THE COURT REPORTER

Newsletter of the Walnut Creek Racquet Club October, 2020

Walnut Creek Racquet Club

P.O. Box 4574 • Walnut Creek, CA 94596 (925) 945-0105 • www.wcrc.net

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WCRC Leagues	Priyanka Holmes - 609-647-3326
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Social Media	Garvin Tom - 209-969-5445
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THE PRESIDENT'S REPORT

Happy October!

Board

Now with Autumn upon us and doubles tennis no where in sight at Heather Farm, we can look forward to our upcoming **Summer Singles Tournament** that will begin Monday, September 28 (round of 32) through the quarterfinals



Sally Krapf 2020 WCRC President

October, 23rd all of these round will be played and set up by opponents.

The Semi-Finals will be played at Heather Farm on Saturday, October 24th and the Finals played on Sunday, October 25th. If you signed up for the league swing by the finals weekend for your participants gift. Due to Covid there will not be food or drinks available during the tournament but you can social distance and bring a chair to watch the matches.

We should have an update from the County on the status of doubles tennis on October 3rd. Hopefully we will get doubles back and we will be able to proceed with the Fall Mixed Doubles Leauge and the popular Winter Doubles League.

For fun we'd like to do a collage of what everyone's been doing during the covid lock down summer. Send your photos to tammie4tennis@gmail.com by Monday, October 26th to be included in the November issue of the Court Reporter.

Stay safe and healthy.

Sally Krapf

M EMBERSHIP

Ryan Hyun	Walnut Creek	4.0
John Zwerlein	Walnut Creek	3.0



Membership questions contact: Pam Maloney at 925-787-3970 or email at: pam4tenis@gmail.com



Welcome to Our 2 New Members

Current Membership: 1243

S Lifetime Activities

A Message from Lifetime Activites

As a courtesy to other players, please call the office to release any court reservations that you will not be using.

UPDATE: County Doubles Restriction

We are currently monitoring state and county announcements regarding lifting the ban on doubles at Heather Farm. As of their latest update on 9/29, doubles has not been permitted in Contra Costa County. You may check the status on their website: https://cchealth.org/covid19/pdf/Contra-Costa-County-Openings-at-a-Glance.pdf?fbclid=lwAR3B8R4XTEtnKP nyqOXPXTL-XAzJxArJBZ2yTWQAbYY7LabVS1tgZzJT96I.

While this is disappointing news, we will continue to advocate for the return of doubles play to our community and will keep you informed of any new information as it becomes available.

Safety Reminders

Given the current situation, we would like to remind our patrons of the following safety guideline in order to keep the tennis center available to the public:

- Please observe appropriate physical distancing, and stay 6+ feet apart at all times. Gatherings on or around the courts are not permitted at this time.
- Heather Farm and all Walnut Creek public courts are strictly singles only.
- No handshakes, high fives, or close physical contact with members outside your household. It is recommended that each player touches only their own set of tennis balls.
- Please bring extra water and a folding chair as the water fountains, benches, and bleachers remain unavailable at this time. All gates will remain open to minimize touch points.
- Our pro-shop is not currently accepting cash as a form of payment. We accept all major credit cards, or ApplePay / Android Pay. Payment is expected prior to court usage.
- Ball Machine service remains unavailable at this time.

Youth and Adult Fall Classes Fall Classes are available for registration. Programs run through mid December. Class offerings and registration online at <u>www.lifetimeactivities.com</u>.

Visit us online at www.lifetimeactivities.com or stop by the the office at 1751 Heather Drive. Please call with any questions at 925-945-0105.

Spotlight

A Georgia Peach

Maureen "Moe" Satcher

Interview and article by Pam Maloney.

As an effort to get to know our membership the Board has decided to start a new monthly column "Member Spotlight". We will be interviewing WCRC members and getting to know them. This article will help us find out how they got introduced to tennis, their background, any favorite memories, etc. We hope you enjoy this new commentary.

on't ask Moe much about her birth country because when she and her twin sister, Linda, were born, their military parents and older sister were living in Germany. It was just a year before moving back to the U.S., so Moe's memory on that time isn't great. In the U.S. their first stop was Michigan, then Oklahoma and finally Atlanta where Moe grew into the red-headed beauty she is today. A fourth sister joined the family along the way.

