

Advantages and disadvantages of distance learning

Iwona Klisowska, Mariola Seń, Barbara Grabowska

Department of Promotion of Health, Faculty of Health Sciences, Wrocław Medical University ul. Bartla 5, 51-618 Wrocław, Poland



Abstract

E-learning has been known and used in many countries for a long time. It is becoming more and more popular. It's a way of teaching remotely, using the latest information technology. It can be used in any age group, starting with pre-school teaching. In the era of the SARS-CoV-2 pandemic, remote learning has been mandatory due to the need to continue the teaching process while reducing the risk of spreading the virus at once. This revealed many advantages, but also the disadvantages of this type of teaching

Keyword: distance learning, e-learning

Aim

The aim of the work is to change the advantages and disadvantages of remote teaching as one of the modern forms of education. The work attempted to show the problems related to the risks, difficulties associated with distance learning and the advantages of the development of information technology.

Advantages and disadvantages

Distance learning is a concept that gained great popularity during the Sars - Cov pandemic era. Distance learning programs have helped many people, students and children who are unable to attend school, on-campus or full-time courses. E-learning allows you to continue the learning process while reducing the spread of infection. During the pandemic, it was the best solution, but these days many people notice the disadvantages of distance learning

Advantages :

1. Greater Flexibility. With distance learning children can pursue and complete their desired programs learning from anywhere with the use of computer and internet connection.
2. Saving time, No commuting, young people don't need to spend money and time commuting to and from class venues. Students can take lessons and complete assignments from the comfort of their home
3. Eliminating the phenomenon of social exclusion
4. Significant Cost Savings.
5. Convenient Learning.
6. Access to many teaching materials

Disadvantages:

1. Lack of Social Interaction, limitation of interpersonal contacts
2. Lack of motivation and self-discipline, high chances of distraction.
3. No computer, no internet connections, complicated technology
4. Questionable credibility of online degrees
5. Lack of physical activity
6. There are no practical activities

Conclusions

E-Learning is an excellent form of learning, due to its many advantages such as time savings and access to a wide range of materials, but requires a lot of commitment from the lecturers to encourage students to expand their knowledge and on the part of students self-control and motivation.