## Body Landmark Definition

| Abdomen | The part of body between the thorax and pelvis that encloses the viscera. |
| :--- | :--- |
| Ankle | The joint between the foot and the lower leg. |
| Armpit | The level of the hollow part under the arm at the shoulder. |
| Bust | The part of woman's body between the neck and the abdomen. |
| Calf | The part of leg between the knee and ankle. |
| Cervical | The prominence on the seventh or lowest cervical vertebra at the back of the neck. |
| Chest | The part of the body between the neck and the abdomen, enclosed by the ribs and the breastbone. <br> buttocks. <br> Crotch |
| The top of the head. |  |
| Crown | The joint which articulates between the upper arm and the lower arm. |
| Forearm | The part of the arm extending from the wrist to the elbow. |
| High Hip | The level of the fullest part of the abdomen that is located approximately 7.5 centimeters or 3 inches <br> below the waist and parallel to the floor. |
| Knee | The outer bony prominence of the upper end of the thigh bone. |


| Neck <br> ID | Name The part | he body linking the head and trunk. Definition | Category | References |
| :---: | :---: | :---: | :---: | :---: |
| 6. | NeckBase-girth | The girth of the base of the neck measured around the neck passing over the base of the 7th cervical vertebra, the intersection points of shoulder and neck, and the upper borders of the collar bone at the front. | girth | NBS 5.2.d <br> ISO 2.1.3 <br> ASTM B. 2 <br> NBS-m 6.3.9 |
| 7. | Armscye-girth | The girth of the armscye measured through the underarm midpoint and vertically over the shoulder with subject's arms hanging naturally. | girth | NBS 5.2.f <br> ISO 2.2.20 <br> ASTM B. 14 <br> NBS-m 6.3.10 |
|  | Armscye-girth-right |  |  | MD 1.2 |
| 7.2 | Armscye-girth-left |  |  | MD 1.3 |
| 8. | UpperArm-girth | The maximum girth of the upper arm at lowest scye level measured with subject's arms hanging naturally. | girth | NBS 5.2.n <br> ISO 2.1.13 <br> ASTM B. 15 <br> NBS-m 6.3.11 |
| 8.1 | UpperArm-girth-right |  |  | MD 1.11 |
| 8.2 | UpperArm-girth-left |  |  | MD 1.12 |


| ID | Name | Definition | Category |
| :--- | :--- | :--- | :--- |
| 9. | Elbow-girth | The girth of the elbow measured with subject's <br> arm bent at right angle and the hand and fingers <br> facing forward. | girth |


| ID Name | Definition | Category | References |
| :---: | :---: | :---: | :---: |
| 12. Calf-girth | The maximum girth of the calf measured between the knee and ankle and around the leg. | girth | NBS 5.2.1 <br> ISO 2.1.22 <br> ASTM B. 12 <br> NBS-m 6.3.8 |
| 12.1 Calf-girth-right |  |  | MD 1.25 |
| 12.2 Calf-girth-left |  |  | MD 1.26 |
| 13. Ankle-girth | The girth of the ankle measured around the leg at the level of the center of the ankle bone. | girth | NBS 5.2.m <br> ISO 2.1.24 <br> ASTM B. 13 |
| 13.1 Ankle-girth-right |  |  | MD 1.29 |
| 13.2 Ankle-girth-left |  |  | MD 1.30 |
| 14. Thigh-girth | The horizontal girth of the thigh measured around the upper part of the leg and at the highest thigh position. | girth | NBS 5.2.i <br> ISO 2.1.18 <br> ASTM B. 9 <br> NBS-m 6.3.6 |
| 14.1 Thigh-girth-right |  |  | MD 1.19 |
| 14.2 Thigh-girth-left |  |  | MD 1.20 |


| ID Name | Definition | Category | References |
| :---: | :---: | :---: | :---: |
| 15. MidThigh-girth | The horizontal girth of the thigh measured around the leg midway between the hip level and the knee. | girth | $\begin{aligned} & \text { NBS 5.2.j } \\ & \text { ISO 2.1.19 } \\ & \text { ASTM B.10 } \end{aligned}$ |
| 15.1 MidThigh-girth-right |  |  | MD 1.21 |
| 15.2 MidThigh-girth-left |  |  | MD 1.22 |
| 16. HighHip-girth | The horizontal girth of the high hip measured at the level of the high hip with the subject's abdomen relaxed. | girth | NBS 5.2.g <br> ASTM B. 7 <br> MD 1.10 |
| 17. VerticalTrunk-girth | The girth of trunk measured from the right shoulder line midway between the neck base and the shoulder point, down the back through the crotch and over the projection of the right breast to the starting point. | girth | NBS 5.2.q <br> ISO 2.2.18 <br> ASTM B. 24 <br> NBS-m 6.3.4 |
| 18. UnderBust-girth | The horizontal girth of the body just below the breasts. (women) | girth | $\begin{aligned} & \text { ISO 2.1.10 } \\ & \text { ASTM B. } \end{aligned}$ |
| 19. Hand-girth | The maximum girth of the hand measured over the knuckles of the open right hand with | girth | ISO 2.1.16 |

