

# Risk Assessment -- Overview

A silhouette of a large, leafy tree stands on a dark, rocky hill. The background is a vibrant sunset or sunrise sky, transitioning from a deep blue at the top to a bright orange and yellow glow near the horizon. The overall mood is serene and natural.

National Tribal Forum on  
Environmental Science

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# Outline

- Why EPA does risk assessment
- Risk assessment paradigms
  - Guidelines and guidance
- Human Health risk assessment
  - Parts of the process
  - Example of a risk characterization

# Why EPA Does Risk Assessment

- Law and convention
- EPA is bounded by legal mandates
  - Environmental law from the 1970's
    - Retrospective, reactive
    - Focus on remediating problems
    - e.g. Water contaminant risk assessments rather than discussion of wellness
  - Convention (risk assessment practice) grew in response to the laws

# Example – SDWA '96

**Does the contaminant adversely affect public health?**

**Is the contaminant known or likely to occur in PWSs with a frequency and at levels posing a threat to public health?**

**Will regulation of the contaminant present a meaningful opportunity for health risk reduction?**

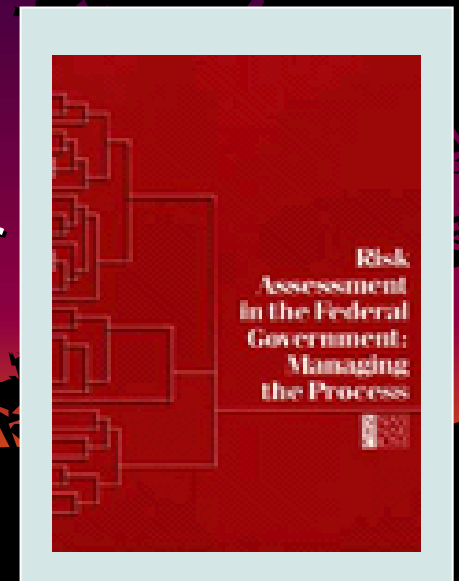
**Regulate with  
NPDWR**

These are questions,  
demonstrations of risk

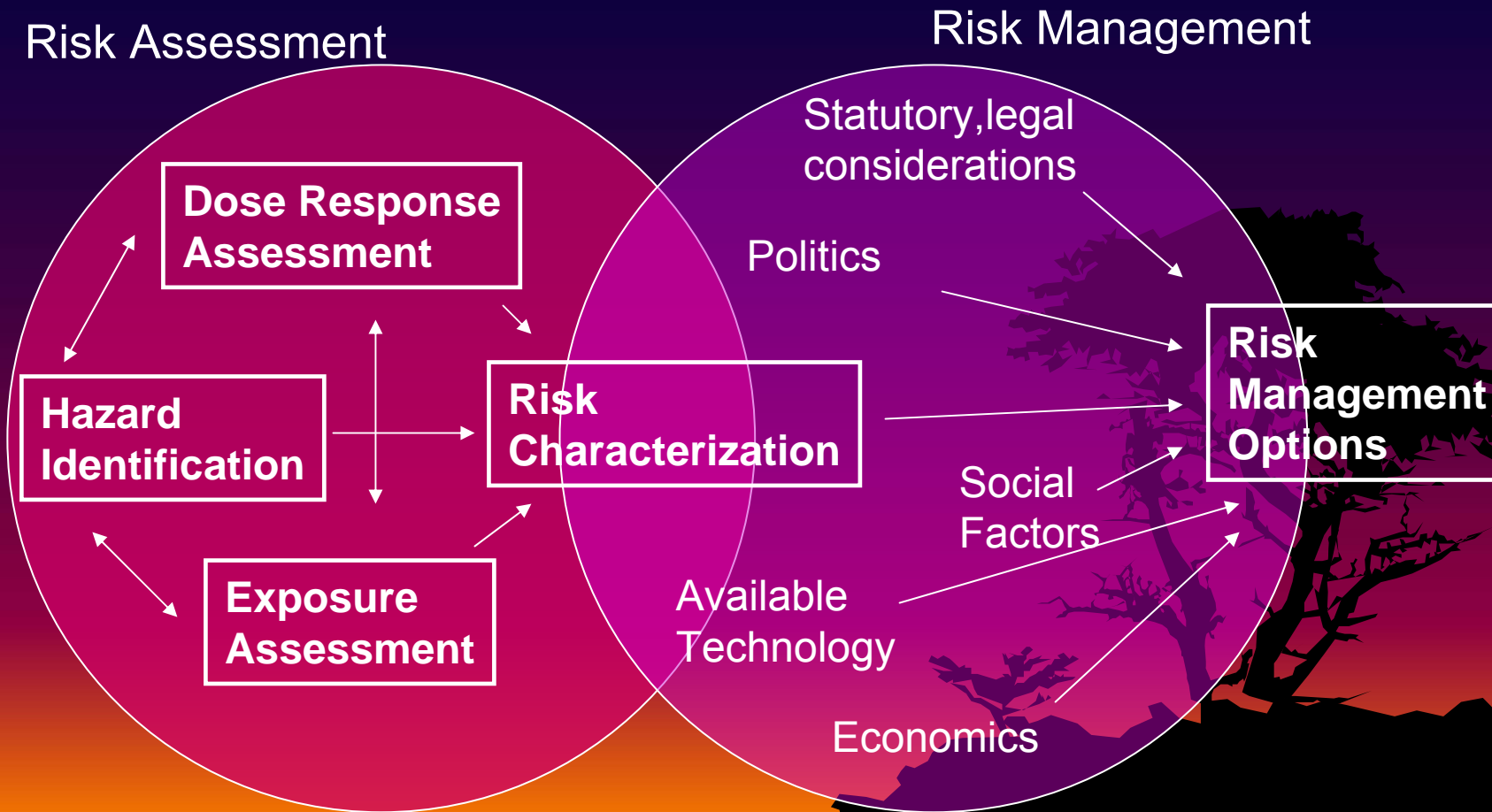
# NRC 1983

- To impart consistency and transparency to U.S. Government risk assessments
- Major points
  - Human Health RA paradigm
  - RA  $\neq$  RM
  - Feds should write and use their own Guidelines

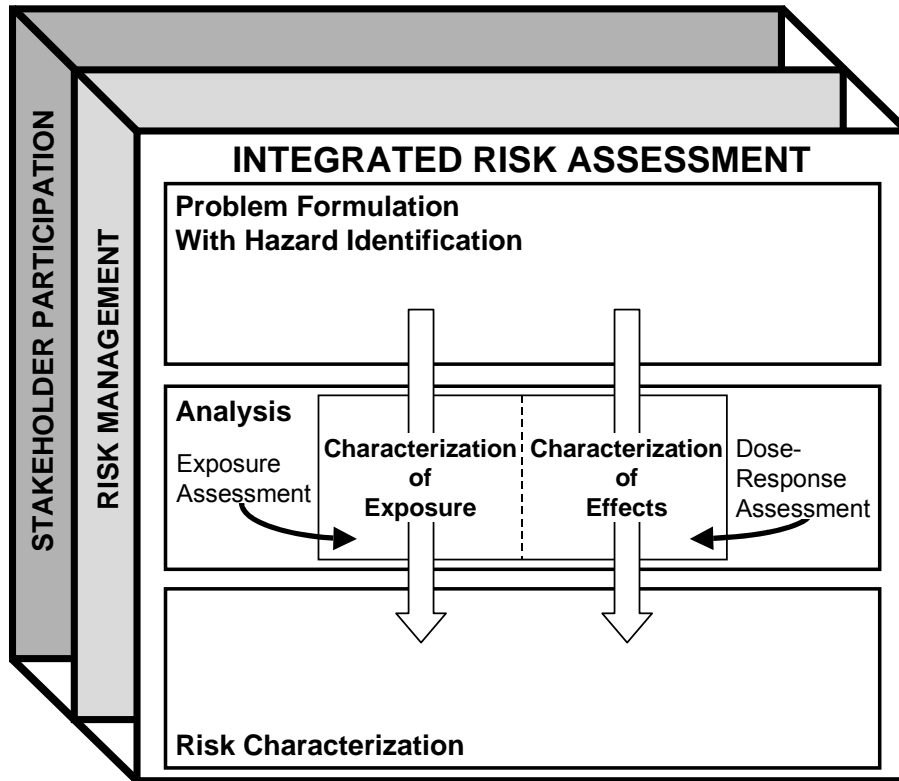
Convention = Guidelines + common practice



