Reproductive Effects of the Pharmaceutical Fluoxetine on Native Freshwater Mussels

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### Outline

- > Introduction to fluoxetine
- > Objectives
- > Glochidia release
- » Display behavior
- > Conclusions
- > Implications for future research

### Fluoxetine

- > Active ingredient of Prozac<sup>TM</sup>
  - Anti-depressant prescription drug
- Selective Serotonin Reuptake Inhibitor
  - ↑ serotonin in brain
- Pharmaceuticals & personal care products (PPCPs)
- > PPCPs increasingly being measured in surface waters
- Benefits are undisputable, but effects on aquatic organisms largely unknown



### Fluoxetine in the environment

- Recently, fluoxetine detected in wastewater effluent
  up to 0.5 µg/L (Johnson et al. 2005)
- > Effects on aquatic organisms?
  - Fluoxetine delays amphibian development (Rogers & Black 2005)
- Serotonin has role in glochidia release



 Serotonin & fluoxetine investigated as control measures for exotic zebra mussels (Fong et al. 1994, 1996)



### Objectives

- Evaluate the effects of fluoxetine on glochidia release
- Evaluate effects of fluoxetine on mantle lure display behavior



# Experimental Design – glochidia release

- · Adult Elliptio complanata
  - gravid females
  - Eno R., Hillsborough, NC
  - Little Cr., Wilson, NC
- 3 trials
  - July '04, June '05, July '06
- Fluoxetine:  $0.3-3000\ \mu\text{g/L}$ 
  - Static-renewal (24 h)
- Positive control serotonin
- Endpoints
  - Time to release of glochidia
  - Viability of glochidia released







### Mantle lure display behavior



# Experimental Design – mantle display behavior

- Lampsilis cardium
  - gravid femalesUpper Mississippi R., Pool 8
- · 5 mussels/treatment
- Fluoxetine: 0.3 3000 μg/L
  Static-renewal (24 h)
- Positive control serotonin
- Observed daily every 2 hr (10 hr blocks) for 7 d
- Endpoints
  - Release of glochidia
  - Stage of display



### Display stages



Stage	Description
1	Shell closed, no siphoning
2	Siphoning, no mantle visible
3	Partial lure display
4	Full display, no marsupium
5	Full display, marsupium extended
6	Full display, marsupium, lure beating

















## Experimental Design – mantle display behavior

- Lampsilis fasciola
  - gravid females
  - Little Tennessee River, Franklin, NC
- 6 mussels/treatment
- + Fluoxetine:  $0.3 3000 \ \mu\text{g/L}$
- Positive control serotonin
- Observed daily every 2 hr (10 hr blocks) for 4 d
- Endpoints
  - Release of glochidia
  - Stage of display
    - · Same criteria as L. cardium







### Behavior test results

- Similar behavioral response for *L.* cardium and *L.* fasciola
  - Significantly greater number in stages
    5 & 6 in two highest fluoxetine concentrations
  - No difference in behavior among lure types in *L. fasciola*
- Glochidia release
  - similar to *E. complanata* tests release at highest fluoxetine concentrations





#### **Environmental samples**

- Fluoxetine (& other SSRIs) in surface water samples
  - Cary, NC 4 sites; near WWTP
    effluent
  - Grab water samples
  - Passive sampling devices (POCIS)
- Fluoxetine in sediment & mussel tissue
  - Mussels transplanted from clean site to wastewater effluent for 14 d









#### Summary & Conclusions

- Acute exposure to high concentrations of fluoxetine resulted in premature release of glochidia
  - Mechanistic plausibility for reproductive disruption
- Risk of adverse effects from acute fluoxetine exposure likely low, but effects of chronic exposure to low-levels are not known
- Lure display affected
  - Biological implications?
  - Effects on other behaviors?
- > Fluoxetine in water, sediment & mussel tissue

#### Things to ponder...

- Freshwater mussels are sentinels of water quality problems
- Fluoxetine is one of hundreds of PPCPs measured in wastewater effluents—chronic, sediment exposures
- Regulatory and management implications?





