

UNITED STATES OF AMERICA
FOOD AND DRUG ADMINISTRATION
CENTER FOR DEVICES AND RADIOLOGICAL HEALTH
MEDICAL DEVICES ADVISORY COMMITTEE

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ORTHOPEDIC AND REHABILITATION DEVICES PANEL

+ + + + +

MEETING

+ + + + +

TUESDAY,
AUGUST 31, 2004

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The Panel met at 8:00 a.m. in Salons A, B, C of the Hilton Washington D.C. North/Gaithersburg, 620 Perry Parkway, Gaithersburg, Maryland, Dr. Michael J. Yaszemski, Chairperson, presiding.

PRESENT:

- MICHAEL J. YASZEMSKI, M.D., Ph.D. Chairperson
- MAUREEN A. FINNEGAN, M.D. Voting Member
- JOHN S. KIRKPATRICK, M.D. Voting Member
- STEPHEN LI, Ph.D. Voting Member
- SANJIV H. NAIDU, M.D., Ph.D. Voting Member
- SALLY L. MAHER, Esq. Industry Representative
- LEELEE DOYLE, Ph.D. Consumer Representative
- FERNANDO G. DIAZ, M.D. Deputized Voting Member
- JONAS ELLENBERG, Ph.D. Deputized Voting Member
- CHOLL W. KIM, M.D., Ph.D. Deputized Voting Member
- SALLY A. RUDICEL, M.D. Deputized Voting Member
- JANET L. SCUDIERO, M.S. Executive Secretary

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1 P-R-O-C-E-E-D-I-N-G-S

2 8:02 a.m.

3 DR. YASZEMSKI: Hi, good morning
4 everybody. Can I ask everybody to take your seats?
5 We're going to go ahead and get started.

6 MS. SCUDIERO: Good morning. I'm Jan
7 Scudiero, the executive secretary of this panel, and a
8 reviewer in the Division of General Restorative and
9 Neurological Devices. If you haven't already signed
10 in at the tables at the doors, please do so. The
11 agenda information is there, and other information
12 about advisory panel meetings, including how to get
13 transcripts and summaries.

14 Before I turn the meeting over to Dr.
15 Yaszemski, I'm required to read two statements into
16 the record. They are the deputization of temporary
17 voting members for this meeting, and the conflict of
18 interest statement.

19 First, the appointment to temporary voting
20 status. Pursuant to the authority granted under the
21 Medical Devices Advisory Committee Charter, dated
22 October 27, 1990, and amended April 20, 1995, I

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1 appoint the following as voting members of the
2 Orthopedic and Rehabilitation Devices Panel for the
3 duration of this meeting on August 31, 2004. Fernando
4 G. Diaz, MD, PhD; Jonas Ellenberg, PhD; Choll W. Kim,
5 MD, PhD; and Sally A. Rudicel, MD. For the record,
6 these people are special government employees, and are
7 consultants to this panel or another panel under the
8 Medical Devices Advisory Committee. They have
9 undergone the customary conflict of interest review,
10 and have reviewed the material to be considered at
11 this meeting.

12 The conflict of interest statement. The
13 following announcement addresses conflict of interest
14 issues associated with this meeting, and is made a
15 part of the record to preclude even the appearance of
16 an impropriety. To determine if any conflict existed,
17 the agency reviewed the submitted agenda for this
18 meeting, and all financial interests reported by the
19 committee participants. The conflict of interest
20 statutes prohibit special government employees from
21 participating in matters that could affect their or
22 their employer's financial interest. However, the

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1 agency has determined that the participation of
2 certain members and consultants, the need for whose
3 services outweighs the potential conflict of interest
4 involved, is in the best interest of the government.

5 Therefore, a waiver has been granted for
6 Dr. Stephen Li for his interest in firms that could be
7 affected by the panel's recommendations. Dr. Li's
8 waiver involves consulting with several competing
9 firms on topics that are unrelated to today's agenda.

10 Dr. Li receives less than \$10,000 for each of these
11 consulting arrangements. We would also like to note
12 for the record that the agency took into consideration
13 certain matters regarding Drs. Maureen Finnegan, Choll
14 Kim, John Kirkpatrick, and Stephen Li. Each of these
15 panelists reported current or past interests in firms
16 at issue, but in matters not related to today's
17 agenda. The agency has determined therefore that they
18 may participate fully in today's deliberations. In
19 the event that the discussions involve any products or
20 firms not already on the agenda for which an FDA
21 participant has a financial interest, the participant
22 should excuse himself or herself from such

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1 involvement, and the exclusion will be noted for the
2 record. With respect to all other participants, we
3 ask in the interest of fairness that all persons
4 making statements or presentations disclose any
5 current or previous financial interest involvement
6 with any firm whose products they may wish to comment
7 upon.

8 There is one more tentatively scheduled
9 meeting of this panel for this year. It's December 2
10 and 3. Please remember that this is tentative, and
11 check the CDRH website for updated information. Dr.
12 Witten, I'll give her just a moment. This is the last
13 meeting of some of our panel members, and Dr. Witten
14 would just like to say something briefly.

15 DR. WITTEN: This is the last meeting as
16 members for Dr. Finnegan, Dr. Li, and Sally Maher.
17 And I want to thank them for their service to FDA and
18 their participation in this panel. We certainly rely
19 on the outside expertise that's provided by our panel
20 members, and we need them to carry out our mission
21 here. I would like to present plaques to them, but
22 unfortunately the plaques haven't come yet. So we'll

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1 just have theoretical plaques today, and the actual
2 plaques will come later. So thank you to those three
3 panel members.

4 And I'd like to welcome Dr. Sally Rudicel
5 and Dr. Choll Kim who will be new voting members of
6 the panel starting September 1, and are here today as
7 deputized voting members. Thank you.

8 MS. SCUDIERO: I now turn the meeting over
9 to Dr. Yaszemski.

10 DR. YASZEMSKI: Thanks very much. Good
11 morning. I'm Dr. Michael Yaszemski. I'm the
12 chairperson of the Orthopedic and Rehabilitation
13 Panel. I'm an orthopedic spinal surgeon and a
14 chemical engineer. I work at Mayo Clinic in
15 Rochester, Minnesota. At this meeting, the panel will
16 be making a recommendation to the Food and Drug
17 Administration on the approvability of pre-market
18 approval application for the St. Francis Medical
19 Technologies, Inc., Intraspinous Process Distraction
20 System, the X STOP. The device is intended for
21 patients aged 50 or older suffering from mild or
22 moderate neurogenic intermittent claudication,

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1 secondary to lumbar spinal stenosis, who have
2 undergone a regimen of non-operative treatment. The X
3 STOP is indicated for patients who experience relief
4 in flexion from their symptoms of leg, buttock, or
5 groin pain, with or without back pain.

6 Before we begin this meeting, I'd like to
7 ask our distinguished panel members, who are
8 generously giving their time to help the FDA in the
9 matter being discussed today, and other FDA staff
10 seated at this table to introduce themselves. Please
11 state your name, your area of expertise, your
12 position, and your affiliation. I'll start to my
13 right with Dr. Kirkpatrick.

14 DR. KIRKPATRICK: I'm John Kirkpatrick.
15 I'm a spine surgeon and associate professor of both
16 orthopedics and engineering at the University of
17 Alabama at Birmingham.

18 DR. NAIDU: My name is Sanjiv Naidu. I'm
19 an orthopedic surgeon. I'm an associate professor of
20 orthopedic surgery, and my interest is in orthopedic
21 surgery and material science.

22 DR. KIM: I'm Choll Kim. I'm an assistant

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1 professor of orthopedic surgery at the University of
2 California - San Diego, and my specialty is in
3 orthopedic spine surgery.

4 DR. DOYLE: I'm LeeLee Doyle. I'm a
5 professor emeritus of obstetrics and gynecology, and
6 the assistant dean for faculty development at the
7 University of Arkansas College of Medicine. I'm a
8 consumer rep.

9 MS. MAHER: Sally Maher. I'm a group
10 director of regulatory and clinical research for Smith
11 & Nephew Endoscopy. And I'm the industry rep.

12 DR. WITTEN: I'm Celia Witten. I'm the
13 division director of reviewing division at FDA.

14 DR. RUDICEL: Sally Rudicel. I work at
15 Tufts New England Medical Center. I'm an orthopedic
16 surgeon associate professor, and my specialty is foot
17 and ankle.

18 DR. FINNEGAN: Maureen Finnegan. I'm an
19 associate professor at the University of Texas
20 Southwestern Medical Center. And my background is
21 trauma.

22 DR. ELLENBERG: Good morning. I'm Jonas

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1 Ellenberg. My specialty is biostatistics, with a long
2 history at the Neurology Institute at NIH. I am
3 currently a staff member at Westat as a vice president
4 and senior biostatistician.

5 DR. LI: My name is Steve Li. I'm
6 president of Medical Device Testing Innovations in
7 Sarasota, Florida. My areas of interest are
8 biomaterials and biomechanics.

9 DR. YASZEMSKI: Thank you very much. I'd
10 like to note for the record that the voting members
11 here at the panel table constitute a quorum as
12 required by 21 CFR Part 14.

13 You'll notice on your schedule that there
14 is an FDA update. There is no update to present since
15 the last meeting, and we're going to move right on now
16 to the open public hearing. We ask at this time that
17 all persons addressing the panel speak clearly into
18 the microphone as the transcriptionist is dependent
19 upon this means of providing an accurate record of
20 this meeting.

21 Before Ms. Scudiero reads her statement,
22 I'm going to say it's important for everybody to state

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1 their name, their affiliation, and any interest they
2 have in the product under consideration. I'll ask
3 your forbearance at this point if you forget to do
4 that and I remind you throughout the meeting today.
5 Ms. Scudiero?

6 MS. SCUDIERO: This is the statement for
7 the open public hearings. Both the Food and Drug
8 Administration (FDA) and the public believe in a
9 transparent process for information-gathering and
10 decision-making. To ensure such transparency at open
11 public hearing sessions of advisory committee
12 meetings, FDA believes that it is important to
13 understand the context of any individual's
14 presentation. For this reason, FDA encourages the
15 open public hearing or industry speaker at the
16 beginning of your written or oral statement to advise
17 the committee of any financial relationship that you
18 may have with the sponsor, its product, and if known,
19 its direct competitors. For example, this financial
20 information may include the sponsor's payment for your
21 travel, lodging, and other expenses in connection with
22 your attendance at the meeting. Likewise, FDA

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1 encourages you at the beginning of your statement to
2 advise the committee if you do not have any such
3 financial relationships. If you choose not to address
4 the issue of financial relationships at the beginning
5 of your statement, it will not preclude you from
6 speaking.

7 DR. YASZEMSKI: Thanks Ms. Scudiero.
8 Prior to the meeting, we received three requests to
9 speak in the open public hearing. They'll speak in
10 the morning open public hearing. They are Mr. William
11 Christianson, president, Orthopedic Surgical
12 Manufacturers Association, Ms. Merrie Miller, and Ms.
13 Allyson Washburn. Will the first presenter, Mr.
14 Christianson, come forward? Mr. Christianson, you're
15 scheduled for five minutes. Good morning.

16 MR. CHRISTIANSON: Good morning, Dr.
17 Yaszemski, and thank you. My name is William
18 Christianson. I'm vice president of clinical and
19 regulatory affairs with DePuy Spine who paid my
20 expenses to come here today. I do not have a
21 financial interest in the product being discussed
22 today.

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1 I speak here today representing the
2 Orthopedic Surgical Manufacturers Association (OSMA).

3 And as Dr. Yaszemski said, I am president of that
4 organization. OSMA is a trade association with over
5 30 member companies. And we welcome the opportunity
6 to provide general comments at today's orthopedic
7 advisory panel meeting. OSMA's comments should not be
8 taken as an endorsement of the products being
9 discussed today. We ask instead that our comments be
10 considered during today's panel deliberations. These
11 comments represent the careful compilation of the
12 member company's views.

