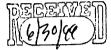


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By Federal Express

June 22, 1999



Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition U.S. Food and Drug Administration 200 c St. SW Washington, DC 20204

RE: Notification for Certain Types of Statements on Dietary Supplements.

Dear Sir or Madam:

As required by Section 403 (r)(6)(c) of the Food, Drug and Cosmetic Act, Pharmanex Inc., 2000 Sierra Point Parkway, Brisbane, California 94005, intends to market a dietary supplement product with the following labeling statements of nutritional support:

Product identified as **High Five** with the following labeling statements:

• IDN High Five contains a winning combination of powerful ingredients formulated to assist in post exercise muscle maintenance.

I certify that the information contained in this notice is complete and accurate and that Pharmanex, Inc. has substantiation that these statements are truthful and not misleading.

Sincerely,

Carsten Smidt

Director of Nutrition Research

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