Environmental Contaminants in Our Drinking Water, Breast Milk and Our Babies. How Worried Should We Be?

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How Healthy Are We?

- Cure rates are up for most cancers.
- Cholesterol and tobacco use; declining.
- More premature babies are being saved.
- More birth defects are being repaired.
- Decision to incision and door to cath times are down.
- There is now a cancer center, heart center or Infertility and High Risk Pregnancy Center near you.
- BUT.....

AUTISM	10X	increase early 80's-1996
MALE BIRTH DEFECTS	2X	increase hypospadias, 1970-1993
CHILDHOOD ASTHMA	2X	increase 1982-1993
ACUTE LYMPHOCYTIC LEUKEMIA	62%	increase in children, 1973-1999
CHILDHOOD BRAIN CANCER	40%	increase 1973-1994
PRETERM BIRTH	23%	increase mid 80's-2002
INFERTILITY	5-10%	of couples
BIRTH DEFECTS	3-5%	of all babies
SPERM COUNTS	1%	decrease yearly 1934-1996

Children's Health Report Card 2007

Childhood Cancer Rates



Environmental Health Perspectives Volume 103, Supplement 6, September 1995



SOURCE: U.S. EPA. America's Children and the Environment. www.epa.gov/envirohealth/children DATA: National Cancer Institute, Surveillance, Epidemiology and End Results Program

Measure D1

Percentage of children with asthma



SOURCE: U.S. EPA. America's Children and the Environment. www.epa.gov/envirohealth/children

DATA: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health Interview Survey

Note: The survey questions for asthma changed in 1997; data before 1997 cannot be directly compared to data in 1997 and later.

Other Diseases On the Rise

- Obesity
- ADHD and learning disabilities
- Major Depression
- Premature menarche

Obesity Trends* Among U.S. Adults BRFSS, 1990, 1998, 2006

(*BMI ≥30, or about 30 lbs. overweight for 5'4" person)



Obesity Trends (%BMI>30 2006)





ADHD ages 3-17 1997-2003 US



Learning Disabilities ages 3-17 1997-2004 US



Autism; Fastest Growing Disability



Graph: www.thoughtfulhouse.org

Births

10,000

с Эб

Cases

Data: www.ideadata.org and www.cdc.gov/nchs/

Major Depression US



Psychotropic Drug Perscriptions US Adloscents



US Child Abuse & Neglect



Girls with Menarche <11yrs



Preterm Birth Rates US 1990-2002



Ectopic Pregnancy Rates

Scottish Perinatal and Infant Mortality and Morbidity Report 2006



Adult Diseases Also on the Rise

Breast Cancer	18%	increase, 1975-2003
Prostate Cancer	85%	increase, 1975-2002
Impaired Fertility	20%	increase, 1995-2002
Polycystic Ovarian Disease	5-10%	of US women of reproductive age
Insulin Resistance	20%	of all Americans
Recurrent Miscarriage	1%	of all couples trying to conceive

Prostate Cancer European Rates



Year of diagnosis/death



Breast Cancer

Global Increases in Diabetes

Figure 1 Numbers of people with diabetes (in millions) for 2000 and 2010 (top and middle values, respectively), and the percentage increase. Data adapted from ref. 2.



Diabetes type 1; Incidence Increasing



Diabetes type 1 ; Age of Onset Decreasing



FIG. 3. Cumulative incidence of diabetes from three U.K. birth cohorts. A progressive left shift in age of onset of the disease is shown. Redrawn from data in Kurtz et al. (44).

Increasing Disease Rates

- Improved diagnosis
- Better Reporting
- Environmental Factors

OBGYN Conditions Linked to Environmental Contaminants

- Bleeding irregularities
- Precocious puberty
- Polycystic Ovary Syndrome (PCOS
- Subfecundity
- Infertility
- Recurrent miscarriage
- Ovarian failure
- Endometriosis
- (Falsetti and Eleftheriou, 1996; Berkson, 2000; Cordain *et al.*, 2003; Drbohlav *et al.*, 2004; Mlynarcikova *et al.*, 2005; Sugiura-Ogasawara *et al.*, 2005; Tsutsumi, 2005).) Folia Histochem Cytobiol. 2001;39 Suppl 2:40-3.

A Strong Dose-Response Relation Between Serum Concentrations of Persistent Organic Pollutants and Diabetes

Results from the National Health and Examination Survey 1999–2002

DUK-HEE LEE, MD, PHD1 IN-KYU LEE, MD, PHD 2 KYUNGEUN SONG, MD, PHD 3 MICHAEL STEFFES, MD, PHD 4 WILLIAM TOSCANO, PHD 5 BETH A. BAKER, MD, PHD 5,6 DAVID R. JACOBS, JR., PHD 7,8

Diabetes Care 29:1638-1644, 2006

Persistent Organic Pollutants vs Risk of Diabetes

- NHANES 1999-2002
- PCBs, pesticides, dioxins now linked to diabetes
- 100% of US population now has detectable levels

Risk of Diabetes vs Serum Concentration of Organic Pollutants



Diabetes vs Pesticide Levels



Maternal Diabetes

- Increased risk of congenital anomalies
- Increased risk of abnormal fetal growth
- Increased risk of fetal demise
- Greater risk of immature lungs, longer stay in NICU, more likely to have complications of labor and delivery.

