



OFFICE OF MANAGED CARE AN OVERVIEW

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Director

Office of Managed Care

Center for Substance Abuse Prevention (CSAP)
Substance Abuse and Mental Health Services
Administration (SAMHSA)

February 2000



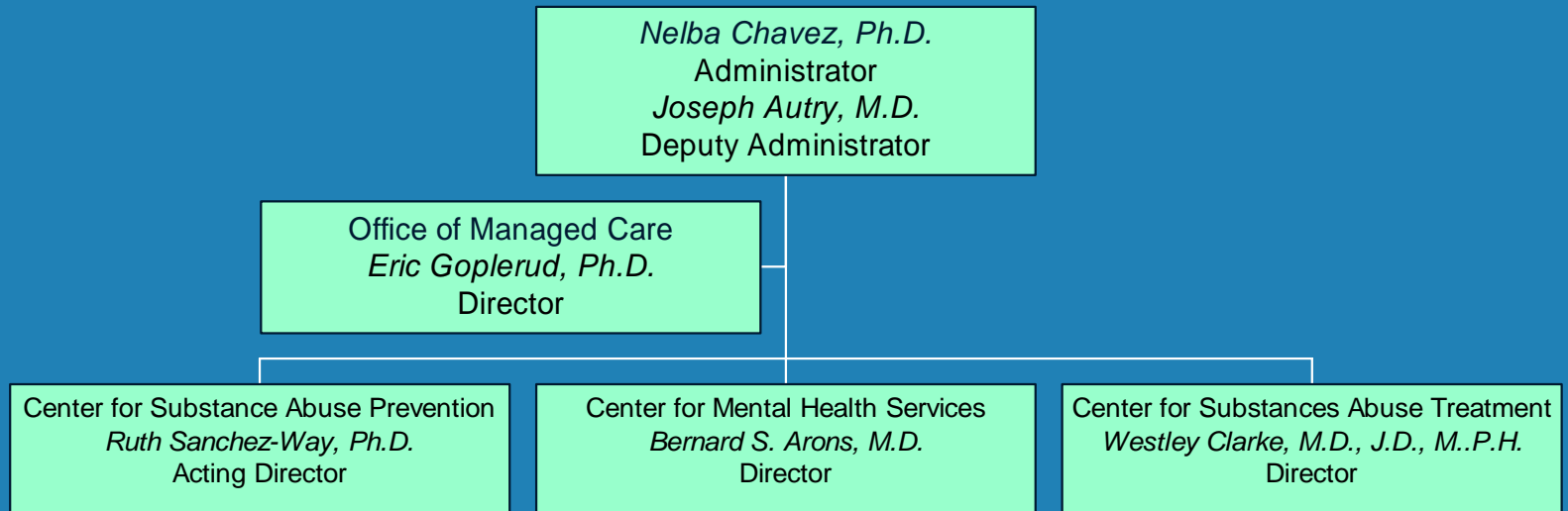
HISTORY

1995

The Administration's healthcare reform efforts resulted in SAMHSA's Administrator taking the lead in creating the first managed care initiative in the Department of Health and Human Services.

SAMHSA

Substance Abuse & Mental Health Services Administration





MANAGED CARE: SAMHSA & CSAP

SAMHSA

Eric Goplerud, Ph.D.
(OA)

Jeffrey Buck, Ph.D.
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CSAP

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Sheri Rucker, M.S.W.

Wilma Pinnock

Debra Ingram



MANAGED CARE

Managed care as concept was not new.

Publicity was the new element.



SAMHSA HISTORY (Continued)

SAMHSA decided to run the managed care initiative as a business and created a board of directors with representatives from each SAMHSA Center.



SAMHSA HISTORY (Continued)

After one year SAMHSA decided to create an Office of Managed Care in each Center to address the differences in behavioral health addressed by each Center versus the traditional medical model in managed care.



Managed Care is the provision of health services through...

