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Variable name/description:	Dataset:	
ACTIV_IV	activity score (cal/kg/day) - iv	SUMMARY
ACTIV_SV	activity score (cal/kg/day) - sv	SUMMARY
AGE_REL	age in five year age groups	SUMMARY
ALC_G	grams of alcohol consumed	DAILY
ALC1	avg alcohol (units) - week 1	SUMMARY
ALC10	avg alcohol (units) - week 10	SUMMARY
ALC11	avg alcohol (units) - week 11	SUMMARY
ALC2	avg alcohol (units) - week 2	SUMMARY
ALC3	avg alcohol (units) - week 3	SUMMARY
ALC4	avg alcohol (units) - week 4	SUMMARY
ALC5	avg alcohol (units) - week 5	SUMMARY
ALC6	avg alcohol (units) - week 6	SUMMARY
ALC7	avg alcohol (units) - week 7	SUMMARY
ALC8	avg alcohol (units) - week 8	SUMMARY
ALC9	avg alcohol (units) - week 9	SUMMARY
ALCOHOL	alcohol g	NUTDIET
	amount alcohol drinks per week	SUMMARY
	alcohol g	NUTUNIT
APPETITE	poor appetite	SIDEEFF
ASH	ash g	NUTDIET
	ash g	NUTUNIT
ATTEND	attendance score	DAILY
AVDBP	mean of 2 dbp measurements	DAILY
AVGIVCAL	avg iv (week 10) calorie level	SUMMARY
AVGRICAL	avg runin calorie level	SUMMARY
AVGSUBSC	avg subscapular skinfold	SUMMARY
AVGTRICP	avg tricep skinfold	SUMMARY
AVSBP	mean of 2 sbp measurements	DAILY
AWAKE	dummy: participant awake	ABPM
B_ADBPDY	beg. of study dbp: abpm daytime	SUMMARY
B_ADBPNT	beg. of study dbp: abpm night	SUMMARY
B_ADBPPK	beg. of study dbp: abpm peak	SUMMARY
B_ASBDY	beg. of study sbp: abpm daytime	SUMMARY
B_ASBPNT	beg. of study sbp: abpm night	SUMMARY
B_ASBPPK	beg. of study sbp: abpm peak	SUMMARY
BASEWT	beginning-of-study weight (last 13 ri)	SUMMARY
BCALC	blood ionized calcium	LAB
BGLU	blood glucose	LAB
BINS	blood insulin	LAB
BLOATING	bloating	SIDEEFF
BOS_ADBP	beg. of study dbp: abpm 24 hr	SUMMARY
BOS_ASBP	beg. of study sbp: abpm 24 hr	SUMMARY
BOS_DBP	beginning of study dbp	SUMMARY

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Variable name/description:	Dataset:	
BOS_SBP	beginning of study sbp	SUMMARY
BPFIX	end of study bp created per vollmer	SUMMARY
BPMEDS	ever taken meds to control bp	SUMMARY
BPTH	blood pth	LAB
BREN	blood renin	LAB
BVITD	blood vitamin d	LAB
CAFF	caffeinated bevs consumed	DAILY
CAFF1	avg caffeine - week 1	SUMMARY
CAFF10	avg caffeine - week 10	SUMMARY
CAFF11	avg caffeine - week 11	SUMMARY
CAFF2	avg caffeine - week 2	SUMMARY
CAFF3	avg caffeine - week 3	SUMMARY
CAFF4	avg caffeine - week 4	SUMMARY
CAFF5	avg caffeine - week 5	SUMMARY
CAFF6	avg caffeine - week 6	SUMMARY
CAFF7	avg caffeine - week 7	SUMMARY
CAFF8	avg caffeine - week 8	SUMMARY
CAFF9	avg caffeine - week 9	SUMMARY
CAFFEINE	caffeine mg	NUTDIET
	caffeine mg	NUTUNIT
CALC	calcium mg	FFQ
CALCIUM	calcium, ca mg	NUTUNIT
	calcium, ca mg	NUTDIET
CALLEV	calorie level (imputed)	DAILY
	calorie level	FALCC
	dash calorie level	NUTDIET
CALLEV1	avg calorie level - week 1	SUMMARY
CALLEV10	avg calorie level - week 10	SUMMARY
CALLEV11	avg calorie level - week 11	SUMMARY
CALLEV2	avg calorie level - week 2	SUMMARY
CALLEV3	avg calorie level - week 3	SUMMARY
CALLEV4	avg calorie level - week 4	SUMMARY