13 OSMA was formed over 45 years ago, and has
14 worked cooperatively with the FDA, the American
15 Academy of Orthopedic Surgeons, and the American
16 Society for Testing of Materials, and other
17 professional medical and standards development bodies.

18 This collaboration has helped to ensure that
19 orthopedic medical products are safe, of uniform high
20 quality, and supplied in quantities sufficient to meet
21 national needs. Association membership currently
22 includes over 30 companies who produce over 85 percent

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1 of all orthopedic implants intended for clinical use
2 in the United States.

3 OSMA has a strong and vested interest in
4 ensuring the ongoing availability of safe and
5 effective medical devices. The deliberations of the
6 panel today, and the panel's recommendation to FDA,
7 will have a direct bearing on the availability of new
8 products. We make these comments to remind the panel
9 of the regulatory burden that must be met today. We
10 urge the panel to focus its deliberations on the
11 product's safety and effectiveness based on the data
12 provided.

13 The FDA is responsible for protecting the
14 American public from drugs, devices, food, and
15 cosmetics that are either adulterated, or unsafe, or
16 ineffective. However, FDA has another role, to foster
17 innovation. The role of this panel is also very
18 important to the analysis of the data in the
19 manufacturer's application, and to determine the
20 availability of new and innovative products in the
21 U.S. marketplace. Those of you in the panel have been
22 selected based on your expertise and training. You

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1 also bring the view of practicing clinicians who treat
2 patients with commercially available products.

3 OSMA is aware that you receive training
4 from the FDA on the law and the regulation, and we do
5 not intend to repeat that information today. We do,
6 however, want to emphasize two points that may have a
7 bearing on today's deliberations. One, a reasonable
8 assurance of safety and effectiveness, and two, valid
9 scientific evidence. There's a reasonable assurance
10 that a device is safe when it can be determined that
11 the probable benefits outweigh the probable risks.
12 Some important caveats associated with this
13 oversimplified statement include valid scientific
14 evidence and proper labeling, and that the safety data
15 may be generated in the laboratory, in animals, or in
16 humans. There's a reasonable assurance that a device
17 is effective when it provides a clinically significant
18 result. Again, labeling and valid scientific evidence
19 play an important role in this determination. The
20 regulation and the law clearly state that the standard
21 to be met is a reasonable assurance of safety and
22 effectiveness. Reasonable is defined as moderate,

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1 fair, and inexpensive.

2 The regulation states that well-controlled
3 investigations shall be the principal means to
4 generate the data used in the effectiveness
5 determination. The following principles are cited in
6 the regulation as being recognized by the scientific
7 community as essentials in a well-controlled
8 investigation: study protocol, methods of selecting
9 subjects, method of observation and recording of
10 results, and comparison of results with control.

11 The panel has an important job today. You
12 must listen to the data presented by the sponsor,
13 evaluate the FDA presentations, and make a
14 recommendation about the approvability of the
15 sponsor's application. We speak for many applicants
16 when we ask for your careful consideration. Please
17 keep in mind that the standard is a reasonable
18 assurance, balancing the benefits and the risks. The
19 standard is not proof beyond the shadow of a doubt.

20 When considering making recommendations
21 for further studies, remember that FDA takes these
22 recommendations seriously, often as a consensus of the

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1 panel as a whole. And they may delay the introduction
2 of a useful product or result in burdensome and
3 expensive additional data collection. Therefore, you
4 play an important role in reducing the burden of
5 bringing new products that you and your colleagues use
6 in treating patients to the market.

7 OSMA thanks the FDA and the panel for this
8 opportunity to speak today. Our association trusts
9 that its comments are taken in the spirit offered to
10 help FDA decide whether to make a new product
11 available for use in the U.S. marketplace. OSMA
12 members are present in the audience and are available
13 to answer questions anytime during the deliberations
14 today.

15 DR. YASZEMSKI: Thank you, Mr.
16 Christianson. Ms. Miller?

17 MS. MILLER: Good morning, ladies and
18 gentlemen. I am Merrie Francis Miller. I live in
19 Ellicott City, Maryland, and I am 73 years young. I
20 am here to give testimony for the X STOP device
21 implant I received in March of 2001 for a study
22 originating from the St. Francis Medical Technologies

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1 Incorporated of Alameda, California. Other than
2 transportation to this meeting, and one preliminary
3 meeting of preparation held in Baltimore, I have not
4 received any monetary assistance from St. Francis.

5 Early in the fall of 2000, I began to
6 experience pain from my lower back area and down my
7 right leg. I say pain, but it was excruciating pain
8 as it developed. For several years prior I had had
9 periods of numbness in the two smallest toes of my
10 right foot which my general practitioner doctor seemed
11 to ignore. I also had to curtail my 3-mile walks I
12 took four times a week because of the pain. Even
13 Christmas shopping was shortened and almost cut out
14 completely since I could no longer endure much walking
15 to shop. I jokingly requested a cane as a Christmas
16 present since I was only comfortable when bent over
17 like the old witch in the illustrated stories of
18 Hansel and Gretel.

19 In January of 2001, I saw an ad on the
20 back page of the Baltimore Sun paper, which had
21 questions such as 'Do you have pain in your lower back
22 going down your leg?' 'Are you relieved of this pain

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1 when sitting or lying down?' 'Do you find yourself
2 leaning on the cart when grocery shopping? If you can
3 answer yes to these questions, you may have spinal
4 stenosis.' I was able to answer yes to all, and to
5 the last question, the shopping cart, I thought, ah,
6 they've seen me.

7 By this time in January, I was really
8 feeling old. I had begun to frequently take Advil to
9 relieve the pain. My previous activities of tennis,
10 3-mile walks, long walks when touring new places,
11 tending and taking care of three good size garden,
12 taking care of a family of three in a 3-story house,
13 grandmothering over a dozen grandchildren, and general
14 daily normal active living, of all this I was severely
15 limited.

16 I considered this ad divine providence.
17 So I called the phone number listed, and made a
18 consultation appointment to see Dr. Charles Hartjen at
19 the Greater Baltimore Medical Center. I was examined,
20 and diagnosed with spinal stenosis. After a few
21 weeks, I received word that I was accepted for the
22 medical study of the X STOP implant.

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1 Near the end of March 2001, Dr. Hartjen
2 performed the implant surgery, which lasted only one
3 hour. It was minimally invasive. I spent an
4 uncomfortable night in the hospital, and after
5 receiving some physical therapy lessons, I returned
6 home. Post-operatively, I remained on the second
7 floor, being confined to bed when I needed it, for one
8 week before going up and down stairs. The pain
9 medication I received I discontinued after the third
10 day home. I did not need it. I had discomfort around
11 the 3-inch incision, but that was all. Six weeks
12 later, I took a granddaughter for a 3-week tour of
13 France.

14 To this day, over three years later, I am
15 free of that pain, and I have full normal movement in
16 any position needing a twist, a bend, or a turn of my
17 back. I can't praise enough the work of Dr. Hartjen,
18 nor the creative doctor who came up with this X STOP,
19 and his name, Dr. Zucherman. I have been given not
20 just a new life, but living proof that others with the
21 debilitating condition of spinal stenosis might be
22 helped with this device.

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1 Thank you so much for allowing me to speak
2 before you this day.

3 DR. YASZEMSKI: Thank you, Ms. Miller.
4 Ms. Washburn?

5 MS. WASHBURN: Good morning. My name is
6 Allyson Washburn. I am an experimental psychologist.
7 I teach research methods, statistics, and gerontology
8 at the Saybrook Graduate School and Research Center in
9 San Francisco. I have no financial interest in St.
10 Francis Medical Technologies. I have received no
11 financial compensation other than this trip to speak
12 with all of you this morning. And I am extremely
13 pleased to have this opportunity to tell my story.
14 And it in so many ways parallels the previous
15 speaker's story. And I hope at the age of 73 I am as
16 vital as she is.

17 My difficulties began when I was just 50
18 years old. And my first symptoms were those of some
19 weakness in my left leg. It would collapse on me
20 occasionally. I was starting to think maybe that I
21 had muscular sclerosis, or something like that, and
22 didn't say anything to anybody about it. I was too

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1 afraid.

2 The first real symptoms began in the
3 summer of 2000, and began quite suddenly, the pain in
4 the center of my hip, radiating down my left leg.
5 Very painful. Upon walking, became increasingly
6 painful with walking or standing. I soon learned that
7 the best thing for me to do would be to sit as much as
8 possible. Certainly, curled up was the best position
9 of all.

10 I had an acute episode at that time that
11 lasted about two months. There was a lot of -- I had
12 a lot of visits to Kaiser, a lot of diagnostic workup
13 done. It wasn't until I had an MRI that the diagnosis
14 was made. This took a couple of months. And when I
15 saw the diagnosis my heart sank, because I had seen
16 that term "spinal stenosis" in charts of the nursing
17 home residents where I was working at the time
18 conducting research. And I knew these patients could
19 not be treated with regular analgesics or not even
20 with opioids. They were not eligible for some of the
21 studies I was conducting with pain management in
22 dementia patients. So I was very dismayed. But soon

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1 learned that what would help me were spinal
2 injections. And so I became someone who sought these
3 very painful procedures because they helped somewhat.

4 Although I had one particularly bad
5 episode in the fall of 2000, where I spent the better
6 part of two months curled up in a fetal position on my
7 couch. I became hooked on CNN at that point. It was
8 during the 2000 election. And I think I reached a
9 point many similar patients reach where you ask
10 yourself is this something I can live with for the
11 rest of my life? And of course I decided I couldn't.

12 But I really didn't know what I was going to do. But
13 with this forced rest, I eventually got better. The
14 injections didn't really help me that time. They
15 don't work reliably. There are a lot of side effects,
16 I was aware of that.

17 So I was feeling pretty desperate when I
18 happened to meet someone at a party. We discussed
19 similar symptoms. It was just one of those
20 happenstances. She then saw an article about Dr.
21 Zucherman's X STOP device in a newsletter. She
22 thought it might help me. She hadn't gotten her

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1 diagnosis yet. So I called Dr. Zucherman, became
2 enrolled in the trial, but was randomized to the
3 control group. Dr. Zucherman, though, explained that
4 we were towards the end of the trial, that perhaps I
5 would be able to get the device at the end of the data
6 collection for the experimental group.

7 But my friend in the meantime got her
8 diagnosis. She's 80 years old now. And I saw her a
9 week after the procedure. She was randomized to the
10 experimental group, and she was all dressed up and at
11 a luncheon. This was a week after the procedure.
12 Looked fine. She has never had pain since then. This
13 was spring of 2001. I later saw her coming home from
14 the gym, met her in the supermarket. I was still bent
15 over the cart. And she was looking quite fit.

16 So I decided, given her experience I
17 decided to tough it out. I would still have my
18 injections. I consumed a lot of NSAIDs. They weren't
19 all that effective. I think I was on Nortriptyline for
20 awhile. But found that the injections and just
21 limiting my activity. I walked very little in those
22 days. I would have friends drop me off and pick me

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1 up. I used some of the wonderful web-based services
2 that have since gone out of business with the dot.com
3 bust. Webvan was one of them. So I just waited very
4 patiently, hoping that I would be eligible for the X
5 STOP at some point, seeing what it had done for my
6 friend.

7 And there were times, like I said, that
8 the injections did not work. I was fortunate in that
9 I was able to work at home quite a bit, although
10 ironically I had to find a replacement for me for data
11 collection for this pain study, because I could not
12 walk from one nursing unit to another. I was involved
13 in data analysis and doing some other research-related
14 activities, but I couldn't help any further with that
15 study.

