

Cape Cod National Seashore

Ranger-Guided Activities

February 14 through April 25, 2009

National Park Service
U.S. Department of the Interior

www.nps.gov/caco



For outdoor programs, be safe and stay comfortable by wearing clothing and footwear appropriate for the weather. Programs may be cancelled if weather is severe. If in doubt, call Salt Pond Visitor Center at 508-255-3421 x 0. Salt Pond Visitor Center is located at Route 6 and Nauset Road, Eastham, and is accessible.



February

Saturday, February 14 - TALK/WALK: Whose Toes are Those? - 2 PM, 1 hour, ½ mile. Free, geared towards families.

Learn to identify some tracks and sign left by local wildlife, and open doors to discovering wildlife that surrounds us on Cape Cod. Meet at the Salt Pond Visitor Center, Eastham. Dress warmly for the outdoor segment of the program.

Sunday, February 15 - MOVIE: "Master and Commander" - 1 PM, 2½ hours, Free. This dramatic thriller pits the captain of the *HMS Surprise* and his crew against a privateer equipped with better weapons during the Napoleonic Wars. Salt Pond Visitor Center, Eastham. *Sponsored by Friends of the Cape Cod National Seashore.* ♪

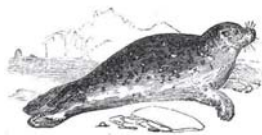
Sunday, February 15 - LIGHTHOUSE TOUR: The Three Sisters - 2 PM, 1 hour, ½ mile. Free. These 19th-century lighthouses once provided a beacon for sailors off the shore of Nauset Light Beach. Come and learn of their history and importance. Meet at Nauset Light Beach parking area, Eastham. ♪



Tuesday, February 17 - WALK: Stormy Nights - 2 PM, 45 minutes. Free. Cape Cod is known as the "Graveyard of the Atlantic," with over 3,000 recorded wrecks. Occasionally, the skeleton of one of these old wrecks is thrust up on the beach, only to be covered again by shifting sands. Over the past year the bones of a 19th-century wreck have appeared, been buried, and reappeared. Will it be buried, or exposed on February 17? Join a ranger for a short walk to find out, and learn of the stories these old wrecks tell. Meet at the Newcomb Hollow Beach parking area, off Ocean View Drive, Wellfleet.

Wednesday, February 18 - WALK: Lore of Nauset Marsh - 2 PM, 1 hour, 1 mile. Free. This picturesque place has drawn people to its shores for thousands of years, including a number of famous artists and authors in recent centuries. Discover some of the stories associated with this special place. Meet at the terrace at the Salt Pond Visitor Center, Eastham.

Thursday, February 19 - WALK: Where's the Beach? - 2 PM, up to 45 minutes, 1 mile. Free, geared towards families. Join a ranger to learn about Cape Cod's famous sandy beaches and how they change through the seasons. Dress for the weather and be prepared to do some digging in the sand. Meet at the Coast Guard Beach parking area, at the end of Doane Road, Eastham.



Saturday, February 21 - TALK: The Scoop on Seals - 2 PM, 45 minutes. Free, geared towards families. Seals and people love to play in the water, but did you ever wonder how seals keep the water from going up their noses, or how they're able to stay under that cold water long after we've turned blue? Learn the answers to these questions and more as we discuss seals' special adaptations to their watery world. Takes place inside Salt Pond Visitor Center, Eastham. ♪

Sunday, February 22 - MOVIE: "The Perfect Storm" - 1 PM, 2+ hours, Free. A veteran fisherman goes beyond the normal reach of New England fishing boats to the remote Flemish Cap. He hears about a huge storm building, yet wants to try for an enormous catch and is convinced he can beat the storm back to Gloucester. Salt Pond Visitor Center, Eastham. *Sponsored by Friends of the Cape Cod National Seashore.* ♪

March

Sunday, March 1 - TALK: The Amazing World of Horseshoe Crabs - 2 PM, 40 minutes. Free, geared towards families. Participate in a hands-on exploration of, and stories about these amazing animals. Discover many fun facts about them, such as their ancient age, and how important they are for the health of humans. Takes place inside at Salt Pond Visitor Center, Eastham. ♪

- more -

March *continued*

Saturday, March 7 - TALK: The Scoop on Seals - 2 PM, 45 minutes. Free, geared towards families. See description under Saturday, February 21. ♬

Sunday, March 15 - TALK: Sirens of the Sea - 2 PM, 30 minutes. Free, geared towards families. Known for their alluring songs and acrobatics, humpback whales have been a fascination for centuries. Join a ranger for this talk and participate in activities that highlight the awesome nature of these endearing animals. Takes place inside Salt Pond Visitor Center, Eastham. ♬

Saturday, March 21 - WALK: Lore of Nauset Marsh - 2 PM, 1 hour, 1 mile. Free. See description under Wednesday, February 18.

