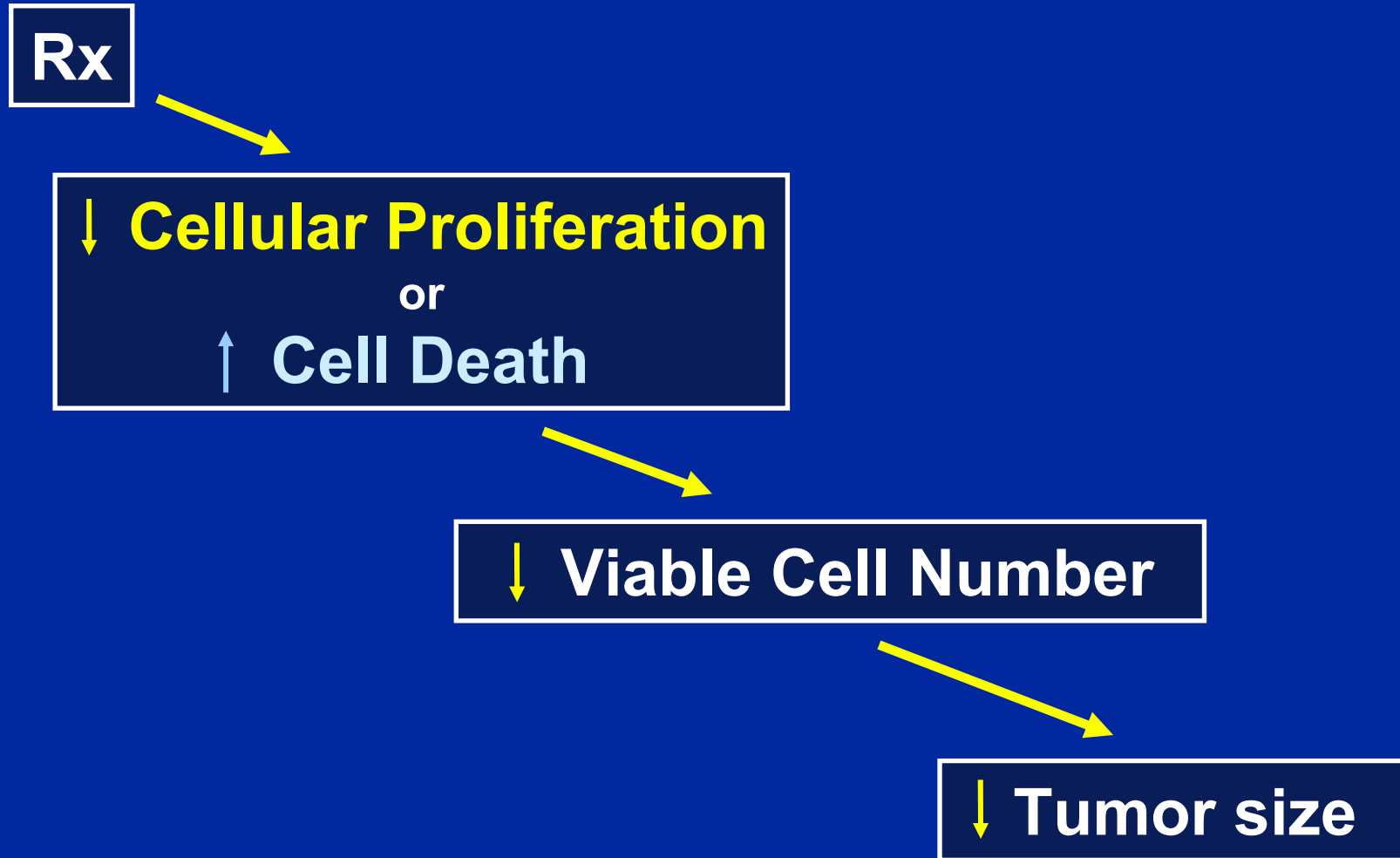


**(Lester Peters, Peter MacCallum Cancer Centre, Melbourne, Australia)**

# Specific Examples of Molecular Imaging to Direct Cancer Therapy

- **Assess the therapeutic target**
- **Identify resistance factors**
- **Measure early response**