# '83 Risk Assessment Paradigm '06



# Ecological Risk Assessment Uses a Different Paradigm



# U.S. EPA RA Guidelines

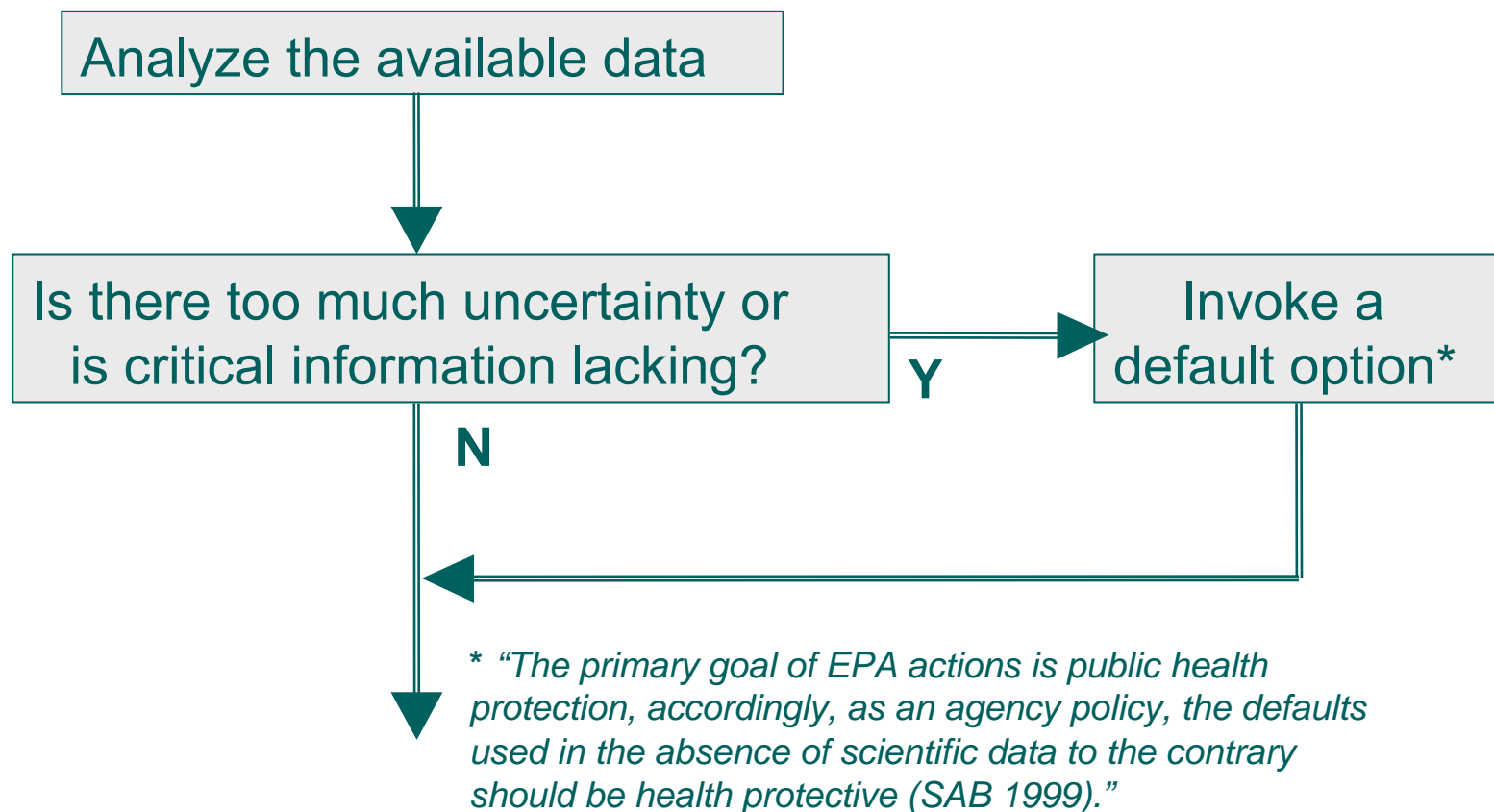
- Guidelines for Carcinogen Risk Assessment (2005)
- Guidelines for Chemical Mixtures Risk Assessment (1986)
- Guidelines for Ecological Risk Assessment (1998)
- Guidelines for Neurotoxicity Risk Assessment (1998)
- Guidelines for Reproductive Toxicity Risk Assessment (1996)
- Guidelines for Exposure Assessment (1992)
- Guidelines for Developmental Toxicity Risk Assessment (1991)
- Guidelines for Mutagenicity Risk Assessment (1986)



# Paradigm Shift in 2005

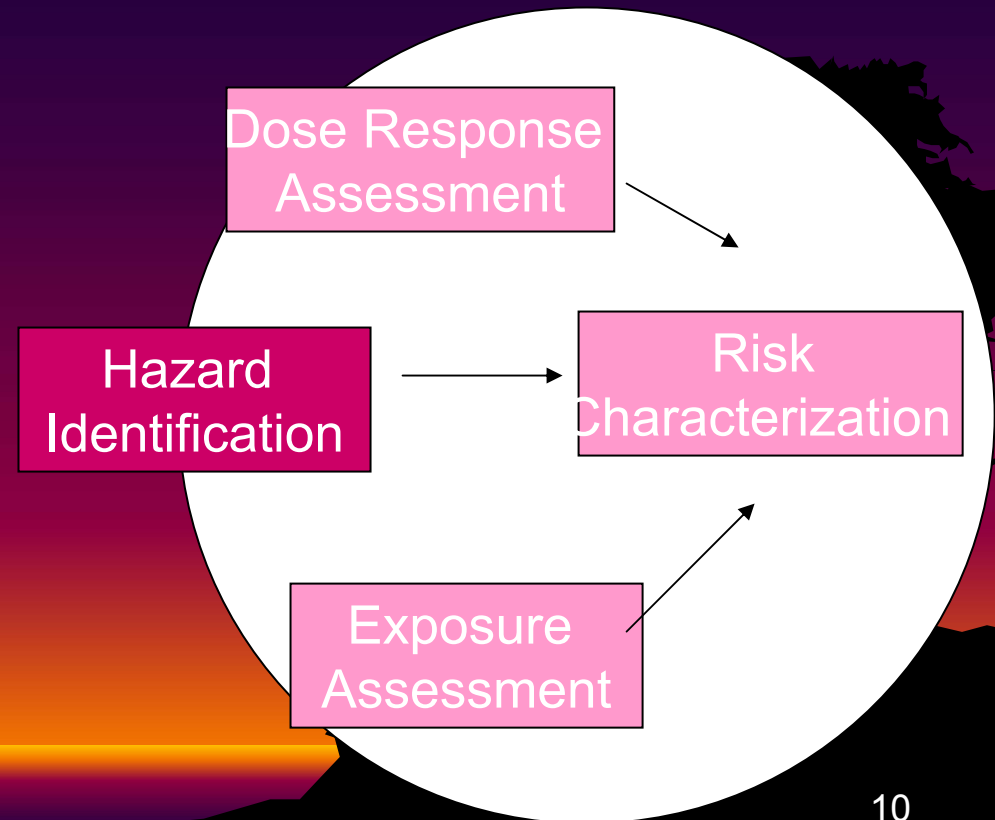
## Use of Default Options

**Guidelines emphasize analysis of data before use of default options.**



# Hazard Identification

- Is there potential for harm, adverse effects?
- What does it do?
- (How does it do it?)



# Hazard Identification

- Weight of Evidence Judgment
  - Common to all the HI Guidelines
  - Guidelines describe data quality objectives
  - Provide guidance for weight to be given to types of data (e.g. human > animal, *in vivo* > *in vitro*)
  - Both negative and positive data considered

# 2005 Weight-of-Evidence Narrative

## Informative discussion of the scientific evidence:

- Conclusions, including a weight-of-evidence descriptor:
  - *Carcinogenic to humans*
  - *Likely to be carcinogenic to humans*
  - *Suggestive evidence of carcinogenic potential*
  - *Inadequate information to assess carcinogenic potential*
  - *Not likely to be carcinogenic to humans*
- Conditions of carcinogenicity:
  - *Route, magnitude, and duration of exposure*
  - *Susceptible populations and lifestages*
- Summary of key evidence supporting conclusions
- Summary of key default options invoked
- Summary of potential Modes of Action (MOA)

