



CRYOGENICS 2

Going below 1 K

Welcome to the quantum world!

590B

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History

He3 systems

Properties of He-3 and He-4

Dilution refrigerator

Demagnetization refrigeration



Short history of temperatures below 1K

1908 LHe liquefaction by Kamerlingh Onnes

1926 The idea of demagnetization cooling by Debye

1927-31 Realization of demagnetization cooling, <100mK

1945 He-3 liquefaction

**1950 The idea of Pomeranchuk refrigerator (cooling by
adiabatic solidification of He-3)**

**1962 The idea of dilution process (Heinz London) with
G. R. Clarke, E. Mendoza**

**1965-66 First dilution refrigerators build in Leiden, Dubna
and Manchester reaching 25 mK**

1971 Superfluidity of He-3



stage1 stage2 stage3



**The kid of the 20th century,
parallels space rocket and nuclear studies**

**Similar to space rockets Tsiolkovskiy train
generation of low temperatures
uses several stages**

- 4K stage, usually referred to as He bath
or main bath**
- 1K stage, or 1K pot**
- low temperature unit**

**The cooling power rapidly decreases
with each stage,
stages are activated in sequence,
functioning of each stage impossible
before full activation of the preceding**

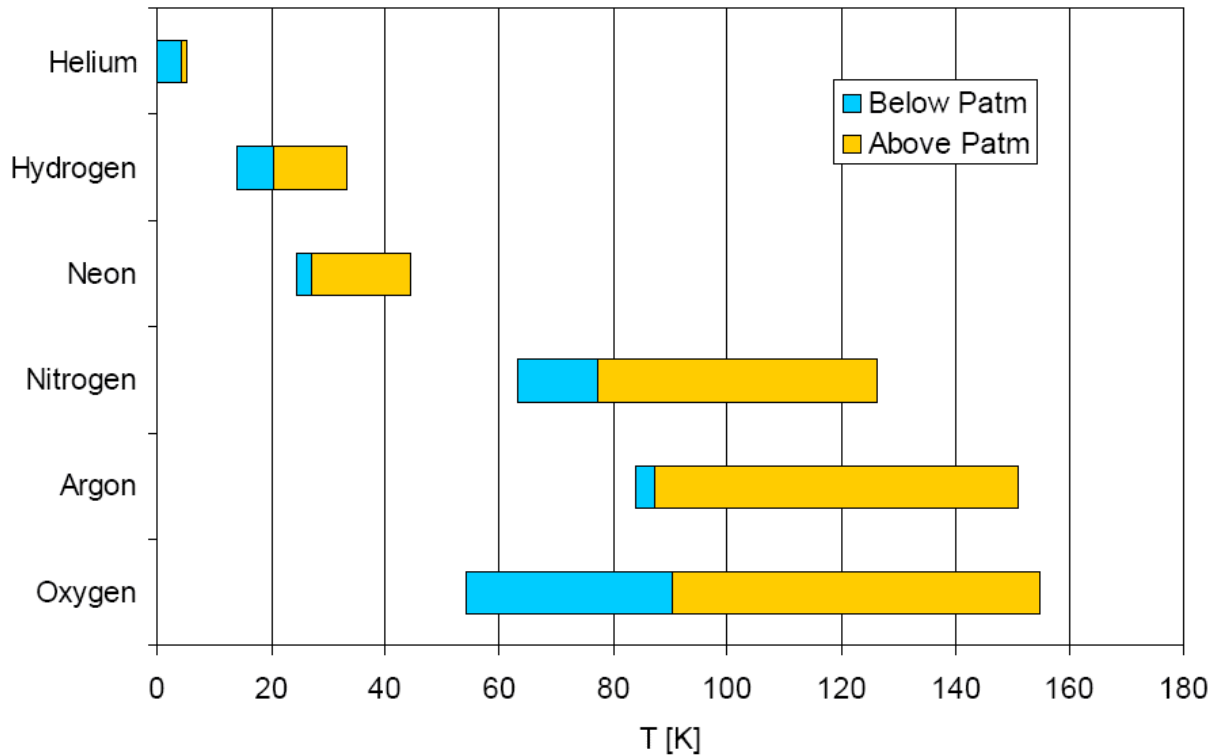
Important:

**To reduce cryogen liquid consumption
use to a maximum extent cooling power
of the first stages**



Cooling with cryogenic liquids

Useful range of cryogens



The lighter the better!
The lightest is stable He-3 isotope

Operation below 4.2 K completely relies on vacuum pumping
Pumping oil creates characteristic smell of low-temperature laboratories!

**Natural He contains 0.000137% of He-3.
Thousands of liters of He-3 are used annually in cryogenic applications**

**He-3 is produced, not mined!
Main source: nuclear fusion**

**Earth gravity is not strong enough to keep He in atmosphere
Once released, He leaves to space**

**Proposals as exotic as mining He-3 on Moon surface,
where it accumulates due to exposure to Solar wind**



<http://www.webelements.com/helium/isotopes.html>

Isotope	Atomic mass (ma/u)	Natural abundance (atom %)	Nuclear spin (I)	Magnetic moment (μ/μ_N)
^3He	3.016 029 309 7(9)	0.000137 (3)	$1/2$	-2.127624
^4He	4.002 603 2497(10)	99.999863 (3)	0	0

Physical properties

	Helium-3	Helium-4
Boiling (1atm)	3.19 K	4.23 K
Critical point	3.35 K	5.19 K.
Density of liquid (at boiling point, 1atm)	0.059 g/ml	0.12473 g/ml
Latent heat of vaporization	0.026 kJ/mol	0.0829 kJ/mol

