

*Information about*

**Medicine and Health in Poland**

***LOCAL MEDICAL FACILITIES***

The following information and lists of local emergency services, facilities, physicians and dentists have been compiled by the American Embassy in collaboration with the Regional Medical Officer and the British Embassy Medical Center. The majority of listed practitioners have had training overseas, are familiar with American medical care, and have a reasonable command of English.

The list is not meant to be exhaustive or definitive nor does it represent either a guarantee of competence or endorsement by the Department of State or the American Embassy. It does indicate that they have been utilized by the American community in the past. Retention on this list depends upon a combination of factors including availability, training, and positive assistance in previous consultations, etc. Patient input, both positive and negative, regarding experience with local health care providers, is always welcome and provides additional information to assist in expanding or contracting this list.

Depending on the nature of the medical problem the patient can be transported to one of the hospitals listed below:

**For Ambulance service call: 999 (Polish speaking)**

**For 24 hour emergency service and ambulance for adults: Hospital of the Ministry of Interior**

**ul. Woloska 137, Tel: 022 508 1500**

**Depending on the nature of the medical problem the patient can be transported to one of the hospitals listed below but there is no guarantee that the above ambulance will transport the foreign patient to the hospital of his choice.**

## LOCAL HEALTH CARE FACILITIES – WARSAW

Dialing from Poland enter the area code: (022)

Dialing from the United States enter the area code (4822)

ADULT EMERGENCY CARE:

FACILITY NAME AND ADDRESS

TELEPHONE:

### CENTRAL CLINICAL HOSPITAL OF MINISTRY OF INTERIOR AND ADMINISTRATION

ul. WOLOSKA 137, Ambulance Services - 24 hrs

508-15-00

USE THIS PHONE NUMBER TO ASK FOR AN AMBULANCE FOR SERIOUS ACCIDENTS  
OR LIFE THREATENING SITUATIONS

Emergency Room - 24 hrs

508-15-10

Emergency Room Manager Dr. Zmijewski

508-1801

Switchboard

508-2000

Web page:[www.cskmswia.pl](http://www.cskmswia.pl)

### MEDICAL ACADEMY CENTRAL CLINICAL HOSPITAL NO. 1 (BANACHA HOSPITAL)

(Centralny Szpital Kliniczny Akademii Medycznej Nr. 1)

ul. STEFANA BANACHA 1A

Emergency Rm. (24 hrs):

599-1155

**ER Chief Nurse**

599- 2999 or 599-2482

Switchboard

599-1000

<http://spsk.amwaw.edu.pl>

### INSTITUTE OF CARDIOLOGY-HOSPITAL (Instytut Kardiologii)

ul. ALPEJSKA 42, Warszawa-Anin

(This facility provides care for only cardiac problems).

Admissions Rm. (24 hrs)

343-4100

ICCU

343-4314, -4300 or -4477

ICCU Manager Assoc. Prof. Janina Stepinska

Cell: (0)-601-302-883

Switchboard (7:30-15:30)

343-4600 or 815-3011

<http://www.icard.waw.pl>

### POISON CONTROL - WARSAW Acute Poison Control Center (Stoleczny Osrodek Ostzych Zatruc) at:

PRASKI HOSPITAL

**24 Hrs: 619-6654 or -0897** (= Drs' Rm)

al. SOLIDARNOSCI 67

or 818-5061, Ext. 1212 (also 24 hrs)

Consultant Dr. Piotr BURDA (Mon-Fri 0800-1400)

618-7710, 818-5061 Ext 1268, 1212 or

1249

Admissions Rm:

619-1979 or 818-5061 Ext 1239

### MOTHER AND CHILD INSTITUTE - Gyn-Obstetric Hospital (Instytut Matki i Dziecka)

ul. KASPRZAKA 17A, Pawilon 10, Warszawa-Wola

(Outpatient consultations and prenatal courses also available)

Admissions Rm. – OB-Gyn (24 hrs)

3277-438, -036 (Delivery Rm)

Admissions Rm. – Pediatric (24 hrs)

3277-147 or -324

<http://www.imid.med.pl>

### LINDLEYA HOSPITAL, Bld. No.4

ul. LINDLEYA 4, 02-005 WARSZAWA

**Admissions Rm:**

Switchb:

<http://www.szpital-clo.med.pl>

**St. Anne VOIEVODSHIP HOSPITAL OF TRAUMA SURGERY**

ul. BARSKA 16/20

822-46-31,-35 (Switchbd)

**Admissions Room:**

**822-2141 (24 hrs except for Wed/alternates with Lindleya Hosp)**

**MEDICAL ACADEMY OF WARSAW CLINIC OF EYE DISEASES** - Clinical Hospital # 1

(Klinika Chorob Oczu Akademii Medycznej - Szpital Kliniczny Nr. 1)

**Ophthalmology (Dr. on Duty in Ophth Hosp)**

**502-1084**

**Prof. Dariusz Kecik**

**This hospital is open 24 hrs on its duty days only. It is closed to "walk-in" patients on other days. Therefore it is necessary to call first.**

