



# Program Schedule: July 20 - 26, 2008

<i>Location</i>	<i>Program</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Toms Cove Visitor Center	<b>Free as a Bird *</b> (2 hours, ¾ mile)			7:30 am				
Naturalist Shack Lot#2	<b>Hook, Line &amp; Sinker</b> (2 hours, ¼ mile)			8:00 am				
Bayside of Lot #3	<b>Kayak in the Cove *</b> (2 hours) \$10 fee per person				10:00 am	11:00 am		2:30 pm
Bayside of Lot #3	<b>Marine Explorers</b> (2 hours, ¼ mile)		8:00 am				8:00 am	
Naturalist Shack Lot#2	<b>Life on the Edge</b> (1 hour, ½ mile)	10:00 am						
Lifeguarded Beach	<b>Surf Rescue Demonstration</b> (½ hour)		10:00 am		10:00 am		10:00 am	
Naturalist Shack Lot#2	<b>Marsh Walk</b> (1 hour, ¼ mile)							10:00 am
Toms Cove Visitor Center	<b>Under the Boardwalk</b> (45 minutes, ¼ mile)			2:00 pm				11:00 am
Toms Cove Visitor Center	<b>Aquarium Talk</b> (½ hour)	1:30 pm		1:30 pm		10:00 am	1:30 pm	1:30 pm
Toms Cove Visitor Center	<b>Mini &amp; Junior Ranger Awards</b> (15 minutes)	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm
Toms Cove Visitor Center	<b>Creature Feature</b> (15 minutes)	3:30 pm	3:30 pm	3:30 pm	3:30 pm	3:30 pm	3:30 pm	
Beach at Lot #2	<b>Beach Campfire</b> (45 minutes)	8:30 pm			8:30 pm			
Naturalist Shack Lot#2	<b>Night Hike</b> (45 minutes, ¾ mile)						8:30 pm	

\* Advance Registration Required. Register at the Toms Cove Visitor Center.

Special Note: Children under 12 must be accompanied by an adult on all programs.

**Program** →  
**Descriptions**

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## Program Descriptions

### **Free as a Bird - (Advance registration required, limit 25.)**

Discover some of Assateague's most colorful summer residents on this walk designed for beginning birders. A limited number of binoculars and bird guides are provided.

**Hook, Line & Sinker - Program is limited to those 12 years and older.** If sitting on the beach bores you, you might just get hooked on surf fishing. Designed for those with limited surf fishing experience, this program includes demonstrations of equipment, bait and casting techniques. Equipment is provided, however, actual practice time depends on group size.

**Marine Explorers** - Join a ranger and investigate the island from beach to bay. Expect to get wet! **A snug pair of wading shoes is required, no flip-flops.**

**Life on the Edge** - Are you brave enough to explore the edge of the continent? Hold on to your hats, investigate where land meets sea and consider the power of the ocean!

**Surf Rescue Demonstration** - Keep your family safe at the beach this summer. Learn how to survive being caught in a seaward current and what to do in a lightning storm. National Park Service lifeguards will explain beach hazards and demonstrate surf rescue techniques.

**Marsh Walk** - Use your senses to discover the many mysteries of the salt marsh. What sights, smells, sounds, tastes or feelings might you experience here that are found nowhere else? **Wear shoes & clothing that you don't mind getting wet and muddy.**

**Under the Boardwalk** - What's in bloom? Who made those tracks? Why are the crabs waving at me? You never know what you'll see under the boardwalk!

**Aquarium Talk** - The marine aquariums in the Toms Cove Visitor Center are just a "drop in the bucket" of the diversity of life surrounding the island. Get a peek at who is swimming around out there with you!

**Kayak in the Cove** - Join us for a paddle in Toms Cove to discover what's beneath the boat. Be ready to get wet! Children between the ages of 6 and 12 years old must be with an adult in a tandem kayak (as a passenger **only**). Children must be 13 yrs or older to paddle kayak alone **and** a parent or guardian must be on the trip. Children must be 16 or older to paddle on a trip alone. One seat per person. All equipment is provided. Wear clothing and shoes (no flip-flops) for wading. **Note: Reservations must be made in person at the Toms Cove Visitor Center. There is a \$10.00 per person fee, payable by cash or check only when making the reservation** (non-refundable except for weather cancellations).

**Mini & Junior Ranger Awards** - Mini & Junior Rangers planning to attend the 3:00 pm Junior Ranger Awards Ceremony need to turn their completed booklets in to the Toms Cove Visitor Center staff by 2:00 pm.

**Creature Feature** - Gather 'round the ranger and today's mystery "guest." Learn the life and lore of a special Assateague resident during this informal discussion.

**Beach Campfire** - A campfire on the beach recreates the mood of days gone by. Join park rangers for a fun and educational program covering a variety of topics on the rich cultural and natural history of Assateague Island. You are welcome to bring marshmallows and roasting sticks. A flashlight and insect repellent are suggested.

**Night Hike** - Scared of the dark? No need to be! Join a ranger for a leisurely stroll along the surf to experience the beach at night. A flashlight and insect repellent are suggested.

*The National Park Service assists the U.S. Fish and Wildlife Service in interpretation and recreation management, but only in the Toms Cove area of the Virginia portion of the island. The Chincoteague National Wildlife Refuge provides many other activities throughout the rest of the refuge. Contact them at 757-336-6122 for program details.*