Cooling power of evaporating cryogenic liquid

$$Q = n\Delta H = nL,$$

Q cooling power

n rate of evaporation, molecules/time

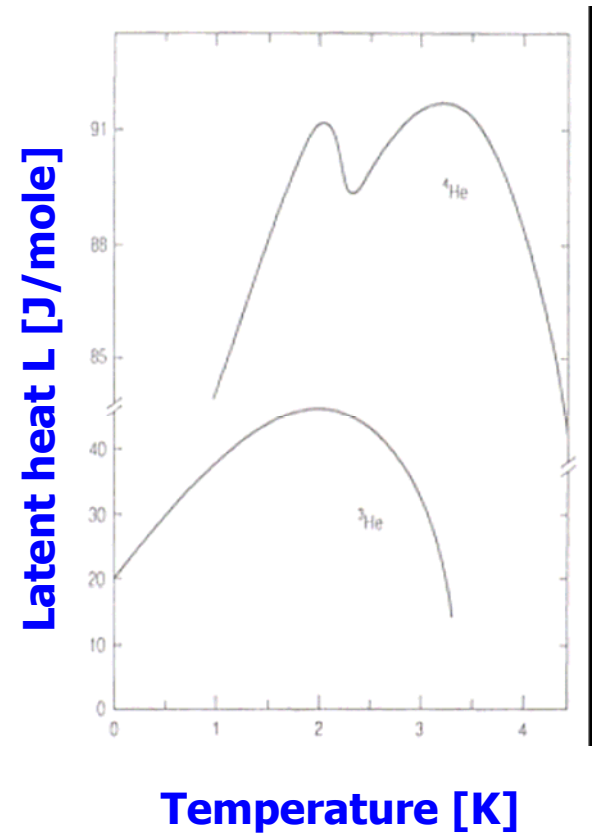
ΔH enthalpy of evaporation

L latent heat of evaporation

For a pump with constant volume rate **V**

$$Q = VP(T)L$$

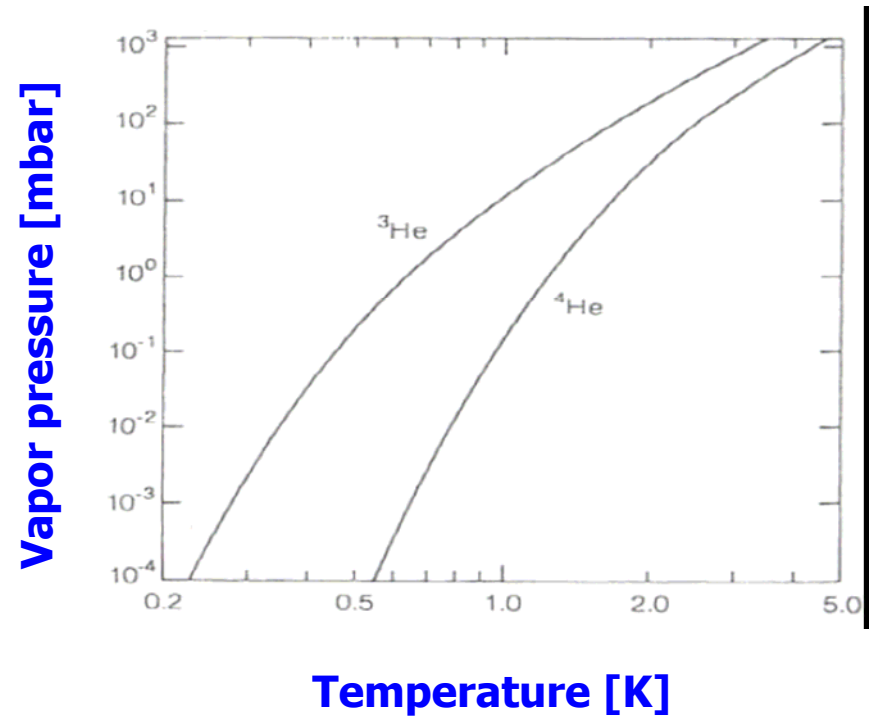
L approximately constant





Cooling power proportional to
vapor pressure
 $Q \sim P(T) \sim \exp(-1/T)$

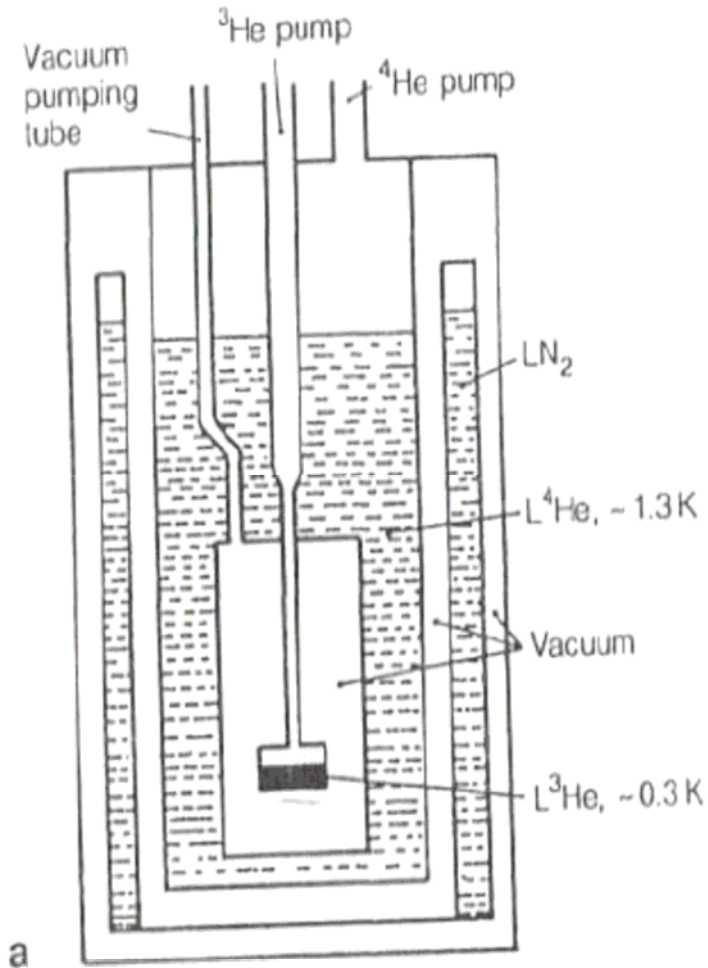
Exponentially small at low T
We can get by pumping on
He-4 $T \sim 1\text{K}$
He-3 $T \sim 0.26\text{ K}$



Evaporative cooling is used in
1K pot
He-3 cryostat



He-3 refrigerator

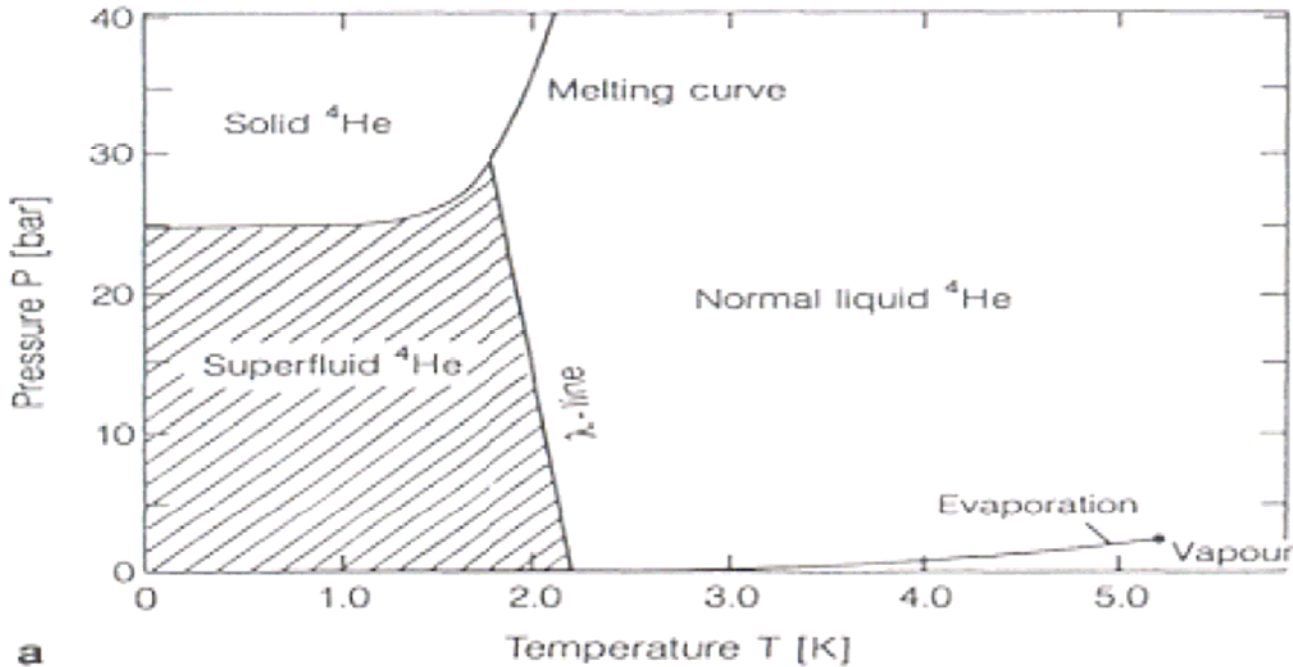


Typical features:
Sample in vacuum
(rarely sample in He-3 liquid)
One shot mode of operation
Hold time 10-60 hours

Operation sequence:
Release He-3 from cryopump
Condense by heat exchange with 1K pot
Cool condensate to 1.5K
Start cryopumping to reach base temperature