# MOA is key in Hazard Identification

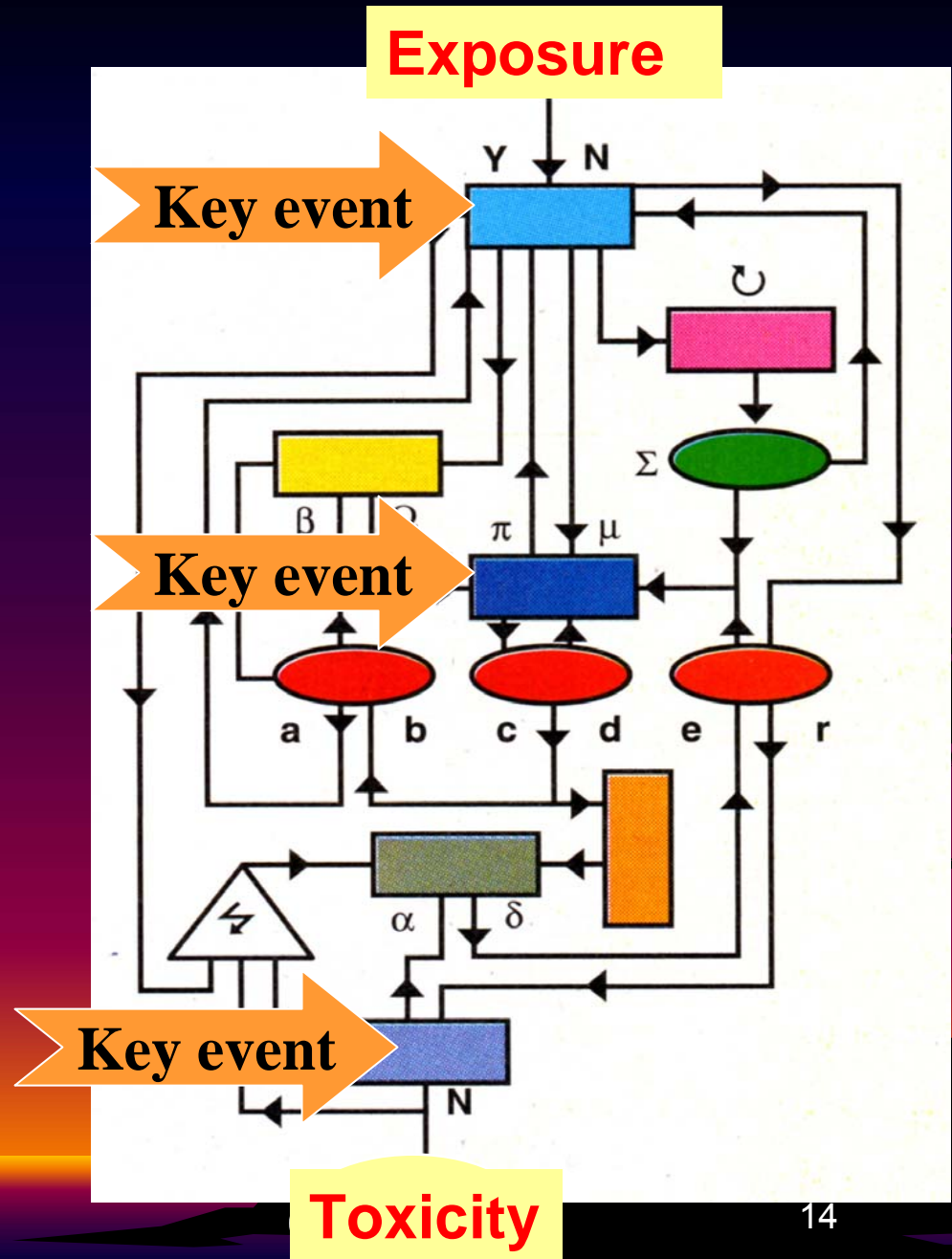
- Describe circumstances under which agent is carcinogenic (High dose? Route?)
- Relevance of data for humans
  - Alpha-2-u-globulin & kidney cancer -- male rats only
  - Atrazine effect on hypothalamic-pituitary-ovarian function -- female Sprague Dawley rat mammary tumors (but likely reproductive toxicant)

# “Mechanism of action”

(more detailed understanding at biochemical & molecular level)

VS

“Mode of action”  
(identification of **key** & **obligatory** steps)