**INFECTIOUS DISEASES VOIEVODSHIP HOSPITAL**

ul. WOLSKA 37, 01-201 Warsaw

**Admissions Rm (24hrs)**

**3355-265, -261 or 330**

Switchbd

3355-351, ...-355

**PSYCHIATRY AND NEUROLOGY INSTITUTE** (Institute Psychiatrii i Neurologii)

al. JANA SOBIESKIEGO 1/9, 02-957 Warsaw

**Admissions Room (24 hrs)**

**4582-648**

Switchboard

4582-800

<http://www.ipin.edu.pl>

**PEDIATRIC EMERGENCY CARE (CHILDREN UNDER 14 YEARS):**

**INSTITUTE -CHILDREN'S HEALTH CENTER MEMORIAL HOSPITAL**

(Instytut - Pomnik Centrum Zdrowia Dziecka)

Large tertiary care children's facility with all subspecialties except for trauma:

al. DZIECI POLSKICH 20, Warszawa-Miedzylesie (near Anin).

**Admissions Rm. (24 hrs)**

**815-**

**2519, 815-7444**

Go to the main entrance Admissions Room ('IZBA PRZYJEC'). The doctor on duty decides what type of medical help is needed and directs patients accordingly.

<http://www.czd.waw.pl>

**PEDIATRIC PUBLIC CLINICAL HOSPITAL ('LITEWSKA HOSPITAL')**

(Samodzielny Publiczny Dzieciacy Szpital Kliniczny)

ul. Marszalkowska 24 (Corner of ul. Litewska), 00-576 Warszawa

**Admissions Room (24 hrs)**

**5227-344, 621-4872 (may become obsolete)**

**Switchboard:**

**5227-455**

<http://www.litewska.edu.pl>

**MEDICAL ACADEMY CHILDREN'S CLINICAL HOSPITAL NO. 3**

(Panstwowy Szpital Kliniczny Nr 3 Akademii Medycznej)

ul. DZIALDOWSKA 1,

Prof. A. Radzikowski

**Admissions Rm**

obsolete)

<http://www.kliniczny.pl>

4523-200 (Switchbd)

4523-220, -310; Cell: 602-224-332

**4523-215, -305** or 632-1643 (may become

**Prof. J. Bogdanowicz CHILDREN'S HOSPITAL (has modern Trauma and Poison Control Unit)**

ul. NIEKLANSKA 4/24

**Admissions Room (24hrs):**

Switchboard:

[http://www.szpital\\_nieklanska.org.pl](http://www.szpital_nieklanska.org.pl)

**617-7071**

617-60-51 ...-59

**OUTPATIENT MULTI-SPECIALTY CLINICS:**

**'MEDICOVER' - Prepaid plan** provides comprehensive family health care, medical specialist care, and hospitalization and 24 hour ambulance service.

ul. BITWY WARSZAWSKIEJ 18 (by the 'WERA' Hotel)

**Hot Line/Ambulance Service (24 hrs)**

Reception Desk:

<http://www.medicover.pl>

**96-77 (just four digits)**

592-7000

**'AVI Centrum Medyczne'** (Medical Center AVI)

**for MRI, CT and Sonograms**

ul. BOBROWIECKA 1, 00-728 Warsaw:

*other drs: GP, Allergology, Derm, Echo of Heart, Endocrine, gastrology & gastroenterology,, Rehab, Cardiol, ENT*

<http://www.avi.med.pl>

**9479 or 880-9080**

**'DAMIANA MEDICAL CENTER'** ('Centrum Medyczne Damiana') - variety of specialists for consultations,

**Two clinics:**

lab and radiological diagnostic tests

1. ul. WALBRZYSKA 46

**566-2222, -2200** (tel/fax)

2. ul. FOKSAL 3/5 (entrance from ul. SMOLNA)

**566-2341, -2343**

<http://www.damian.pl>

**'LIM' Medical Center, 'MARRIOTT' Hotel (3rd, 7th 9th and 10<sup>th</sup> floor) Lab: samples taken Mon-Fri 0700 - 1000**

Al. JEROZOLIMSKIE 65/79

Reception Desk:

<http://www.cm-lim.com.pl>

458-7000

Sat: 0800 - 1000, Sun 0900 - 1000

Rec. Hrs Mon-Fri 0700-2000, Sat 0800-1400

**'LASERMED' Centrum Dermatologii Laserowej i Przeszczepiania Wlosow**

ul. HOZA 58/60 corner of ul. POZNANSKA

**Reception Desk:**

<http://www.lasermed.pl>

**627-1584 (also fax)**

**Ophthalmology Center: 'BOPOL' Polyclinic**

0800-2000

Centrum Okulistyczne 'BOPOL' **438-8770, -71, 665-4141**  
MILLENIUM PLAZA Bld, 4<sup>th</sup> floor (Polish), Rm 419  
Al. JEROZOLIMSKIE 123 A  
Drs: Anna Zamllynska (strabismus), Dr Danuta Lozowska pediatric (strabismus )  
[www.okomedica.pl](http://www.okomedica.pl)

