WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

Participant ID

Variable #	1	**Usage Notes:**	none
Sas Name:	ID		
Sas Label:	Participant ID	**Categories:**	Study: Administration
Type:	Continuous		

F48 Days since enrollment

Variable #	2	**Usage Notes:**	none
Sas Name:	F42DAYS		
Sas Label:	F48 Days since enrollment	**Categories:**	Study: Administration
Type:	Continuous		

F48 Current weight

What is your current weight? pounds

Variable #	3	**Usage Notes:**	none
Sas Name:	WEIGHT		
Sas Label:	Weight, lbs	**Categories:**	Physical Measurements
Type:	Continuous		

F48 Highest weight in past year

In the past year, what was your highest weight? pounds

Variable #	4	**Usage Notes:**	none
Sas Name:	WGTMAX1Y		
Sas Label:	Highest weight past year, lbs	**Categories:**	Medical History: Height/Weight History
Type:	Continuous		Physical Measurements
			Physical Measurements: Height/Weight History

F48 Lowest weight in past year

In the past year, what was your lowest weight? pounds

Variable #	5	**Usage Notes:**	none
Sas Name:	WGTMIN1Y		
Sas Label:	Lowest weight past year, lbs	**Categories:**	Medical History: Height/Weight History
Type:	Continuous		Physical Measurements
			Physical Measurements: Height/Weight History

F48 Lost >= 5 pounds on purpose

In the past year, did you lose five or more pounds on purpose at any time?

Variable #	6	**Usage Notes:**	none
Sas Name:	LOST5LBP		
Sas Label:	Lost >= 5 lbs on purpose past year	**Categories:**	Diet
Type:	Categorical		Medical History: Height/Weight History
			Physical Measurements: Height/Weight History

Values

0	No
1	Yes
9	Don't know

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Lost weight using low calorie diet

What method(s) did you use to lose weight (Mark all that apply.) Low calorie diet.

Variable # 7	**Usage Notes:** Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTLCAL	
Sas Label: Lost weight using low calorie diet	**Categories:** Diet
	Medical History: Height/Weight History
Type: Categorical	Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight using low fat diet

What method(s) did you use to lose weight (Mark all that apply.) Low fat diet.

Variable # 8	**Usage Notes:** Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTLFAT	
Sas Label: Lost weight using low fat diet	**Categories:** Diet
	Diet: Fats/Oils
Type: Categorical	Medical History: Height/Weight History
	Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight using other diet

What method(s) did you use to lose weight (Mark all that apply.) Other type of diet

Variable # 9	**Usage Notes:** Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTOTHD	
Sas Label: Lost weight using other diet	**Categories:** Diet
	Medical History: Height/Weight History
Type: Categorical	Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight by skipped meals/fasted

What method(s) did you use to lose weight (Mark all that apply.) Skipped meals/fasted.

Variable # 10	**Usage Notes:** Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTSKP	
Sas Label: Lost weight by skipped meals/fasted	**Categories:** Diet
	Medical History: Height/Weight History
Type: Categorical	Physical Measurements: Height/Weight History

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Lost weight by decreasing alcohol intake

What method(s) did you use to lose weight (Mark all that apply.) Decreased alcohol intake

Variable # 11	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTALC		
Sas Label: Lost weight by decreasing alcohol intake	**Categories:**	Diet
		Diet: Alcohol
Type: Categorical		Lifestyle: Alcohol
		Medical History: Height/Weight History
Values		Physical Measurements: Height/Weight History

0	No
1	Yes

F48 Lost weight by increasing exercise

What method(s) did you use to lose weight (Mark all that apply.) Increased exercise

Variable # 12	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTEX		
Sas Label: Lost weight by increasing exercise	**Categories:**	Diet
		Medical History: Height/Weight History
Type: Categorical		Physical Activity
		Physical Measurements: Height/Weight History
Values		

0	No
1	Yes

F48 Lost weight using diet pills

What method(s) did you use to lose weight (Mark all that apply.) Diet pills

Variable # 13	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTPILL		
Sas Label: Lost weight using diet pills	**Categories:**	Diet
		Medical History: Height/Weight History
Type: Categorical		Medical History: Medications
		Physical Measurements: Height/Weight History
Values		

0	No
1	Yes

F48 Lost weight using a commercial prog

What method(s) did you use to lose weight (Mark all that apply.) Commercial weight loss program

Variable # 14	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name: LWGTPRG		
Sas Label: Lost weight using a commercial program	**Categories:**	Diet
		Medical History: Height/Weight History
Type: Categorical		Physical Measurements: Height/Weight History
Values		

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Lost weight by stomach surgery

What method(s) did you use to lose weight (Mark all that apply.) Stomach surgery/intestinal bypass