CALLEV5	avg calorie level - week 5	SUMMARY
CALLEV6	avg calorie level - week 6	SUMMARY
CALLEV7	avg calorie level - week 7	SUMMARY
CALLEV8	avg calorie level - week 8	SUMMARY
CALLEV9	avg calorie level - week 9	SUMMARY
CARBOS	carbohydrates g	NUTDIET
	carbohydrates g	NUTUNIT
CAROT	pro-a carotenes mcg	FFQ
CHG_ADBP	change in dbp: abpm	SUMMARY
CHG_ASBP	change in sbp: abpm	SUMMARY
CHG_DBP	pre-post change in dbp	SUMMARY
CHG_SBP	pre-post change in sbp	SUMMARY
CHG_WT	change in wt (iv10wt-basewt)	SUMMARY
CHOLEST	cholesterol mg	FFQ
CHOLESTE	cholesterol mg	NUTUNIT

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Variable name/description:	Dataset:
CHOLESTE	cholesterol mg NUTDIET
CHOLHDL	total chol/hdl ratio LAB
COHORT	cohort FFQ
	cohort SUMMARY
	cohort DAILY
	cohort POSTANON
	cohort SIDEFF
	cohort ABPM
	cohort LAB
COMPFEED	completed intervention feeding? SUMMARY
COMPSC	compliance score (no dev vs any) DAILY
COMPSC1	avg compliance score - week 1 SUMMARY
COMPSC10	avg compliance score - week 10 SUMMARY
COMPSC11	avg compliance score - week 11 SUMMARY
COMPSC2	avg compliance score - week 2 SUMMARY
COMPSC3	avg compliance score - week 3 SUMMARY
COMPSC4	avg compliance score - week 4 SUMMARY
COMPSC5	avg compliance score - week 5 SUMMARY
COMPSC6	avg compliance score - week 6 SUMMARY
COMPSC7	avg compliance score - week 7 SUMMARY
COMPSC8	avg compliance score - week 8 SUMMARY
COMPSC9	avg compliance score - week 9 SUMMARY
CONSTIP	constipation SIDEFF
COPPER	copper, cu mg NUTDIET
	copper, cu mg NUTUNIT
CURCA	urinary calcium (mg/24hr) LAB
CURCL	urinary chloride (mg/24hr) LAB
CURCR	urinary creatinine (mg/24hr) LAB
CURK	urinary potassium (mg/24hr) LAB
CURMG	urinary magnesium (mg/24hr) LAB
CURNA	urinary sodium (mg/24hr) LAB
CURPH	urinary phosphorus (mg/24hr) LAB
CURUN	urinary urea nitrogen (mg/24hr) LAB
DAY	day of week (1-7) DAILY
DBP	abpm diastolic bp ABPM
DBP1	avg dbp - week 1 SUMMARY
DBP10	avg dbp - week 10 SUMMARY
DBP11	avg dbp - week 11 SUMMARY
DBP2	avg dbp - week 2 SUMMARY
DBP3	avg dbp - week 3 SUMMARY
DBP4	avg dbp - week 4 SUMMARY
DBP5	avg dbp - week 5 SUMMARY
DBP6	avg dbp - week 6 SUMMARY
DBP7	avg dbp - week 7 SUMMARY
DBP8	avg dbp - week 8 SUMMARY
DBP9	avg dbp - week 9 SUMMARY
DEV	entered dev SUMMARY

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Variable name/description:	Dataset:
DGROUP1	dash group 1: dairy (reg) FFQ
DGROUP2	dash group 2: dairy (low-fat) FFQ
DGROUP3	dash group 3: grains FFQ
DGROUP4	dash group 4: fruits & juices FFQ
DGROUP5	dash group 5: vegetables FFQ
DGROUP6	dash group 6: red meats FFQ
DGROUP7	dash group 7: poultry FFQ
DGROUP8	dash group 8: fish FFQ
DIARRHEA	diarrhea SIDEFF
DIETFIB	fiber, total dietary g NUTUNIT fiber, total dietary g NUTDIET dietary fiber FFQ
DIFF1	q4 1st most difficult study aspect SUMMARY
DIFF2	q5 2nd most difficult study aspect SUMMARY
DIFF3	q5 3rd most difficult study aspect SUMMARY
DOC_HBP	doctor tell you had high blood pressure SUMMARY
DRYMOUTH	dry mouth SIDEFF
