

## **Biliblanket phototherapy light**

FOLLOW THESE TIPS TO USE IT SAFELY.

BY EILEEN K. WOO, RN, BSN Nurse-Consultant Center for Devices and Radiological Health Food and Drug Administration • Rockville,Md.

A 6-DAY-OLD, 34-WEEK-GESTATION INFANT WAS BEING treated with a biliblanket phototherapy light for hyperbilirubinemia. When the nurse removed the biliblanket from the infant, she noticed a scratch and some blood on the infant's knee.

The biliblanket, used to treat jaundice, consists of a fiber-optic pad and a portable illuminator from which therapeutic light is delivered to the infant. The pad should **be** covered completely with a disposable cover and placed underneath or wrapped around the infant. Any alteration of the cover, such as cutting it in half, may contribute to an adverse event.

## What went wrong?

Investigation of the infant's scratch revealed that the disposable cover had been cut crosswise in half, exposing the infant to a **small** amount of dried adhesive where the cable was connected to the pad. Fortunately, the injury was minor.

## What precautions can you take?

Follow these tips to ensure that you use the biliblanket safely:

• Inspect the biliblanket phototherapy system to make sure the fiber-optic pad is smooth and free from flaws. Make sure the cable and illuminator work properly.

• Check that the disposable cover completely protects the fiber-optic pad, including the area where the cable is connected to the pad. Don't cut or alter the cover.

• Secure the disposable cover around the pad cable with self-adhesive tabs.

• Expose as much of the infant's **skin** as possible to the illuminating side of the fiber-optic pad.

Remove everything except the disposable cover from between the infant's skin and the light pad. The infant may wear a diaper, clothing, or a blanket over the pad.
Shield the infant's eyes from direct exposure to the light with an opaque eye mask. ■