Variable #	15	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name:	LWGTSURG		
Sas Label:	Lost weight by stomach surgery	**Categories:**	Medical History: Height/Weight History
Type:	Categorical		Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight by increasing smoking

What method(s) did you use to lose weight (Mark all that apply.) Started or increased smoking

Variable #	16	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name:	LWGTSMK		
Sas Label:	Lost weight by increasing smoking	**Categories:**	Lifestyle: Smoking
Type:	Categorical		Medical History: Height/Weight History
			Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight by other method

What method(s) did you use to lose weight (Mark all that apply.) Other

Variable #	17	**Usage Notes:**	Sub-question of F48 V2 Q4 "Lost 5 pounds on purpose".
Sas Name:	LWGTOTH		
Sas Label:	Lost weight by other method	**Categories:**	Medical History: Height/Weight History
Type:	Categorical		Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost >= 5 lbs not on purpose past year

In the past year, did you lose five or more pounds not on purpose at any time?

Variable #	18	**Usage Notes:**	none
Sas Name:	LOST5LBU		
Sas Label:	Lost >= 5 lbs not on purpose past year	**Categories:**	Medical History: Height/Weight History
Type:	Categorical		Physical Measurements: Height/Weight History

Values

0	No
1	Yes
9	Don't know

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Lost weight due to illness

What was the cause of this weight loss? (Mark all that apply.) Illness

Variable # 19	**Usage Notes:** Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".
Sas Name: LWGTILL	
Sas Label: Lost weight due to illness	**Categories:** Medical History
	Medical History: Height/Weight History
Type: Categorical	Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Lost weight due to depression

What was the cause of this weight loss? (Mark all that apply.) Depression

Variable # 20	**Usage Notes:** Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".
Sas Name: LWGTSAD	
Sas Label: Lost weight due to depression	**Categories:** Medical History: Height/Weight History
	Physical Measurements: Height/Weight History
Type: Categorical	Psychosocial/Behavioral

Values

0	No
1	Yes

F48 Lost weight due to stress

What was the cause of this weight loss? (Mark all that apply.) Stressful time

Variable # 21	**Usage Notes:** Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".
Sas Name: LWGTSTRS	
Sas Label: Lost weight due to stress	**Categories:** Medical History: Height/Weight History
	Physical Measurements: Height/Weight History
Type: Categorical	Psychosocial/Behavioral

Values

0	No
1	Yes

F48 Lost weight due to life events

What was the cause of this weight loss? (Mark all that apply.) Life events (e.g., change in job or marital status)

Variable # 22	**Usage Notes:** Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".
Sas Name: LWGTLE	
Sas Label: Lost weight due to life events	**Categories:** Medical History: Height/Weight History
	Physical Measurements: Height/Weight History
Type: Categorical	Psychosocial/Behavioral

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Lost weight due to other reason

What was the cause of this weight loss? (Mark all that apply.) Other

Variable # 23

Sas Name: LWGTOTHR

Sas Label: Lost weight due to other reason

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Don't know weight loss reason

What was the cause of this weight loss? (Mark all that apply.) Don't know

Variable # 24

Sas Name: LWGTUKN

Sas Label: Lost weight reason unknown

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q5 "Lost 5 pounds not on purpose".

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F48 Eat before breakfast

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Before breakfast meal

Variable # 25

Sas Name: BBRKFAST

Sas Label: Eat before breakfast meal, times/wk

Type: Categorical

Usage Notes: none

Categories: Diet

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Eat at breakfast

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Breakfast

Variable # 26	**Usage Notes:** none
Sas Name: BRKFAST	
Sas Label: Eat breakfast, times/wk	**Categories:** Diet
Type: Categorical	

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

F48 Eat between breakfast & lunch

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Between breakfast and lunch

Variable # 27	**Usage Notes:** none
Sas Name: BRKLUNCH	
Sas Label: Eat between breakfast & lunch, times/wk	**Categories:** Diet
Type: Categorical	

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

F48 Eat at lunch

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Lunch

Variable # 28	**Usage Notes:** none
Sas Name: LUNCH	
Sas Label: Eat lunch, times/wk	**Categories:** Diet
Type: Categorical	

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Eat between lunch & dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Between lunch and dinner

Variable # 29	**Usage Notes:** none	
Sas Name: LUNDNNR		
Sas Label: Eat between lunch & dinner, times/wk	**Categories:** Diet	
Type: Categorical		

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

F48 Eat at dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) Dinner

Variable # 30	**Usage Notes:** none	
Sas Name: DINNER		
Sas Label: Eat dinner, times/wk	**Categories:** Diet	
Type: Categorical		

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

F48 Eat after dinner

How many times per week do you usually eat the following meals or snacks? (Answer each question. If you do not usually eat the meal or snack, answer 'Never or less than once'.) After dinner

Variable # 31	**Usage Notes:** none	
Sas Name: AFTRDNNR		
Sas Label: Eat after dinner, times/wk	**Categories:** Diet	
Type: Categorical		