E_ADBPDY	end of study dbp: abpm daytime SUMMARY
E_ADBPNT	end of study dbp: abpm night SUMMARY
E_ADBPPK	end of study dbp: abpm peak SUMMARY
E_ASBDY	end of study sbp: abpm daytime SUMMARY
E_ASBPNT	end of study sbp: abpm night SUMMARY
E_ASBPPK	end of study sbp: abpm peak SUMMARY
EDU_REL	education completed SUMMARY
EMP_REL	employment status SUMMARY
ENERGY	total energy consumed DAILY
ENERGY1	avg energy level - week 1 SUMMARY
ENERGY10	avg energy level - week 10 SUMMARY
ENERGY11	avg energy level - week 11 SUMMARY
ENERGY2	avg energy level - week 2 SUMMARY
ENERGY3	avg energy level - week 3 SUMMARY
ENERGY4	avg energy level - week 4 SUMMARY
ENERGY5	avg energy level - week 5 SUMMARY
ENERGY6	avg energy level - week 6 SUMMARY
ENERGY7	avg energy level - week 7 SUMMARY
ENERGY8	avg energy level - week 8 SUMMARY
ENERGY9	avg energy level - week 9 SUMMARY
ENERGYKC	energy, kcal NUTUNIT energy, kcal NUTDIET
ENERGYKJ	energy, kj NUTDIET energy, kj NUTUNIT
ENJOY	q3 what did you most enjoy about study SUMMARY
EOS_ADBP	end of study dbp: abpm 24 hr SUMMARY
EOS_ASBP	end of study sbp: abpm 24 hr SUMMARY
EOS_DBP	end-of-study diastolic bp SUMMARY
EOS_SBP	end-of-study systolic bp SUMMARY
EXCREAS	reason for exclusion SUMMARY

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Variable name/description:	Dataset:
EXERCISE reduce bp: increase physical exercise	SUMMARY
EXTHIRST excessive thirst	SIDEEFF
FAMHXDIA family hx of diabetes	SUMMARY
FAMHXHAT family hx of heart attack	SUMMARY
FAMHXHTN family hx of hypertension	SUMMARY
FAMHXKID family hx of kidney prob	SUMMARY
FAMHXSTR family hx of stroke	SUMMARY
FAT fat g	NUTDIET
FAT fat g	NUTUNIT
FATIGUE fatigue or low energy level	SIDEEFF
FELT overall, during the past 2 wks, i felt	SIDEEFF
FIRSTCAL initial calorie level	SUMMARY
FOLATE folate µg	NUTUNIT
FOLATE folate mcg	NUTDIET
FOLATE folate mcg	FFQ
HDL hdl	LAB
HIBP dummy: hypertensive at baseline	SUMMARY
HOURTIME time of reading: 0:00-24:00	ABPM
HT_REL height (cm)	SUMMARY
ID_REL participant id	LAB
ID_REL participant id	SIDEEFF
ID_REL participant id	ABPM
ID_REL participant id	DAILY
ID_REL participant id	SUMMARY
ID_REL participant id	FFQ
INCOME_R total household income	SUMMARY
INCOME_R q27: total household income	POSTANON
IRON iron, fe mg	NUTDIET
IRON iron, fe mg	NUTUNIT
IRON iron mg	FFQ
ITCHYSKI itchy skin or hives	SIDEEFF
LDL ldl	LAB
LDLHDL ldl/hdl ratio	LAB
LITEHEAD lightheadedness when standing up	SIDEEFF
LOSEWGT reduce bp: lose weight	SUMMARY
MAGNES magnesium, mg mg	NUTDIET
MAGNES magnesium, mg mg	NUTUNIT
MAGNES magnesium mg	FFQ
MANGANES manganese, mn mg	NUTUNIT
MANGANES manganese, mn mg	NUTDIET
MARITAL marital status	SUMMARY
MEDSANY any meds reported on elig q?	SUMMARY
MEDSESTR taking estrogen meds	SUMMARY
MEDSLIPD taking lipid lowering meds	SUMMARY
MENSTR menstruating?	DAILY
MUFA fatty acids, monounsatu g	NUTUNIT
MUFA fatty acids, monounsaturated g	NUTDIET

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Variable name/description:	Dataset:	