One-cell zygote transfer from diabetic to non-diabetic mouse results in congenital malformations and growth retardation in offspring

Amanda Wyman, Anil Pinto, Rachael Sheridan and Kelle H. Moley

1Washington University, School of Medicine, Department of Obstetrics and Gynecology, St. Louis, MO; 2Department of Obstetrics and Gynecology. Baylor University Medical Center, Dallas, TX.

Endocrinology. November 26, 2007



Preovulation -24 hour, 1-cell zygote; sufficient exposure to cause malformations even when fetus is removed from diabetic mother's uterus and placed in non DM.

PCBs and Endometriosis

Rier, Turner, Martin, Morris, Lucier, Clark

TOXICOLOGICAL SCIENCES 59, 147-

159 (2001)



FIG. 2. Serum concentrations of 3,3',4,4'-TCB versus severity of endometriosis (rAFS point score). The relationship between the degree of endometriosis and serum concentration of 3,3',4,4'-TCB was evaluated using Spearman's rank correlation coefficient; n = 15; p = 0.02.

Birth Defects vs Fish Consumption Envir Res 2005




16 Pesticides Cause Cancer

(Agricultural Health Study, National Cancer Institute, 1993-2010)

Dr. Michael Alavanja, captain, NSPHS, Senior Investigator, Division Cancer, Epidemiology, and Genetics,

- Chlorpyrifos
- Coumaphos
- Permethrin
- Diazinon
- Cabofuran
- Pendimethalin
- Alachlor
- Butylate

- Phorate
- Carbaryl
- Paraquat
- Trifluralin
- Lindane
- Metolachlor
- Dicamba
- Fonofos

Testicular Cancer PCBs in the Womb

 Mothers with higher organochlorine levels are significantly more likely to have given birth to sons who develop testicular cancer



Testicular Cancer vs Mother's PCBs EHP 111: 2003



Childhood Cancer vs % Cropland Carozza et al, EHP,116, 2008 ≤<20%

20<60%

≧≥60%



Infant Mortality vs

Stream Ecological



John F. Paul, Michael E. McDonald, and Steven F. Hedtke National Health and Environmental Effects Research Laboratory, U.S. Environmental Protection Agency, Research Triangle Park, NC, USA

Human and Ecological Risk Assessment, 14: 728–741, 2008

ATRAZINE - herbicide

1997 estimated annual agricultural use





Abnormal gonads in male Xenopus frogs, from exposure to atrazine.



The frog has become a hermaphrodite, with both male (testes) and female (ovaries) sex organs

Atrazine Effects

- Hermaphrodite males 0.1ppb
- EPA drinking water safe level is 3ppb
- U shaped curve (greater effects at lower and higher doses, less in middle doses)
- Immune dysfunction
- Aromatase induction (fetal male testosterone converted to estrogen)

Atrazine Toxicity- Immune Function



Atrazine reduces the production of interferon by blood cells. Interferon is a protein used by the immune system to fight viral infections.



Flavo-bacterial meningitis prevents this leopard frog from lifting its head. The disease is caused by a normally benign bacteria that takes advantage of the impaired immune systems of pesticide-exposed frogs. (Photos by Tyrone Hayes/UC Berkeley)

Atrazine-Mixtures and Metabolites

- N-nitroso atrazine no EPA guidelines potent mitogen
- Most contaminated streams and reservoirs contain mixtures of atrazine and other pesticides
- No EPA guidelines for mixtures

Pesticide Mixtures, Endocrine Disruption, and Amphibian Declines: Are We Underestimating the Impact?

Tyrone B. Hayes, Paola Case, Sarah Chul, Duc Chung, Cathryn Haeffele, Kelly Haston, Mellssa Lee, Vien Phoung Mai, Youssra Marjuoa, John Parker, and Mable Tsul



The frequency of animals with detectable damage to the thymus.



OOPS! CDC Can't Find Atrazine in US population

- Atrazine is most applied pesticide in US
- In the Centers for Disease Control and Prevention (CDC) National Report on Human Exposure to Environmental Chemicals (CDC 2001, 2003, 2005), AM, the only ATZ metabolite measured, was typically detected in < 5% of participants
- Multiple metabolites must be measured to accurately assess exposure to ATZ.

Atrazine : At least one metabolite in All of Us



EHP Oct. 2007. "We have likely been underestimating populationbased exposures by measuring only one urinary ATZ metabolite "



Assessing Exposure to Atrazine and Its Metabolites Using Biomonitoring

Dana B. Barr, Parinya Panuwet, Johnny V. Nguyen, Simeon Udunka, and Larry L. Needham

Division of Laboratory Sciences, National Center for Environmental Health, Centers for Disease Control and Prevention, Atlanta, Georgia, USA

Environ Health Perspect. 2007 October; 115(10): 1474–1478.