Values

0	Never or less than once
1	1-2 times
2	3-4 times
3	5-6 times
4	7 or more times

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Fry/butter

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable #	32	**Usage Notes:** none
Sas Name:	FRYBTTR	
Sas Label:	Fry/saute with butter	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

| 0 | No |
| 1 | Yes |

F48 Fry/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable #	33	**Usage Notes:** none
Sas Name:	FRYLOMRG	
Sas Label:	Fry/saute with lo-cal margarine	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

| 0 | No |
| 1 | Yes |

F48 Fry/stick margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable #	34	**Usage Notes:** none
Sas Name:	FRYSTMRG	
Sas Label:	Fry/saute with stick margarine	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

| 0 | No |
| 1 | Yes |

F48 Fry/tub margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable #	35	**Usage Notes:** none
Sas Name:	FRYTBMRG	
Sas Label:	Fry/saute with tub margarine	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

| 0 | No |
| 1 | Yes |

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Fry/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Solid vegetable fat (e.g., Crisco)

Variable # 36   **Usage Notes:** none

Sas Name: FRYVGFAT

Sas Label: Fry/saute with solid vegetable fat   **Categories:**   Diet: Fats/Oils

Type: Categorical

Values

0	No
1	Yes

F48 Fry/shortening

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Shortening (lard, bacon fat drippings, salt pork or ham hock)

Variable # 37   **Usage Notes:** none

Sas Name: FRYSHORT

Sas Label: Fry/saute with shortening   **Categories:**   Diet: Fats/Oils

Type: Categorical

Values

0	No
1	Yes

F48 Fry/olive oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 38   **Usage Notes:** none

Sas Name: FRYOLIVE

Sas Label: Fry/saute with olive oil   **Categories:**   Diet: Fats/Oils

Type: Categorical

Values

0	No
1	Yes

F48 Fry/canola oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 39   **Usage Notes:** none

Sas Name: FRYCANOL

Sas Label: Fry/saute with canola oil   **Categories:**   Diet: Fats/Oils

Type: Categorical

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Fry/peanut oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable #	40	**Usage Notes:** none
Sas Name:	FRYPNUT	
Sas Label:	Fry/saute with peanut oil	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 Fry/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable #	41	**Usage Notes:** none
Sas Name:	FRYVGOIL	
Sas Label:	Fry/saute with other vegetable oils	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 Fry/non-stick spray

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-stick spray (e.g., Pam)

Variable #	42	**Usage Notes:** none
Sas Name:	FRYSPRAY	
Sas Label:	Fry/saute with non-stick spray	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 Fry/other fat(s)

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable #	43	**Usage Notes:** Not collected on all versions of Form 48.
Sas Name:	FRYOTFAT	
Sas Label:	Fry/saute with other than listed fat	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Fry/did not use fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 44	**Usage Notes:** none
Sas Name: FRYWOFAT	
Sas Label: Fry/saute without with fat	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/butter

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 45	**Usage Notes:** none
Sas Name: CKBTTR	
Sas Label: Cook veg/beans/rice with butter	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 46	**Usage Notes:** none
Sas Name: CKLOMRG	
Sas Label: Cook veg/beans/rice w/ lo-cal margarine	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/stick margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 47	**Usage Notes:** none
Sas Name: CKSTMRG	
Sas Label: Cook veg/beans/rice with stick margarine	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 During/tub margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable #	48	**Usage Notes:** none
Sas Name:	CKTBMRG	
Sas Label:	Cook veg/beans/rice with tub margarine	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 During/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Solid vegetable fat (e.g., Crisco)

Variable #	49	**Usage Notes:** none
Sas Name:	CKVGFAT	
Sas Label:	Cook veg/beans/rice with solid veg. fat	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 During/shortening

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Shortening (lard, bacon fat, drippings, salt p

Variable #	50	**Usage Notes:** none
Sas Name:	CKSHORT	
Sas Label:	Cook veg/beans/rice with shortening	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

F48 During/olive oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable #	51	**Usage Notes:** none
Sas Name:	CKOLIVE	
Sas Label:	Cook veg/beans/rice with olive oil	**Categories:** Diet: Fats/Oils
Type:	Categorical	

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 During/canola oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 52	**Usage Notes:** none
Sas Name: CKCANOL	
Sas Label: Cook veg/beans/rice with canola oil	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/peanut oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable # 53	**Usage Notes:** none
Sas Name: CKPNUT	
Sas Label: Cook veg/beans/rice with peanut oil	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable # 54	**Usage Notes:** none
Sas Name: CKVGOIL	
Sas Label: Cook veg/beans/rice w/other veg. oil	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 During/non-stick spray

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-stick spray (e.g., Pam)

Variable # 55	**Usage Notes:** none
Sas Name: CKSPRAY	
Sas Label: Cook veg/beans/rice w/ non-stick spray	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 During/other fat(s)

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 56

Sas Name: CKOTFAT

Sas Label: Cook veg/beans/rice with other fat

Type: Categorical

Usage Notes: Not collected on all versions of Form 48.

