# Alli Orlistat 60mg Capsules Weight Loss Aid, 90 capsules Starter Pack Front / Top Label 3.625" x 7.125"



#### The Starter Pack includes:

- Read Me First brochure
- Convenient Carrying Case
- Up to 30 day supply (90 capsules)

For more information, visit www.MyAlli.com

**STARTER PACK** 

SEE TOP OF PACKAGE FOR LISTING OF CONTENTS



Orlistat 60mg Capsules Weight Loss Aid

> **FDA** approved non-prescription weight loss aid

Helps you lose more weight than dieting alone

90 CAPSULES

# Alli Orlistat 60mg Capsules Weight Loss Aid, 60 capsules Starter Pack Front / Top Label 7981 3.625" x 7.125"



#### The Starter Pack includes:

- Read Me First brochure
- Convenient Carrying Case
- Up to 20 day supply (60 capsules)

For more information, visit www.MyAlli.com

**STARTER PACK** 

SEE TOP OF PACKAGE FOR LISTING OF CONTENTS



Orlistat 60mg Capsules Weight Loss Aid

> **FDA** approved non-prescription weight loss aid

Helps you lose more weight than dieting alone

**60 CAPSULES** 

## Alli Orlistat 60mg Capsules Weight Loss Aid, 120 capsules Starter Pack Back Label 7.375" x 5.500"

Drug Facts	
Active ingredient	Purpose
(in each sealed capsule)	•

Orlistat 60 mg......Weight loss aid

#### Use

 for weight loss in overweight adults, 18 years and older, when used along with a reduced-calorie and low-fat diet

#### Warnings

#### Organ transplant alert:

do not use if you have had an organ transplant. Orlistat interferes with the medicines used to prevent transplant rejection.

#### Allergy alert:

 do not use if you are allergic to any of the ingredients in orlistat capsules

#### Do not use

#### · if you are taking cyclosporine

if you have been diagnosed with problems absorbing food
 if you are not overweight

#### Ask a doctor before use if you have ever had

gallbladder problems • kidney stones • pancreatitis

#### Ask a doctor or pharmacist before use if you are

 taking warfarin (blood thinning medicine), or taking medicine for diabetes or thyroid disease. Your medication dose may need to be adjusted.

taking other weight loss products

#### When using this product

take a multivitamin once a day, at bedtime. Orlistat can reduce the absorption of some vitamins.

- follow a well-balanced, reduced-calorie, low-fat diet. Try starting this diet before taking orlistat.
- orlistat works by preventing the absorption of some of the fat you eat. The fat passes out of your body, so you may have bowel changes. You may get:
- · gas with oily spotting
- · loose stools
- more frequent stools that may be hard to control
- eating a low-fat diet lowers the chance of having these bowel changes.
- for every 5 pounds you lose from diet alone, orlistat can help you lose 2-3 pounds more. In studies, most people lost 5-10 pounds over 6 months.

#### Stop use and ask a doctor if

 severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition.

#### If pregnant or breast-feeding, do not use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

#### **Drug Facts** (continued)

#### Directions

- read the enclosed brochure for other important information
   diet and exercise are the starting points for any weight loss program. Try these first before adding orlistat. Check with your doctor before starting any exercise program.
- to see if orlistat capsules are right for you, find your height on the chart to the right. You may consider starting a weight loss program with orlistat if your weight is the same or more than the weight shown for your height.
- · for overweight adults 18 years and older:
- take 1 capsule with each meal containing fat
- do not take more than 3 capsules daily
- use with a reduced-calorie, low-fat diet and exercise program until you reach your weight loss goal. Most weight loss occurs in the first 6 months.
- if you stop taking orlistat, continue with your diet and exercise program
- if you start to regain weight after you stop taking orlistat, you may need to start taking orlistat again along with your diet and exercise program
- take a multivitamin once a day, at bedtime, when using orlistat

#### 4'11" 133 lbs. 5' 0" 138 lbs. 5' 1" 143 lbs. 5' 2" 147 lbs 5'3" 152 lbs. 5' 4" 157 lbs. 5' 5" 162 lbs. 5' 6" 167 lbs. 5'7" 172 lbs. 5' 8" 177 lbs 5' 9" 182 lbs. 5' 10" 188 lbs. 5'11" 193 lbs. 6' 0" 199 lbs. 6' 1" 204 lbs. 6' 2" 210 lbs. 6' 3" 216 lbs. 6' 4" 221 lbs. 6' 5" 227 lbs.

Ht. / Wt.

129 lbs.