He-3 is stored in a sealed space to avoid loss
He-3 pump is called Sorb, uses cryopumping

He-4 nucleus has no spin, Boson



No solid phase due to:

weak van der Waals inter-atomic interactions, E_{pot} is low

Large quantum mechanical zero-point energy $E_0 = h^2/8ma^2$

due to small mass, E_{kin} is high

Bose-Einstein condensate instead of a solid

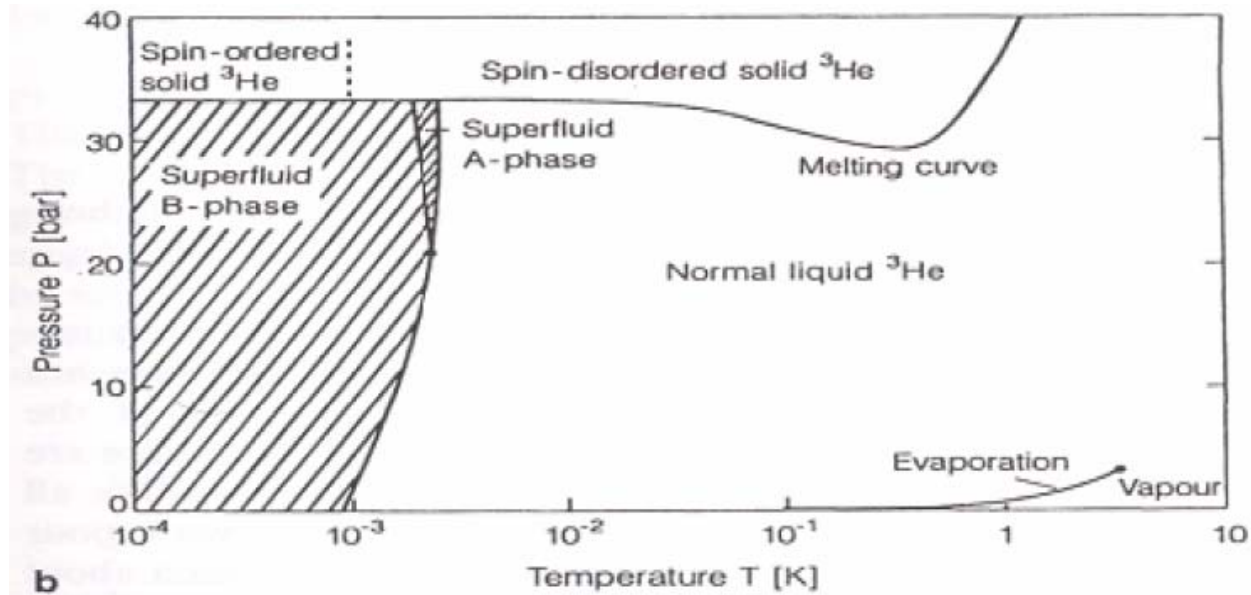
Quantum liquids, ratio $\lambda = E_{\text{kin}}/E_{\text{pot}}$ He4 $\lambda = 2.64$ He3 $\lambda = 3.05$

Amplitude of vibrations about 1/3 of interatomic space



He-3 nucleus has spin 1/2, Fermion

Additional spin entropy



Bose-Einstein condensate of pairs, several superfluid phases

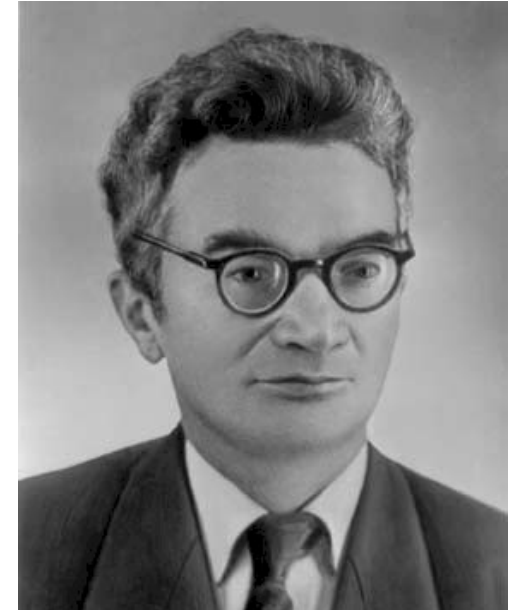
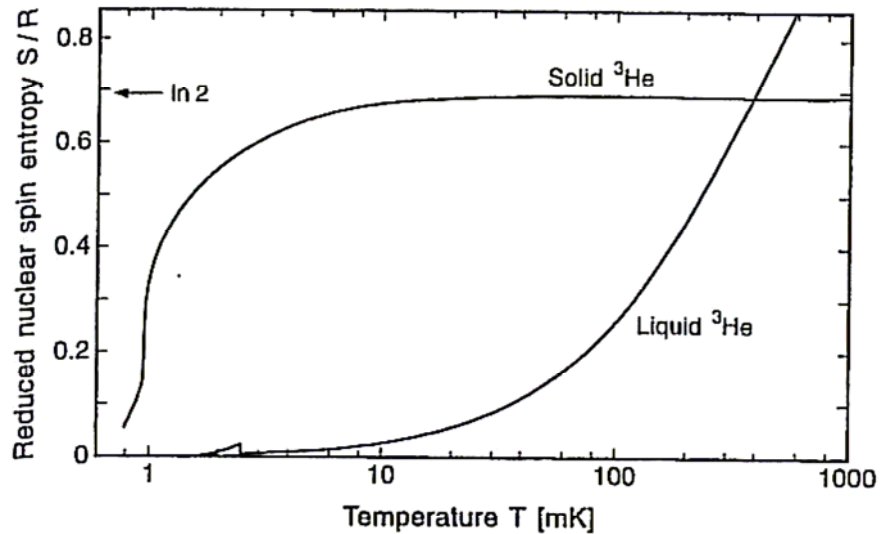
Special feature: Below T_F spins in the liquid phase are spatially indistinguishable.

Therefore they start obeying Fermi statistics and are more ordered than in the paramagnetic solid phase!



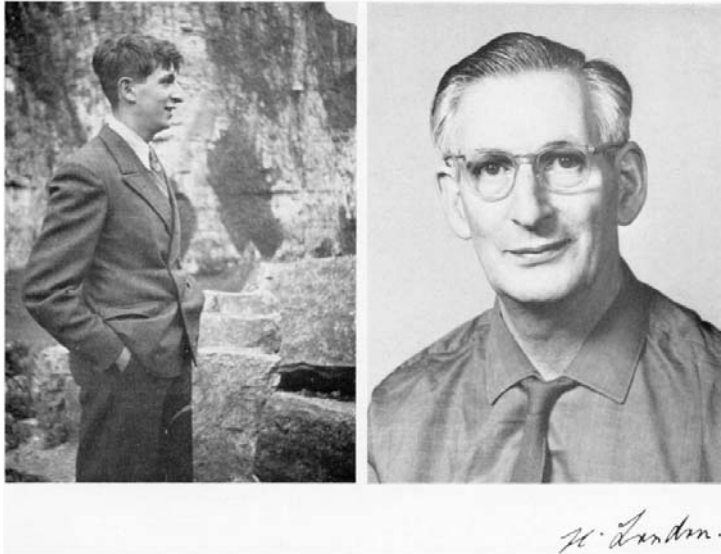
Pomeranchuk cooling (1950)