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 During/did not use fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 57

Sas Name: CKWOFAT

Sas Label: Cook veg/beans/rice without fat

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/butter

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 58

Sas Name: ADDBTTR

Sas Label: Add butter to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/low calorie margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 59

Sas Name: ADDLOMRG

Sas Label: Add lo-cal margarine to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 After/stick margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 60

Sas Name: ADDSTMRG

Sas Label: Add stick margarine to veg/bean/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/tub margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 61

Sas Name: ADDTBMRG

Sas Label: Add tub margarine to veg/bean/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/olive oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 62

Sas Name: ADDOLIVE

Sas Label: Add olive oil to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/canola oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Canola oil

Variable # 63

Sas Name: ADDCANOL

Sas Label: Add canola oil to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 After/peanut oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Peanut oil

Variable # 64

Sas Name: ADDPNUT

Sas Label: Add peanut oil to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/other vegetable oils

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other vegetable oils (corn, safflower, sunflower)

Variable # 65

Sas Name: ADDVGOIL

Sas Label: Add other veg. oil to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/non-fat sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Non-fat or low-fat sour cream

Variable # 66

Sas Name: ADDLSCR

Sas Label: Add lo-fat sour cream to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/regular sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Regular sour cream

Variable # 67

Sas Name: ADDRSCR

Sas Label: Add regular sour cream to veg/beans/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 After/other fat(s)

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 68

Sas Name: ADDOTFAT

Sas Label: Add other fat to veg/beans/rice

Type: Categorical

Usage Notes: Not collected on all versions of Form 48.

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 After/did not use fat

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 69

Sas Name: ADDNOFAT

Sas Label: Add no fats to veg/bean/rice

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 Breads/butter

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Butter

Variable # 70

Sas Name: USEBTTR

Sas Label: Use butter on bread

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

F48 Breads/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Low calorie margarine

Variable # 71

Sas Name: USELOMRG

Sas Label: Use lo-cal margarine on bread

Type: Categorical

Usage Notes: none

Categories: Diet: Fats/Oils

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Breads/stick margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Stick margarine

Variable # 72	**Usage Notes:** none
Sas Name: USESTMRG	
Sas Label: Use stick margarine on bread	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 Breads/tub margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Tub margarine

Variable # 73	**Usage Notes:** none
Sas Name: USETBMRG	
Sas Label: Use tub margarine on bread	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 Breads/olive oil

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Olive oil

Variable # 74	**Usage Notes:** none
Sas Name: USEOLIVE	
Sas Label: Use olive oil on bread	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 Breads/other fat(s)

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Other fat(s)

Variable # 75	**Usage Notes:** Not collected on all versions of Form 48.
Sas Name: USEOTFAT	
Sas Label: Use other fats on bread	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Breads/did not use fat

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark 'Did not use fat'.) Did not use fat

Variable # 76	**Usage Notes:** none
Sas Name: USENOFAT	
Sas Label: Use no fats on bread	**Categories:** Diet: Fats/Oils
Type: Categorical	

Values

0	No
1	Yes

F48 Glasses of red wine

In the past three months, how many glasses of RED wine did you drink? (Consider one glass as 6 ounces. Mark one.)

Variable # 77	**Usage Notes:** none
Sas Name: REDWINE	
Sas Label: Glasses red wine drank past 3 m	**Categories:** Diet: Alcohol
	Lifestyle: Alcohol
Type: Categorical	

Values

0	None or less than 1 each month
1	1-3 each month
2	1 each week
3	2-4 each week
4	5-6 each week
5	1 each day
6	2-3 each day
7	4 or more each day

F48 Glasses of white wine

In the past three months, how many glasses of WHITE or ROSE wine did you drink? (Consider one glass as 6 ounces. Mark one.)

Variable # 78	**Usage Notes:** none
Sas Name: WHTWINE	
Sas Label: Glasses white/rose wine drank past 3 m	**Categories:** Diet: Alcohol
	Lifestyle: Alcohol
Type: Categorical	

Values

0	None or less than 1 each month
1	1-3 each month
2	1 each week
3	2-4 each week
4	5-6 each week
5	1 each day
6	2-3 each day
7	4 or more each day

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Do you smoke now

Do you smoke cigarettes now?