16 So finally in summer of July of 2003 I got
17 the call that I had been waiting for. I was among
18 those in the control group for whom the device was now
19 being offered. And it all happened very quickly. I
20 spent just a few hours at St. Mary's where Dr.
21 Zucherman performed the procedure. I walked out of
22 the hospital. I was shaky, but I was fine. I spent a

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1 week at home recuperating. I was told I wouldn't feel
2 too great for a week, which I didn't, but it was
3 mainly I was tired, the stress of undergoing the
4 procedure.

5 The wound healed quickly without incident.

6 Within two weeks, I was able to entertain my sister
7 and her family visiting from out of town. We went to
8 the new Asian art museum that I had not been able to
9 visit because I wasn't going to museums in those days.

10 And we did a lot of walking in San Francisco. It's a
11 wonderful walking city, and walking has always been my
12 exercise, walking and hiking. And so it is, again.

13 I also interestingly, another parallel
14 with Merrie's story is I within two months was in
15 Europe. We flew to London. We spent some time in the
16 south of France, and some time in Paris. So these
17 were three wonderful weeks. I was not restricted at
18 all in my activity. I didn't push it. I wasn't doing
19 any power-walking, as I called it in those days, early
20 days of recovery, but I was walking normally. I was
21 going to all the museums. I really had stopped
22 thinking of myself as a pain patient, a back patient.

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1 I had resisted that mightily all along, figuring it
2 was a temporary thing and surely I would overcome it,
3 although I was aware of the prognosis. I saw it in
4 the wheelchairs in the nursing home, and I knew that
5 that could be me, and well before my eighties or
6 nineties, as many of the residents are at the nursing
7 home.

8 So I would say that now, over one year
9 later, I think of myself as being cured, although I do
10 have occasional pain when I cannot lie comfortably on
11 my right side. That's somewhat painful. That's just
12 one of those things I'll live with. It's not a big
13 deal. I have many other positions I can lie in
14 comfortably. So that's really the main thing. And
15 since pain memory is a very weird thing. Friends will
16 ask me, well, how is your back, they're always asking
17 me that. Less so now. But I would have these
18 memories of the pain in my hip, mostly, that
19 unforgettable pain. The memory is still there
20 sometimes, I can feel it as if it's acutely bothering
21 me. It's a pain that I won't easily forget, and I
22 hope not to experience for real other than in a few

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1 strong memories again.

2 So I would say I have a normal life.
3 Again, mostly with some good back hygiene. My son is
4 a physical therapist, and watches me very carefully.
5 The X STOP devices, I actually have two of them, help
6 my lower spine be more flexed. I also help that out
7 myself by consciously making some adjustments,
8 particularly when I'm sitting. And so I am back to my
9 walks in San Francisco, and very grateful patient and
10 recipient of this device. And again, I appreciate the
11 opportunity to speak with all of you this morning.
12 Thank you.

13 DR. YASZEMSKI: Thanks very much, Ms.
14 Washburn. Is there anyone else who would like to
15 address the panel at this time? Seeing none, we're
16 going to move on to the sponsor presentation. St.
17 Francis Medical Technologies will give their
18 presentation on their intraspinal process distraction
19 device. We'll have the sponsor and the FDA
20 presentations, and then begin the panel's
21 deliberations before lunch. After lunch, the panel
22 will continue their deliberations on the approvability

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1 of this pre-market application. Before the panel
2 votes, there's going to be another open public
3 hearing, and a time for FDA and sponsor summations.
4 I'd like to again remind public observers at this
5 meeting that while the meeting is open for public
6 observation, public attendees may not participate
7 except at the specific request of the panel.

8 We'll begin now with the sponsor
9 presentations. The first St. Francis Medical
10 Technologies presenter is Ms. Yvonne Lysakowski, vice
11 president of regulatory and clinical affairs. She
12 will in turn introduce the other St. Francis Medical
13 Technologies presenters. Ms. Lysakowski?

14 MS. LYSAKOWSKI: Good morning, Mr.
15 Chairman and members of the panel. I am pleased to be
16 here to discuss the PMA application for the X STOP
17 device. My name is Yvonne Lysakowski, and I am vice
18 president of clinical and regulatory affairs at St.
19 Francis. I am a full-time employee of the sponsor.

20 We are here today to present the results
21 from a multi-center IDE clinical study of the X STOP
22 intraspinous process implant. I will begin the

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1 presentation with a brief review of our product
2 development history from inception to the present day.

3 Additional presenters are Dr. Augustus
4 White from Harvard Medical School who will discuss the
5 pathoanatomy and clinical presentation of lumbar
6 spinal stenosis, along with current treatment options.

7 Dr. White is a professor of orthopedic surgery at
8 Harvard Medical School, and orthopedic surgeon and
9 chief emeritus at Beth Israel Deaconess Medical
10 Center, and has treated spine pathologies for over 30
11 years. Dr. White has authored over 300 abstracts,
12 manuscripts, and books.

13 Dr. Scott Yerby from St. Francis Medical
14 Technologies will discuss the design rationale for the
15 X STOP device, and the results of our biomechanical
16 testing.

17 Dr. Gunnar Andersson from Rush Medical
18 University will discuss the rationale for our pivotal
19 clinical study design. Dr. Andersson is the senior
20 vice president, medical affairs, and chairman of
21 orthopedic surgery at Rush-Presbyterian-St. Luke's
22 Medical Center. He was president of the International

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1 Society for the Study of the Lumbar Spine from 1989 to
2 1990, president of the Orthopedic Research Society,
3 and served for over four years on the NIAMS Advisory
4 Council. Dr. Andersson has authored over 400
5 publications.

6 Dr. Charles Hartjen from Greater Baltimore
7 Medical Center will present the results of our pivotal
8 clinical study. Dr. Hartjen is a board-certified
9 orthopedic surgeon and spine specialist at Greater
10 Baltimore Medical Center. Dr. Hartjen has been an
11 instructor in techniques in minimally invasive spine
12 surgery for the North American Spine Society. Dr.
13 Andersson will then discuss the study outcomes. In
14 addition, we have a number of other sponsor
15 representatives in attendance.

16 The X STOP device has been under
17 development since 1995. Early on, extensive
18 preclinical testing was conducted to establish the
19 validity of the intraspinous implant design concept.
20 A 10-patient pilot study with 1-year follow-up was
21 initiated with the first generation device design.
22 And based on the results from biomechanical testing in

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1 the pilot study, a randomized controlled multi-center
2 clinical trial was initiated under an approved
3 investigational device exemption application with the
4 second generation version of the device. This study
5 is referred to as the Phase I RCT as in the slide
6 shown here. After a number of patients were enrolled,
7 it became evident that a change to the device design
8 was necessary, and enrollment of the study was halted.

9 Our pivotal clinical trial with the final
10 device design used on all X STOP patients was
11 initiated in June 2000. One hundred and ninety-one
12 patients received treatment in this multi-center
13 study, and were followed up through 24 months post-
14 operatively. The results of our pivotal trial will be
15 presented later in detail by Dr. Hartjen. St. Francis
16 filed a PMA application with the clinical results from
17 this study on January 6, 2004, and was granted
18 expedited review status.

19 As stated earlier, the proposed
20 indications for use of the X STOP device are as
21 follows. The X STOP is indicated for patients aged 50
22 or older suffering from mild to moderate neurogenic

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1 intermittent claudication secondary to lumbar spinal
2 stenosis who have undergone a regimen of non-operative
3 treatment. The X STOP is indicated for patients who
4 experience relief in flexion from their symptoms of
5 leg, buttock, or groin pain, with and without back
6 pain.

7 I am certain that after you have reviewed
8 our data, you will agree with us that the X STOP is
9 safe and effective for its proposed intended use. And
10 we hope that you will recommend approval for this
11 device at the end of panel deliberations. Now I would
12 like to introduce Dr. Augustus White.

13 DR. WHITE: Good morning, Chairman
14 Yaszemski and distinguished panel members. My name is
15 Augustus White, and it's my privilege to be able to
16 describe the pathoanatomy of lumbar spinal stenosis.
17 I have been providing consulting service to St.
18 Francis Medical Technologies, and I do have a
19 financial interest in the sponsor. It is a pleasure
20 for me to be here this morning to present the clinical
21 picture of lumbar spinal stenosis. I would add that I
22 do this with considerable humility after having heard

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1 from two courageous patients.

2 I will review the pathoanatomy of lumbar
3 spinal stenosis and its clinical presentation. As we
4 know, lumbar spinal stenosis often presents clinically
5 as neurogenic intermittent claudication. This is the
6 salient symptom of this problem. Neurogenic
7 intermittent claudication is characterized by pain,
8 tingling, numbness, and decreased strength in the legs
9 which is attributed to narrowing of the lumbar spinal
10 canal. I will also describe the natural history of
11 stenosis, and the current treatment.

12 This is perhaps the most important visual
13 presentation for orientation and understanding of this
14 particular disease. If we look at this schematic,
15 first looking to your left, you see a section of the
16 lumbar spine viewed from behind. By rotating this
17 image, we get an axial or cross-section view. Here we
18 can see the space available in the central canal,
19 which is a key element of the pathology of this
20 disease. As we look at this image, we see that there
21 is a certain amount of space that contains the dura
22 spinal fluid and nerve rootlets. As long as there's

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1 enough space in this particular canal, there's no
2 compression on the nerves. But as we look at this
3 diagram though, on the far right we see several
4 changes to the normal anatomy that results from the
5 process of aging, which can contribute to the loss of
6 that space. A protruding disc can come in from the
7 front to press on the dura, and can compress the dura
8 from that particular side. On each side, degenerative
9 changes to the facet joint can reduce the space
10 available posteriolaterally. Posteriorly, the yellow
11 ligament can compress the dura, so that all of these
12 things contribute in varying degrees progressively to
13 the point that enough space is lost and patients
14 experience back and leg pain due in part also to
15 changes in axoplasmic fluid flow, as well as venous
16 congestion resulting in inflammation and pain.

17 Here we see on an MRI image the difference
18 between a pathologic canal with lumbar spinal stenosis
19 and a spacious normal canal. And as we've described
20 on this schematic, we see anteriorly here coming from
21 the front pressing on the spinal canal the nerve
22 rootlets at this position. Here we see the facet

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1 joints which are deformed and enlarged on each side
2 contributing to the changes, and a trefoil type
3 configuration which is part of the stenotic condition.

4 And then posteriorly, the major player, the major
5 component of the stenosis oftentimes is a yellow
6 ligament, which is thickened and which is also folding
7 in, folds into the canal because it loses its
8 elasticity.

9 When patients walk, they extend their
10 spines with the result being that they get their
11 stenosis symptoms. The best description that I've
12 heard of these, up until today perhaps, is the patient
13 who described to me once, "Doctor, as I walk, I feel
14 something like an electric storm going down my leg."
15 This is a kind of poetic description, but it is a
16 spontaneous response and description on the part of
17 the patient. This pain obviously can be excruciating,
18 and is characteristically associated with ambulation.

19 Patients on their own will develop ways of
20 ameliorating their symptoms, and quite frequently they
21 will discover that using a cart when they are shopping
22 allows them to flex in the lumbar spine area, as shown

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1 in this picture, when the patient sits. And it also
2 alleviates some of the pain from walking.

3 Here's another way to depict this, with
4 demonstration of an excellent illustration from Dr.
5 Frank Netter, showing the lumbar spine motion segment.

6 And here is one of the exiting nerve roots which is
7 compressed in extension. In flexion of the spine, you
8 can see that the neural canal, the foraminal canal
9 opens up, giving more space available for the nerve
10 root. Here we can see radiographic correlation of
11 this.

12 This is a colored, if you will, schematic
13 of a myelogram, which shows a distinct block here in
14 the case of lumbar spinal stenosis with extension from
15 a lateral view. Fluid is blocked. And here we see on
16 the AP the same blocking of the fluid. With the
17 flexion position, however, this is ameliorated, and
18 the space is available for the free flow of the lumbar
19 spinal fluid. So the principle here is that with
20 flexion there is more space available, less congestion
21 of venous structures, and less pain.