subject's fingers together and the thumb excluded.

| ID | Name | Definition | Category | References |
| :---: | :---: | :---: | :---: | :---: |
| 20. | Head-girth | The maximum horizontal girth of the head measured above the ears. | girth | ISO 2.1.1 |
| 21. | LowKnee-girth | The horizontal girth of the lower knee measured at the level just below the right knee cap. | girth | ISO 2.1.21 |
| 22. | LowerLeg-girth | The minimum horizontal girth of the lower leg measured at the level just above the ankle. | girth | ISO 2.1.23 |
| 22.1 | 1 LowerLeg-girth-right |  |  | MD 1.27 |
|  | 2 LowerLeg-girth-left |  |  | MD 1.28 |
| 23. | Thigh-seated-girth | The girth of the upper thigh measured at the highest thigh position with the subject sitting. | girth | NBS 5.2.h |
| 24. | HighBust-girth | The bust girth measured, not parallel to the floor, across the chest above the bust and across the back close to the underarm. | girth | ASTM B. 3 |


| 25. Hip-seated-girth | The girth of the hip measured at the fullest part of hip with the subject sitting. | girth | ASTM B. 54 |
| :---: | :---: | :---: | :---: |
| ID Name | Definition | Category | References |
| 26. Forearm-girth | The maximum horizontal girth of the forearm measured around the forearm with subject's arms hanging naturally. | girth |  |
| 26.1 Forearm-girth-right |  |  | MD 1.15 |
| 26.2 Forearm-girth-left |  |  | MD 1.16 |
| 27. MaxAbdomen-girth | The maximum horizontal girth of the abdomen measured below the lower chest and above the high hip. | girth | MD 1.9 |
| 28. Shoulder-girth | The maximum horizontal girth of shoulder measured below the neck and above the underarm. | girth | MD 1.4 |
| 29. Height | The vertical distance measured from the crown to the soles of feet with the subject standing upright and the feet together without wearing shoes, or with the subject (infants) lying on table. | vertical | NBS 5.4.a <br> ISO 2.1.26 <br> ISO 2.2.1 <br> ASTM B. 57 <br> NBS-m 6.2.1 |


| 30. | Hip-height | The vertical distance measured from the midpoint of the crotch to soles of feet. | vertical | NBS 5.4.e ISO 2.2.4 ASTM B. 31 |
| :---: | :---: | :---: | :---: | :---: |
| ID | Name | Definition | Category | References |
| 31. | Knee-height | The vertical distance measured from the knee to the soles of feet. | vertical | NBS 5.4.g <br> ISO 2.2.6 <br> ASTM B. 33 <br> NBS-m 6.2.5 |
| 32. | Waist-height | The vertical distance measured from the waist to soles of feet. | vertical | NBS 5.4.c <br> ISO 2.2.3 <br> ASTM B. 26 <br> NBS-m 6.2.3 |
| 33. | Armscye-depth | The vertical distance measured from the 7th cervical vertebra to the armpits level. | vertical | NBS 5.5.e <br> ISO 2.2.9 <br> ASTM B. 43 <br> NBS-m 6.4.4 |
| 34. | Ankle-height | The vertical distance measured from the ankle to the soles of feet. | vertical | NBS 5.4.h <br> ISO 2.2.7 <br> ASTM B. 34 |