UNITED STATES ENVIRONMENTAL PROTECTION AGENCY WASHINGTON D.C., 20460

OFFICE OF PREVENTION, PESTICIDES AND TOXIC SUBSTANCES

MEMORANDUM

DATE: April 6, 2006

SUBJECT: Atrazine: Finalization of Interim Reregistration Eligibility Decision and Completion of Tolerance Reassessment and Reregistration Eligibility Process

"the Agency has found that there is a reasonable certainty that no harm will result to the general U.S. population, infants, children, or other major identifiable subgroups of consumers from aggregate exposure (from food, drinking water, and non-occupational sources) to cumulative residues of atrazine and the other chlorinated triazine pesticides "

Greenwood HS Research Laboratory: Atrazine & Frogs 2008





0.1ppb atrazine

25ppb atrazine



Atrazine in Indiana Surface Water 1991-2001



Table 1. Community Water Systems in Atrazine Monitoring Programs

Community	Watershed Area (square miles)	Percent Land in Agricultural Use	Population Served
Batesville	5	86	4,140
Bedford	5,033	79	14,390
Fort Wayne	1,089	90	173,072
Indianapolis (Eagle Creek)	163	89	678,000
Jasper	277	39	11,340
Logansport	805	93	12,261
Santee Utiliites	279	92	678,000
Stucker Fork	355	57	*
Versailles	107	0	1,550
Westport	98	84	1,440
Winslow	603	53	1,242

*Current data on the population served by the Stucker Fork community water system was not available at the time of printing.

Nitrate Contamination Risk

Nolan, Bernard T. et. al, National Water Quality Assessment Program, USGS,2001





What We Did in Indiana

- Are Birth Defects more likely in certain months? Does Indiana have more birth defects?
- Calculated birth defect risk by month of conception 1990-2001(ISHD)
- Compared birth defects with mean concentrations of atrazine and nitrates (USGS, IDEM)



Spina Bifida (Meningomyelocele)









Photos contributed by Joel Boaz, M.D., Department of Neurosurgery, Riley Hospital for Children

Spina Bifida vs Mean Nitrate Rates In Indiana 1990-2001





Indiana vs USA Spina Bifida Rate (SBR) 1991-2002





Omphalocele vs Nitrates Indiana 1990-2002



National Study

- We collected the CDC natality Data for the entire US
- Calculated the Birth Defect Rate by Month of conception
- Collected the NAWQA water data for the entire US for 1990-2002
- Calculated the mean nitrate and pesticide concentrations per month

Nitrates and Pesticides Peaked in June USGS NAWQA Study





Illinois Adverse Pregnancy Outcomes Project

Mohanty, MK, Shang, B, Dupre, D, Arnold, TL, 2007

- Birth Defects and Adverse Pregnancy Outcomes 1998-2002 Illinois calculated for each county.
- Public Water Contaminants; Nitrate,Nitrite,Atrazine,TTHM,HAA5 for each county.
- Mulitple regression Models Correlating Untoward Outcomes with contaminants.

Model Predicted Birth Defects and Adverse Pregnancy Outcomes

- Atrazine best single predictor of birth defects and adverse pregnancy outcomes
- Atrazine :R₂₌ -37.5604 , SE=10.6847 , t = -3.5154, p= 0.0025

Atrazine vs Adverse Outcomes




Summary "June Effect"

- Women with LMP in April-July are more likely to have a child with a birth defect
- Mean concentrations of nitrates, atrazine and other pesticides are highest in April –July.
- There is a significant correlation between birth defect rates and concentrations of pesticides and nitrates at the time of conception
- Munger, R et al. 1992.Birth defects and pesticide-contaminated water supplies in Iowa. Amer J. Epidemiol.136:959.)

Pesticides in Stream and Ground Water vs NAWQA & Drinking Water Pesticides in U.S.



Month of Measurement





County-Specific Birth Defect Rates and Pesticide Applications in the US

Paul D Winchester, Jun Ying, Sandy Williamson, Cathy Proctor and Ed Liechty

Indiana University School of Medicine, University of Cincinnati Medical Center, US Geological Survey, St Francis Hospital Indianapolis

Objective

- This project was designed to compare birth defect risk with pesticide application rates at the county-level across the US.
- The hypothesis tested is whether birth defect risk increases with increasing pesticide usage across US counties?

Design/Methods

- Birth defect data was collected from the CDC natality data sets from 1996-2002. (courtesy of T.J.Mathews), for 45 US states.
- Pesticide applications (total lbs/acre) were calculated from USGS data sets for the same 45 states. Application data from 1997, and 2002 were used to represent pesticide usage for each county in the study time period. (Sandy Williams USGS)

Statistical Methods

 The association between birth defects and pesticide usage was tested using logistical regression models. The GEE method was used to account for within-state correlations.

Results

- 447 counties (excluded Ala, Ha, Ca, FI)
- 220 chemicals ranked by lbs/acre
- Mean birth defect rate was 1.69% (1.41-2.02)
- Birth defect rates in low exposure counties were 61% lower than in high exposure counties.







2,4-D - herbicide

ETHEPHON - other pesticides 1997 estimated annual agricultural use



8,681

2,703

1,053

691

0.05

0.02

0.01

grapes cherries

barley

chile peppers

bell peppers

0.095 to 0.565

0.566 to 3.867

>= 3.868

Pesticide Usage vs Birth Defects

Pesticide Usage	Birth Defect Rate	95%	Confidence
<1lb/acre	1.43 %	1.33%	1.54%
1-3lb/acre	2.05 % *	1.62%	2.61%
>3lb/acre	2.34 %**	1.42%	3.81%

* p<.01 **p=.05

Birth Defects vs Pesticide Usage

*p<.01 **P=.<u>05</u>



Conclusions

- County-level birth defect rates are significantly associated with pesticide usage in US.
- A dose-response relationship between pesticide usage and birth defect risk suggests a potential causal link.
- The ecological nature of this study precludes definite conclusions.