22 The anatomic changes that cause lumbar

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1 stenosis occur gradually as a natural progression of
2 aging. The majority of patients who develop symptoms
3 are usually stable, and symptoms will usually remain
4 unchanged, or perhaps even slightly improved in some
5 cases. Some patients, however, will get worse. This
6 observation is confirmed by studies done by Johnsson
7 and others. The natural course of lumbar spinal
8 stenosis can be relatively benign, and the diagnosis
9 of stenosis does not necessarily result in symptoms
10 that are severe enough to require surgery. A large
11 percentage of patients require only medical treatment.

12 This observation is confirmed by the
13 prevalence of stenosis, which is reported in the
14 United States to be approximately 700,000 cases per
15 year. The number of decompression surgeries performed
16 in the U.S. is about one-tenth of that number, as you
17 can see. There are about 60,000 per year.

18 I would like to describe the current
19 treatment alternatives that are available to stenosis
20 patients. First of all, non-operative care is
21 prescribed. The rationale for conservative treatment
22 is to decrease pain and increase function. Various

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1 types of analgesic and anti-inflammatory medications
2 are prescribed for pain. The exercise and physical
3 therapy can help to improve function. Conservative
4 therapy is a continuous process, and treatment does
5 not constitute one single application of these
6 modalities. Epidural steroid injections may help
7 reduce inflammation. Inflamed nerve roots may be
8 swollen and worsen the effect of a narrow canal and
9 foramen. These non-operative approaches are
10 considered the standard of care for these stenosis
11 patients with mild and moderate symptoms.

12 For patients with more severe symptoms,
13 surgical intervention becomes an option. Surgery is
14 characteristically some form of surgical
15 decompression. That is, removing of some of the
16 elements that are causing the narrowing of the canal.

17 Surgery is characteristically some form of surgical
18 decompression, often combined with a spinal fusion.
19 But patients typically wait for some time before
20 considering surgery. Mean symptom duration of
21 patients' electing surgery was 4.3 years in Turner's
22 meta-analysis.

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1 Against the clinical and epidemiological
2 background, a different mechanism to treat patients
3 with stenosis was conceived. A device placed between
4 the spinous processes to limit extension, that is the
5 X STOP, was developed and tested by the sponsor. We
6 know that stenosis patients have more pain with
7 standing or extension, and we know that with flexion
8 the space available in the canal is increased. The X
9 STOP keeps the functional spinal unit out of full
10 extension, and therefore limits impingement on the
11 neural elements and the symptoms that it causes. The
12 X STOP seems to be a straightforward mechanical
13 solution to a well understood, straightforward
14 biomechanical problem. The X STOP prevents the
15 pathoanatomic positioning of the functional spinal
16 unit which irritates the spinal nerves, and it also
17 preserves the function of the spinal anatomy.

18 I would like to turn the podium over to
19 Dr. Scott Yerby who will discuss the design rationale
20 of the X STOP, as well as describe some of the
21 biomechanical studies that were performed.

22 DR. YASZEMSKI: Thank you, Dr. White. Dr.

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1 Yerby?

2 DR. YERBY: Thank you Dr. White. Good
3 morning Mr. Chairman and members of the panel. My
4 name is Scott Yerby. I'm a full-time employee of the
5 sponsor as the Director of Research and Development.
6 I'd first like to describe the design feature of the X
7 STOP, and then I will present the results of some of
8 the biomechanical tests we performed to characterize
9 the function of the X STOP and its effect on the
10 lumbar motion segment.

11 The X STOP, shown on the right, is a
12 titanium alloy implant that is placed in the
13 intraspinous space and limits extension of the
14 implanted level. The blood tissue expander allows the
15 implant to be inserted laterally without modifying the
16 spinous processes. This allows the superspinous
17 ligament to be retained. The tissue expander also has
18 a slot to accept an adjustable wing. In addition, the
19 X STOP has an oval spacer that is designed for optimal
20 contact between the bone and the implant. The fixed
21 and adjustable wings prevent lateral and anterior
22 migration of the implant.

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1 These figures show the X STOP in the
2 intraspinous space from a lateral, axial, and
3 posterior view. The lateral and axial views
4 demonstrate that the lamina is left intact, and
5 therefore shields the implant from the neural
6 structures. The risk of neural injury, either during
7 or after placement, is therefore very low. Finally,
8 the implant is not fixed to any bony structures.
9 Should the implant ever have to be removed, revision
10 surgery is straightforward.

11 We performed a series of biomechanical
12 tests during the development of the X STOP. Today I'm
13 going to discuss two of these tests: the change in the
14 dimensions of the spinal canal and neural foramen, and
15 the change in the intervertebral kinematics following
16 X STOP placement.

17 The methodology used to measure the
18 dimension of the spinal canal and neural foramina
19 involved eight L2 to L5 lumbar motion segments that
20 were placed in a custom acrylic positioning frame
21 capable of placing the specimen at 15 degrees of
22 flexion, 15 degrees of extension, and in the neutral

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1 position. Each specimen was placed in a 1.5 Tesla MRI
2 Scanner in one of these three positions, with or
3 without the X STOP placed at the L3-4 level. Axial
4 and para-sagittal images were used to measure a number
5 of parameters at the implanted and adjacent levels.
6 In extension, the canal area increased by 18 percent,
7 the canal diameter increased by 9 percent, and the
8 subarticular diameter, which represents the lateral
9 recess, increased by 50 percent.

10 We used the same method to analyze para-
11 sagittal images to measure changes in the foraminal
12 area. The foraminal increased by 25 percent, the
13 foraminal width increased by 41 percent, and again,
14 these results show that the critical dimensions are
15 significantly increased. There were no significant
16 differences between the mean dimensions of the intact
17 and X STOP implanted specimens at the adjacent L2-3
18 and the adjacent L4-5 levels.

19 To measure the spinokinematics, we
20 measured the intervertebral rotations of seven L2-L5
21 motion segments, loaded to 7.5 Newton-meters of
22 flexion-extension, axial rotation, and lateral

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1 bending, with a superimposed 700 Newton axial load.
2 The kinematic study demonstrated that flexion-
3 extension range of motion decreased from 7.6 degrees
4 to 3.1 degrees. This is demonstrated in the lower
5 right. The axial rotation range of motion, shown at
6 the top, and the lateral bending range of motion,
7 shown at the left, however did not change
8 significantly. At the adjacent L2-3 and L4-5 levels,
9 there were no significant changes in the bending
10 angles in any motion.

11 In conclusion, the X STOP is inserted
12 between the spinous processes with only minimal tissue
13 disruption. It is stable without being permanently
14 attached to the bone, and remains shielded from
15 sensitive neural structures. The X STOP significantly
16 increases the dimensions of the spinal canal and
17 neural foramen, and significantly decreases the range
18 of motion during flexion-extension, while not
19 affecting the range of motion during axial rotation or
20 lateral bending. The X STOP does not significantly
21 the adjacent levels. Clinically, the X STOP is
22 designed to prevent the symptomatic extended position,

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1 and by doing so increase the dimensions of the
2 structures that cause neural compression.

3 Thank you. I'd now like to introduce Dr.
4 Gunnar Andersson, who will discuss the rationale of
5 the X STOP pivotal trial.

6 DR. YASZEMSKI: Thank you, Dr. Yerby. Dr.
7 Andersson?

8 DR. ANDERSSON: Thank you and good
9 morning, Mr. Chairman and panel members. My name is
10 Gunnar Andersson. I'm the professor and chairman of
11 Orthopedic Surgery at Rush University Medical Center.

12 I was not an investigator in the pivotal
13 trial, but for five years I have been a member of a
14 panel advising St. Francis Medical Technologies on
15 medical matters. In that capacity I provided guidance
16 regarding the design of the clinical trial. I do have
17 a financial interest in the sponsor.

18 Today I will present some background
19 information and discuss the design rationale of the
20 pivotal trial. First I would like to present some
21 data on the outcomes and risks associated with current
22 treatment alternatives for lumbar stenosis. Dr. White

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1 listed those for us earlier. A discussion of the
2 risks and benefit of non-operative care, as well as
3 the risks and benefit of decompressive surgery will
4 help us set the stage for a discussion of the X STOP
5 study design. Patients undergoing non-operative
6 therapy who experience at least some improvement in
7 their symptoms are typically considered as having a
8 successful outcome. Usually this criteria on the
9 success of non-operative therapy ranges from
10 approximately 28 to 33 percent, as reported in the
11 literature by Johnsson, Amundsen, and Atlas. These
12 three studies are of particular interest because they
13 report results of patients with a range of symptoms
14 from mild to severe. They also include outcomes of
15 surgical treatment in addition to non-operative
16 therapy, and these outcomes form the basis for our
17 analysis of laminectomy surgery.

18 While relatively infrequent, there are
19 some risks associated with non-operative therapy.
20 Non-steroidal anti-inflammatory medication can cause
21 well-known secondary effects such as GI bleeding,
22 allergies, and organ toxicity. There are a variety of

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1 procedure related problems that have been reported as
2 a result of epidural injections. These include dural
3 tears, epidural hematomas, infections, and neurologic
4 damage. But generally speaking, non-operative therapy
5 entails very few risks. So as we assess the risks
6 versus the benefit of non-operative therapy, it is
7 fair to say that it offers a measurable benefit to a
8 patient suffering from mild to moderate stenosis at
9 low risk.

10 Looking again at the studies of Johnsson,
11 Amundsen, and Atlas for results of patients undergoing
12 decompressive surgery, we see that between 57 and 69
13 percent of patients experience clinical improvement in
14 their symptoms. The most severe complications from
15 laminectomy are listed on your left. Deyo and
16 collaborators analyzed a large database of patient
17 discharge information to compile the incidence of
18 these complications. They found that 14 percent of
19 patients experienced complications after laminectomy,
20 and 20 percent of patients when laminectomy was
21 combined with a fusion. So if we assess the risk
22 compared to the benefit of laminectomy surgery, I

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1 believe it is fair to say that the outcomes of surgery
2 are good. The risks are not insignificant, however,
3 and are much greater than conservative therapy.
4 Certainly, some of the complications may have long-
5 term sequellae, and the incident of death was reported
6 by Deyo to be 6 in 1,000 cases. Given the generally
7 advanced age of this patient population, usually
8 suffering from numerous comorbid conditions, these
9 complications are not unexpected.

10 Assessment of the current treatment
11 options can be summarized in the following treatment
12 algorithms. For patients with mild to moderate
13 symptoms of stenosis, non-operative therapy is the
14 standard of care. Decompressive laminectomy is
15 generally indicated for patients with severe lumbar
16 stenosis symptoms. What is missing in this algorithm
17 is a treatment alternative for patients who do not
18 achieve satisfactory relief of symptoms from non-
19 operative therapy, but are unwilling to consider a
20 more invasive procedure. There are many patients who
21 are medically unfit to undergo general anesthesia, and
22 have no alternative to non-operative care.

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1 The population of patients with mild to
2 moderate symptoms is the one we identified as the most
3 appropriate for the X STOP, especially when we assess
4 the risks of the surgical procedure to implant it.
5 Implantation involves minimal tissue removal, and the
6 spinal canal is not entered so the risk of neural
7 injury is very low. The procedure itself can be
8 performed under local anesthesia, typically in
9 conjunction with conscious IV sedation, and it takes
10 less than one hour. Therefore, we anticipated before
11 the study started that the X STOP would entail a low
12 level of risk, and the potential risks were much more
13 comparable to a non-operative therapy than the risks
14 associated with laminectomy. Based on this
15 assessment, non-operative therapy was clearly the most
16 appropriate treatment for the control group in our
17 randomized trial.