Variable # 79	**Usage Notes:** none
Sas Name: SMOKENW	
Sas Label: Smoke cigarettes now	**Categories:** Lifestyle: Smoking
Type: Categorical	

Values

0	No
1	Yes

F48 How many cigarettes each day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 80	**Usage Notes:** Sub-question of F48 V2 Q13 "Do you smoke now".
Sas Name: CIGSDAY	
Sas Label: Smoke, cigs/day	**Categories:** Lifestyle: Smoking
Type: Categorical	

Values

1	Less than 5
2	5-14
3	15-24
4	25-34
5	35-44
6	45 or more

F48 Filter or non-filter

Do you usually smoke filter tip or non-filter tip cigarettes? (Mark one.)

Variable # 81	**Usage Notes:** Sub-question of F48 V2 Q13 "Do you smoke now".
Sas Name: CIGFILTR	
Sas Label: Type of filter on cigarette	**Categories:** Lifestyle: Smoking
Type: Categorical	

Values

1	Filter tip
2	Non-filter tip

F48 Regular or low-tar cigarettes

Do you usually smoke regular or low tar and nicotine cigarettes (lites)? (Mark one.)

Variable # 82	**Usage Notes:** Sub-question of F48 V2 Q13 "Do you smoke now".
Sas Name: CIGTAR	
Sas Label: Type of tar and nicotine cigarette	**Categories:** Lifestyle: Smoking
Type: Categorical	

Values

1	Regular
2	Low tar and nicotine (lite)

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Size of cigarette

What size cigarettes do you usually smoke? (Mark one.)

Variable # 83

Sas Name: CIGSIZE

Sas Label: Size cigarette usually smoked

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q13 "Do you smoke now".

Categories: Lifestyle: Smoking

Values

1	Slim
2	Regular size
3	King size

F48 Combined estrogen/progesterone

In the past year, did you use female hormone PILLS prescibed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 84

Sas Name: HRTCMBP

Sas Label: Combined HRT same pill past year

Type: Categorical

Usage Notes: Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Months used combined hormone

In the past year, how many months did you use the COMBINED female hormone PILL which contained both ESTROGEN and PROGESTIN?

Variable # 85

Sas Name: HRTCMBPM

Sas Label: Combined HRT same pill months/past year

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q14 "Combined estrogen/progesterone".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Used estrogen

In the past year, did you use the female hormone medication called ESTROGEN (for example, Premarin, Estrace, Ogen)? (This may have been in the form of a pill, skin patch, shot, vaginal cream or suppository, or skin cream or gel.) (Do not include the combined pill of estrogen and progestin.)

Variable # 86	**Usage Notes:** Not collected on all versions of Form 48.
Sas Name: ESTROGEN	
Sas Label: Estrogen past year	**Categories:** Medical History: Medications
Type: Categorical	Medical History: Reproductive
	Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Months used estrogen past year

In the past year how many months did you use any type of ESTROGEN? (Mark one. If you had shots, count each shot as one month.)

Variable # 87	**Usage Notes:** Sub-question of F48 V2 Q15 "Used estrogen".
Sas Name: ESTR_M	Not collected on all versions of Form 48.
Sas Label: Months used estrogen past year	**Categories:** Medical History: Medications
Type: Categorical	Medical History: Reproductive
	Reproductive: Hormones

Values

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

F48 Type of estrogen used longest

In the past year, what type of ESTROGEN did you use the longest? (Mark one.)

Variable # 88	**Usage Notes:** Sub-question of F48 V2 Q15 "Used estrogen".
Sas Name: ESTR_T	Not collected on all versions of Form 48.
Sas Label: Type of estrogen used the longest	**Categories:** Medical History: Medications
Type: Categorical	Medical History: Reproductive
	Reproductive: Hormones

Values

1	Pills (or capsules)
2	Shots
3	Skin patches
4	Vaginal cream or suppositories
8	Other creams or gels

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Used estrogen pills

In the past year, did you take ESTROGEN pills (e.g., Premarin, Estrace, Ogen) by mouth?

Variable #	89	**Usage Notes:**	Sub-question of F48 V2 Q15 "Used estrogen".
Sas Name:	ESTR_P		Not collected on all versions of Form 48.
Sas Label:	Estrogen pill past year	**Categories:**	Medical History: Medications
			Medical History: Reproductive
Type:	Categorical		Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Days used estrogen pills

What was the average number of days each month that you used ESTROGEN pills? (Mark one.)

Variable #	90	**Usage Notes:**	Sub-question of F48 V2 Q15 "Used estrogen".
Sas Name:	ESTR_PD		Sub-question of F48 V2 Q15.3 "Used estrogen pills".
			Not collected on all versions of Form 48.
Sas Label:	Estrogen pills used, days/month	**Categories:**	Medical History: Medications
			Medical History: Reproductive
Type:	Categorical		Reproductive: Hormones

Values

0	Less than 1 day
1	1-7 days
2	8-14 days
3	15-21 days
4	22-27 days
5	28 or more days

F48 Estrogen pill used longest

In the past year, what type of ESTROGEN pill did you use the longest? (Mark one.)