Sunday, March 22 - WALK: A Peep at Spring - 2 PM, 1 hour, 1 mile. Free, geared towards families. Explore what is happening outdoors as a result of the spring equinox. Signs of spring are beginning to show. Get outdoors to discover them! Meet at the lower parking area at Fort Hill, Eastham.

Saturday, March 28 - WALK: Nightlife - 7:30 PM, 1 to 1½ hours, 1 mile. Free, geared toward families. Experience nature's "nightlife", which is often mysterious and intriguing. Opportunities exist for seeing or hearing owls, woodcocks, frogs, and other surprises. Meet at the lower area at Fort Hill, Eastham. No flashlights necessary.



April

Saturday, April 4 - TALK: The Scoop on Seals - 2 PM, 45 minutes. Free, geared towards families. See description under Saturday, February 21.

Sunday, April 5 - WALK: A Peep at Spring - 2 PM, 1 hour, 1 mile. Free, geared towards families. See description under Sunday, March 22.

Saturday, April 11 - WALK: Nightlife - 7:30 PM, 1 to 1½ hours, 1 mile. Free, geared toward families. See description under Saturday, March 28.

Sunday, April 12 - TALK: Sirens of the Sea - 2 PM, 30 minutes. Free, geared towards families. See description under Sunday, March 15.

New Cell Phone and GPS Programs

If you have a cell phone or portable GPS (Global Positioning System) we invite you to participate in two new, technology-based interpretive programs.

The *Dial and Discover Seashore Stories* program is a cell phone tour with 2-minute interpretive messages from park rangers, the seashore historian, and the park superintendent. Look for the *Dial and Discover* signs at several seashore locations, or pick up a list of tour stops at the Salt Pond Visitor Center. There is no cost for the tour except your cell phone plan usage.

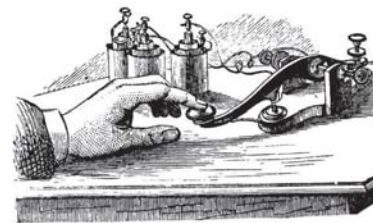


International Marconi Day and National Junior Ranger Day Saturday, April 25, 2009

Kids' Signal Jam: Talking and Texting with Wires and Without - Do you like to call, text, chat, and IM? Today's technology has its roots right here on Cape Cod! Join us for a day of wired and wireless technology fun at lighthouses and the Coast Guard Station in Eastham, and the Marconi Station Site in Wellfleet. Learn how communication saves lives.



We'll cap off the day with a visit by a NASA space educator to learn about communications in space now and in the future. Are you ready for...*voice over laser beams*? Check the park's website at www.nps.gov/caco for details closer to the date.



KMICC Marconi Radio Club Radio Event - Cape Cod National Seashore will participate in International Marconi Day, a worldwide radio event commemorating Guglielmo Marconi, the "Wizard of Wireless." Licensed ham operators are invited to participate. Contact Education Specialist Barbara Dougan for details at (508) 255-3421, ext. 16.

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Quest at Fort Hill

Download and print. Use and reuse at discretion. Copyright 2008. This quest is the intellectual property of the National Park Service. All rights reserved. For more information, visit <http://www.nps.gov/caco>. Includes 11 color pages, approximately 23 pages.

Welcome to Fort Hill at Cape Cod National Seashore. You are in to discover why Fort Hill is so special. Its rugged, rocky terrain is rich with history. From the Revolutionary War to the early 20th century, Fort Hill was a strategic location. Today, it is a park and a place of natural beauty. It is a place where you can learn about our history and enjoy the outdoors. It is a place where you can see the sea and the sky. It is a place where you can feel the wind and the sun. It is a place where you can be a part of our history. It is a place where you can be a part of our future. It is a place where you can be a part of our lives. It is a place where you can be a part of our dreams. It is a place where you can be a part of our hopes. It is a place where you can be a part of our love. It is a place where you can be a part of our joy. It is a place where you can be a part of our peace. It is a place where you can be a part of our happiness. It is a place where you can be a part of our life. It is a place where you can be a part of our world. It is a place where you can be a part of our universe. It is a place where you can be a part of our destiny. It is a place where you can be a part of our future. It is a place where you can be a part of our hope. It is a place where you can be a part of our love. It is a place where you can be a part of our joy. It is a place where you can be a part of our peace. It is a place where you can be a part of our happiness. It is a place where you can be a part of our life. It is a place where you can be a part of our world. It is a place where you can be a part of our universe. It is a place where you can be a part of our destiny.

The *Quest at Fort Hill* is a GPS and compass information scavenger hunt that explores the trails and features of the Fort Hill area in Eastham. You'll use your detective and GPS skills to discover the area's significance. A free quest booklet, including coordinates, is available at the Salt Pond Visitor Center or online at <http://www.nps.gov/caco/playourvisit/outdooractivities.htm>.