# Biologic Events in Response to Successful Cancer Therapy



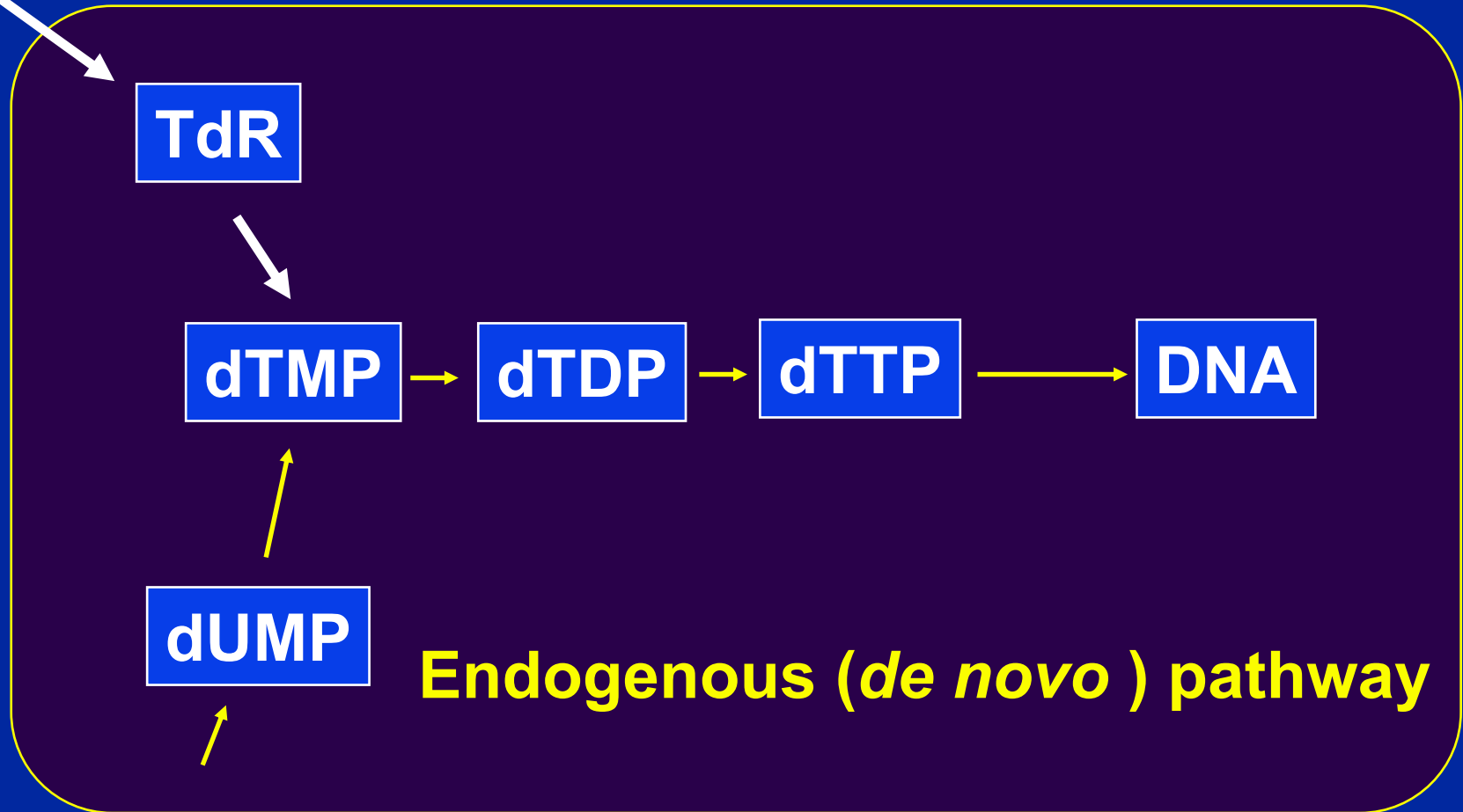
# Cell Proliferation Imaging Agents

- Gold standard - thymidine
  - Methyl or 2-<sup>11</sup>C-Thymidine
- Analogs with minimal metabolism
  - <sup>18</sup>FLT
  - <sup>18</sup>FMAU
- Analogs with longer half-life
  - <sup>124</sup>IUdR

