





Family	Species	Medicine	Food	Fuel	Manufacture	Cordage	Clothing	Shelter	Tonic	Flavoring	Soap	Dye	Gum	Poison	Smoking
Rosaceae	<i>Cercocarpus ledifolius</i>				wood										
Rosaceae	<i>Geum macrophyllum</i>	root													
Rosaceae	<i>Holodiscus dumosus</i>		root for tea												
Rosaceae	<i>Potentilla</i> spp.	leaf	root												
Rosaceae	<i>Prunus virginiana</i>	bark, seed, cambium, twig	fruit, leaf, bark	wood	twig, branch							sap			
Rosaceae	<i>Rosa woodsii</i>	fruit, stem, root bark		fruit, root, flower, bud, seed											cambium
Rosaceae	<i>Rubus ideaus</i>	fruit, leaf, root, root bark	fruit, young shoot, leaf, twig							fruit					
Rubiaceae	<i>Galium</i> spp.	plant										root			
Salicaceae	<i>Populus angustifolia</i>	bark	cambium	upper limbs	trunk							bud, fruit			
Salicaceae	<i>Populus tremuloides</i>	cambium, leaf, bud			branch										
Salicaceae	<i>Salix</i> spp.	bark, leaf, bud tips													
Saxifragaceae	<i>Heuchera parvifolia</i>	root													
Scrophulariaceae	<i>Castilleja</i> spp.	plant										flower			
Scrophulariaceae	<i>Linaria</i> spp.	plant													
Scrophulariaceae	<i>Mimulus</i> spp.		leaf, stalk												
Scrophulariaceae	<i>Penstemon</i> spp.	leaf													
Scrophulariaceae	<i>Verbascum thapsus</i>	flower, leaf, root													
Scrophulariaceae	<i>Veronica</i> spp.		herb												
Solanaceae	<i>Hysoscyamus niger</i>	herb													
Solanaceae	<i>Nicotiana attenuata</i>	topical tea													leaf
Solanaceae	<i>Solanum</i> spp.	leaf													
Typhaceae	<i>Typha latifolia</i>	seed down	seed, root, young stem		leaf										
Verbenaceae	<i>Verbena bracteata</i>	entire plant	seeds												
Violaceae	<i>Viola</i> spp.		whole herb, flower						plant						