**'LUX-MED'** - variety of specialists for consults, plus diagnostic services  
ul. RACLAWICKA 132B Mon-Sat 07:00 - 21:00  
Reception Desk: (24 hrs GP on duty) 332-2888  
<http://www.luxmed.pl>

**'PROMED'** - variety of specialists available for consultations  
ul. UNIWERSYTECKA 5  
Reception Desk: 822-1811, -12, or -13, or -14  
Mon-Fri 08:00 - 20:00, Sat 09:00 - 15:00

**'CARDIAC CENTER OF CARDIOLOGY INSTITUTE FOUNDATION'** ('Centrum Kardiologiczne Fundacji Instytutu Kardiologii')  
Outpatient consults with Cardiology Institute specialists plus cardiac diagnostic tests: Echo of the heart, EKG, Stress Tests, Coronarography plus Lab Tests including Hormones  
ul. NIEMODLINSKA 33 613-0504

**ECHO-KARD** (near Narutowicza Square)  
ul. GROJECKA 42 m 25 (back of bld, middle entrance) **822-5772, Cell: (0)-505-323-851**  
Prof. Piotr HOFMAN Mon, Wed, Thu 1600-1800  
Assoc. Prof. Anna KLISIEWICZ Tue 1800-1900, Wed 1000-1100, Fri 1500-1800  
in Warynskiego 9 Clinic Tue, Thu 1530-1630,  
Wed 0800-0930

**MAMMOGRAMS, GYN ULTRASOUNDS:**

**SPECIALIST CLINIC OF POLISH FOUNDATION OF EUROPEAN SCHOOL OF ONCOLOGY**  
(Przychodnia Specjalistyczna Polskiej Fundacji Europejskiej Szkoły Onkologii - created in cooperation with USAID.)  
ONCOLOGY INSTITUTE (Centrum Onkologii-Institut) Mon-Fri 0800-2000  
ul. NOWOGRODZKA 62A (4th floor, lift) **331-4140**  
<http://www.pfeso.edu.pl>

**Assoc. Prof. Malgorzata TACIKOWSKA: (M/MED/Radiologist's opinion: does good quality mammograms)**

**12:00**

**Dr. Monika Nagadowska (Oncology Surgeon)**  
1800

Hrs at DAMIANA Med Center FOKSAL 3/5  
Hrs at DAMIANA Med Center WALBRZYSKA 46

**Mammograms: Tue: 1530-1900**  
**Sonogr: Mon 1430-1630, Wed 0900-**

**Fri 0915-1215**  
**Wed 1800-2000, Fri 1530-**

Tue 1700-1830  
Sat 0900-1000

**LAB AND OUTPATIENT DIAGNOSTICS:**

**'NADZIEJA' Laboratorium Specjalistyczne**

**622-0503, Fax:625-3420**

ul. WILCZA 28/3 (between ul. Krucza & Marszalkowska)

**Mon-Fri 08:00-17:00, Sat 08:00-12:00**

**This Lab (located conveniently near U.S. Embassy actually submits samples for processing to:**

**'DIAGNOSTYKA-WARSZAWA'**

**08:00-20:00**

**02-317 W-wa, ul. JOTEYKI 9**

**822-2644 (Results), -45, 822-4944, --45, 0-663-680-100**

**Spółdzielnia Pracy Specjalistów Rentgenologów (Radiology and Lab Tests)**

**ul. Waryńskiego 9**

**625-1590, 621-2349**

**Lab HRS (Sample drawing)**

**Mon-Fri: 0730-1700**

**Lab at 'DAMIANA MED CENTERS'**

**Lab at 'LIM' - the 'MARRIOTT MED CENTER'**

**Lab 'BACTER'**

ul TARGOWA 63/4

670-1565, 670-4939; Fax: 649-5202

Hrs: Mon-Fri 0730-1800, Sat 0800-1200

Blood drawn: 0730-1130, other samples till closing time

## **PHYSICIANS BY SPECIALTY**

The following physicians have indicated willingness to see patients privately and/or as consultants. Some will make house calls for an added fee. Most have a private practice that can be called directly. **Appointments can also be made through the Medical Unit**, which maintains a listing of their Clinic/Hospital phone numbers. For assistance in obtaining appointments contact Janina Gut-Klos, Ext. 2788 or 504-2788 (direct line).