| 35. | Cervical-height | The vertical distance measured from the 7th cervical vertebra to the soles of feet. | vertical | NBS 5.4.b ASTM B. 27 NBS-m 6.2.2 |
| :---: | :---: | :---: | :---: | :---: |
| 36. | Crotch-height | The vertical distance measured from the midway point of the crotch to the soles of feet. | vertical | NBS 5.4.f ASTM B. 32 NBS-m 6.2.4 |
| ID | Name | Definition | Category | References |
| 37. | HighHip-height | The vertical distance measured from the high hip level to the soles of feet. | vertical | NBS 5.4.d <br> ASTM B. 30 |
| 38. | Trunk-length | The vertical distance measured from the 7th cervical vertebra to the crotch level. | vertical | ISO 2.2.2 |
| 39. | InsideLeg-length | The vertical distance measured from the crotch to the ground with subject's feet slightly apart. | vertical | ISO 2.2.27 |
| 40. | Cervical-seated-height | The vertical distance measured from the 7th cervical vertebra to the top of the table with the subject sitting erect on the table. | vertical | ISO 2.2.8 |
| 41. | Thigh-length | The vertical distance measured on the inside leg from the crotch level to the knee level. | vertical | ISO 2.2.26 |


| 42. | Waist-to-crotch | The vertical distance measured from the waist level to the crotch level. | vertical | ISO 2.2.5 |
| :---: | :---: | :---: | :---: | :---: |
| 43. | Waist-to-highHip | The vertical distance measured on the right side of the body from the waist level to the high hip level. | vertical | ASTM B. 28 |
| ID | Name | Definition | Category | References |
| 44. B | Bust-to-waist | The vertical distance measured from the bust point to the waist level. | vertical |  |
| $\begin{gathered} 44.1 \\ 2.3 \end{gathered}$ | 1 Bust-to-waist-right |  |  | MD |
| $\begin{gathered} 44.2 \\ 2.5 \end{gathered}$ | 2 Bust-to-waist-left |  |  | MD |
| 45. B | BackNeck-to-waist | The vertical distance measured from the intersection of the shoulder and the neck to the waist level. | vertical |  |
| 45.1 | 1 BackNeck-to-waist-right |  |  | MD 2.32 |
|  | 2 BackNeck-to-waist-left |  |  | MD 2.33 |
| 46. U | Underarm-length | The distance measured from the mid-point of the armpit to the far end of the prominent wrist | length | $\begin{aligned} & \text { NBS 5.5.1 } \\ & \text { ISO 2.2.24 } \end{aligned}$ |


| 46.1 Underarm-length-right |  |  |  | $\begin{aligned} & \text { MD } 2.19 \\ & \text { MD } 2.20 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| 46.2 | 2 Underarm-length-left |  |  |  |
| 47. W | Waist-to-hip | The length measured along the side of the body from the waist level to the hips at the level of greatest lateral trochanteric projection following the hip contour. | length | NBS 5.5.g <br> ISO 2.2.17 <br> ASTM B. 29 <br> NBS-m 6.4.7 |
| ID | Name | Definition | Category | References |
| 48. N | NeckShoulder-to-bust | The length measured from the intersection of shoulder and neck to the bust point. | length | $\begin{aligned} & \text { NBS 5.5.d } \\ & \text { ISO 2.2.15 } \\ & \text { ASTM B. } 37 \end{aligned}$ |
| 48.1 | 1 NeckShoulder-to-bust-right |  |  | MD 2.6 |
| 48.2 | 2 NeckShoulder-to-bust-left |  |  | MD 2.7 |
| 49. U | UpperArm-length | The distance measured from the shoulder point, along the outside of the arm, to the elbow, with the subject's right fist clenched and placed on the hip, and with the arm bent at right angle. | length | NBS 5.5.k <br> ISO 2.2.21 <br> ASTM B. 46 |
| 49.1 | 1 UpperArm-length-right |  |  | MD 2.13 |
| 49.2 | 2 UpperArm-length-left |  |  | MD 2.14 |


| 50. Shoulder-length | The distance measured from the intersection of shoulder and neck, along the shoulder, to the shoulder point, with subject's arms hanging naturally. | length | NBS 5.5.h <br> ISO 2.1.4 <br> ASTM B. 45 <br> NBS-m 6.4.1 |
| :---: | :---: | :---: | :---: |
| 50.1 Shoulder-length-right |  |  | MD 2.35 |
| 50.2 Shoulder-length-left |  |  | MD 2.36 |
| ID Name | Definition | Category | References |
| 51. Arm-length | The distance measured from the right shoulder point, along the outside of the arm, over the elbow, to the far end of the prominent wrist bone, with the subject's right fist clenched and placed on the hip, and with the arm bent at right angle. | length | NBS 5.5.j <br> ISO 2.2.22 <br> ASTM B. 47 |
| 52. CrossBack-width | The horizontal distance measured across the back of the body from armscye to armscye approximately at the level midway between the upper armscye and lower armscye. | length | NBS 5.5.a <br> ISO 2.1.6 <br> ASTM B. 40 <br> NBS-m 6.4.2 <br> MD 2.27 |
| 53. Crotch-length | The distance measured from the center point of the front body at the waist level, through the | length | $\begin{aligned} & \text { NBS 5.5.m } \\ & \text { ISO 2.2.19 } \end{aligned}$ |


level.

