



## Helping Others More Effectively

—George H. Miller

### HOME provides a way to give back to the community

The days are getting shorter, there's a nip in the air and the stores are full of holiday decorations. It's a time of thanksgiving, celebration and family gatherings, a season of giving. As we give thanks for the prosperity we enjoy and the blessings of family and friends, we are moved to think of those less fortunate and to do something to help. Thus it is fitting that this is a time when the Laboratory comes together to give back to the community through the HOME Campaign.

Our Laboratory is committed to being a good neighbor, and the HOME Campaign exemplifies the kindness and caring of our employees. Year after year, employees have donated money and volunteered countless hours and have even helped start charitable agencies and cultural organizations to make their communities better places to live.

We all have a stake in the agencies that benefit from HOME donations. They provide important social services and cultural activities that enrich the quality of life for all members of the community.

For more than 30 years, the Laboratory has raised funds for non-profit agencies and charities within the East Bay, Tri-Valley, and Tracy and Stockton areas. Begun in 1974, the HOME, or Helping Others More Effectively, Campaign is one way we can give back to our community and assist those in need.

I recognize that this past year has been a period of stress and change for us and our Laboratory. However, some things remain the same. We are still more fortunate than most, there continues to be great need in our local communities, and the Laboratory's commitment to help through the HOME Campaign is unchanged.

Lab people have been extremely generous in their HOME donations. Over the past 10 years, the campaign has raised more than \$15 million. Last year alone, employees, retirees, and supplemental labor personnel contributed more than \$1.4 million, with a participation rate of 33 percent. This year's goal is to increase participation across every directorate, for a total Laboratory participation of 35 percent.

As we embark on the next chapter in our Laboratory's history, let us continue to be a caring and involved member of our community.



The Bankhead Theater of the Livermore Valley Performing Arts Center is a cultural organization that benefits from the HOME Campaign. ( See story below.)

## HOME continues 33-year tradition of giving

The 2007 HOME Campaign kicked off Wednesday with the annual Run for HOME and will continue through Friday, Dec. 7.

The campaign is sponsored this year by the National Ignition Facility and Photon Science Principal Directorate and is chaired by Dustin Riggs. This year's non-profit agency fund-raising drive is the first under the Laboratory's new contractor, Lawrence Livermore National Security, LLC.

This special insert highlights a sampling of some of the more than 500 agencies and cultural organizations that benefit from HOME Campaign contributions, agencies selected by this year's campaign committee.

"We hope that members of the Lab community will find inspiration in some of the organizations profiled here, both from the benefit they provide to

the community and the voluntarism that makes their work possible," Riggs said. "Lab employees have a long and distinguished history of volunteering, giving generously and founding new nonprofits."

Employees are reminded that they may donate online and are encouraged to visit the Website for the campaign at <https://home.llnl.gov/>.

Retirees are reminded that they, too, are encouraged to participate in the campaign. See the brief story on page 4 of this insert. Retirees may request a HOME Campaign brochure by calling (925) 423-4663 (HOME) or sending an e-mail to [home-campaign@llnl.gov](mailto:home-campaign@llnl.gov).

"Our goal this year is to increase Lab community participation in the campaign to 35 percent," Riggs said.

### Performing Arts Center brings new cultural dimension to Livermore

The first of two performing arts theaters, the Bankhead Theater of the Livermore Valley Performing Arts Center (LVPAC), is located at 2400 First St. in Livermore. The goal of the Performing Arts Center is to provide a community theater for local performing arts organizations to showcase their work, to bring "world-class" arts and entertainment to the Tri-Valley and to continue the enhancement of downtown Livermore as a shopping, dining and entertainment destination.

Len Alexander, executive director of LVPAC, con-

ducted three tours of the recently completed Bankhead Theater for LLNL employees. According to Alexander, it takes approximately \$1.5 million a year to operate LVPAC; and while the majority of the funds are received through ticket sales and space rental, LVPAC actively raises the remainder through annual memberships, fund-raising events, sponsorships and community donations. The Bankhead Theater will host more than 150 performance events during its inaugural season, Oct. 1, 2007 through Aug. 31, 2008.