Isentropic compression of He-3 below 200 mK leads to cooling

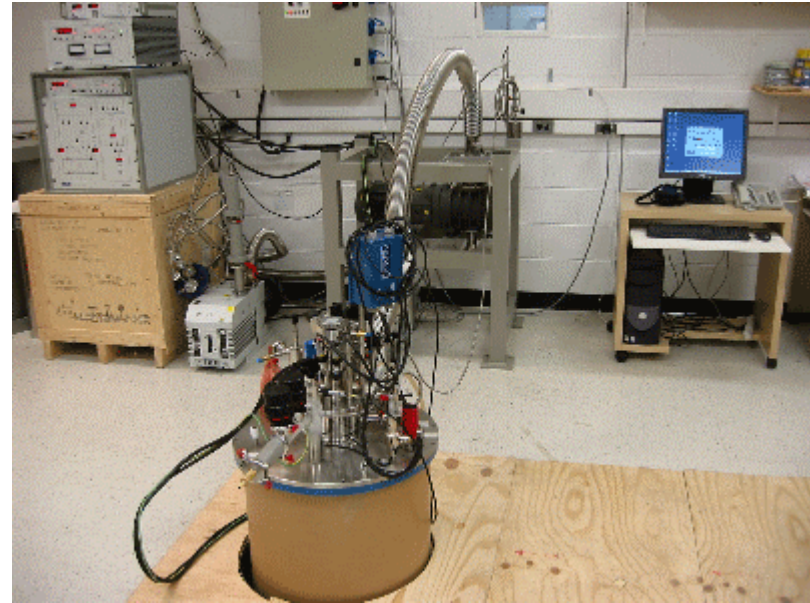


Isaak Pomeranchuk

Pomeranchuk cooling was used to discover superfluid phases in He-3



Heinz London



**Top-loading
Dilution Refrigerator**

In dilution process of He-3 into He3-He-4 mixture

ΔH is enthalpy of mixing

$$\Delta H = \int \Delta C dT$$

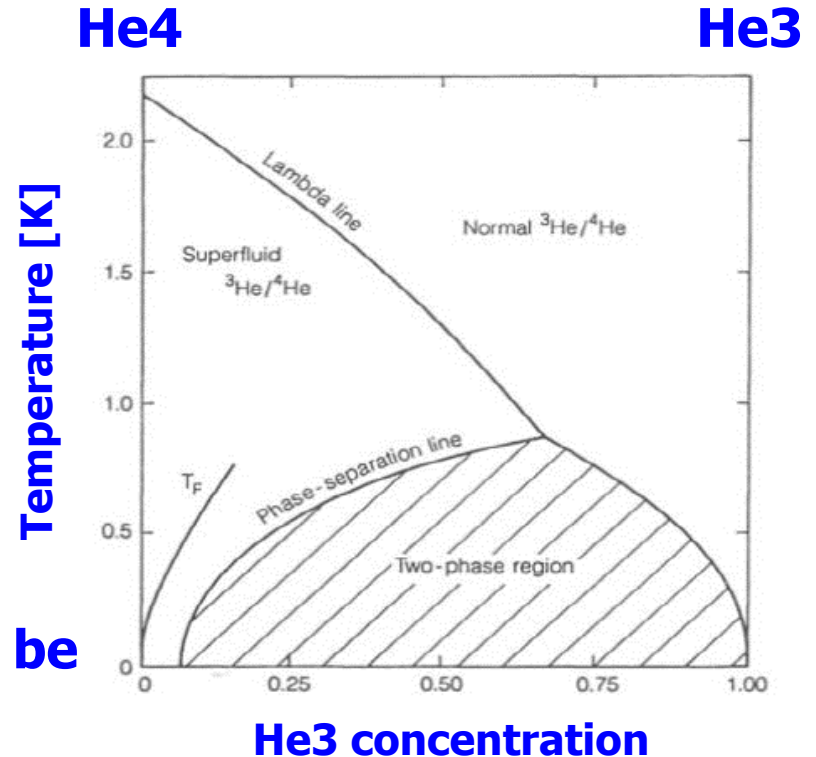
Mixture of He3 and He-4

Phase separation of the mixture into He3 rich and He3 poor phases, but not pure He3 and He4

Pure quantum effect classical liquids should separate into pure components to obey 3rd law of thermodynamics, $S=0$

In case of He3-He4 mixture, $S=0$ can be for finite concentration because of the Fermi statistics for He3 and Bose statistics for He4

Phase separation starts below $T=0.867$ K (max at $X=0.675$)

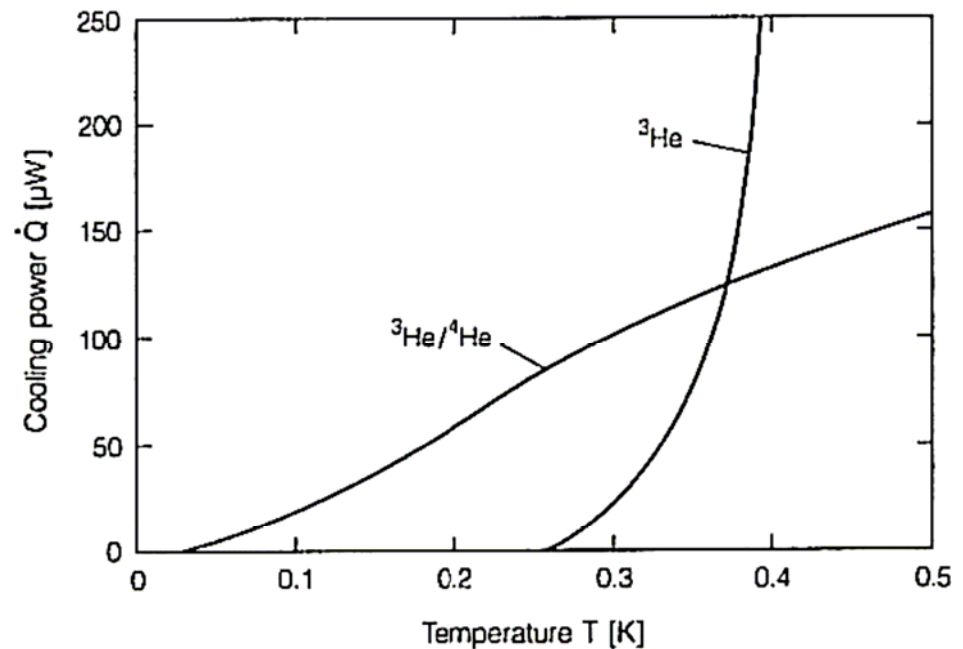




**Cooling power:
Power law decrease
Instead of exponential decrease**

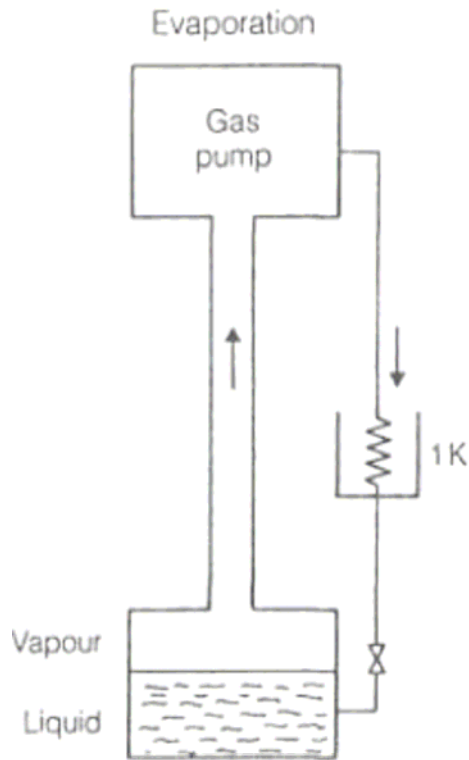
**Enthalpy of mixing uses the difference
In specific heat of two phases**