Moe's growing up years in Atlanta made her independent but very close to her family. She and her twin were like peas from the same pod but without the string. They had separate classes in school and would rush to change clothes if they accidentally put on the same thing. Sometimes arguing about who was going to change their outfit.



After high school Moe couldn't wait to strike out on her own and that's when she headed for the Bay Area. Let's just say this was in the 1970's. Of course, her family thought she was going to stay with her grandmother but that didn't last too long. A boyfriend came into her life and she started what would become a 33 year-long career in the grocery business.

Spanning that career, Moe was the first in her store to learn about scanners. She took to it so quickly that she trained other cashiers and began moving up the corporate ladder. In a very male-dominated industry, Moe was the first woman in management, breaking a heavy glass ceiling. After working countless hours as her store's Assistant Manager, and about to be promoted to Manager of the store, she took stock and decided she could have more of a life by giving up the management track. She went back to clerk and her union position.

In 1978 Moe was diagnosed with Crohn's Disease and was quite sick for 18+ months before undergoing her first surgery. It was during this time that her twin, Linda, moved here to the Bay Area to help. Flash forward a couple of years and Moe recovers, gets married, has a baby and so does Linda. Linda's marriage blooms, Moe's doesn't and one of their friends from Atlanta comes out for a visit. Who's the friend? Our very own Pru (aka, Kathleen Pruden). One thing always leads to another so Pru, Moe and Moe's son Brett became roommates.

Life was going along just fine for Moe. Brett was turning 9 and Moe loved her life. A friend from work set up a blind date at Benihana's for Moe, insisting it would be fine because she and her husband would come along to break the



ice. Turns out the ice didn't need breaking because when Moe met Bob Satcher she forgot her friend was there. They married just 6 months later in 1991.

Bob was a tennis player when he met Moe but they didn't begin playing together until around 2000. In 2002 they joined Pleasant Hill Tennis Club where they met Robert and Meredith Young who invited them to join a Mixed Team playing out of Heather. Moe quickly moved on to play women's tennis on a team of Sam Vanecek's, and other teams and ultimately deciding to captain teams of her own.

Moe loves captaining and her players love her right back. With more than 100 teams in her history, players are disappointed when she has to tell them her roster is full. Almost every year since becoming a captain, she's taken teams to Districts, then Sectionals and in 2015 a Nationals team. In 2014 USTA

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Sciatica and herniated discs are often misunderstood.

They can cause pain and numbness in the back, neck, legs, and feet. This pain affects everything that you do, from work to play, and ultimately your quality of life. We are here to tell you that there is hope. We have the technology and experience to help you find relief from sciatica and back pain. At Disc Centers of America, we have helped thousands of pain sufferers just like you. We offer only the most advanced non-surgical treatments.

Is Surgery the Answer?

It is true that surgery may be the answer for certain types of back injuries. When considering your options ask yourself this question ... If there is a solution to back pain that doesn't require surgery, is it worth exploring?

Before you consider surgery consider these points

- Back surgery can cost \$50,000 to \$100,000 or more
- Recovery can be very painful and can take months or years
- Surgery may or may not relieve your pain
- Dependence on prescription drugs may occur after surgery
- Missed work can amount to \$1000s in lost wages
- Outcomes may be uncertain, and surgery is not reversible

The Solution: The DISC Centers Method

The DISC Centers Method is a proven, comprehensive treatment program which includes computerized true disc decompression, cold laser therapy, and exercise rehabilitation to promote long term spinal health. Spinal decompression is considered by many doctors to be the most advanced and successful noninvasive treatment of serious back, neck, leg or arm pain.

The DISC Centers Method allows for a much higher success rate by increasing hydration and restoring health to your discs. This results in a more effective and lasting solution to your pain. There are no side effects and no recovery time is required. This gentle and relaxing treatment has proven to be effective ...even when drugs,epidurals, traditional chiropractic, physical therapy and surgery have failed... The DISC Centers Method has shown dramatic results.

