

American Association of Pharmaceutical Scientists Annual meeting  
"Why Absorption and Pharmacokinetic Models Are More Important in  
Future Drug Development"  
November 17, 2008, Atlanta, GA

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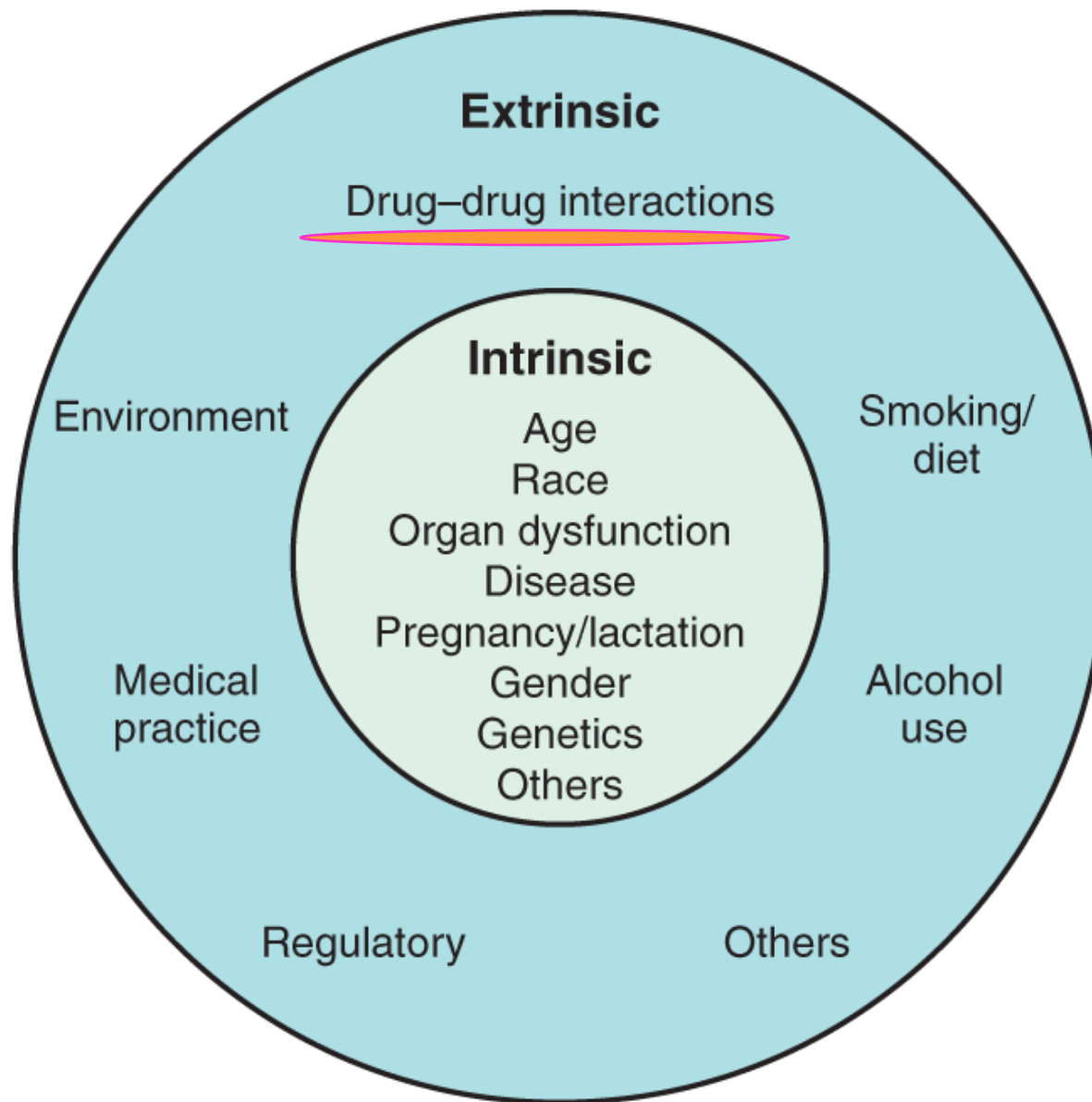
Challenges in the  
Evaluation and Labeling of  
Drug-Drug Interactions  
- Focusing on Transporters -

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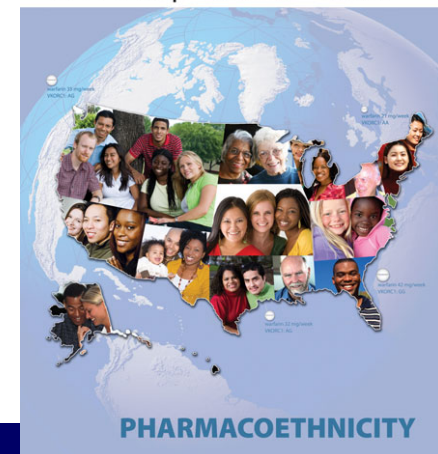
Shiew-Mei Huang, Ph.D.  
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Office of Clinical Pharmacology  
CDER, FDA  
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# Is This the Drug or Dose for You?: Impact and Consideration of Ethnic Factors in Global Drug Development, Regulatory Review, and Clinical Practice