$$\Delta H = \int \Delta C dT$$
$$Q \sim \chi \Delta H \sim T^2$$

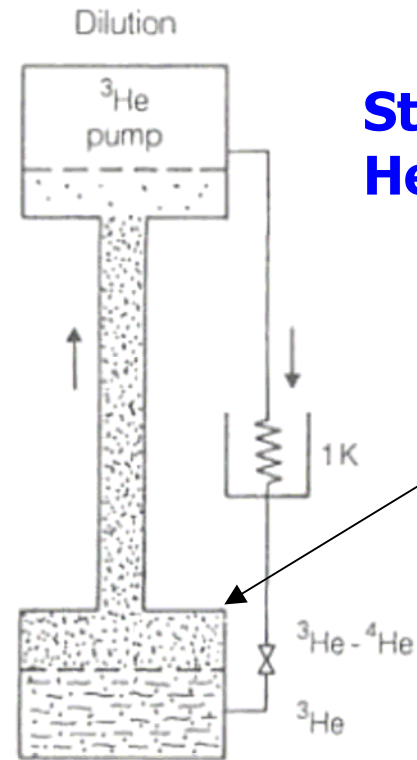




Evaporative cooling



Dilution

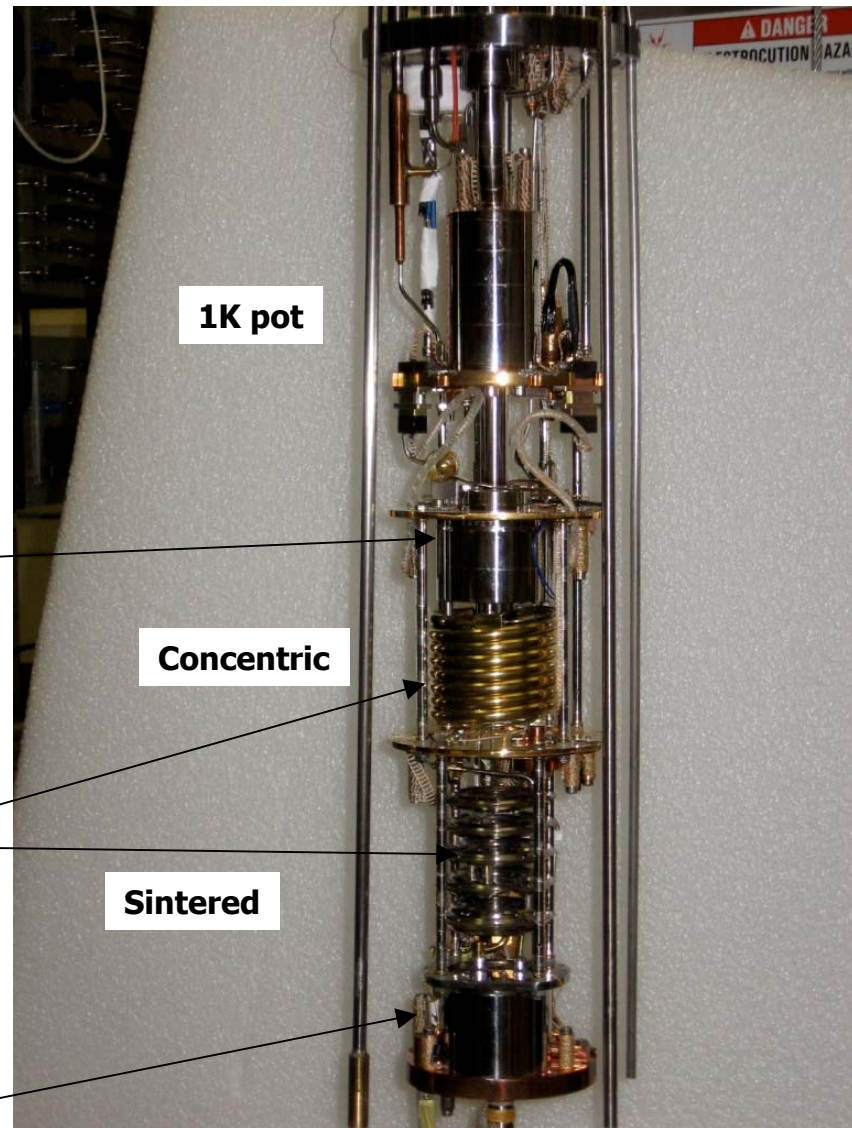
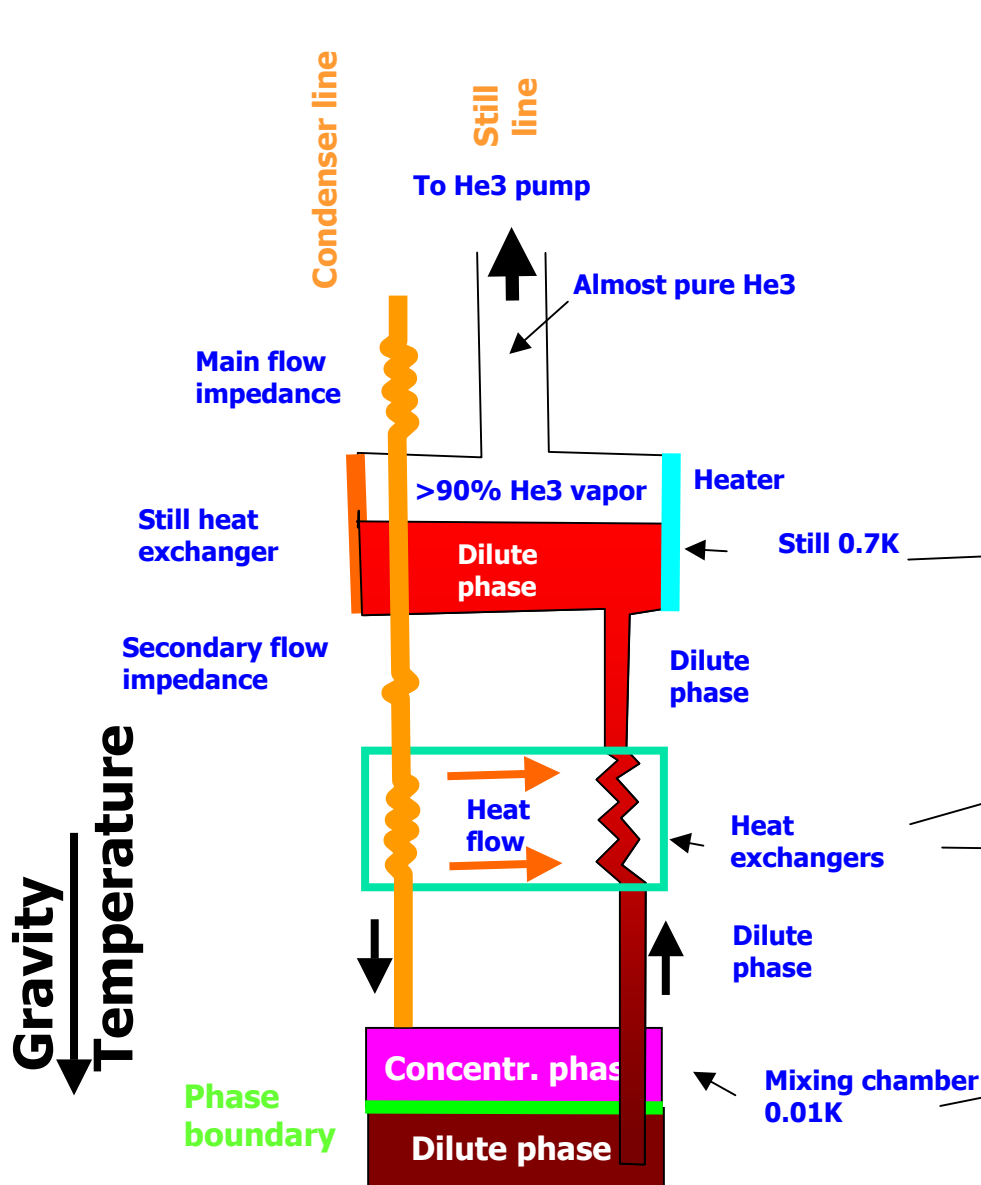