# Mode Of Action

Chloroform

Oxidative CYP2E1 Metabolism

Phosgene



Sustained Toxicity



Regenerative Cell Proliferation

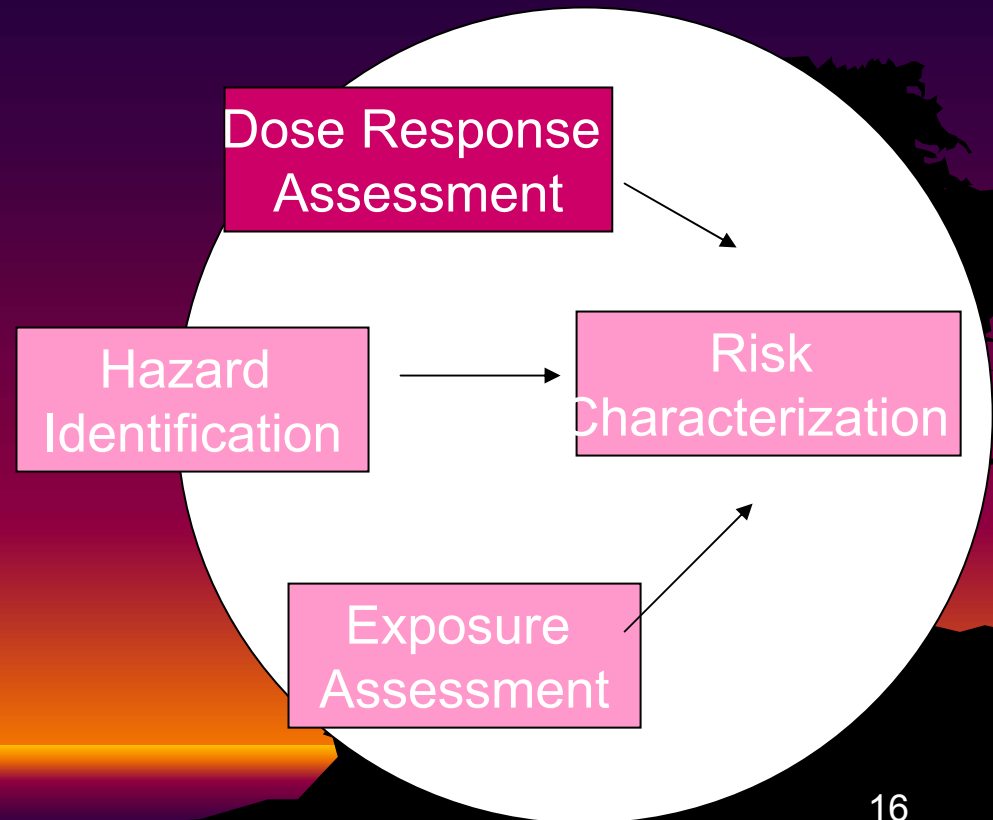


Key Events

Tumor Development<sub>15</sub>

# Dose Response

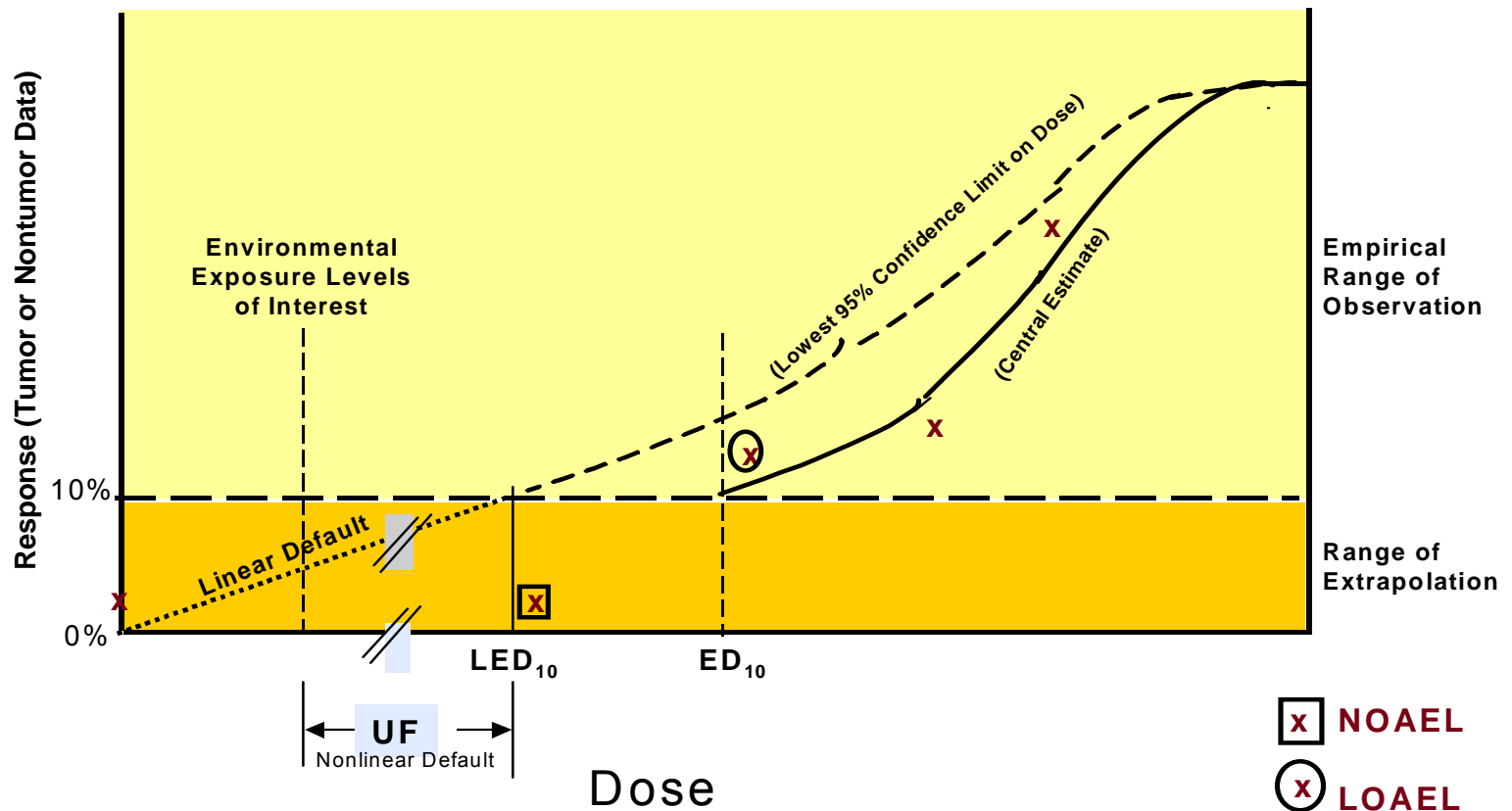
- How much of it causes what degree (or type) of effect?
- How much is “safe”?
- What risk is associated with x amount?





# MOA and Dose Response

## Two Step Dose Response Process



# Quantitative Risk Assessments

- RfD/ RfC = “safety assessment”
  - Amount with order of magnitude uncertainty that can be ingested (including sensitive human subpopulations) on a daily basis for a lifetime without expectation of adverse effect
- Slope factor = estimate of risk

# Dose Response -- 2

- Choice of low dose extrapolation depends on MOA
- Nonlinear extrapolation
  - When there is no evidence of linearity, and
  - Sufficient info to support MOA nonlinear at low doses
- Linear extrapolation
  - **Mutagenic MOA** or another MOA expected to be linear at low doses, or
  - Linear extrapolation is default when data do not establish the MOA

# MOA and Kids

- *Supplemental Guidance for Assessing Susceptibility from Early-Life Exposure to Carcinogens*
  - Effects observed in childhood
  - Early life exposures contributing later life effects

<http://cfpub.epa.gov/ncea/raf/recordisplay.cfm?deid=116283>

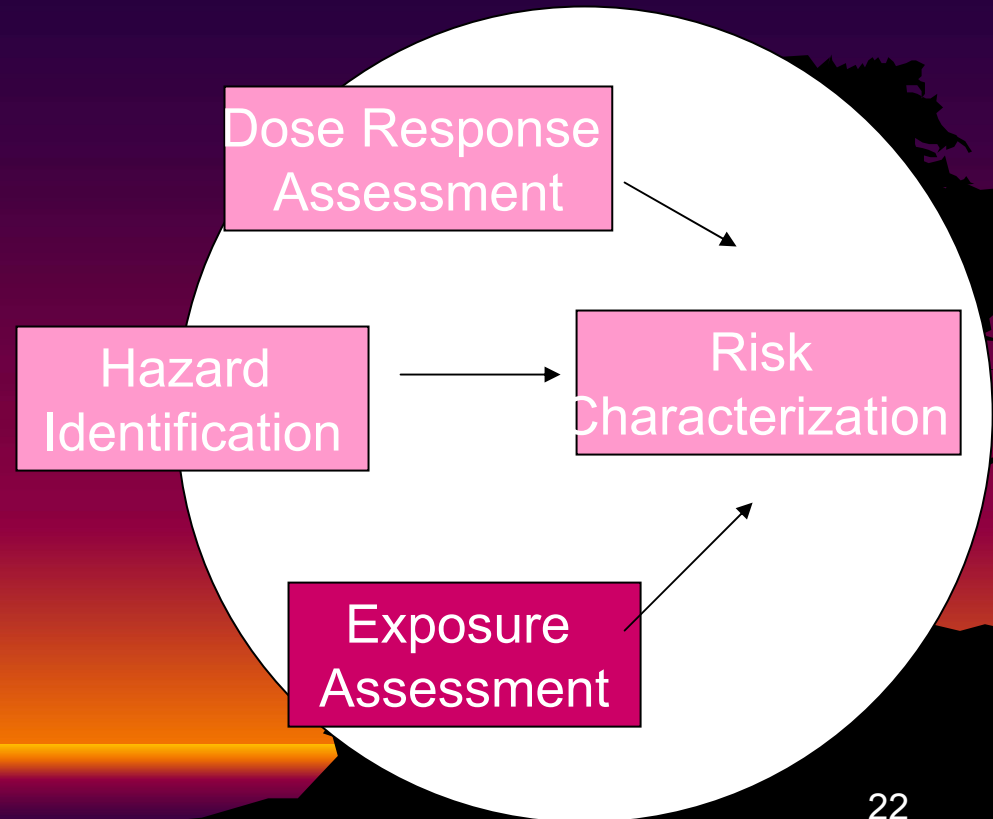


# Kids Guidance

- Use age-specific values for exposure and potency
- When data permit, develop separate potency estimates for childhood exposure
- In risk characterization, **mutagenic MOA** risk is increased by age-dependent adjustment factor (used with exposure info for age group)
  - <2 yrs old, 10 fold
  - 2 to < 16yrs, 3 fold
- No MOA, use linear extrapolation without ADAF; non-linear MOA, do not use ADAF

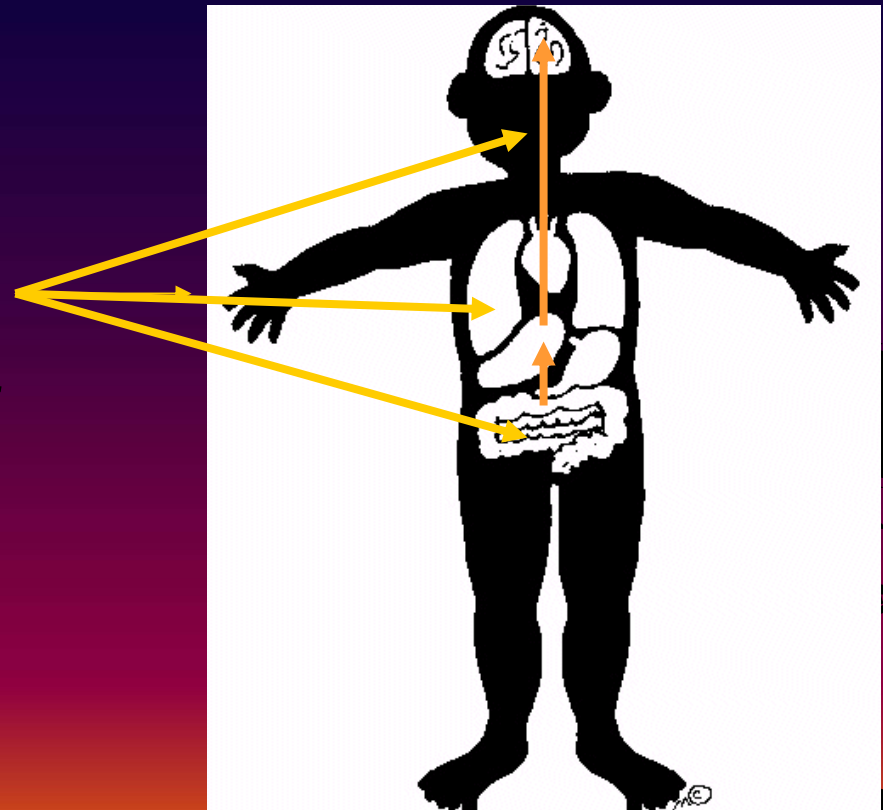
# Exposure Assessment

- How much of an agent reaches an individual? (How much gets to the target tissue?)
- How does it reach the individual?
- How long does exposure last?
- How frequently does the exposure occur?
- How many people are exposed?