S-M Huang<sup>1</sup> and R Temple<sup>2</sup>

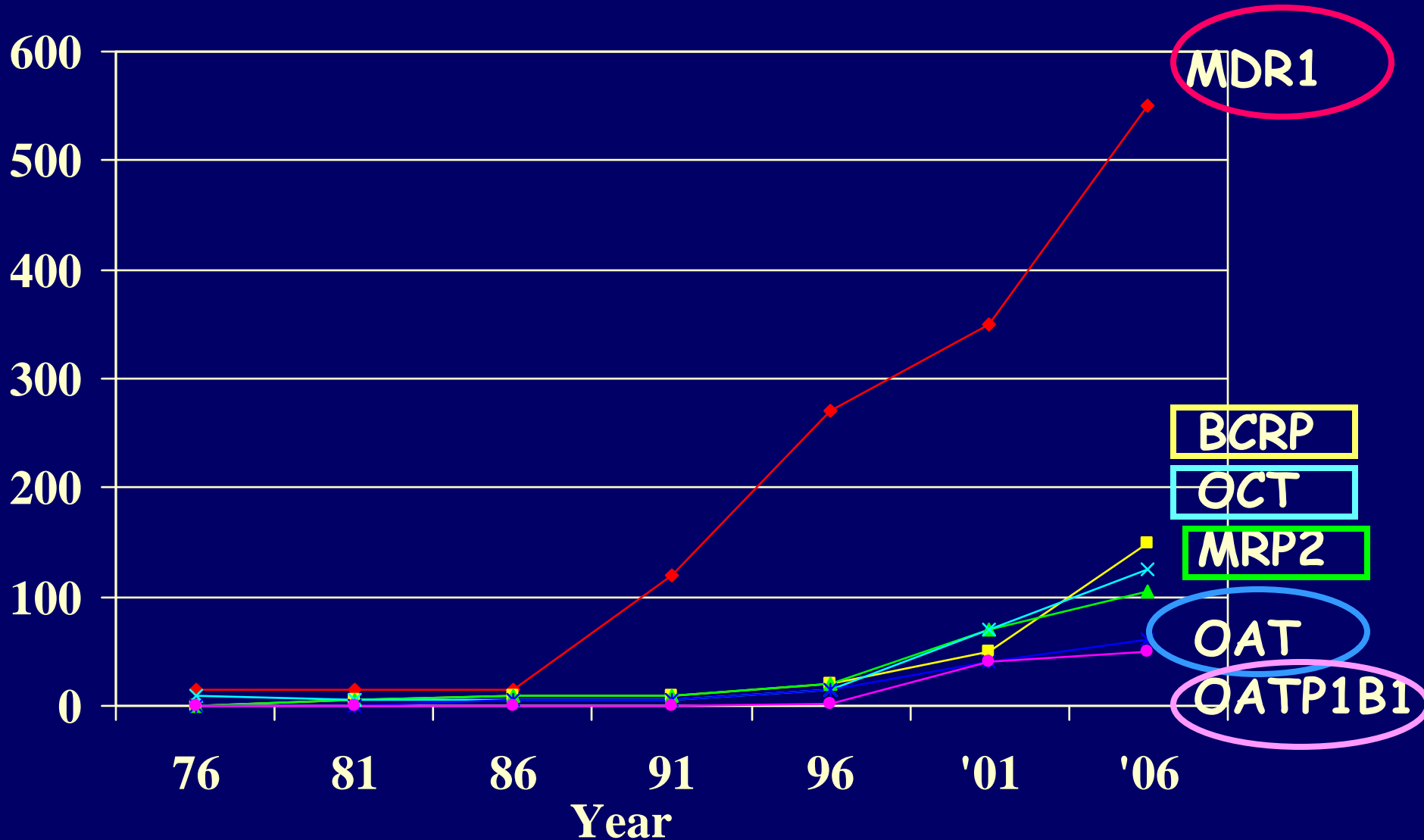


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& Therapeutics**  
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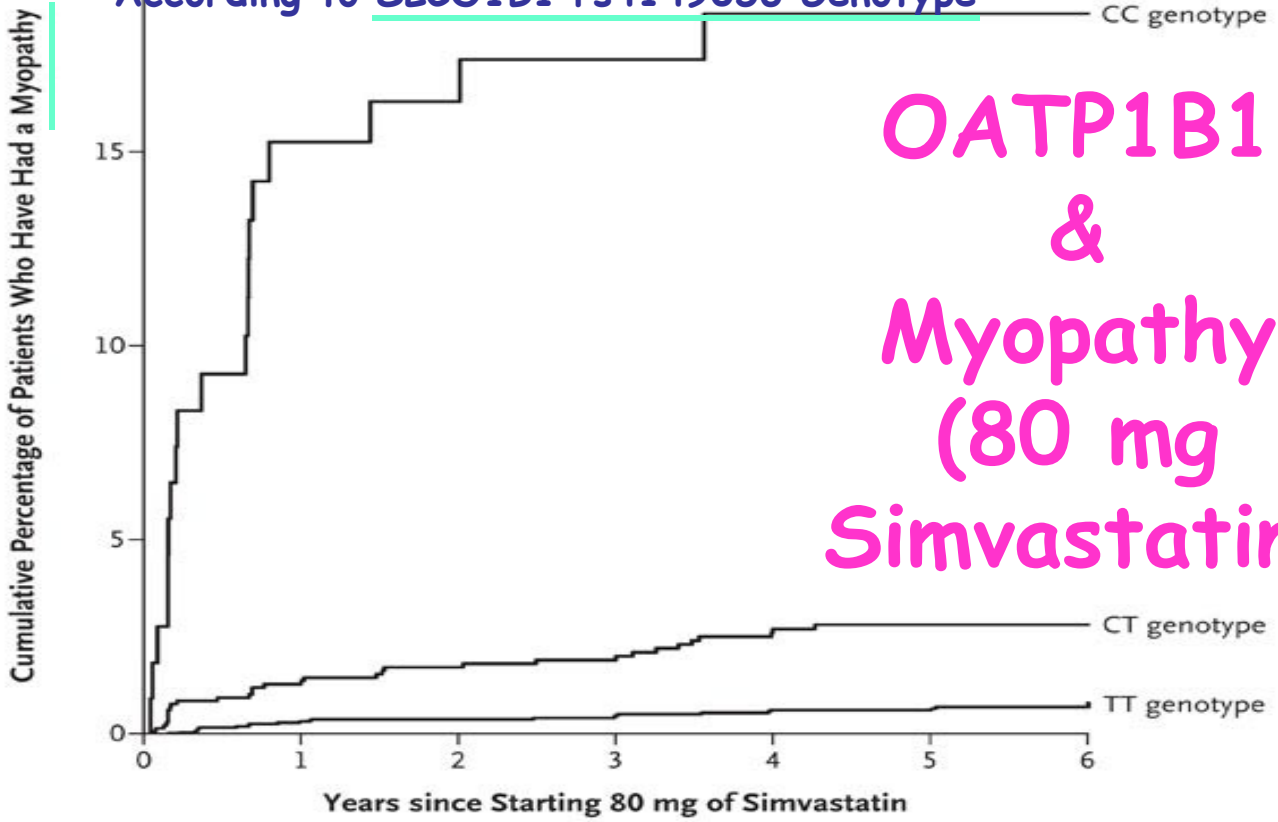


<Huang S-M, Temple R, Clin Pharmacol Ther. 84(3): 287-294, 2008>

# Number of published papers/patents



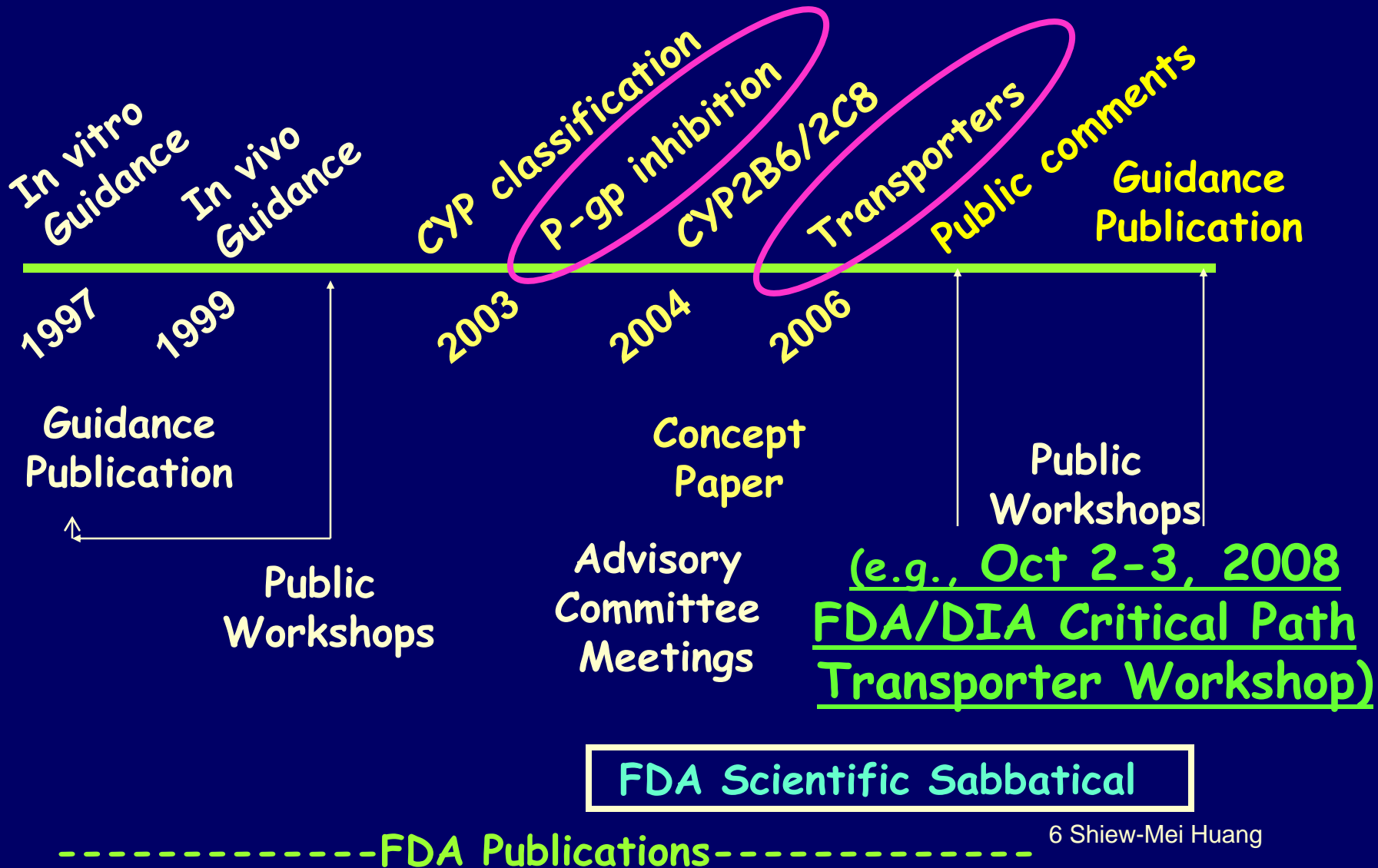
Estimated Cumulative Risk of Myopathy Associated with Taking 80 mg of Simvastatin Daily, According to SLCO1B1 rs4149056 Genotype



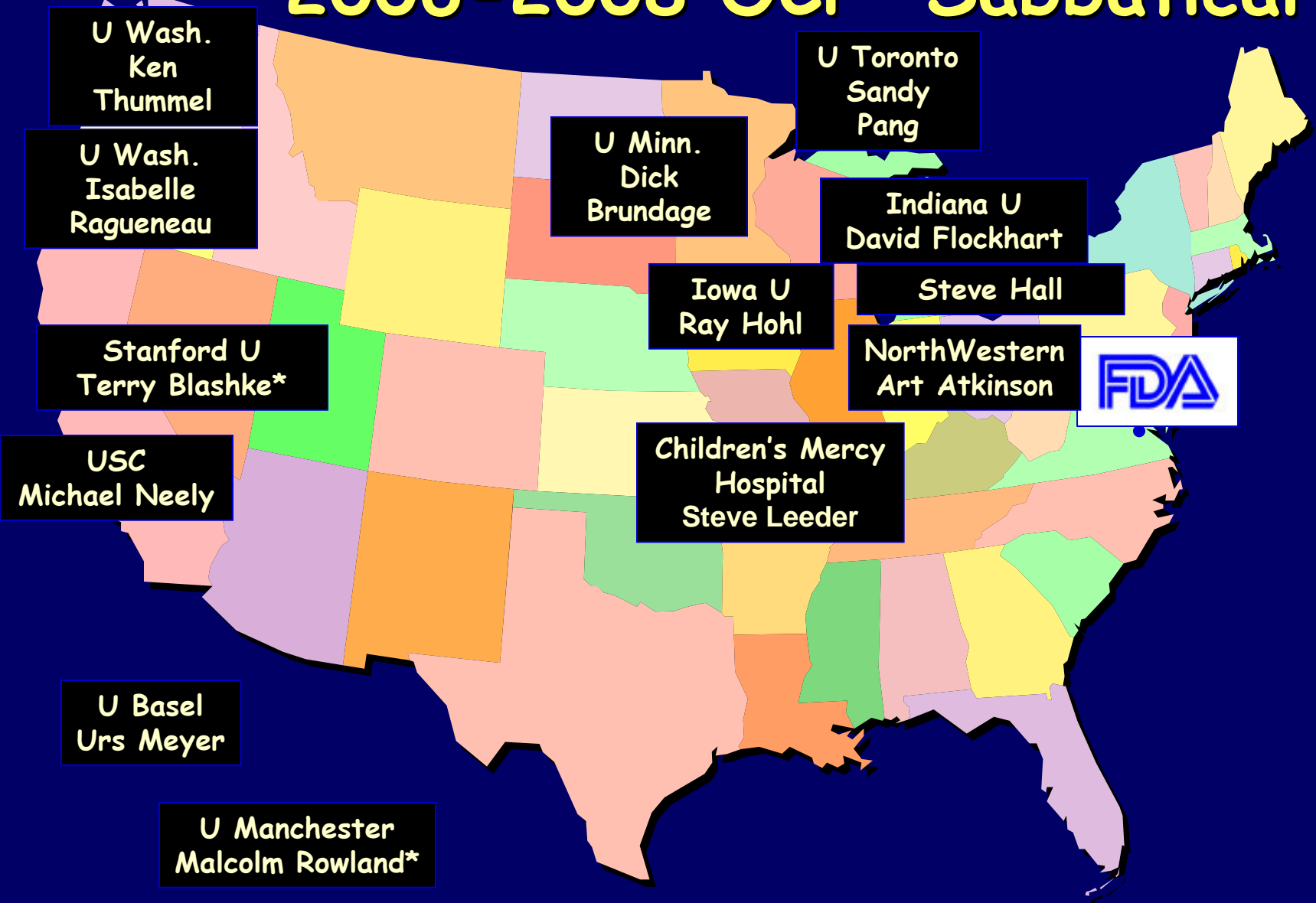
Cumulative No. and Percentages with Myopathy

