





Monday through Friday, 11:00 a.m. – 1:30 p.m.

May 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Italian Sausage and Chicken Pasta Stuffed Zucchini	2 Fried Cat Fish Mac and Cheese
5 Taco Salad Veggie Taco Salad	6 Fried Chicken Pasta and Broccoli	Stuffed Peppers Veggie Stuffed Peppers	7 B Grilled Pork Chops Moussaka	9 Fish and Chips Baked Ziti
12 Chicken Parmesan Tortellini	13 Ranch Chicken Breast Roast Pork Loin	14 Grilled Steak	t 15 Turkey in the Straw Cabbage Potatoes Carrots	16 Salmon Cakes
19 Spaghetti with Sauces	20 Liver and Onions Egg Plant w/Feta and Tomato	2 ⁻ Crab Cake Day	I 22 Chicken Breast Lombardy Ratatouille	23 Tuna Noodle Casserole
26 HOLIDAY	27 Hot Beef Sandwich Veggie Lo Mein	28 Stuffed Chicken Breast Black Bean Mole	3 29 Nacho Grande Stromboli	30 Baked Fish Seafood Gumbo

We're on the web: <u>www.detrick.army.mil/wellbeing</u> and <u>http://web.ncifcrf.gov/</u> For more information, call 301-846-1750. Call 301-846-6699 for menu and soup of the day.



Breakfast Menu

Egg Sandwiches Fruit • Cold Cereal Pastries • Yogurt Variety of Juices Hot and Cold Beverages

Breakfast Hours: 8:00-9:00 a.m. Lunch Hours: 11:00 a.m.-1:30 p.m.

The cash register will remain open from 9:00-11:00 a.m. to purchase pre-made sandwiches, salads, desserts, and beverages in-between the meal periods.

Lunch Menu

One special entrée plus one baked or fried fish or chicken product will be available for lunch in addition to the deli, short order grill, salad bar, desserts, and beverages.





Breakfast • Lunch • Snacks

Entrée Prices

Range from \$2.00 - \$3.00

Side Items Range from \$.50 - \$.75

Desserts

(Cakes, Pies, & Cookies) Range from \$.75 - \$2.00

Please call 301-846-6699 for more information!

Frozen Yogurt and Soft Serve Ice Cream with Assorted Toppings