# Exposure-Dose

- **Exposure** - how much of an agent is available to a human
- **Dose** - how much of that agent is absorbed through the skin, lungs or GI tract that reaches an organ



# Sources → Pathways → Routes



Food

Ingestion

Drinking  
Water



Breast  
feeding

Hand-to-  
mouth



Air

Contact  
with  
hazardous  
substances

Inhalation

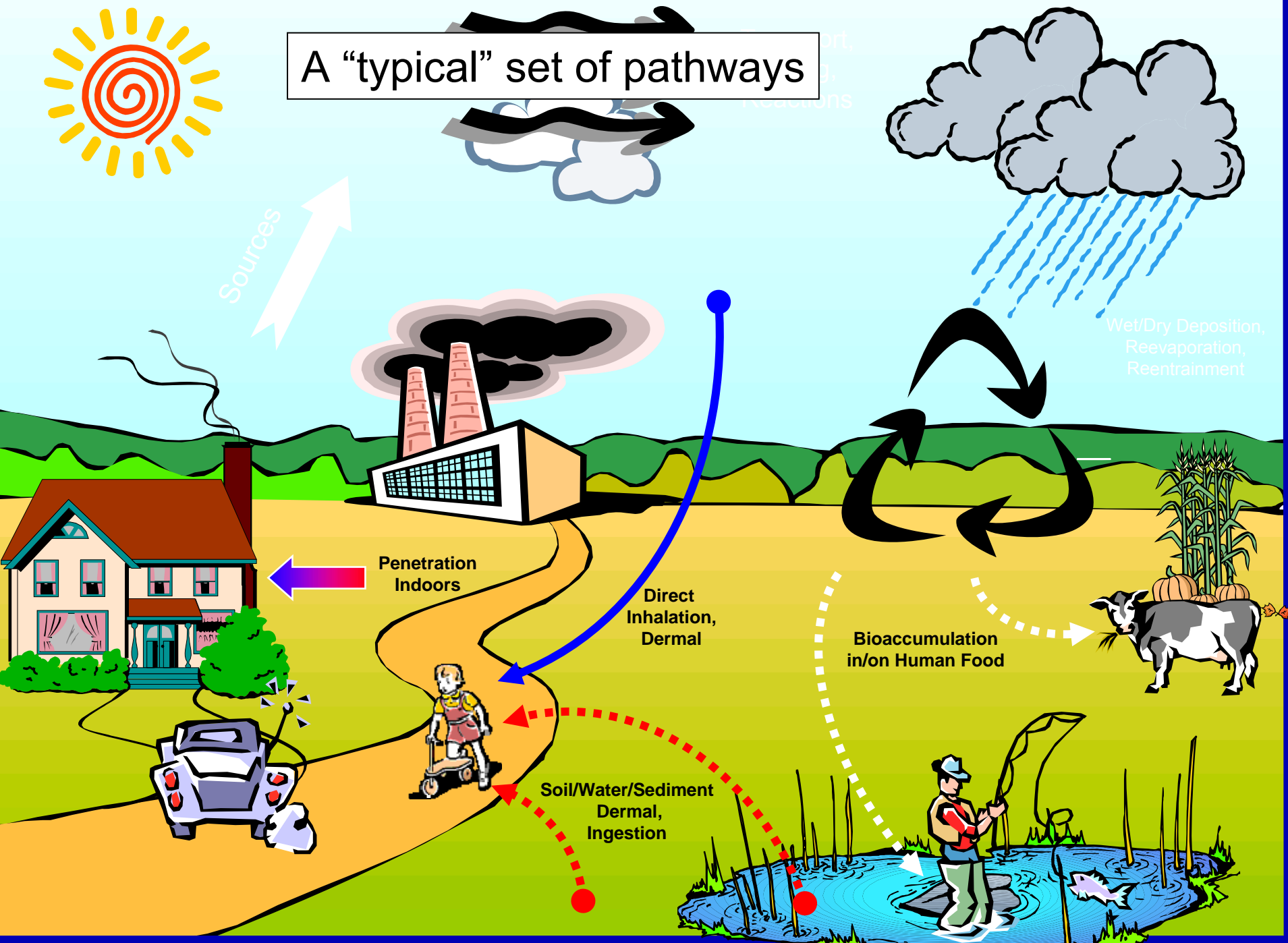
Dermal



All pathways are not common to all people.



# A "typical" set of pathways



Your “typical” pathways may be different.



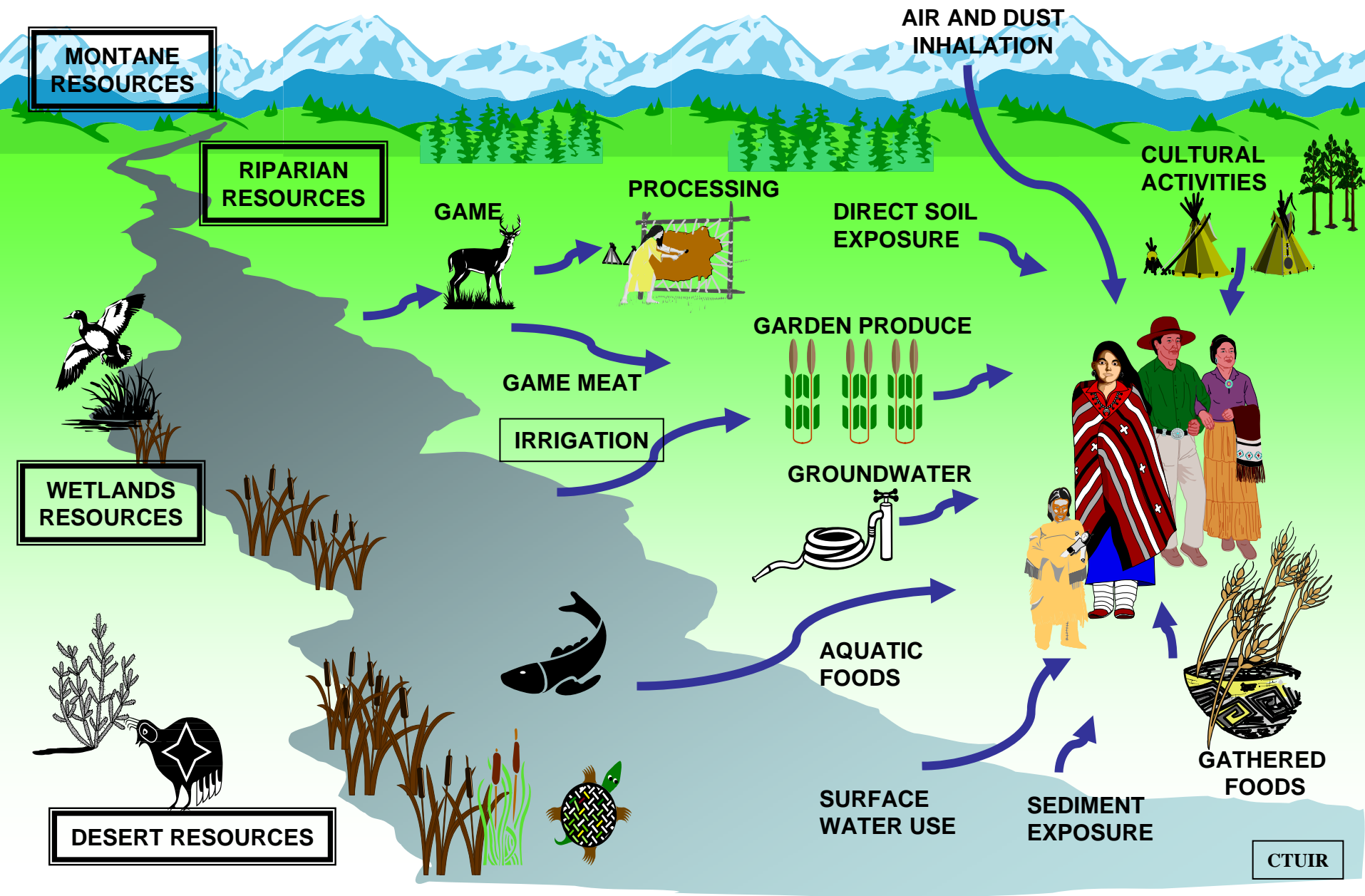
c)



d)



**Tribal EXPOSURE SCENARIO = numerical description of a traditional lifestyle.**



# ASSESS EXPOSURE

## Five Basic Variables Used to Estimate Intake

- Exposure Point Concentrations:



- Contact Rate:



- Exposure Frequency/Duration:



- Body Weight:



- Exposure Averaging Time:





# Exposure Equation

$$\text{Dose} = \frac{C \times CR \times EFD}{BW \times AT}$$

<b>Dose</b>	<b>= Daily intake of contaminant (Exposure)</b>
<b>C</b>	<b>= Concentration in medium</b>
<b>CR</b>	<b>= Contact rate with medium</b>
<b>EFD</b>	<b>= Exposure frequency and duration</b>
<b>BW</b>	<b>= Body weight</b>
<b>AT</b>	<b>= Averaging time</b>

# Exposure Assessments

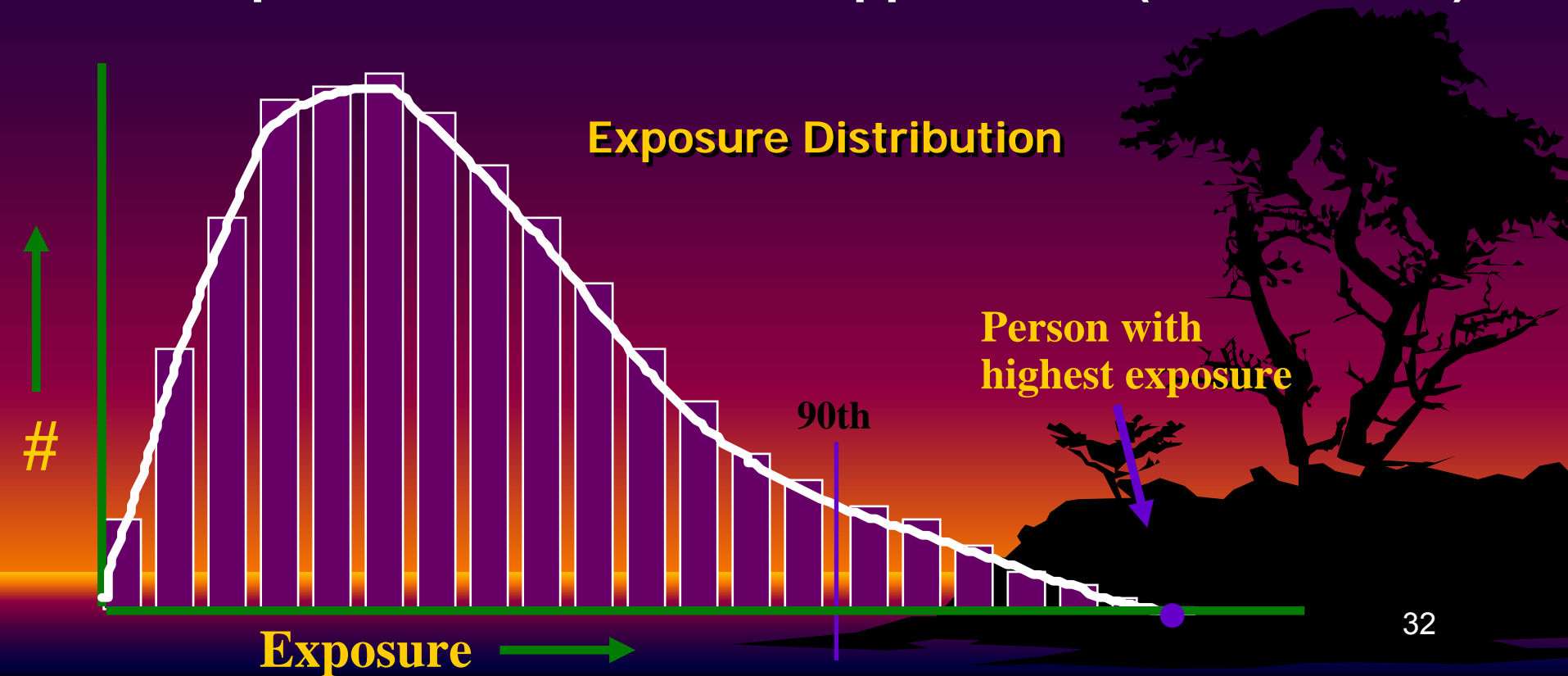
- Central Tendency
  - Estimate of average amount of exposure for exposed population
  - Based on amount, frequency, and duration of exposure.
- High End
  - Estimate of highest dose actually experienced by some individuals
  - Generally 90<sup>th</sup> percentile or greater

# Use Data in Modeled Estimates

## Risk Descriptors

- Central Estimates
- High End
- Reasonable Worst Case
- Theoretical Upper Bound Estimate (TUBE)

## Development of Probabilistic Approaches (Monte Carlo)





# Use of Defaults when no Data

## Superfund Defaults vs. Tribal Assumptions Used by Region

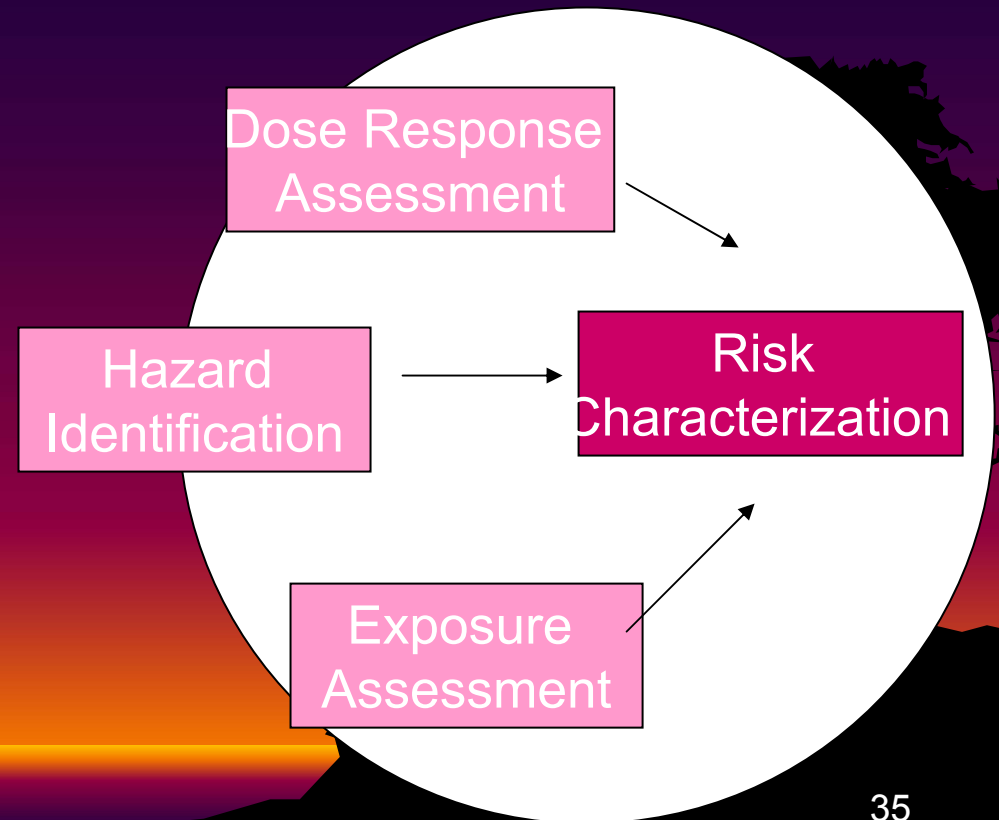
	Superfund Adult Defaults	Tribal Adult Assumptions
<b>Years of Adult Exposure</b>	24 years	64 years
<b>Soil Ingestion</b>	100 mg/day	300 mg/day
<b>Sweat Lodge (inhaling volatiles)</b>	No Superfund default	365 day/year, 2 hours per day
<b>Hunting (meat consumption)</b>	No Superfund default	1,185 grams/day (2.6 lbs per day)
<b>Fish consumption</b>	No Superfund default (17.5 grams per day (0.26 lbs/week) is low end)	97.5 grams per day (1.5 lb/week) 175 grams per day (2.7 lbs/week) 598 grams per day (9.2 lbs/week)

# Exposure Assessment

- Most common
  - One chemical – one route
- Newer approaches
  - Aggregate – one chemical / all routes
  - Cumulative – multiple chemical agents/stressors (same MOA) – all routes
  - Mixtures – multiple chemicals

# Risk Characterization

- Is there a risk from a specific scenario?
  - Spill
  - Point source
  - Drinking water source
- What is the degree of hazard?
- What are the uncertainties?
- What are the assumptions?