| 58.1 Armscye-to-waist-right |  |  |  | $\begin{aligned} & \text { MD } 2.17 \\ & \text { MD } 2.18 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| 58.2 | 2 Armscye-to-waist-le |  |  |  |
| 59. | BackShoulder-width | The horizontal distance measured along the back of the shoulder between the left and right shoulder points, with the subject's arms hanging naturally. | length | $\begin{aligned} & \text { ISO 2.1.5 } \\ & \text { ASTM B. } 41 \\ & \text { MD } 2.34 \end{aligned}$ |
| 60. | FrontBust-arc | The length measured the front portion of the bust girth. | length | NBS 5.3.a <br> ASTM B. 18 |
| ID | Name | Definition | Category | References |
| 61. | FrontWaist-arc | The length measured the front portion of the waist girth. | length | $\begin{aligned} & \text { NBS 5.3.b } \\ & \text { ASTM B. } 19 \end{aligned}$ |
| 62. | FrontHighHip-are | The length measured the front portion of the high hip girth. | length | NBS 5.3.c ASTM B. 20 |
| 63. | Hand-length | The distance measured between the tips of the middle finger and the first crease at the base of the right hand, with subject's lower arm in line with the open hand and fingers together and thumb extended. | length | ISO 2.1.17 |


| 64. | Foot-length | The horizontal distance measured between perpendiculars in contact with the end of the most prominent toe and the most prominent part of the heel, with the subject barefoot. | length | ISO 2.1.25 |
| :---: | :---: | :---: | :---: | :---: |
| 65. | BackHip-arc | The length measured the back portion of the hip girth. | length | NBS 5.3.d ASTM B. 21 |
| 66. | Cervical-to-wrist | The distance measured from the 7th cervical vertebra, along the outside of the arm, over the elbow, to the far end of the prominent wrist bone, with subject's arm bent at right angle in a horizontal position. | length | ISO 2.2.23 <br> NBS-m 6.4.9 |
| ID | Name | Definition | Category | References |
| 67. | Cervical-to-waist | The distance measured from the 7th cervical vertebra, along the neck line, to the intersection of neck and shoulder, then to the center front at the waist level. | length | NBS 5.5.n <br> ASTM B. 38 |
| 68. | Cervical-bust-to-waist | The distance measured from the 7th cervical vertebra, around the base of the neck, to the bust point, then vertically to the waist level. | length | ISO 2.2.14 |
| 69. | Cervical-neck-to-bust | The distance measured from the 7th cervical | length | ISO 2.2.13 |

vertebra, around the base of the neck, to the bust point.

then vertically down to the ground.

| 74. | FrontCrotch-length | The distance measured along the body from the center point of the front body at the waist level to the midway point of the crotch. | length | ASTM B. 50 <br> MD 2.25 |
| :---: | :---: | :---: | :---: | :---: |
| 75. | HighHip-seated-arc | The length measured the front portion of the high hip girth with the subject sitting erect on the table. | length | ASTM B. 56 |
| 76. | BackCrotch-length | The distance measured from the center point of the back body at the waist level to the midway point of the crotch. | length | ASTM B. 51 |
| 77. ID | FrontCrotch-depth Name | The depth distance measured at the midway point of the crotch using an $L$-square with right angle against the abdomen and up against the crotch. Definition | length Category | ASTM B. 52 <br> References |
| 78. | FrontTrunk-length | The distance measured over the front of the body, from the midway point of the right shoulder to the midway point of the crotch. | length | ASTM B. 22 |
| 79. | BackTrunk-length | The distance measured over the back of the body, from the midway point of the right shoulder to the midway point of the crotch. | length | ASTM B. 23 |





| ID | Name | Definition | Category |
| :--- | :--- | :--- | :--- |
| 1. | Bust-girth | The maximum horizontal girth at bust level <br> measured under the armpits and across the <br> nipples with the subject breathing normally. <br> (women) | girth |


| 5. Neck-girth | The girth of the neck measured below the |  |
| :--- | :--- | :--- |
|  | girth | NBS 5.2.e |
|  | cervical vertebra. | ISO 2.1.2 |
|  |  | ASTM B.1 |
|  |  | MD 1.1 |