18 I will now discuss the study design,
19 primary outcome measure, and the success criteria used
20 in the study. The pivotal trial was a prospective
21 randomized multi-center controlled clinical trial
22 comparing the X STOP to non-operative therapy. The

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1 primary outcomes measure was the Zurich Claudication
2 Questionnaire. The SF-36 was also used to assess
3 health outcomes as a secondary measurement tool.
4 Radiographs taken during the course of the study were
5 sent to an independent radiologist, who made the
6 radiographic measurements required by the study
7 protocol.

8 The Zurich Claudication Questionnaire was
9 designed and validated for neurogenic claudication.
10 So it is very specific for those symptoms. It is
11 divided into three distinct domains: symptom severity,
12 physical function, and patient satisfaction. It has
13 been shown to be reproducible, internally consistent,
14 and very responsive. The questions are similar to
15 what you see in the Oswestry, but they are more
16 specific to the problem of lumbar spinal stenosis.

17 Here are some questions from the symptom
18 severity domain. The questions in this section asked
19 patients to grade the frequency and severity of their
20 pain or discomfort experienced on a typical day within
21 the last month. Questions relating to symptoms are
22 specific to neurogenic intermittent claudication, and

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1 include pain and tingling in the feet and legs, and
2 balance disturbances.

3 Here are the questions from the physical
4 function domain. The first question on this slide
5 asks patients to grade how far they are able to walk.

6 And this question served as a basis for the study
7 inclusion/exclusion criteria to identify patients with
8 severe symptoms. The remaining questions in this
9 domain gauge how comfortably patients are able to
10 perform some activities of daily living, such as
11 moving around the house or doing grocery shopping.

12 Here we see the six questions that
13 constitute the patient satisfaction domain. Three
14 questions address specifically patient satisfaction
15 with their muscle strength, balance, and ability to
16 walk. Three questions relate to the overall
17 satisfaction with treatment, and the amount of pain
18 relief.

19 Clinically significant improvement was
20 defined by Stucki, et al, as a function of patient
21 satisfaction. They found that patients who met a
22 threshold level of improvement of approximately 0.5

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1 were satisfied. And this turned out to be true
2 independently for both the physical function domain
3 and the symptom severity domain. So a change of 0.5
4 or greater for each domain was adopted in the pivotal
5 study as clinically significant. In the Zurich, the
6 lower the score the better.

7 To be considered a success in the pivotal
8 study, all patients had to achieve clinically
9 significant improvement in the physical function
10 domain and the symptom severity domain, and to be very
11 satisfied or somewhat satisfied with their treatment.

12 Patients could not have additional surgery for
13 stenosis symptoms. For X STOP patients only,
14 distraction had to be maintained, and there could be
15 no device-related complications or dislodgement of the
16 implant. Individual X STOP patients were required to
17 meet seven separate criteria at 24-month follow-up to
18 be considered a success in this study.

19 Last I will describe the key
20 inclusion/exclusion criteria. Patients have to have
21 their symptoms relieved by sitting or flexion.
22 Patients also had to have completed at least six

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1 months of some medical treatment. This did not mean,
2 however, the patients had failed treatment entirely.
3 As Dr. White mentioned, non-operative therapy is a
4 continuous process of treatment that a patient will
5 typically undergo for many years. Patients were
6 excluded if they could not walk at least 50 feet or
7 were unable to sit for at least 50 minutes.

8 I would like to summarize the key study
9 design elements. First, non-operative therapy was the
10 appropriate control for the X STOP. While I was not
11 an investigator for the pivotal trial, I am an
12 investigator in an ongoing NIH-funded study in which
13 laminectomy treatment for lumbar spinal stenosis is
14 being compared to non-operative therapy. Second, the
15 Zurich is an excellent tool to measure results of
16 lumbar spinal stenosis treatment because of its
17 emphasis on functional outcomes in three domains. The
18 greater the limitation in walking, the more severe the
19 symptoms from neurogenic claudication. Third, the
20 criteria for determining success in an individual in
21 this trial was much more rigorous compared to the
22 criteria used in the non-operative research

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1 literature.

2 I would now like to turn the podium over
3 to Dr. Hartjen who will present the study results.

4 DR. YASZEMSKI: Thank you very much, Dr.
5 Andersson. Dr. Hartjen?

6 DR. HARTJEN: Good morning Mr. Chairman
7 and panel members. My name is Charles Hartjen. I
8 will be presenting the study results this morning. I
9 do not have any financial interest in St. Francis
10 Medical Technologies to disclose. I trust my expenses
11 to drive here today from Baltimore will be reimbursed
12 by the company. I'm an investigator for the X STOP
13 pivotal study, and my center enrolled the highest
14 number of patients in the trial.

15 Investigational sites and principal
16 investigators for each site are shown here. Nine
17 centers participated in the pivotal study, most of
18 which were community hospitals. Of the nine principal
19 investigators, seven are orthopedic surgeons and two
20 are neurosurgeons.

21 Patients were randomized into the study
22 using block randomization within each center. Because

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1 we expected a relatively small number of patients to
2 be enrolled in each center, a block size of two was
3 selected to help ensure equal balance of treatment and
4 control group patients. I would like to emphasize
5 that the block size was not revealed to me or to any
6 other investigator or study coordinators, and
7 randomized assignments were centrally administered by
8 the sponsor. There was a necessary delay between
9 randomization and treatment for both groups.

10 There were 114 X STOP patients and 115
11 control patients randomized to each group. Fourteen X
12 STOP patients and 24 control patients were randomized,
13 but not treated. Of these, eight X STOP patients and
14 19 control patients voluntarily withdrew. The
15 remainder failed to meet study entry criteria, or
16 withdrew for health related reasons. One hundred X
17 STOP patients and 91 control patients were enrolled
18 and treated in the study. Four patients died in each
19 cohort during the course of the study. In the X STOP
20 group, two patients died from cancer, one from
21 pneumonia, one from CHF complications following
22 implant surgery. In the control group, causes of

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1 death were cancer, pulmonary embolism following foot
2 surgery, Parkinson's disease, and myocardial
3 infarction. Six X STOP patients and 24 control
4 patients underwent a laminectomy for stenosis during
5 the study and were considered treatment failures. One
6 X STOP patient fell, causing the implant to dislodge.

7 The implant was removed, and the patient was a
8 failure. No patients were lost to follow-up. One X
9 STOP patient and five control patients voluntarily
10 withdrew from the study.

11 Patients were placed on their right side
12 with their legs curled up. This flexes the spine,
13 placing the patient in the position in which they get
14 relief of symptoms. After an incision is made, the
15 interspinous ligament is dilated. The supraspinous
16 ligament is left intact. The X STOP is inserted from
17 below, and the adjustable wing is attached. A key
18 feature of the procedure is that there is minimal
19 removal of tissue. The spinal canal is not entered,
20 and no bone is removed from the spinous processes.
21 The procedure is well tolerated using local anesthesia
22 and light IV sedation.

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1 Patients in the control group received at
2 least one epidural injection upon entry into the
3 study. Additional epidural injections were
4 administered at the discretion of the investigator
5 consistent with current treatment guidelines and
6 following standard medical practices. Control
7 patients also received non-steroidal anti-inflammatory
8 medications, analgesics, and physical therapy as
9 needed. Patients filled out the Zurich Questionnaire
10 and SF-36 at enrollment and at each follow-up visit,
11 and the investigators took standing plain film x-rays,
12 and administered a physical examination. Patients
13 were monitored at six weeks, six months, 12 months, 24
14 months, following the initial treatment.

15 Looking at the baseline data, the
16 demographics of the two groups are quite comparable.
17 The mean age for the patients was about 70 years old
18 in both groups at enrollment. Approximately 60
19 percent of the patients in both groups experienced
20 symptoms for more than two years. The two groups were
21 extremely well matched at the study entry. There were
22 no significant differences between the two groups in

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1 any baseline variable except one. More patients in
2 the X STOP group received epidural injections prior to
3 study entry compared to the control group.

4 As expected with this elderly patient
5 population, there were many patients with comorbid
6 conditions. About 45 percent of the patients in each
7 group had a history of cardiovascular disease. After
8 cardiovascular disease, musculoskeletal disorders were
9 the most frequent reported comorbidities. The
10 incidence of musculoskeletal problems was more
11 pronounced in the X STOP group at baseline.

12 The baseline Zurich scores are shown here.
13 And as we see, the two groups were quite comparable.
14 On the left are the mean baseline scores for the
15 symptom severity domain, which were 3.14 in the X STOP
16 group and 3.10 in the control group. Patients in the
17 study were in the middle of the range, indicating they
18 had moderate symptoms as a group. Mean baseline
19 scores for physical function domain were on the right,
20 and were 2.48 for both groups. Again, these scores
21 are in the middle of the range. Here are the SF-36
22 scores at baseline. Again, the two groups were quite

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1 comparable, and no significant differences in any of
2 the SF-36 domains. Higher scores on the SF-36 are
3 indicative of better function.

4 The X STOP operative variables are shown
5 here. The operative time averaged just under an hour,
6 and average blood loss was negligible at 50 cc's.
7 Three patients had general anesthesia, 97 had local
8 anesthesia, usually with light IV sedation. Hospital
9 stays were less than 24 hours in 96 of 100 patients.
10 Typically, physical therapy was initiated early in the
11 morning after surgery, and the patient was discharged
12 in the early afternoon. One patient, a 76-year-old
13 female who had an ischemic coronary episode during the
14 procedure was kept in for observation and thallium
15 stress test. She was discharged three days later.
16 About one-third of the X STOP patients had two-level
17 procedures. The operative level was usually 4-5, with
18 L3-4 being the second most common level.

19 Ninety-one control patients received a
20 total of 216 epidural injections during the course of
21 the study. All control patients received an epidural
22 injection upon entry into the study. Twenty-two

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1 patients received two injections, 21 patients received
2 three injections, and several patients received four
3 or more injections. Although not shown here, I would
4 like to note that eight X STOP patients received
5 epidural injections or nerve root blocks during the
6 study, and six of these were treatment failures.

7 Adverse events relating specifically to
8 the X STOP group only are listed here. There are four
9 procedure-related adverse events. These were limited
10 to incisional complications which resolved with
11 treatment. There were no reports of any nerve
12 injuries or neurologic deterioration as a result of X
13 STOP implantation. There are three device-related
14 adverse events. One patient fell in the early post-
15 operative period, causing the implant to be dislodged,
16 and it was removed. One implant was malpositioned at
17 the time of surgery, and was later detected on x-ray
18 examination. There's one spinous process fracture
19 which occurred sometime between six and 12 months, in
20 between those two follow-ups. The patient experienced
21 on symptoms from the fracture, and had healed without
22 sequellae.

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1 Here we see adverse events that were
2 determined by investigators to be related to epidural
3 injection or the X STOP procedure. Stenosis related
4 pain was reported as an adverse event in six X STOP
5 patients and 26 control patients. In these cases, the
6 pain was significant enough to trigger an unscheduled
7 follow-up visit or require follow-up medical
8 treatment. All six of the X STOP patients, and 24 of
9 the 26 control patients eventually underwent a
10 laminectomy for unresolved stenosis pain during the
11 study period. There were no reports of complications
12 or difficulties associated with removing the X STOP,
13 which is what was anticipated since the implant is not
14 adjacent to nerves or major vessels, and is not fixed
15 to bone.

16 There were five reports of adverse events
17 in the control group as a result of the epidural
18 injections. These included two cases of increased
19 pain that were severe enough to require
20 hospitalization, and two complaints of paresthesias
21 during or immediately following injection. All of the
22 events resolved without sequellae.

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1 Adverse events determined by the study
2 investigators to be unrelated to treatment are shown
3 here. There was no statistically significant
4 differences in the incidence of these adverse events
5 with the exception of musculoskeletal adverse events.