Genotype	Population Frequency	Year 1				Year 5			
		Attributable to genotype		Attributable to genotype		Attributable to genotype		Attributable to genotype	
		no.	%	no.	% of total	no.	%	no.	% of total
TT	0.730	12	0.34	0	0	21	0.63	0	0
CT	0.249	17	1.38	12.8	75	32	2.83	24.9	78
CC	<u>0.021</u>	16	15.25	15.6	98	19	18.55	18.4	97
All genotypes	1.000	45	0.91	28.4	63	72	1.56	43.3	60

# Discussions on Drug Interactions



# 2006-2008 OCP "Sabbatical"



\* Prior to 2006

# Guidance for Industry

## Drug Interaction Studies — Study Design, Data Analysis, and Implications for Dosing and Labeling

### *DRAFT GUIDANCE*

This guidance document is being distributed for comment purposes only.

Comments and suggestions regarding this draft document should be submitted within 60 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit comments to the Division of Dockets Management (HFA-305), Food and Drug Administration, 5630 Fishers Lane, rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document contact (CDER) Shiew-Mei Huang, 301-796-1541, or (CBER) Tomi Stefano, 301-827-6190.

U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)  
Center for Biologics Evaluation and Research (CBER)

September 2006  
Clinical Pharmacology

*Draft published for public  
comment*

*September 11, 2006*

*[http://www.fda.gov/cder/  
guidance/6695dft.pdf](http://www.fda.gov/cder/guidance/6695dft.pdf)*



# What's New

Metabolism, transport,  
drug-interaction info key to  
benefit/risk assessment

*October 2006, advisory committee meeting:*

*<http://www.fda.gov/ohrms/dockets/ac/cder06.html#PharmScience>*

*<http://www.fda.gov/ohrms/dockets/ac/06/slides/2006-4248s1-index.htm>*

*<Huang, Temple, Throckmorton, Lesko, Clin.Pharmacol.Ther. Feb 2007>*

*<Huang, Strong, Zhang, Reynolds, Nallani, Temple, et al, J Clin Pharmacol, June, 2008>*

*<Zhang, Zhang, Strong, Reynolds, Huang, Xenobiotica, July 2008>*

## CYP Enzymes

### Decision trees--

When in vivo studies are recommended per in vitro data

- Substrate (25% metab)
- Inhibitor ( $I/K_i > 0.1$ )
- Inducer (40% control)

What's New?

## Transporters (P-gp)

### Decision tree—

When in vivo studies are recommended per in vitro data

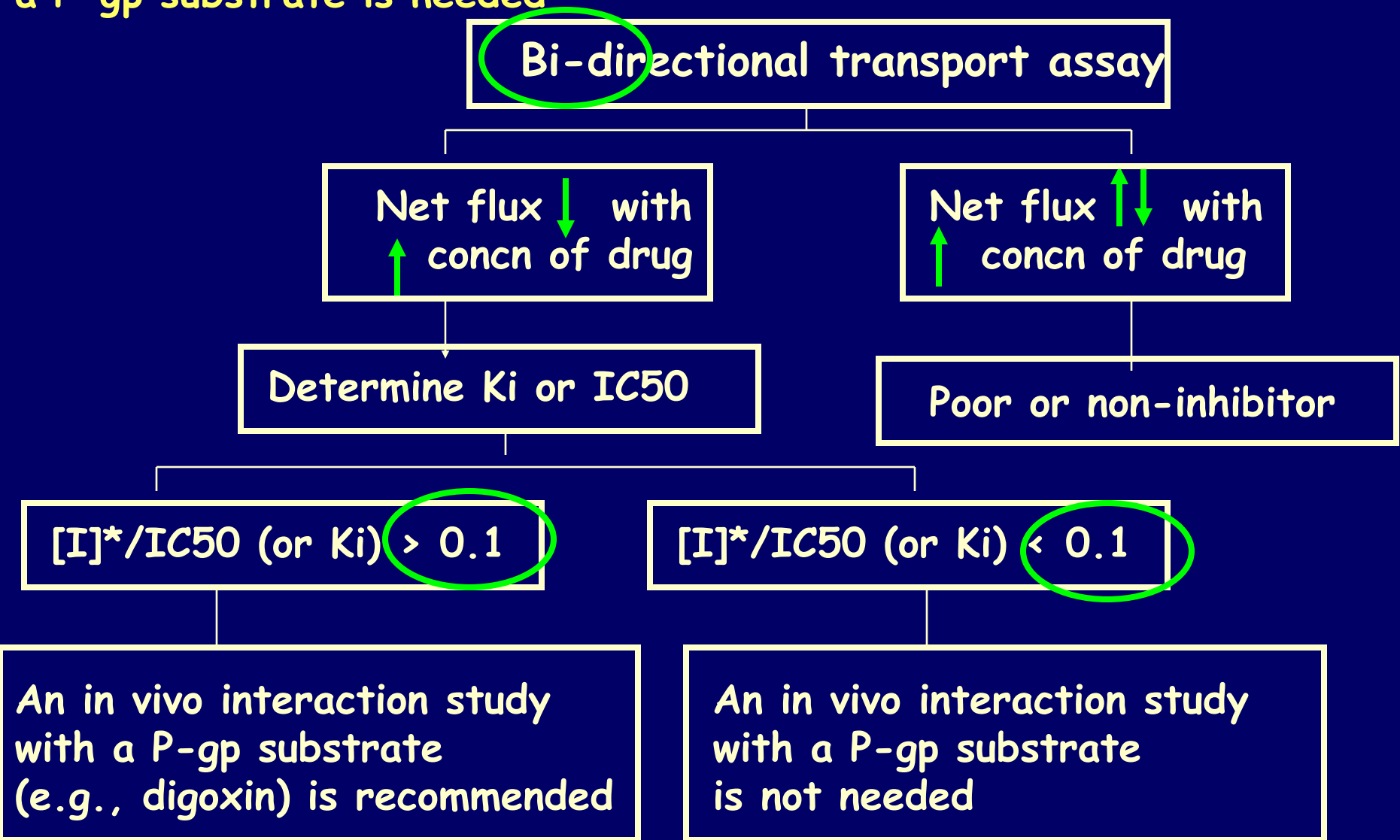
- Substrate (flux ratio)
- Inhibitor ( $I/K_i$ )
- (Inducer)

## Classification of

- Inhibitors
- Inducers
- Substrates

No classification system recommended

Figure 1. Decision tree to determine whether an investigational drug is an inhibitor for P-gp and whether an in vivo drug interaction study with a P-gp substrate is needed



**\*Alternate approach:  $[I]_2/K_i > 10$**

**<L Zhang, Y Zhang, JM Strong, K Reynolds, S-M Huang, Xenobiotica, July 2008>**

# Transporter Info in the Current Labeling

# Current Labeling\*

Transporter	Drug Names
P-gp	Ambrisentan, (aprepitant), clarithromycin, fexofenadine, (fosaprepitant), (ixabepilone), lapatinib, posaconazole, ((propafenone)), ranolazine, sirolimus, tipranavir,
OATP1B1	Atorvastatin, [cyclosporine], lapatinib
OATP	Ambrisentan
Organic anion	Sitagliptin
Organic cation	Metformin, pramipexole, varenicline
BCRP	Lapatinib
MRP	(Ixabepilone)

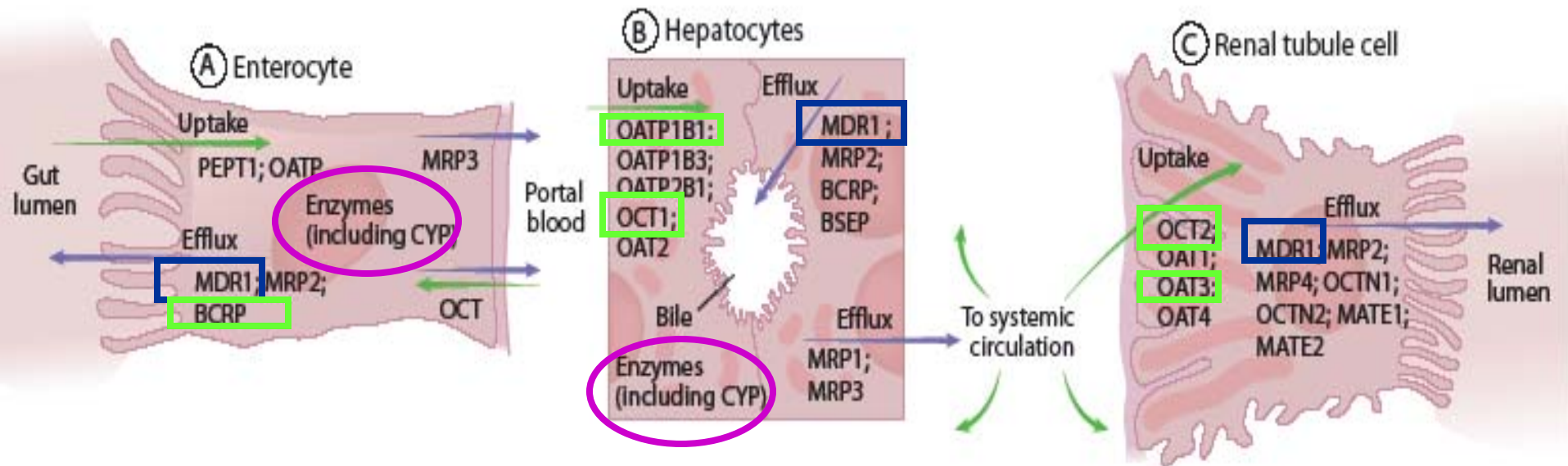
\*This is not an extensive list. Data based on a preliminary survey of electronic PDR, October 1, 2008. Those in "( )" indicated mentioned in the labeling as not a substrate or not an inhibitor ( ), or not studied (( )) or as an inhibitor [ ] for other drugs