# HELPING OTHERS MORE EFFECTIVELY

## Children's Hospital & Research Center

The 2007 Home Campaign Committee visited the Children's Hospital & Research Center Oakland on Aug. 13. The tour guide was



the director of Corporate Relations Suzanne Beauregard. The Children's Hospital & Research Center Oakland is the only independent children's hospital in Northern California. The staff are able to focus all of their attention and resources on caring for children of all ages. The Oakland Children's Hospital is the oldest pediatric medical center between Los Angeles and Seattle. The Hospital gets more than 200,000 visits per year, which includes 50,000 emergency visits. The No. 1 reason kids come to the emergency room is for asthma due to air pollution in the urban area.

The Children's Hospital and Resource Center has several buildings that provide varying kinds of care and services for children of all ages. Although it does not have a birthing center, the main hospital premieres a 47-bed regional referral center for neonatal intensive care providing care to critically ill newborns. Board certified neonatologists are in the hospital 24 hours a day, seven days a week. A Family Resource Center in the main hospital is open to all of the families of patients, which provides books,

computer/Internet and movies. These resources are available so families can research information on their child's illness, and

take care of work- and home-related business while their child is under the care of the hospital. The playrooms have a limited supply of toys, games and crafts for children of all ages. The hospital also provides a teen center open in the evening for young adults to watch TV, play video games and to hang out with others of like age. For children under extended care, there is an on-site school so they can continue their education without interruption.

The walls throughout the facility are covered with murals, pictures and artwork. Many of the homes in the neighborhood have been purchased by the hospital. One of the larger homes serves as a community home for multiple families to stay while their sick child is receiving treatment. The donations help to provide amenities to children and their families, allowing them to live as normal a life as possible during treatment. Donations to the Children's Hospital and Research Center Foundation go directly to clinical and research programs, uncompensated care, equipment and capital needs, medical training and advocacy.



## Second Harvest Food Bank

Second Harvest Food Bank bridges the gap between hunger and a better way of life. Second Harvest is a resource to more than 210 human service agencies throughout the San Joaquin Valley. Each of these non-profit agencies, with their own food assistance program, visit the food bank at least one time per week to "stock their shelves" so they can help better the lives of those in need. Last

year, the food bank distributed almost 8 million pounds of supplemental groceries. Through these agencies, the Food Bank serves the homeless, mentally ill, abused children, battered women, single parents and their children, youth at risk and senior citizens. Each donation helps the food bank in fighting to help ease the pain that hunger brings and improve the quality of life for others.

## NorCal Boxer Rescue

NorCal Boxer Rescue (NCBR) provides foster care specifically for boxers that are in need. These special dogs come to NCBR as strays, from shelters and from owners who have had a change of life circum-



stance. In the care of NCBR, the dogs are provided with veterinary care that includes spay/neuter, vaccinations and quality food. The boxers may be placed in a temporary foster home or adopted by a family.

## American Red Cross

Wildfires recently scorched sections of California, burning homes and buildings. Many residents lost their homes and



people in the six-county area.

Red Cross disaster relief focuses on meeting the emergency, disaster-caused needs of

others were evacuated to safety. The American Red Cross was on the scene, opening shelters and providing meals and snacks to weary residents. As the needs of families and individuals change and evolve during times of disaster, the Red Cross continues to help.

The American Red Cross Bay Area responds to more than 600 disasters per year which may impact one, hundreds, or even thousands of

individuals and families. Assistance may include a safe, dry place to sleep, warm meals, health and mental health services, referrals to other locally available assistance, and help with recovery planning. It also may feed emergency workers, handle inquiries from concerned immediate family members, or provide blood and blood products to disaster victims. All assistance is based on verified, disaster-caused needs and all assistance is free.

## Hoofprints on the Heart Adaptive Riding Center

*"In riding a horse we borrow freedom"*

— Helen Thomson

Through a special partnership with horses, and by focusing on abilities rather than limitations, Hoofprints on the Heart Adaptive Riding Center, located in the Altamont pass area, offers challenging individualized programs, which encourage physical, academic, social and emotional growth for individuals with various disabilities.



## GRID Alternatives

GRID Alternatives works collaboratively with communities and local organizations to identify specific needs and to develop renewable energy solutions that are environmentally, socially and economically sustainable. Using trained teams of volunteers, it provides free installation of solar electric systems to low-income homeowners in the San Francisco Bay Area and

beyond. These systems are reducing each family's electric bills by approximately 75 percent and prevent roughly 5,153 tons of greenhouse gas emissions over the next 30 years, the equivalent of planting 7,192 trees. Every \$1 donated leverages nearly \$3 in construction value from their network of community volunteers, volunteer contractors and in-kind donors.

