



Ranger Guided Programs, August 5 - 11, 2007

| <i>Location</i> | <i>Program</i> | <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|--------------------------|---|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| Toms Cove Visitor Center | Free as a Bird * (2 hours, ¾ mile) | 7:30 am | | | 7:30 am | | | |
| Naturalist Shack | Hook, Line & Sinker (2 hours, ¼ mile) | | | 8:00 am | | | | |
| Bayside of Lot #3 | Marine Explorers (2 hours, ¼ mile) | | 8:00 am | | | | 8:00 am | |
| Toms Cove Visitor Center | Under the Boardwalk (45 minutes, ¼ mile) | 4:00 pm | | | | | | 10:00 am |
| Naturalist Shack | Life on the Edge (1 hour, ½ mile) | 10:00 am | | | | | 9:30 am | |
| Lifeguarded Beach | Surf Rescue Demonstration (½ hour) | | 10:00 am | | 10:00 am | | 10:00 am | |
| Naturalist Shack | Marsh Walk (1 hour, ¼ mile) | | | 10:00 am | | 10:00 am | | |
| Toms Cove Visitor Center | Aquarium Talk (½ hour) | 1:30 pm | 1:30 pm | | 1:30 pm | 1:30 pm | 1:30 pm | 1:30 pm |
| Toms Cove Visitor Center | Mini & Junior Ranger Awards (15 minutes) | 3:00 pm | 3:00 pm | 3:00 pm | 3:00 pm | 3:00 pm | 3:00 pm | 3:00 pm |
| Toms Cove Visitor Center | Creature Feature (15 minutes) | 3:30 pm | 3:30 pm | 3:30 pm | | 3:30 pm | 3:30 pm | 2:30 pm |
| Beach at Lot #2 | Beach Campfire (45 minutes) | 8:30 pm | | | 8:30 pm | | | |
| Naturalist Shack | Night Hike (45 minutes, ¾ mile) | | | | | 8:30 pm | | 8:30 pm |

* Advance Registration Required. Register at the Toms Cove Visitor Center.

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Special Note: Children under 12 must be accompanied by an adult on all programs.

Free as a Bird! - (Advance registration required, limit 25.)

Have you ever wished that you could fly? From beginners to experts, join us in a search for some of our feathered friends with the freedom of flight. A limited number of binoculars and bird guides are provided.

Hook, Line & Sinker - If sitting on the beach bores you, you might just get hooked on surf fishing. Designed for those with limited surf fishing experience, this program includes demonstrations of equipment, bait and casting techniques. Equipment is provided, however, actual practice time depends on group size. **Program is limited to those 12 years and older.**

Marine Explorers - Join a ranger and investigate the island from beach to bay. Expect to get wet! **A snug pair of wading shoes is required, no flip-flops.**

Under the Boardwalk - What's in bloom? Who made those tracks? Why are the crabs waving at me? You never know what you'll see under the boardwalk!

Life on the Edge - Are you brave enough to explore the edge of the continent? Hold on to your hats, investigate where land meets sea and consider the power of the ocean!

Marsh Walk - Use your senses to discover the many mysteries of the salt marsh. What sights, smells, sounds, tastes or feelings might you experience here that are found nowhere else? **Wear shoes that you don't mind getting wet and muddy.**

Creature Feature - Gather 'round the ranger and today's mystery "guest." Learn the life and lore of a special island or bay resident during this informal discussion.

Surf Rescue Demonstration - Keep your family safe at the beach this summer. Learn how to survive being caught in a seaward current and what to do in a lightning storm. National Park Service lifeguards will explain beach hazards and demonstrate surf rescue techniques.

Aquarium Talk - The marine aquariums in the Toms Cove Visitor Center are just a "drop in the bucket" of the diversity of life surrounding the island. Get a peek at who is swimming around out there with you!

Mini & Junior Ranger Awards - Mini & Junior Rangers planning to attend the 3:00 pm Junior Ranger Awards Ceremony need to turn their completed booklets in to the Toms Cove Visitor Center staff by 2:00 pm.

Beach Campfire - A campfire on the beach recreates the mood of days gone by. Join park rangers for a fun and educational program covering a variety of topics on the rich cultural and natural history of Assateague Island. You are welcome to bring marshmallows and roasting sticks. A flashlight and insect repellent are suggested.

Night Hike - Scared of the dark? No need to be! Join a ranger for a leisurely stroll along the surf to experience the beach at night. A flashlight and insect repellent are suggested.

The National Park Service assists the U.S. Fish and Wildlife Service in interpretation and recreation management, but only in the Toms Cove area of the Virginia portion of the island. The Chincoteague National Wildlife Refuge provides many other activities throughout the rest of the refuge. Contact the Herbert H. Bateman Educational & Administrative Center at 757-336-6122 for program details.