# IND/NDA Discussions\*

Transporter	Recommendations
No data on P-gp (oncology)	Post-marketing commitment as P-gp substrate or inhibitor
OATP1B1 substrate (HIV)	Recommended study with lopinavir/ritonavir
OATP1B1 inhibitor	Sponsor studied rosuvastatin
CYP3A/OATP1B1 inhibitor	Sponsor studied simvastatin

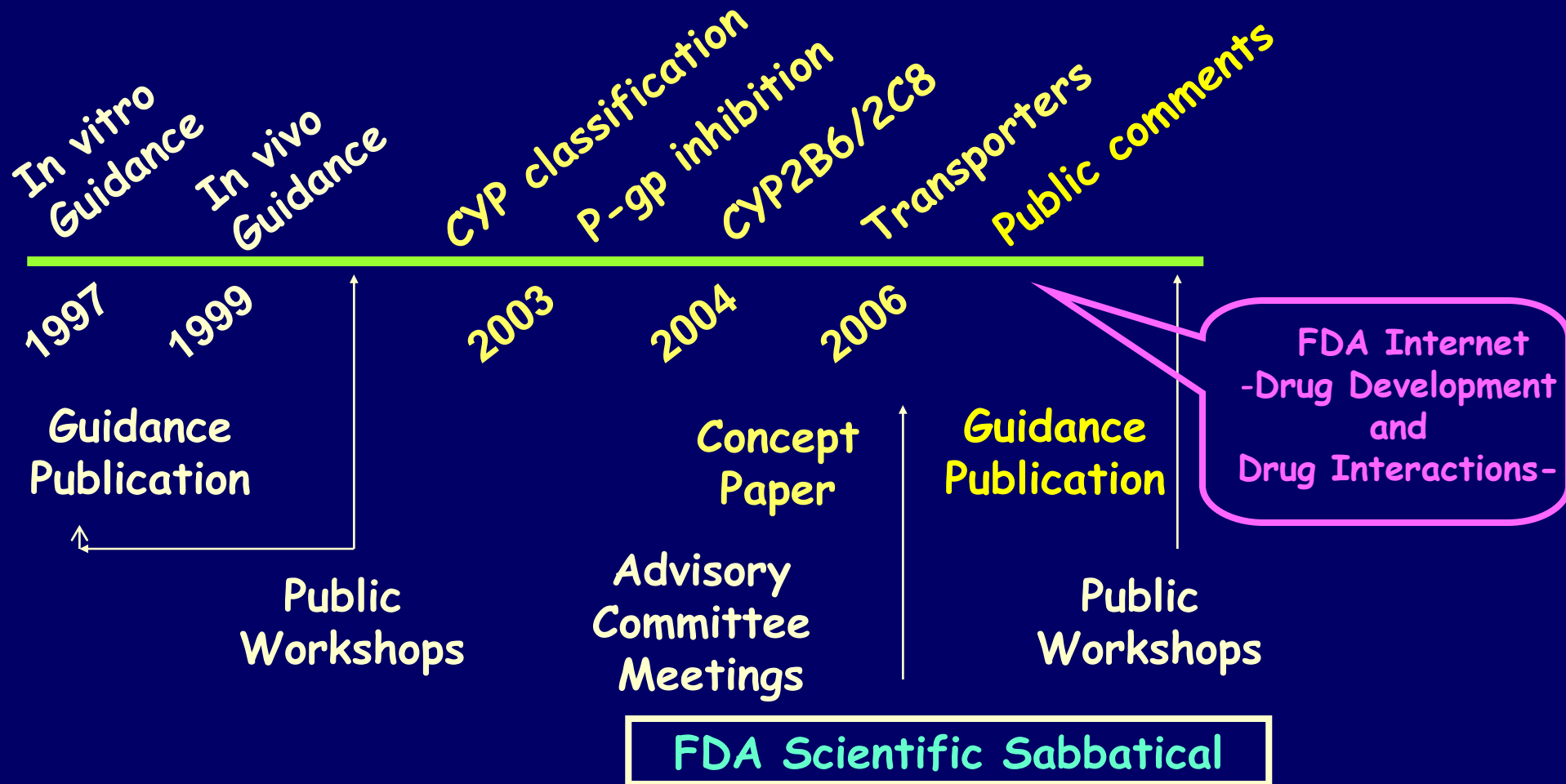
\* Not an extensive list; case examples from recent IND/NDA discussions - courtesy of Abraham S, Booth B, Zhang L, Zhang YD

# Selected efflux & uptake transporters in the gut wall (a), liver (b), and kidneys (c)



Huang S-M, Lesko LJ, and Temple R, "Adverse Drug Reactions and Pharmacokinetic Drug Interactions", Chapter 21, Adverse Drug Reactions and Drug Interactions in Part 4, FUNDAMENTAL PRINCIPLES: Clinical Pharmacology, "Pharmacology and Therapeutics: Principles to Practice," Ed. Waldman & Terzic, Elsevier (in press)

# Discussions on Drug Interactions



-----FDA Publications-----

<http://www.fda.gov/cder/drug/drugInteractions/default.htm>



# Drug Development and Drug Interactions

- [Overview](#)

- [Background Information](#)

- [Tables of Substrates, Inhibitors and Inducers](#)

  - [CYP Enzymes](#)

    - [In vitro](#)

    - [In vivo](#)

      - [Examples of in Vivo Substrate, Inhibitor, and Inducer for Specific CYP Enzymes](#)

      - [Classification of Inhibitors](#)

      - [Classification of Substrates](#)

  - [P-gp Transporters](#)

  - [Major Human Transporters](#)

  - [Possible Models for Decision-Making](#)

    - [CYP-Based Drug-Drug Interaction Studies](#)

    - [P-gp-Based Drug-Drug Interaction Studies](#)

  - [FDA Drug Interaction Working Group Members](#)

  - [Regulatory Guidance and Manual for Policies and Procedures](#)

  - [Publications](#)

  - [Presentations](#)

  - [Advisory Committee Meetings](#)

  - [Related Links](#)

  - [Contact Information](#)

# Questions Asked during Review

Drug interactions evaluated?

Clinical significance of the finding (exposure-response)?

Labeling language?

# Case 1

# Rosuvastatin (Crestor®)

- Not extensively metabolized (10%) CYP2C9
- F=20%, fe= 6%
- Substrate for BCRP and OATP1B1\*
- Interaction studies conducted-