# HELPING OTHERS MORE EFFECTIVELY

## McHenry House Family Shelter

For 20 years, McHenry House, located in Tracy, has responded to the needs of families in crisis from Tracy and surrounding communities. Heads of households, who are suddenly homeless or need help to recover their ability to provide a home for their children, come to McHenry House. McHenry House's Family Crisis Intervention Program is designed to assist homeless families to secure appropriate permanent housing and become self-sufficient.

The program is an intensive eight- to 12- week client-centered case management program designed to work collaboratively with other service providers to meet a family's needs in all matters related to self-sufficiency; i.e., counseling and referrals for employment, housing, medical care and treatment for addictions.

When families arrive at McHenry House, they are interviewed by the case manager and a course of action is agreed upon and a timeline is established for each family. The head-of-household reports each day to the case manager on the progress being made toward completion of the course of action leading toward self-sufficiency. Adults have two weeks to find a full-time job. Full-time employment is critical to securing permanent housing and ending the cycle of welfare and dependency. Clients are required to save 90 percent of their money towards permanent housing as long as they are residing at the shelter. This money will be used for their first month rent and deposit.

McHenry House provides all meals and shelter during the client's stay. Any member of the family older than 18 has to be drug-screened. Children have to be enrolled in local schools within three

days after the parents start the program. The children are required to attend homework club every evening while the adults are attending their groups sessions (parenting and life skills, money management classes, support groups, etc.).

McHenry House is a Victorian-style home large enough to accommodate up to six families per day. Each family is assigned a bedroom and bathroom that must be kept clean and orderly each day. Meals are served in a

home-like dining area where each family is assigned a round table and dines together. The family room is furnished with comfortable couches and chairs with only one television,

shared by all clients. Viewing is limited to only evenings with careful consideration given to programming content. (Family programs and PG-rated movies are the norm). McHenry House's home-like environment helps even the most difficult children, youth and parents find positive ways to succeed, gain motivation and build self-esteem.

McHenry House is operated by a 10-member, all-volunteer, Board of Directors and a staff of seven dedicated individuals. Each year, they provide shelter for 120 families (156 adults, 228 children). The number of meals they provide to their families each year is approximately 21,577.

Homelessness hits for many reasons. Some are simple as the loss of a job or good health; some as complex as the passage of poverty from one generation to the next. Whatever the causes, homelessness now threads through the yoke of the nation. And the fabric is unraveling. The human cost is devastating, and so is the ultimate cost to society.



## Animal Rescue Foundation

The catalyst for the Animal Rescue Foundation (ARF) came in May of 1990 during a baseball game between the Oakland Athletics and the New York Yankees when a stray cat wandered onto the playing field.

Terrified by the roar of the crowd, the frightened feline dashed about, eluding umpires and players. Tony LaRussa, then the manager of the Oakland A's, coaxed the cat into the dugout, secured its safety for the remainder of the game, then took responsibility for placing it with a local shelter. To his dismay, LaRussa discovered there was not a single no-kill facility in the East Bay region of the San Francisco Bay Area. When LaRussa learned the cat would be euthanized, he and his wife, Elaine, named her "Evie" and found a home for her. His experience with this cat was the genesis for the founding of ARF, a no-kill organization dedicated to bringing people and animals together to enrich each other's lives.

ARF's 37,700 square-foot facility sits on 6.5 acres in Walnut Creek. The facility is comprised of the following unique amenities and animal features: dog and puppy rooms where both can frolic and interact with their potential new families; cat housing simulating home-like environments to make the felines more adoptable; a spay and neuter clinic; large storage area to house donated pet food and toys; support and administrative areas; and a large multi-use area for adoption fairs, educational exhibits and social events. ARF is a volunteer-based organization with approximately 575 trained volunteers and a paid staff of 60 employees.