## **SPECIALIZATION:**

## **ADDITIONAL INFORMATION**

**Dr. MAREK KRUK, M.D.** - contract physician for the German Embassy. Will also see private patients.

ul. KATOWICKA 31

Tel/Fax: 617-3021 (also fax)

Cell: 0-601-214672

E-mail: drkruk@poczta.onet.pl

Mon-Fri: 07:30-15:00

Also: EKG, 24 Hr Holter EKG, sonograms, spirometry, gastroscopies, audiometry

**'HEALTHCARE' Family Practitioners**

ul. CHORAGWI PANCERNEJ 50

Tel: 651-7473, **Emergency Cell: 0-606-336-677**

**Dr. ANDRZEJ GAJER** Cell: 694-511-617

**Dr. DOROTA OSSOWSKA** Cell: 0-604-774-744

Mon-Fri: 08:30-17:30

Sat: 09:00-13:00

or by individual appointments

Family Practitioner (trained in South Africa)

Family Practitioner

## **CARDIOLOGY:**

**Assoc. Prof. JANINA STEPINSKA**

Private practice at:

ul. KRASICKIEGO 27 (ground floor/basement entrance)

Tel/Fax: 849-5593

Cell (off during working hrs at Cardiology Institute 07:30-1530): 0-601-302-883

E-mail: J.Stepinska@waw.pdi.net

(ICU chief at Cardiology Institute, ul. Alpejska 42)

Hrs: by appointment (afternoon/evening hours)

## **DENTISTRY:**

**Dr. MARZENA GRABOSZ**

(private practice - specializes in children's dentistry)

Al. JEROZOLIMSKIE 42 Apt 157  
(Section of Aleje Jerozolimskie between the round PKO Bank building (corner of Marszalkowska) and ul. Krucza, entrance from the back of the building, i.e. from ul. Widok where you can park your car: VIIIth entrance, 3rd Polish Floor - lift.  
Tel (at facility): 827-0908

but also sees adults)

Mon, Tue, Thu 0900-1900

**Drs. JERZY and AGNIESZKA PERENDYK** (periodontist) available at:

1. **'DAMIANA MEDICAL CENTER'**  
(Klinika Stomatologiczna 'Centrum Medyczne Damiana')  
**ul. WALBRZYSKA 46**  
Tel: 853-8267, or (0)-501-143-731

Hrs: Dr. Jerzy Perendyk : Tue, Thu: 10:00-19:00  
Wed: 10:00-15:00  
Dr. Agnieszka Perendyk: Mon, Thu: 10:00-19:00  
**Dorota FILENKO (scaling):** Wed: 15:00-20:00

2. **'DAMIANA MEDICAL CENTER'**  
**ul. FOKSAL 3/5** (entrance from ul. SMOLNA)

Hrs: Dr. Jerzy Perendyk : Mon: 10:00-19:00  
**Dorota FILENKO (scaling):** Mon 15:00-20:00  
Every other Sat 09:00-14:00

Tel: 566-2341, -2343, or (0)-501-143-721  
E-mail: perend@polbox.com or triodent@polbox.com

**Dr. PAWEL PLAKWICZ** (also dental surgery)  
**ul. GORNOSLASKA 5/19** (back of building)  
Reception Desk:

**CENTRUM STOMATOLOGII**  
Mon, Tue, Wed, Fri: 11:00 - 19:00  
**628-3161 or 0-607-036-000**

**PIOTR FUDALEJ, DDS, MSD (Orthodontist)**,  
(graduate of Univ. of Washington) works in 2 clinics :  
1. ul. ZYTANIA 15 Apt 3  
Tel: 862-6266, Fax: 862-6267

Mon 1400-2000, Tue 0800-1300  
+ every other Wed

2. ul. WIELICKA 38 (near Metro WILANOW 2  
Tel: 847-5055, -5065; Cell (Registr. Desk): (0)-603-111-213

Thu 0900-1700+ 1<sup>st</sup> Sat of the month 0800-1300  
Fri: once a month

**'DENTAL SERVICE'** (provides 24 hrs emergency duty including weekends and holidays)  
**ul. BRACI WAGOW 4** (corner of BELGRADZKA st)  
Tel: 648-4198, Tel/Fax: 648-4197

Mon-Fri: 08:30-21:00  
Sat: 09:00-17:00

**ART Dental Krzysztof T. Slaski, D.D.S**

ul. LUCKA 18  
00-845 Warszawa

Periodontics & Implantology  
by appointments  
tel.:654 3006 or 654 3007  
mobile: 0 500 378 302

**'ASTER-MED' - STOMATOLOGIA**

**Dr. DOROTA KRZYSZTON** (dentist)  
**Dr; JOANNA MROWIEC** (orthodontist)  
Dr. Nicolaas HAHN (implants)  
**Duty dentist**  
ul. BONIFACEGO 92

Mon, Wed, Thu: 09:00-14:00; Tue: 14:30-19:00  
Tue, Thu, Fri: 14:30-19:30, Wed: 10:00-13:00  
Tue, Thu 10:00-19:00  
**Sat 09:00-14:00**  
858-0354, or -55

**'AUSTRIA-DENT CENTER'**

ul. ZELAZNA 54  
Tel (Rec. Desk): 654-2116, Tel/Fax: 821-3184

X-ray available  
Hrs: Mon-Fri 0900-2100  
Sat: 0900-1500 (if patients are scheduled)

**HANSA-MED**  
ul. KLONOWA 22

**212-8138**  
Hrs: Mon-Fri 0900-1900, Sat 0900-1500

www.hansamed.com.pl; hansamed@hansamed.com.pl

**Dental X-Ray (also panoramic): NZOZ: 'PANORAMIK'** Mon-Fri 08:00-20:00, Sat 0900-1400  
pl. DABROWSKIEGO 5 (crossing of Swietokrzyska & Marszalkowska): **8261-918**