# Thymidine Incorporation Pathways

TdR

Exogenous (salvage) pathway



TdR

dTMP

dTDP

dTTP

DNA

dUMP

Endogenous (*de novo*) pathway

# $^{11}\text{C}$ -Thymidine Images of Small Cell Lung Cancer

**Uptake Image**  
(20 - 60 min)

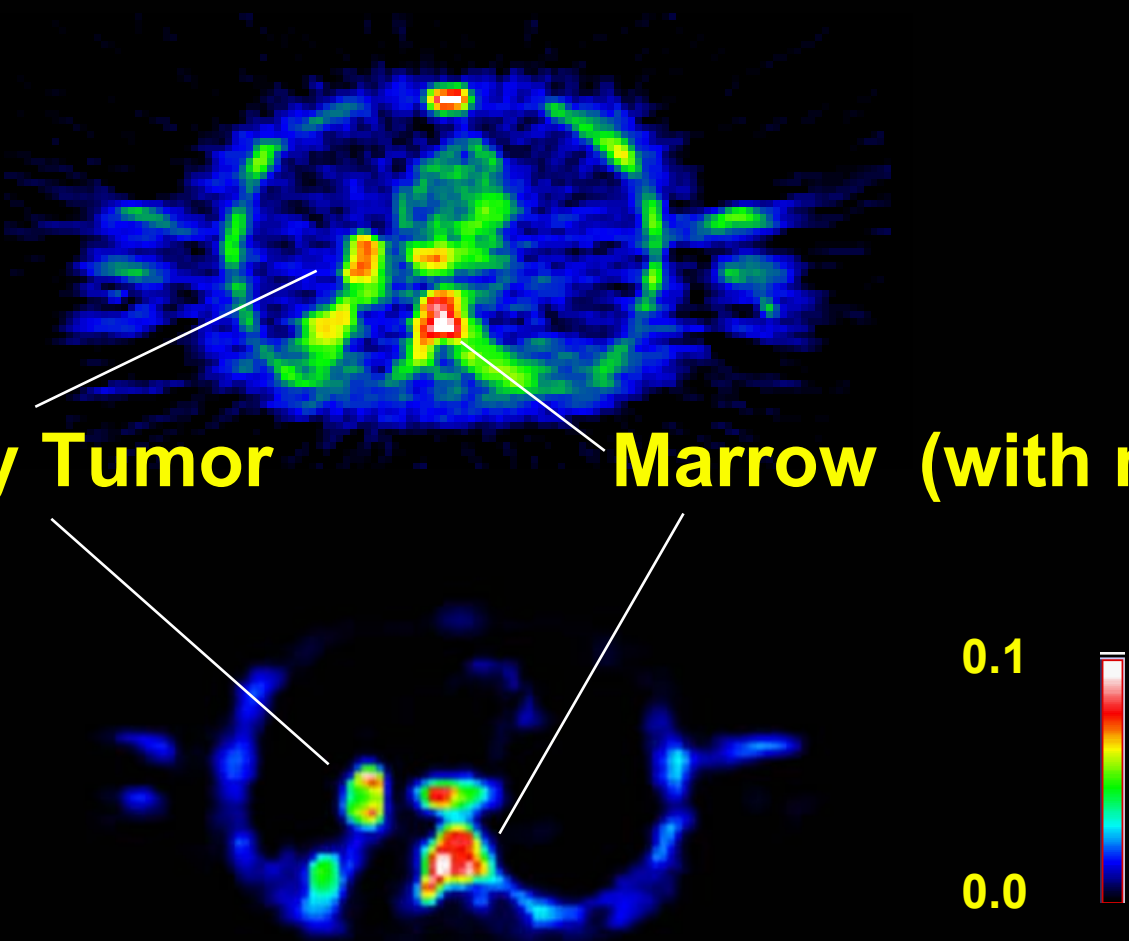