Variable #	91	**Usage Notes:**	Sub-question of F48 V2 Q15 "Used estrogen".
Sas Name:	ESTR_PL		Sub-question of F48 V2 Q15.3 "Used estrogen pills".
			Not collected on all versions of Form 48.
Sas Label:	Type estrogen pill used longest	**Categories:**	Medical History: Medications
			Medical History: Reproductive
Type:	Categorical		Reproductive: Hormones

Values

1	Premarin or conjugated equine estrogens
2	Estrace
3	Ogen
8	Other
9	Don't know

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Estrogen pill dose

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 92

Sas Name: ESTR_DD

Sas Label: Dose of estrogen pill taken each day

Type: Categorical

Values

1	0.3 mg
2	0.625 mg
3	0.9 mg
4	1 mg
5	1.25 mg
6	2 mg
7	2.5 mg
8	Other
9	Don't know

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.3 "Used estrogen pills".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Used estrogen skin patches

In the past year, did you use ESTROGEN skin patches (for example, Estraderm, Climera)?

Variable # 93

Sas Name: ESTR_SP

Sas Label: Estrogen skin patch past year

Type: Categorical

Values

0	No
1	Yes
9	Don't know

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F48 Dose of skin patch

What dose skin patch did you usually use? (Mark one.)

Variable # 94

Sas Name: ESTR_SPD

Sas Label: Dose of estrogen skin patch

Type: Categorical

Values

1	0.05 mg
2	0.1 mg
8	Other
9	Don't know

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.7 "Used estrogen skin patches".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Changed skin patches per week

What was the average number of times each week that you changed your ESTROGEN skin patch? (Mark one.)

Variable # 95

Sas Name: ESTR_SPN

Sas Label: Times/week changed estrogen skin patch

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q15 "Used estrogen".
Sub-question of F48 V2 Q15.7 "Used estrogen skin patches".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than once each week
2	1-2 times each week
3	3-4 times each week
4	5 or more times each week

F48 Progesterone in past year

In the past year, did you use the female hormone medication called PROGESTERONE or PROGESTIN (for example, Provera, Cycrin, Amen, Megace, or micronized progesterone)? (This may have been in the form of a pill, skin patch, shot, vaginal cream or suppository, or skin cream or gel.)
 (Do not include the combined pill of estrogen and progestin.)

Variable # 96

Sas Name: PROGEST

Sas Label: Progesterone past year

Type: Categorical

Usage Notes: Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Months used progest past year

In the past year, how many months did you use PROGESTERONE or PROGESTIN? (Mark one. If you had shots, count each shot as one month.)

Variable # 97

Sas Name: PROG_M

Sas Label: Months used progesterone past year

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year".
Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Type of progest used longest

In the past year, what type of PROGESTERONE or PROGESTIN did you use the longest? (Mark one.)

Variable # 98

Sas Name: PROG_T

Sas Label: Type of progesterone past year

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year". Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Pills or capsules
2	Shots
3	Skin patches
4	Vaginal cream or suppositories
8	Other creams or gels

F48 Progesterone by mouth

In the past year, did you take PROGESTERONE or PROGESTIN pills by mouth?

Variable # 99

Sas Name: PROG_P

Sas Label: Progesterone pill past year

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year". Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Days used progesterone pills

In the past year, what was the average number of days each month that you used PROGESTERONE or PROGESTIN pills? (Mark one.)

Variable # 100

Sas Name: PROG_PD

Sas Label: Progesterone pills used, days/month

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q16 "Progesterone in past year". Sub-question of F48 V2 Q16.3 "Progesterone by mouth". Not collected on all versions of Form 48.

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than 1 day
2	1-9 days
3	10-12 days
4	13-18 days
5	19-27 days
6	28 or more days

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub　　　**File Date:** 07/25/2007　**Structure:** One row per participant　　**Population:** OS participants

F48 Provera in past year

In the past year, did you take Provera, Cycrin or Amen (MEDROXY PROGESTERONE-MPA) pills?

Variable #	101	**Usage Notes:**	Sub-question of F48 V2 Q16 "Progesterone in past year".
Sas Name:	PROVERA		Not collected on all versions of Form 48.
Sas Label:	Provera/Cycrin/Amen past year	**Categories:**	Medical History: Medications
Type:	Categorical		Medical History: Reproductive
			Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

F48 Provera dose each day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable #	102	**Usage Notes:**	Sub-question of F48 V2 Q16 "Progesterone in past year".
Sas Name:	PROVERAD		Sub-question of F48 V2 Q16.5 "Provera in past year".
Sas Label:	Provera/Cycrin/Amen dose past year		Not collected on all versions of Form 48.
Type:	Categorical	**Categories:**	Medical History: Medications
			Medical History: Reproductive
			Reproductive: Hormones

Values

1	2.5 mg
2	5 mg
3	7.5 mg
4	10 mg
5	More than 10 mg
9	Don't know

F48 Take micronized progesterone

In the past year, did you take MICRONIZED PROGESTERONE pills?