What Else Have We Found?

- Preterm birth
- Birth Weight
- SIDS
- Scholastic Achievement

Preterm Birth Rates US 1990-2002



Preterm Birth vs. Nitrates 1996-2002 US



Preterm Birth Rates vs Pesticides

1990-2002 Winchester P, Winchester M



Reported Pesticide Use in California, 1999

Total Pounds of Active Ingredient Applied Per Square Mile









Association of *in Utero* Organophosphate Pesticide Exposure and Fetal Growth and Length of Gestation in an Agricultural Population

Brenda Eskenazi,1 Kim Harley,1 Asa Bradman,1 Erin Weltzien,1 Nicholas P. Jewell,1 Dana B. Barr,2 Clement E. Furlong,3 and Nina T. Holland1 EnvironHealth Perspect112:1116–1124 (2004

Exposure to dimethyl organophosphate compounds such as malathion were associated with shortened gestation in California

Preterm Birth Rate by County in California vs Pesticide Ranking white







California Preterm Birth Rates are Significantly Associated with County of Residence Pesticide Ranking

Winchester P, Gordon, L, Proctor, C, 2008

Preterm Birth, Spina Bifida and Nitrates 1990-2002



SIDS vs Nitrates US, 1996-2002



Scholastic Achievement and Pesticides

- Maternal thyroid determines cognitive outcome of offspring (esp. 1st trimester)
- Maternal PCBs and Pesticides reduce cognitive performance in offspring

Jacobson JL, Jacobson SW. 1996. Intellectual impairment in children exposed to polychlorinated biphenyls in utero. N Engl J Med 335:783-9.

 Maternal PCBs and Pesticides correlate with Maternal thyroid hormone levels

Indiana ISTEP Scores

- We obtained ISTEP scores from Indiana students conceived 1990-2002.
- We used birth dates to calculate months of conception.
- We correlated ISTEP scores with mean atrazine and nitrate concentrations in Indiana surface water 1990-2002

Mean ISTEP Scores vs Atrazine in Indiana



IEP rate per Month of Conception in Indiana



Behaviors Linked to Prenatal Bisphenol A & Pesticides

- Agression Environ Health Perspect. 2003 Feb;111(2):175-8, Pharmacol Biochem Behav. 1999 Dec;64(4):665-72
- Depression
- Learning and memory
- Anxiety
- Maternal behavior
- Sexual identity
- Attention

Male Attack Response & Pesticide Exposure

Toxicological Sciences 2006



Prenatal exposure to PCBs less masculinized play behavior in boys more masculinized play behavior in girls. Effects of Perinatal Exposure to PCBs and Dioxins on Play Behavior in Dutch Children at School Age

Hestien J.I. Vreugdenhil,1 Froukje M. E. Slijper,2 Paul G.H. Mulder,3 and Nynke Weisglas-Kuperus1

Environ Health Perspect 110:A593–A598 (2002).



Figure 1. Relation in boys (*A*) (*r* partial = -0.29) and in girls (*B*) (*r* partial = +0.17) between scores on the masculine scale and levels of $\ln \Sigma PCB_{cord}$, adjusted for confounding variables; partial regression plot.

Could Fetal Environment Affect Breast Feeding Ability?

Exposure to a Low Dose of Bisphenol A during Fetal Life or in Adulthood Alters Maternal Behavior in Mice

Paola Palanza,¹ Kembra L. Howdeshell,² Stefano Parmigiani,¹ and Frederick S. vom Saal²

Environ Health Perspect 110(suppl 3):415-422 (2002).

Fetal BPA; Reduced Nursing, Maternal Behavior



Figure 1. Average percent time (mean \pm SE) spent on maternal behavior variables during PNDs 2–15 for dams exposed to 10 µg/kg/day BPA only *in utero* (BPA–OIL), only during gestation (OIL–BPA), or both *in utero* and during gestation (BPA–BPA). *Significantly different from control (OIL–OIL) (Holms *t*-test, *p* < 0.05).

Is the US Experiencing an Epidemic?

Child Abuse & Neglect in US



How Prevalent are Pesticide Exposures in Pregnancy?

- 100% of maternal and cord blood samples had Chlorpyrifos, diazinon, or propoxur (Perera, Tang and Whyatt)
- 8 phthalate metabolites detected in 100% of urine samples of women
- 100% of breast milk samples in Indiana had flame retardants (Hites et al).
- 100% Placentas had pesticides Isabel Cerrillo 2004

Mercury in Wisconsin Pregnancies Gliori et al Wisc Med J.2006,105,2



Fish meals/mo

% Mexican American 20-74 yr/o Women with Pesticides


Pesticides in100 % of Placentas

Pesticides in Placentas

Maria Jose Lopez Espinosa U Grenada 2007



What Adverse Effects Have Been Found? (Perera et al.)

- PAHs/PAH-DNA adducts: , lower birth wt, head circumference, lower developmental scores and developmental delays in young children
- Chlorpyrifos:, lower birth weight, lower developmental scores and developmental delays, ADHD, and other attentional deficits

Risk of Autistic Disorder in Affected Offspring of Mothers With a Glutathione S-Transferase P1 Haplotype

Tanishia A. Williams, PhD; Audrey E. Mars, MD; Steven G. Buyske, PhD; Edward S. Stenroos, BS; Rong Wang, MS; Marivic F. Factura-Santiago, MD; George H. Lambert, MD; William G. Johnson, MD

Arch Pediatr Adolesc Med. 2007;161:356-361.