## **DERMATOLOGY:**

### **'LASERMED' Centrum Dermatologii Laserowej i Przeszczepiania Wlosow**

ul. HOZA 58/60 (entrance from ul. Poznanska)

Mon-Fri: 09:00 - 19:00

Tel: 627-1584, Fax: 627-1583

Sat: 09:00 - 14:00

**Dr. Piotr OSUCH** (surgeon)

**Tue, Thu: 16:00-19:00**

www.lasermed.pl, e-mail:lasermed@lasermed.pl

**Prof. Slawomir MAJEWSKI** (derm. allergologist, also works at Medical Academy) Fri: 15:30-19:30  
at 'LUXMED', ul. RACLAWICKA 132B **332-2888**

**Dr. Anna KOZLOWSKA** (specializes in alopecia)

502-1813, 1360, 1324 or 1311 (Histopath Lab)

Med. Academy Derm. Clinic Ul. Koszykowa

Cell: (0)-603-452-000

Private Practice: "ANPOL" Clinic

**621-6006**

ul. MOKOTOWSKA 35

Tue, Fri 1530-2000

**(do not wash hair for 2 days preceding your consult)**

## **GASTROENTEROLOGY AND ENDOSCOPY**

**POLISH GASTROENTEROLOGY FOUNDATION** (Polska Fundacja Gastroenterologii)-Abd sonogr, endoscopy, consultations

ul. WARYNSKIEGO 10 A (by "Riviera")

**825-6299, 825-7097**

**Prof. Andrzej HABIOR** (liver specialist)

**Mon: 15:00-19:00**

**Prof. Witold BARTNIK** (Endoscopies, Gastrosc. & Consults)

**Mon: 15:00-19:00, Thu: 15:00-19:00,**

**Prof. Jozef RYZKO** (Pediatric, from Centrum Zdr. Dziecka)

**Tue: 12:00-17:00**

## **GYNECOLOGY/OBSTETRICS:**

**Dr. Agnieszka TYMINSKA**

ul. LUCKA 18/1801

(back of building, outer stairs, 2-nd floor)

Dr. Tyminska's Cell: 0-501-248-617

**Tel at facility: 654-2464**, Fax: 654-2461

Home Tel: 832-1521

Mon & Thu: 1600-2100, Fri: 0900-1300

**Dr. Tyminska is also available for emergencies at ST. SOPHIA HOSPITAL** (Szpital Sw. Zofii)

ul. ZELAZNA 90

Admissions Room (24hrs)

**5369-302, Drs' Rm: 5369-440**

**Prof. BOGDAN CHAZAN**

(also works at Mother and Child Institute)

Private Practice at 'RKK Med'

625-7278

ul. EMILII PLATER 25 Apt. 4

Hrs: Tue, Thu 16:00 - 19:00

(corner of Wspolna, near Marriott Hotel)

**Cell: 0-602-305-475**

**Assoc. Prof TOMASZ NIEMIEC**

(also works at Mother and Child Institute)

Private Practice:

Hrs: Wed: 16:00 - **by appointments**

Al. WYZWOLENIA 14A Apt 145



Tel: 628-7475, Cell: 0-602-264-856  
Home tel/fax: 663-06-91  
E-mail: tniemiec@zigzag.pl  
also **Dr. DARIUSZ GOZDZ (same address)**  
Cell: 601-937-475, New: **502-155-135**

Tue and Thu: 9:00 - 12:00 and 16:45 - 20:00

**Dr. EWA SZULC**

Private practice in new place (starting in April, 2003):  
Medycyna dla Kobiet Junona  
ul. GRZYBOWSKA 2 Appt. 27 (back of building, entrance A)  
Tel: 330-9000  
Cell: 0-601-273-259

Mon, Wed: 15:00-20:00  
Fri: 09:00-12:00

**GYN SONOGRAMS (pregnancies):**

ul. FINLANDZKA 9  
Tel: 616-1387 or (0)-502-227-404  
Dr. Tomasz ROSZKOWSKI  
Dr. Jerzy GARWOLINSKI  
also: **Dr. Joanna SZYMKIEWICZ-DANGEL**  
Echocardiographies)

**1200-2000**

Tue, Thu, Wed 1400-2000, Fri 1200-1800  
Mon, Thu 1700-2000  
(Pediatric Cardiologist; Fetal

**NEUROLOGY:**

**Prof. HUBERT KWIECINSKI**

ul. ST. BANACHA 1A, 02-097 W-wa, **Blok D, 7-th floor**  
Fax: 599-1857  
available also at:  
**'PROMED'**, ul. UNIWERSYTECKA 5  
Tel (Reception Desk): 822-1811

