SAFE FAN USE

<u>DO -</u>

- Use your fan in or next to a window. Box fans are best.
- Use a fan to bring in cooler air from outside at night or to vent hot air out during the day.
- Use your fan by plugging it directly into the wall outlet. If you need an extension cord, be sure it is UL (Underwriter Laboratory) approved.

<u>DON'T –</u>

- Ever use a fan in a closed room without windows or doors open to the outside.
- Use a fan anywhere near water.
- Believe that fans cool air. THEY DON'T! A fan will only move air around and can help you feel cooler by evaporating your sweat.
- Ever use a fan to blow directly on you when the temperature is 95 degrees or above. This can actually increase your temperature and cause heat stroke.
- Use an old fan without protective guards to protect fingers from injury.

If you are age 60 or older, have been sick lately, or live alone without air conditioning, it is *strongly recommended* that you spend part of each day in air conditioning when a heat warning is in effect.