Gene-Environment Interactions

 Polymorphisms of the glutathione Stransferase P1 gene (GSTP1) act in the mother during pregnancy to contribute to autistic disorder (AD) in her fetus.

GSTP1 A overtransmission suggests mothers risk during pregnancy is the key risk to her child's likelihood of developing Autism. Influence of Glutathione S-Transferase Polymorphisms on Cognitive Functioning Effects Induced by DDT among Preschoolers

> Eva Morales, Jordi Sunyer, Francesc Castro-Giner, Xavier Estivill, Jordi Julvez, Nuria Ribas-Fitó, Maties Torrent, Joan O. Grimalt, and Rafael de Cid doi:10.1289/ehp.11303 (available at http://dx.doi.org/)

> > Online 30 July 2008

 children with GSTP1 Val-105 allele are more at risk of the cognitive functioning effects of early life DDT exposure.

DDT in Cord Blood Lowers 4 y/o Cognitive Scores vs GSTP1 IIe/Val or Val/Val Polymorphisms

		GSTP1 genotype	
	Ile/Ile n=149	Ile/Val or Val/Val n=177	p for interaction
McCarthy areas			
General cognitive	7.13 (6.16)	-8.41 (4.21)	0.05
	p value=0.25	p value=0.04	
Perceptual-performance	4.67 (5.75)	-3.81 (4.15)	0.21
	p value=0.42	p value=0.36	
Memory	0.90 (6.39)	-6.75 (4.31)	0.35
	p value= 0.89	p value=0.12	
Quantitative	8.96 (7.228)	-3.58 (1.46)	0.02
	p value=0.22	p value=0.02	
Verbal	0.62 (6.48)	-8.23 (4.30)	0.34
	p value=0.92	p value=0.05	
Motor	10.33 (5.62)	2.94 (4.08)	0.36
	p value=0.07	p value=0.47	
Executive function	10.17 (6.43)	-10.14 (4.24)	0.01
	p value=0.12	p value=0.02	
Working memory	7.36 (6.91)	-2.75 (1.16)	0.02
	p value=0.29	p value=0.02	

- DDT ;Oxidative stress, estrogenic
- GSTP1 IIe/IIe antoxidant, protective
- General Cognitive
- Quantitative
- Verbal
- Exec Function
- Working Memory

Polymorphisms in biotransformation enzymes and the risk for recurrent early pregnancy loss

Zusterzee, PL, Nelen, WLD, Roelfs, HMJ, Peters, WHM, Blom, HJ, Steegers, AP

Molecular Human Reproduction vol.6 pp. 474-478,2000 Cytochrome P450 genes and glutathione S-transferase genes needed for detoxification

- Glutathione S-transferase P1b-1b more common in women with recurrent early pregnancy loss (12% vs 5% controls) p=.03
- Risk increased for coffee drinkers and smokers.

Conclusions

- Lower GS-t Pi enzyme activity in placenta
- Leads to impaired detoxification
- Early pregnancy loss



Pregnancy Pesticide Exposure vs Head Circumference

Head Circumference vs Maternal Pesticide Levels vs Maternal Paraoxonase



Do Pesticides In Pregnancy Really Pose That Big a Threat?

- M. Skinner exposed pregnant rats to vinclozolin or methoxychlor
- Evaluated effects on offspring

Transgenerational Epigenetic Imprinting of the Male Germline by Endocrine Disruptor Exposure during Gonadal Sex Determination

Hung-Shu Chang, Matthew D. Anway, Stephen S. Rekow, and Michael K. Skinner

Center for Reproductive Biology, School of Molecular Biosciences, Washington State University, Pullman Washington 99164-4231

Endocrinology 147(12):5524-5541, 2006



Pregnant Rat

Vinclozolin Exposure (days 8-14)

Offspring

Fetal Exposure: Adult disease

- Low sperm count
- Infertility
- Cancer
- Kidney
- Prostate
- Pregnancy abnormalities
- Immune dysfunction
- High cholesterol
- Accelerated aging

Transgenerational Effects of Fetal Pesticide Exposure

- F1 males mated
- Unexposed F2,F3 and F4 male offspring had same diseases as their fathers (and great grandfathers)

Skinner Found DNA Methylation

- 25 DNA sequences had new methylation sites
- Each sequence altered neighboring DNA
- Altered proteins numbered from hundreds to thousands depending upon the fetal organ
- 954 Prostate. 2008 Jan 25 alterations in prostate, 800 in brain

The chromosome location and physical mapping of each candidate (numbers) are indicated for each chromosome (Chr), with those unknown (UN) sequences not mapped indicated.



Relative brain expression levels of NCAM1



NCAM1 Gene Related Diseases

- Alzheimers
- Synovial sarcoma
- Schizophrenia
- Mutant-allele-specific amplification (MASA) syndrome
- Neural tube defects
- Various tumor

Agouti-breed mice ordinarily grow into svelte, brown specimens (right). However, when a fetus is exposed to bisphenol A, it can turn into a blond, obese adult (left), showing signs of a gene alteration. Duke Univ. Medical Center





BPA Diet Changed DNA Methylation and Coat Color in Mice

BPA Caused Reduced Methylation of Agouti Gene

- BPA-exposure reduced the percentage of cells with methylation at the nine sites on the Agouti gene by 31%, from 39% methylated in controls to 27% methylated in BPA-exposed (p= 0.004).
- The effect of BPA on coat color was on methylation.