4' 10"

#### Other information

store at 20 - 25°C (68 - 77°F)

protect drug from excessive light, humidity and temperatures over 30°C (86°F)

#### Inactive ingredients

FD&C Blue No. 2, edible ink, gelatin, iron oxide, microcrystalline cellulose, povidone, sodium lauryl sulfate, sodium starch glycolate, talc, titanium dioxide

Questions or comments? Call toll-free 1-800-671-2554 (English/Spanish) weekdays (10:00am-4:30pm EST)

For more information and to learn more about Alli, visit us at www.MyAlli.com.

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Alli, MyAlli.com, MyAlliPlan.com, Alli Shuttle and various design elements are trademarks of GlaxoSmithKline.

Distributed by: GlaxoSmithKline

Consumer Healthcare, L.P. Moon Township, PA 15108

US Patent Nos. 4,598,089 6,004,996

Shuttle Patent Pending

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TAMPER-EVIDENT features for your protection. The bottle of capsules has a foil seal under the cap imprinted with the words "sealed for your protection". Each individual capsule is sealed with a dark blue band around the center of the capsule. DO NOT USE THIS PRODUCT IF ANY OF THESE TAMPER-EVIDENT FEATURES ARE MISSING, TORN OR BROKEN.

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### Alli Orlistat 60mg Capsules Weight Loss Aid, 90 capsules Starter Pack Back Label 7.375" x 5.500"

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#### Active ingredient

(in each sealed capsule)

Purpose

Orlistat 60 mg.....

...Weight loss aid

#### Use

· for weight loss in overweight adults, 18 years and older, when used along with a reduced-calorie and low-fat diet

#### Warnings

#### Organ transplant alert:

do not use if you have had an organ transplant. Orlistat interferes with the medicines used to prevent transplant rejection.

#### Allergy alert:

· do not use if you are allergic to any of the ingredients in orlistat

#### Do not use

- · if you are taking cyclosporine
- · if you have been diagnosed with problems absorbing food
- · if you are not overweight

Ask a doctor before use if you have ever had

gallbladder problems
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 pancreatitis

#### Ask a doctor or pharmacist before use if you are

- · taking warfarin (blood thinning medicine), or taking medicine for diabetes or thyroid disease. Your medication dose may need to be adjusted.
- taking other weight loss products

#### When using this product

take a multivitamin once a day, at bedtime. Orlistat can reduce the absorption of some vitamins.

- follow a well-balanced, reduced-calorie, low-fat diet. Try starting this diet before taking orlistat.
- orlistat works by preventing the absorption of some of the fat you eat. The fat passes out of your body, so you may have bowel changes. You may get:
- gas with oily spotting
- loose stools
- · more frequent stools that may be hard to control
- eating a low-fat diet lowers the chance of having these bowel
- for every 5 pounds you lose from diet alone, orlistat can help you lose 2-3 pounds more. In studies, most people lost 5-10 pounds over 6 months.

#### Stop use and ask a doctor if

severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition.

If pregnant or breast-feeding, do not use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

#### Drug Facts (continued)

#### Directions

- read the enclosed brochure for other important information diet and exercise are the starting points for any weight loss program. Try these first before adding orlistat. Check with your doctor before starting any exercise program.
- to see if orlistat capsules are right for you, find your height on the chart to the right. You may consider starting a weight loss program with orlistat if your weight is the same or more than the weight shown for your height.
- for overweight adults 18 years and older:
- · take 1 capsule with each meal containing fat
- do not take more than 3 capsules daily
- use with a reduced-calorie, low-fat diet and exercise program until you reach your weight loss goal. Most weight loss occurs in the
- if you stop taking orlistat, continue with your diet and exercise
- if you start to regain weight after you stop taking orlistat, you may need to start taking orlistat again along with your diet and exercise
- take a multivitamin once a day, at bedtime, when using orlistat

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221 lbs.

227 lbs.

6' 4"

6' 5"

Ht. / Wt.

#### Other information

- store at 20 25°C (68 77°F)
- protect drug from excessive light, humidity and temperatures over 30°C (86°F)

#### Inactive ingredients

FD&C Blue No. 2, edible ink, gelatin, iron oxide, microcrystalline cellulose, povidone, sodium lauryl sulfate, sodium starch glycolate, talc, titanium dioxide

Questions or comments? Call toll-free 1-800-671-2554 (English/Spanish) weekdays (10:00am-4:30pm EST)

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Distributed by: GlaxoSmithKline Consumer Healthcare, L.P. Moon Township, PA 15108

US Patent Nos. 4.598.089 6.004.996

Shuttle Patent Pending

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## Alli Orlistat 60mg Capsules Weight Loss Aid, 60 capsules Starter Pack Back Label 7.375" x 5.500"

Drua	<b>Facts</b>
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### Active ingredient (in each sealed capsule)

Orlistat 60 mg......Weight loss aid

Purpose

#### 11--

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#### Warnings

#### Organ transplant alert:

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