(Chief of Neurology Ward at Banacha Hospital)  
**599-2857** or 599-2858

Hrs: Thu: 1500-1700

**Dr. Jaroslaw PNIEWSKI** (Neurologist at Woloska Hosp.) Tel: 508-1861, Nurses: - 1860  
**Private practice: clinic at home (usually TUE afternoons, but by individual appointments):**  
**al. NIEPODLEGLOSCI 151 Apartment 10 (2<sup>nd</sup> Polish floor- elevator) Tel: 849-9429**

**ONCOLOGY:**

**Dr. MONIKA NAGADOWSKA** Oncology Surgeon (Breasts)  
at SPECIALIST CLINIC OF POLISH FOUNDATION OF EUROPEAN SCHOOL OF ONCOLOGY  
(Przychodnia Specjalistyczna Polskiej Fundacji Europejskiej Szkoły Onkologii)  
ul. NOWOGRODZKA 62A (4th floor, lift) **Wed 1800-2000, Fri 1530-1800**  
Tel: **331-4140**

also at DAMIANA Med Center FOKSAL 3/5  
and at DAMIANA Med Center WALBRZYSKA 46

Tue 17:00-18:30  
Sat 09:00-10:00

**OPHTHALMOLOGY:**

**Prof. Andrzej FRYCZKOWSKI** (worked in the US) available at:

1. "RETINA"

**THU 1230-2100**, Wed, if needed, (depending on

[www.retina.pl](http://www.retina.pl)

ul. CIESZKOWSKIEGO 1/3 (ground floor), 01-892 Warsaw  
(entrance from back of building, front is called ul. SLOWCKIEGO)  
(Reception Desk): 869-4119 or (0)-693-722-448

**Dr. Piotr FRYCZKOWSKI (his son)**

patient traffic - hrs by individual appointments)

**Tue, Wed, Fri 0900-16:00**

2. "ANGELICA OPTYK"  
ul. DURACZA 6, 01-892 Warsaw  
(between ul. Zeromskiego & Broniewskiego)  
(Reception Desk): 633-2802

Tue 1800-1900, Fri 1800- 1900  
(depending on patient traffic)

3. Lecznica Ordynatorsko-Profesorska 'ALFA'  
ul. ORDYNACKA 15  
Tel (Rec. Desk):  
**Prof. FRYCZKOWSKI's cell: (0)-606-949-499**  
Home: 633-7045  
**Dr. KRZYSZTOF SEMENICKI (Private Practice)**  
Al. UJAZDOWSKIE 37/30  
Tel: 629-99-01

Wed: 1815-2000, Thu: 0930-1100,  
826-1127, 826-45-02, 826-3497 or 826-26-59

Tue., Fri: 1600-1800

**Dr. MACIEJ DOMOSLAWSKI:**

Private Practice (it is also possible to buy/order contact lenses there):  
ul. WISNIOWA 37 (corner of ul. Madalinskiego) Mon, Wed 1500-1800  
Tel: 848-05-62, 848-2776

**Also Dr. SZYMANEK** (specializes in contact lenses, same place) Mon, Tue, Thu: 1100-1400  
pszymanek@soczewki.biz Wed 1500-1900

Other English speaking Drs at WISNIOWA Ophth. Clinic:

Dr. Joanna Ciszewska Thu: 1500-1800  
Dr. Agnieszka Samsel Tue: 1500-1800

*(This clinic will move to al. NIEPODLEGLOSCI mid 2006)*

**Ophthalmology/Optometric Clinic & Shop "MONA"**

ul MOKOTOWSKA 24  
Dr. Tomasz Rygielski  
Tel: 621-7655

Mon-Fri 11:00 - 19:00  
Sat: 10:00 - 15:00

**Dr. ANNA ZAMLYNSKA**

at Ophthalmology Center 'BOPOL' Polyclinic  
(Centrum Okulistyczne 'BOPOL')  
MILLENIUM PLAZA Bld, 4<sup>th</sup> floor (Polish), Rm 419  
Al. JEROZOLIMSKIE 123 A  
www.okomedica.pl

**Pediatric Ophthalmologist**

Mon 1500-1800  
438-8770, -71

**ORTHOPEDICS:**

**"CAROLINA MEDICAL CENTER"="SPORT MEDICA SA"**  
**rehabilitation services)**

**(orthopedic consults and**

ul. BRONIEWSKIEGO 89 (turn left into ul. Galla Anonima at 3-rd light after the „Grota Roweckiego” bridge  
Fax:550-2299, **Tel:**

**550-2200, Cell: 605-223-520,**  
633-3665, 663-7208, -7211,

Dr. Edyta Biernat-Kaluza (internist-rheumatologist & Med. Dir): Mon, Tue, Fri 0900-12:00, Thu 1300-1700  
Internet Info: www.carolina.com.pl or www.carolina.pl

**Dr. Robert SWIERCZYNSKI - orthopedist at 'DAMIANA MEDICAL CENTER'**

1. ul. WALBRZYSKA 46, Tel: **566-2222, -2200** **Wed, Fri 08:20-17:00**  
2. ul. FOKSAL 3/5, Tel: **566-2341, -2343** **Mon, Tue 08:00-13:00**

