## SPECIAL RECOGNITION CATEGORY

## MENTAL HEALTH CHALLENGES ART DIVISION

## Celtic Warrior – The Power of the Mask

## PAMELA "JADE" SCOTT VA EASTERN COLORADO HEALTH CARE SYSTEM DENVER, COLORADO

Faced with the effects of post-traumatic stress disorder, 55-year-old Army veteran Pamela "Jade" Scott looked for an outlet for her feelings and an avenue toward peace of mind. She discovered that working with clay is an answer to her search, and creates masks that in her words reflect "an evolution in transformation."

"I have watched myself move from a dark abyss using dark pigments, to transmuting into colors and textures," Scott says. "Oftentimes, being isolated from human contact through feelings of rage, depression, hopelessness and fear, working on the masks has helped me to transcend the difficulties of living and empower myself."

Though she still struggles with the effects of her disorder, Scott is proud of her accomplishments. She hopes that her efforts will assist others in their healing process and in finding continual harmony with all things. She says, "I hope that my art will reflect that we are all connected through a spirit of oneness."