**Primary Tumor**

**Marrow (with mets)**

**Flux image**  
(mL/min/g)

0.1

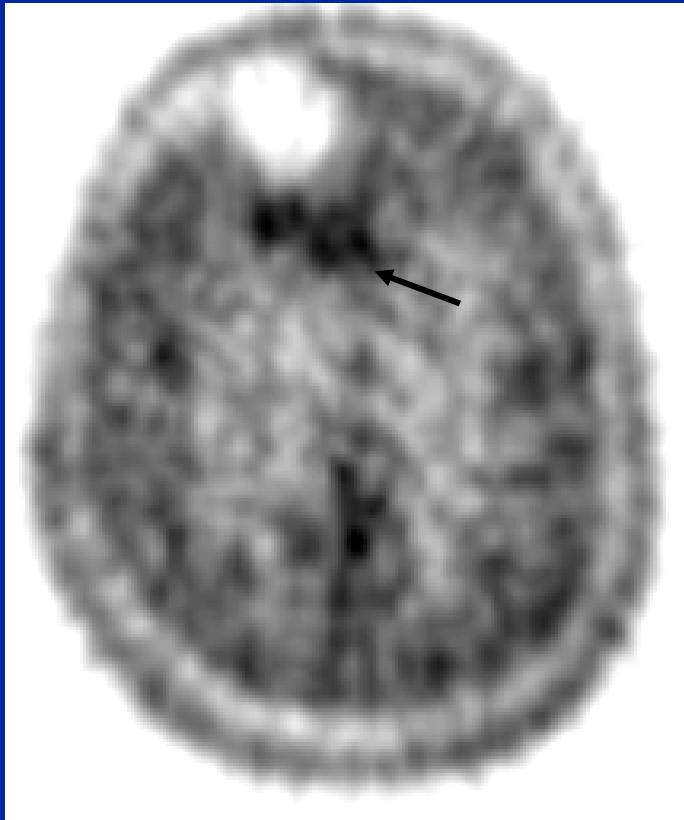
0.0



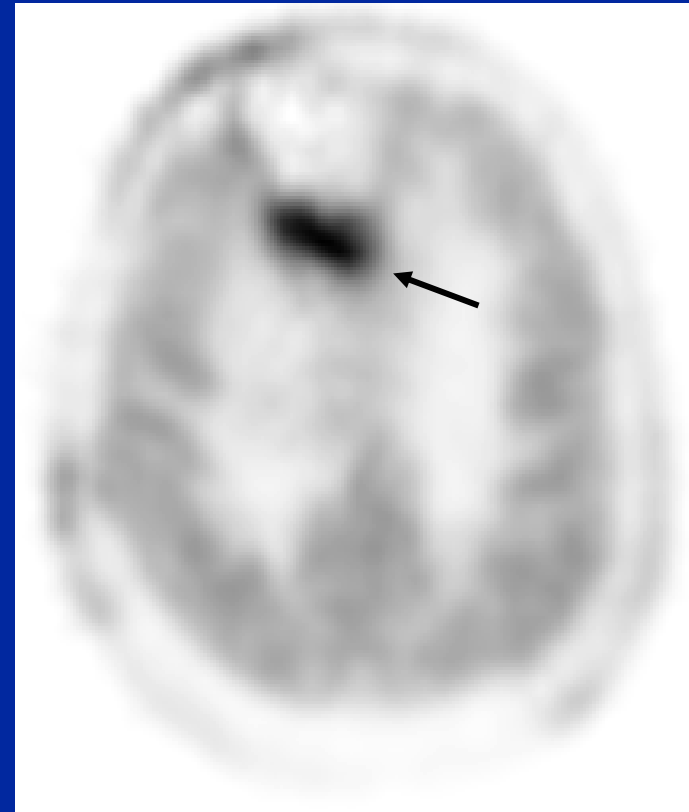


# $^{11}\text{C}$ -Thymidine Brain Tumor Images

## Uptake Image



## Flux Image



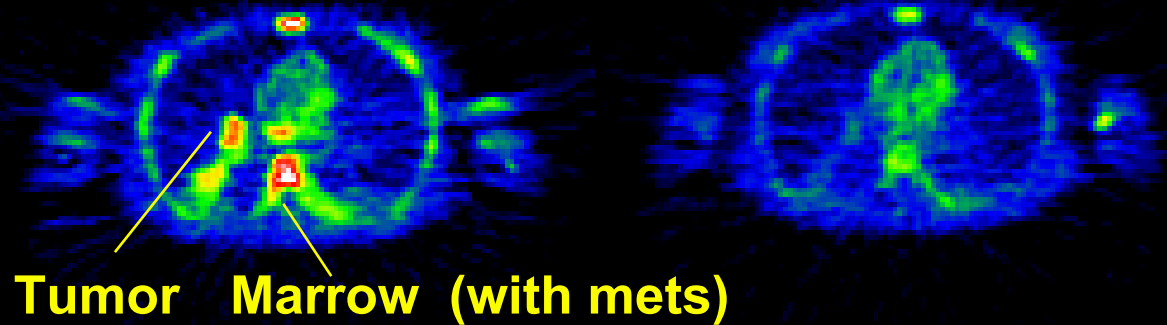
( Eary, Cancer Res, 1998)