6 Forty-three X STOP patients experienced these events,
7 compared to 16 control patients.

8 Shown here are the results of the analysis
9 of adverse events that we performed at the FDA's
10 request. We examined the case histories of those
11 events that were potentially of greatest concern,
12 including upper and low back, lower extremity, or
13 neurologic system. There were 47 of these adverse
14 events in 32 X STOP patients. The majority of these
15 events, 63 percent, were attributed to comorbid
16 conditions. Eight percent were for excess activities,
17 19 percent for stenosis symptoms representing nine
18 patients who were treatment failures. Ten patients
19 were classified as Miscellaneous, and included
20 peripheral neuropathy, stroke, and ataxia. Adverse
21 events involving the upper extremity and hip were not
22 included in this analysis, and are shown here. In

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1 each event, the investigators determined the events
2 were unrelated to treatment.

3 In summary, the musculoskeletal events we
4 observed in the X STOP group would be expected in the
5 elderly patient population. The patients in the X
6 STOP group also had a higher incidence of
7 comorbidities at baseline. What is surprising is that
8 the incidence was relatively low in the control group.

9 One reason may be that 26 percent of the control
10 patients were terminated from the study after they had
11 laminectomy. We could attribute a number of events in
12 the X STOP patients to an increased level of activity.

13 This unmasking effect surfaced after patients'
14 stenosis symptoms resolved.

15 I now present the effectiveness results.
16 I will present the primary outcomes for the evaluable
17 patient population for each domain under Zurich. I
18 will then present the results of the study, using the
19 overall success criteria described in the protocol.
20 Finally, I will present the outcomes measured by the
21 SF-36, as well as improvement in frequency and
22 severity of back and leg pain.

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1 The population of patients who experienced
2 clinically significant improvement in symptoms'
3 severity at each follow-up interval is shown here. At
4 24-month follow-up, 58 percent of the X STOP group had
5 significant improvement in this domain compared to 17
6 percent of the control group. The difference between
7 the two groups was statistically significant at each
8 follow-up visit. In the physical domain, the
9 differences between the two groups was statistically
10 significant at the follow-up visits. At 24-month
11 follow-up, 55 percent of the X STOP patients were
12 significantly improved versus 14 percent of the
13 control patients. In the patient satisfaction domain,
14 again, there was a statistical significant difference
15 between the two groups at follow-up. At 24-month
16 follow-up, 71 percent of the X STOP patients were
17 satisfied, compared to 32 percent of control patients.

18 Combining all three Zurich domains at 24-month
19 follow-up, 47 percent of the X STOP patients met all
20 three criteria for success, compared to five percent
21 of the control patients.

22 Radiographic measurements taken at the 24-

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1 month follow-up were compared to measurements taken at
2 the 6-week follow-up. A number of measurements were
3 made to monitor general changes that might have
4 occurred to the spine as a result of implanting the X
5 STOP. There were no significant differences at either
6 12 or 24 months between the X STOP group and the
7 control group in any of these measurements. These
8 included anterior and posterior disc height, curvature
9 of the spine, angulation of the spine, and degree of
10 spondylolisthesis. Distraction was maintained in 96
11 percent of the X STOP levels. When we combine all
12 seven criteria for determining success in the
13 individual patient as they apply to the X STOP
14 patient, we can calculate the primary study endpoint.

15 Counting patients with missing data at the 24-month
16 follow-up as failures, 44.8 percent of the X STOP
17 patients met all success criteria compared to 4.6
18 percent of the control patients.

19 As you heard from Dr. Andersson, in the
20 Zurich Questionnaire, a 0.5 improvement in either
21 symptom severity or physical function equates to a
22 satisfied patient, and is defined as clinically

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1 significant. But the X STOP patients on average
2 improved much more than that threshold level. X STOP
3 patients improved 0.99, which equates to a change of
4 24.8 points. At 24 months, their symptoms as a group
5 improved from moderate to mild. X STOP patients
6 improved 46 percent from the baseline scores. Control
7 patients improved eight percent.

8 Here is the physical function score. The
9 X STOP patients improved 0.76 on the Zurich scale,
10 which equates to a change of 25.4 points. The control
11 group improved 2.6 points. X STOP patients improved
12 52 percent over baseline.

13 We performed a number of subgroup analyses
14 on success rates, three of which I will briefly
15 describe. The patient population in the analysis
16 includes all evaluable patients, and it excludes only
17 those patients who died during the study. First we
18 look at the success rate of the subgroup of patients
19 that had one-level or two-level implantation. As you
20 see, there is no difference in overall success rates
21 between the two groups. There was, however, a
22 statistically significant difference in physical

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1 function domain of the Zurich, which patients with
2 two-level implants had a higher success rate.

3 We also looked at two subgroups of X STOP
4 patients based on symptom duration prior to study
5 entry. We compared a subgroup of patients who had
6 symptoms for two years or less to a subgroup of
7 patients who had symptoms for longer than two years.
8 There were no differences in overall success rate or
9 in any domain of the Zurich when these two groups were
10 compared. When we compared subgroups of clinical
11 patients based on symptom duration, there was also no
12 difference in the individual domain scores or overall
13 success rates. The results of these subgroup analyses
14 suggests that duration of symptoms does not impact
15 outcome.

16 We also looked at success rates in each
17 center. Most importantly, you will note that the X
18 STOP success rate was consistently higher than the
19 control group success rate at every center, even with
20 the diversity of centers, and in both small and large
21 centers. St. Mary's, Dr. Zucherman's site, has the
22 highest success rate in the X STOP, and the second

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1 highest success rate in the control group. However,
2 even if St. Mary's is removed from the analysis, the
3 difference between the X STOP and control groups
4 remains highly statistically significant.

5 I enrolled the highest number of patients
6 at GBMC, and you will note that the success rate at my
7 center was 28 percent in the X STOP group. I am
8 pleased with my result. The majority of my patients
9 had significant improvement in symptoms and were
10 satisfied, but did not improve enough to be a success
11 in physical function for reasons that were unrelated
12 to the stenosis or X STOP.

13 To better understand the success rates at
14 each center, we looked at the predictors of success in
15 the X STOP group. Patients with worse baselines for
16 SF-36 scores correlate with a positive outcome, as
17 well as patients who have fewer comorbidities, thus
18 were healthier. Patients who were younger did better.

19 Patients with lower blood loss during surgery did
20 better. These findings are not surprising. We looked
21 at these predictors at St. Mary's compared to other
22 centers and found that the patients at St. Mary's

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1 tended to be younger, had significantly fewer
2 comorbidities, and were employed compared to the other
3 centers. Investigators at St. Mary's conducted the
4 original pilot study, and participated in the unwelded
5 implant study. So their experience in screening
6 patients may have contributed to their relatively
7 higher success rates for both control and X STOP
8 patients. Interestingly, the center with the lowest
9 success rate had older patients, patients who had a
10 high incidence of comorbidities, but were less
11 symptomatic at baseline.

12 Turning our attention now to outcomes
13 measured by SF-36. First, here are the mean baseline
14 scores for the X STOP group which I showed you
15 earlier. For the follow-up visits, mean scores were
16 calculated using all available data. Here are mean
17 scores for the 6-week, 6-month, 12-month, and 24-month
18 visits. The SF-36 scores at 24 months was
19 statistically significantly improved compared to the
20 baseline in every domain except general health, mental
21 health, and mental component summary. As the graph
22 illustrates, the benefit of treatment was evident at

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1 the earliest follow-up visit, and it was maintained
2 over the course of two years.

3 Here are the baseline scores for the
4 control group, which you saw earlier. And here are
5 the scores first for the 6 weeks, 6 months, 12 months,
6 and 24-month visits. There are sustained improvement
7 in both the role of physical and bodily pain domains.

8 However, this improvement was not statistically
9 significant.

10 When we looked at the patients who
11 experienced any improvement in leg pain over the
12 baseline pain, we find a few patients in either group
13 experienced improvement in leg pain while sitting, but
14 80 percent or more of X STOP patients had some
15 improvement in leg pain while standing and walking in
16 both frequency and severity. In the control group,
17 the greatest improvement was seen in leg pain while
18 walking, where 37 percent of the patients showed some
19 improvement in frequency of leg pain, and 43 percent
20 experienced some improvement in severity of leg pain.

21 Outcomes for back pain mirrored results for leg pain.
22 Significantly more X STOP patients experienced

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1 improvement in back pain while they were standing and
2 walking, both in frequency and severity compared to
3 the control groups.

4 I would like to recap the results of our
5 safety and effectiveness analysis. The X STOP
6 procedure can usually be performed as a same-day
7 procedure under local anesthesia with minimal blood
8 loss. Patients recover rapidly. There is a minimal
9 risk of systemic or local complications, and there is
10 little risk of neurologic injury. Musculoskeletal
11 adverse events were largely attributable to
12 preexisting comorbid conditions, the prevalence of
13 which is expected in this patient population.
14 Revision surgery, if necessary, is straightforward.
15 Future treatment options are not compromised.
16 Finally, the procedure is especially suitable for
17 patients who cannot tolerate general anesthesia.

18 The effectiveness of the X STOP treatment
19 was immediate, and the superiority over control group
20 was sustained over the follow-up period. The relative
21 benefit of X STOP was demonstrated at all
22 participating study centers, where X STOP success

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1 rates were consistently greater compared to the
2 control at every center. The magnitude of the
3 improvement seen in the X STOP patients exceeded the
4 threshold level defined as clinically significant.
5 Patients improved almost double the amount defined as
6 clinically significant. Back and leg pain symptoms
7 improved significantly in the X STOP patients when
8 compared to their baseline symptoms. In summary, the
9 X STOP represents a significant breakthrough in the
10 treatment of patients with mild to moderate symptoms
11 of lumbar spinal stenosis. And the key findings from
12 the pivotal trial demonstrate the device is safe and
13 effective for use in this patient population.

14 I would like to turn the podium back over
15 to Dr. Andersson for final remarks.

16 DR. YASZEMSKI: Thanks very much, Dr.
17 Hartjen. Dr. Andersson?

18 DR. ANDERSSON: Thank you. Good morning
19 again, Mr. Chairman and panel members. I would like
20 to address the topic of interpreting the outcomes of
21 this study.

22 To place the study results in a frame of

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1 reference, we reviewed the published literatures and
2 outcomes of both non-operative therapy and
3 decompressive surgery. There is a subset of this
4 literature reporting outcomes for patients with mild
5 to moderate symptoms which is particularly relevant to
6 the pivotal trial. In addition, there are studies
7 reporting outcomes in a broader lumbar spinal stenosis
8 population using the Zurich as well as the SF-36.
9 Finally, we have outcomes from study patients who
10 underwent laminectomy where we can apply the same
11 success criteria in matched patient populations.

12 The observation has been made that success
13 rates in the pivotal trial were lower than anticipated
14 when the study was designed, and appeared to be low in
15 comparison to results reported in the literature. It
16 seems appropriate to first acknowledge that those
17 criteria used in the literature to measure outcomes
18 are different from the method used in the pivotal
19 trial. To make a true comparison, we should apply
20 similar standards to both. This can be done by
21 applying the same success criteria in the pivotal
22 trial to the clinic literature which uses the Zurich

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1 to measure outcomes. We can also analyze the results
2 using the criteria that are commonly applied in
3 literature reporting results of patients with mild to
4 moderate symptoms.

5 Any improvement in symptoms is typically
6 considered a success in non-operative literature. We
7 analyzed the pivotal trial results using the single
8 criterion and found that 32 percent of controlled
9 patients had some improvement in symptoms at 24
10 months. Thirty-two percent is comparable to outcomes
11 reported for conservative care patients in the studies
12 I discussed previously. This confirms that patients
13 enrolled in the pivotal trial did not fail
14 conservative care just because they completed six
15 months of medical treatment. As Dr. White mentioned,
16 stenosis patients typically experienced many years of
17 symptoms. Six months is a relatively short period of
18 time in the course of this disease.