NAUSEA	nausea or upset stomach	SIDEEFF
NIACIN	niacin, nicotinic acid mg	NUTDIET
	niacin, nicotinic acid mg	NUTUNIT
	niacin mg	FFQ
PANTOTHE	pantothenic acid mg	NUTUNIT
	pantothenic acid mg	NUTDIET
PCT_MUFA	% of cals from mufa	FFQ
PCT_PUFA	% of cals from pufa	FFQ
PCT_SFA	% of cals from sfa	FFQ
PCTALC	% of cals from alcoholic bev	FFQ
PCTCARB	% of calories from carb %	NUTUNIT
	carbohydrates kcal %	NUTDIET
	% of calories from carbohydrates	FFQ
PCTFAT	% of calories from fat %	NUTUNIT
	% of calories from fat	FFQ
	fat kcal %	NUTDIET
PCTMUFA	% of calories from mono %	NUTUNIT
	monounsaturated fatty acids kcal %	NUTDIET
PCTPRO	% of calories from protein	FFQ
PCTPROT	% of calories from prot %	NUTUNIT
	protein kcal %	NUTDIET
PCTPUFA	% of calories from poly %	NUTUNIT
	polyunsaturated fatty acids kcal %	NUTDIET
PCTSATF	saturated fat kcal %	NUTDIET
	% of calories from satu %	NUTUNIT
PCTSWEET	% of cals from sweets	FFQ
PHOS	phosphorus mg	FFQ
PHOSPHOR	phosphorus, p mg	NUTUNIT
	phosphorus, p mg	NUTDIET
POTASS	potassium mg	FFQ
POTASSIU	potassium, k mg	NUTDIET
	potassium, k mg	NUTUNIT
PROTEIN	protein g	NUTUNIT
	protein g	NUTDIET
PS_RATIO	poly unsaturated / satu	NUTUNIT
	polyunsaturated / saturated fat r	NUTDIET
PUFA	fatty acids, polyunsatu g	NUTUNIT
	fatty acids, polyunsaturated g	NUTDIET
Q1_BENE	q1: overall exper beneficial	POSTANON
Q1_INFOR	q1: overall exper informative	POSTANON
Q1_INTER	q1: overall exper interesting	POSTANON
Q1_PLEAS	q1: overall exper pleasant	POSTANON
Q1_REGRT	q1: overall exper regret	POSTANON
Q11A	q11: how important not shopping	POSTANON
Q11B	q11: how important free food	POSTANON
Q11C	q11: how important attn dash staff	POSTANON
Q11D	q11: how important daily diary	POSTANON

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Variable name/description:	Dataset:	
Q11E	q11: how important free choice bev	POSTANON
Q11F	q11: how important raffles/incentives	POSTANON
Q11G	q11: how important family/friends	POSTANON
Q11H	q11: how important learning bp	POSTANON
Q11I	q11: how important info lab tests	POSTANON
Q11J	q11: how important learning food	POSTANON
Q11K	q11: how important monetary	POSTANON
Q11L	q11: how important discipline	POSTANON
Q12A	q12: how difficult length of study	POSTANON
Q12B	q12: how difficult family/friends	POSTANON
Q12C	q12: how difficult social pressure	POSTANON
Q12D	q12: how difficult work schedule	POSTANON
Q12E	q12: how difficult time meals	POSTANON
Q12F	q12: how difficult time bp meas	POSTANON
Q12G	q12: how difficult commute/park	POSTANON
Q12H	q12: how difficult special occas	POSTANON
Q12I	q12: how difficult blood sampling	POSTANON
Q12J	q12: how difficult urine collect	POSTANON
Q12K	q12: how difficult lack freedom	POSTANON
Q12L	q12: how difficult repetition	POSTANON
Q13A	q13: how difficult too much food	POSTANON
Q13B	q13: how difficult too little food	POSTANON
Q13C	q13: how difficult much/little meals	POSTANON
Q13D	q13: how difficult unappetizing	POSTANON
Q13E	q13: how difficult bad taste	POSTANON