# Small Cell Lung Cancer: PET Imaging Pre-and Post One Cycle of Rx

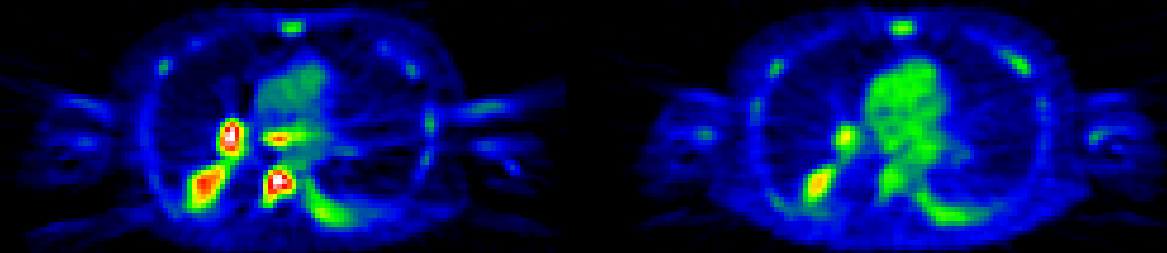
**Pre-Rx**

**Post-Rx**

**Thymidine  
(proliferation)**

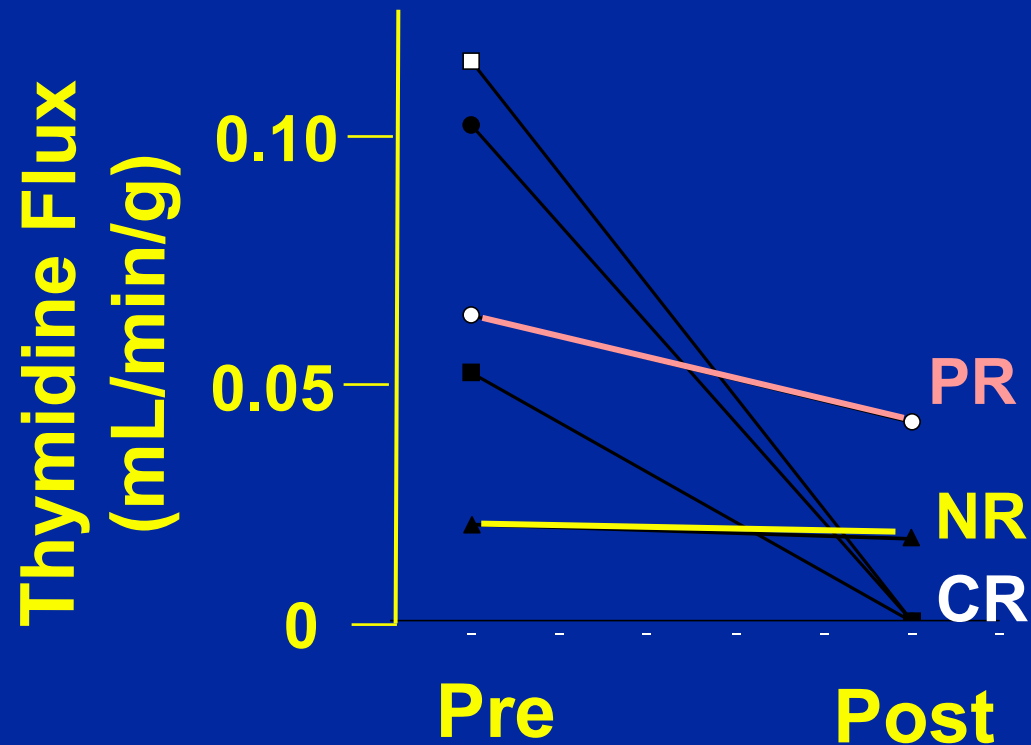


**FDG  
(Glucose  
Metabolism)**



← 7 days →

# <sup>11</sup>C-Thymidine PET to Measure Response to Chemotherapy: Thymidine Flux Pre-and Post One Cycle of Rx



(Shields, J Nucl Med, 1998)