**Dr. WOJCIECH GLINKOWSKI**

For emergency consultation at Szpital Kliniczny im. Dzieciatka Jezus  
Klinika Ortopedii i Traumatologii Narzadzow Ruchu

ul. LINDLEYA 4

Private practice: ul. TARGOWA 39A/1 (entrance from the back of the building, right hand side,  
Phone at private facility: 618-1717 press the domophone button: '5, key image,  
7513')

**Cell: 0-601-230-577**  
arrangement

Hrs: afternoon/evening - by individual

**"ATTIS" 24 hr Orthopedic Service at Gorczewska Hospital**

ul. GORCZEWSKA 89

Clinic Manager Cell:

Dr. Janusz KUREK – good English

Dr. Dariusz GRELA

321-1489

(0)-503-790-395

Mon 1300-1500

Tue 0830-1100

**Dr. WOJCIECH ZASACKI (Pediatric Orthopedist)**

ul. CYBISA 10

the

Cell: 0-600-919-282

(walk between the two buildings on  
ul. Janowskiego 52 and 54 to the building with

yellow sign: "Poradnia Salus", i.e. ul. Cybisa  
10)

Hrs: by individual appointment,  
usually every other Tue 1600-1800

**PSYCHIATRY:**

Dr Jakub Szumanski

Al. Komisji Edukacji Narodowej 96#U3

e-mail:jszumanski@wp.pl

ph: 644 13 88

Mobile: 0-601-276-759

**Agnieszka Leznicka-Los, M.A. (Psychotherapist, psychologist)**

private practice: ul. ZURAWIA 2/72, 00-503 Warszawa

by individual appointments only (adults, or at least 14y.o.)

**660-418-777**

622-9243

**REHABILITATION/ PHYSICAL THERAPY:**

**1. Christine KOGL - will resume activity in April, 2006**

**Cell: (0)-602-274-149**

**Warsaw Center: al. UJAZDOWSKIE 26 apt. 76**

e-mail:physiomed@physiomed.pl

individual appointments

**2. Andrzej HODUN (worked in the U.S., licensed in Michigan & Illinois)**

Private Physical Therapy Clinic "FEEDBACK"

Ul. CHORAGWI PANCERNEJ 80 (Wilanow area)

Mon-Fri 0900-1800, Sat **if** needed

651-8412 or cell: (0)-663-945-577

3. Marta i Cezary Kosik  
Ul. Opoczynska 3 m 1

mobile:0-605-251 731  
0-603-884 864

### **OTOLARYNGOLOGY (Ears, Nose, Throat):**

**DR. KRAJEWSKI (South Africa-11 years, grant at Michigan Ear Institute)**

**KRAJMED – LARYNGOLOGIA**

458-6969, Emerg: **(0)-604-204-404**

ul. WALBRZYSKA 11, 02-739 Warsaw (by the "SLUZEW" Metro)

e-mail: staff@krajmed.com.pl

<http://www.krajmed.com.pl>

**Hearing tests, phoniatrics, endoscope operations of tonsils, nose, sinuses, lacrimal caniculi, microsurg of larynx & ears, also sleep apnea, phoniatrics, and hearing tests**

**Drs: ENT: Marek Krajewski, Wojciech Lipiec, Pawel Dobrzynski, Renata Szeliga**

**Prof. HENRYK SKARZYNSKI**

864-0889

Institute of Hearing Physiology and Pathology

835-6670 and -5214 (Secret.),

ul. PSTROWSKIEGO 1, Warsaw (Zoliborz off ul. Marymoncka) Registr Desk: 864-08-86, --87, -90

**at 'TERAPIA' Clinic:**

827-7301, 828-1000, Fax: 826-4034

ul. WIDOK 10

- Assist. Prof. **PAWEL DOBRZYNSKI** (KRAJMED)

Once a month: 2-nd Tue each month

- Assist. Prof. **JAN BARDADIN** (from Bielanski Hosp)

Wed: 1700- 1800/1830 as needed

<http://www.terapia.waw.pl>

### **SONOGRAMS PEDIATRIC:**

Spoldzielnia Specjalistow Rentgenologow

ul. **WARYNSKIEGO 9**, Warsaw

621-2349, 625-1590

**Dr. Michal BRZEWSKI** (pediatric+adult from Litewska Hosp)

**Wed 1300-1900, Fri 0800-1000**

Prof. Andrzej J. **MARCINSKI** (baby hip joints)

Mon: 1300-1500, Tue 1400-1530

Thu: 1300-1600, Fri 1400-1600

**al. KEN 19** (Metro station 'KABATY', entrance from ul. Borsuka) Mon: 1600-1900, 446-7777, or -7241

### **SONOGRAMS MISC, Adult: Abd. Cavity, Kidneys, etc at:**

Spoldzielnia Specjalistow Rentgenologow

621-2349, 621-2357, 625-1590

ul. **WARYNSKIEGO 9**, 00-651 Warsaw

**Dr. Michal Elwertowski**

**Thu 07:30-11:00**

**Dr. Andrzej SADOWNIK**

**Thu: 1200-1500**

**Dr. Grzegorz MALEK**

**Mon 1500-1900, Tue 1600-1900**

**Dr. Michal BRZEWSKI** (pediatric from Litewska Hosp + adult) **Wed 1300-1900, Fri 0800-1000**

**Dr. Michal ELWERTOWSKI available at:**

1. 'MEDICENTER'

**646-8608, 646-8609**

al. **NIEPODLEGLOSCI 120** (corner of Madalinskiego, ground fl.)