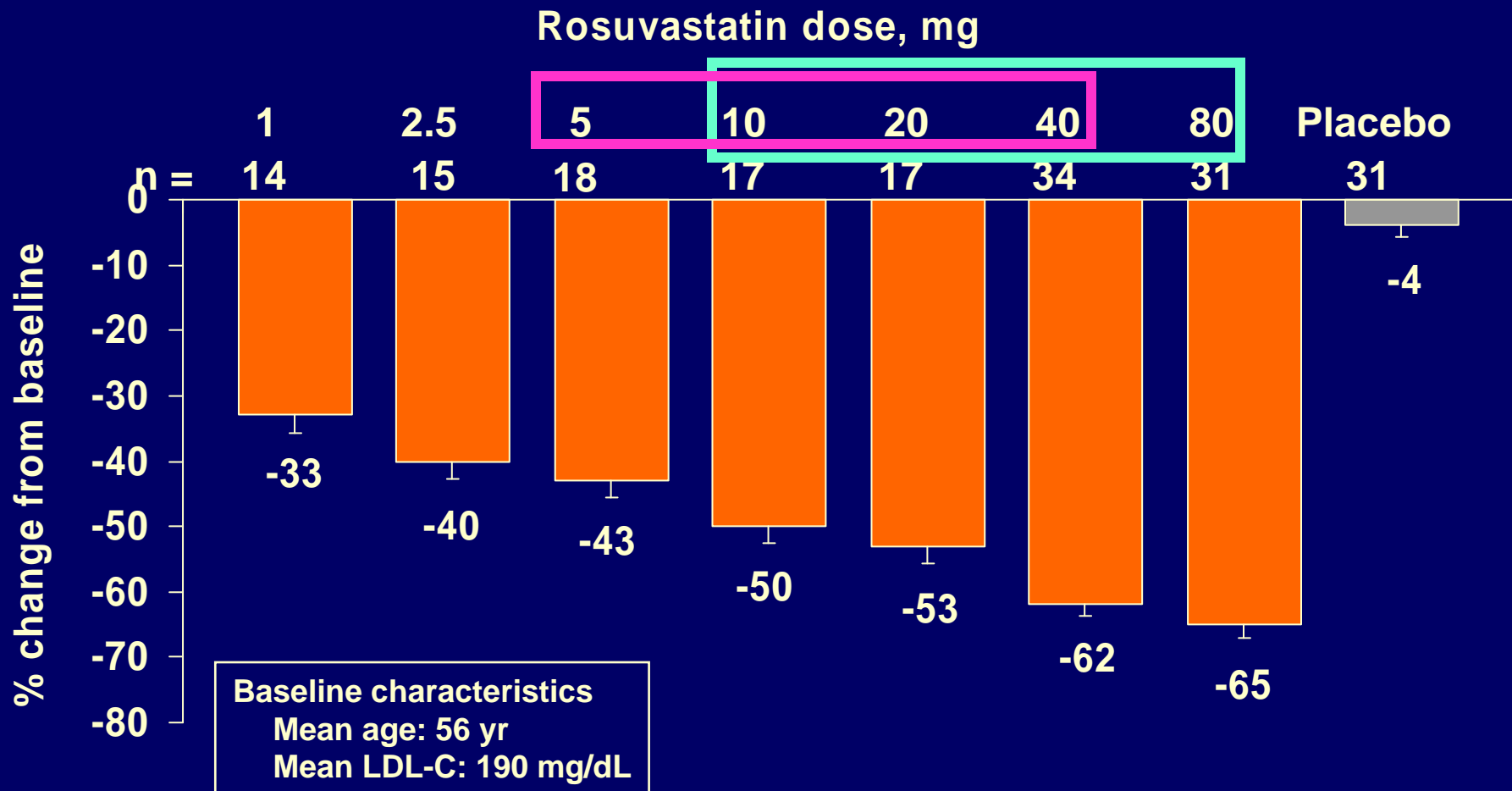
## Effect of other drugs

Cyclosporine; Gemfibrozil  
Lopinavir/ritonavir  
Fenofibrate; Antacid  
Erythromycin,  
Ketoconazole,  
Itraconazole, Fluconazole

## Effect on other drugs

Warfarin  
Digoxin  
Oral contraceptives

# LDL-C: % Change From Baseline Rosuvastatin (Crestor®) vs Placebo



< .001 vs placebo; data presented as LS mean  $\pm$  SE; Trials 8 and 23 Pooled (Wk 6)

<Crestor® Clinical Development Efficacy, Dr. James Blasetto, MD, MPH, AstraZeneca  
July 9, 2003>

21 Shiew-Mei Huang

<http://www.fda.gov/ohrms/dockets/ac/cder03.html#EndocrinologicMetabolicDrugs>

# Incidence of CK elevations and myopathy in phase II/III

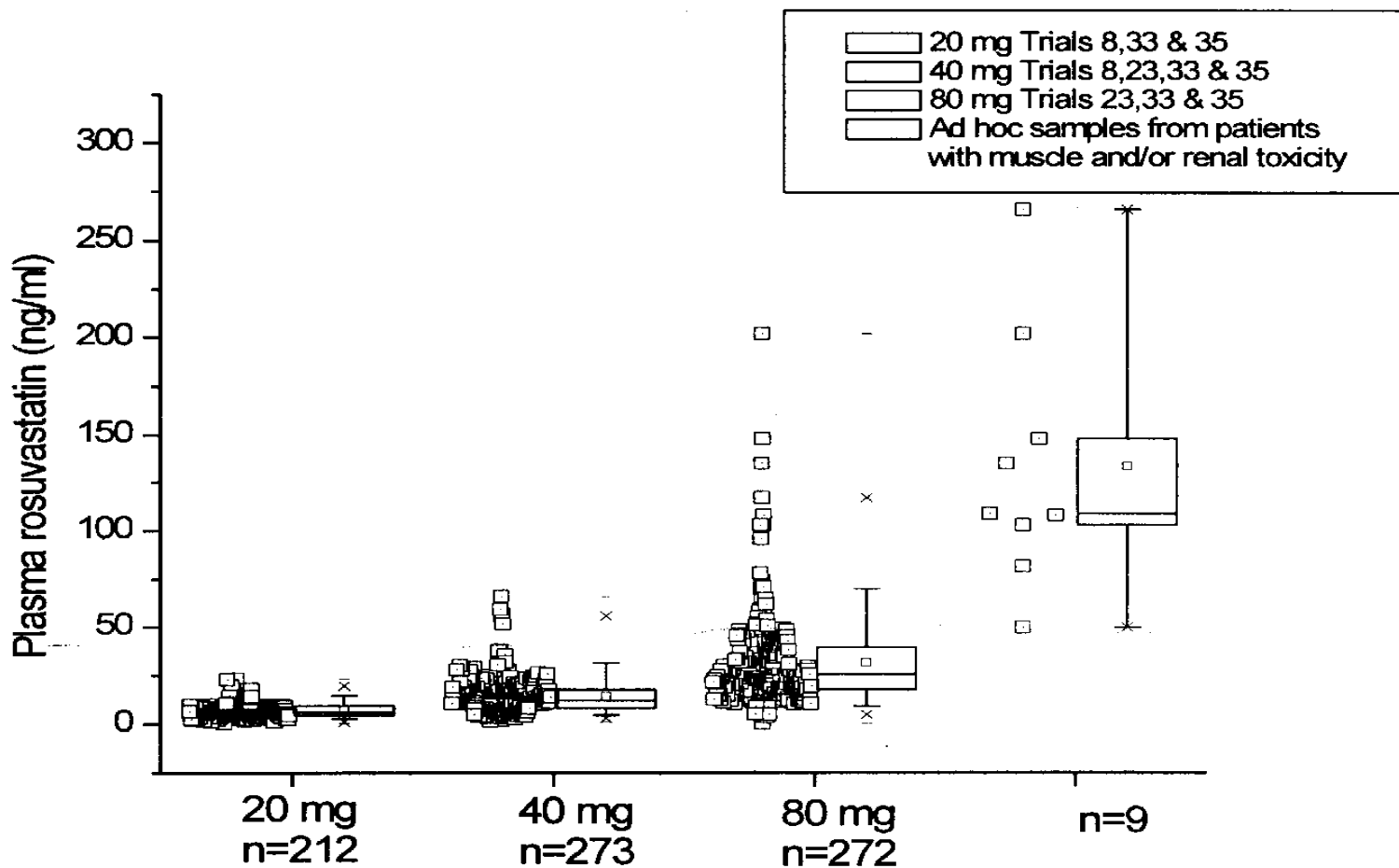
	(mg)	CK > 10xULN	MYOPATHY (all cases)
<b>Baycol</b>	0.4	1.6%	1.0-1.6%
	0.8	2.1%	0.9-1.0%
<b><u>Rosuva</u></b>	Pbo	0%	0%
	5	0.4%	0.2%
	10	0.2%	0.1%
	20	0.2%	0.1%
	40	0.4%	0.2%
	80	1.9%	1.0%
<b>All marketed STATINS<sup>a</sup></b>	5-80	0.03-0.9%	0-0.5%

Data from Tables 10, 11 FDA briefing packet

<Crestor® William Lubas, MD, PhD, CDER, FDA, Advisory Committee meeting, July 9, 2003>  
<http://www.fda.gov/ohrms/dockets/ac/cder03.html#EndocrinologicMetabolicDrugs> Shiew-Mei Huang