Q13F	q13: how difficult lack variety	POSTANON
Q13G	q13: how difficult new foods	POSTANON
Q13H	q13: how difficult craving sweets	POSTANON
Q14A	q14: how difficult cooking others	POSTANON
Q14B	q14: how difficult side effects	POSTANON
Q14C	q14: how difficult desire other foods	POSTANON
Q2	q2: participate again?	POSTANON
Q23	q23: sex	POSTANON
Q24	q24: age	POSTANON
Q29	q29: how much formal education	POSTANON
RACE_REL	1=non-minority, 2=minority	SUMMARY
	q30: 1=non-minority, 2=minority	POSTANON
READNUM	reading number: 1-n	ABPM
REAS1	q1 main reason participating in dash	SUMMARY
REAS2	q2 secondary participation reason	SUMMARY
REAS3	q2 tertiary participation reason	SUMMARY
RED_ALC	reduce bp: reduce alcohol intake	SUMMARY
RED_SALT	reduce bp: reduced sodium intake	SUMMARY
RIADBP	average dbp during run-in	SUMMARY
RIASBP	average sbp during run-in	SUMMARY
RIBO	riboflavin (b2) mg	FFQ
RIBOFLAV	riboflavin mg	NUTUNIT

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Variable name/description:	Dataset:	
RIBOFLAV	riboflavin mg	NUTDIET
SALT	salt packets used	DAILY
SALT1	avg salt - week 1	SUMMARY
SALT10	avg salt - week 10	SUMMARY
SALT11	avg salt - week 11	SUMMARY
SALT2	avg salt - week 2	SUMMARY
SALT3	avg salt - week 3	SUMMARY
SALT4	avg salt - week 4	SUMMARY
SALT5	avg salt - week 5	SUMMARY
SALT6	avg salt - week 6	SUMMARY
SALT7	avg salt - week 7	SUMMARY
SALT8	avg salt - week 8	SUMMARY
SALT9	avg salt - week 9	SUMMARY
SBP	abpm systolic bp	ABPM
SBP1	avg sbp - week 1	SUMMARY
SBP10	avg sbp - week 10	SUMMARY
SBP11	avg sbp - week 11	SUMMARY
SBP2	avg sbp - week 2	SUMMARY
SBP3	avg sbp - week 3	SUMMARY
SBP4	avg sbp - week 4	SUMMARY
SBP5	avg sbp - week 5	SUMMARY
SBP6	avg sbp - week 6	SUMMARY
SBP7	avg sbp - week 7	SUMMARY
SBP8	avg sbp - week 8	SUMMARY
SBP9	avg sbp - week 9	SUMMARY
SEX	sex	SUMMARY
SFA	fatty acids, saturated g	NUTUNIT
	fatty acids, saturated g	NUTDIET
SITE_REL	site	FALCC
SMOK_REL	avg cigarettes smoked per day	SUMMARY
SMOKE100	smoked 100 cigarettes in entire life	SUMMARY
SMOKENOW	do you smoke cigarettes now	SUMMARY
SODIUM	sodium, na mg	NUTDIET
	sodium mg	FFQ
	sodium, na mg	NUTUNIT
STUFFNOS	stuffy nose	SIDEEFF
SV1ADBP	sv1 average dbp	SUMMARY
SV1ASBP	sv1 average sbp	SUMMARY
SV2ADBP	sv2 average dbp	SUMMARY
SV2ASBP	sv2 average sbp	SUMMARY
SV3ADBP	sv3 average dbp	SUMMARY
SV3ASBP	sv3 average sbp	SUMMARY
TASTE	change in taste	SIDEEFF
TCALC	target calcium (mg)	FALCC
TCHOL	target cholesterol (mg)	FALCC
TENERG	target energy (kcal)	FALCC
TGCARB	target carbos (g)	FALCC

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Variable name/description:	Dataset:
TGFAT	target fat (g) FALCC
TGMUFA	target mufa (g) FALCC
TGPROT	target protein (g) FALCC
TGPUFA	target pufa (g) FALCC
TGSFA	target sfa (g) FALCC
THEOBROM	theobromine mg NUTDIET
	theobromine mg NUTUNIT
THIAMIN	thiamin mg NUTDIET
	thiamin mg NUTUNIT
	thiamin (b1) mg FFQ
TMAG	target magnesium (mg) FALCC
TOTCHOL	total cholesterol LAB
TOTTRI	total triglyceride LAB
TPCARB	target carbos (pct of kcals) FALCC