19 We compared the improvement in symptom
20 severity of X STOP patients to laminectomy outcomes
21 reported by Johnsson, Amundsen, and Atlas, which I
22 showed you earlier. In these studies, 57 to 69

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1 percent of patients reported symptom improvement
2 following laminectomy, where follow-up ranged from one
3 to four years. In the pivotal trial, 58 percent of X
4 STOP patients reported a clinically significant
5 improvement in symptom severity. You can see the
6 results are quite similar.

7 There are several published lumbar spinal
8 stenosis studies using the Zurich. Dr. Katz and
9 coauthors reported outcomes of a 199-patient study
10 using individual questions from the Zurich. At our
11 request, Dr. Katz analyzed his data using the same
12 criteria from the pivotal trial. As you can see, the
13 success rates are quite similar to the X STOP results.

14 Though not shown here, mean score changes in each
15 domain were also very similar. His patient population
16 was more symptomatic at baseline than our patient
17 population was. This historical comparison should not
18 be interpreted to infer that X STOP results are
19 comparable to outcomes from laminectomy, but it is
20 appropriate to measure success rates of laminectomy
21 surgery using the pivotal trial criteria if the
22 purpose is to provide a general frame of reference.

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1 I would like to point out that 272
2 patients were treated in Dr. Katz's study, and no
3 outcomes were imputed for the 73 patients with missing
4 data at two years. I mention this to illustrate that
5 methods typically employed in the clinic literature to
6 analyze data are not as stringent as those used in the
7 pivotal trial where patients with missing data were
8 treated as failures.

9 Outcomes data from 36 study patients who
10 underwent laminectomy were also recorded. Applying
11 the study criteria for success to this matched patient
12 population, we get very similar outcomes as you can
13 see here. This statistical comparison is not made for
14 the purposes of supporting a claim of comparability to
15 laminectomy. This does, however, indicate the true
16 success rate from laminectomy when you apply the
17 strict criteria used in the pivotal trial.

18 There are a number of studies reporting
19 outcomes of stenosis surgery that use the SF-36 to
20 measure success. This slide shows the mean post-
21 operative scores of X STOP patients in the pivotal
22 trial compared to the range of post-operative SF-36

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1 values for patients undergoing decompressive surgery.

2 SF-36 outcomes for the X STOP patients fell within
3 the range of outcomes reported in the literature.

4 Success rates in the clinical trial appear
5 to decline from one year to two years. And this trend
6 was observed in both the X STOP and control groups.
7 Similar findings have been reported in the literature
8 where success rates tend to decline over time in
9 laminectomy patients. This is clearly evidenced by
10 the re-operation rates reported in these studies. As
11 shown here, the rates of re-operation varied from 6 to
12 17 percent, depending on the length of follow-up,
13 which ranged from one year to four years in these
14 studies. This re-operation rate is quite comparable
15 to the six percent observed in the X STOP patients.

16 The findings from a longitudinal study of
17 105 patients conducted by Johnsson and coauthors are
18 consistent with the previous studies. This graph is
19 reproduced from Johnsson's article, and illustrates
20 the decline in effectiveness of operative therapy over
21 a 5-year period. In summary, when you apply the same
22 standards, the results of the pivotal trial for both

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1 the control and X STOP patients are quite similar to
2 the results reported in the literature.

3 With respect to achieving the primary
4 clinical study endpoint, the statistical superiority
5 of X STOP treatment compared to control treatment was
6 clearly demonstrated. We anticipated a difference of
7 22.5 percent between the two groups at the start of
8 the trial. Despite the lower than anticipated success
9 rate in both the X STOP and the control groups, the
10 difference between the groups was approximately 40
11 percent. This was also true for each of the Zurich
12 domains.

13 I would like to end the sponsor's
14 presentation this morning with some final remarks from
15 the surgeon's perspective. The X STOP device can
16 offer the surgeon a new treatment alternative for
17 patients with lumbar spinal stenosis. Patient
18 outcomes in the X STOP group were good, and far
19 superior to the control group in the pivotal trial.
20 The incidence of operative complications was low and
21 without significant clinical sequellae. The procedure
22 was by and large done under local anesthesia with

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1 same-day discharge from the hospital. The advantage
2 of having the patient out of the hospital quickly is
3 obvious, particularly the elderly patient it certainly
4 contributes to a low level of morbidity. The X STOP
5 procedure does not significantly alter the functional
6 anatomy, so it can be easily revised and replaced if
7 necessary. From a risk-benefit perspective, the
8 benefit clearly outweighs the risk.

9 The X STOP offers an immediate and
10 quantifiable benefit to patients suffering from
11 stenosis at low risk. I believe that the results from
12 the pivotal trial along with the results of extensive
13 biomechanical testing constitute valid scientific
14 evidence, and provide reasonable assurance of the
15 safety and effectiveness of the X STOP device. I
16 trust the data that have been presented to you will
17 support your recommendation for approval to the FDA
18 today. Thank you.

19 DR. YASZEMSKI: Thanks very much, Dr.
20 Andersson, and thank you to the sponsor for your
21 thorough presentation. I'd like to ask if any panel
22 members have a question that they'd like to ask of the

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1 sponsor at this time. I'll note, however, that we
2 have a long block of time devoted to asking the
3 sponsors questions this afternoon. If there's
4 something that needs to be asked now, please do so.
5 Otherwise, I'd like to proceed to the FDA
6 presentation.

7 Let's move on to the FDA presentation.
8 The first FDA presenter is Dr. John Holden who is the
9 lead reviewer for this submission. Dr. Holden?

10 DR. HOLDEN: Good morning. My name is
11 John Holden. I'm a review scientist with FDA's
12 Orthopedic Devices Branch, and I'm also the lead
13 reviewer for the PMA application from St. Francis
14 Medical Technologies.

15 FDA will provide several presentations
16 this morning. First I will give a brief introduction
17 and summary of the pre-clinical evaluation of the
18 device. Dr. Barbara Buch will provide an FDA summary
19 of the clinical study, and Mr. Richard Kotz will
20 discuss some statistical analysis issues from FDA's
21 perspective. Finally, we will present the questions
22 that FDA is posing for consideration by the advisory

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1 panel today. I would also like to point out that a
2 large number of other FDA personnel have also made
3 important contributions to the review of this PMA
4 application.

5 As an overview, this presentation will
6 include a very brief device description and summary of
7 the pre-clinical testing. As the company has
8 presented much of the data on which FDA would like to
9 comment, my presentation will mostly highlight a few
10 points that we wish you to consider as you address the
11 panel questions.

12 From this point forward, I will simply
13 refer to the device as the X STOP. The indications
14 for use currently proposed by the sponsor are shown
15 again on this slide. This statement is the same as
16 that already presented by the sponsor.

17 The X STOP is manufactured from a titanium
18 alloy that conforms to ASTM Standard F136. It
19 consists of two components, a spacer assembly and a
20 wing assembly. During implantation, the spacer
21 assembly is implanted first, then the wing assembly is
22 attached, the width is adjusted, and the locking screw

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1 is tightened. The sizes of the device are based on
2 the minor diameter of the oval spacer component. The
3 sizes range from 6 to 14 millimeters in 2-millimeter
4 increments. The system also includes an instrument
5 set specifically for the X STOP that includes
6 dilators, a distracter, and some insertion
7 instruments.

8 Original designs of the device were used
9 in a 10-patient pilot study, and in 22 patients who
10 were implanted in Part One of the pivotal clinical
11 trial. To their credit, the sponsors stopped the
12 study when they recognized some serious device issues
13 early on. Several design modifications were made,
14 including a manufacturing step to laser-weld two parts
15 of the device, a change in the taper angle of the
16 tissue expander, and a more rounded tissue expander
17 tip. So this new, quote, "welded" design, was used
18 throughout the pivotal clinical study. Much of the
19 pre-clinical testing was performed on the original
20 unwelded version of the device, and then, following
21 the changes leading to the welded design, additional
22 testing was performed to validate the new design.

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1 The pre-clinical testing included
2 mechanical tests to characterize the X STOP and
3 determine its ultimate strength. And as described by
4 the sponsor, a number of biomechanical cadaver tests
5 were also conducted to investigate the loads required
6 to implant the X STOP, the loads experienced by the
7 device in vivo, some spinous process failure loads,
8 and the stability of the implanted device when it is
9 subjected to high loads.

10 I will not describe all of this testing
11 which was summarized in the review memo in your panel
12 packs. But I will focus on just three sets of tests
13 in particular. One set of studies examined the effect
14 of placement location on device expulsion or
15 dislodgement. The two other sets of tests have
16 already been described by the sponsor. In all three
17 cases, I will simply provide a brief summary, and a
18 few brief comments or observations that FDA would like
19 to highlight for the panel as it considers our
20 questions.

21 A set of studies was undertaken to
22 reproduce in vitro X STOP implant dislodgement. Human

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1 cadaver specimens were tested at each intraspinal
2 process level. Specimens were loaded with an axial
3 force, and flexion-extension or axial rotation was
4 applied. Pre and post test radiographs were taken to
5 identify any spinous process fractures or
6 deformations. The results showed that proper anterior
7 placement of the X STOP is essential to preventing
8 dislodgement of the device and/or deformation of the
9 spinous processes. As a result, the surgical
10 technique manual was modified during the study to
11 emphasize that the X STOP must be placed in the
12 concavity between the spinous processes. Also,
13 surgeons are instructed to remove part of any
14 hypertrophied facet if the device cannot be correctly
15 positioned.

16 The measurement of spinal canal and
17 foramen dimensions was described previously in the
18 sponsor's presentation. Recall that eight lumbar
19 cadaver specimens were placed in an acrylic frame for
20 measurements in an MRI scanner. The specimens were
21 scanned in three positions, with and without the X
22 STOP placed at the L3-L4 level. Axial slices were

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1 used to measure canal area, lateral recess distance,
2 and AP canal depth. Para-sagittal slices were used to
3 measure foramen area, foramen height, and foramen
4 width.

5 This table summarizes the data presented
6 in the PMA application. For the mean values of the
7 dimensions in the extended position at the implanted
8 level, the table shows that the presence of the X STOP
9 resulted in increased dimensions for five of the seven
10 measures. This table includes the same kind of
11 dimension data for the implanted level, but for the
12 specimen when it was in the flexed position. We note
13 that in the flexed position, the presence of the X
14 STOP actually resulted in smaller values for six of
15 the seven dimensions, although these differences are
16 not statistically significant. So the results of this
17 pre-clinical study show that the X STOP limits canal
18 narrowing at the implanted level in extension.
19 However, FDA notes that these results are based on
20 seven cadaver specimens, and were not confirmed by any
21 in vivo measurements in patients.

22 The measurement of spinal kinematics was

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1 also described previously by the sponsor. Recall that
2 seven human lumbar cadaver specimens were used for the
3 testing. With a 700 Newton compressive force,
4 specimens were first tested intact by applying a
5 moment in flexion or extension, axial rotation, and
6 left and right lateral bending. The specimens were
7 then removed from the loading frame, a spacer was
8 placed between the L3 and L4 spinous processes, and
9 the loading and measurement regimen was repeated, this
10 time with the device in place.

11 The results showed that there was no
12 significant difference in the mean range of motion
13 during axial rotation or lateral bending, but that the
14 mean flexion-extension range of motion was
15 significantly reduced at the L3-L4 level. The ranges
16 of motion at the adjacent levels were not
17 significantly changed. FDA notes that these results
18 are based on studies using seven lumbar cadaver
19 specimens, and may not be indicative of changes seen
20 clinically. As will be pointed out later, the ranges
21 of segment flexion and extension were not measured in
22 the clinical study patients.