BPA Also Affected Other Genes

- CabpIAP gene BPA-exposed animals had lower methylation rates.
- BPA can cause reduction in methylation on multiple mouse genes.

Induction of mammary gland ductal hyperplasias and carcinoma in situ following fetal bisphenol A exposure

Tessa J. Murray, Maricel V. Maffini, Angelo A. Ucci, Carlos Sonnenschein, and Ana M.Soto Reprod Toxicol. 2007 ; 23(3): 383–390.



Mammary gland whole mounts at PND 95 from control, BPA2.5 and BPA25 groups. The BPAt reated animals developed intraductal hyperplasias, mostly in the terminal ducts (arrowheads).

Adverse Effects of Prenatal Exposure to Atrazine During a Critical Period of Mammary Gland Growth

Jennifer L. Rayner,*,† Rolondo R. Enoch,†,2 and Suzanne E. Fenton†,1

TOXICOLOGICAL SCIENCES 87(1), 255– 266 (2005)

ATRAZINE exposure during a critical period of fetal Mammary Gland development (GD 17–19), are both delayed MG developmentof the offspring and inadequate nutritional support of F2 offspring, resulting in adverse effects on pup weight gain.

Brief Fetal Atrazine Exposure; Delayed Mammary Gland Development



C PND46

Control

GD17-19

GD13-19



US Body Burden; Pesticides

- 97% of US population has pesticides
- 100% breast milk samples in Indiana have Flame retardants
- Pthalates, BPA (BPA was detected in 92.6% Environ Health Perspect 116: 39–44 (2008).
- Mercury, lead, universal
- Nitrates increasing annually
- Benzophenone-3 (sun screen) 96.8% ЕНР,2008

Toxic Pollution Found In Washingtonians

Toxic Chemicals	Pam Tazioli	Bill Finkbeiner	Karen Bowman	Ann Holmes Redding	Lisa Brown	Laurie Valeriano	Patricia Dawson	Denis Hayes	Allyson Schrier	Deb Abrahamson
PFCs ("Teflon chemicals")	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
PBDEs (toxic flame retardants)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Phthalates (plasticizers and fragrance carriers)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Pesticides		\checkmark		\checkmark	\checkmark		\checkmark		\checkmark	\checkmark
DDT (banned pesticide)	\checkmark		\checkmark	\checkmark	\checkmark		\checkmark	\checkmark	\checkmark	\checkmark
PCBs (banned industrial coolant)	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Mercury	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Lead			\checkmark							
Arsenic	\checkmark		\checkmark		\checkmark		\checkmark	\checkmark		

Bioconcentration of Persistent Pesticides

Food Chain vs DDT





BodyBurden The Pollution in Newborns

A benchmark investigation of industrial chemicals, pollutants, and pesticides in human umbilical cord blood

Ten Babies: Cord Blood Test Results

Babies born in August - September 2004 in U.S. Hospitals Source of cord blood: Red Cross Number of chemicals detected: 287 out of 413



Bisphenol A and Phthalates

Potent Estrogens in Plastic

Contaminants in Breast and Bottle-Fed Babies



gas chromatographs of baby urine obtained from the diapers of two infants at 1 yr of age.

Bush et al. 1990

More than 85,000 synthetic chemicals have been introduced in the last 50 years for industrial, farming, and other uses, yet more than 90% of them have not been tested for their effects on human health. Biomonitoring studies have detected more than 200 toxic substances in breast milk.(3

Phthalate Endocrine Effects Opposite at Low vs High Doses



Aromatase, converts testosterone to estrogen in pregnancy

Estrogen early in life is necessary to masculinize the brain of male mammals.

Regulatory tests for DEHP would not have gone below 5mg/kg/day

would have *missed* the aromatase suppression at lower levels.

Andrade et al. 2006

Pesticides Effects on Histamine Release from Mast Cells Narita *et al*


Phthalates vs Allergic Reaction Takano et al.

Untreated Saline + vehicle $\mathbf{5}$ Dp + vehicle Dp + DEHP 0.8 µg **Clinical score** Dp + DEHP 4 µg Dp + DEHP 20 µg 3 Dp + DEHP 100 µg 2 1 З 1217 Days after first sensitization

Effects of Maternal Exposure to Di-(2-ethylhexyl) Phthalate during Fetal and/or Neonatal Periods on Atopic Dermatitis in Male Offspring **Rie Yanagisawa, Hirohisa Takano, Ken-ichiro Inoue, Eiko Koike, Kaori Sadakane, Takamichi Ichinose** doi:10.1289/ehp.11191 (available at http://dx.doi.org/) Online 9 April 2008



Infant Exposure to Chemicals in Breast Milk in the **United States: What We Need to Learn From a Breast** Milk Monitoring Program Environ Health Perspect 109:75-88 (2001).