TPFAT	target fat (pct of kcals) FALCC
TPMUFA	target mufa (pct of kcals) FALCC
TPOTAS	target potassium (mg) FALCC
TPPROT	target protein (pct of kcals) FALCC
TPPUFA	target pufa (pct of kcals) FALCC
TPSFA	target sfa (pct of kcals) FALCC
TSOD	target sodium (mg) FALCC
TX	diet NUTDIET
	diet SIDEFF
	diet FALCC
	diet FFQ
	diet POSTANON
	diet LAB
	diet DAILY
	diet SUMMARY
	diet NUTUNIT
	diet ABPM
TYPE	reading type: ri or iv ABPM
UNIT1	avg unit foods - week 1 SUMMARY
UNIT10	avg unit foods - week 10 SUMMARY
UNIT11	avg unit foods - week 11 SUMMARY
UNIT2	avg unit foods - week 2 SUMMARY
UNIT3	avg unit foods - week 3 SUMMARY
UNIT4	avg unit foods - week 4 SUMMARY
UNIT5	avg unit foods - week 5 SUMMARY
UNIT6	avg unit foods - week 6 SUMMARY
UNIT7	avg unit foods - week 7 SUMMARY
UNIT8	avg unit foods - week 8 SUMMARY
UNIT9	avg unit foods - week 9 SUMMARY
UNITS	unit foods eaten (imputed) DAILY
VCALC	validation calcium (mg) FALCC
VCHOL	validation cholesterol (mg) FALCC
VENERG	validation energy (kcal) FALCC

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Variable name/description:	Dataset:
VGCARB	validation carbos (g) FALCC
VGFAT	validation fat (g) FALCC
VGMUFA	validation mufa (g) FALCC
VGPROT	validation protein (g) FALCC
VGPUFA	validation pufa (g) FALCC
VGSFA	validation sfa (g) FALCC
VIRON	validation mg iron-mean FALCC
VISIT	LAB SIDEFF
VIT_A_IU	vitamin a, iu NUTDIET
	vitamin a, iu NUTUNIT
VIT_A_RE	vitamin a, re NUTUNIT
	vitamin a, re NUTDIET
VIT_B_12	vitamin b-12, mcg NUTUNIT
	vitamin b-12 mcg NUTDIET
VIT_B_6	vitamin b-6 mg NUTUNIT
	vitamin b-6 mg NUTDIET
VIT_C	vitamin c, ascorbic aci mg NUTUNIT
	vitamin c, ascorbic acid mg NUTDIET
VIT_E	vitamin e ate NUTUNIT
	vitamin e ate NUTDIET
VITAIU	vitamin a iu FFQ
VITB6	vitamin b6 mg FFQ
VITC	vitamin c mg FFQ
VITE	vitamin e a-te FFQ
VLDL	vldl LAB
VMAG	validation magnesium (mg) FALCC
VPCARB	validation carbos (pct of kcals) FALCC
VPFAT	validation fat (pct of kcals) FALCC
VPMUFA	validation mufa (pct of kcals) FALCC
VPOTAS	validation potassium (mg) FALCC
VPPROT	validation protein (pct of kcals) FALCC
VPPUFA	validation pufa (pct of kcals) FALCC
VPSFA	validation sfa (pct of kcals) FALCC
VSOD	validation sodium (mg) FALCC
WATER	water g NUTUNIT
	water g NUTDIET
WEEK	week of study (1-11) DAILY
WEIGHT	weight DAILY
WEIGHT1	runin week 1 average weight SUMMARY
WEIGHT10	interv week 10 average weight SUMMARY
WEIGHT11	interv week 11 average weight SUMMARY
WEIGHT2	runin week 2 average weight SUMMARY
WEIGHT3	runin week 3 average weight SUMMARY
WEIGHT4	interv week 4 average weight SUMMARY
WEIGHT5	interv week 5 average weight SUMMARY
WEIGHT6	interv week 6 average weight SUMMARY

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Variable name/description:	Dataset:
WEIGHT7 interv week 7 average weight	SUMMARY
WEIGHT8 interv week 8 average weight	SUMMARY
WEIGHT9 interv week 9 average weight	SUMMARY
WHEEZING wheezing	SIDEEFF
WT_REL weight (kg)	SUMMARY
ZINC zinc, zn mg	NUTDIET
	FFQ
	NUTUNIT