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1 So FDA asks the panel members to keep this
2 pre-clinical testing in mind, especially as you
3 consider the first three of the panel questions, which
4 will be read in full later. Question Number 1 will
5 ask about possible device effects on adjacent
6 segments, and on spinal biomechanics, as reflected in
7 the clinical data, in particular the higher incidence
8 of other musculoskeletal events. Question Number 2
9 will ask about the implications of having no pre-
10 clinical data on the effects of two-level
11 implantation, and Question Number 3 asks the panel to
12 comment on the fact that the clinical patients'
13 radiographs were not taken in flexed and extended
14 positions.

15 At this time, I would like to introduce
16 Dr. Barbara Buch, who will provide FDA's clinical
17 review summary.

18 DR. YASZEMSKI: Thanks very much, Dr.
19 Holden. Dr. Buch?

20 DR. BUCH: Good morning members of the
21 panel and guests. As Dr. Holden introduced me, I am
22 clinical consultant to the Orthopedic Devices Branch

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1 at FDA.

2 What I'd like to do this morning is not
3 repeat the details of the study. I think the sponsor
4 has done an excellent job in describing the details
5 for you. What I would like to do is highlight some
6 issues and raise some questions that we at FDA would
7 like the panel to consider during the deliberation
8 over the panel questions, as well as provide some
9 input into the interpretation of the study outcomes.

10 I put these slides up just to remind you
11 that although there have been four versions of the
12 device, and three studies initiated to investigate
13 this device and these versions. FDA would like you to
14 focus your attention on the fourth version of the
15 device which was studied in the second pivotal trial
16 as this is the device that is intended to be marketed.

17 These entry criteria you have seen before.

18 I would like to highlight the last two criteria to
19 emphasize that these are objective means by
20 identifying the levels of stenosis and potentially
21 quantifying the amount of canal compromise for
22 patients enrolled in this study. The success criteria

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1 are also familiar to you, and are based on a patient
2 self-assessment scale, secondary surgical
3 intervention, device-related events, and placement
4 retention of the device, both radiographically and
5 clinically.

6 The Zurich Claudication Questionnaire is a
7 validated scale for the determination of outcomes
8 after surgery for the treatment of stenosis. During
9 the validation study for these outcome measures, I'd
10 like to point out that Stucki, et al, concluded that
11 a 0.5 difference in the physical function scale and
12 symptom severity scores was clinically significant
13 when comparing the satisfied and unsatisfied patients.

14 In the validation study, however, the studies state
15 that while two years would be most appropriate for
16 assessing clinical effectiveness, the point of maximal
17 benefit was six months, and was deemed most
18 appropriate for assessing responsiveness. This 6-
19 month time point is a time point used to validate this
20 scale in the population study.

21 The minimal clinically important
22 difference was determined using the difference in mean

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1 change in the symptom severity and physical function
2 scales for patients who were somewhat satisfied and
3 patients who were unsatisfied. The reason I point
4 this out is the time of validation becomes important
5 in the X STOP study, and I would like you to keep this
6 concept in mind as the presentation continues, and as
7 you are considering the panel questions that follow.

8 The next issue I want to present is the
9 ability to interpret the long-term effectiveness.
10 Because of rapid enrollment, there is no longer term
11 data available for patients enrolled in this study.
12 In many instances, trials have long enrollment
13 periods, which allow for some longer term, that is 3-,
14 4-, or 5-year data. However, since this is not
15 available in this study, further clinical assessment
16 at later follow-up periods may be needed, especially
17 when we look at trends in overall outcome in this
18 trial. Again, I'd like you to keep this issue in mind
19 when discussing the effectiveness of this device.

20 Now let's look at the control patients in
21 this trial. The control patients had continuing
22 symptoms despite conservative treatment for six

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1 months, and the majority had symptoms for greater than
2 two years. In the study, the control patients
3 received additional conservative treatment, including
4 varying numbers of epidural injections as we heard.
5 When we look at the overall end results, 95 percent of
6 the population in the control group failed
7 conservative treatment, and 26 percent of the patients
8 had symptoms that warranted a surgical decompression
9 procedure. Based on this perspective, the question
10 arises to us as to whether the conservative control
11 treatment was appropriate as a comparative group to
12 the operative treatment, given the high rate of
13 failure in this population.

14 Next let's consider what potential impact
15 the study design had on the interpretation of patient
16 outcomes. The study protocol did not specify the
17 criteria for progression to laminectomy or additional
18 epidural injections. Thus the frequency and timing of
19 repeat injections was left to the discretion of the
20 investigator. It appears that patients were not
21 treated the same within a group or between groups when
22 deciding who had symptoms requiring surgical

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1 decompression, or who required an additional
2 injection. Some patients in the control group
3 received only one injection, while others have
4 received two, three, four, or more injections.

5 In addition, in the X STOP group, eight
6 patients had pain injections after the implantation of
7 the device. Although there may be a lack of consensus
8 in the literature for a clinical trial, FDA believes
9 that all patients should be treated equally according
10 to a pre-described protocol to avoid any confounding
11 factors that will confuse study outcomes. As an
12 example, an X STOP patient with progressing pain who
13 required serial nerve root injections did not progress
14 to laminectomy as a result of his symptoms, while
15 another did progress, but was not operated on until 66
16 days following injection failure, despite progressive
17 neurologic deficit pain and a loss of sexual function
18 less than two weeks after epidural injection.
19 Overall, it is not clear if additional epidural
20 injections in either group delayed the progression to
21 laminectomy as the criteria for performing
22 decompression by laminectomy was not well-defined.

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1 As has been described, the overall safety
2 profile shows that this is a surgical procedure that
3 is minimally invasive, and most patients are treated
4 as outpatients. The device-related adverse events
5 were few in number and were relatively minor. The
6 deaths that occurred were not considered device-
7 related, and those that occurred related to the device
8 were few, including spinous fracture, device
9 migration, and local wound events that occurred only
10 in one patient each. These safety events on the whole
11 are unremarkable, except for a difference between the
12 X STOP and control patients when it came to
13 documenting musculoskeletal adverse events that were
14 considered not device-related.

15 The mostly lower extremity events occurred
16 with greater frequency in X STOP patients, and the X
17 STOP patients experienced 3.4 times more types of
18 these events than the control patients. The majority
19 of these events were admittedly classified as moderate
20 in severity, but they did trigger an additional
21 unscheduled visit to the clinic. A percentage were
22 attributable to excess physical activity and exercise,

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1 but I'd like to point out that 20 percent were
2 attributed to a return of stenosis symptoms. One
3 possible explanation, as has been delivered by the
4 sponsor shows that stenosis associated pain was
5 potentially relieved and other comorbid conditions
6 responsible for this pain were unmasked and came to
7 the forefront. Another consideration and possible
8 explanation is that there are potential changes in
9 spinal dynamics and biomechanical function that occur
10 within the limitation of extension. And these also
11 may be responsible for pain. This investigational
12 study does not evaluate further whether either of
13 these or an additional explanation is the cause. This
14 issue should be considered when evaluating the effect
15 of this device on the biomechanical dynamics of the
16 spine as you complete your discussion.

17 You've seen this chart before. Based on
18 the low effectiveness achieved as compared to that
19 expected in both groups, the question arises on our
20 part whether the enrollment criteria in the patient
21 demographics were able to discern comparable patients.

22 In essence, was the population a homogenous

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1 population. Additionally, did the study define the
2 population in the continuum of lumbar spinal stenosis
3 as has been emphasized today, as identifying the
4 patients who would most benefit from this device, or
5 did this population of stenosis patients all require
6 some type of intervention surgically to decompress
7 their stenosis at the time of entry in this study.

8 When we look at back and leg pain
9 separately at 24 months, mean back and leg pain scores
10 were significantly less frequent and less severe in
11 the X STOP group as compared to the control group when
12 standing or walking. Based on this secondary endpoint
13 information, it appears that the treatment with the X
14 STOP has the most effect on leg pain when standing and
15 walking as compared to the relief of back pain, but
16 not on other symptoms such as those experienced while
17 sitting.

18 Even though the goal of this study was
19 accomplished, showing a significant statistical
20 difference between the investigation and control
21 groups, more patients reported improvement in pain at
22 12 months than at 24 months. In contrast to what has

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1 been observed in spinal fusion studies, which is also
2 a treatment for degenerative spinal disease, in this
3 study a percentage of patients whose symptoms improved
4 at 6 and 12 months showed a trend of regression of
5 pain and function symptoms towards baseline levels.

6 Let me explain what this chart shows. On
7 the X axis are the three domains of the Zurich
8 Claudication Questionnaire, and the overall success
9 score on the questionnaire is to the far right. Each
10 colored bar represents the percentage of patients in
11 the X STOP treated group who were considered a success
12 by the pre-defined criteria on each section at four
13 different time points. The dark blue bar represents a
14 6-week time point. The light blue bar represents the
15 6-month time point. The red bar represents the 12-
16 month time point, and the yellow bar represents the
17 24-month time point.

18 This chart shows the progression of
19 effectiveness over time. As we start to the left, we
20 note at 6-week time point the rate of success with
21 patients on the ZCQ, or Zurich Claudication
22 Questionnaire, is high, and remains somewhat

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1 consistent to the 12-month time point, as noted in the
2 red bars. When we compare the 12- to 24-month
3 successes, that is the red to the yellow bars, we can
4 see that in each domain, pain severity, function,
5 satisfaction and overall success, there is a decrease
6 in the number of patients with pain and function
7 success in the X STOP group. I'd like to point out
8 that the previous table was constructed using this
9 data for the X STOP group, and I want you to note that
10 the denominator changes very little for each category
11 over time. That is, the majority of the patients in
12 the X STOP group were included in this trend
13 calculation. Please keep this effectiveness trend in
14 mind when considering the panel questions that follow.

15 Now I'd like to touch on a slightly
16 different perspective on the outcomes of a subgroup
17 study which defined the number of levels that were
18 treated by the X STOP device. The use of this device
19 at one or two levels may have different outcomes with
20 regard to patient populations and their post-operative
21 results, and what the long-term impact of the device
22 implantation on spinal mechanics may be. As has been

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1 noted, the majority of patients in both groups had
2 multiple coexisting variables noted on radiographs and
3 by history. Some of these radiographic findings
4 include a thickened ligamentum flavum, narrowed
5 lateral recess, hypertrophied facets, and central
6 canal narrowing by 50 percent or less. And also, up
7 to 25 percent spondylolisthesis. In both treatment
8 groups, there were patients with more than one level
9 involved. In the subgroup analysis, it was noted that
10 patients with two-level implantation had a slightly
11 better outcome in all aspects of the effectiveness
12 evaluation, although this was not statistically
13 significant. More single-level patients underwent
14 laminectomy than those with two levels implanted.
15 Adverse event occurrence in the two-level treated
16 patients were also less frequent than those with
17 single levels. Again, these were not statistically
18 significant, and the samples were small.

19 Cadaveric biomechanical studies, as were
20 described by Dr. Holden, were performed by the
21 sponsor. These showed that the dimensions of the
22 spinal canal were larger in the X STOP implanted

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1 levels than without the X STOP. However, I'd like to
2 highlight that these results were observed only at the
3 implanted level, but not at adjacent levels, and only
4 one-level implantations were studied. Please also
5 recall that as Dr. Hartjen explained, the surgical
6 technique instructs surgeons to ask patients to flex
7 the spine as much as possible to achieve maximal
8 distraction when the device is inserted. These
9 effects were not evaluated pre-clinically.

10 Given the outcome results, and the results
11 of cadaveric biomechanical studies, our question to
12 you is whether it's clear that it's appropriate to
13 treat just one or two levels in cases where there are
14 multiple level changes in the spine. Please keep this
15 issue in mind when deliberating the answers to the
16 panel question.

17 Another perspective. When we look at the
18 number of levels that were actually decompressed at
19 surgery, we see that not all single-level implants had
20 single-level decompressions. For example, in the
21 pilot study there were two failures. One patient had
22 a two-level laminectomy at a two-level implantation

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