ARF saves the lives of countless loving companion animals each year whose time has run out in public shelters and who are scheduled to be killed. Each week, volunteers visit local shelters to rescue cats and kittens



Connie Oakley and Kim Hallock perform landscape maintenance at ARF in Walnut Creek.

scheduled to be killed within the next 24 hours. Dogs and puppies are rescued from Central Valley shelters. Mondays and Tuesdays are devoted to examining new arrivals to determine any health-related issues and beginning treatment, if necessary. A team of trained volunteers and expert staff make sure every animal receives proper nutrition, medical evaluation and treatment, training and lots of love. By Wednesday evening, the ARF Website ([www.arf.net](http://www.arf.net)) is uploaded with photos of animals available for adoption. Thursdays through Sundays, from noon to 4:30 p.m., are "adoption" days. ARF's adoption events are very successful, averaging 42 adoptions per week. Since 2003, ARF has placed 6,400 cats and dogs into loving homes.

It's important to note that founder La Russa is very visible and on site during baseball's off-season and is committed to the plight of animal rescue. As co-founder of ARF, he serves as chairman of the board. ARF is a private, non-profit, no-kill animal welfare organization reliant on support from donors and volunteers.



## HOME Campaign 2007

**Donation Period: Oct. 31 – Dec. 7**

**Pledge drop-off locations: Central Cafeteria, West Cafeteria, Bldg. 482 lobby**

**For information visit our HOME Website: <https://home.llnl.gov/>  
E-mail: [home-campaign@llnl.gov](mailto:home-campaign@llnl.gov)  
Phone: 3-HOME (3-4663)**

# HELPING OTHERS MORE EFFECTIVELY

## Global Fund for Women

The Global Fund for Women is an international network of women and men committed to a world of equality and social justice. They advocate for and defend women's human rights by making grants to support women's groups around the world.



## CALICO

Since 1997, CALICO, the Child Abuse Listening, Interviewing and Coordination Center, has served as a multidisciplinary hub of police officers, child welfare workers and prosecutors that responds collaboratively to child abuse allegations, hears children's testimony and links children

and families with vital therapeutic, medical and legal support services in Alameda County.



Children now have piped water at their school in Tanzania.

## Asante Africa Foundation

Asante Africa Foundation Inc. is dedicated to facilitating and strengthening health and education of children and families in Africa. Asante is unique in that it forms true partnerships with African communities and works with passionate local program managers who are deeply committed to creating change in their villages.

Asante works directly with local African villagers to define

their needs, such as building schools and sanitation facilities, sponsoring children's school expenses, providing porridge for a daily meal and funding adult education.

The Asante Africa Foundation was founded more than two years ago by former LLNL employee Erna Grasz, who visited Tanzania and was saddened by the living conditions in the villages.

## Operation S.A.M.



Operation S.A.M. (Supporting All Military) sends active members of the military a small but mighty "comfort package" brimming with items from home to help remind them that those at home are thinking of them and supporting their effort. All of the items included in these packages have been donated by individuals, small companies and corporations.

Operation S.A.M. is operated by a group of dedicated volunteers and their families who all have a mutual appreciation for the men and women who unselfishly place themselves in harm's way.

A comprehensive list of items the troops can always use may be found on their Website: [www.operationssam.org](http://www.operationssam.org). Drop-off locations are located in Livermore and Pleasanton.



## Shakespeare's Associates

Shakespeare's Associates, inspired by William Shakespeare, who, by his poetic use of English, gave voice to the deepest human experience are committed to producing professional theater in the community. These theater events celebrate the human experience within the Tri-Valley community and invite the participation of the Central Valley and Greater Bay Area. They believe that art,

particularly theater, connects each one of us to our past, future and mostly to the present moment. By way of their productions at the new Bankhead Performing Arts Center and at Pleasanton's Firehouse Arts Center, and other local venues, they want to attract visitors to the Livermore Valley to enjoy the arts, wine and the community itself.

Employees who contributed to this insert include:

Stacy Bookless  
Angelas Ford  
Angela Gerszewski  
Kim Hallock  
Denise Hoover

Cindy Lewis  
Dustin Riggs  
Peggy Sharp  
Dawn Stone  
Terrie Valin

Help us  
meet our  
**GOAL**  
of 35 percent  
participation

## Attention retirees

During your years of service at the Laboratory, you may have had a favorite charity that you donated to during the annual HOME Campaign. This is your chance to participate in this worthwhile event by making a one-time donation to one of the agencies participating this year. If you have questions or would like to request a HOME Campaign brochure, you may call the HOME help line at (925) 423-HOME (4663) or e-mail at [home-campaign@llnl.gov](mailto:home-campaign@llnl.gov).