# Alternative to [<sup>11</sup>C]-TdR: [<sup>18</sup>F]-Fluoro-L-thymidine (FLT)



Thymidine

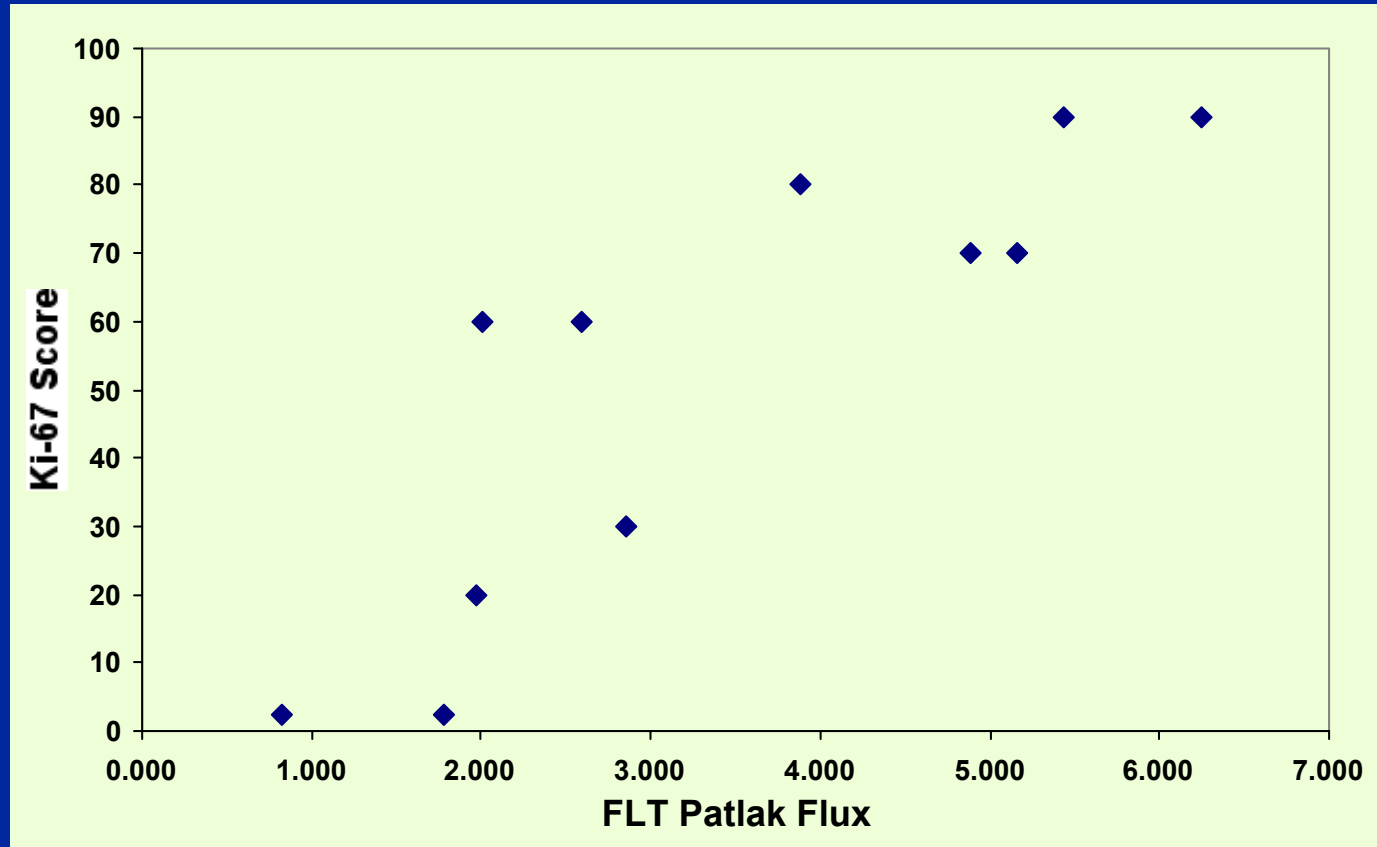


FLT

Not incorporated into DNA, but ...  
minimal *in vivo* catabolism

# FLT as a Measure of Tumor Proliferation

## FLT Flux versus Ki-67 Score



Spearman Rho = 0.94 ,  $P < 0.0001$ ; Pearson  $r = 0.86$  ,  $P = 0.0007$

(Vesselle, Clin Ca Res, 2003)

# Clinical Use of Molecular Imaging: Summary and Future Directions

- **Driven by the goal of more individualized therapy**
  - More specifically targeted
  - Less toxic
- **Imaging will play a role in choosing therapy**
  - Assess therapeutic targets
  - Identify resistance factors
- **Better response monitoring will be key**
  - Earlier measures of treatment efficacy
  - More specific measures of drug action
  - Quantitative surrogate endpoints for clinical trials
- **The best is yet to come!**

# UW PET Cancer Imaging Research Nuclear Medicine

## Technologists

Lisa Dunnwald

Barbara Lewellen

Pam Pham

## Physics

Thomas Lewellen

Paul Kinahan

Robert Miyaoka