Variable #	103	**Usage Notes:**	Sub-question of F48 V2 Q16 "Progesterone in past year".
Sas Name:	MICRPROG		Not collected on all versions of Form 48.
Sas Label:	Micronized progesterone past year	**Categories:**	Medical History: Medications
Type:	Categorical		Medical History: Reproductive
			Reproductive: Hormones

Values

0	No
1	Yes
9	Don't know

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Insecticides since age 21

Since age 21, have you or someone else ever poured, mixed, sprayed or applied insecticides (such as bug or flea spray, garden/lawn/crop insecticides) in your immediate surroundings at home, leisure, or work? (Do not include insect repellents, weed killers, fungus/mildew killers, or flea tick or mite treatments applied directly to pets.) (Mark one.)

Variable # 104

Sas Name: INSCT

Sas Label: Location of exposure to insecticides

Type: Categorical

Usage Notes: none

Categories: Miscellaneous Exposures

Values

0	No
1	Yes, at work only
2	Yes, at home or leisure only
3	Yes, both at work and at home or leisure
9	Don't know

F48 Mixed insecticides

What types of exposure have you had to insecticides? (Mark all that apply.) I mixed them

Variable # 105

Sas Name: INSCTMIX

Sas Label: Mixed insecticides

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Sprayed or applied insecticide

What types of exposure have you had to insecticides? (Mark all that apply.) I sprayed or applied them

Variable # 106

Sas Name: INSCTAPP

Sas Label: Sprayed or applied insecticides

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Lawn service applied

What types of exposure have you had to insecticides? (Mark all that apply.) Lawn service applied them at my home

Variable # 107

Sas Name: INSCTLS

Sas Label: Lawn service applied insecticides

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Commercial service applied

What types of exposure have you had to insecticides? (Mark all that apply.) Applied in home by commercial service

Variable # 108

Sas Name: INSCTCS

Sas Label: Commercial service applied insecticides

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Other insecticide exposure

What types of exposure have you had to insecticides? (Mark all that apply.) Other

Variable # 109

Sas Name: INSCTOTH

Sas Label: Other exposure to insecticides

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Treat fleas/none

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.) None.

Variable # 110

Sas Name: FLEANON

Sas Label: No method to treat pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21".

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Years you applied insecticides

How many years in total did you personally mix or apply insecticides at home or at work? (Mark one.)

Variable # 111

Sas Name: INSCTMXY

Sas Label: Years mixed/applied insecticide

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

1	Never or less than 1 year
2	1-4 years
3	5-9 years
4	10-14 years
5	15-19 years
6	20 or more years

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007 **Structure:** One row per participant   **Population:** OS participants

F48 Times/year you applied insecticide

In those years, what was the average number of times each year that you personally mixed or applied insecticides at home or work? (Mark one.)

Variable # 112

Sas Name: INSCTMXN

Sas Label: Times mixed/applied insecticide

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	Never or less than once each year
1	1-5 times each year
2	6-12 times each year
3	13-24 times each year
4	25-49 times each year
5	50 or more times each year

F48 Years someone else applied insecticide

How many years in total did someone other than yourself (for example, a lawn service or a commercial applicator) apply insecticides to your home, lawn, or garden? (Mark one.)

Variable # 113

Sas Name: INSCTLSY

Sas Label: Years lawn service applied insecticide

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	Never or less than 1 year
1	1-4 years
2	5-9 years
3	10-14 years
4	15-19 years
5	20 or more years

F48 Times someone else applied insecticide

In those years, what was the average number of times each year that someone other than yourself applied insecticides to your home, lawn or garden? (Mark one.)

Variable # 114

Sas Name: INSCTLSN

Sas Label: Times lawn service applied insecticide

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q17 "Insecticides since age 21".

Categories: Miscellaneous Exposures

Values

0	Never or less than once each year
1	1-5 times each year
2	6-12 times each year
3	13-24 times each year
4	25 or more times each year

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Sat 3 ft. from computer screen

Have you ever sat in front of a computer screen within three feet with the power turned 'on' (for example, when writing letters)?

Variable # 115

Sas Name: COMPUTER

Sas Label: Sat in front of computer

Type: Categorical

Usage Notes: none

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 How many yrs sat at computer

How many years in total did you sit in front of a computer screen regularly (at least once each week) with the power turned 'on'? (Mark one.)

Variable # 116

Sas Name: COMPYR

Sas Label: Years sat in front of computer

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen".