Who is a Candidate for The DISC Centers Method

Our spinal decompression system has been found to relieve the pain associated with disc degeneration, hemiated and bulging discs, facet syndrome, and sciatica. Spinal decompression is a great option because back surgery is so risky.

Why DISC Centers of America?

Dr. James Dietrick, DC and his team have vast experience in treating patients suffering from moderate to severe disc disease. Dr. McPherson, DC is certified by and is also part ofthe Disc Centers of America Team who are a national group of doctors that have gone through extensive training that follow the protocols set up by The International Medical Advisory Board on Spinal Decompression, and follow the protocols set forward by Dr. Norman Shealy the Honorary Chairman, former Harvard professor, and probably the most published doctor in the world on spinal decompression therapy.

Get Your Life Back, Today!

"If you suffer from sciatica, severe back or neck pain, you can find relief! If you are serious about getting your life back and eliminating your back and neck pain, my staff and I are serious about helping you and proving how our technology and experience can help. We are extending this offer to the first 30 callers. These spaces fill up quickly, so call today to reserve your spot."





Dr. James Dietrick, D.C. Director



670 Gregory Lane, Suite C Pleasant Hill, CA 94523

www.ContraCostaDiscCenters.com

CALENDER OF EVENTS



2020 CANCELLED USTA LEAGUES

All 2020 National League Championships 2019 Combo Sectionals 2020 Adult 55+ 2020 Mixed 18+ 2020 Adult 18-45 Singles 2020 Adult 70+ 2020 Combo Doubles 2020 Adult 40+ 2020 Mixed 40+ 2020 Adult 18+



Oct 23-25	USTA Tri-Level
Feb 2	WCRC Fall Mixed League Closes
Feb 15-16	WCRC Fall Mixed Tournament

TREASURER'S REPORT

Cara Mia Barnacascel through July, 2020



Walnut Creek Racquet Club Profit and Loss January - May, 2020

_	Total
Income	
Advertising Income	\$219.45
Fall Mixed Doubles League	\$1,436.21
Summer Singles League	3,419.12
Winter Doubles League	-\$800.33
Total League Dues	\$4,055.00
Membership Dues	\$9,289.81
Total Income	\$13,564.26
Gross Profit	\$13,564.26
Expenses	
Board Meeting	\$409.40
Court Usage Fees	\$35.00
District Fees	\$585.00
Equipment	\$173.99
Filling Fees	\$20.00
Gifts	\$126.64
Interest Expense	\$50.00
Total Fall Mixed League Expense	es \$2,554.36
Total Summer Singles Expenses	\$682.75
Total League Expenses	\$3,237.11
Office Supplies	\$388.75
Total Printing and Reproduction	\$184.71
Rental Deposit	-500.00
Sectionals Fees	\$90.00
Website	\$4,739.55
Total Expenses	\$9,540.15
Net Operating Income	\$4,024.11
Total Other Income	\$252.36
Net Income	\$4,276.47
Balance through July 2020	\$50 378 26

Balance through July, 2020

\$50,378.26

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named her Captain of the Year. Moe's philosophy for her teams is like her philosophy for life: make everyone feel welcome and that they are as good as anyone else on the team.

The last almost two years we haven't seen as much of Moe as we would like. At the beginning of 2019 she was diagnosed with cervical cancer. She was quick to tell everyone to be sure to get tested. Her treatment was brutal and kept her from doing



what she loves but she's a survivor and the cancer is gone. Of course, Covid hit and with a compromised immune system, Moe has had to stay close to home.

So, Moe Satcher is a woman with a big heart and big red hair, a care-



taker to 4 feral cats for the past 6 years, the love of Bob's life, a team captain who is in demand and she's related to a movie star. Watch The Exorcist to see the resemblance to Ellen Burstyn. One last thing. Although she retired from the grocery industry, she's still working. This time for a non-profit that helps women and children. Of course she is!



For fun we'd like to do a collage of what everyone's been doing to stay occupied during the covid lock down summer.

Send your photos to tammie4tennis@gmail.com by Monday, October 26th to be included in the November issue of the Court Reporter.