## Radiochemistry

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Jeanne Link

John Grierson

Steven Shoner

Svetlana Stekhova

## Data Analysis

Mark Muzi

Finbarr O'Sullivan

Lanell Peterson

Erin Schubert

Cheryl Vernon

Joanne Wells

## Physicians

Janet Eary

James Caldwell

David Mankoff

Satoshi Minoshima

Joseph Rajendran

Hubert Vesselle

# **UW PET Cancer Imaging Research:**

## **Key Collaborators**

### **Pharmaceutics**

**Jashvant Unadkat**

### **Radiology**

**William Eubank**

### **Pathology**

**Nicholas Agoff**

**Thomas Lawton**

**Jonathan Tait**

**Allen Gown (Phenopath)**

### **Biochemistry**

**Philip Petra**

### **Cardiology/Bioengineering**

**James Bassingthwaite**

**James Caldwell**

### **Surgery/Orthopedics**

**David Byrd**

**Earnest Conrad**

**Gary Mann**

### **Oncology/Neurology**

**Alex Spence**

**Georgiana Ellis**

**Julie Gralow**

**Hannah Linden**

**Robert Livingston**

**Cheryl Pickett**

**Ollie Press**

**Scott Schuetze**

### **Radiation Oncology**

**Janet Rasey**

**David Schwartz**

**Jeffrey Schwartz**

**Mary Austin-Seymour**