**Mon 0845-1700, Thu 1200-1500**

2. "IZIS"

**620-6402**

ul. Emilii Plater 47 (opposite 'Sala Kongresowa')

**Tue: 0815-1900, Fri: 11:00-19:00,  
some Sats 0815-1400**

3. Spółdzielnia Pracy Specjalistów Rentgenologów  
ul. Waryńskiego 9

**621-2349, 625-1590**  
**Thu: 0730-1100**

**Dr. Grzegorz MALEK at:**

1. DAMIANA Med Center, ul. WALBRZYSKA 46  
**1400**  
ul. WALBRZYSKA 46

**Th 1430-1900, Fr: 1500 -2000, Sat 0900-**  
**566-2222, -2200**

2. Spółdzielnia Specjalistów Rentgenologów  
ul. WARYNSKIEGO 9, 00-651 Warsaw

**Mon 1500-1900, Tue 1600-1900**  
621-2349, 621-2357, 625-1590

**Dr. Jacek PRONIEWSKI**

1. at 'CENTRUM MEDYCZNE', ul. DOMANIEWSKA 41  
(corner of ul. WOŁOSKA), the 'MARS' building, Ground floor, by Entrance/stairway D

Fri: Afternoon  
**458-7000**

**GENERAL SURGERY:**

**Dr. Michał SPIEGOWSKI (vascular surgeon and gastroenterologist)**

at 'DAMIANA MEDICAL CENTER'

1. ul. WALBRZYSKA 46  
2. ul. FOKSAL 3/5  
Tel: 847-6134 or 847-3313

Mon, Tue, Wed, Fri 0900-15, Thu 1300-2000  
Sat: 1000-

**Dr. Andrzej KOSICKI** (general, endocrine surgery, venous and arterial diseases) at:  
'MEDICENTER'

al. NIEPODLEGŁOŚCI 120 (corner of ul. Madalińskiego)

**646-8608, 646-8609**  
**Tue 1600-1900**

**Prof. Wojciech A. ROWIŃSKI**

Private practice at Damiana Medical Center:  
ul. FOKSAL 3/5 (entrance from ul. SMOLNA)

**General and transplant surgery (Med. Academy)**  
Tue, Fri 1830-2000  
566-2222

**Dr. Andrzej SANKOWSKI** Cosmetic/esthetic surgery  
al. JEROZOLIMSKIE 101 apt. 3, 02-011 WARSZAWA  
Gabinet Chirurgii Plastycznej  
www.sankowski.com.pl  
e-mail: [info@sankowski.com.pl](mailto:info@sankowski.com.pl)

11:00-18:00  
**Tel: 622-0808, Cell: (0)-601-224-070**  
Fax: 622-3688

## **PEDIATRICS:**

### **Dr. WOJCIECH DUCHINSKI**

Private practice:

Warsaw-Wilanow, ul. WIERTNICZA 124 (corner of ul. Lowcza)  
**needed)**

Mon-Fri 15:30-20:00

**642-6984**, Fax: 858-2829

**(House calls: 09:00-14:00 or after 20:00, if  
Cell: 0-601-243-118**

### **Pediatric ENT Clinic at 'LITEWSKA' HOSPITAL**

ul. MARSZALKOWSKA 24 (Corner of ul. Litewska), 00-576 Warszawa

**Admissions Room (24 hrs)**

**Switchboard:**

0700-1300

**5227-400, 621-0556** (may become obsolete)

**5227-454**

## **RHEUMATOLOGY:**

Prof. HANNA CHWALINSKA-SADOWSKA

ul. ORDYNACKA 15

Tel (Rec. Desk): 826-1127, 826-45-02,

826-3497, 826-26-59 or 827-7727

at Polyclinic 'ALFA'

Wed: 1730 - till all patients are seen

Sat: 1400 - till all patients are seen

Prof. Jacek PAZDUR

at **'TERAPIA' Clinic:**

ul. WIDOK 10

Mon 1600-1800, Thu 1730-1900

827-7301, 828-1000, Fax: 826-4034

## **UROLOGY:**

Dr. Krzysztof PASTEWKA at

Thu, Fri 1800-2000

'MARRIOTT' MEDICAL CENTER

458-7000

'MARRIOTT' Hotel

Al. JEROZOLIMSKIE 65/79

Prof. Andrzej Borkowski (works in Medical Academy Urology Clinic on ul. Lindleya 4): 502-1723

**Private practice:**

**832-2666**

ul. KLAUDYNY 30B (Marymont)

Mon, Thu: 16:00 - 1800

(2-nd row of houses parallel to ul. Klaudyny, about 60 yards away from "GLOBI")