**Still evaporates
He3 from mixture**

**Mixing
chamber**

**Phase
separation
line**

Dilution Refrigerator: more details



Kapitza resistance

A discontinuity in temperature across the interface of two materials through which heat current is flowing

acoustic impedance mismatch at a boundary of two substances
phonons have probability to be reflected

Kapitza resistance, $\sim T^3$

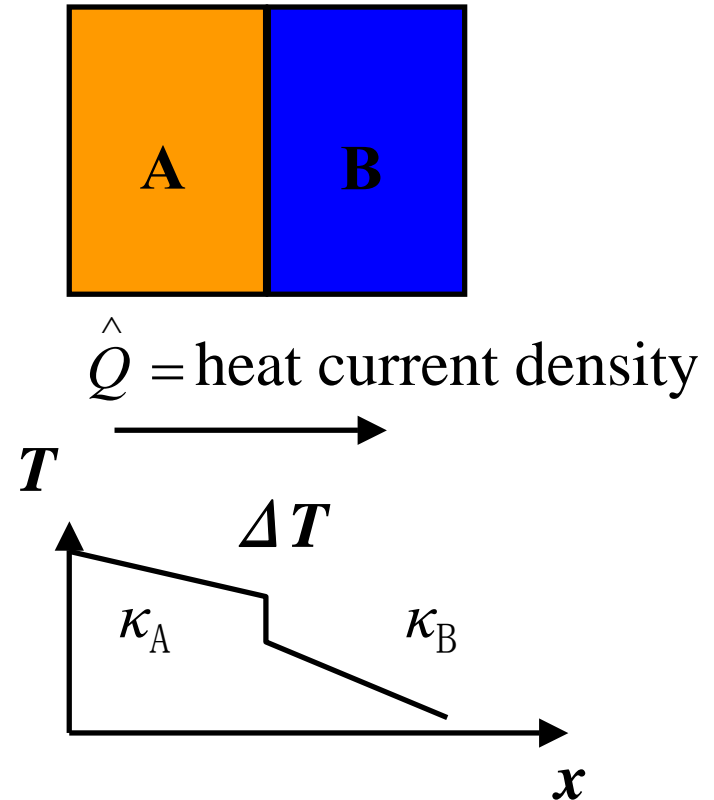
Important effect as T tends to 0

1K vs 10 mK

6 orders of magnitude change!

$$\hat{Q} = \kappa_K \Delta T$$

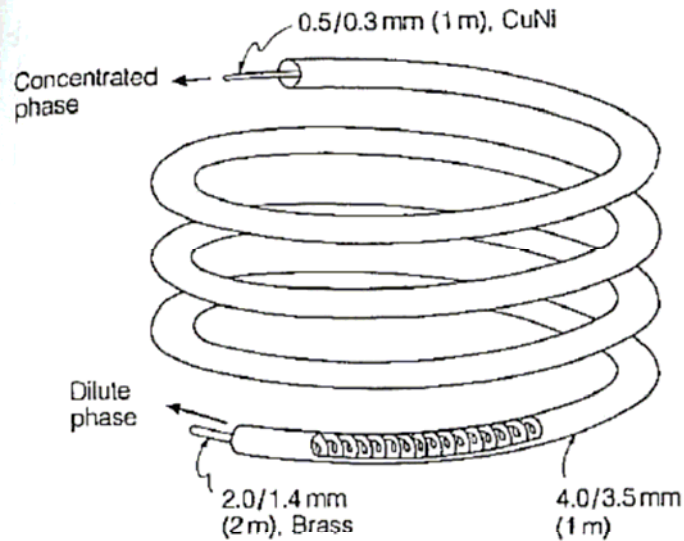
κ_K - Kapitza conductance



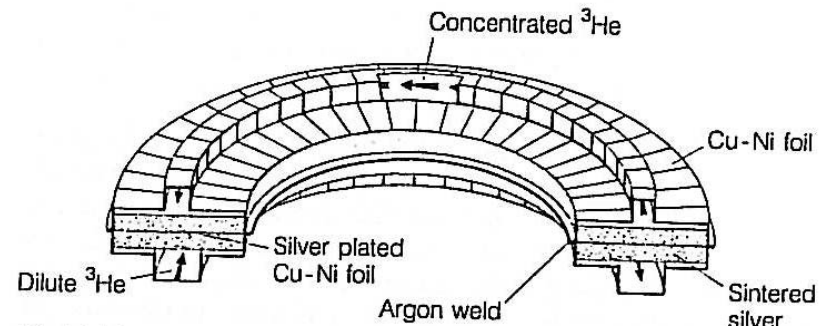
**Good Thermal contact at low temperatures
needs conduction electrons**

Dilution refrigerator: heat exchanging

Need big surface area contacts!



Concentric heat exchanger
High temperatures



Welded Cu-Ni foil
Sintered submicron silver powder
Close to mixing chamber



Dilution refrigerator: Experiment cooling

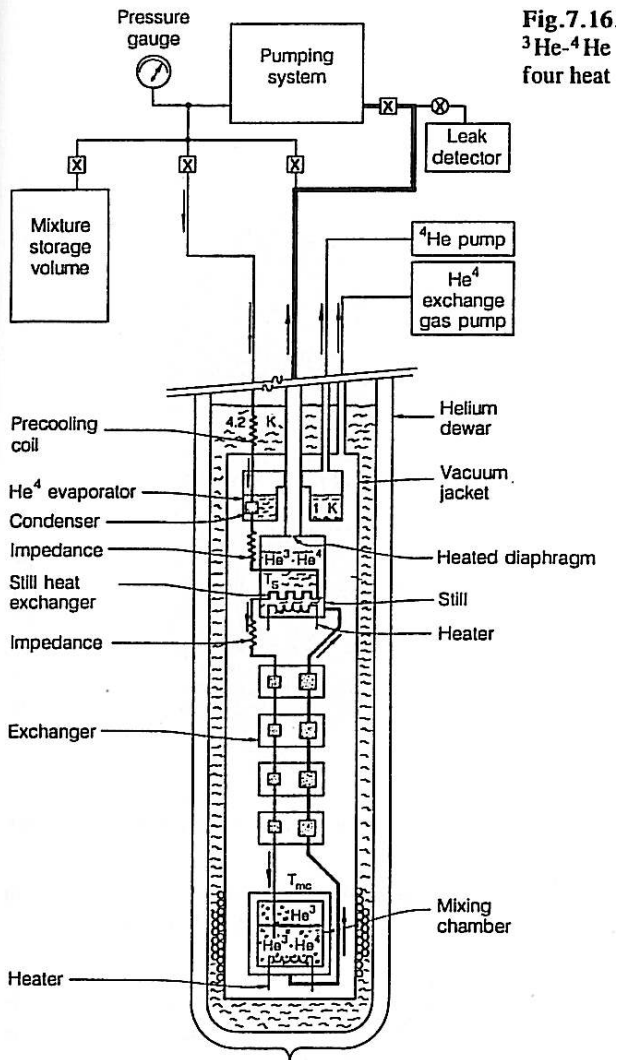
Do not rely on insulating contacts!