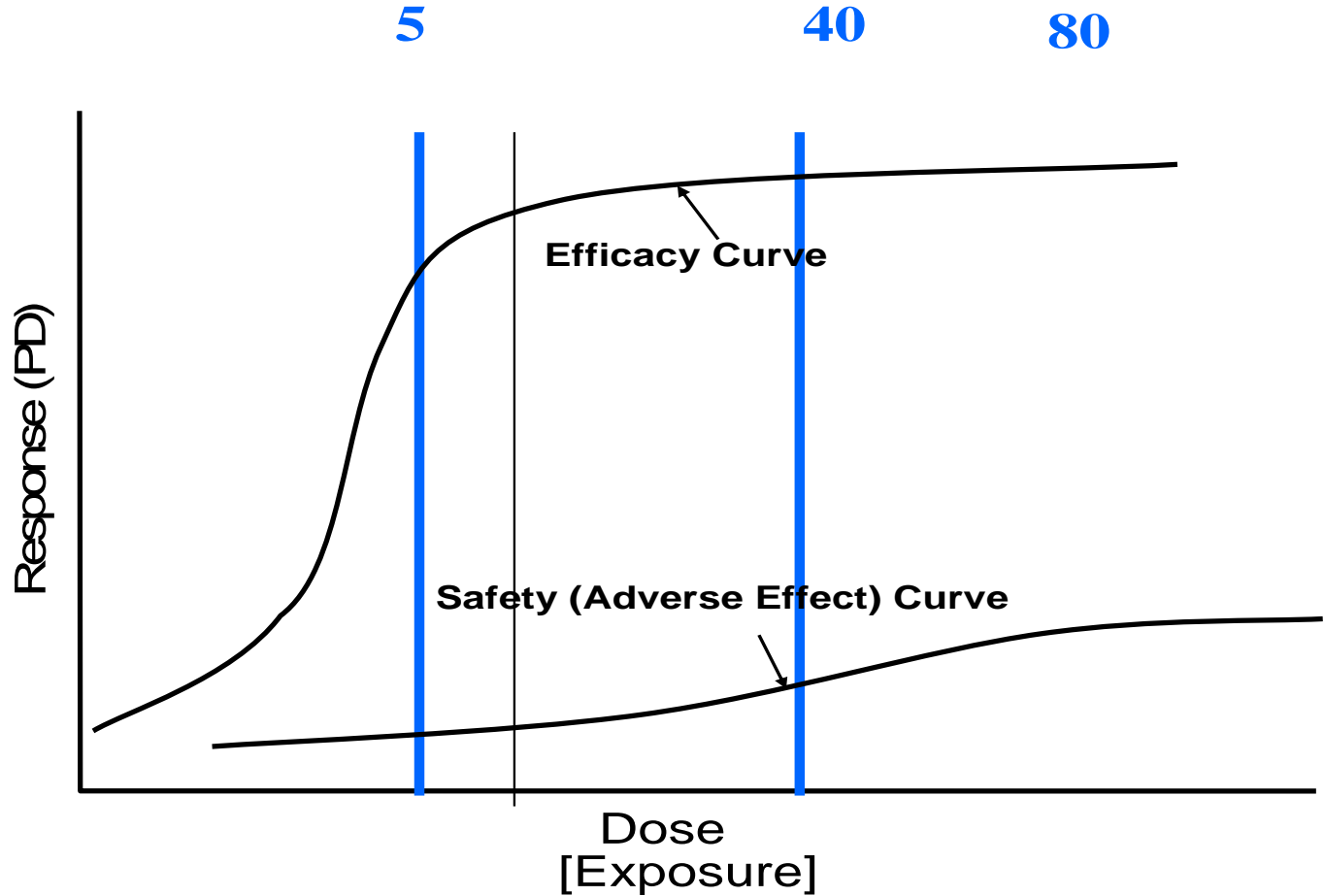


# Plasma rosuvastatin concentrations by dose and in patients with rhabdomyolysis or renal toxicity



# Dosage and Administration

- Approved 5-40 mg





# Comparative exposure and dose recommendation in subgroups with various patient factors

Group	Ethnic factor	Fold change in exposure (AUC)	Initial dose (mg)	Daily dose (mg)
1	Control	1-fold	10–20	5–40
2	Hepatic impairment	1.1-fold (mild)	10–20	5–40
		1.2-fold (moderate)	10–20	5–40
3	Renal impairment	1-fold (mild)	10–20	5–40
		1-fold (moderate)	10–20	5–40
		3-fold (severe)	5	≤10
4	Race	2-fold (Asians)	5	5–20
5	Cyclosporine	7-fold		5
6	Gemfibrozil	1.9-fold		10
7	Lopinavir/ritonavir	5-fold		10

(Data compiled from labeling for Crestor (rosuvastatin; AstraZeneca);  
 Labeling from <http://www.accessdata.fda.gov/scripts/cder/drugsatfda/>; **November 2007 labeling**)

# Case 2

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use SELZENTRY safely and effectively. See full prescribing information.

SELZENTRY (maraviroc) tablets

Initial U.S. Approval: 2007

### WARNING: HEPATOTOXICITY

See full prescribing information for complete boxed warning

- Hepatotoxicity has been reported. (5.1)
- May be preceded by evidence of a systemic allergic reaction (e.g., pruritic rash, eosinophilia or elevated IgE). (5.1)
- Immediately evaluate patients with signs or symptoms of hepatitis or allergic reaction. (5.1)

### INDICATIONS AND USAGE

SELZENTRY is a CCR5 co-receptor antagonist indicated for combination antiretroviral treatment of adults infected with only CCR5-tropic HIV-1 detectable, who have evidence of viral replication and HIV-1 strains resistant to multiple antiretroviral agents (1).

Tropism and treatment history should guide the use of SELZENTRY (1).

### DOSAGE AND ADMINISTRATION

When given with strong CYP3A inhibitors (with or without CYP3A inducers) including PIs (except tipranavir/ritonavir), delavirdine (2, 7.1)	150 mg twice daily
With NRTIs, tipranavir/ritonavir, nevirapine, and other drugs that are not strong CYP3A inhibitors or CYP3A inducers (2, 7.1)	300 mg twice daily
With CYP3A inducers including efavirenz (without a strong CYP3A inhibitor) (2, 7.1)	600 mg twice daily

### DOSAGE FORMS AND STRENGTHS

Tablets: 150 mg and 300 mg (3).

### CONTRAINDICATIONS

None (4)

### WARNINGS AND PRECAUTIONS

- Use caution when administering SELZENTRY to patients with existing liver dysfunction or who are co-infected with hepatitis C (5.1)
- More cardiovascular events including myocardial infarction were observed in patients who received SELZENTRY with caution in patients at increased risk of cardiovascular events (5.1)

### ADVERSE REACTIONS

The most common adverse reactions (>8% incidence) with a higher frequency compared to placebo are cough, pyrexia, tract infections, rash, musculoskeletal symptoms, abdominal pain, and dizziness (6).

### To report SUSPECTED ADVERSE REACTIONS

call FDA at 1-800-FDA-1088 or visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

### DRUG INTERACTIONS

- Coadministration with CYP3A inhibitors, including ritonavir (except tipranavir/ritonavir) and delavirdine, will increase the concentration of SELZENTRY (7.1)
- Coadministration with CYP3A inducers, including efavirenz, will decrease the concentration of SELZENTRY (7.1)

### USE IN SPECIFIC POPULATIONS

- SELZENTRY should only be used in pregnant women if the potential benefit justifies the potential risk to the fetus (8.1)
- There are no data available in pediatric patients; SELZENTRY should not be used in patients <16 years of age (8.2)

See 17 for PATIENT COUNSELING INFORMATION  
MEDICATION GUIDE

**DOSAGE AND ADMINISTRATION**

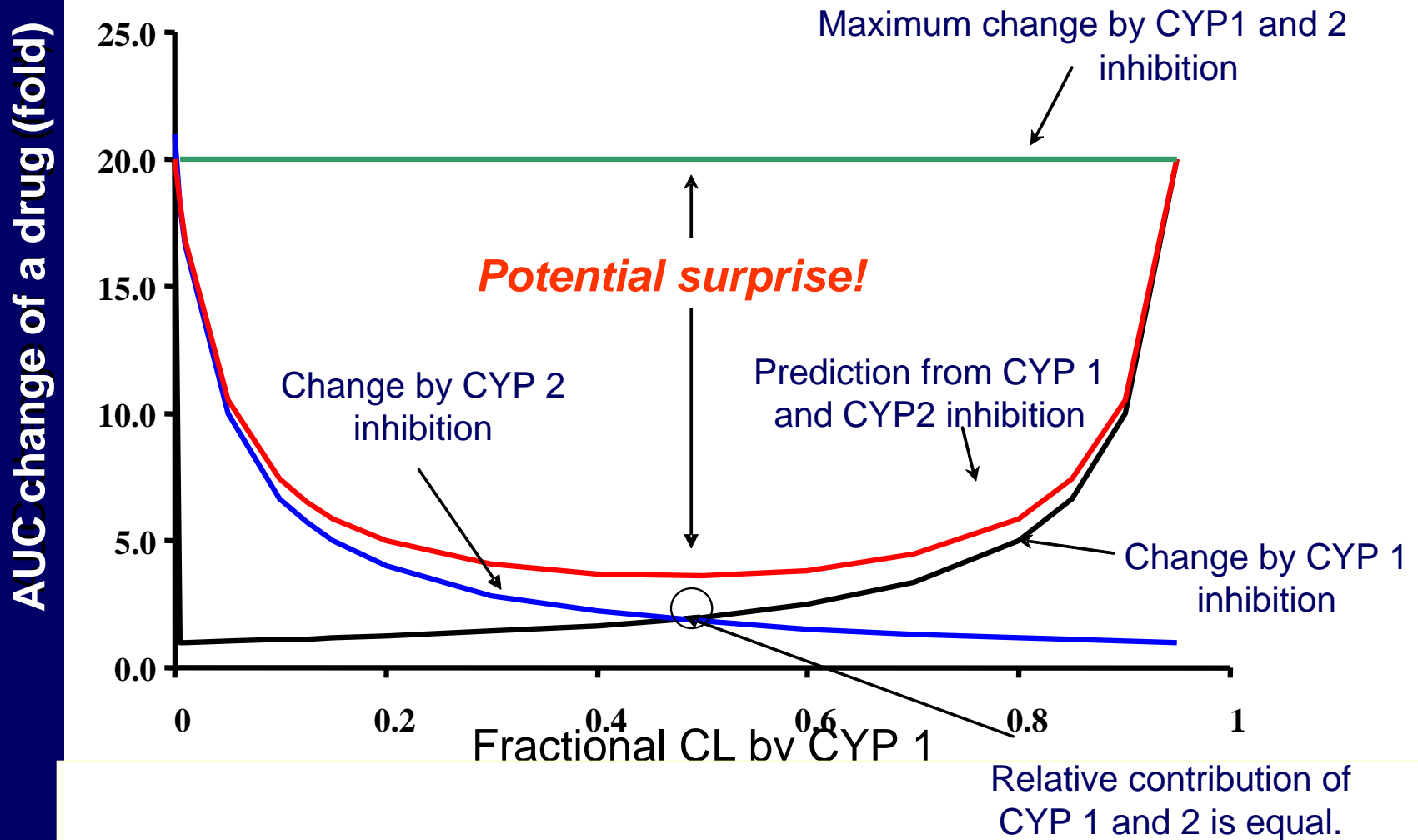
When given with <u>strong CYP3A inhibitors</u> (with or without CYP3A inducers) including PIs (except tipranavir/ritonavir), delavirdine (2, 7.1)	150 mg twice daily
With NRTIs, <u>tipranavir/ritonavir</u> , <u>nevirapine</u> , and other drugs that are not strong CYP3A inhibitors or CYP3A inducers (2, 7.1)	300 mg twice daily
With <u>CYP3A inducers</u> including efavirenz (without a strong CYP3A inhibitor) (2, 7.1)	600 mg twice daily

**DOSAGE FORMS AND STRENGTHS**

Tablets: 150 mg and 300 mg (3).