# Not all EPA “risk assessments” Cover All 4 Components

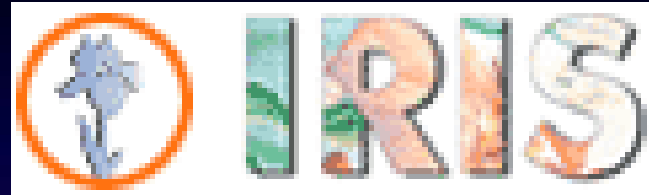
- CWA criteria
  - Hazard ID, Dose Response, and part of an exposure assessment.
  - But does consider some aggregate risk
  - And deals with some non-chemical stressors

# National Ambient Water Criterion Equation

$$AWQC = RfD \cdot RSC \cdot \left( \frac{BW}{DI + \sum_{i=2}^4 (FI_i \cdot BAF_i)} \right)$$

RSC	= Relative Source Contribution
DI	= Drinking Water Intake
FI	= Fish Intake
BAF	= Bioaccumulation Factor

# Hazard ID and Dose Response on



- Cancer classification
- Reference Dose / Concentration and description of toxicity
- Link to supporting documents
- These are consensus assessments of EPA
  - Peer reviewed



## - 2

- Deals only with chronic (lifetime exposure)
- Does not focus on developmental, repro., immunotox.
- Some are more current than others
- Few MOA

A	<i>Human carcinogen</i>	<i>Sufficient human evidence</i>
B1 B2	<i>Probable human carcinogen</i>	<i>Limited human evidence</i> <i>Sufficient animal evidence</i>
C	<i>Possible human carcinogen</i>	<i>Limited animal evidence</i>
D	<i>Not classifiable</i>	<i>Inadequate human and animal evidence</i>
E	<i>Evidence of noncarcinogenicity</i>	<i>Sufficient negative evidence</i>

# A Brief Example of a National Risk Assessment



# National MeHg Advice

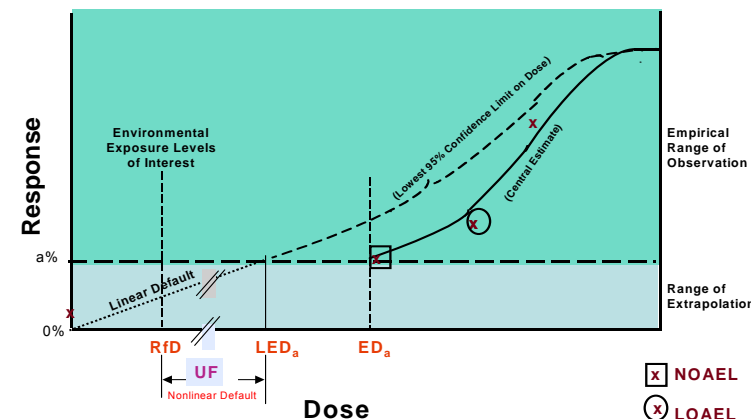
- National advice on fish consumption to reduce exposure to methylmercury
- Advice is not a risk assessment but used RA as one of the bases for advice
- Jointly issued by FDA and EPA
  - Incorporated stakeholder input
  - Incorporated peer review
  - Incorporated policy at several levels

# MeHg Hazard Characterization

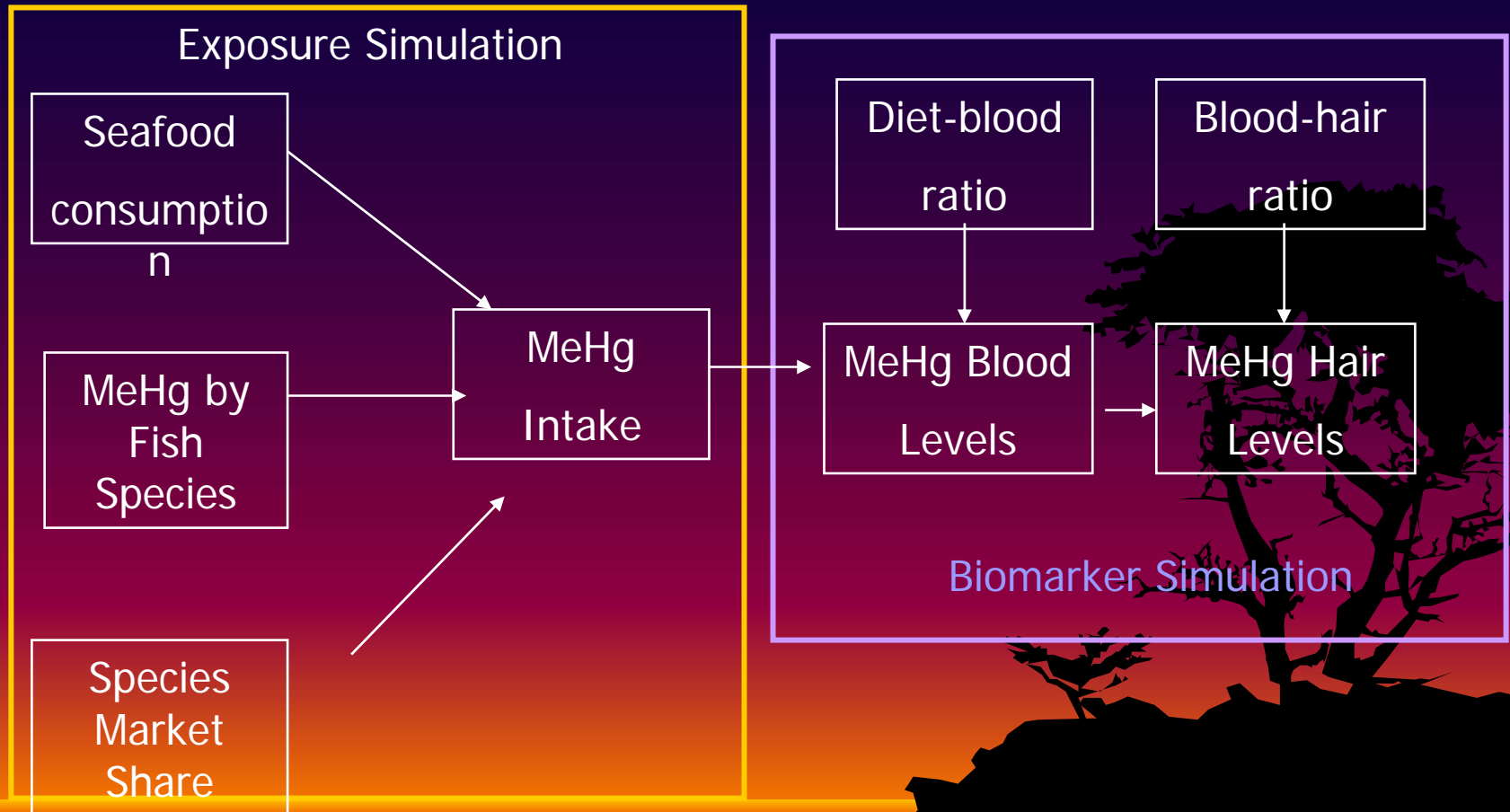
- Effects of adult exposure or during development range from mortality through subtle effects on ability to learn
  - **Effects on adults** included death, paresthesia, tremors, ataxia, **hearing and vision impairment, balance and speech disturbances, motor difficulties**
    - Cases of neurological effects in adults have been seen in the U.S.
  - **Children** born to mothers exposed during pregnancy exhibited cerebral palsy-like symptoms, delayed walking/talking, **delayed startle responses, subtle neurological effects, effects on tests related to ability to learn and process information**
  - **Not likely to be a human carcinogen** (Tumors are seen in animals only at extremely toxic doses; neurological effects are observed at orders of magnitude lower exposures)
- **Developing nervous system is a sensitive target for low dose MeHg exposure**
- Human and animal evidence of **cardiovascular** effects – from adult and *in utero* exposure
- Animal evidence of immune and reproductive effects
- Mode of action is not established