Judy S. LaKind 1 Cheston M. Berlin 2 and Daniel O. Naiman3







More than 85,000 synthetic chemicals have been introduced in the last 50 years for industrial, farming, and other uses, yet more than 90% of them have not been tested for their effects on human health. Biomonitoring studies have detected more than 200 toxic substances in breast milk.

PBDEs Breast Milk and Fat Samples Around the World



Source: Figure 3 in Schecter et al (EHP, August 2003), Table 1 in Mazdai et al (EHP, July 2003), and Table 1 in Kalantzi et al (EHP, July 2004)

Flame Retardants in Mom's Breast Milk & Undescended Testes in Sons

Breast Milk Flame Retardants vs Cryptorchidism



Breast Milk Flame Retardants US vs Europe





Figure 1. Birth weight (*A*, *B*), head circumference (*C*, *D*), and ponderal index (*E*, *F*) versus ln(PFOS) and ln(PFOA) concentrations, before and after adjustment for potential confounders. The black dotted lines denote the predicted fit from a simple linear regression model. The blue solid lines denote the predicted fit from the fully adjusted multivariate regression model. Corresponding regression coefficients are presented in Table 3.

Teflon Cord Blood Levels & Birth Weight & Head Circumference

Benjamin J. Apelberg, 1 Frank R. Witter, 2 Julie B. Herbstman, 3 Antonia M. Calafat, 4 Rolf U. Halden

Larry L. Needham,4 and Lynn R. Goldman EHP 2007

In-Utero Arsenic and Altered Gene Expression



PHOTO / DONNA COVENEY

Leona Samson, left, and Rebecca Fry have found that prenatal exposure to arsenic leads to alarming changes in the activity of genes of newborn babies. Samson is the director of MIT's Center for Environmental Health Sciences (CEHS) and the American Cancer Society Professor in the Departments of Biological Engineering and Biology. Fry is assistant scientific director of CEHS.



Shown in her Bangkok office, CRI Vice President for Research Mathuros Ruchirawat, Ph.D., posed at her computer as colleague Panida Navasumrit, Ph.D., an investigator in the CRI Laboratory of Environmental Toxicology, joined her for this photograph.

Fetal Origins of Adult Diseases and Arsenic Exposure

- The children of mothers whose water supplies were contaminated with arsenic during their pregnancies harbored gene expression changes that may lead to cancer and other diseases later in life (Bypass ,Angina Heart disease, Heart attack, High blood pressure, Stroke, Circulatory problems, Type 2 diabetes mellitus, Depression)
- 32 mothers and their children in a province of Thailand that experienced heavy arsenic contamination from tin mining. Similar levels of arsenic are also found in many other regions, including the U.S. southwest and New Hampshire.

Methods/Results

- Cord Blood from babies whose mothers were exposed to arsenic during their pregnancy. Arsenic exposure was independently determined by analyzing toenail clippings.
- Patterns of gene expression were compared for exposed and unexposed pregnancies.
- Gene expression from 11 genes were found to predict arsenic exposure
- Most genes were associated with inflammation



Figure 1. Gene Expression Signatures Predict Arsenic Exposure in Test Populations

(A) A population of newborns (subjects 1–32) born to mothers with varying levels of arsenic exposure was used to establish arsenic-associated gene expression signatures. Arsenic exposure levels were determined by maternal toenail arsenic concentration (μ g/g). Babies born to unexposed (yellow) or arsenic-exposed mothers (green) were classified based on WHO guidelines with the cut point demarcated by the red dotted line. Subjects used in the populations to establish arsenic-associated gene sets are indicated with a white box. For two-class prediction, those subjects not included in the training population comprise the test population and are indicated with a black box.

(B) Three arsenic expression signatures (gene sets) were derived from populations spanning the range of arsenic exposure (first gene set), at the extremes of exposure (second gene set), or a combined population of the previous two (third gene set). To be included in the gene set, the transcript had to not only be differentially expressed (on average) between the exposed and unexposed groups, but also display a significant trend across increasing arsenic exposure levels. Expression values are mean centered with high relative expression indicated in red and low relative expression indicated in blue. The three derived gene sets (170 genes, 38 genes, or 11 genes) were used to predict prenatal arsenic exposure in test populations where correct classification is indicated by a red number. doi:10.1371/journal.pgen.0030207.g001

Protein transcripts changed by Prenatal Arsenic Exposure



Figure 2. Prenatal Arsenic Exposure Results in Robust Genome-Wide Changes

(A) Heat map of the 447 differentially expressed genes identified between two newborn populations, those born to unexposed or arsenic exposed mothers. The cut point of exposure is indicated with a red dotted line. Unlike Figure 1, the differentially expressed transcripts did not have to display a significant trend with increasing arsenic exposure. Expression values are mean centered with high relative expression indicated in red and low relative expression indicated in blue.

(B) The 285 arsenic-modulated gene products existing in the Ingenuity database were analyzed for significant enrichment of molecular interactions. A significant ($p < 10^{-55}$) interactome containing 105 arsenic-modulated gene products was identified. Proteins in red represent arsenic-induced transcripts, proteins in green represent arsenic-represed transcripts. doi:10.1371/journal.pgen.0030207.g002

p<10⁻⁵⁵

Potential Gene Biomarkers of Prenatal Arsenic Exposure

Gene	Description
CXCL1	chemokine (C-X-C motif) ligand 1
DUSP1	dual specificity phosphatase 1
EGR1	early growth response 1
IER2	immediate early response 2
JUNB	jun B proto-oncogene
MIRN21	microRNA 21
OSM	oncostatin M
PTGS2	prostaglandin-endoperoxide synthase 2
RNF149	ring finger protein 149
SFRS5	splicing factor
50C3	suppressor of cytokine signaling 3

Arsenic exposure results in activation of an integrated network of pathways involving NF-kB, inflammation, cell proliferation, stress, and apoptosis.