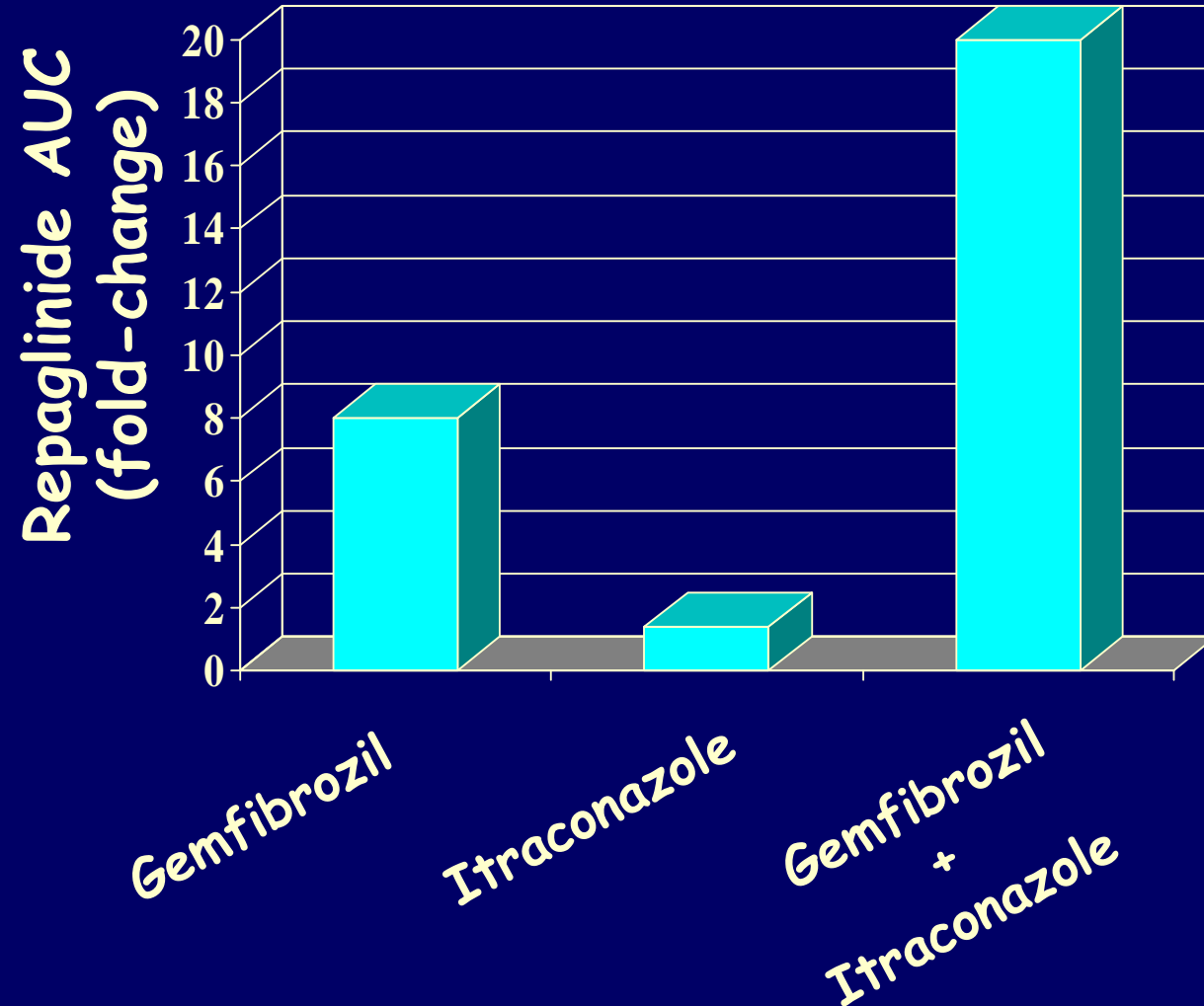
There is a need  
to understand  
interactions  
among multiple  
( $>2$ ) drugs

# Multiple inhibition



Thummel K, Chung S, et al, ASCPT, poster II-77, March 23, 2007;  
Chung S, Thummel K, et al, AAPS, November, 2007

# Combination of CYP and transporter interactions



Mechanism of Interactions:

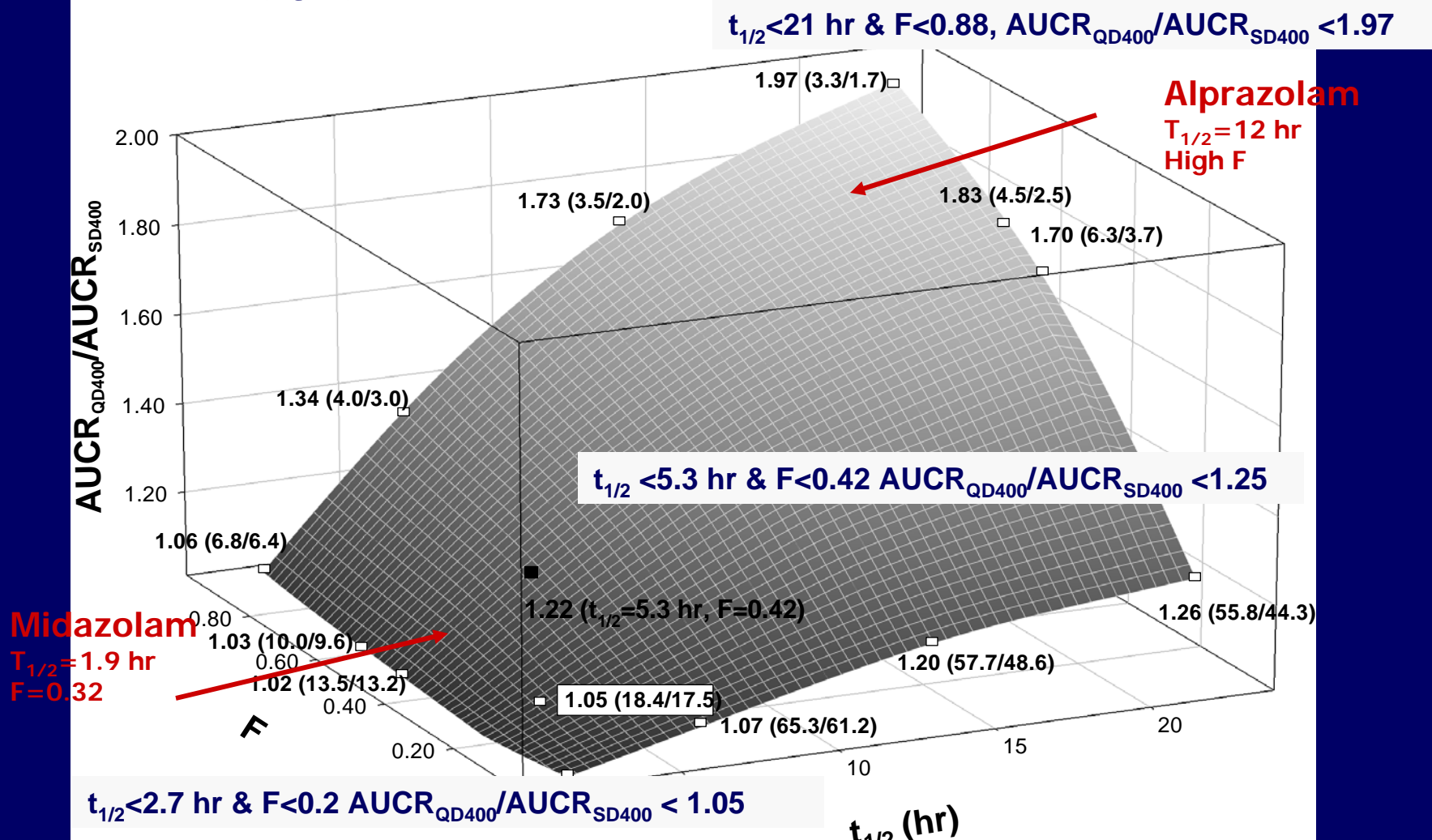
Gemfibrozil and its glucuronide metabolite inhibit