# MeHg Dose Response

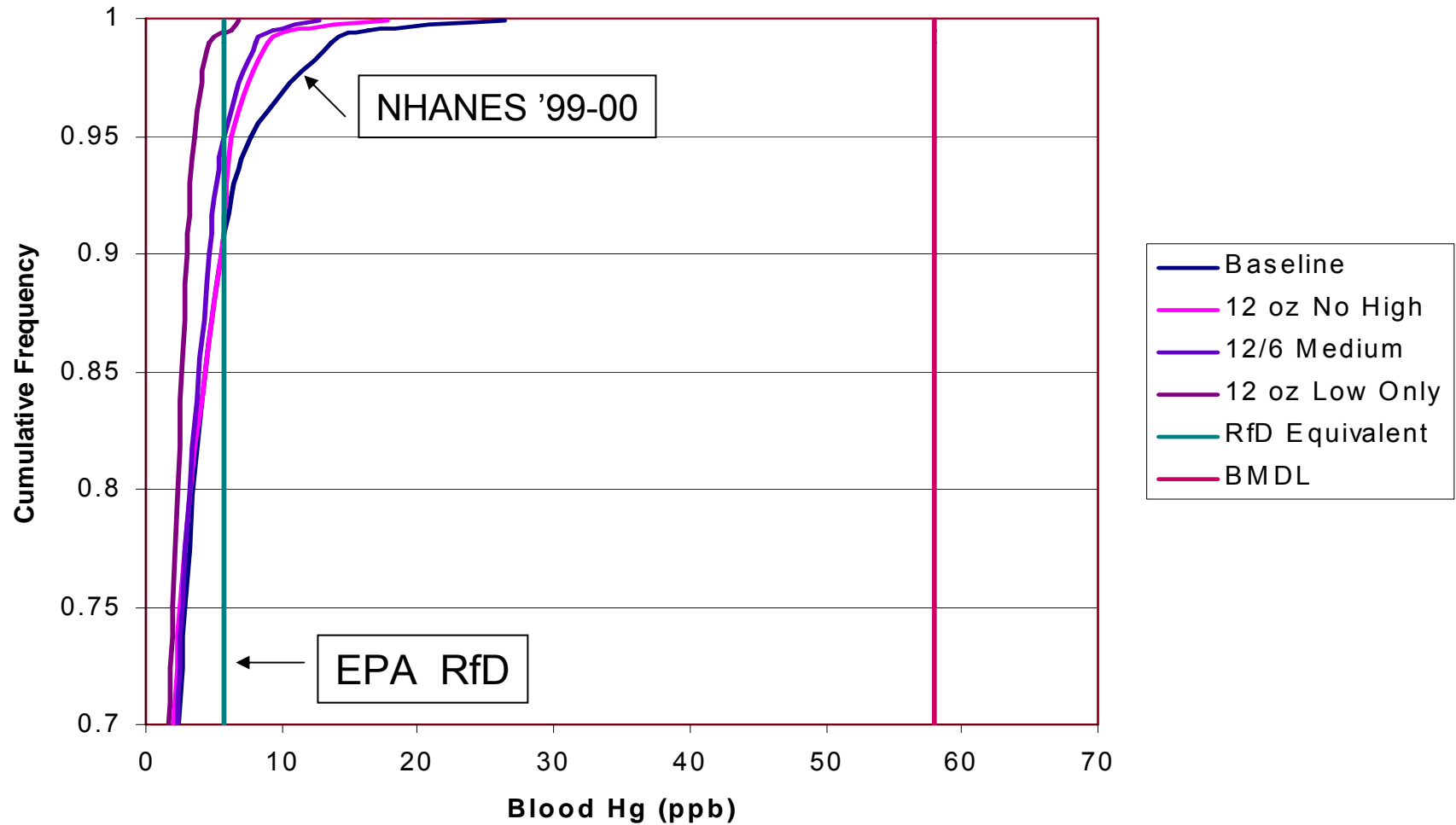
- **RfD =  $0.1 \mu\text{g/kg/day}$**  (about 1.1 ppm hair, 5.8 ug/L blood) neuropsychological effects in children exposed *in utero* through maternal seafood consumption; includes consideration of Faroes, Seychelles, New Zealand data. “The test scores are all indications of neuropsychological processes involved with a child’s ability to learn and process information.” (NRC 2001)
  - The benchmark dose for methylmercury is a level at which one would expect a doubling of the number of poor performers on these tests (from 5% to 10% of the population)
  - Used Boston Naming Test as example—  
BMDL = 58 ug mercury / L blood  
Uncertainty factor is small – 10; thus there is not much of a margin of exposure between an effect level and the RfD



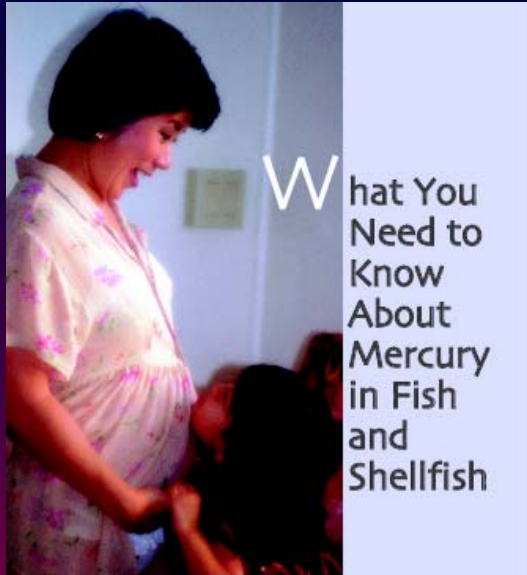
# MeHg Exposure Model Overview



# Risk Characterization



# Risk Management



*Advice for*

Women Who Might Become Pregnant  
Women Who are Pregnant  
Nursing Mothers  
Young Children

*from the*  
U.S. Food and Drug Administration  
U.S. Environmental Protection Agency

These efforts to avoid exposure must be coupled with actions to reduce mercury contamination of the environment



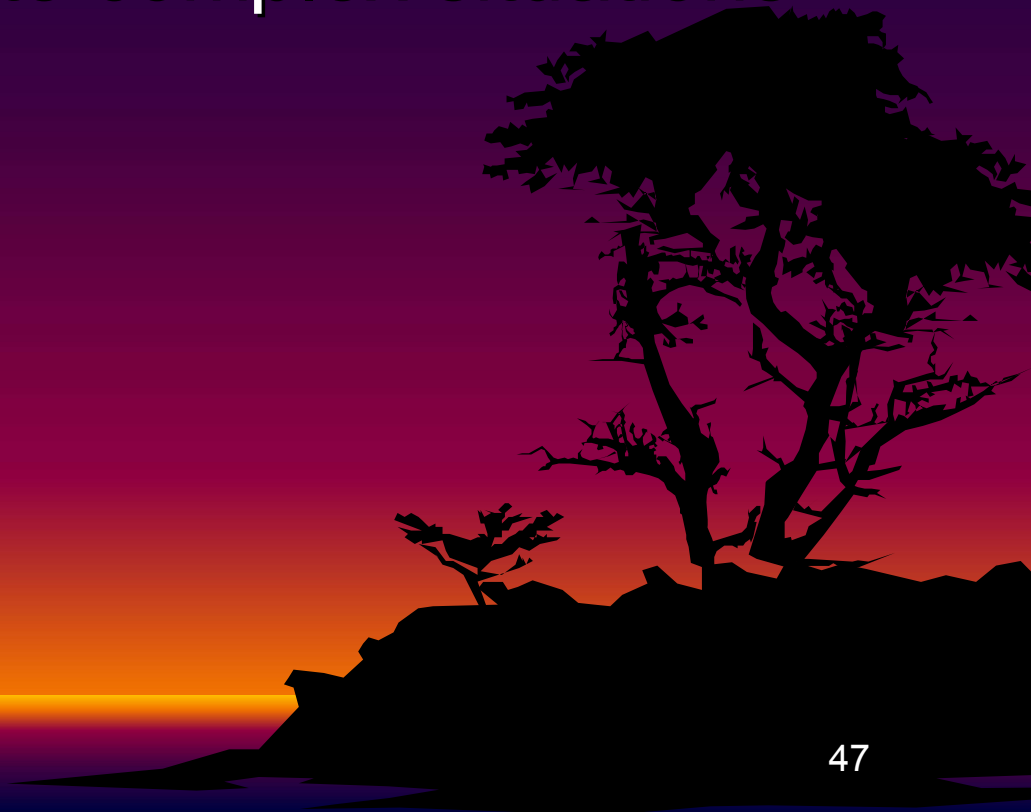
*Aviso de*

Las Mujeres en Edad Fertil  
Las Mujeres Embarazadas  
Las Madres Lactantes  
Los Niños Pequeños

*De parte de*  
U.S. Food and Drug Administration  
U.S. Environmental Protection Agency

# Risk Communication

- Would take another day long course
- Must communicate complex situations
  - Simply
  - Consistently
  - Completely
  - Respectfully



# Useful Websites

- Guidelines

- <http://cfpub.epa.gov/ncea/raf/recordisplay.cfm?deid=55907>

- Cancer guidelines

- <http://cfpub.epa.gov/ncea/raf/recordisplay.cfm?deid=116283>

- IRIS

- <http://www.epa.gov/iris/index.html>





# What's Different from 1986?

- Analyze data before invoking default options.
- Mode of action is key in decisions
- Weight-of-evidence narrative replaces the previous “A-B-C-D-E” classification scheme.
- Two step dose response assessment
  - Model in observed range
  - Extrapolate from point of departure
- Consider linear and non-linear extrapolation
- Address differential risks to children