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SRF	Serum response factor
NF-kB	Nuclear factor-κB
MTF-1	Metal transcription factor

DES; the accidental endocrine disruptor human experiment

- vaginal and cervical clear-cell adenocarcinoma and genital tract abnormalities, earlier onset of menopause
- spontaneous abortions, ectopic pregnancies, and preterm deliveries
- abnormalities of men's urogenital systems ;epididymal cysts, undescended testes, and small testes. testicular cancer
- hypospadias in third-generation men
- a 15-year-old girl with small cell carcinoma of the ovary whose maternal grandmother had been taking DES while she was pregnant with the patient's mother. Although this is an anecdotal case, the rarity of this disorder suggests that DES exposure could have a trans-generational effect.

HOX Genes Control Embryological Axis Development





Sex Hormones Regulate HOX

- retinoic acid regulates the more 3', anterior and earlier expressed HOX genes
- the sex steroids estradiol and progesterone regulate more 5', posterior and later expressed HOX genes.
- Aberrations in endocrine control mechanisms lead to developmental anomalies.

How DES affects HOX Gene Expression



Methoxychlor Disrupts Uterine Hoxa10 Gene Expression

X. Fei, H. Chung, and H. S. Taylor Endocrinology, August 1, 2005; 146(8): 3445 - 3451

DES,Methoxychlor, and Pregnancy

- Hoxa10 is an estrogen-regulated gene that is an essential mediator of the decidual responseand necessary for pregnancy.
- MXC inhibited the expression of Hoxa10, a gene necessary for uterine development and function
- One common mechanism by which endocrine disrupting chemicals produce lasting reproductive tract defects is through permanentalteration of developmental gene expression



Neonatal MXC exposure results in decreased Hoxa10 expression,



Neonatal MXC exposure decreases Hoxa10 expression in the adult. Methoxychlor Stimulates Estrogen-Responsive Messenger Ribonucleic Acids in Mouse Uterus through a Non-Estrogen Receptor and Non-Erβ Mechanism

> Endocrinology, 146: 3445-3451 (August 2005)

DES in Pregnancy

Newbold, RR, E Padilla-Banks, RJ Snyder and WN Jefferson. 2005. Developmental Exposure to Estrogenic Compounds and Obesity. Birth Defects Research (Part A) 73:478–480



The mouse on the right was exposed to 1 ppb DES in the womb, on days 9-16 during pregnancy; control animal on left. Photo courtesy of Retha Newbold

Prior experiments by Newbold show that DES at levels 10x to 100x that used in this experiment produce weight loss in adulthood.

Conclusions

- Pesticides and plasticizers are in 97% of us
- Human fetus is most vulnerable
- Two mammalian models have proven that pesticides and plasticizers can alter DNA methylation
- Causing adult diseases ranging from cancer, kidney, prostate, immune,obesity,cholesterol and diabetes
- If this is happening in humans we need to know now!

Conclusion: Ask for More

- Count the babies
- Measure the water (in June)
- Connect the Dots; (ISTEP scores+birth certificates, Maternal exposures and adult diseases. Fetal deaths with LMPs.)
- Your grandmother's pesticide exposure may still linger in your child's genome
- The harvest may have a cost measured in preterm births, miscarriages, stillbirths, birth defects and lower academic achievement, cancer, diabetes,life-span

HARVESTING A PRESENT SAFE ENVIRONMENT During Pregnancy



Before the Corn Harvest Came the Pesticides and Nitrates



Some Good News

- Organic diets reduce exposure
- Smoking rates and serum cotinine levels are declining
- Lead levels are declining
- After banning some organochlorine pesticides Sweden has seen decreases in non-hodgkins lymphoma.
- EPA could make a difference if they stood up to Dow, Monsanto, Syngenta and the US Senate



Source: NRDC

Organic Vegetables Lower Pesticides in Children





SOURCE: U.S. EPA. America's Children and the Environment. www.epa.gov/envirohealth/children DATA: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey

 10µg of blood lead has been identified by CDC as elevated, which indicates need for intervention. There is no demonstrated safe concentration of lead in blood. Adverse effects may occur at lower concentrations.

Murder vs Childhood Lead

EFFECTS OF CHILDHOOD LEAD EXPOSURE



FIG. 12. Gasoline and white lead versus murder.

Unwed Pregnancies vs Lead

RICK NEVIN



FIG. 6. Gasoline lead versus unwed pregnancies: ages 20–24.

Preschool Blood Lead vs. Broadly Defined Index Crime with a 19-Year Lag



Measure E8





SOURCE: U.S. EPA. America's Children and the Environment. www.epa.gov/envirohealth/children

DATA: U.S. Department of Agriculture, Pesticide Data Program

Do We Have the Political Will to Decrease Contaminants?





Former migrant worker Francisca Herrera holds her son Carlos Candelario in the family's trailer in Florida City. Palm Beach Post file photo