- CYP2C8
- OAPT1B1

There is a need  
to use an optimal  
study design



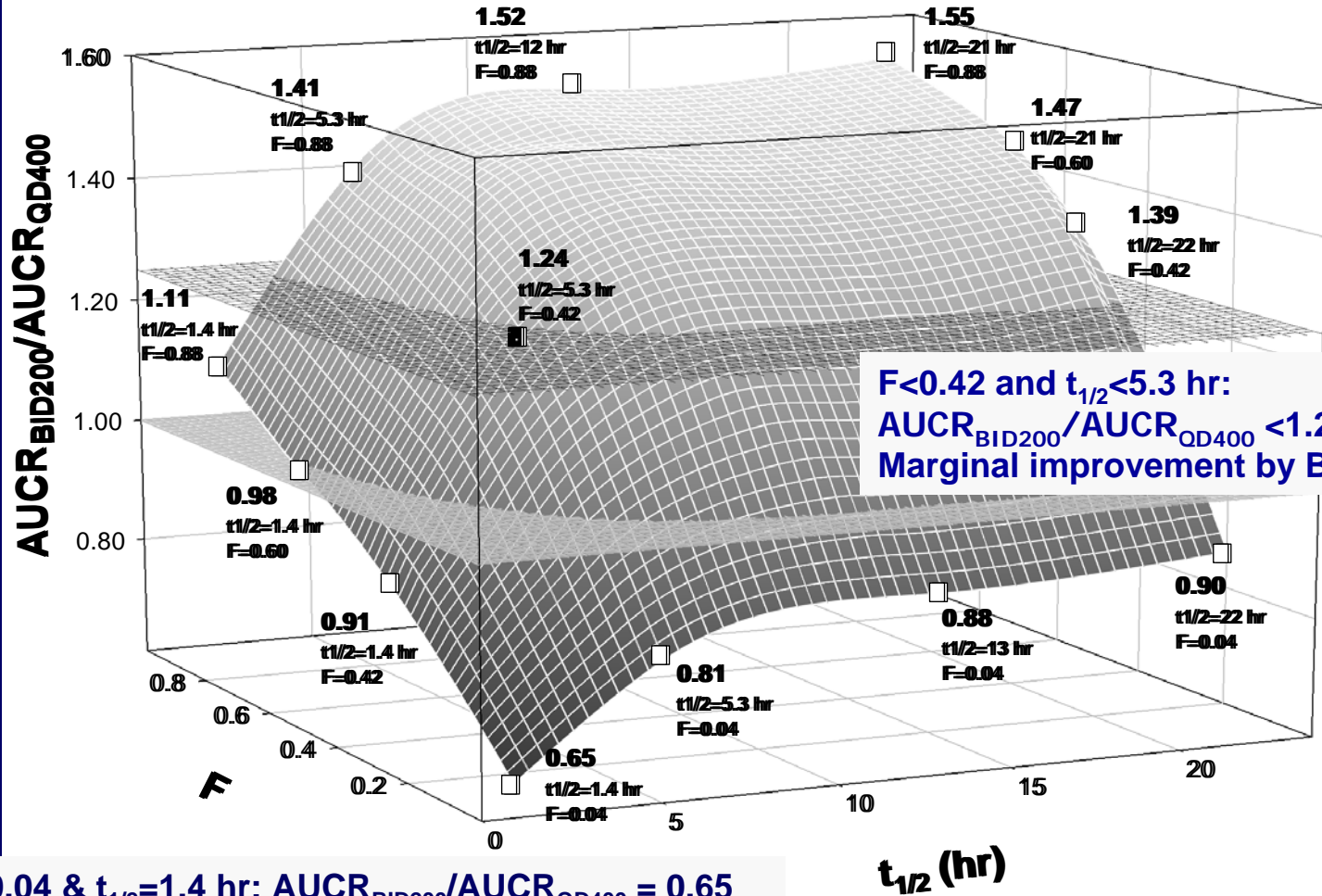
# MD (QD) 400 vs SD400 Ketoconazole on AUCR



Zhao, P, Ragueneau I, Zhang L, Strong, JM, Reynolds, K, Levy, R, Thummel, K, Huang, S-M, "Quantitative evaluation of pharmacokinetic inhibition of CYP3A substrates by ketoconazole", oral presentation at the ASCPT annual meeting, March 2009, National Harbor, MD; manuscript in press (J Clin Pharmacol) 33 Shiew-Mei Huang

# BID vs. QD (total 400 mg)

$F < 0.88$  &  $t_{1/2} < 21$  hr:  $AUCR_{BID200} / AUCR_{QD400} < 1.55$   
Sustained inhibition of CL by BID200



$F < 0.42$  and  $t_{1/2} < 5.3$  hr:  
 $AUCR_{BID200} / AUCR_{QD400} < 1.25$   
Marginal improvement by BID200

$F = 0.04$  &  $t_{1/2} = 1.4$  hr:  $AUCR_{BID200} / AUCR_{QD400} = 0.65$   
"1st Dose Effect" by 400 mg

Zhao, P, Ragueneau I, Zhang L, Strong, JM, Reynolds, K, Levy, R, Thummel, K, Huang, S-M, "Quantitative evaluation of pharmacokinetic inhibition of CYP3A substrates by ketoconazole", oral presentation at the ASCPT annual meeting, March 2009, National Harbor, MD; manuscript in press (J Clin Pharmacol) 34 Shiew-Mei Huang

# Summary

- Transporter-based interactions have been increasingly evaluated; P-gp-based interactions are among the most evaluated; others include OATP, OCT, OAT, BCRP
- \* *in vitro* methods and *in vivo* study triggers discussed at a DIA/FDA Critical Path workshop (Oct 2008)

# Summary (2)

- Labeling recommendations (language and section) are based on clinical significance: exposure-response relationship & benefit/risk ratio
- Study design a critical factor to consider- modeling and simulations can help provide optimal designs

# Summary (3)

- Efforts in development/evaluation of models predicting the extent of drug interactions ongoing at the FDA

- \* in vitro to in vivo

- \* single pair to multiple interactions

- multiple CYP inhibitors

- multiple modulators

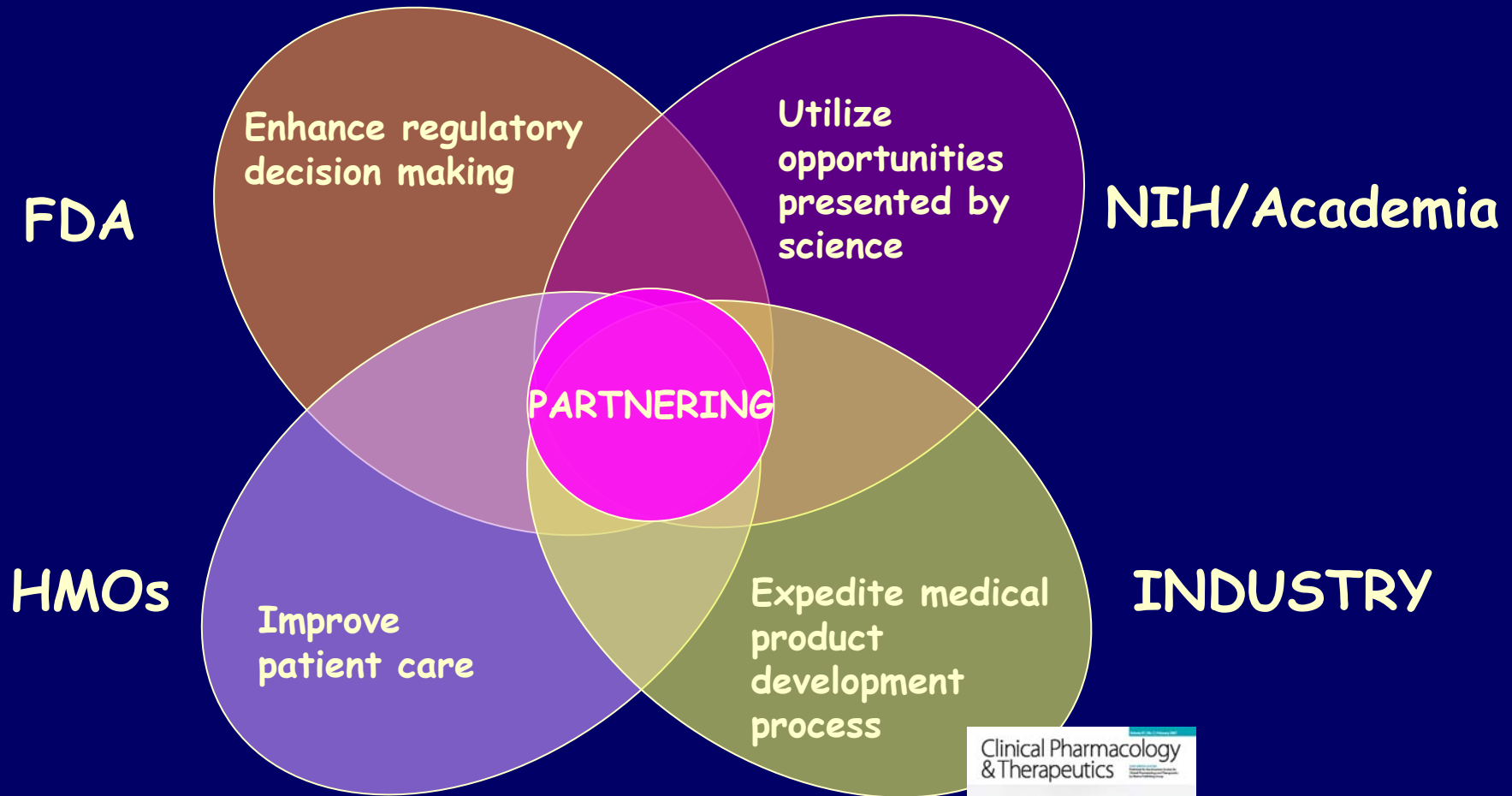
- (CYP/transporter inhibition/induction)

- effect of other metabolizing enzymes

- effect of genetics

# Summary (4)

- Collaboration is key to future successes



*S Buckman, S-M Huang, S Murphy, Clin Pharmacol & Ther, 81(2): 141-144, Feb 2007 (figure 1; adapted from figure supplied courtesy of RM Long, NIH)*







# Drug Interactions working group

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Many who have provided comments on the guidance

Sayed Al-Habet

Philip Colangelo

Ron Kavanagh

Srikanth Nallani

Kellie Reynolds

Lei K Zhang

John Strong

David Frucht

Toni Stifano

Janet Norden

Gilbert Burckart

Raman Baweja

Paul Hepp

Lawrence J Lesko

Wei Qiu

Xiaoxiong Wei

Jenny H Zheng

Derek Zhang

Ping Zhao



# References

- FDA Drug Development and Drug Interactions Website; <http://www.fda.gov/Cder/drug/drugInteractions/default.htm>, established May 2006
- Huang S-M, Temple R, Is this drug/dose for you? Impact and consideration of ethnic factors in global drug development, regulatory review and clinical practice. Clin Pharmacol Ther 2008; September
- Huang S-M, Temple R, Throckmorton D, Lesko L, Clin Pharmacol Ther 2007; Feb
- Huang S-M, Strong J, Zhang L, et al, J Clin Pharmacol 2008; June
- Zhang L, Zhang Y, Strong J, Reynolds K, Huang S-M, Xenobiotica 2008; July