Categories: Miscellaneous Exposures

Values

1	Less than 1 year
2	1-4 years
3	5-9 years
4	10-14 years
5	15-19 years
6	20 or more years

F48 Days per week sat at computer

In the past five years, what was the average number of days each week that you sat in front of a computer screen with the power turned 'on'? (Mark one.)

Variable # 117

Sas Name: COMPDAY

Sas Label: Sat in front of computer past 5 y, d/wk

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen".

Categories: Miscellaneous Exposures

Values

0	Less than 1 day each week
1	1 day each week
2	2 days each week
3	3 days each week
4	4 days each week
5	5 or more days each week

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Hours per day sat at computer

On the days that you used a computer, what was the average number of hours that you sat in front of a computer screen with the power turned 'on'? (Mark one.)

Variable # 118

Sas Name: COMPHRS

Sas Label: Sat in front of computer, hours/day

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q18 "Sat 3 ft. from computer screen". Sub-question of F48 V2 Q18.2 "Days per week sat at computer".

Categories: Miscellaneous Exposures

Values

1	Less than 1 hour each day
2	1-3 hours each day
3	4-6 hours each day
4	7 or more hours each day

F48 Lived with pet since age 21

Since age 21, have you ever lived with a pet in your home?

Variable # 119

Sas Name: PET

Sas Label: Lived with a pet in home

Type: Categorical

Usage Notes: none

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Treat fleas/collars

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.) Flea and tick collars.

Variable # 120

Sas Name: FLEACLLR

Sas Label: Flea collar to treat pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21". Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Treat fleas/powder or spray

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.) Powder or spray.

Variable # 121

Sas Name: FLEAPWDR

Sas Label: Powder to treat pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21". Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 Treat fleas/dips

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.) Dips.

Variable # 122

Sas Name: FLEADIP

Sas Label: Dips to treat pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21". Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 Treat fleas/other

What methods have you used to treat your pets for fleas, mites, or ticks? (Do not include spraying the house for fleas or insects. Mark all that apply.) Other

Variable # 123

Sas Name: FLEAOTH

Sas Label: Other method to treat pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21". Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

F48 How many years treated fleas

How many years in total have you treated a pet in your home for fleas, mites, or ticks? (Mark one.)

Variable # 124

Sas Name: FLEAY

Sas Label: Years treated pet for fleas

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q19 "Lived with pet since age 21". Sub-question of F48 V2 Q19.1 #1 "Treat fleas/none" (skip pattern rule not applied).

Categories: Miscellaneous Exposures

Values

1	Less than 1 year
2	1-4 years
3	5-9 years
4	10-19 years
5	20-29 years
6	30 or more years

F48 Ever used hand-held hair dryer

Have you ever used a hand-held hair dryer regularly (at least once a week)?

Variable # 125

Sas Name: HHDRY

Sas Label: Hand-held hair dryer > once a wk

Type: Categorical

Usage Notes: none

Categories: Miscellaneous Exposures

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

F48 How many years used hair dryer

How many years in total have you used a hand-held hair dryer? (Mark one.)

Variable # 126

Sas Name: HHDRYY

Sas Label: Hand-held hair dryer, years

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q20 "Ever used hand-held hair dryer".

Categories: Miscellaneous Exposures

Values

1	Less than 1 year
2	1-4 years
3	5-9 years
4	10-14 years
5	15-19 years
6	20 or more years

F48 Times per week used hair dryer

In those years, what was the average number of times per week that you used a hand-held hair dryer? (Mark one.)

Variable # 127

Sas Name: HHDRYT

Sas Label: Hand-held hair dryer, times/wk

Type: Categorical

Usage Notes: Sub-question of F48 V2 Q20 "Ever used hand-held hair dryer".

Categories: Miscellaneous Exposures

Values

1	Once each week or less
2	2-3 times each week
3	4-5 times each week
4	6 or more times each week

Estrogen use in last year

Variable # 128

Sas Name: ELSTYR

Sas Label: Estrogen use in last year

Type: Categorical

Usage Notes: Summary variable computed form hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values

0	No
1	Yes

Progesterone use in last year

Variable # 129

Sas Name: PLSTYR

Sas Label: Progesterone use in last year

Type: Categorical

Usage Notes: Summary variable computed form hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values

0	No
1	Yes

WHI Follow-Up Dataset

Form 48 - OS Questionnaire Year 1

Data File: f48_av1_os_pub   **File Date:** 07/25/2007   **Structure:** One row per participant   **Population:** OS participants

Hormone use in last year (estrogen or progest.)

Variable # 130

Sas Name: HLSTYR

Sas Label: Hormone use in last year (estr or prog)

Type: Categorical

Usage Notes: Summary variable computed form hormone use questions collected on versions 1 and 2 of Form 48. See the data preparation section 5 for details.

Categories: Computed Variables
Reproductive: Hormones

Values

0	No
1	Yes