Vibration

RF heating



Dilution refrigerator: gas handling at room temperature



Key elements:

He³-He⁴ Gas storage "Dump"

Vacuum pump for 1K pot

Vacuum pump for He³ circulation

Roots (booster) pump for Still line pumping

Cold traps for mixture cleaning

Very demanding to vacuum leaks

To avoid loss of mixture, all operation goes at $P < P_{atm}$
Leaks in, not out!

Dilution refrigerator: gas handling system

Front view



He3

He4

Back view



Dilution refrigerator: pumps

Still line

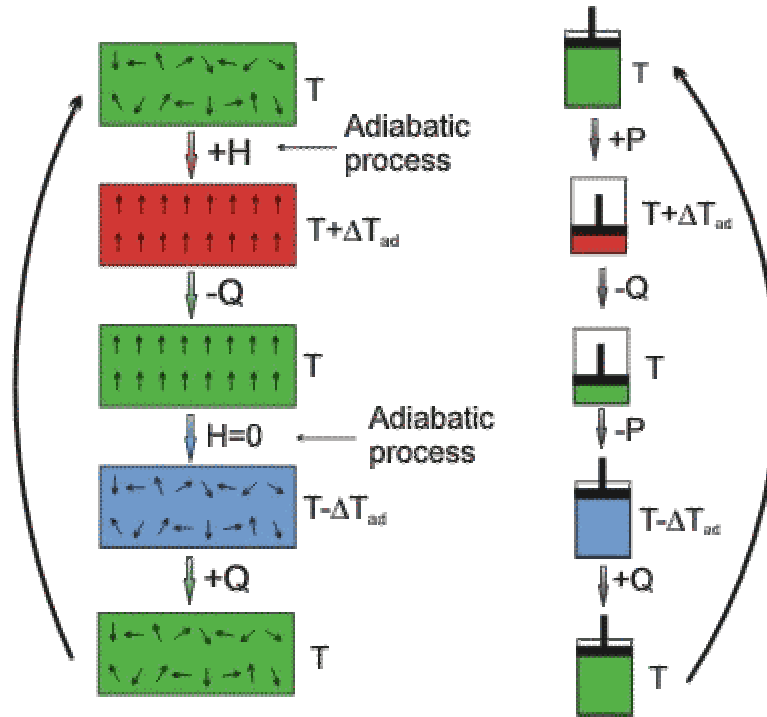
Roots Booster pump



He3 pump



He4 pump for 1K pot



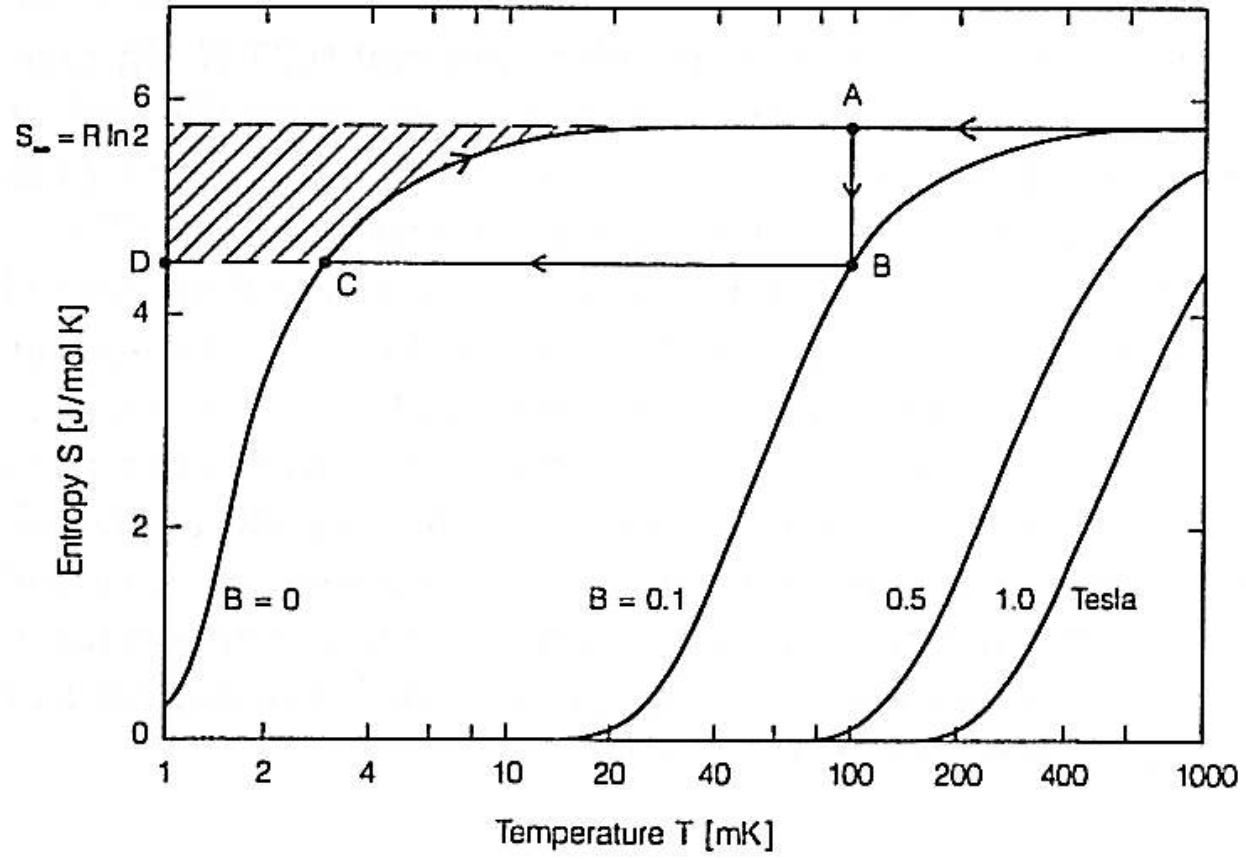
Magnetic refrigeration

Vapor cycle refrigeration

Adiabatic magnetization
Isomagnetic enthalpic transfer
Adiabatic demagnetization
Isomagnetic entropic transfer

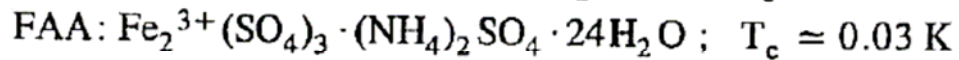
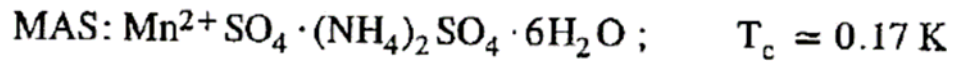
Peter Joseph William Debye

Weakest point: needs heat switch working at 1K



Demagnetization fridge

"High"-temperature salts:



"Low"-temperature salts:

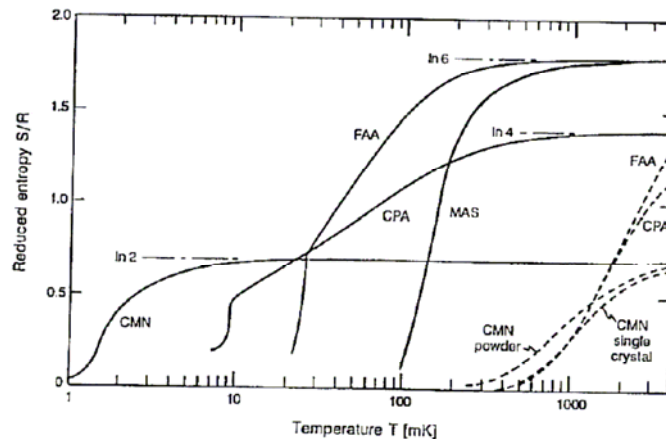
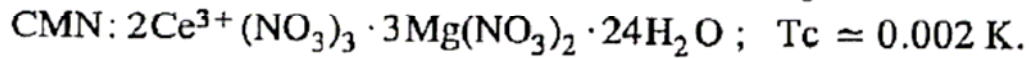
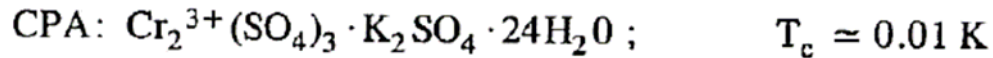
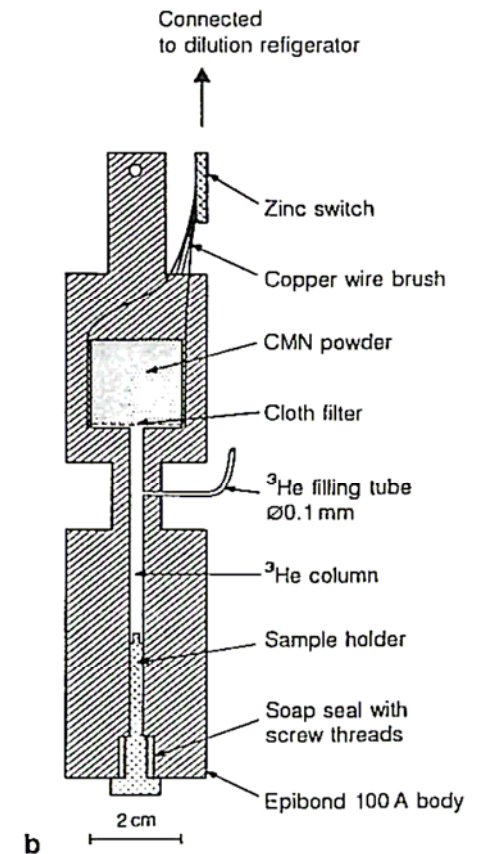


Fig. 9.2 Entropies S (divided by the gas constant R) of four salts suitable for paramagnetic demagnetization as a function of temperature in zero field (full lines) and in 2 T (dashed lines). (For the chemical formula of the salts see the text)





Experimental realization, $T < 100$ mK
Experimental verification of 3rd law
of thermodynamics, $S \rightarrow 0$ when $T \rightarrow 0$



William F. Giauque



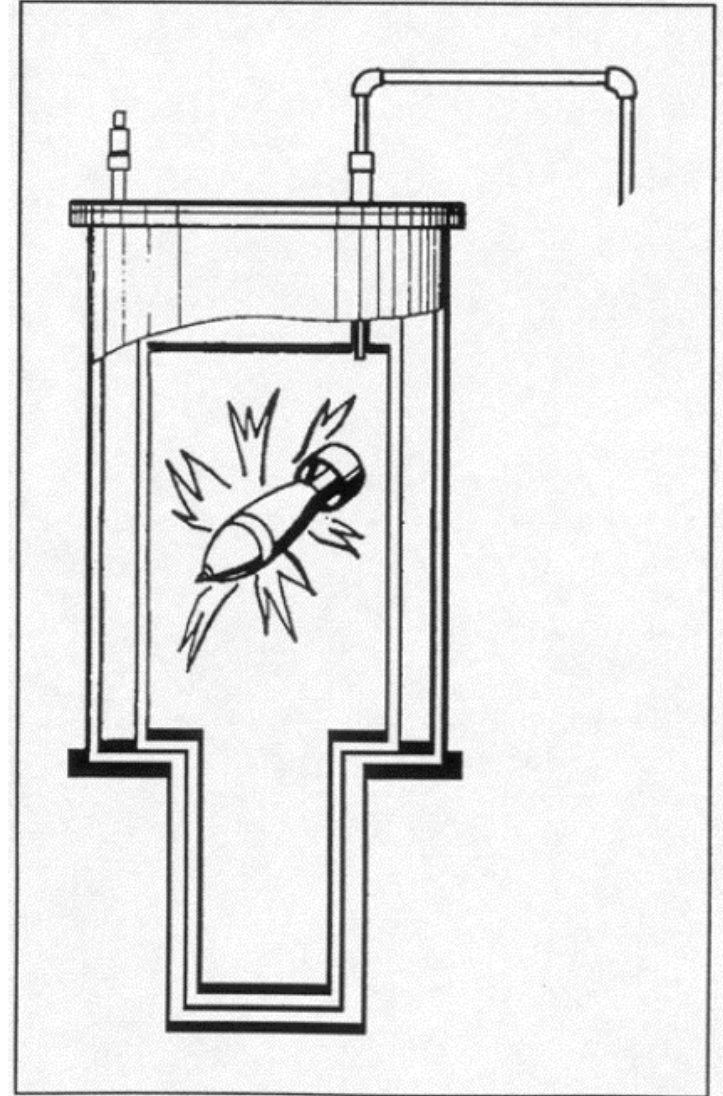
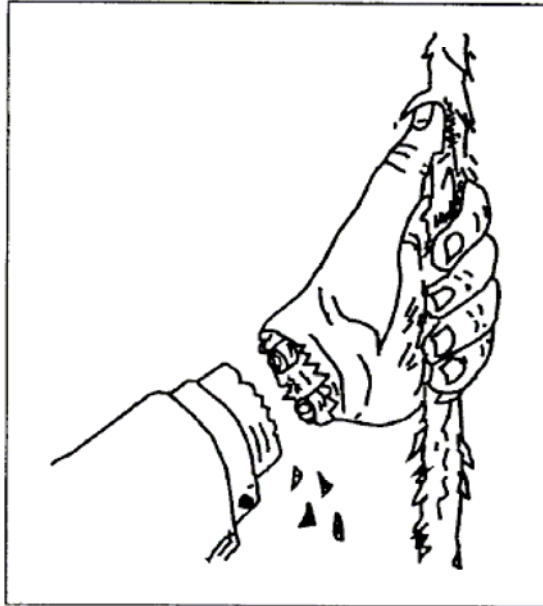
Commercially available from Janis, CMR, Dryogenics
 ~ 60 mK

Short experiment time, residual magnetic fields
Relatively inexpensive



Safety

Flesh may freeze and stick to cold surfaces



Ref. [6]

DON'T PANIC



Safety

Temperature

Gas Pressure

Energy (SC magnets)

Damage to expensive equipment

Loss of mixture

Known cases in my experience

Kyoto: 15T magnet on energization attracted rotary pump, which destroyed vacuum Dewar
Loss of the magnet

Kyoto: due to an air leak to cryogenic center
Liquefier was damaged, 0.5 mln \$ loss

Sherbrooke: quench due to He magnet bath exhaust damaged magnet
Critical field reduced from 15T to 0.7T

Sherbrooke: due to a leak, dipper accumulated He liquid inside and exploded on warming, fortunately no one was injured

Cornell: closed 1K pot with He liquid inside and relieve valve frozen, destroyed DF

Bristol: on a day like today, student opened OVC vacuum valve
1 million worth of equipment

Do not let it happen here!



Reading materials

Matter and methods at low temperatures

Author: Frank Pobell; Springer, 2007

Experimental techniques in low-temperature physics

Author: Guy K. White; Clarendon Press, 1979

Experimental low-temperature physics

Author: Anthony Kent; American Institute of Physics, 1993

Experimental techniques in condensed matter physics at low temperatures

Author: Robert C Richardson; Eric N Smith Addison-Wesley Pub. Co., 1988

Experimental techniques for low-temperature measurements : cryostat design, material properties, and superconductor critical-current testing

Author: J. W. Ekin; Oxford University Press, 2006

Hitchhiker's guide to dilution refrigerators,

Nathaniel Creig and Ted Lester