- * Control of cost and quality through utilization review
- * Outcome orientation
- * Consumer focus/business orientation
- * Shared or managed financial risk with provider accountability



SAMHSA HISTORY (Continued)

1996 -- Office of Managed Care
(OMC)

Created in CSAP



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CSAP'S STRATEGIC PLAN FOR MANAGED CARE

Approved by CSAP National
Advisory Council - September 1997

Reviewed & Modified by CSAP Senior
Staff - December 1997



CSAP'S STRATEGIC PLAN FOR MANAGED CARE

MISSION

Prevention is an essential element of any health care delivery system. CSAP is committing to promoting preventive interventions with specific outcomes & impacts for individuals & their families as they transition through the lifecycle from prenatal to old age.



CSAP'S STRATEGIC PLAN FOR MANAGED CARE

VISION

CSAP advocates for pre-natal, post-natal, infant and early childhood substance abuse and mental health screening, identification, and appropriate referral.



CSAP'S STRATEGIC PLAN FOR MANAGED CARE

GOALS

- * To develop efficient standards, guidelines & outcome measures for prevention strategies
- * To develop & synthesize prevention strategies, models, protocols & programs for managed care
- * To coordinate and collaborate all behavioral prevention activities related to managed care
- * To provide training/technical assistance & dissemination of substance abuse & mental health information in the area of managed care

CSAP'S STRATEGIC PLAN FOR MANAGED CARE

CORE VALUES

- * Prevention programs shall be operational & have measurable outcomes
- * All consumers shall have universal access to quality care without regard to socioeconomic status
- * Managed care shall be a consumer-driven system that fosters self-care
- * Any quality prevention programs shall ensure physical & perceptual access & integrate intervention strategies that are culturally & linguistically sensitive
- * The child shall be the primary focus – i.e., healthy care provider in consultation with the parent/caregiver to identify individuals, especially children, at risk for substance abuse & mental health problems

MAJOR MANAGED CARE ACTIVITIES IN CSAP

- * Workplace Managed Care Grants and Coordinating Center (DWP)
- * National Leadership Support Project (OMC)
- * Preventing Mental Health & Substance Abuse Problems in Managed Care Settings (NMHA/OMC/SAMHSA)
- * Managed Care Training & TA (OMC)
- * MC KDA & Prevention Survey (SAMHSA/DKDE)
- * Managed Care & Prevention Resource Guide (OMC/DPAE)
- * Prevention Dollars at Work in MCOs (OMC/DPAE)
- * Contracting Document (DSCSD/OMC)
- * CHIP Paper (NPN/OMC)
- * CHIP Tracking (SAMHSA/OD)
- * Managed Care Library (OMC)
- * IBH Sponsor (OMC)
- * Coalitions' Linkages with MCOs (DSCSD)



REPORT SUMMARY

- ✧ Evidence-based preventive interventions are needed to manage the need for health care
- ✧ Purchasers of managed health care services can improve the health care delivery system by incorporating prevention along side treatment and maintenance
- ✧ Report reviews health care delivery and prevention models
- ✧ Recommends a framework and best practices for applying prevention and for obtaining measurable outcomes



PREVENTIVE INTERVENTIONS FOR MENTAL HEALTH AND SUBSTANCE ABUSE UNDER MANAGED CARE

- * Targeted cessation education/counseling for smokers, especially those who are pregnant
- * Pre-natal and infancy home visits
- * Targeted short-term mental health therapy
- * Self-care education for adults
- * Pre-surgical educational intervention with adults
- * Brief counseling to reduce alcohol use

OMC WEB SITE

<http://wmcare/samhsa.gov/omc/>





FUTURE ISSUES

- * Dissemination to key stakeholders
- * Solicit and incorporate feedback
- * Process, capacity & outcome measures suggested but more work needed
- * Implementation issues
- * Purchaser contracting language for prevention
- * Pilot tests in managed care settings
- * **Prevention Dollars at Work in Managed Care**



Prevention Dollars at Work in Managed Care

Web Site

<http://p2001.health.org/1managed care>